

Waith Class Transcripts

MAY 04, 1997



~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

Waith Institute for Spiritual Leadership

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MAY 04, 1997

SPECIAL TOPIC SESSION ~ PATIENCE ~ A GUIDED MEDITATION TECHNIQUE TO HELP YOU DETERMINE YOUR LEVEL OF PATIENCE AND WHETHER IT SHOULD BE INCREASED, OR STAY AT THAT LEVEL ~A MEDITATION TO DETERMINE WHAT TO DO NEXT

Waith: We bring to you the very Highest of the White Light from the very highest of The Kingdom of Amelius.

Hi, Waith.

We are most pleased to be here, as usual. We enjoy the gatherings with all of the bright entities. We are most pleased to be able to discuss the topic of PATIENCE. In all of the time that we have been communicating, now, during our First Phase, Patience in our public sessions always seem to be a popular discussion, perhaps because Patience is the ONE issue that all entities must face when coming out of The One.

You may take on various percentages of Patience that would differ from one entity to another, but, regardless, each of us, even The Angelics, must deal with the issues of Patience. This, of course, is different from all of the other issues that are available to each of us, where we may choose our issues ~ pick and choose from The Menu. Patience is always one of those items that cannot be NOT selected.

There will be some from The Company jumping in and out during this gathering with you, for they will address particular issues relating to Patience. Patience transcends gender, transcends point of awareness ~ transcends EVERYTHING. There is NO entity outside of The One who can claim that they have achieved perfect Patience. We give you this as sort of a release so that you will know that it is all right to be impatient.

This is good. 😊 😊

You have, some of you who have been with us in all of our time, seen a few times when we have exhibited, ever so slightly, a bit of impatience. It is easy for us in another dimension to be more patient ~ you should see us in our own dimension. 😊 😊 When you are within your own dimension, the issues of Patience are much stronger than they are if you were to be interdimensional ~ and thus, it is easy for us to be patient with all of you. You would be equally as patient going into a dimension that is not considered your root dimension, you see.

And thus, it becomes the responsibility of each of us, each of you, to exhibit the level of Patience that you have to those around you, within your dimension ~ and interdimensionally ~ whether it is in the dream state or the meditative state, whichever mode you choose to travel interdimensionally.

Your level of awareness directly connects with the degree of your ability to work on Patience. I will repeat that. YOUR LEVEL OF AWARENESS IS DIRECTLY CONNECTED TO YOUR ABILITY TO WORK ON YOUR DEGREE OF PATIENCE. What do you think that means?

If we are unaware, then we are unaware we are being impatient?

Very good. We will give you a gold star. 😊😊

Understand this very important point that applies to ALL learning, and not just to lessons of Patience ~ THE DEGREE OF YOUR OWN AWARENESS DETERMINES YOUR ABILITY TO LEARN. And, now we plug in Patience. How many of you are impatient with those who have a different level of awareness than you do? Every hand should be raised. 😊😊

I thought it was just me.

It is every entity. You see, even Amelius, at times, will come into The Angelic Realm and he will come into the meeting of The Archangels and he will say, "What is the matter with you?" He becomes frustrated, for he may see a lack of progression in an area that he may want movement more rapidly, even though he knows the outcome of everything. It is all right to be impatient. However, it is NOT all right to say it is all right to be impatient. What did I just say?

I am confused.

Well, that is very good to admit. Now then, it is all right to be impatient. Does that then give you the right to be impatient? No, it does not. It is all right, however, to be impatient, to know that that will happen. It is a test. It is NOT all right to say, "It is all right to be impatient. Therefore, I will be impatient." For then, you allow the negativity to enter in ~ to what accompanies the energy that accompanies impatience.

And so, it is the paradox of all lesson learning, actually. It is all right to be judgmental. However, it is not all right to say it is all right to be judgmental. It is all right that you are intolerant. However, it is not all right to say that it is all right to be intolerant ~ or prejudicial ~ or conditional. It is expected that these tests will be given, and, it is expected that you will meet those tests. However, you must not assume the arrogance that says, "Waith said it is all right to be impatient, and therefore, I am, and too bad for you."

Think about the many questions that have been posed to us in Public Sessions. Many of you in this gathering have attended a significant number of those sessions. Think of how you felt when a particular question was asked. What did you think, "What kind of a stupid question is that?" 😊😊

Oh, not again.

“Oh, not again. Why does he answer that question again and over and over and over again?”

He is patient.

Sometimes. ☺ ☺ Sometimes, we would be called pretty stupid to be letting that continue on and on. But, you see, Patience directly is connected to Respect. We go back to the first GUIDELINE FOR GROWTH ~ RESPECT OF SELF. The more that you develop RESPECT OF SELF, the more patient you become. And, the more patient that you become, the more you begin to develop RESPECT OF SELF. It is funny how that little circle keeps cropping up, does it not? Everything moves around in a circle and connects ~ everything has a purpose.

Patience, then, is what we will play with in this gathering. And we will indeed play with it ~ for, as you know, our focus in all of our discussions is playing ~ looking at all lessons and tests as play. Of course, the way we define play in The Angelics and the way play is defined on the earth plane does have somewhat of a variance ~ even though we attempt to keep convincing you that what you are doing in this incarnation, what you do on the earth plane, is a form of play.

We are going to begin with a loosening up of your energies. Farena, our Ambassador of Fluff has now made permanent her Harmony Basket exercise ~ which is really quite good, you see. ☺ ☺ So, she is going to enter in and bring some fluff into the vibration. And we will return at that point, when she is finished, and continue on. So, expect that you will be moved from where you are currently seated ~ at least for her fluffing exercise.

Farena: Hi.

Hi.

Farena: Hi. It is fluffy. Fluffy. Ha! It is my fluffy feather boa. (Group laughter and bantering with Farena) Ah-h-h. All right, everybody up. Up. Up. Up. Up. (Participants get up) I want you to form a circle and hold hands ~ and I will get in the middle. Okay. Hold hands. There. Very nice. Ring around the Rosie, isn't that a song? ☺ ☺

Yes.

Farena: Yes, it is a song. Fluffy, fluffy, fluffy.

It is a baby song.

Farena: It is a baby song? Good. Ring around the Rosie, pocket full of posies. One, two, three ~

Ashes, ashes, all fall down.

Farena: Uh oh. They all fall down. ☺ ☺

I did not forget my baby rhymes.

Farena: I only have what is in Mushiba's brain to work with, you know. There can be problems sometimes. ☺ ☺

All right, now then, I would like you all to quiet yourselves. Breathe in deeply and let me hear it. And breathe out. (Farena breathes in and out noisily) And breathe in and breathe out. Now squeeze each other's hands. And say to the person to your right, "I love you."

