

# *Waith Class Transcript*

APRIL 10, 1999



*~ A NOTE FOR THE READER ~*

*Waith's words appear in this font style.*

*If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally  
By Waith  
Through Mushiba*

*Waith Institute for Spiritual Leadership*

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**APRIL 10, 1999**

SPECIAL TOPIC SESSION ~ SPIRITUAL LEADERSHIP CONVOCATION, DAY ONE

*Waith: We bring to you all the very Highest of the White Light from the very Highest of the Kingdom of Amelius.*

(Waith writes on the easel: Spiritual Leadership Convocation)

*We are here in this gathering to bring into a much greater focus the issues of leadership at the concrete and at the abstract ~ a spiritual component of leadership, thus bringing into balance then spiritual leadership. In the journey for THE SEARCH FOR SELF, one must find LEADERSHIP WITHIN SELF first before one can effectively project that outwardly. As always, the outward projection of behavior at the concrete is the result of the inward search. You cannot project outwardly what you have not found inwardly. That makes sense, does it not? Say yes!*

**Yes!**

*Yes ~ audience participation!*

*We would like you, right now, to take a moment and, and in your note pad, write down what are the first thoughts that come to your mind when hear the word, leadership. (There is a brief silence while the participants write in their note pads)*

*Let us hear, now, from each of you. We will start here and simply move around and we will write your responses on the board.*

**I started with facilitation ~ guidance ~ modeling by example ~ caring and compassion ~ respect, confidence and strength ~ focus.**

*Very good ~ next, please.*

**Initiative ~ bold ~ decisive ~ able to see the larger view ~ perspective ~ helpful ~ holds the group good first ~ inspiring ~ confident ~ effective ~ communicator ~ ability to take risk.**

*Very good ~ next, please.*

**I looked at it from the view point of understanding what is happening with whatever the situation is ~ so, understanding what is happening ~ treating the situation according to that insight ~ and, rather than imposing what I think, working with what others might think.**

*Very good ~ next, please.*

**I put living true to ones beliefs ~ keeping flow going in groups. That's all.**

*It is not quantity that matters, my love. Be aware that it is not the quantity, "Oh, I did not write as much as the others did, therefore, I must be bad." Not true.*

*Very good ~ next, please.*

**I wrote, setting an example to inspire others.**

*Very good ~ next, please*

**Leader and follower ~ confident in direction.**

*Very good ~ next, please.*

**Strength ~ role model ~ focus ~ responsibility ~ decisive.**

*Very good ~ quite a list.*

**I have one more thing to add which goes along with living to ones beliefs, and that would be integrity.**

*Let us go over these and see if there is anything else you would want to add. (Waith reads the list from the board)*

*Are there any other responses, now, that you might want to add?*

- ⊗ **Compromise.**
- ⊗ **Humor.**
- ⊗ **Delegating.**
- ⊗ **Organizing.**
- ⊗ **Affirming others' gifts.**
- ⊗ **Innovative.**

*Are there any other thoughts that come to mind?*

**Able to recognize weaknesses.**

*Weakness in Self or others?*

**Actually, at first I was thinking of Self, so we are able to help others ~ we recognize it in others as well ~ so both.**

*So, you would say, "Able to recognize weaknesses in Self and in others."*

**I don't know if weakness is the right word.**

*It was the first word that came to mind, so it is appropriate.*

- ⊗ **How about the ability to back down and let others come forward?**
- ⊗ **The word honesty is screaming in my head.**

*Any other words screaming in your head? (There is a silence) Quite a listing. Almost every one of you had something unique in your response. Indeed, each of you did have some responses that the others did not have. But almost all of you gave completely different*

*responses ~ just a couple of overlapping. What do you think this indicates, that you each had such very unique responses?*

- ⊗ We each have different levels of awareness.
- ⊗ We have each seen different types of people leading.
- ⊗ We have developed different facets within Self.

