

# *Waith Class Transcripts*

**NOVEMBER 23, 1997**



*~ A NOTE FOR THE READER ~*

*Waith's words appear in this font style.*

*If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally*

*By Waith*

*Through Mushiba*

*Waith Institute for Spiritual Leadership*

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**NOVEMBER 23, 1997**

THE SEARCH FOR SELF ~ THE COMMUNITY OF SELF, WORKSHOP

*Waith: We bring to you all the highest of the white light. The blessings to all of you.*

**Thank you.**

*And do give us the blessings also.*

**Blessings to you!**

*Indeed. We like to have blessings given to us, also. We bring this particular point to your attention for this specific gathering because it is regarding THE COMMUNITY OF SELF ~ and our discussion of the integration of all energies within each kingdom and the necessity of understanding the interconnectedness that all energy forms have, regardless of the particular encasement they would find themselves in.*

*There are infinite numbers of kingdoms. You know of The Human Kingdom, The Animal Kingdom, The Mineral Kingdom ~ the more commonly known of the kingdoms. Those are very defined and specific kingdoms that, on the earth plane now, you have come to know and to interact with so very often. What you need to bring into your consciousness is that all encasement ~ that which is a physical component to house energy ~ makes up a kingdom. There are, therefore, many kingdoms of which you are vaguely aware that exist ~ for you may not have actual interaction with the kingdom itself. There are subkingdoms within every kingdom ~ which we will discuss.*

*Francis will be giving you information ~ along with my information ~ in this particular gathering. Francis will be entering in and start you off with a smoothing out meditation to help you to become more attuned to the concept of THE COMMUNITY OF SELF.*

*THE COMMUNITY OF SELF ~ as you will read in the information that we provided some time ago, that you now have in your little paws, as you would call it ~ is for you to use as a reinforcement of what we will give you in this gathering. We will be discussing the concept known as The Energy Circle in this gathering. The information that we have given regarding The Energy Circle is attached to this written information that you have now.*

*What we would want you to do for the future workshops ~ as we would call them ~ is to listen to our words in this gathering and then to take that information and read what you have for the written word, rather than the other way around. We have deliberately chosen that particular process so that you would listen to our words first, and then you would read the information that we have. This process will change as we develop new*

*levels of understanding for each of you for certifications. At the Initiator Level it is important to feel the essence of the information and then to have that information in written form as a reinforcement. There is a very particular technique that Francis gave that is in the written form that you would find to be more appropriate and more valuable for you to use after you have participated in this gathering ~ and those who will hear these tapes in the future would follow this same process of listening and then reading.*

*Let us lighten you up a bit before we begin, for we understand that when energies in the human encasements, especially, come together for what they perceive to be a learning experience, there can be a sense of tension within the energy field that ~ "Oh, I must pay attention and I must learn and I must make certain that I get the most out of this." This is a typical response to the understanding of information, especially coming into an environment where you have placed the expectation on Self that you must learn something from this. We do not place that type of expectation on those who come to hear our words. We are a facilitator ~ we are a provider of information. The learning of information comes from within.*

*We do not place expectations upon any who would seek us for their own knowledge. Rather, the learning that you would find yourselves bringing into Self comes from within Self. If you take nothing from this gathering and the listening of this information, it will not be of any significance in the scheme of things. However, it is quite impossible to gather with others in the various kingdoms without taking something from this. If all you do is take food that Heavenly Edibles has provided, you have taken something ~ you have received something. You have participated in an exchange of energy, for the consumption of food is an exchanging of energy and a service of the kingdoms that are involved in that which is food.*

*So, please, my loved ones, lighten yourselves! And, indeed, these papers that were handed to you that contain our written word ~ place them aside. Unless you feel you want to write down notes, to simply hold the papers in your hands will not give you the knowledge ~ you must actually read and absorb. However, to hold onto those pieces of paper while you listen to us through osmosis will not bring you that which you need. However, we are always encouraging to entities to write out as we are speaking ~ that is an appropriate thing if any of you choose to do that.*

*So, we will fix the energy a bit. This is a blockade of energy. You might want to move this to another spot. (Waith refers to a meditation pillow) This enables a smooth flow of energy. It is interesting how entities often do not recognize how the flow can be disrupted by something as simple as a pillow that is placed in front when there is a circle that is being attempted.*

*We will dislodge you for a moment ~ not to interrupt with the consumption of the food, but just for a moment ~ so that we can bring about energy fluffiness. All please stand. If you are listening to this tape, stand. Move your arms as if you were an airplane*

*with wings and you were flying in whatever way you want to ~ move your legs and move your bodies so that you are flying, however you want to do this ~ feel yourself flying ~ you are participating with another energy kingdom ~ for the air that you breathe is a kingdom and you are a part of that kingdom ~ that kingdom is assisting you in this activity ~ go to each other and hug each other. If you are alone listening to this tape, hug yourself.*

*Go and mingle and hug.*

*Much better energy. Please, be comfortable now, whatever way you want ~ within earth plane reason. Much better ~ much better. Our energy field enjoys having a bit of the touching, fluffing, as you would call it (Waith received several hugs) ~ always appropriate, and most critical in the discussion of THE SEARCH FOR SELF within THE COMMUNITY OF SELF.*

*It is impossible to exist alone ~ it is an impossibility. As much as you might say, "I am alone ~ I have no one," it simply is an impossibility. The existence of the human encasement requires, for example, that other kingdoms interact to help that encasement to exist. So, you have all of these other energies who have taken on different kinds of encasements that form what we call THE COMMUNITY OF SELF.*

*Encasement in physical form is not exactly what it appears when first spoken, for many entities ~ especially of the human variety ~ would think that of physical form means something like the human encasement that you can visualize, you can see, you can feel ~ The Mineral Kingdom that you can visualize, you can feel ~ The Animal Kingdom that you can visualize, you can feel.*

*Understand that physical encasement means physical in its particular dimension. So, you are physical ~ as an encasement ~ in this dimension. That is what we refer to as your root dimension, where you are rooted for your journey on the earth plane. When you move into another dimension, your physical encasement that is here ~ concrete ~ is abstract in another dimension to the perspective of those in that dimension. So, then, the kingdom of air is in a different dimension for its existence ~ and it is physical in its dimension. It is concrete in its dimension, even though to you it appears to be nonexistent ~ you cannot see it, but nonetheless, it exists.*

*The air allows you to breathe. The breath is a kingdom that cannot exist without the air. Your encasement cannot exist without the breath and without the air. However, also understand that if air had nothing that was breathing it, it would not exist. So in order for air to exist and serve its purpose, it must have energy that breathes it ~ this is the whole purpose of it.*

