# Waith Class Transcript

**OCTOBER 18, 1998** 



# ~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally
By Waith
Through Mushiba

Waith Institute for Spiritual Leadership

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# **OCTOBER 18, 1998**

THE SEARCH FOR SELF ~ PRACTITIONER LEVEL ~ THE WEBBING EFFECT, PART II

Waith: We bring to you the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Greetings to you! Nice! Very pleasing to have the energies here and we are anticipatory in the response that each of you has to give in terms of what you plan to do ~ your own Webbing Effect and your plan of action. Jenjura will be entering for a brief time to speak with you about The Webbing Effect.

But in this particular time, we would want some feedback, if you will, from each of you. We will treat each unit of study differently, depending upon who is in attendance. The core group, as you are, who will be studying each unit, will have a different set of expectations, as you probably have come to recognize than another who would come to study just one unit.

So remember that in our last time with you we said that we did not expect that you would get everything you were supposed to get in that one time frame on The Webbing Effect ~ that you would be utilizing ~ that you'd be practicing it, and therefore, several months from now you would have a concern that would be raised and that would be addressed. So we wanted to reinforce that particular concept to each of you. So let us begin then with a volunteer who would like to indicate what goals they have set and the plan of action to achieve those goals.

Can we read from our notes?

Oh indeed, my love! We would not expect otherwise! This is not a memorization type of exercise.

I can talk.

Please then.

(Inaudible remark)

Yes.

The first goal for me is to be ready to continue The Search for Self, by working on becoming more aware of the webbing that makes our whole field, and develop greater abilities to work through the maze. And in the long term, to be able to learn more about Self, discover eventually, the root of my own energy and the place that I have taken on with the ~ form of how I am connected to The Universal Consciousness. Through my continued efforts I hope that I will be able to find that fine energy line that connects all levels of Self and reaching the short term search ~ an outpost of my higher levels of Self. With the gaining of new awarenesses, I can travel to even higher levels of Self and in continuing the work with my Self, I hope to even find out more about who I am and about my root energy ~ the splits, lifelines, energy circle and the lifelines and splits that make up their webbing and how I am depending upon them, as well as how we are all equal with each other, and how all of us are hooked to others and their webbing as well as being impacted by them. That's the first goal.

That's your first goal. It encompasses a multitude of goals. Quite well stated!

Long and short?

It is fine! Continue my love! This is quite well done!

Trying to become aware of vigilance throughout Self ~ and then, as the next step, maintaining the vigilance throughout my web and mend the web, if necessary. That means, for me, working on becoming more attuned to the lesson learning in the concrete and the preventing, as much as possible, the building of blockages by fighting the issue. If I don't pay vigilance, my energy will weaken to the point that my web will be affected ~ losing strength, making open spots and can start to fall apart, being now an easy target for attack, which would weaken my energy field even more. The mending, strengthening of the webbing attained vigilance throughout are one of my short term as well as long terms infinite goals.

The last goal is to share and teach my experiences when called upon, so I can gain an even greater insight into Self through the teaching experience. The sending out and giving of Self will create a hole that I can fill again with receiving new information and new awarenesses, and these want to be given out again to stay in the positive cycle of learning.

Yes! Yes, you have charted quite a menu for yourself and it is very well stated, my love. Very.

Writing for me was not easy!

But of course! © Yes, and you have. In doing this and in stating it as such, you have highlighted the fact that by using the material ~ it is already there ~ it is simply that you are applying it to Self ~ you have done the first part of practicing by making a goal that is harmonious with the material that has been presented ~ and right from it, you see. Teachers say so frequently to their students that, "Well, if you simply go back and look at the information that was given and take from it, you will have the answers, you see. You have done very well my love!

Now, my love, what would you like to give us?

Hopefully, it makes sense! I realized that when I first started practicing The Webbing Effect technique, I realized that there was some areas that I need to work on, and that's kind of how I developed my goals. But then, I realized I was just looking at the technique itself. I said wait a minute, The Webbing Effect is bigger than that.

The ultimate goal for me is to try to reach the Soul Level, through the Higher Self to Soul Level. But the initial goal is to find an outpost. That's understood. But there are smaller goals. By the end of this period, my goal is to have made meditation and relaxation techniques a daily habit ~ especially using The Webbing Effect technique. I have a hard time with making things like that a habit! It's easy to just let it slide! I realize that I have to really find the time for that. That's my first goal.

The second goal is to try to increase my love of Self. I realize that when I was using that technique it was hard for me to feel that feeling component, and I know that I need to work on that. That's my second goal.