*You have developed different facets within Self, and therefore, a different response to what the word Leadership means. Indeed. Your responses have been all very positive, have they not, and have indicated that Leadership is positive. It is done by individuals who possess all of these qualities, or should. There are, however, several words that are missing from here that we find interesting as being not included. What do leaders possess over others?*

**Control.**

*That is one word.*

**Power.**

*Ah, Control and Power. For all of the wonderful words and phrases that you have given here, most entities on the plane, when they hear the word leader, have had an experience with someone who tried to control them and used power in a negative way over them. And yet, none of you used those two words. Can you answer, perhaps, why you did not include Control and Power in your euphoric list?*

**Maybe we wanted to focus on the positive and not on the negatives.**

*Ah, so Control and Power are negatives?*

**To some.**

*Ah, to some. Are Control and Power necessarily negative?*

**No.**

*Why not?*

**They can be used in loving, right and good ways?**

*Ah, loving, right, good ~ as defined by whom? How would you define good control?*

**It would be setting up beneficial arenas such as hospitals and schools as opposed to prisons and concentration camps.**

*So, prisons and concentration camps are not good?*

**In a spiritual way!** (Some group laughter)

*We will return to that at some point.*

*Power ~ negative?*

**It can be used in any number of ways.**

*So, it can be used in a way that would do what to others?*

**Help them or harm them.**

*Help them or harm them. Let us look at some of these on your list ~ as you have presented them in what appears to be the positive spin.*

*Understanding what is happening ~ treating the situation according to that insight and rather than imposing what I think, working with what others may think.” What does that philosophy enable someone to do where others are concerned?*

**The group’s interest.**

*Ah, according to whose perspective?*

**The leaders.**

*The leaders. So this could come out, then, from a leader’s perspective to be good or not good.*

**Poor judgement ~ there wasn’t intention to do bad, negative, not a good thing for the group.**

*As perceived by?*

**The group.**

*The group! Indeed. So the leader could reach a conclusion about working with what others may think that in the leader’s mind is good. And, in the group’s mind, may not be good.*

*“Delegation” To delegate, a leader determines who and what to delegate. And, in the leader’s mind, that may be very positive. And the person being given the task may view it in what way?*

**Not so good!**

*Not so positive!*

*“Living true to ones beliefs ~ keeping the flow going within the group.” This is one of our favorites. Living true to ones beliefs. Talk to me about beliefs.*

**Well, it could be on a positive or not so positive side there. Some live true to the belief that they need to bear arms to the extreme while others believe that is completely opposite. So keeping that into the middle of the group could really be quite a difference there.**

*Indeed, and groups are formed according to beliefs, are they not? You are a group, now assembled, and you have a particular belief ~ in your mind, that is positive, it is beneficial. Would others view your beliefs in the same way?*

**Not necessarily.**

*No. Living true to ones beliefs is a powerful force. But remember that power is both dark and light, as is everything on this list. Some of the more profoundly powerful dark words are Control and Power. When you think of Control and Power on the earth plane, you think primarily of darkness ~ negative. These two words have, what you might call, a bad rap on the earth plane. And living true to ones beliefs ~ ah, that sounds so wonderful ~ Ah, "He or She is living true to their beliefs," as if that were always a light filled statement.*

*But, of course, as you observe activities on the earth plane currently, you would see that there are many who are living true to their beliefs, that you do not agree with, and, in fact, you ~ and that is a very important component here ~ have the view that it is not light filled ~ that it is, indeed, dark filled. And yet there are many living true to their beliefs who are very strong leaders ~ they exhibit leadership. They possess all of these skills that you have outlined.*

*Let us look at some of these ~ "facilitation" ~ "guidance." Ah, indeed, leadership is facilitation and guidance by both light filled and dark filled. "Modeling by Example" Ah, and then we have in parentheses, "Caring and compassion, respect, confidence and strength." Ah, in what way?*

**Together it lightens.**

*Does it? Can caring and compassion, respect, confidence and strength be framed in darkness?*

**Yes, they could.**

*How? How would that be? Are not these words light filled?*

- ⊗ **Some of our leaders, now and in the past, were following the path that we know was not our path to choose.**
- ⊗ **This can be a mask, outwardly masking inwardly another purpose.**

*Ah, could be a mask.*

**It could be genuine. Someone may say, "I really care for this child. I'm going to lock him up so nothing happens to him." 😊 😊**

*Indeed, my son. That is exactly it. That is exactly the point. In your view, you are caring. In your view, you are compassionate. Give us an example of being compassionate that may have a framing in a not so light a manner.*

**Tough love.**

*It could be, as we understand this phrase of tough love.*

**If there are people, or energies, who are inferior to them, so they're going to put them out of their misery.**

*Ah, "I have great compassion for those who are without homes and so I do not want them to suffer, so I will ~*