*Frank ~ we will call him Frank for he has really come to respond to that name in his time with us, even though Francis is the formal name. It is difficult to be formal in the*

*Waith and Company environment ~ especially with some particular members of Waith and Company not allowing too much seriousness to permeate within the field. Frank will enter in and present some information and a particular meditation for you. We will discuss some other particular concepts later on in our gathering.*

*So we will see you in a bit. Greet, then, Francis.*

*Francis: The Blessings to you.*

**The blessings to you, too, Francis.**

*Francis: And also to you! ☺ ☺ THE COMMUNITY OF SELF. As you sit here in this gathering ~ and for those who listen to this discussion, who are not here physically ~ you find yourselves surrounded, and a part of, thousands of kingdoms. There are not just hundreds of kingdoms, but thousands of kingdoms. Everything that exists depends upon many other kingdoms for its existence. We cannot exist in and of ourselves. Our energy must have an encasement outside of The Universal Consciousness.*

*Energy does not exist without an encasement ~ contrary to popular belief. Energy, when it is outside of The Universal Consciousness, requires an encasement. Indeed, energy is an encasement of itself. This is a difficult concept for many to grasp, for they think that, "Ah, to be pure energy would be to be free." To be free, ultimately, means nonexistence ~ return into The Universal Consciousness.*

*The ability to be free means that you do not acknowledge that anything can control you. It does not mean, however, that you are not dependent upon many other energies. It just means that you have developed the sense of autonomy within Self but that you acknowledge the interconnections you have with many thousands of energies ~ that ultimately you are not controlled by anything outside of Self.*

*To reach that particular point in your path where you accept the totality of your position with other energies and, at the same time, understand that you are completely in control, takes much time and effort in your path. When you reach that moment in your path, you feel the sense of release. And, when you reach that point in your path, and that sense of release, higher levels of testing will then come in to retest you in your understandings of this concept. You then have a new level of testing of your understanding of your totality and your individuality. When you have learned that level of lesson and you sit, very arrogantly saying, "Ah! I have learned now ~ I have reached the ultimate understanding in totality versus individuality," another level comes in to test your understandings at a higher awareness level.*

*While we are each outside of The Universal Consciousness, there will be, then, levels upon levels upon levels of understanding to be tested. None of us outside of The Universal Consciousness achieve perfection in our understanding ~ it simply does not*

*happen. Total perfection of understanding occurs instantaneously upon return into The Universal Consciousness. Thus, we are all imperfect ~ that is the way it was designed to be. The journey is to reach higher levels of perfection. So, while one of you may appear to be perfect to another entity, who sees you as being able to understand everything, you are not perfect to another higher level.*

*We achieve levels of perfection that the lower levels of understanding perceive us to be perfect. We would look at a higher level and see that understanding as achieving perfection based upon our own understandings. We stand, then, in the middle. One level above us sees us as less than perfect and we see that level as perfect. And we look to lower levels of understanding, from us, and we see those levels as not perfect. Yet, all lower levels are higher levels to some other level. There is no lowest level ~ it is a circle.*

*The theme throughout the discussions of THE SEARCH FOR SELF-revolve around the circle ~ revolve around that which has no beginning and has no end. In actuality, it is a spiral, with The Universal Consciousness being this ultimate circle filled in. (See Illustration A at the end of this transcript) In our search for understanding we are going around and around. We have come out of The Universal Consciousness and we are in a spiral ~ we are in a circle. Eventually, that spiral is a circle in and of itself, which is a circle in and of itself ~ there is no beginning, there is no end to the understanding.*

*You each have come out of The Universal Consciousness with complete and absolute understanding of everything. And yet, upon entry out of that Universal Consciousness, amnesia develops ~ this is the way. All of that knowledge is placed into what we often refer to as The Toy Box. You bring out that which you want to relearn ~ for you have already learned it ~ you already know it. But now you are going to learn it in a new way ~ a way different from the last time you came out of The Universal Consciousness ~ went back in ~ stayed for a while ~ came out ~ went back in ~ stayed for a while ~ came out. This is a neverending process ~ you do not do this just once. We all do this infinite numbers of times.*

*When we come out of The Universal Consciousness, we form an Energy Circle with a whole group of other energies that are meant to bring us along in our journey ~ for us to interact with and to form alliances and to have very specific kingdoms that we determine we are going to enter into. The Energy Circle is the ultimate community for each entity. You each, then, are part of a larger Energy Circle of energy kingdoms ~ and each of you has chosen different kingdoms that you want to play in when you come out of The Universal Consciousness. You have determined what levels of understanding you will be looking to achieve.*

*You will have different levels of understanding that you want to achieve that will be different from some other energy who you meet up with. Since you are in The Human Kingdom now, you are all finding yourselves with different levels of understanding. It does not make any one of us better or lesser than another ~ simply different levels of*

*understanding. In the scheme of The Universal Consciousness, each energy has a very high level of understanding in at least one area.*

*Each of you has something that you are very, very, very good at. You work on this throughout the many lives that you take on. Some take on many different areas that they want to become very, very good at. When an entity does that, it means that they have many more lives to live ~ for example, on the earth plane ~ than one who would choose to have only one area that they were very, very good at.*

*This all connects to the development of The Energy Circle, for The Energy Circle ~ and each of those in it ~ takes on the highest level of achievement that its membership has decided to go after. Generally, the entities in an Energy Circle want each of the others in the circle to be working toward those same number of levels of high achievement, so that there is an ability to finish the journey pretty much at the same time ~ as opposed to having to sit around waiting for a particular entity to finish all their levels of understanding.*

*Let us look at this particular circle and where you are within this circle. (See Illustration B at the end of this transcript) You, in this circle, are in the middle and so is everyone else in your Energy Circle. You are the middle of your own circle and yet you are making up the circle. You form a particular point on the circle ~ thus it makes up the circle. This is a very linear description for you to understand that you are the middle of your own circle and yet The Energy Circle is formed by the circle that you are the middle of. So, your Energy Circle has its own membership of Circles Of Self that make up the greater Energy Circle. There is, then, The Circle Of Self, which must be developed in conjunction with THE CIRCLE OF COMMUNITY ~ or as we have referred to it, The Energy Circle. We now add in the new descriptive of The Energy Circle ~ it is THE CIRCLE OF COMMUNITY.*

*These two phrases then give to you the perspective of the balance of the totality ~ which is THE CIRCLE OF COMMUNITY ~ versus the individuality ~ which is The Circle Of Self. You are total and you are individual. It may appear to be rather complex to understand ~ but this, then, is the journey within Self. THE SEARCH FOR SELF means that one must first recognize that Self is a part of the greater whole. There is much on the plane now that talks about getting in touch with Self, to the exclusion so often of the impact that Self has upon others ~ not just other humans, but others who are part of the totality, or THE CIRCLE OF COMMUNITY. One must first acknowledge the interconnectedness before one can fully and accurately claim that they are in complete control of Self.*