The third goal is to find ways to incorporate lightheartedness into my daily life! I need that, especially now. Those are my three goals. And then when developed a plan of action, I tried to

think about how would I do that, how would I achieve those goals. So my first step, my meditation techniques daily, and make a tape of the techniques. And secondly, I would like to get stuck now and then ~ schedule a monthly meditation session with my Self just to evaluate my progress, ask for help of The Metagers and Waith, for insight ~ I kind of

#### As we all do!

And the third one, I have been thinking about this for quite a while. I need to stop ~ (Part of the comment is inaudible) I want to volunteer my time to help others in the community. I think that would help my search for my webbing.

I brought in a fourth step ~ make sure that I find time to laugh. To continue to remind myself to relax and talk with Self. And the fifth is ~ (Part of the comment is inaudible) That was my plan ~ I was trying to figure if I do that, it will help me to relax myself, I will be doing something and trying to develop a habit without making it onerous. (Rest of comment inaudible)

Very well stated and appropriate to Self for what your needs are at this point. They need to make sense for you, my love!

Well, I agonized over it. At first, I was, "Oh, no. I'm just thinking of the technique itself ~ (Part of the comment is inaudible)

Indeed! This is a very good beginning that you have established for Self. It will very much evolve as you go through this process. To put habit into the focusing within Self is a very important component ~ whether it is formal meditation or some other type of activity that allows you to focus within Self. You have stated it very concisely. Well done!

#### It wasn't concise before!

Well, you see! That is the evolution of it, to do this  $\sim$  make the statement and then live with it  $\sim$  for you state it as you live it.

I had a problem with the timeline, by the way! They're kind of very broad!

You must begin in that arena of broad first, and then as you start to utilize it, you will find yourself narrowing the particular timelines and the activities themselves.

(Name given) my love? Speak up, my love!

I really enjoyed the eloquence ~ (Rest of the comment is inaudible)

You must try to speak a little louder so that all can hear you ~ especially the microphones!

I appreciated a lot of points that were brought up, too. There are elements of what (Name given) identified and what I did, too. My explorations about this are going to be ~ I am going to try to work with accessing my love of Self. That's going to be ~ (Part of comment is inaudible) and forgiving my Self for being sometimes lost and confused. I've sort of been feeling that way lately. For my practice, I am going to try to find time for meditation twice a week. And I haven't done my tape yet. I listened to a tape that I have of Jenjura leading us in meditation and that was my talk with him. But I am going to keep notes in a journal of my experiences, and I am also going to work it into my sleeping time because I find that it's helpful if I ask for guidance after I go to sleep ~ to

ask for clarity and for help. I find that when I do that I wake up feeling more refreshed and harmonious.

I am asking that I be allowed to go to places where I need to work out ~ of being understanding of Self and to specifically focus on asking my Higher Self for directions and instructions and bring it to a conscious level and to trust that intuition. (Part of comment is inaudible) And I am going to try to work on my responsibility for where I need my Higher Self, because I think I am aware of unconscious blocks. Every time that do have ~ (word is inaudible) it leads to more entanglements. So I am going to keep a list of barriers and note my progress and make concrete steps that I think I should take to address those blockages. And I put down a list of a few things I wanted to explore around setting goals, because I have a fear of setting goals. Concern about being able to accomplish my goals.

### I have more. I just cannot talk ~

Understand, my love, that this particular level of study is meant to bring strength into those areas that each of you are identifying as needing attention. Hence, it is called the Practitioner Level, you see. We give certain expectations so that it serves as a framework for each of you to determine your own specific course of action.

Each of you have identified very, very different pathways that you are planning to journey. The setting of goals is a very common avoidance behavior by many on the plane. This is not a negative to be looked at. It is simply to be seen as, "When the time is right, we will address it." And the fact that you have taken the challenge of doing THE SEARCH FOR SELF seriously indicates that other dimensions of Self are ready for the concrete to take on that challenge, and it is what we are all here to help each other with, you see. You are not alone in this challenge that you take on ~ nor are the others here. You will be helping each other to meet the challenges. And so, take a deep breath, my love, and understand that where you are in your evolution is exactly where you are supposed to be. So continue then.

The other explorations I'm looking at are, there some kind of big areas in my life where I don't understand how I connect into an overall web. And this is kind of a big one, but I'm adopted and I am going to try and evaluate where I am in terms of trying to ascertain if this is a correct time to investigate that. And I'm using acupuncture and acupressure and massage to do integrating techniques that are really helpful. And I am going to try to keep aware of insights like that as I work. And the third component is that I am going to use creative arts to connect energies in the web. I am going to put together a notebook where I use photographs and also drawings. And I'd like to do something like a dream catcher, which is kind of like a web design ~ and as I feel I reach points of clarity or resolution, I am going to find little objects that I am going to attach ~ that will remind me of that point on the path.