I love you.

Farena: To the person to your left say, "I love you." Say, "I love you." (There is much group laughter and chit chat) And now say, "I love you, I love you, I love you," just out loud.

I love you, I love you, I love you.

Farena: Now say, "Fluffy, fluffy, fluffy."

Fluffy, fluffy, fluffy.

Farena: Now say, "I love fluffy."

I love fluffy.

Farena: Fluffy is not a cat in this case. Fluffy, fluffy, fluffy.

Fluffy, fluffy, fluffy.

Farena: Now, move your body back and forth, move your body back and forth. Fluffy, fluffy, fluffy. Fluffy, fluffy, fluffy. Move your body back and forth. Fluffy, fluffy, fluffy. Fluffy, fluffy, fluffy. Say it. Fluffy, fluffy, fluffy. Fluffy, fluffy, fluffy. I am fluffy. I am fluffy.

I am fluffy. La-la-la. La-la-la. Fluffy, fluffy, fluffy. Fluffy, fluffy, fluffy. Fluffy now. Fluffy now. Yay. (The group sings along with Farena and there is much laughter and clapping)

Okay, that is all. There. Much better. And now you can listen to Waith about Patience and learn a wonderful meditation technique from one of the other Company members who is going to come in soon.

I feel so much better.

Farena: There. Fluffy, fluffy. Bye bye.

Bye.

Waith: Why yes, the energy field is greatly improved now.

She gets to keep her job.

For the time being, as you might say on the plane. Yes indeed, Limera.

Now then, we are going to help you to bring yourselves into a sense of quietness within Self ~ for, first and foremost, in any understanding of Self, you must go within. We can certainly give you guidance about seeking Patience, but you each now must feel a comfort within Self of your own level of Patience. We go to the issues of judgment, once again.

One entity may have more Patience than another ~ and, indeed, that is the set up on the earth plane ~ within the Universe. You are not to compare yourself and say, "Oh, I must be as patient as that other person. They are so saintly. They are so patient." While they may have achieved a certain level of high Patience, you can trust that they have other issues that perhaps are at a lower level of understanding than you. So, not everyone has all these high level of understanding. All of us have our own levels.

The first and most important thing, then, is to become familiar with your own degree of Patience. Once you have become familiar with it that means that you have recognized it. You have said, "Ah, this is my level of Patience currently." And then, you must seek within Self the answer to this very important question, "In this incarnation, is this level of Patience to be increased, or is it to stay at this level?" The answer to that question determines what you do next.

We are going to help you in a meditation technique that will allow you to ask that question of Self. Now, you may not get the answer in this gathering. We give you the technique so that you can take the technique out of this gathering ~ for indeed, you may

find it takes many, many, many uses of the technique through many earth plane years before the answer comes.

We will also, then, give you a technique, once the question has been answered, how you will respond to that question, based upon the answer. So, what you will do then in this technique, is first and foremost, to recognize your level of Patience, and then to ask the question, "Is this level of Patience to be increased in this lifetime, or is it to remain at the level it is now?"

You may have indeed achieved the percentage of Patience that you came in to achieve. You may have only decided to take on one tenth of one percent of the total lesson of Patience to learn, in this particular lifetime, and you may have achieved that. And this is then what you must seek first for information.

So then, my loved ones ~ position yourselves in a way that is comfortable for you.

TECHNIQUE ~

- *Begin to breathe slowly in a way that feels comfortable for you ~ you are slowing down your energy now ~ you are breathing slowly and comfortably ~ you are relaxing ~ you are surrounded by highest of the light ~ you are comfortable ~ slowly breathing.*
- *You call in now your Angelic Protector to surround you with the light of protection ~ feel the energies surrounding you ~ simply calling the name Angelic Protector brings in the energy.*
- *Visualize the white light.*
- *Call in your Spirit Guides ~ if you know their names, use them ~ if you do not, simply say, "Spirit Guides, come into my vibration." and feel their energy around you.*
- *You are surrounded by the Highest of the White Light from your Angelic Protector ~ and you are surrounded by those who guide you in this incarnation ~ you are protected and guided ~ it is these helpers who will assist you in finding the answers to your questions.*
- *You are surrounded by the highest of protection.*
- *It is time to move out of the concrete dimension and go into the dimension of the Soul.*
- *Envision that your feet, or the very bottom of your encasement, is surrounded by a fluffy white cloud ~ feel that cloud surrounding the bottom of your encasement ~ that fluffy white cloud is now connecting to your energy field that is at the bottom of your encasement ~ it will take you on an interdimensional journey.*
- *The white cloud now slowly begins to move upward through your encasement, taking with it the energy that is filling your encasement ~ that is the essence of Self.*

- *Slowly, the cloud moves up, leaving behind it the encasement ~ simply the encasement.*
- *The energy is moving now upward through the encasement ~ upward and upward ~ feel your energy being lifted with the cloud ~ the fluffy white cloud moves upward and settles on the top of your encasement.*
- *All of your energy, now, is on top of the cloud.*
- *The cloud now begins to move away from your encasement ~ it is moving upward ~ look down and see your encasement ~ it will be there when your return ~ it is safe.*
- *You now will journey into the Soul ~ moving slowly upward, upward.*
- *Moving through all of the levels of Self ~ as you move upward, the cloud takes all the levels of Self from both sides and from the top ~ the cloud is pulling all of the energy of Self into it.*
- *The Higher Self is being merged, now, with all of the levels ~ the cloud is slowly taking all of the levels of Self and merging.*
- *You move upward, upward ~ you feel freedom as you gather the levels of Self ~ there is freedom as more of the levels of Self merge.*
- *You are free from the concrete ~ slowly, now, moving upward ~ it is gentle ~ it is carefree ~ you are relaxed ~ you are within Self ~ there is no conflict ~ only harmony.*
- *The dimension of Soul now appears ~ and the dimension is opened for the cloud to enter in ~ and just as the cloud absorbed all of the levels of Self and made them one, now the Soul will absorb the cloud and you become one with your Soul.*
- *You are safe ~ Soul now communicates.*
- *We will return to help you on your journey back when you have finished communicating with your Soul. The issue is Patience.*

