

# *Waith Class Transcripts*

**MARCH 20, 1997**

Special Topic Session ~ The Concept Of The Toy Box Of Lessons You Have Planned  
Waith Guides The Class With A Toy Box Meditation ~ This Is A Technique That You Can  
Utilize Whenever You Want To Become More Acquainted With Your Toy Box  
Waith Describes That You Can Will Your Toy Box When You Have Completed Your  
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What About Incomplete Lessons In A Lifetime. Are They Then Carried Over To The Next?  
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Focuses And Sub-Focuses On Particular Toys ~ It Is Dependent On Each Entity

## **~ A NOTE FOR THE READER ~**

*Waith's words appear in this font style.*

*If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally  
By Waith  
Through Mushiba*

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## Special Topic Session ~ The Concept Of The Toy Box Of Lessons You Have Planned

*We are here to place on the record a meditation for the concept of The Toy Box. This is a very interesting kind of meditation technique that you can all utilize to help you to understand the toy you have pulled out of your Toy Box and are playing with currently.*

*This technique can be utilized for any of the toys that are in your Toy Box. It can be for your favorite toy, or those that have less favor in this particular incarnation, or perhaps a toy that you have determined you want to cultivate a bit for another incarnation ~ perhaps the next one ~ and you want to perhaps play with it a bit to give it a fluffing effect for its time with you in the next lifetime.*

*This is a very simple visualization technique and one, however, that brings you into your Soul and allows you then to spend time in your Soul with your toy, for the toy then would be protected much greater in the context of the Soul than it would be in the context of any of the other dimensions of Self.*

## Waith Guides The Class With A Toy Box Meditation ~ This Is A Technique That You Can Utilize Whenever You Want To Become More Acquainted With Your Toy Box

*We would begin this technique by having you relax, perhaps move about a bit in the environment and find a spot that is comfortable for you.*

### THE TOY BOX MEDITATION ~

- *Breathe slowly and deeply, in through the nose and out through the mouth ~ in through the nose and out through the mouth ~ slowly breathing ~ bringing yourself into a quiet state within ~ relaxed.*
- *Allow your body to relax ~ wiggle your toes ~ allow the energy to move within your toes ~ wiggle them so they feel happy and fluffy – wiggle.*
- *Wiggle your legs now a little so they feel happy and fluffy ~ they are relaxing ~ relaxing.*
- *Feel the energy moving upward through your encasement ~ wiggle your fingers ~ wiggle the fingers so they feel happy and fluffy ~ feel the energy pulsating through the fingers.*
- *Feel that energy now moving up your arms ~ moving ~ coming to the Heart Energy Center ~ feel the energy surrounding the Heart Energy Center, filling the heart.*

- *Feel the energy moving upward, upward into the throat ~ and into the head.*
- *Feel your entire encasement now filled with sparkly, fluffy energy.*
- *Call upon the very Highest of The White Light ~ call in your Angelic Protector ~ call in your guides.*
- *Say after me, "I call upon the very Highest of The White Light." (Repeated)*
- *Feel your Angelic Protector's wings surrounding you ~ your Angelic Protector has come in and has brought your guides for this journey into the Soul ~ it will be your Soul that will determine the toy that you use to play with.*
- *Envision your Toy Box now in your arms ~ it is your Toy Box ~ it is that which contains all the lessons that you have taken on for your journey on the earth plane through all of your many incarnations.*
- *It is your Toy Box, unique to you ~ it represents all of the issues ~ some in varying stages of completion, others just beginning their journey of completion and others having been completed and now sitting lightly in your Toy Box.*
- *Hold onto this Toy Box as we begin the journey to the Soul.*
- *Envision yourself moving on top of the Crown Energy Center ~ your spirit.*
- *Envision yourself beginning to float off of the Crown Energy Center ~ your Angelic surrounds you.*
- *You are holding your Toy Box ~ you slowly begin to drift ~ you move away from the dimension of the conscious.*
- *You are drifting ~ gently and slowly drifting ~ away from the conscious dimension.*
- *Envision your Angelic Protector surrounding you with wings of Light ~ you move slowly.*
- *As you move you look at your body ~ you are in another dimension now and you see your physical body below you.*
- *Moving slowly now, you begin to move toward a Light ~ see a brilliant White Light ~ it is an opening ~ it is the opening to your own Higher Self.*
- *You are still in the dimension of Self, but now you are in the higher dimensions.*
- *Move toward that White Light ~ it is open and you move in gently, slowly ~ you move into your Higher Self ~ and the Ball of White Light closes behind you.*
- *You are within the dimension of your own Higher Self ~ you are holding your Toy Box ~ rest for a moment in the dimension of Higher Self.*
- *Higher Self will journey now with you into the dimension of the Soul ~ for this is a oneness that occurs.*
- *Feel yourself absorbed by the Higher Self of Self ~ it is this Ball of White Light that begins to move for it sees a higher White Light ~ it is the Soul.*