And I would also like to use music as a healing tool for alignment. I'm going to be going to the workshop next weekend and I also plan to spend more time playing piano ~ investigating harmonies. There are a number of people I know who do work specifically with harmonies. And I find music's a really important resonance within my Self. And I am also going to explore the other senses too, as ways of getting clearer. As I was thinking that as I conclude each chapter on what we are exploring together I think I am going to use fragrances, like in aroma therapy to try to, maybe as I come out of meditation to try to vibrationally help me anchor certain insights. I don't think I'll do it before meditation because that might set up associations, but I think I would like to use it as sort of a little place at the end. That's sort of a combination of goals and practices, ways to work with me.

Very, very well stated. Yes. And quite unique for Self. And from that you may find the arena of teaching that we have discussed with you that needs to be done as you work

toward the mastery level ~ each of you work toward the mastery level of this certification ~ you will find your own spot for the teaching of the material through what is comfortable for you.

Each of you has a very different perspective, you see, and different gifts and talents. We would not want you to be teaching the work of Waith in a robot way, you see. That defies the very nature of our material, you see. When you observe Pooh ~ he has his own spin, if you will, this is the earth plane word, is it not? His own spin on the material. Each of you have your own spin on the materials. Very important to come to that identity and to feel comfortable in that identity. And once you have gone through the mastery level, you will be there. We do not expect you to be there now, you see.

We are very pleased, but not unexpected, in your responses, each of you. You have been very thoughtful and thorough in what you have presented. We are going to have a moment here where we would ask you to ask additional questions, perhaps to speak to each other in terms of the goals that you have set. If there are questions or concerns or additional questions of us before Jenjura comes in.

I have a comment to make. I have observed in the web of my life and I need to let go of a lot of clutter in my environment and allow different entities to go and serve elsewhere ~ so I am going to be kind of swimming up my web in a very concrete way.

# Throwing out stuff!

- I have been kind of trying to do that to ~ all this stuff I don't need any more! It's actually physical or emotional or mental, all that excess stuff just sort of taking space.
- Time to do a housecleaning!
- □ I am still struggling with implementing. I start to block it because of the writing ~ I try to look it up in the dictionary and I couldn't find a translation, so I struggle with implementing, incorporating and plan of action. So implementing, I will have certain things and plan of action I wrote certain things, but they are very related to each other for me.

Oh indeed! You have your plan of action, which is the strategy. And then you have the way in which you are going that plan of action, which is the implementation. That is how the two are related.

#### I don't know if I hit it!

Well, my love, you do not have to "hit" it right on the moment that it is presented. The purpose for this exchange of information is so that you can hear what the others, each of you, are presenting and then go back and modify your own or add to it ~ perhaps there is further clarification now that you have heard, each of you, what the other is saying. Practitioner is very, very much as you would say roll up your sleeves and you just go out and start doing things. You see, when we bring you to the mastery level we will go back once again into some abstractions.

The Initiator Level is an abstraction, where we give you the concepts and the fuzzy wuzzies, and you sit around and you can listen and not really have to do too much except enjoy the actual information.

The Practitioner Level is really at the core where you go out and you actually start doing things and there will be no answer for you. You will find your own answers. This is where you really do experience the concreteness of finding your own answers. And those answers will be in relation to the others who you are hearing also give their answers. And then once you have done that, then you bring yourself back into abstraction, except now the abstraction that you have has a concreteness of experience, you see.

And so, you are well on your way. You are exactly where you need to be, my love. Do not feel at all dismayed. We would focus, my love, on one thing with you ~ and that is, there is the challenge you have of ~ this is a Tai Chi motion, or it is a signal? (Waith banters with one of The Metagers) You see, we are accustomed to a very different way and you have changed it, and thus ~

# An energy tap.

There it is! The attempt to have this a smooth running tape has failed, has it not, in this moment? That is all right. We will finish our thought with you, my love. The challenge that you have of translation into the English, as it is called, is something that we understand very much. So do not feel that you need to make explanations or defenses for what you are presenting. What you have presented to us is very well stated.

These are my goals. That was easy for me. But all the other things I don't know if I put the right ideas under the plan of action and the right ideas under the implementation.