MEDITATION TIME ~

- *You have been communicating with your Soul ~ Soul is so happy.*
- *It is time now to ask the question of Soul, "Is this level of Patience what I came in to learn, or do I have more Patience in this lifetime to learn?"*
- *Ask that question now of Self.*
- *Bring the answer to that question back with you as we journey back into the dimension of the concrete.*
- *Thank your Soul ~ you thank your Self.*
- *It is time now to move out of the dimension of Soul ~ you are on the cloud ~ it floats so gently out of the Soul ~ and you begin the journey back to the concrete.*

- *As you begin the journey back, those dimensions of Self that you picked up along the way to Soul will now rest in their own dimension as you return into the concrete.*
- *Slowly, drifting downward, downward ~ you feel the gentleness and the softness.*
- *Begin now to see the concrete ~ see the physical encasement.*
- *The cloud moves down, down and rests on top of the complete physical encasement.*
- *And now, feel your energy seeping through the entire physical encasement ~ feel the warmth of your energy reconnecting with your physical encasement.*
- *Your Angelic Protector and your guides gently and slowly smooth you ~ it is time now to return into the concrete dimension, bringing with you the answer from your Soul.*
- *Slowly return now, back into the concrete ~ gently ~ surrounded by your Spirit Guides and your Angelic Protector. Wiggle your feet. Wiggle your feet ~ wiggle your feet, my love. There ~ reconnection.*

END OF TECHNIQUE ~

When doing meditation, it is best to do something very concrete to reground yourselves. Wiggling the feet or the hands is one of those activities that will bring that connection back into the concrete ~ especially in this type of meditation, where we have brought you into the very highest dimension of Self ~ where you would, perhaps, want to stay ~ not to return into the concrete.

Take a moment to simply absorb within Self what you learned. This is a quiet moment not to be spoken to each other, but simply to think about what you just experienced. We will give you those moments of quietness. (Several moments go by)

It is always important to give yourself concrete quiet time ~ not just meditative quiet time. And, most importantly, when you have returned from a journey into another dimension, such as meditation, you must allow the resettling into the concrete dimension. So, you reconnect by movement of the body, and then you allow yourself to reabsorb that which you learned in meditation with that in the concrete, where you must apply what you have now learned.

As we said before doing this technique, there may be many of you who perhaps did not hear anything, or did not connect fully with the issue at hand ~ the Level of Patience. That is quite all right. However, we would like also to hear from any of you who may have made a connection ~ and not necessarily to give the answers ~ but simply, to share with the others the sensations that you felt, for it is very important to share sensations with others. It is a part of your own learning ~ it is also a part of your teaching.

I am not sure why, but I think when we first started ~ the cloud first started to come over my body ~ for some reason, I felt resistant to go with it and to stay with it. And then I felt a conversation with my Soul and after that ~ when it was time to come back ~ I felt resistant to coming back.

That is a most appropriate response to what we had wanted you to respond to, my love. It is important to know that this technique that we have given you is the ideal. No, it is so easy when you are in The Angelic Force to say, "Hop on that cloud, get up there in the Soul and do it." ☺ ☺ Well, it is a typical response that you have given, my love, that there would be a sense of resistance as the cloud was moving. There is that sense of not wanting to let go of the concrete ~ this is safe ~ "Who is this Archangel, anyway?" But, more importantly, without my being the facilitator, you yourself resist Self, you see.

The ability to go into higher realms of Self is resisted all along the way, not just concrete. Sometimes you can get out of concrete very easily, "Ah-h-h. Let's move out of concrete. Yes. We go now." And then you move into another level of Self, another dimension, and that particular dimension says, "No, I do not want to go any further ~ get that cloud away from me." It is Self that resists. But then, you see, you were able to overcome that particular barrier and you moved into Soul. And once you realized how great it was, then the equally resistant behavior kicked in, "No, I do not want to go back, I want to stay here."

What you have given as your response, my love, is the classic confrontation that Self has within Self, "Yes, I want to go to Higher Self ~ but, no I do not want to go there now." Or, "No, I really do not want to go to Higher Self." But once you get there, you do not want to leave. It is the battle between the higher levels of Self and the lower levels of Self ~ or the dimensions of Self, as we prefer to discuss and to describe in advanced discussions, not that Self is in layers or levels, but simply in dimensions.

Did any of the others in the gathering feel a sense of resistance anywhere along the way, either going or coming back?

I felt resistance coming back.

Oh, coming back. Not a problem getting there. Indeed. Coming back.

The cloud trip is always great, or whatever vehicle to get there ~ but, when I feel that sense of being home and then someone is calling, "No, it is time to get home for supper, get back to earth." It just feels like ugh. You know, I would really like to be off and not have to come back so quickly.

Oh, indeed. This particular technique, of course, is one that you would use yourself and determine when you would want to return and not have the booming voice of The Angelic saying, "Come back. Come back wherever you are." However, it also illustrates this feeling that you are sharing another of the classic battles within Self.

We are here in our time with you in this mission through Mushiba to help you balance the concrete and the abstract. We have said this so very often ~ the spiritual and the physical. And so, there are many who would prefer to spend all of their time in what is commonly called la-la land. ☺ ☺ “Oh, it is so nice out there ~ I do not want to deal with the concrete ~ No.” And therefore, there are many entities on the plane who have that sense of always being in an altered state, even though they may be living in the concrete.

Equally, there are those who you could not get them into a conscious meditative state, and if that sound like a contradiction, it is meant to. A conscious meditative state where you say, “Yes, I am going into an altered state.” It is difficult sometimes to get entities to do that. They are very grounded. They are very earthbound, “No. I never dream ~ I never, ever go into an altered state.” Well, of course, that is an incorrect statement, but, at their own level of consciousness, they do not know that it is incorrect. In their own perceptions, they are very grounded.

And so, we have la-la-land on one hand and very, very grounded on the other hand, “I do not want to think about higher sources or the higher purpose to things.” And the other who would say, “I do not want to be involved with that concreteness, having to be responsible and having to do all of those things that is expected of me.” And so, yes, it is the battle.

Patience is what fits into all of this. As you begin to understand your level of Patience, you will then begin to understand why everything seems to be the way it is for you, for Patience is at the root of interpersonal ~ at an earth plane level ~ relationships ~ be they with The Human Kingdom or be they with any of the other kingdoms that are on the plane and off the plane, interdimensional kingdoms.

So, some of you received answers and some of you, perhaps, did not. Some of you had feelings of resistance and some of you did not. This is very typical, this is very expected. Each of you has had a very different response and now our next exercise is going to be a response to that response.

Let us do a bit of smoothing out of the energy before we do the next exercise. And one of the other Company members is now going to enter in. This is The Company member charged with The Healing of Self, who will give you a bit of energy for Self. Jacques will grace your environment now.