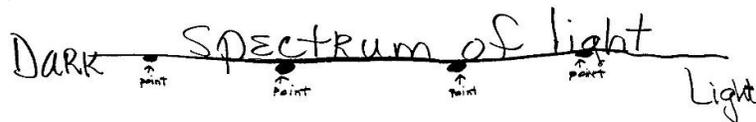
**Kill them.**

*Could be a logical conclusion ~ and yet, it is framed in compassion, according to the belief system of the entity. Well, you see, this is a very good example of those who would believe that what he is doing is very light filled and those who would believe it is very dark filled.*

**But, he is living according to his beliefs.**

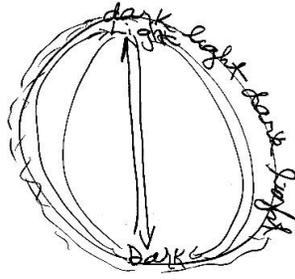
*He is living according to his belief system and may have a great number of followers as a result of that. And, who is to say? You see, the entire point here.*

*We have said throughout our entire teachings that you must not be judgemental about the behavior of another, and indeed, first we will present it in the linear form ~ The Spectrum of Light, as we call it.*



*Here is Dark and here is Light ~ Light and Dark, presented in your linear understanding as opposite ends. You may happen to be here in The Spectrum (Waith indicates a point on the line) and another person happens to be here in The Spectrum. This is a Spectrum of Light, not a Spectrum of Dark. This is a very critical component ~ it is a Spectrum of Light. It means that all entities, all energy, is light, ultimately ~ it is just wherever they happen to be on The Spectrum.*

*Well, this entity, when looking at this entity here, who is apparently closer to the light, is looking at this entity and seeing that they are in the light. This entity, looking at this entity, who is closer to the dark, is looking at that entity as if it were in the dark. However, here is another energy form even closer to the light who looks at this entity and sees them as dark. It is all a matter of where you are on The Spectrum of Light as to who you think is dark or light in your perspective. An entity over here looks dark to this energy form. A spectrum, however, is a circle. What does that mean in terms of dark and light, then?*



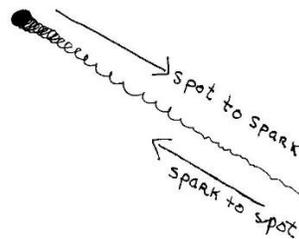
**Continuous.**

*Continuous ~ connected. All part of the whole ~ dark, light, dark, light, dark, light ~ all the way around and light, dark ~ just to pick a point on The Spectrum ~ all connect ~ are all part of each other. Each of us is dark and each of us is light. As energies, we are our own Spectrum of Light and dark. We are a circle ~ neverending, never beginning ~ simply existing within ourselves.*

*We vary in our own illumination. And, at any point in time, as you would measure on the plane, you can see something through what might be called a veil of darkness. It may be temporary. It may be long term. Ultimately, you see through it. And so, as we look at the world around, we see the world through our own Spectrum of Light.*

*You must first be aware of your own Spectrum of Light. You cannot judge another's behavior to be light filled or dark filled, because you must be working on your own light filled versus dark filled behavior. As your own levels of understanding increase, it fills in The Spectrum and makes it lighter and lighter, defusing the dark of Self. As you become more aware of your own issues, and as you work through those issues, you become more light filled. And, as you become more light filled, you see, the dark begins to be defused.*

*Here is your Spectrum again ~ this is new levels of awareness as lessons are learned.*



*These represent light, these little sparks. And here, we will put these little spots to represent dark. You have more sparks than you have spots. Here is a new level of awareness ~ here are the sparks, here are the spots ~ you have even fewer spots. The sparks begin to overshadow the spots. And once your spectrum is completely filled in with the sparks, what happens.*

**We go to The One?**

*Yes, the journey, then is get all the sparks filled in to the Light Spectrum. But, there will always be little shadows, if you will, in Self until you have achieved that moment where return into The One occurs. It is a simultaneous event ~ it happens in an instant, a blink of an eye. Ah, you are all filled in ~ there is no reason to be out of The One now ~ you are The One.*

*You cannot be out of The One and be completely filled in with your sparks ~ that does not happen. So that means then that every energy that you come in contact with, is outside of The One and, therefore, has what?*

**Different levels of awareness.**

*They have different spots ~ different numbers of spots ~ or different shadowing. Obviously, if one has fewer shadows than another, they are going to have a greater light filled perspective. But, generally, there is always some other energy, whether in this dimension that you find yourself or another dimension, that has fewer spots than you do ~ fewer shadows. But, nonetheless, still have spots.*