- *Slowly move toward that higher White Light ~ your Soul beckons you ~ slowly move into your Soul.*
- *The opening closes behind you and you are one with your Soul ~ and your Toy Box is with you.*
- *Envision a beautiful gold table ~ place your Toy Box on the gold table.*
- *Envision the Box opening now ~ and you are able to see all of your toys.*
- *Take them all out and place them within Soul.*
- *Slowly now envision your toys coming out ~ you gently take one out at a time and place it on the gold table ~ there is plenty of room.*
- *One by one you take out your toys and place them on the gold table ~ one by one ~ they are all out now.*
- *It is time to trust in Soul to determine the toy ~ listen to the Soul ~ hear the Soul tell you which toy it has chosen.*
- *Envision your hands opening to receive the toy.*
- *Hold the toy ~ gently ~ and hug the toy.*
- *It is time now to listen to what your Soul will give you for information relating to your toy ~ relax and receive the information.*
- *Enjoy your time with your Soul.*

#### *FOCUSING TIME ~*

- *It is time to return into the conscious.*
- *You are holding your beautiful lesson ~ you have learned much from the Soul.*
- *Gently now, take your lesson and place it into your Toy Box, giving it the place of honor, for it is the toy that you have focused on.*
- *Take each of the toys on the gold table and place them back into your box ~ placing them carefully around your toy that you focused on, not covering that toy with the other toys.*
- *Gently, one by one, place your toys back into The Toy Box ~ gently.*
- *You see now all of your toys in your Toy Box arranged so neatly ~ and you see the focus toy and you understand the relationship among all of your other toys to your focus toy ~ you understand better now your path.*
- *Gently close the top to your Toy Box.*
- *Pick up your Toy Box and hold it in your arms.*
- *Envision the gold table disappearing.*
- *Thank your Soul for giving you the information.*

- *See the opening to the Soul ~ it is wide and free, just as you are ~ and Higher Self and Conscious Self now move out of Soul ~ slowly moving out holding your Toy Box.*
- *The opening to the Soul is closed ~ and you feel yourself floating gently, softly away from the Soul ~ you are holding your Toy Box ~ your Angelic Protector surrounds you with its wings.*
- *Slowly, begin to move closer and closer to Conscious Self ~ you are being brought closer and closer to the physical encasement and yet you are one with Higher Self.*
- *Enjoy being together ~ Higher Self and Conscious Self ~ you work together, you both have the knowledge gained from the Soul for the toy of focus.*
- *You see the Higher Self opening and it is time to move out of Higher Self ~ Conscious Self is ready to return to its encasement.*
- *Slowly, move out of Higher Self holding your Toy Box.*
- *Closing now the opening to Higher Self. you move out of that dimension ~ you see the dimension of concrete Conscious Self.*
- *See the Crown Energy Center ~ slowly drift down to the Crown Energy Center.*
- *Holding your Toy Box gently, land on your Higher Energy Center ~ the Crown Energy Center.*
- *Thank your Angelic Protector for taking the journey with you ~ thank your guides for taking the journey with you.*
- *Surround your Toy Box with brilliant White Light and place it with your Angelic Protector ~ the keeper of your Toy Box.*
- *Slowly, bring yourself back into your conscience body ~ gently moving in and filling the encasement ~ gently and slowly returning into the conscience state ~ and open your eyes.*