We will return upon Jacques’ discussions.

Jacques: We greet you all. You have just experienced a most beautiful exercise. We are charged, in our responsibilities with The Company, to help you in The Healing of Self, understanding your own levels of Patience can be quite a shock to Self.

The concept that Waith is giving to you in this gathering is a new one, for it acknowledges that the level of Patience that you have currently may be it for this lifetime. He will now guide you in responses to your own levels of Patience. We, however, are here to give you a fluffing, as Farena did, of lightheartedness.

We give you a fluffing of The Healing of Self, for to come face to face with your issue of Patience may, for some of you, be a shock, may be a disappointment. You may, for some of you, think that you had reached your levels in this lifetime of learning of Patience and come to find out you have not. Others of you may be surprised that the level of Patience that you have achieved is all that you need to work on this lifetime. But, there will be something to replace it.

Place your hands upward, my loved ones, to receive the energy of Self-Healing. Visualize the color green that we represent ~ feel the energy ~ feel the green. Visualize it flowing through your energy field, smoothing you, comforting you. It is The Healing of Self. Place your hands downward now, feeling the energy and cup your hands together and bring them to your heart energy center. Feel the release into the heart energy center ~ the Healing of Self ~ the acceptance of Self for who Self is. Take a deep breath, releasing your energy.

Waith will return now. Take this energy that we have given to you on the journey now that Waith will help you travel. Farewell.

Farewell.

All right now, you have a little gift from Jacques and it is meant for you to use that healing energy as you now take the next journey. Relax. Once again, lay down as you might feel most comfortable for this journey. We will truly now bring you into la-la land. Relax yourselves.

TECHNIQUE ~

- *Place your hands over your heart energy center.*
- *Visualize the green energy of Self-Healing that Jacques gave to you.*
- *Visualize the word Patience.*
- *You are still surrounded by your Angelic Protector and your spirit guides ~ the Soul has given information to the Higher Self and it is now the Higher Self that is charged with the responsibility of filtering the information regarding Patience into all the other levels of Self.*
- *You will journey now into the Higher Self.*
- *You will take with you this energy of green Self-Healing light ~ you will be prepared to receive the answers from the Higher Self.*

- *Place yourself on the cloud that begins to move upward ~ it is a familiar cloud now ~ you are comfortable with the cloud.*
- *You do not feel resistance ~ for you know that it will take you into a happy place.*
- *You move upward ~ and again you move out of the physical body and you move into the dimensions that surround the physical body ~ dimensions of energy filled with Self.*
- *You are surrounded by the dimensions of energy of Self.*
- *You are slowly moving into the Higher Self ~ the Higher Self will allow you to come into whatever dimension of Higher Self it wants you to.*
- *Your Angelic Protector is with you ~ your spirit guides are with you.*
- *It is time to talk with the Higher Self.*
- *If you have more lessons to learn where Patience is concerned, now is the time for your Higher Self to give you that guidance.*
- *If you learned that you have achieved the percentage of learning Patience that you needed to in this life, Higher Self will now tell you what you must do to teach ~ since you have learned the percentage of Patience.*
- *Seek the answers now, my loved ones.*

MEDITATION TIME ~

- *We come back now for you to help you return back into the concrete.*
- *Slowly now ~ you are leaving the dimension of the Higher Self ~ and you are journeying back on your fluffy cloud ~ floating, floating Interdimensionally.*
- *Floating back into the dimension of the concrete ~ coming back with answers ~ holding onto that knowledge as you move through the dimensions of Self.*
- *Slowly now, you return into the concrete ~ into the physical encasement ~ feeling Self healed from the knowledge of Self.*
- *Slowly return into the concrete ~ wiggle your feet ~ wiggle your hands ~ bring yourself back ~ wiggle some part of your encasement.*
- *Slowly return back into the concrete.*

END OF TECHNIQUE ~

Reflect now for a few moments of silence on what you have brought back with you. Breathe slowly and reflect ~ feel the knowledge. (Several moments go by as participants reflect)

And now my loved ones, it is time for you to take a break. We will be staying in the environment. Do with that knowledge what you want. But we would encourage you to stand up and move about and talk among yourselves.

(Several moments pass as participants take a break)

We feel a rejuvenance of the energies as you have placed sustenance into your encasements and grounded yourselves a bit from the meditation exercises and have communicated with each other. We would be interested in having some discussion now of what has occurred in this first part of our gathering with you ~ or questions that you might have relating to it.

All I saw were pictures and colors. I had no communication that I know of, that has come to me. Just pictures and colors.

That is appropriate. Many entities do not hear actual words. Many will have a sense of feeling what is being communicated. Others will have something concrete such as you describe, my love ~ pictures, colors that bring in a sense of understanding. Were you able to gain a sense of understanding from the experience?

I gained a sense of understanding, but not of Patience. It did not have anything to do with Patience ~ what I was seeing.

Oh, perhaps not, my love. If you would want to share with the others, that would be appropriate. If not, that is appropriate also.

Well, what I simply saw was in the first time, the first group of meditation ~ I saw a warrior shield, which would make sense to me. And then I saw something that I had made for my angel last year and there was a picture of that, not quite the same, but almost similar ~ in other words, someone was trying to remind me. And then, I saw, this time, just the colors like this, (Participant gestures to something with similar colors) it was all that beautiful color and a lot of clouds that I could see through the colors ~ the magenta. And that is all.

That is a beginning, my love. Remember that we indicated when we began this that many of you would not come to the objective of each of the techniques the first time ~ this is an evolutionary process. You have the technique. This can be symbolism for you to use as you continue to try the technique, for it was something that you were able to connect with in this first attempt. And, if it has meaning for you, then that is all that matters. It need not have meaning for anyone else. And you may think that it has nothing to do with Patience, but understand that not having connected with Patience is an issue in Patience itself.

True. That makes a lot of sense, doesn't it?

Yes, it takes a high Angelic to make sense of the obvious, yes. What other remarks?

When we went the second time of our meditation, when I connected with my Higher Self and we should ask the question if we still have lessons to learn regarding Patience ~ and then, of course I

do ~ at least that is what came. And immediately a little film was playing in front of me and with the content of the film following. When I try to get a higher awareness level, to get some insight into something ~ I do not have blockages to go back ~ rather, I rush back right away in order to try to manifest these insights ~ they are already with impatience ~ that is it. 😊😊 I was rushing back ~ I wanted to do it quickly. And then when I was back into the concrete I realized that it is not very easy to do that. And then, I become very discouraged and impatient with myself. And then I have to be really careful not to be absorbed by dark, because I sent out the negative energy of the impatience with my Self ~ disrespect of my Self that I cannot do it right away. So, I have to be very careful then to not being absorbed by dark energies.