*We, as Angelics, are outside of The One ~ we have shadows ~ we have spots. They are less than what you would find with those on the plane, but those who are in higher dimensions than we ~ such as Amelius ~ have fewer spots. So, if Angelics have spots, what is the big deal about darkness?*

**Unchecked, or out of balance, it seems to root itself and manifest itself quite easily. When it's checked with the light and balanced, it keeps it at bay. It's almost like the dark gets stronger roots once it gets a chance to get in there.**

*Oh, and the light does not?*

**Oh, no, it also does, but it has to be there to balance, I guess.**

*Ah, balance ~ balance.*

**Both of them are components of us.**

*Indeed, both are components of you. And, as you work toward bringing in more sparks into your Spectrum, you are attracting that which is dark ~ this is a normal process. As you are attempting to bring more light into Self, you are attracting the dark ~ it has to be, for that is the way it works. We, then, have what is Universally known as the battle between the dark and light. And, as we like to say, "The light does not attack the dark ~ it is always the dark, those spots in us that attack."*

*However, the light does enjoy instigating, "Na, na, na, na, na, here I am ~ I'm light ~ I'm light ~ I'm light." We do it all the time. It is great fun, it is part of the game. It is part of the way in which eventually you bring yourself into light filled, for the purpose of instigating the dark so that they will attack is so that the light can absorb the dark ~ eventually ~ so that no longer will you have a spot. You will have infiltrated that dark.*

*The only way that all of this can happen is through interaction with others and their dark spots. For the dark spots, within, lay dormant until they interact with the dark spots of another. Think about it. If you were to stay at home all day, every day, and not interact with anyone or anything at the human level, what would your life be like?*

**Boring.**

*Yes, it would be boring ~ you would be stalled. You would not have any interaction. You would not have any activity occurring. There are many on the plane who choose that particular type of life, for they are sometimes what we refer to as, in a rest mode, where they simply do not want to do that kind of interaction, for interaction with others means spot attacks spot. And the fewer spots that you have, the greater your ability to instigate those who have more spots. And that is what the game is all about ~ instigate the spots.*

*Any questions thus far?*

**So, in a way, spots represent lessons to be learned?**

*Oh, indeed, my love. 😊😊*

**I'm in the hot spot now. 😊😊**

*If you see something that, in your mind, is negative, it means that you have a spot. We view this as a good thing, "Ah, a lesson." What is it about this lesson, however ~ what is the issue that needs to be learned? This is what instigating a spot is all about, for you may not really know what the lesson is until you meet it head on, "Ah, I do not like this person. There is something about this person I do not like." Well, this means that you have a spot that matches a similar spot in another, and you use it for the benefit of Self, and, ultimately, for the benefit of another for the spot in another is attracted to your spot, for whatever the reasons.*

*And, often, the more spots that an energy has, who sees an energy with fewer spots, there will be a greater attraction to that lightness for it is a built in component of the Flow of The Universe that the dark is attracted to the light. This has to be because of this Spectrum that has been designed ~ it is a Spectrum of Light. The dark is necessary in order for the light to develop. This, my loves, is where all the fun and the games on the earth plane occur and this is where the issues of judgement come in.*

*Ah, now you have a new tool, "I have fewer spots than you do." 😊😊 "I am being attacked very, very strongly ~ that must mean that I have more sparks than spots." 😊😊 What do you think would happen as soon as you started with that kind of thinking?*

**We get spotted!!!**

*You are going to get more spots!! 😊😊😊*

**They'll start to call me spotty.**

*See spot, see spot run, see spot multiply.*

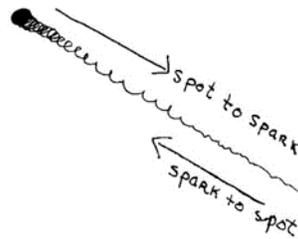
**Out, out spot.**

*Out, out blessed spot, indeed, "My spark can beat your spot."*

Recently, it seems that spot meets spot and then we either can keep spotting our self up, or one person can step out and try and change their past behavior to a newer behavior that they would rather be and it helps to break down that spot against spot.