*END OF FOCUSING ~*

*You have all returned from your journey. We sense that there were very good conversations within the Soul and that you are better connected now with your Toy Box.*

*This is a technique that you can utilize whenever you want to become more acquainted with your Toy Box. Since you would not be the one at conscious level selecting the toy, it then allows you the freedom to bring it into the Soul and the Soul will select that which needs to be given attention. And when you return into the conscious, aware of that focus toy and its relationship to other toys in the box, it will give you a better understanding of what you are doing in this particular time frame in your path.*

*When you feel that your focus toy has had enough attention, you may then go back with this meditation technique to the Soul and see if perhaps there is a new focus toy ~ or you may find that the Soul continues to focus on this particular toy. You may return to the Soul with this technique any time that you wish, either affirmation that you must continue the focus on the toy or whether you need to refocus ~ that it is time to let go of the toy.*

*So often, entities have asked us whether they should let go of something ~ is it time to let go or are there lessons still to be learned in holding on. And we have said that you must find this out for yourself through meditation.*

*This is a very useful tool, meditatively speaking, to find that answer. Must you continue to focus on something or is it time to let go of it? With a little bit of practice, this technique can be done very easily and very quickly, and you will begin to hear your answers more and more frequently, and more and more easily.*

### **Waith Describes That You Can Will Your Toy Box When You Have Completed Your Journey On The Earth Plane**

*Remember that your Angelic Protector is the keeper of your Toy Box. An interesting side effect of The Toy Box is that you can WILL your Toy Box. When you have completed your journey on the earth plane and your sojourn is over and all of your toys have been finished ~ they have been brought to closure ~ you may then give that completed Toy Box to another who is still on the plane in their journey. It will assist that entity in the completion of their own lessons ~ it will give them, so to speak, a heritage.*

*It is a good thing to be able to WILL your Toy Box. This is something that can be done very consciously with another on the plane where you simply say, "I hope that at the time when my journey is complete, and your journey, if it is still in progress, you would accept my Toy Box as a gift." Your Soul may have other destinations for the Toy Box, however, it acknowledges at a concrete level a connectedness with another entity. It does not in any way presuppose that you will finish your path before this other entity ~ for just the opposite may, indeed, occur ~ but it indicates a sense of connectedness and a sense of Unconditional Love.*

*Your completed Toy Box, once you are finished with it, goes into The Universal Consciousness if it is not WILLED and then is given to another entity who chooses the same combination of lessons for the earth plane. It is a gift of extraordinary love and one that truly helps the entity still on the earth plane.*

*You can learn of your own connectedness with one who you may want to WILL your Toy Box to, through this technique that we have just given to you. When you go into the Soul, simply ask yourself ~ your Soul, "Who would best benefit by my WILLING my*

*Toy Box, giving my Toy Box upon its completion?” And you will receive the answer if it is meant for you to receive. It may be a while before your Soul will reveal that, or your Soul may simply say to you that it is not time for you to know that now.*

*The concept of being able to give your completed Toy Box to another is an important one, and one in which motivation, perhaps, is the best word, is given to the completion of your Toy Box, for you know that you can give it away to another. It is an act of ultimate Unconditional Love, for it will truly help another in their own path for they will have your completed lessons, and it will add into their own uncompleted lessons a sense of completion.*