*We are going to give you a bit of a meditation to help bring you into a sense of this Totality versus Individuality. Thus, we want you to relax, relax, relax your bodies ~ lay down if you feel this is appropriate ~ stretch out your legs ~ feel comfortable.*

*TECHNIQUE ~*

- *Begin by breathing ~ slowly breathe in and breathe out in a way that feels comfortable for you ~ breathing in and breathing out ~ slowly, relaxing the encasement ~ breathing in and breathing out ~ you are relaxing.*
- *Envision the white light surrounding your encasement, starting at your feet ~ you feel the white light moving upward ~ it surrounds your ankles ~ covers your feet ~ surrounds your ankles ~ covers your feet.*
- *It is moving upward ~ feel the white light moving up to your knees ~ feel the warmth of the white light at your knees.*
- *It moves upward again ~ upward ~ upward ~ upward ~ it is covering your entire encasement ~ your fingers tingle from the white light and the warmth that it gives to you ~ it moves upward ~ your shoulders feel the tingling from the white light ~ it feels the warmth of the white light ~ upward, upward.*
- *Feel it surrounding your head, slowly moving around your head ~ giving you softness ~ giving you comfort ~ you are feeling warm and protected.*
- *Call upon your Angelic Protector now ~ “Yoo-hoo! Angelic Protector! ~ come into my environment.”*
- *Call upon your guides now ~ “Come, guides, into my environment ~ all who are designed to guide me, come ~ surround me” ~ call them.*
- *Pretend that you have a string of white light in your fingers ~ it is going to be a neverending string of white light, and it trails behind you as you begin to walk in a circle.*
- *Pretend you are walking in a circle and this string of white light trails behind you and begins to form a spiral of white light energy.*
- *Keep walking around in a circle and the string of white light is forming a spiral and you are the center of the spiral.*
- *You are forming a spiral of Self ~ it is The Circle Of Self.*
- *You hold onto this white light string ~ it is your connection to The Universal Consciousness.*
- *Look into the distance and you see another who is doing the same thing ~ pretend it is an animal and the animal has a spiral of white light ~ it is the center of its own spiral.*
- *Look around you and see other encasements ~ see a crystal that is the center of its own spiral of white light ~ feel yourself a part of each of these entities ~ go to one of them ~ move to that entity and stand beside it.*
- *It is time to call upon the Higher Self for guidance and knowledge ~ to find out who else is in your Energy Circle ~ who else makes up THE CIRCLE OF COMMUNITY for you.*
- *We will return to you. Focus now to learn who else is a part of your Energy Circle.*

*FOCUSING TIME ~*



- *It is time to begin to return from the journey.*
- *Thank your Higher Self for the guidance and the information.*
- *Thank the other members of your Energy Circle for revealing themselves to you ~ embrace the others in your Energy Circle.*
- *Slowly, begin to return into the concrete dimension, bringing your Angelic Protector and your guides along with you.*
- *Return slowly ~ feeling the white light surrounding you ~ feeling the warmth and the protection.*
- *You are returning into the concrete dimension.*
- *Slowly, return and open your eyes as you become rooted once again in the concrete dimension.*
- *Slowly return ~ returning ~ returning ~ returned.*
- *All have returned ~ breathe deeply now.*

*This is a technique that you can use anytime for any amount of time. We have given you the technique ~ it is a rather abbreviated meditation. But the concept is that you envision yourself forming your own spiral. And the goal is to go into a meditation where you are specifically seeking the knowledge of who else is in your Energy Circle. This is a specific technique ~ not something that you would just have happen as you went into a general type of meditation. This is a very specific technique.*

*For many of you it will take the lifetime to come to recognize even one in your Energy Circle. For others of you, you may have already recognized energies in your Energy Circle. For some of you it is the beginning of that journey and you may recognize one or two or three energies in your Energy Circle. It is not the issue of how many or even IF you come to recognize those who are in your Energy Circle. The issue is that you acknowledge that you are part of a totality ~ you are a part of THE CIRCLE OF COMMUNITY ~ and at the same time you are The Circle Of Self. You cannot be part of a circle unless you are part of Self. You cannot be part of Self alone. It works in absolute harmony at the highest of levels.*

*Of course, the fun all comes in the disharmony that exists in a group of energies in a circle trying to all get along. The concept at the highest is, "Ah, we have all formed this wonderful circle ~ it is an Energy Circle and we are all in this together." And you are, for you have all chosen each other to take the journey outside of The Universal Consciousness ~ not just on the earth plane, but in other dimensions, in other training grounds. But just as you may not always see eye to eye, as you would say, with your family members or your group of friends ~ you may have other views of the world around you ~ so too does this exist with your Energy Circle.*

*This is the part of the journey that is so exciting, for each of you has your own Energy Circle. When you come together with others, they each have their own Energy Circle. So, everyone in this gathering brings in their own Energy Circle ~ that is why we are never*

*alone. We always have our Energy Circle, at a minimum, around us, even if we were to discard the fact that we must exist with other kingdoms to exist ~ to simply exist. We then add in this next layer of existence ~ this wonderful Energy Circle.*

*Would any of you like to share what occurred when you did this meditation?*

**I got dizzy ~ at first.**

*Francis: And this is different from your normal behavior? 😊 😊*

**I just felt dizzy while I was making that circle with my light. Then after I stopped, I had rushes of bright, bright purple. Then when the purple all stopped, some different kingdoms showed up ~ a few different things. I wonder why I'm so attracted to these birds, I wonder why I'm attracted to different things. I've just been wondering that this week. They showed up, of course, from the circle. That was it.**

*Francis: That was very insightful for you, my love. Imagine now as you do this technique again when you have more time and in your own environment, how you can perhaps learn more. If you are able to see one, then you will be able to see others.*

**I have a feeling it might get pretty crowded.**

*Francis: Oh, indeed. Energy Circles can be very crowded! All of them may want to give input at the same time ~ voice their own opinions at the same time.*

*Is there anyone else who has a sharing of the experience?*

**I have a question about what is on the board. The Circle of Self ~ does that refer to this larger circle or the little one on the top?**

*Francis: The Circle Of Self refers to the circle that is in the middle of the larger circle. THE CIRCLE OF COMMUNITY is the larger circle, which is made up of The Circles Of Self.*

**And does The Circle Of Self look like that ~ with the spiral?**

*Francis: Yes, it does. That is the neverending spiral that is, in actuality, a circle ~ and a circle is a neverending spiral. So they are one in the same. It is a crude attempt at an earth plane level ~ which sees only linear ~ to bring in something that is nonlinear, in actuality. So this is one dimensional in its representation, showing a beginning and an end type of situation. But that is the connection and the way they superimpose upon each other.*

*Any other comments about what you experienced in this meditation?*

When I started making my spiral, I started off going in a counterclockwise direction. But that is not the way we are supposed to do this meditation.