*Indeed, this is where the issues of your Spirit Guides and Angelic Protectors come in, for you have determined that you want to develop a spark. You say, "I want to have a spark." And, it is then your Angelic Protectors and your Spirit Guides and those of fewer spots, who can help you then to develop your spark.*

*Let us illustrate. That this is a spot. This is a spark. However, think about the way that things can expand and things can compress. This spot can expand until it is finally what?*



**A spark!**

*And this spark can do what?*

**Compress?**

*Become a spot ~ it can compress. And so one must not become arrogant in thinking, "Ah, look at all my sparks ~ I have more sparks now than ever ~ aren't I wonderful ~ I now am better than this other entity." What is that thought form going to bring you?*

**Not a good thing!**

*It is going to take that spark and start to compress it so that spark of light may begin to have some filling in ~ heaviness, if you will. It may not compress it immediately back into a spot, but it is on its way back to a spot. Light filled sparks are always being tested, my loves. Every spark that you have is up for continual testing. That is simply the way that it is. There is no guarantee that once you have created your spark, that it will stay that way just because, "I've learned everything I need to know." That thought form will bring you right back into a spot faster than you can blink your eyes, "I know everything now about this particular lesson."*

*Comments?*

☼ Sometimes it feels as if there are layers to this. I don't really know how to describe it but one of the things that I've been going through in my own life is just belief that I was bad or not trusting my own light. It seems like there's a balance between recognition of one's own light and then not trying to get too uppity about it.

☼ That's just it.

*"I'm light, I'm light."*

And a lot of times I've kept myself in a low place where I was almost more susceptible to dark because I didn't believe in my light.

*Ah, indeed, we talk about the fine line, then ~ which we will be talking about. Where is that balance within Self where one simply expresses their essence rather than talking about who they are ~ it simply is the way that they are. That is achieved, that is the way indeed in which the sparks remain as sparks, for they have become part of the essence of Self. And that no matter how many times The Universe tests that spark, you pass the test ~ it is your essence, it has become how you are. It has become your belief system ~ at least for a particular lifetime.*

I have a little hang-up that I don't know how to get through or pass, and you said we can't judge others behavior to be light or dark filled, and we have to be working our way through our own Spectrum. I understand that as a concept. The application I'm having trouble with ~ I'm thinking of the compassionate person example that was given, and I have such compassion for my child so I'm going to stick them in manacles, put them in a box ~ I don't know how not to look at that and not judge it.

*Oh, indeed, and we are not saying that you will be able to look at that without judging. If you were able to be completely nonjudgemental, you would be back in The One. Becoming unconditional, becoming nonjudgemental, is a process that is part of this spark versus spot theory. Indeed, you would, perhaps, many of you, look at that and judge it and say, "Ah, he is being very dark. That is very bad."*

*You reach a point where you will be able to look at some events and say, "Ah that is certainly not something I would not do, but I understand that it is his path." And, at the same time, there may be another behavior that you look at and say, "Ah that is terrible what they're doing."*

*So you can be a portfolio of judgement and nonjudgement. There is nothing that we would give for information that says you must achieve perfection. Perfection does not exist outside of The One ~ it simply does not. We, as Angelics, are not perfect ~ as close to it as you can get ☺ ☺ ~ no, we are not perfect ~ there goes another spot!!!! ☺ ☺*

*So, you see, one of the issues that the elitist ~ spiritual elitist on the earth plane ~ have is that they project, quite concretely, that they are achieving such perfection, "Ah, you horrible person ~ you made a judgement." Well, the fact that they said to you that you are a horrible person and you made a judgement, is a judgement.*

*Being on the plane means that you are on a training ground of imperfection. It is very, very difficult to be nonjudgemental across the board while living on the plane. When you look at the plane from another dimension, you can see it very differently. We see it very differently when we look at activities on the plane and we say, "Ah, this is part of the path ~ this is the journey ~ this is what they must be doing." That is easy for us ~ we are not here. We have our clicker and we go and click from one little scenario to another. 😊 😊*

*We have our own issues of judgement in The Angelics. There is The Spectrum of Light in the Angelic. Historic stories tell of the fallen Angels ~ they had a lot of spots. It does not mean that they have gone away and they have gone into some kind of hell.*

*Heaven is where your heart is, as we have said before ~ so is hell. Hell is what you make it. And so, any fallen Angels, as you might refer to them, simply means that they have many, many spots and their Spectrum of Light is heavier than others who have fewer spots.*

*Those spots developed because of very common issues that The Universal Consciousness requires of all energies coming out of The One to take on ~ the issues of judgement being one of them, Unconditional Love. Those are requirements to work on. All the others are part of the menu, but those are requirements, because it automatically ~ when you come out of The One ~ gives you spots. If you said, "I'm going to have an easy life here," you would not take on any spots. You do not get out of The One, for one thing. So you must not judge Self for judging others.*