Indeed.

So there, I know that I have to do a lot of work.

You have gained great insight into your own energy field, you see. And this is the purpose. And also, the purpose of these techniques is for you to be able to use them continually, so that once you have heard the answer, for example, to the question, does not mean that is it, "I never have to go back and ask it again." For, this is not true. You may have, most of you, learned that you have much more to learn where Patience is concerned.

Each time you go back into this particular technique and ask these questions, you may find, "Oh, we have built up a little equity here. We have a bit more Patience than we did the last time." And so, this is a way of learning how we stand, shall we say, within our levels of Patience.

Certainly, if you have learned that all the level of Patience that you took on to learn has been learned, you need to learn how to teach that. That is so very, very important. And then, you may then be given insight into what other issues that you took on now need your attention ~ for, perhaps, you focused much on Patience and not as much on some other issue, which is a typical behavior, to focus on one particular toy, as we call it, from The Toy Box. (See Waith's discussion on The Toy Box) And when that is done, we put it away and here comes another toy. So yes, this is a very good example, my love, of what you have learned about Self.

What other thoughts might any of you want to share with the group?

I just had a thought come to me ~ it did not even come to me before ~ but I was wondering if hormones have anything to do with Patience level? Because it seems to me that at only a certain time of month that I get really short and the rest of the month I seem to be able to keep a lid on it. 😊😊

Oh, indeed.

Surprise, surprise.

My husband has been telling me this for years.

So it must be true, right?

Oh, no.

It is quite accurate, my love, to recognize that the hormonal flow in the physical encasement, be it male or female hormonal flow, is connected to the way in which the energy field responds to the situations around it. We, in our plans for this second phase of our mission, will be working to help energies like yourselves to understand hormonal flow with the new energy configuration of going East/West as opposed to North/South.

Hormonal flow is not restricted just to the female. It is a common misperception on the earth plane that it is only the female who has what you call these raging hormones. And it is not ~ the male also ~ it is in a different perspective for the male ~ nonetheless, not quite as obvious physically, perhaps more obvious from the behavioral standpoint than from an actual physical change, you see.

So, what you are feeling is a very appropriate response. For some entities, hormonal fluctuations do indeed bring about a level of either intolerance or impatience, or conditional behavior that is short lived, based upon that fluctuation. Others do not feel that, and it does not mean that one is better than the other because they respond to their hormonal flows. When the female is going through the closure of what is referred to as the bleeding component, the bleeding cycle, of their life ~ there is, as you know, tremendous hormonal fluctuation. For some, it is dramatic and for others, it is another day in the week.

With the end of an illusion, such as is going on now, and being in an energy vortex, such as Terra Lux is geographically situated, brings about an exaggeration in hormonal activity and your level of Patience. And Patience is one of those that is directly affected by hormonal activity.

So, do not become discouraged, and simply, in your meditations, work on this. Ask for guidance, so that, when you know that that timeframe is about to present itself, call upon your energy guides and your Angelic Protector to perhaps calm it down a bit. Or, when you feel the sense of the tightening of the energy, for that is what impatience becomes ~ it is tightening of the energy ~ take a deep breath. It may not alleviate it completely, but it certainly will make you more aware that you are trying to alleviate it. And that, in itself, is part of the journey.

Any other comments, or remarks?

I felt a lot of illumination in the journey to the Higher Self. It is kind of hard to go there with words, though, I do not really have a vocabulary for it.

Ah. Yes, indeed. Another most appropriate response to the same experience. It is important that you understand that you each will have a very different response to the same technique and to the same experience. Some are able to describe it very vividly. Others have a sense of it. Others simply are not able to describe it ~ it simply is something that occurs. This is an important component for you as entities to understand in your levels of Patience. As you look at another, they may not be able to describe to you something that they are feeling or thinking that you very easily can describe, or present in words. You would say, "What is the problem here. It seems so obvious." And yet, it is not obvious to someone else.

Life on the earth plane is meant to be a life of imbalance ~ you all chose it. You have no one to blame but yourselves for being here. 😊 😊

Quit griping about it. Right?

That is right.

Let us talk a bit about Patience and the situations that you find yourselves in ~ where you must deal with your own Patience.

I have observed that, sometimes, I am patient to one person about a particular topic and impatient about the same topic to another person. And I am wondering, is this something to do with the difference in awareness level of two people trying to talk about a topic and trying to resolve it? How would you explain that?

What you bring out in your questions is actually the essence of what the issues of Patience concern on the earth plane, for remember that you each are here balancing with other energy forms. Patience, in and of itself, does not exist in a vacuum ~ Patience is tested by its interaction with others.

So, you may have much to balance with a particular entity ~ there is much going on between the two of you ~ and therefore, Patience has been brought in as one of those catalysts, perhaps. You may talk about a particular subject with an entity who you have much to balance with and there is the issue of Patience, for it has been specifically brought in to help in the balancing between the two of you. Take the same topic and go with another entity who you either have no balancing to speak of, or there is very good harmony between you, or you have a lower level of balancing than you did with another entity, and the same topic is easily discussed ~ there is no impatience. You listen to the other's opinion ~ you value it. You say, "Ah, yes, I understand exactly what you have to say." Whereas, the other entity you would say, "What do you know?"

We know that this hits home. 😊 😊

You were with us today.

We claim no such abilities. Now then, see the earth plane is simply the training ground of balance and that is all that it relates to ~ Patience. But, knowing that as a concept, certainly is a start, knowing how to apply that when you meet someone you are impatient with, is a more difficult situation. And oftentimes, it does become situational, as we have indicated to individual questions given to us in private, as to how to perhaps deal with a particular entity.

Patience is, generally, part of the underlying issue that an entity faces when it comes to dealing with another energy form. It need not be human. It could be The Plant Kingdom, "Why aren't you growing faster, plant?" And it may be that the energy that is in that plant is an energy with which you have some balancing to do, for the plant right next to it is just fine. And you are petting the plant and you are very happy and you say, "Oh, what a nice plant." And the other plant, you are shaking it saying, "Why aren't you growing faster? Why aren't you doing this, or doing that?"

And this, again, as we have indicated, is predictable behavior, and it is acceptable behavior, but it is NOT acceptable to say that it is acceptable. Once again, that paradox.

But then we can say there is not a Universal definition of Patience. We are perfectly patient with someone who we think we are at the end of the ladder, and then we have a tremendous struggle with another person. So, there is no Universal Patience that says, "Now I am patient, no matter who comes along."