*Many of you have been the recipient of toy boxes without realizing it. Think back on times when suddenly you feel a burden has been lifted, in a particular issue. Without any conscious sense of your own completion, you suddenly feel that you have moved along in the completion of an issue. You have been willed an issue. You may not have been given the entire Toy Box ~ you may have been given one or two of the issues from the Toy Box of another. Thus, you also can give one or two issues and not the entire Toy Box ~ it is your choice. Would there be any questions?*

**Do we have to finish the whole sojourn or if we have finished one particular lesson, one particular component, would we be able to pass that on once it was completed?**

*You must wait until the entire sojourn is completed. The reason for that is that just when you think you have completed a particular lesson, you become arrogant about completing that lesson and it pops up again for testing and retesting. Thus, it must be that the entire sojourn is completed ~ all of the toys have been given their closure ~ all of the final exams were passed with flying colors and there is no retesting available nor needed and the Toy Box is, then, ready to be divvied up in part or in full.*

*Imagine if you were to give what you thought what was a completed lesson to another and you had still time left on the earth plane and you said, “Look how good I am” ~ and even at Higher Self level that is a very common behavior – “Look how good I am ~ I have completed a lesson and I have been so good that I was able to give it away.” You would get not only that lesson back but probably an additional number of life sentences that would go with that for the arrogance of it all.*

*The flipside is that completed lessons are essential to have in The Toy Box to balance out the uncompleted lessons. So you may find a series of lifetimes very, very difficult because you have been working on lessons, one after the other, and you need to take a vacation ~ you need a break. You are then able to go into The Toy Box of completed lessons and bring that into your energy field and use that as a PLAYTIME ON THE EARTH PLANE. You may have, for example, completed the percentage of patience that you chose to take on and you have not had to be retested for it ~ it appears that you have very humbly accepted that.*

*You then take that into a lifetime where your level of patience enables you to simply relax about the life that you have taken on. And regardless of any of the other issues that you may take with you ~ or lack of issues ~ you have a completed lesson that stabilizes you and gives you a sense of peace and balance in a particular lifetime. Then again you may bring that in thinking that is going to be a peaceful lifetime, and you become arrogant about it and then again you are tested ~ it is never over, you see, until it is over.*

*It is something to be very careful of ~ completed lessons. They are to be treasured ~ they are to be viewed as the completion of hard work and not some privilege that has been granted to you. If you can keep that perspective, then the tendency to become arrogant about a completed lesson would be less ~ that it is now to be used in absolute Service to Others, for it is no longer necessary for it to be used in Service to Self. So, if you have completed your patience, for example, you no longer have to be patient with Self ~ it is simply there, it is an automatic that you are patient with Self. You then must give that patience in Service to Others by showing patience ~ and you will be tested periodically ~ for patience within Self.*

*It is always a test ~ we are always tested ~ all of us. No dimension is immune from testing of lessons ongoing and lessons completed. We want to have a strong little Universal Consciousness ~ not a little weak one. You can certainly bring out any number of your toys to play with, anytime you want, to test their level of completion ~ and you do, we all do. We may be focusing on one or two or three lessons in a lifetime and we decide we want to see what the others are feeling like ~ we do not want to neglect a particular toy. So, we go and bring it out and see how it fits with everything else ~ play with it for a little bit and then we might place it back.*

*It is why on occasion, when you think you have dealt with a particular issue, or something new suddenly pops up, but only for a brief time and goes away, you play with it for a little bit. You are either becoming acquainted with it for the first time or you are simply giving it a little shakeout, shall we say, from its dustings in The Toy Box.*

### **What About Incomplete Lessons In A Lifetime. Are They Then Carried Over To The Next?**

**If a person does not complete a lesson in a lifetime, are they given the opportunity at the Soul level to reselect that lesson and bring it into their next lifetime?**

*Yes. The completion of a lesson is not determined that it must be done in a particular lifetime ~ even percentagewise. To say in the planning stage that, "One tenth of one percent of this lesson of forbearance," for example, "will be taken on the coming lifetime," is simply to place it as a plan. And once you come into the life and start working and focusing on that particular toy, you may find that the others with whom you now come in contact have altered somewhat your plan.*