**So if I look at Hitler and think, "Hitler is bad," and I look at Kosovo and think, "Awful" then, as I'm thinking that, there's little spots multiplying?**

*Depends on how thick your spot is and what affect that thought form has. It may be that you are a spot moving toward a spark or a spark moving toward a spot ~ and, then, that thought form would determine whether you are compressing or expanding.*

**Do I have control over that?**

*Not at concrete. You have control over nothing at concrete. Get that through your little heads!! 😊 😊 It does not mean, however, that you have no responsibility at concrete, "Ah, my Higher Self made me do it!" 😊 😊*

**In the example of the child being left, the way I look at that is if I don't have the knowledge, that I don't have the whole story of what's going. That child may have said, "Look, I need to learn these lessons. You need to come in ~ please would you, as a friend, come in and fill this role, lock me up so I can suffer, so that I can grow and be better." And so keep that circular thought ~ we don't know ~ who could it be ~ we don't know. And, then, with our ignorance we really can't judge.**

*That is exactly it. You know not what the path is of another ~ and the path of another connected to another is ~ it is group balancing. We have said this over and over again, and, it is a basic condition of looking at another, "Ah, I do not know why the two of them are interacting the way that they are."*

*Understand something ~ and some of you will accept this easily. This entity known as Hitler ~ there was massive group balancing. And those who were what you call the Jews, who were persecuted and put to death, all chose that role ~ they all chose that. In your current environment, those who are considered refugees in this latest skirmish, have chosen to be in that role, for whatever their reasons ~ it is not for any to judge.*

*Part of the path, however, that any would take on, is to become involved. And part of the path of another, is to not become involved. You cannot say, "Ah, you are a terrible person. You do not feel compassion for those who are refugees. You will not bring them in. You will not contribute money and food to them. You seem to be without compassion." It is the path you have chosen ~ you have other issues that you are working on. It does not mean that you are not aware of that which is going on. But you have not taken on the issue. Every one of us chooses our scenarios.*

*There is a little menu, and there is a preview screen, if you will, "Here is your potential life. There is going to be in this illusion such and such." Because it is a Portfolio of Illusions, means that we have previews, just like you have on television, "Here is a possible scenario that is going to occur in such and such a time frame as measured on the plane. You have issues of Self that you want to work through ~ issues of learning that you need. Here is the perfect opportunity. You can go into this particular geographic area. You can go into this particular type of ethnic group, and if you do that, at this particular time frame, if all else works, this is the result ~ you will become a homeless refugee. Do you want to do that?" And you say, "Yes, I do," or "No, I don't." You come in ~ you might be told it will be a short life. You will learn something very quickly or it may be a long life because you want to do that.*

*You chose everything. No one chooses it for you. We guide you. We might say to you, "You might want to look at this a little more closely." And you would say, "No!! I do not. I'm going to do this." All right, even though we are your guides, we have been trained in help you in this, we have a different perspective ~ perhaps we have better eyeglasses and see some of the fine print a little better. "No, I want to do this!!" ☺ ☺ All right, we cannot stop you. And you come in and you do what you have to do. That is as simple as it is ~ and, yet, as complex as it is.*

*It is very difficult for many to look at a child, crying from hunger, and to say, "That child asked for this. Ah, let the child live the path." But that is exactly the point. There will be some who will try to intervene, and that is appropriate for they have an energy connection with that entity, in some way, that says, "I must be a part of the life," whether it is direct or indirect. "I will organize a food lift." You may not meet the entity directly, but in some way you are connected and you have done something to aid that particular situation.*

*And therefore, you have worked on one of your spots, ever so much, even though to another it may seem as if you are imposing, because they do not have a connection. They, perhaps, have already worked through their spot. This is why you must be careful of judging another ~ and yet, judging another is part of becoming a spark. There is no formula, there is no magic book that says, "Ah, for you, this is the answer ~ here it is."*

Is it appropriate to send light filled thoughts to that area of the world? When I see the news and things start to hit me and I feel vibrationally rattled, I find myself sending light to those who wish to take it because somehow I know in my heart that some will take the light.