Yes, it never was a rose garden that was promised to you. We get that as a frame of reference.

That is a famous song, isn't it?

Oftentimes, we are not quite certain what that frame of reference is that we are getting out. Sometimes they are songs and sometimes they are nursery rhymes. Sometimes they are conversations with others.

There is no standard by which you can measure your level of Patience with another's ~ your perception of Patience with another's ~ your understanding of Patience with another's. The reason for that is that, of the one hundred percentile available to learn Patience that comes out of The Universal Consciousness, each entity, while they must take Patience as part of their lesson learning, may decide how much of that one hundred percent they want to take on. Some may say, "Ah. I want to do all of it. I want to learn everything that there is to learn about Patience." And some actually do ~ they choose that.

Others would say, "No. I know I have to learn something about Patience. That is part of the contract. But I only want to learn one percent." Or, "I only want to learn one-half of

one percent.” And so the lessons that would be then presented by the Universe would be that one half of one percent.

Now understand, that one half of one percent chosen when leaving The Universal Consciousness, can be spread out over all of the sojourns needed to complete their earth plane experience. So there may be some lifetimes in which there would be infinitesimal amounts to learn of Patience. No entity is allowed to take the full percentage that they have chosen into one lifetime ~ we have discussed this in Public Session.

So, regardless of whether an entity takes one hundred percent of the total or one tenth of one percent of the total, it must be spread out through all of the lifetimes. And the one tenth of one percent becomes one hundred percent of the percentage for that particular entity. So what you then find is an entity who has taken a large percentage of Patience and another who has taken a very small percentage of Patience. And yet, perceptually to each entity, it is as dramatic for the one hundred percent person as it is for the one tenth of one percent person.

But, in the Soul memory of each of you, is the knowledge of the percentage that you have taken on versus someone else. And therein lies part of the fun of the game. For we say to each of you ~ The Universal Consciousness tells us ~ you must not judge what another does. You must not say, “I am better than you because I have taken on more to learn than you have.”

That is on one hand ~ or one wing. ☺ ☺ On the other hand, you are told from your Soul, “Ah. I took on fifty percent of the total and this one over here only took on ten percent of the total ~ I know that at a soul level ~ now my test at soul level is to not flaunt that,” for the consciousness of the Universe will immediately go into the Soul and say, “Aha. You think you are better because you have taken on more. Well, let us show you what it means to have taken on more.”

And so there is this misperception that the Soul is some utopic energy field, that it can do no wrong. Well, if the Soul could do no wrong then it would be back in The One. ☺ ☺ Conscious Self thinks that this is some perfect energy field of Self ~ the Soul ~ it is not. All that has been said about the Soul is that it contains all the knowledge needed for Self to act outside of The One. It does not say that Soul is perfect. It does not say that Soul always acts in the right way ~ simply that Soul has the larger view than concrete. It does not mean that Soul has the larger view. Period. For it does not.

Soul has the connection to The Universal Consciousness, but many times it chooses not to use that connection. So there is a battle that exists at soul level with other souls. That is why you find yourselves either out of balance or in complete balance at concrete. You are simply physically representing Self at all levels. And so, the storage, the knowledge of the percentage you have taken on of Patience, is right up there at soul level.

So what you learn when you go into your meditations about what you have to know about Patience is very valuable ~ but also to understand that the Soul is also learning its lessons at the Soul level with other souls at the Soul level. And when it does learn those lessons, it filters it through.

So, concrete gets the residual, gets the physical representation of an issue that needs to be worked through. Once you get it at the concrete level, it has been resolved at the Soul level. It has been resolved at all the other levels, concrete being considered the lowest point of contact in the Self ~ wherever you are in concrete ~ whatever dimension you happen to be in. So, it is a neverending process and there is no Universal definition to Patience ~ just because of that percentage component. That is true of all the issues that you take on. That is why there is so much variation among all of you and why there is so much imbalance. It is deliberately set up that way. You ~ each of you ~ do it.

Some of you have very high levels of Patience and yet you can be going along feeling quite good about how patient you are and you meet someone ~ you have not met this person yet ~ it is the first time meeting them on the earth plane, or so you think. And, ooh, a little button is pushed. Suddenly, you find yourself with this feeling of not having Patience with this person. They say something and you snap back at them, or you say, "Oh. What do you know? You do not know what you are talking about." And all this time you had been going along thinking how patient you were, "Oh, I have really fine-tuned my levels of Patience."

You see, that is a typical game that is played with energies. As soon as you say, "Ah. I have done it. I am perfect now when it comes to Patience. I have really worked hard at this, too, and I deserve this feeling of feeling good about being patient." Well, that may very well be. So we will test you. We will send someone along who can test your Patience. And sometimes you pass the test ~ sometimes you do not pass the test. And each time that you pass the test, however, the ante goes up in terms of being tested. So, at that particular level of Patience you pass the test.

Oh, indeed, now let us plug in more of that percentage, for the percentage is never completely achieved until it is time to return to The One. And so it continues. And then, at some point in the particular life, you may actually have reached that level of percentage that you chose to take on, and you will be periodically tested to make certain that you have maintained that understanding. That is all part of the game that we all play. It is for all of us.

The Angelics ~ we are tested on a regular basis for our Patience, for our Tolerance. No energy escapes it, regardless of where they are, regardless of their levels of understanding. We are all subject to periodic testing, and you can trust us in this. If you can trust anything an Archangel says, there will always be an energy who presents itself to you that will test your Patience. And you may perceive, even at soul level, that this is an energy you have something to balance with ~ you may not. You may not have

anything to balance with a particular energy, but we can pretend ~ we can make it look like you do.

So, in understanding then that the Universe can present any illusion it so chooses, keeps us on our toes, if you will. The objective of this is to never become complacent ~ never become arrogant in thinking that you have achieved what you have achieved to its ultimate. The issue of Patience is always a good one to use from the Universal perspective because Patience is underlying to all of the issues.

I understand that we play with percentages, that says one soul makes the commitment to go to fifty percent and the other decides to take one tenth of one percent, and then they both make it one hundred percent. But, wouldn't you say that the person who chooses the fifty percent has to go, in a lifetime, through much more intensive testing than the person who just took one-tenth of one percent? So, when these people are together, we would say it is an unfair battle because one just took a little, and the other one wants to accomplish much more. So how does it result ~ the other one who just took the small percentage has to suffer because the other one wants to accomplish much more? So it is an unfair battle.