*Francis: That is all right. There is no right way or wrong way for anything. The way is what you have determined for Self is appropriate. There is no rule book in The Universal Consciousness that says your spiral must go in a particular direction. But it is an appropriate question to be asking, especially if this is something new to you as a concept ~ to be making your own spiral. Understand that we have drawn it in a particular way, for that was the way that we drew it ~ it does not mean it is the definitive way of drawing it and that must be the way that it is.*

I found it very deeply calming when we were surrounding ourselves with the white light ~ that was very, very profound and peaceful. The beams that shot out, some of them surprised me and some of them didn't. Some of them were as familiar to me as my thoughts all day long, and some of them felt like, oh, I never thought of being connected to that particular being on an Energy Circle level.

*Francis: Indeed ~ insightful for you, also, my love. Being in an Energy Circle has its ups and downs, and indeed, that is perhaps an appropriate way to describe what happens to an Energy Circle ~ it has its ups and downs. An Energy Circle that is in complete harmony within itself looks, at a linear level, like you would see a circle ~ all is nice and round and smooth. Everything is very appropriate.*

*However, this never happens. This occurs upon return to The Universal Consciousness in that instantaneous moment when it no longer matters, anyway, whether your circle is smooth or not. The journey outside of The Universal Consciousness is a bumpy ride and therefore there are the ups and the downs. Those in The Energy Circle sometimes will be feeling smooth, but the one next to them is not, so there will then occur the ups and the downs ~ placed into a circular motion.*

*So there is always the sense of taking a deep breath, crashing and moving up and moving down, especially when it relates to the member on both sides of you ~ as best as we can describe it in terms of a concreteness. Whoever is on each side of you in a circle affects the way in which you feel.*

*We are going to show you a bit as an experiment. We would want you to come into the center part here and form a circle ~ stand and form a circle and hold hands. Will begin with (Name given) ~ she is closest to me. Squeeze the hand that holds your right hand. Now, my love, you squeeze the hand that holds your right hand. (Referring to the person on the right) Go around after each has been squeezed and squeeze the one on your right ~ go around, around, around, and we are back here. How did that feel?*

**Comfy.**

*Francis: Nice and comfy. You are all in a flow, and would that not be lovely if every time there was the attempt to squeeze, it was done, and it was done in a flow ~ it went around just like it just did.*

*This is how it feels in a different way. I am going to give each of you a number. My love, you are number one. Then we go around and count. (Each in the circle counts their number in order) As I say a number, the person who has that number squeeze a hand. I am not going to say the right or the left, but simply squeeze a hand ~ number eight ~ number four ~ number seven ~ number ten ~ number six ~ number one ~ number five ~ number eight ~ number ten ~ number one ~ number three ~ number four ~ number nine ~ number six ~ number eight ~ number seven. How does that feel?*

**Boring over here!** 😊 😊

*Francis: Not as much activity going on over there.*

**You didn't call number two!**

**Not as comforting.**

*Francis: It was not as predictable so it was not in the flow. It was not as comfortable because you were anticipating who was going to be called next ~ if indeed you would squeeze the right way. Some of you did not have as much activity because your number was not called as often. Some of you had a little more activity because your number was called more often. As a group, in general, how did it feel to be waiting for your number to be called?*

**Like being on alert.**

*Francis: Tense ~ and yet you were all connected, so some of you were feeling very up ~ for your number was called and you were moving and doing things ~ and some of you felt, "When is my number going to be called ~ why am I not doing as much?" So you felt a bit down ~ up and down ~ tension in the energy group, even though you are all holding hands and you are all connected. There is a sense of anticipation, for even when the number is called, and you know who has the number on each side of you, you are not quite certain which hand is going to be squeezed and what impact that will have upon you. Will it hurt you? If it is your right hand, what do you do? If it is your left hand, what do you do? The unpredictability of the energy group ~ and yet totality of connection and individuality of behavior that then affects the entire Energy Circle.*

*You may resume your seating.*

*So, then, my loves, THE COMMUNITY OF SELF is a much more complicated discussion than what might first appear to be. How many different energy forms would you guess are in this room in which you find yourselves?*

**Billions!**

*Francis: There actually are many billions. The carpet upon which you sit is made up of its own Circle Of Community, for each piece of fiber is a consciousness ~ it is a fiber consciousness, but it is a consciousness. Each of those fibers has its own circle of consciousness and is a part of a larger circle of consciousness. So to say there are billions of energies in this gathering is not to exaggerate. It is the reason why we say we are never alone, for everything ~ animate and inanimate ~ has a consciousness. All consciousness comes out of a larger consciousness. And while it may not be living ~ as you would define living ~ it has a consciousness. Many, many energies coming out of The Universal Consciousness decide that part of their Energy Circle will be energy encasements that have a very different kind of consciousness than what is generally known as LIVING.*

*In fact, it is much more fun to have the journey outside of The Universal Consciousness when you can go into an encasement that is simply consciousness. Think of it. You do not have to make a decision ~ you do not have to worry about the impact your behavior is having upon another. Different encasements bring about, then, different responsibilities to the totality ~ to the community of the circle. So, indeed, your energy in one journey is human and in another journey is a fiber in a carpet. In the next journey you are a Mineral Kingdom member and in the next journey you become a member of The Plant Kingdom ~ you move around. Some energy encasements allow for decision making and actual ~ what is perceived as ~ life and other journeys are simply consciousness.*

**Could this have happened in the past ~ like I've already been in The Mineral Kingdom?**

*Francis: Oh, indeed, yes.*

**So that would make an affiliation with that ~ identifying with that this time around?**

*Francis: Yes. That is exactly the concept of THE CIRCLE OF COMMUNITY. Thus, THE CIRCLE OF COMMUNITY can include what is called unconscious and conscious. Conscious is generally referred to, by those kingdom members who move about and have some type of interaction, as being ALIVE. As you begin to increase in your own awarenesses, that which is perceived as NOT ALIVE or unconscious, takes on a very different perspective. Even though it is not alive by definition of the general consensus, you in your higher understandings know that consciousness, alone, is alive. It may not move about as you know it. It may not grow as you know it. It may not reproduce as you know it. But its consciousness means it is alive ~ it is energy. It functions. It moves.*

