

Waith Class Transcript

OCTOBER 31, 1998



~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

*Information Given Interdimensionally
By Waith
Through Mushiba*

Waith Institute for Spiritual Leadership

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SPECIAL TOPIC SESSION ~ HEALING THE EARTH, MEDITATION TECHNIQUE

We bring to you all the very Highest of the White Light. The purpose of this gathering is to bring a bit of ritual to the Healing of the Earth. This particular technique can be given out to those others who would be interested in understanding one of the ways to bring a bit of soothing to the Earth now.

Of course, you understand that there is not much that can be done at this stage for the Earth ~ it is on its journey, it is on its finality, much as if you would be feeling ill and wanting to cleanse yourself, but needing the natural process to occur, and those around you could serve only as comforters, if you will.

But what we will give is a bit of a tool that will be comforting and soothing to the Earth in a general sense, and it does involve a bit of ritual which is apparently what many on the plane need to have, rather than simply to send their light to the Earth, for the Earth to use when needed. They need something much more concrete, and so it is appropriate that we give you a ritual that is fitting for this particular occasion in which you find yourself.

HEALING THE EARTH MEDITATION TECHNIQUE ~

- *We will begin with you all forming a circle and holding hands.*
- *Take a deep breath and slowly release the breath ~ relax, relax, breathe in again, slowly ~ breathe out, relaxing ~ breathe in again and let it out and relax.*
- *Now call upon your Angelic Protector to come into your vibration. Say, "Yoo hoo, Angelic Protector." (The group repeats)*
- *Bring in your Angelic Protector ~ envision that your Angelic stands behind you. Envision now your Angelic's hands as they encircle the grouping ~ you are within a circle of Angelic protection ~ you are surrounded by protection.*
- *In the middle of your circle envision the planet Earth ~ it is a round, round ball ~ envision it glowing, glowing with the white light.*
- *Begin to send your own light to this ball of white light ~ the Earth.*
- *Begin to move your encasement to the right and to the left, to the right and to the left, to the right, to the left, and now as you move in these directions, repeat ~ (All are repeated)*

*Dearest Earth -
We are here to protect you ~
We are here to give you light ~
We honor you ~
We respect you ~
We love you ~
We cherish you ~
We soothe you now with white light ~*

Accept what is appropriate for your needs.

- *Continue in your movements as you visualize more white light going toward the Earth.*
- *Now raise your arms above you and repeat ~ (All are repeated)*

Dearest Earth ~

We surround you with love, we surround you with honor ~

We give you our protection ~

We give you our respect ~

- *Bring your arms into the middle of the circle, facing into the middle, encircling the vision of the Earth, and repeat ~ (All are repeated)*

We encircle dearest Earth ~

With the combined energy ~

Of all who are in the circle ~

Accept our love ~

Accept our respect ~

Accept our trust ~

And trust in us.

- *Bring your arms back to your sides ~ breathe in deeply and slowly ~ breathe in deeply again and slowly ~ slowly bring your bodies into stillness ~ feel the stillness. And say now ~ (All are repeated)*

Q: Dearest Earth ~

Feel the stillness that we give to you ~

It is peaceful ~ it is calming ~

It is filled with light ~

It is filled with love ~

- *And now call upon your Angelic Protector, and say, "Yoo hoo, Angelic Protector." (Repeated)*
- *Envision your Angelic Protector slowly moving around you in the circle ~ outside of your circle ~ they are smoothing your energy, and they are smoothing the circle of energy.*
- *It is time to bring closure.*
- *Breathe in deeply again and out slowly ~ breathe in again deeply and out slowly ~ envision the Earth in the middle of your circle ~ envision more white light in the circle of the Earth, fading away, going to its own place, taking with it all of the soothing that you have given it.*
- *Thank your Angelic Protectors, saying, "Thank you, Angelic Protectors." (Repeated)*
- *Allow them now to move back into their realm.*
- *As you envision the protective white light surrounding yourself, slowly remove your hands from the hands of those next to you, remaining in the circle, still connected through energy, giving stillness within Self.*

- *Bring yourselves back into the concrete, remaining in the circle. Look at each other and now, hug each other.*

END OF TECHNIQUE ~

The circle concept is an extremely important symbol in ritual and so now you have been a part of that ritual. It is time for you to enjoy the gathering that has brought you together and to relax and to enjoy each other.

We send to you all the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Farewell.

Farewell and thank you, Waith.