You must understand that, from a Universal planning perspective, all the lessons eventually equal out. So that, one entity may take ten percent of Patience ~ another entity may take fifty percent of Patience. Those two entities, then, if you were to plot in a grid form, perhaps, the percentages of their lessons, you may find that the one who took on fifty percent of Patience ~ when it comes to Tolerance took on ten percent ~ and the one who took on ten percent of Patience took on fifty percent of Tolerance ~ so that, in the total package, there is balance in what the entities have taken on.

However, remember that not all entities have to take on the same lessons, nor do they have to take the same number of lessons. But what they do need to take on is what we call the proportional balancing percentagewise and that comes at a higher level of planning, and the Soul gets involved in that ~ so that there is not an unfair advantage when it comes to the battlefield in totality. But yes, most certainly there would be unfair advantage at the minute level when you are incarnated in a particular life and one may have testing and achieved a higher understanding of Patience, and another is just starting their travel with Patience.

This goes to the Cycle of Learning that we have discussed ~ the four phases in which one goes through the learning of their lessons. You go in first and you have no one to help you. That is all part of it. Then you get through that and you are allowed to have some help and begin to learn how it feels to have help and understand that. In the third phase, you are now helping to help those who will help. And then in the fourth phase, you are coming out of The Cycle and you are teaching those who will help those who will help.

And so it is much more complex than you would try to make it and yet, it is very simple. It all works out in a sense of balance. And yet, there would be no fun if you all had the same advantage in any given lifetime. That is what each entity ~ each of us as energies ~ has established as the rules outside of The Universal Consciousness. It was not established

by some arbitrary force that says, "All right, I am the head here. I am the commander in chief, and this is what you will do." That is simply not the way in which it was done. It was established by every one of you ~ the rules ~ and then you gave over to those who would manage, if you will, the Universe, to make certain that everybody played by the rules.

So, playing by the rules means that there is an unfair advantage and your job ~ each of our jobs ~ is to level the playing field eventually ~ make it fair. For, if it was fair, then there would be no imbalance and there would be nothing to do. And we would go back to The One and be bored, like we have said before, and come up with a new scheme, and come out and do something else. So, it is all right that it is an unfair advantage.

However, IT IS NOT ALL RIGHT TO SAY THAT IS ALL RIGHT THAT IT IS AN UNFAIR ADVANTAGE ~ we go back to that basic premise that we have introduced in this gathering. It is all right to be impatient ~ it is all right to be intolerant ~ it is all right to be any of these things that are out of balance. But it is not all right to say that it is all right. Once you do, then you get a double whammy of testing, "I do not care if I am judgemental. I know I am being judgemental. It is all right." Say that and something will come along to add to the issue of working through that. Rather, say, "Oh. I am being judgemental. Help me here not to be judgemental. Oh. I am so impatient with this person. Help me to not be impatient. I know I am being impatient. I do not like being impatient."

It does not mean that suddenly you will have Patience where you had impatience. It simply means that you have acknowledged that you are impatient and you do not want to be impatient with that particular energy form and you want to achieve a higher level of understanding. And each time it comes back and tests you with that particular entity, say the same thing, "I know I have been impatient. Once again I have been impatient. Help me with this."

It is not all right to say, "Oh, I am impatient once again ~ big deal." What you simply say, and this keeps feeding back into the Universe and into all of the Collective Soul memories, is that you are working on being patient, "But be patient with us, it will take time." Universal Consciousness has the ultimate Patience. If it did not, it would have closed down this operation a long time ago. ☺ ☺

What other questions or concerns might you have of issues of Patience that you deal with?

It appears that we are given Patience as an example to work on, and that it takes on a life of its own ~ that there's all kinds of spokes that come out of it and we have to finish it ~ get to the full circle before that lesson is acceptable, and then on to the next one. That is how it seems to work.

Generally, however, the lessons work simultaneously with each other. They may have different percentages of their usage within an incarnation, but generally, one lesson is not taken on and worked through and then another lesson taken on and worked through ~

they work in conjunction with each other. Some, in fact, work very nicely in conjunction with each other for learning.

And, as you achieve the levels of understanding, it brings a greater harmony within Self and it then brings in a greater understanding of the lessons to be learned ~ so that, as you are describing it, it feels as if you are simply concentrating in one area and then going into another. What you are actually feeling is when you reach that particular point of understanding, it is working in such harmony that you do not see it as disconnected ~ you see everything as working as one in a circle. But it takes many lifetimes and much work to reach that point where you understand that each lesson is not in and of itself, but rather, is working in conjunction with each other.

How does Unconditional Love connect in with Patience? I find myself sometimes giving over a situation. I will ask the highest beings that I can imagine to love this person through me when I am in a frustrating situation ~ but, at a certain point, I realize that I am maybe becoming depleted. It is hard for me to make that balance between still extending but not falling over. I was just wondering if you had any suggestions. I am not sure what my question is, but perhaps it is about being present but not being a doormat.

Oh, yes. This is always the issue ~ how far do you go in being of service versus being imposed upon by another? This is always the fine line that each entity must determine themselves to walk. When you begin to feel yourself being depleted, then that is your signal that you have crossed the line and to get back over the line as quickly as you can.

Certainly calling upon those around you in spirit to help you is a start. The ultimate goal is that you reach the line and you realize you have reached the line and you do not cross over it ~ but, that takes going over the line. You need to go over the line many times before you know where the line is ~ and it is different for each of you, depending upon what you have come to learn.

Unconditional Love and Patience work very much in conjunction with each other. They are, shall we say, foes of each other in terms of lesson learning. They are deliberately set up. As you begin to learn Unconditional Love, your Patience becomes much greater. And as you become more patient, you become more easily able to give Unconditional Love.

Remember that we said at the beginning of our discussions that it all begins with RESPECT OF SELF AND RESPECT, THEN, OF OTHERS ~ and LOVE OF SELF AND LOVE OF OTHERS ~ our GUIDELINES FOR GROWTH. Patience is an underpinning of that and, therefore, as you become more unconditional in your love, you become more patient. But you must cross that line before you can achieve that. It is all right to cross over the line. But, IT IS NOT ALL RIGHT TO SAY THAT IT IS ALL RIGHT TO CROSS OVER THE LINE. ☺ ☺

How do you connect Patience with Tolerance? I am sure you explained this in Public Sessions, and I am sure you are patient enough to repeat that again. ☺ ☺ For me, I feel that you can basically replace one word by the other.

Ah. But they are different.

If we are not patient, we are not tolerant. If we say that something is boring, that is actually not being tolerant. Would you see a difference, though, between the two meanings of the words?