*The carpet upon which you sit is a consciousness and it has very deliberately formed itself to be of service to other consciousness. You sit upon carpet. Other energy forms in other dimensions sit upon the human energy ~ you do not feel it ~ it is not painful. You are being of service in a different dimension. The carpet does not feel it ~ it does not hurt. It is the journey. So, all levels of understanding are tested for this understanding of consciousness and your ability to look at something and say it has a consciousness.*

*This card on the table here has many consciousness energies. The color that makes up this card is a consciousness. The print and what makes up this print is a consciousness. The paper and what it came from and what it is made up of, are several consciousnesses. Each one of the consciousness that makes up this card is part of its own Circle of Community. So there are many CIRCLES OF COMMUNITY that are part of this card ~ this piece of paper. The consciousness that makes up this card is no better or no less than each one of you. It is simply energy that has taken on another form that is different from you and appears to be not living ~ inanimate. But, it is very much alive and contributes to the flow of that which makes up THE CIRCLE OF COMMUNITY that you find yourselves with when you are in the Terra Lux environment, for example.*

*It goes for all of the food. To not eat animal is not necessarily a sign of any high spiritual achievement, for when you eat anything you are eating the encasement that once housed energy ~ whether it is an animal encasement or a vegetable encasement. When you drink water, you are consuming what was once housing energy. Water, once it is consumed, is no longer an encasement and the energy leaves the encasement. It is no different, water than human ~ it houses energy ~ it is of service.*

*So for someone to say to you, "I am much more highly evolved spiritually because I do not eat meat," is simply, from the highest levels of understanding, inaccurate. It matters not what you eat, in terms of spiritual development. What matters in what you eat is how your body, your physical encasement, responds to what you place into it. Some encasements of The Human Kingdom want only certain types of food ingested. That is what it is about ~ not that you achieve some high spiritual awareness because you eat certain foods or you fast at certain times. Fasting is meant to help the physical encasement, not the highest spiritual evolvment.*

*You achieve your own levels of spiritual evolvment each time you are able to respond to the community around you ~ whether it is your encasement or those with whom you share your environment. And you are able to better understand the totality versus the individuality concept. You are very separate and in control but everything you do and say impacts upon the totality. If you do something that makes the totality shudder ~ well, that is part of the journey. You do not always know which hand to squeeze. You do not always know which number will be called and how you will respond.*

*In the example we used in the circle, you each remembered your number. Sometimes the number is called and the entity cannot remember that it is their number and so nothing*

*happens. You certainly experience that in your life. You forget, do you not? ~ “Oh, was that my number ~ oops! ~ Sorry.” And, someone has to remind you. The one next to you says, “That was your number.” Then that creates a ripple effect throughout the entire Energy Circle. They all say, “Couldn’t you even remember your own number?” ☺ It is what happens.*

*We think that it is time for a brief respite so that you may partake of the food and move about a bit ~ we will resume in a bit. Waith will return, and any who might want to chat with Waith are so welcomed to do so. We will bid you adieu for now, and for all who would be listening to this tape, turn it off and take a break.*

*BREAK TIME ~*



*Waith: To further elaborate upon what Frank has just given you as consciousness in the discussion, as you are eating now ~ this marvelous food ~ you are not eating consciousness. You are eating encasements of consciousness. So even if you were to consume what you refer to as the raw food ~ for example, raw animal ~ the animal energy has left its encasement, even if it is at the moment of going into your encasement.*

*There is much elitism on the earth plane, currently, that extends into this ~ what you refer to as hierarchical concept, that The Human Kingdom is at the very top of the ladder and then beneath that is The Animal Kingdom and beneath that is any number of listings of kingdoms. There is not an understanding that there is no hierarchy in The Universe. When we speak of levels of awareness, it is levels within Self of understanding. It is not that you are better than someone else because you have a higher level of understanding. It simply means that you have studied, you have worked, you have had experiences that give you an understanding of a particular concept that you have determined, specifically, to learn for Self. You learn it in conjunction with the others who are in your Energy Circle.*

*THE CIRCLE OF COMMUNITY that Francis has given to you is an elaboration for you in the understanding of The Energy Circle. As a group of energies you have very specifically come out of The Universal Consciousness, formed as a group to work through in your journey on whatever training grounds you have determined to take on. You will, therefore, have levels of understanding about each of those kingdoms that those energies have decided to take on.*

*So, you are each, then, energies and you have taken on a whole range of different kingdoms. You will have, however, a root kingdom. By that we mean that each one of you as an energy says, “My root kingdom will be \_\_\_.” So one will be human ~ one will be mineral ~ one may be fiber. To give definition to kingdoms can be very limiting in this dimension that you find yourselves, but we will, nonetheless, attempt it. There may be wind as a kingdom ~ there may be fire ~ another may be breath ~ another may be*



*bone ~ another may be blood ~ another may be animal ~ and another may be hair. Many of these kingdoms are appropriate frames of reference for you as humans, for many of these make up that which composes the human encasement.*

*So each of you, then, has a root kingdom. In an Energy Circle there can be as many energies as you want. There can be thousands of energies in a particular Energy Circle. If you are the human and you have all these others in your Energy Circle, you all then say to each other, "We will be part of the kingdom that you each have ~ we will eventually go into that kingdom." In order to finish your journey outside of The Universal Consciousness, you must become part of The Mineral Kingdom, you must be part of the fiber kingdom, you must be a hair, you must be an animal, you must be blood, you must be bone, you must be breath, you must be fire, wind ~ and each of the others in your Energy Circle must also go into those kingdoms.*

*There is no order of progression ~ you can go in in whatever order you want. There is no hierarchy here that says one kingdom is better than the other and you must complete one kingdom before you can go into another kingdom ~ there is no rule that says that. However, The Energy Circle determines the order in which it will progress, and that is done as you enter out of The Universal Consciousness ~ that is determined, the order in which each will go.*

*As Francis gave you numbers in that example, each of you would take a number as a member of The Energy Circle. The number then places you in that order of progression. The first point of adventure would be, let us say, hair, and that is given number one. Then, animal is number two, and blood is number three, and it goes accordingly all the way around the circle. So, hair goes out, becomes hair, the energy is hair and everybody else ~ all these other energies ~ take on their particular role. When all have completed their particular journey in that kingdom, they come back into The Energy Circle. The Energy Circle is considered a mini Universal Consciousness.*

*The wind may have finished its journey before the mineral member did, and before anything else can happen, the wind may come back and have to sit around and wait for the mineral to finish and come back in ~ because there is no opening. So the progression through the kingdom for some can take many, many, many lifetimes, for it takes longer to learn the lessons that that particular kingdom has to offer ~ or some kingdoms offer fewer lessons than other kingdoms.*