And you will find out as soon as you start acting, will you not? Yes! All right then, change the tape now! © ©

We were observing your energy, Pooh, earlier where you were moving about, and thus we began to sort of respond to that kind of movement. That's all we thought you were doing. Ah, moving about again. Indeed. Are we ready? Time to have Jenjura come in now and answer any questions that you might have specifically on the material that you have read on The Webbing Effect. And also, since you are just now receiving the information from the Initiator Level of The Webbing Effect, we will be more than pleased to have a separate individual gathering of the three of you to answer additional questions ~ since, due to earth plane considerations for Mushiba, she was not able to get that information to you in that timeliness.

So Jenjura will enter to answer some questions and then we will return.

Jenjura: Hello to you all!

#### Hello again!

Jenjura: Hello again, indeed! We are pleased that you have such profound goals for this particular unit of study. We emphasize to you the availability that we give to you in the meditative state. Visualize this color that Mushiba wears. This is our color ~ the brightness of the yellow is enlightenment. It is a joke! © You are able to connect with us in a very direct way in your meditations, whatever form those meditations take. In a more concrete way we are here to answers questions for you, if you have any. What we

also will be doing is working with Waith in another time frame for you to bring in your questions because of the limit that is given in this time. So what did you want to ask of us?

I wanted to ask ~ I had asked Mushiba the last time about the outpost concept ~ what it is in relation to the Higher Self Level or Soul Level? I just wanted you to elaborate a little more on that.

Jenjura: What do you think is the outpost concept, first?

Well, I interpreted it as being, as I mentioned to Mushiba, something like a resting place, a repository of knowledge, like a small library off of a bigger library. Like a resting place where you can always find information.

Jenjura: Indeed. (Name given), how would you respond to that? What is an outpost?

Outpost, I would say is a level of Self that I am already able to access ~ that I have already developed an awareness level about, so to speak.

Jenjura: Indeed. (Name given), how would you respond to the question of what is an outpost?

I guess I can only answer that experientially. Sometimes when we have done meditations and given guidance to reach the Higher Self or Soul Level, sometimes I find myself in a very, very high place but I didn't know where I was in relation to the Soul. I didn't know that I was there yet, but it felt as though there was an alignment and connection with my guides that I got here that I don't know if I could necessarily access on my own.

Jenjura: Each of you is correct with the overall view being that an outpost is a spot where you rest along the way to the ultimate journey ending ~ which is Universal Consciousness. An outpost can be, indeed, a level that you have reached of attainment ~ it is a safe spot. It can, indeed, be a rest spot. For often, when you have reached a level of attainment, it is meant for you to take a deep breath. It may be for one lifetime ~ it may be for a series of lifetimes that you stay in a particular spot.

An outpost. It is a spot where, perhaps, you are not able to reach on your own and you are helped to that spot temporarily by guides and Angelic Protectors as a way of showing you where that safety zone is, and then you return back to your own spot, knowing that there is another spot for which you can achieve, you see. So an outpost is a zone of safety that you are able to go to, either on your own or through the help of your guides and your spirit Angelic Protectors, as opposed to your earth plane Angelic Protectors, which is another discussion completely.

Does that answer your question?

Yes. I just wanted to be certain that I understood it.

Jenjura: Indeed. And you see the importance of the interaction. Each of you has your view of it which appears to be different, but really is not, for there is a threading that goes through each of your responses to it. And it is a question that would be most typically asked, "What is an outpost?" Most basic question.

#### I didn't know if I was being too simple! I kept asking myself, what is it?

Jenjura: Oh, no! Just remember the concept from the Universal perspective. If you have the question, others also have the question. But you also have the answer at the same time. If you have the question, it means you already have the answer, for you would not have any awareness of the question if there was not already embedded the answer ~ just needing to be perhaps explored and brought out in a greater way. Indeed!

Yes, my love? You look as if you have a question.

I haven't really formulated it very clearly, but it's about the nature of the fine energy line that connects through the webbing effect. I'm just wondering about how that relates to different levels of consciousness.

Jenjura: Ah! How do you think it relates to different levels of consciousness?

I would imagine that it's like, I don't really know, but I would imagine that it would be like a witness ~ like the part of our consciousness that's in charge when our earth plane consciousness is not. Maybe it receives its direction from the Soul.

Jenjura: Maybe this is a question that you need to formulate a little more substantively. And this is a very good example of this process that we will be going through in THE SEARCH FOR SELF. It is good sometimes to begin expressing what your question is in order to then allow you to bring it into more substance. We will be answering your questions in a rather circular way, you see, for we want you to come to your own answers, and we will guide you in that. One of the techniques, then, is that you form the question, just as our love here, you had a very specific question. That was an easy one ~ what is an outpost? Other questions are not quite as easily formed, you see.