*The Soul is continually evaluating and reevaluating ~ it is why we have given you this technique ~ it helps you to go back into the Soul to see what types of reevaluation have occurred. What may have been the focus originally, may now become less of a focus ~ or an entirely new focus takes place. There is no pressure that you must complete something as determined in the planning stage. If that were the case, we would all be very, very paranoid, as you would call it, and there would not be the sense of relaxation that really does exist in The Universe.*

*It will be done when it is done, even though we know for many particular energy forms, it must be done now ~ it must be done now or else it cannot be done. It is best to simply flow with what you plan for your life and within your concrete world, to be careful of saying so definitively, "This is what I am going to do ~ I will do this on this day, and this on the next day, and within this period of time, I will do this, this and this."*

*We are not saying that you do not plan. What we are saying is that you allow The Universe to let it unfold, and the issues of your toys comes very, very much within this realm of simply allowing things to unfold.*

*Having this technique is valuable because you will have a greater connectedness to your own toys, and when you are feeling out of harmony, you simply go into the Soul with your Toy Box, and say, "Help me, I need to reevaluate at conscious level what is going on here at Soul level." It is all right to do that. It is much better to do that. The Soul is you ~ it is not some external part of you. All parts of Self must know what is going on ~ this is the ultimate goal of completion ~ to not be at war with Self ~ at the different levels.*

### **Waith Discusses The Interconnectedness Of The Toys In Your Toy Box**

**You said all the toys are interconnected. When I have all my toys together, there is my major toy, and then all the other ones are situated around it with little lines all connected. If I take my major toy, do I then see what games I play with all the other toys as well, if I just put my emphasis on, for example, the major toy?**

*Not necessarily, my love. Oftentimes, the focus toy will have all of the attention. There may be some interconnectedness playing with the other toys, or one or two of them. They are all interconnected. They all bear relationship to each other. However, they are not always played with even in minor degrees.*

*Oftentimes, the focus toy must have all of the attention in a particular time frame in the life or for the whole life. This again is what you would learn by talking with the Soul and actually seeing your Toy Box ~ by placing it open on the gold table and seeing the focus toy and the others surrounding it. You would then get a sense of which of the toys you would be playing with simultaneously with the focus toy.*

*It would be very, very difficult to play with all the toys ~ even lesser degrees of playing ~ simultaneously. It would not give you the amount of energy needed to focus. So, it is important then to focus and then to see where the sub-focus occurs ~ and also to recognize that there may be simply one toy that is focused on and the others are simply left sitting, waiting their turn.*

### **Focuses And Sub-Focuses On Particular Toys ~ It Is Dependent On Each Entity**

**So, I play now with my major toy, and I may play with some other toys simultaneously, but all of the toys are affected.**

*Yes, all of the toys are affected, for when we say that they bear relationship to another, that is what we mean.*

**Sometimes I feel as though, throughout my lifetime, that there has always been one main focus for many lessons.**

*For some entities they will have that situation where there is one focus, and you are able to see many others ~ perhaps three, four, five, six sub-focuses. Others will find not that many ~ may find only one or two sub-focuses ~ and others may find that there is one focus and one focus only.*

**So, again, it depends on each person.**

*It does indeed. And we would also emphasize the issue of judgement here. This is not where you would go to another and start discussing your Toy Box with them to make a determination as to whether they have one focus and many sub-focuses, or what. It is simply that each entity has its own way of dealing with its Toy Box and the toys within it. That is all that you need be concerned about ~ your own Toy Box and the fact that others have their own playing and to respect that which the other has ~ not to question it, but to respect it.*

*We depart now and thank you for being with us. We send to you all the very Highest of the White Light from the very Highest of The Kingdom of Amelius. Farewell.*

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