*It becomes then a matter of simply coming back into The Energy Circle and hanging out and waiting for every other energy to have completed its particular kingdom. Then everybody comes back in and then the hair now moves over into the animal and it moves all the way around so that fiber ~ which is number ten here ~ now moves and becomes hair. This is how it works. You may, in your journey, start out as an energy in the encasement of hair ~ you might not become human until well into the journey. Then you might become mineral because that is next in line. Then you might become a fiber, which is next in line. This is why there is no hierarchical order of progression*



*universally ~ it is an order of progression within an Energy Circle and it is all agreed upon. Sometimes you simply draw straws and say, "Pick a number ~ who's going to be one, two, and three?" And then you determine what your root kingdom is going to be.*

**I think you've answered my question, which was about if everybody draws a number. Is there an overriding consciousness for the whole Energy Circle that helps choreograph?**

*Oh, no, you are on your own! 😊😊 Indeed, there is no such thing as being on your own outside of The Universal Consciousness. Inside the U.C. you do not have a reason to be monitored because everything is harmonious. Understand that when you come out of The Universal Consciousness, you are given an Angelic Protector ~ some of you are given more than one.*

**Tough cases.**

*Tough cases, indeed. Well, you know, it is dependent upon what you have decided you want to take on as an energy. What we have not given you for information here is that this is one Energy Circle that an energy has. When you come out of The Universal Consciousness, you are one energy. If you split ~ which many, many energies do, and you have a twin ~ the twin energy has its own Energy Circle. If you go into threes, you have three very distinct Energy Circles.*

*The more that an energy takes on for its responsibilities, the more guidance it is going to need. If an energy comes out and says, "I want to go into every kingdom that exists," then, first of all, it has to find an Energy Circle where that, too, is going to be prevalent. That means convincing all these other energies that they, too, want to do the same thing ~ this is generally not done. Generally, there is a very specific number of kingdoms and some Energy Circles take on larger numbers of kingdoms and others do not.*

*You are given then an Angelic Protector. You are then immediately assigned guides to help in the formation of the journey of The Energy Circle. These are guides who are specifically trained to help develop the journey, for when coming out of The Universal Consciousness it all looks rather easy ~ "Oh, wouldn't that be fun!" The fine print, as you might call it, is not seen by many energies. Just as you look at television and you see these stories playing out ~ they look fun ~ "Wouldn't that be fun to go and do?"*

*So, the guides are given to you to help you in designing your own path and then coming together with the appropriate energies to form your circle. As you go on your journey ~ and let us say for easier frame of reference, you are in The Human Kingdom ~ you have all kinds of lessons to learn that are going to take many, many, many lifetimes. You have, then, guides who help you along the way ~ you know this from other discussions. These guides are also working in conjunction with the other guides assigned to others in your Energy Circle.*

*The Angelic Protectors are assigned to each energy and they, too, communicate with each other. There is generally, depending on the number of energies in a circle, an overseer of Angelics who would then make certain that the Angelic grouping that is part of The Energy Circle is guided by a higher level of Angelic. So there are fail safe methods of guidance throughout the time outside of The One ~ you are not simply thrown into the pool and expected to start swimming.*

#### **Can we share an Energy Circle with our twin?**

*You can, yes, and that brings in even more interesting implications that we will not go into at this particular point of discussion ~ that will be for the next level of discussions. To understand the basic concept, first and foremost, is an important component. Also, added to this discussion ~ we take it from having a twin ~ we take that you are the separate entity, even though you may have split.*

*From our last workshop in The Webbing Effect, when there was the discussion of lifelines ~ that brings in an entirely different positioning of Energy Circles. The lifelines become intermixed with other members of your Energy Circle, for your Energy Circle compatriot will have a lifeline. Let us say, the wind, who is right next to you in the circle, has a lifeline and you have a lifeline. So you send your lifeline out, and the wind says, "I want to send my lifeline out." And the two of you say, "Why don't we exchange ~ How about if my lifeline interacts with your lifeline ~ so, my lifeline becomes a wind and your lifeline of wind becomes human." It is a way of getting through The Energy Circle faster. It is generally not done until there has been at least two or three kingdom experiences, so that each energy gets a sense of what a kingdom is like and what it means to have kingdom experiences.*

*The purpose of having a lifeline is to speed up the journey. That is what came out of the discussion of The Webbing Effect ~ speed up the journey. It is also very complicated and very complex. This can occur with any number of entities in The Energy Circle, in conjunction with the one next to them ~ at a minimum. Sometimes it can be, "Oh, number three, what would you say?" Or, "I'm number nine ~ I'm a mineral, but I want one of my lifelines to be blood." ~ Interesting implications to the speeding up of a path.*

#### **Of course, then your lifeline forms a personality and wants to do something else.**

*That can be part of the problem. In other discussions that we have given, we have indicated that an energy must complete its kingdom before it can move into another kingdom. So, you as an energy would be human now, in this life. In the next life, you would not come back as a butterfly, for you must complete a kingdom. That is the basic concept and that which gives order to The Universe. However, the eventuality and the ability to do that is inherent in the higher advances of Energy Circle development. So indeed, it would be a lifeline, and you do not know as an energy whether you are the root energy or a lifeline of the root energy ~ and it matters not what you are.*

*So you could be human in this experience, for you are a lifeline, perhaps, of The Mineral Kingdom root. You then have a root that is mineral that is sending you out as a human. When you have finished that particular lifetime ~ not even a series of lifetimes, just one lifetime as a human ~ you go back to the mineral. The mineral says, "Okay, your next life you are going to be breath." And, you go out ~ because you are a lifeline ~ as breath.*

*Or it could be a series of lifetimes. So, the mineral says, "All right, lifeline, the next one hundred lifetimes you have will be as human." And the human equivalent lifeline says, "All right, the next one hundred lifetimes you have, lifeline, will be as mineral." Then you as a lifeline will come back to the root dimension ~ The Root Kingdom ~ and you may be given another assignment. It might be the root assignment. So you have just finished being human and you are part of the mineral and the mineral says, "You get to be a lifeline in The Mineral Kingdom now." What you have done, however, for The Mineral Kingdom in that particular time frame, as you would call it, is that the lifeline of one hundred experiences in The Human Kingdom then takes off one hundred experiences that it will have to do when it goes into that particular kingdom ~ and vice versa.*

**So the encasement you are eating could very well be your own.**

*It could be a lifeline. ☺ ☺ That goes back then to the discussion of individuality versus totality. You are yourself ~ you are each other. We are all each other. It is a higher understanding of the basic concept that we are all connected to The Universal Consciousness. And whatever any activity you do has an impact upon every single other energy that is out of The Universal Consciousness. Every thought form in some way has a ripple effect. It may be very small ~ you may never feel it. But it has a ripple effect. And, THE SEARCH FOR SELF within THE COMMUNITY OF SELF is absolutely critical to your understanding of this totality versus individuality and your return eventually into The Universal Consciousness.*

**Could two energies who were separate selves get together and say, "I want to form a specific kind of energy to get us to a kind of experience?" both putting in the amount of energy they need to, to form a third Self that is a lifeline that the two of them are responsible for?**

Yes.