Trust in the fact, also, that because you are part of the charter participation, you will be guided in the way in which questions are asked and the way in which they are formed, for there is much that Waith wants on the record, but he wants it to come through the vehicle of each of you so that you have the experience of forming the right question, you see ~ which is another reason why we will have an additional time frame specific to The Webbing Effect so that you can come back with your question, my love, with a little more substance to it. But this is a very important part of the learning process ~ that first you identify a broad area and then to bring it into a frame of reference.

Waith has spent a great deal of his energy and time trying to help people frame their questions properly so that you get the right answer. So we will return to that question when the time is right. Do begin your funneling in of information process.

My love?

Would it be possible to do that technique as a group? Maybe that energy of the group is trying ~

Jenjura: Be more specific in what you want the group to do, my love.

Practice that technique. You had mentioned that it could be done as a group.

Jenjura: The Webbing Effect Technique. Yes.

(Name given) is doing this.

Jenjura: Perhaps. But what you may find appropriate, and this would bring a greater bonding to you as a group, is to meet separate from our being here. Arrange the time for Terra Lux and do the technique. Practice it. You see, that is a good idea.

It's difficult. It occurred to me that it is an abstract, or concrete. (Part of comment inaudible)

Jenjura: No, it is not. No, it is not. The learning that you will achieve will not come in a one hour session twice a month. We are only the facilitators for this. It comes in the practice, and your idea has much merit, my love. Get together. Arrange a time that is available to Terra Lux. And come here. The others do not need to be here. They can arrange for the facility to be open for you and you simply come and you do the practice of the technique. It will also enable you to, perhaps, help each other form the questions that you have so that you come into the time with us in a very specific, focused manner, you see.

And it gives you each, then, an opportunity to understand each other's perspectives and to help each other, for you each have strengths that you can share with the others that will offset some of the areas that need to be strengthened in the other, you see. You have identified, each of you approached the expectation in different ways and appropriate to each of you. Well, that can be shared with each other, you see. So practice is up to each of you. And the sign of the true master eventually comes in taking things on our own to learn and bring back to those who can guide you and reinforce what you have learned.

So, my love, since it was your idea, it would be appropriate that you be the coordinator. Take that responsibility!

All right, I will! Well, we're together as a group for a reason, and ~ (Rest of comment is inaudible)

Jenjura: Yes, indeed. Waith has indicated that he is ready to give closure to this gathering. And again, we reinforce that another time frame for questions to us will be made available. Think yellow. Or, as Mushiba would say, think of Tweety Bird. The yellow from the Tweety Bird ~ her mascot! We bid you farewell and the very Highest of Blessings to you.

Waith: Now that was most beneficial! Much came from that brief time with Jenjura. We are pleased very much at the initiative that is coming and the strength and the motivation, if you will, to bring about success for each of you as individuals and for you as a group. We are very, very pleased! Do we say that one more time? We are very, very pleased! Before we bring closure, are there any additional questions or concerns or comments, observations, anything that you would like to bring onto the record?

We leave you with this sense of direction for the next unit. Read the material fully, including the very first component which was given in the year 1996. And then the Initiator Level ~ The Community of Self is the next discussion. Read both of those and all of the notes that you have, or hopefully have. Do not feel that you must come in with a chapter outline into the next gathering. There will be, perhaps, one or two additional entities who will join just for The Community of Self. No, that was one that was not!

We very specifically planned who would come to what units and Community of Self was one there were no others. There was only the core group that is here. So you will have some very interesting time with us available that you might want to use for your benefit where The Community of Self is concerned.

Read the information and you have goals for The Webbing Effect. We ask you to have one goal for The Community of Self. We narrow it down, for it is a topic that would require one goal for what appears to be discussion of so many. And your plan of action, of course, to implement that goal. This will be standard throughout each unit. The difference will be in the number of goals that we would have you make.

Any questions about what we expect?

# I still have problems with the timeline thing!

You will learn. You will, my love. It is an evolutionary process. Do not be concerned about that. Just as (Name given) and the fear of setting goals ~ do not be concerned about the fear of it ~ you must jump in and face it and then it will be overcome eventually. Indeed.

#### Is there a plan of action for this time?

For The Community of Self, yes. We will have a different set of expectations for you than we will for the others who will come into the various units. Much higher set of expectations for you as you would expect for expectations to be expected unexpectedly sometimes and expectedly other times! © How many times can we use this word in one sentence?

#### I expect we'll find out!

I expect you will find out, perhaps unexpectedly! Indeed! Very good response to the flow!

We depart now. We are pleased that you are here, we once again state that. We look forward to other times with you. Mushiba will give you another time frame when we will meet with you. It will be a bit of time in the future. We send to you the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Farewell.