*Indeed, the sending of the light must be done unconditionally, "Here is a basket of light, if you want to use it, fine and if you don't want to use it, fine," not to say, "Ah, focus, here is a group of energies ~ take this light." That would only expand your spot.*

**So, really just offering it.**

*Yes, the sending of light must be done that way, "Here is light ~ if you want it, fine." In fact, in many situations you would ask, "Would you like me to send you some light?" When you are not able to ask, then you simply send a basket, saying, "Here's some light ~ take it if you want ~ if you do not want it, fine." And do not be upset because they do not take it ~ for that will expand your spot.*

**Just in the sending of it gives me a feeling that I am connecting.**

*Indeed. And that highlights what we said just a moment ago. There may be a connection that you feel in some way. Not everyone can send light to everything. There is too much to do. There are too many situations. And so one entity may say, "Ah, I am not even thinking about sending light to this new incursion that is occurring. I am busy with my own arena of light sending and that takes all the effort and the energy that I have outside of myself as I work on Self."*

*So you pick and choose your battles. Not everyone has the same battles. You cannot, for then there would be imbalance. And who is to determine what is the appropriate one to send light to, "I am the leader here ~ I tell you that you must send light to this geographic area," and someone would say, "But no, I'm working on this other group." And the leader says, "No! You must follow what I say." And, there are many on the plane who would do that.*

*We are here to guide you that you must pick and choose your own battles as they are appropriate for Self and not as determined by another ~ you can certainly be influenced by another. There would be others who would express their opinions, their feelings. They may, indeed, be guides for you in a way that says, "Ah, I have had experience in this. I am objective. You are trying to determine what to do in a situation. Listen to my perspective. It may give you some insight."*

*But, ultimately, you must make your own decision. And, at some point, you must say, "Enough is enough gathering of information. I must make a decision. Will this be a battle that I fight, or not? And if I do, I do and I'll do it for as long as I feel I need to and then I will stop when it feels like it's time to stop." And, all along the way you may receive advice from those around you, some solicited and some unsolicited. Ultimately, you must make your own decisions.*

**But, isn't that part of LEADERSHIP WITHIN SELF?**

*Oh, indeed my love!!*

*LEADERSHIP WITHIN SELF ~ (Waith writes these words on the board) ~ LEADERSHIP WITHIN SELF means the ability to make decisions within Self about Self. Thus, you must make your own decisions within Self, regardless of all of the external information, including, and sometimes most importantly, that guidance that would come from the Angelic Protector as well as the Spirit Guides, for after all, they are external to Self. This is a very important concept to understand, that everything external to Self is meant only to give guidance. And each of us decides how much of Self to give away to another, for truly in the journey within Self, we must give away some of Self to external forces in order to then regain it back.*

*If you had complete LEADERSHIP WITHIN SELF ~ perfect LEADERSHIP WITHIN SELF ~ where would you be? You would be back in The One! So, once again, this is all based on the premise that perfection is achieved only upon entry back into The One. And therefore, there should be no pressure on anyone to think that they must be perfect in this life. Or, if they do not achieve perfect LEADERSHIP WITHIN SELF after attending this Waith Convocation, there is something wrong with them, "Ah, I did not learn my lessons ~ I did not listen enough ~ I flunked the test."*

*Perfection is achieved step by step ~ levels of perfection are achieved step by step. It is the reason that there is this concept of taking percentages of your lessons into a lifetime so that, indeed, you can achieve a level of completion of a percentage. You have taken one tenth of one percent of learning LEADERSHIP WITHIN SELF into this lifetime. You achieve that one tenth of one percent ~ that is a relative term in relation to perfection. You have achieved, indeed, closure of one tenth of one percent ~ you have perfected one tenth of one percent. Therefore, you have achieved a percentage of perfection ~ but you still have ninety nine point nine percent left.*

*And the next lifetime you might take in two tenths of a percent and achieve it ~ or, maybe, you achieve only one tenth of that, only half of that percentage, and you say, "Ah, the next life, I will continue in this particular mode of percentage until I achieve closure to that two tenths of one percent ~ and, then, I have achieved perfection of two tenths," which then total three tenths of one percent of perfection. Someone else, who you would meet on the plane, may have been at this much longer than you. They may have achieved, actually, ten percent of LEADERSHIP WITHIN SELF, just as an example ~ it applies to any of the issues. You have achieved three tenths of one percent.*

*So, in relationship to the entity who has achieved ten percent after going through lifetime after lifetime after lifetime, working on a tenth of a percent, for example ~ that entity looks, to you, to be perfect. You see where it starts to get muddled, "I am insignificant ~ this other person is so advanced ~ they are perfect." And, in your eyes, they may be. But, that entity, who has achieved ten percent, may meet up with an entity who achieved seventy five percent, because that entity has been at it much longer. And that entity who appears perfect to one other entity, would look at this other entity and see that, "Ah, this other entity is more perfect than I am."*