**Cool.**

*Anything is possible. Just as Francis was asked earlier if the circle was being done in the right way ~ was the spiral done in the right way. There is no right or wrong way. These are concepts ~ these are guidelines ~ that are given to the masses of energies that come out of The Universal Consciousness. Any innovative way to experience the journey outside of The Universal Consciousness can be developed. There are some very unique combinations of experiences and energy forms. If you work with another energy who is*

*in agreement, then any number of things can happen ~ any number of positionings and combinations, all designed to give the experience that an energy would want.*

**Someone else could be working on a different training ground? They wouldn't have to be on earth, for example.**

*That is correct, my love. Indeed, that is what happens. The Human Kingdom, for example, has several other training grounds that are available to it other than the earth plane. The human experience is available on other training grounds, as well as the earth plane. For example, the hair and the blood and the bone would also go with the human when it went on to different training grounds. However, let us say, a particular human is on the earth plane and blood is with another human, but it is on a different training ground ~ it is not on the earth plane at that particular time. So, even though blood and human sometimes are exclusive to each other, they do not have to be always on the earth plane ~ they can be on another training ground. There are no hard set rules.*

**Is a new energy coming in going to change any of this or is it going to stay the same?**

*When you say a new energy, you mean a new energy coming on to the earth plane?*

**Yes.**

*There are specific numbers of energies that are allowed outside of The Universal Consciousness at any given time ~ it is not random ~ it is not haphazard. So all the energies come out and all the slots of energy are filled ~ so that there is no major disruption of some new energy suddenly appearing that has not been designated to its particular spot*

*So all of the energies come out ~ we will give you an example. They form an Energy Circle. Let us say in this particular Energy Circle there are one thousand energies. Those one thousand energies have been given a position ~ a slot in the Flow of The Universe. Until they have all finished ~ these one thousand energies ~ and they are able to go back into The Universal Consciousness, will there be any opportunity for one thousand others to come back out.*

*On the earth plane, and on any training ground, it is the same situation ~ there are X number of slots available on the earth plane for energies. So even though, for example, the entire Energy Circle is ready to change kingdoms, if there is not a slot on a particular training ground, then they must wait until a slot is available ~ until all these other energies have completed their particular journey on the earth plane and there is a slot open. So just having one energy leave a particular life does not open up a slot ~ it is a journey. If your journey is going to take one thousand lifetimes, it will be one thousand lifetimes before the slot is available.*

*Does that answer your question, my love?*

Yes, thank you.

**Response 2: I'm curious about the fact that you said we can have a human lifeline to a blood lifeline but they don't have to be in the same consciousness. Did I get that right?**

*That is correct.*

**I just thought all humans were on the earth plane. There are humans somewhere else?**

*Oh, indeed. There are several other training grounds in which the human consciousness exists. We have placed this on the record in our earlier discussions. However, it is not something we have discussed in any great detail for it would be too confusing for most on the plane now to even understand that there would be other training grounds that would house the energy of the human. That is discussion for some other forum, eventually. But now simply have the knowledge there are many other training grounds that house the different encasements ~ not just one specific training ground housing one specific kingdom.*

**You are referring to our capabilities rather than our physical packages.**

*Both. The physical encasement and the capabilities of that particular journey of the kingdom is appropriately available on several other training grounds ~ some of them are what you call planets. It may not be in the conditions that you know on the earth plane, but it is the existence of the encasement and the energy and the capabilities that are the same as are existing in this physical dimension. It may not be above ground. That is why the scientists are so arrogant, you see. They say that life does not exist on other planets ~ as they know it.*

**It would seem that with waiting for different circles to complete and opening of slots that patience is a kind of universal thing.**

*Patience is one of the universal precepts ~ we have gone on the record with that. Indeed, every component of existence outside of The Universal Consciousness relates to patience. Whether you take it on as a toy for your Toy Box or not, you still will be dealing with issues of patience. If you take it on as a toy, it just adds further emphasis to it and further degrees of difficulty.*

**Does there need to be a recognition on the individual level of energies from other kingdoms and to recognize the implications of their actions in order to progress?**

*One does not have to go to the fiber and say, "Hello, fiber, I recognize your importance in the scheme of things." You do not need to do that at a conscious level. However, the way in which you behave from lifetime to lifetime and your journey and your attitudes are reflective of the acknowledgment at higher levels ~ the understanding at higher levels ~ of the totality.*

*So, it does not become an issue of holding court with every energy form and saying to them, "I acknowledge who you are. Now that I have acknowledged, I can move on." It simply is not done that way. But as you become more aware of the totality versus individuality concept, each level of your own understanding then has its understanding of totality and individuality for that level of understanding. Then, new levels are brought in where suddenly you have new understanding of the issues of totality and individuality.*

*So it is an evolving process. It is not where at some point in your path you will say, "Ah, suddenly I am completely aware of the totality and individuality concept." It is simply an evolving consciousness. You may go through a lifetime and you may know that everything is connected, but you will be working only on certain types of connectedness with consciousness ~ which would focus on your Energy Circle membership.*

**If a human being did not understand The Tree Kingdom, for example, and cut down an ancient redwood in a way that wasn't respectful, would they need to come to an understanding before they could complete their lessons?**

*There would eventually be the understanding of respect of Self, which is the first of our GUIDELINES FOR GROWTH. This is why the journey is so bumpy and takes so long and there is so much complexity. If you as a human cut down a tree without respect, and one of your Energy Circle members was in The Tree Kingdom, you would have to answer to that particular energy for the lack of respect. That gets into advanced levels of discussion that we will present.*

*But, understand that all is not cut and dry. Every action has a reaction, as you would say. So you cut down a tree without respect, you have created an imbalance with the kingdom of trees. You must then answer to the membership in your Energy Circle of The Tree Kingdom. You may already have been in The Tree Kingdom and for some reason did not learn what you needed to be respectful toward The Tree Kingdom. This would mean that you would have to go back into The Tree Kingdom ~ more than likely ~ or you would have to answer to The Tree Kingdom member. If you have not been in The Tree Kingdom, you then will have to answer to The Tree Kingdom member who will then have to give you some kinds of guidance for being prepared for The Tree Kingdom.*

*When you go into The Tree Kingdom, you will have to learn and balance what you did to The Tree Kingdom as a human. So, at a minimum, you would have to be cut down. After being on the plane for five hundred years you would have to experience the same kind of activity that you gave to another. This is where the issue of what you call karma*