The difference between Tolerance and Patience can be a fine line, but there is a difference. And we would challenge you to go into that which is the dictionary and to see what that fine line is, for there is a difference between Patience and Tolerance. Sometimes, they are used synonymously, but incorrectly it is synonymous. They are of equal importance in terms of eventually learning RESPECT OF SELF, for each of the lessons that you take on are deemed appropriate to learn RESPECT OF SELF, so that everything else follows.

Now, you can be patient, but not tolerant. You cannot be tolerant without being patient. That we will give you. Now it is up to you to seek the fine line. You understand?

Yes.

It might be an interesting exercise for all of you. Believe us, we have not finished in any way our discussion of any of the issues that you come in to learn ~ Patience, Tolerance, Respect, Conditional Love, Unconditional Love. We are just at the beginning of our Second Phase. We have four phases to go here, two more after this one. We have much time, as you measure it on the plane, to discuss it, and we give you the information in stages so that it becomes easier to digest as it is disseminated to larger audiences.

So, you remember what we gave you as the difference, my son?

I have to think about what this means now on the way home.

You simply need to get a dictionary. What did we say is the main difference? Repeat it.

You can be patient without Tolerance, but you cannot be tolerant without Patience.

Is that correct? (Waith addresses the rest of the group)

Yes.

Ah. Good. 😊 😊

Very good. What other questions would you want to raise for this topic?

I find that I need an example sometimes. I mean, I use an example when I feel that I am not being as patient as I would like to be. So I look at my guide and say, "There is a patient person," and try to emulate, or think, "What would he do in that situation, and how would he handle it?" Left to my own devices, this is how I would do it, but I do not want to do that.

And that is appropriate. It is appropriate, also, to be asking The Angelic or the guide to give you a symbol, an example, by which you might take some guidance. It is, however, a fine line that you would walk, as we always caution, that you try to be like someone else, for you do not know what other situations are brought into the way they behave. It is appropriate to learn from another. All of us teach and learn. Just be most careful that you do not try to become as another. But certainly to use the examples.

And if you seek an example through the light, it makes it much more appropriate. If you simply throw out to the Universe without any kind of light around it ~ you want an example of how to behave in this situation ~ you may get an example, and it may come from a dark source. It may package itself as the light ~ always challenge anything that comes before you if you are not certain. Remember, the dark can only sustain its light image in a very short term, and immediately, if it is challenged, it dissolves. The light is able to maintain long term challenges.

When I am faced with an issue and think, "Oh, this is now a lesson of Patience," for example, and want to work very hard to be patient, then all of a sudden feel depleted and realize it is another issue that is behind the lesson that I am supposed to learn. Is the feeling of depletion mostly an indication that there is another issue to look at?

Remember, first and foremost, that when you feel a sense of depletion, you have crossed over some line in your own energy field, whether it was allowing another to drain all of your energy from you, or whether you worked on the issue that was not what you thought you were working on ~ or any other number of things. The depletion means that some line within your own energy field has been crossed over. You may immediately know what that is. You may have an immediate message from some level of Self that says, "Oh, I know what that is all about."

There may be situations where you do not know immediately, at least at concrete, and you need to go into your higher levels to try to determine that. An important component, however, is to replenish your energy. It is not a good idea to try and learn what it was that you did in crossing the line before you have replenished your energies. Do not do that in a depleted manner. Sometimes, it means simply to sleep, or simply to get out of the environment in which you found yourself feeling depleted so that no more depletion occurs. Get away from the entities who you feel are contributing to that, whether they are draining you specifically or whether they are involved in the issues that you are attempting to deal with, and therefore are depleted because you are battling with something that is not what you think you are battling with.

It is appropriate to be depleted. It is NOT appropriate, however, to say that is all right to be depleted. 😊 😊

Thank you.

It is time for us to begin bringing closure to our gathering with you. We are going to have Farena return, for she opened the gathering with fluffiness. She will close the gathering with her own unique fluffing to bring you out of the energy field that you now find yourselves in. And then we will return and close the energy and give you our parting energy. So she will do whatever she will do when she enters in. We will return.

Farena: Hi again. Hi. Hi. Say, Hi. Wiggle, wiggle, wiggle. Fluffy. Fluffy. Fluffy. Fluffy. Fluffy. Fluffy. Fluffy. Fluffy. Fluffy. Fluffy. Hi. Hi.

Hi. Hi. Hi.

Farena: Our job has always been to come in and clean up the mess after Waith talks sometimes so seriously. 😊 😊

Somebody has to do it.

Farena: Somebody has to do it, and that is me. 😊 😊 Patience. We all have to deal with Patience. So what.

You are not supposed to say that.

Farena: And it is all right to say, "So what." But it is not all right to say it is all right to say so what. So, it is NOT all right. It is NOT all right, but it is all right. 😊 😊

That was real clear.

Farena: That is my job. Maybe I can make a poem out of it. I can have a new poem published.

Just remember, that the main message from Waith and Company is TAKE WHAT YOU DO SERIOUSLY, BUT DO NOT TAKE YOURSELVES SERIOUSLY ~ and you have eternity to do it. So just do the best that you can and be as happy as you can while you are doing it. And do not be so serious, and yet, be serious. And we are all loved by each other.

Thank you.

You really lifted our spirits.

Farena: That was our intent. Bye.

Bye.

Farena: Exaggerate the fluffiness. Remember ~ exaggerate the fluffiness. Ta-ta-ta-ta-ta-ta. Bye. We love you all.

We love you, too.

Waith: Well, now then, let us give closure to this gathering by smoothing out the fluffiness of Farena and merging it with The Healing of Self. You can take that Healing of Self and simply call upon Jacques in your meditations. He need not be here physically to give you that. That is something that is part of what comes with Waith and Company ~ to simply call upon Jacques, and green, and the energy will be there as you attempt to go into that meditation.

We are with you all through all of your journey. You need only call upon us. It is as simple as that. You need call upon your Angelic Protector, your spirit guides. All you need to say is, "Yoo-hoo, Spirit guides. Yoo-hoo, Angelic Protector. Yoo-hoo, Waith. Yoo-hoo, Jacques. Yoo-hoo, Farena." Yoo-hoo, any of them. Boopsie, Teetee, Francis, Jenjura. Did I leave anyone out? 😊 😊

Call upon them all. Call upon all who you can gather around you. Call upon Amelius. It is everybody's job to respond to everybody else ~ remember that.

BE PATIENT WITH YOURSELVES ~ first and foremost ~ BE PATIENT WITH YOURSELVES.

We send you all the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Farewell.