*comes in ~ we use the word balancing. The balancing comes in, and why it takes so long, often, to get through a kingdom.*

*If you have brought issues of balance into your journey of a kingdom before you even get into the kingdom, then you have all the issues that become out of balance once you are in the kingdom. It can take you quite a bit of time to get through that particular kingdom. Then if you have to answer to another member of your Energy Circle, and that member may say, "No, you haven't done enough ~ go back." And so, in essence, another member of your own circle can hold you hostage in a particular kingdom until that member determines you have balanced. This is part of the way the game is set up.*

**But you could get them back later.**

*Oh, indeed you could. It would be the rare entity who would be perfect in their issues of balancing. So, The Tree Kingdom does not want to be too harsh, because The Tree Kingdom ~ while it is a tree ~ may indeed fall deliberately on a human. So, the human says, "Excuse me, Tree Kingdom!" Therefore, there are all kinds of balancing issues that go on. These are issues that we will discuss at the next level of empowerment ~ the series that we will be bringing forward in the coming year. This is the concept. This is for you to understand the complexities of it all.*

**If in this Energy Circle there were no tree kingdom, would the entity have to balance later?**

*If there were no tree kingdom there would be no issues available for balancing with that particular kingdom. So, in this Energy Circle, if there is no tree kingdom, then there would be no opportunities that would be presented. This is the fine balance that The Universe has. So, for example, those five who run The Universe ~ Amelius being one of them, to whom we report, with the other four ~ have to look at each Energy Circle to make sure that the appropriate opportunities are presented for balancing, and that inappropriate opportunities are not presented that could create difficulties. They do not always do the right thing.*

**Is there a difference between being unaware when you are doing something versus being aware?**

*Yes, indeed, there is deliberate awareness of what you are doing and then there is a deliberateness that comes about out of an unawareness. Deliberate unawareness comes at a conscious level. The higher levels are saying, "We are deliberately doing this so that we can learn something." So an activity is not a negative ~ a tree falling on a human may be a deliberate activity because they know that the human and the tree are now in a balancing issue. At a conscious level you are not aware of the deliberateness of the higher levels bringing about an activity. So there are many things that happen at a conscious level that you are involved in that you may not have had any sense of deliberateness. However, you cannot use that as an excuse and say, "It is not my fault ~ at the conscious level I was not deliberately trying to do anything ~ it was my Higher Self."*

*Well, your Higher Self is YOU, and anything that your Higher Self decides it wants to do and funnels through to the conscious self, you are responsible. It is not an issue of, "Oh, my Higher Self made me do it." ☺ ☺*

**What about The Angelic Forces? Do they have to go through this same evolution?**

*No, we are exempt. ☺ ☺*

**Do humans ever join The Angelic Force?**

*Yes, indeed. We were being a bit flippant in that respond of no. We have a different type of process by which we learn and we have our issues and our lessons to learn. We do not have to be a part of an Energy Circle. There are two ways in which Angelics are formed. We come out of The Universal Consciousness specifically in the kingdom called Angelic and are given a series of learnings that must be accomplished. We are only Angelics ~ we never go into any other kingdom as a requirement. We are able to go into any other kingdom at will, and we do so because of the mission of guidance and protection.*

*Any energy, however, can come in through, shall we say, the back door of The Angelic Kingdom. They can choose to be a part of The Angelic Kingdom as part of their journey. There may be, indeed, in The Energy Circle, The Angelic Kingdom. However, The Angelic Kingdom is meant only to be the last kingdom that any of these other energies can be going into. So the hair kingdom must have gone through all of the kingdoms before it can go into The Angelic Kingdom. So there is like a waiting line. They all have to wait until they have gone through, and then they can go into The Angelic Kingdom.*

*Then there are other kinds of things that occur once you have gone into The Angelic ~ not that you would want to go into The Angelic. We have often been amazed that those who think The Angelic is such a wonderful place to be. Think about it now. How would you feel if you had to guide yourself ~ you had to make sure you did not get in trouble, you had to watch over in that fine line of imposing versus not imposing? Being an Angelic is not a utopia ~ believe us.*

*So, what we have given to you, then, my loved ones is at the Initiator Level of this particular topic ~ the basic understanding of the concept. Frank is going to return very briefly to say goodbye to you and give you a parting blessing from his energy field. Then we will return to give the final blessing and departure energy.*

*Francis: We are most pleased to have been able to be in your vibration and to have given you the information regarding THE COMMUNITY OF SELF ~ and. now, as you know it, THE CIRCLE OF COMMUNITY. You may call upon us whenever you are having issues*



*within Self and the community that you have gathered around you ~ whether it is your Energy Circle or the physical energies that you have surrounded yourself with. Our color is orange. Visualize the orange ~ wear the orange when you are struggling with those issues. Use the technique that we have given to you. Find a string that is white and carry it around with you, trailing behind you. It will make people talk ~ even more than they do now. ☺ ☺*

*We give you our parting energy ~ an energy of softness and harmony within Self ~ an energy of community and harmony within Self. As you become more harmonious within Self, you then become more harmonious within THE CIRCLE OF COMMUNITY. The more harmonious you become within THE CIRCLE OF COMMUNITY, the more harmonious you become within Self ~ and on and on, as you achieve each level of awareness.*

*We send you the blessings. Receive the energy. We thank you for being with us during this time. Farewell.*

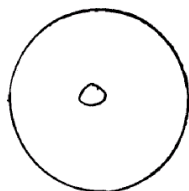
**Farewell, Francis.**

*Waith: We are ready to bring closure to this discussion. You have all been most appreciative of the information and inquisitive and you have raised the questions we needed for this discussion to serve as the foundation for the next level of certification that we will bring to you in the coming year. We thank you for the thought forms that manifested and brought about the questions, and we thank you for being here with us and being a part of the energy.*

*We send to you all now the very highest of the white light from the very highest of The Kingdom of Amelius. Farewell and gentleness to you.*

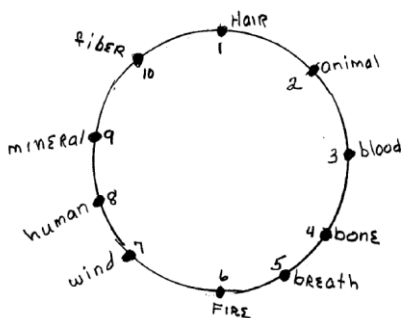


**ILLUSTRATION A  
CIRCLE OF SELF**



**THIS IS A REPRESENTATION OF THE ORIGINAL DRAWING BY FRANCIS**

ILLUSTRATION B  
ENERGY CIRCLE EXAMPLE



THIS IS A REPRESENTATION OF  
THE ORIGINAL DRAWING BY WAITH