*That is just one particular issue. You may, with the same entity who has ten percent of closure, completion on LEADERSHIP WITHIN SELF, for example, may have achieved only*

*three tenths of a percent in another issue that you have already achieved fifty percent. And so one entity may have more percentage achieved in one area than you, but you have more percentage achieved in another area than that same entity. What kinds of implications does this bring into your path, then, my loves?*

- ⊗ **I might think I am better than someone.**
- ⊗ **Or, the person with the lesser percentage may feel failure, or judging themselves in relation to the other and feeling not as good as the other.**

*Indeed, those are implications.*

**Also, people can appreciate each other's strengths and there can be an exchange.**

*Indeed, it goes to the theories that we have so often presented ~ that you look for similarities and differences. And, you find the similarities that you have with others to build your foundation, in terms of a relationship with others. And then, that gives you the strength to look at that entity and say, "Here are our differences. They will not destroy our foundation because it has been built on strong similarities. And the differences are only meant now for us to strength our foundation." If you seek out only those with whom you have only similarities, what is going to happen to you as an energy?*

**Ninety percent in one area and zero percent in all the others!**

*Well, yes. You would not have insight into another's capabilities to help you to increase in those areas where your percentages are lower than that entity. What would life be like if you were just with those who you had similarities?*

**Boring!**

*It would be most boring!*

**Some people are very happy that way.**

*Oh, indeed. And just as we have indicated earlier, there are some entities who come in and plan a life where they do not have much interaction with another. It is a rest life for them, or any other number of reasons why they choose not to have interaction. There are many who would choose to be with those only who they have similarities with, for any number of reasons.*

*Remember that for us to say that being in The One is boring is a judgement. If you are in The One ~*

**It's not so boring ~ we're having a good time!**

*From the perspective of being in The One, for there are many who choose to stay in The One and not come out ~ that is their decision within Self. And thus, each time we have said to you that it is boring inside of The One, we have made a judgement. Thus, we highlight to you that being outside of The One is a playground of judgement. By*

*definition, it has to be. It cannot be anything else. You cannot be without judgement ~ no entity outside of The One can be without judgement. It simply is the way that it is.*

*Judgement is lost in that instantaneous return. So you do not, as a conscious energy, even understand, or recognize that you are without judgement, for in this nanosecond you are judging, and in the next one you are in The One for that point was reached of nonjudgement and you are back in The One! For if you were out of The One, reveling in the fact that you no longer were judging, what would be happening? ☺ ☺*

### **Spot, spot!!**

*Yes, spot, spot! So, my loved ones, take the pressure off of yourselves. You would not be here, you would be back in The One if you had achieved absolute perfection. And remember that every energy who you meet is at a different percentage of completion of their issues. And so, while they may appear to be perfect to you, they are not perfect to another entity who has achieved a higher percentage of that particular lesson. Even if an entity has achieved ninety nine point nine percent closure, completion, of a particular issue, or ninety nine point nine, nine, nine, nine, nine ~ as long as they are still here, they have a percentage to achieve. Remember that.*

*And the implication of that is that no one is perfect, so take the pressure of yourselves that you have to be somehow perfect, “Oh, I said something about another that was a judgement. Oh.” So what? You are here to learn to recognize your own judgements and how they impact upon your LEADERSHIP WITHIN SELF ~ your own decisions.*

*And indeed, you will meet many entities who have highly developed levels of judgements. They are always judging everything and everyone, to the point that they project that they are the perfect ones, because all these others are doing this, that and the other thing. And no matter what happens, and who says what, and who does what, an entity may be judging them and talking about how they are. Another, who you might find, rarely, if ever, would, to you at least, say something judgemental. And then, every spot in between that entity may have varying points of judgement. So keep that perspective in mind always. It takes the pressure of you.*

*It also highlights that the lives that you take on over and over and over again, are simply manifestations of the percentage of learning. And, if it seems that you keep getting the same issue over and over and over again, means only that the percentage that you have taken on, whether it is one tenth or two tenths or eight tenths, has not had closure brought to it. So what?*

*Your life is meant to do the best that you can. Forget about others who would say, “You must do this and you must do that, or you will not reach Nirvana,” perfection, heaven. Remember what we have said, “Heaven is the place that you have in your heart. There is no place that you go to called Heaven or Hell or Purgatory.*

*The Angelics do not live in heaven. We live in our own dimension, just as you live in your own dimension. And when you are in a dimension, you must live in it. Do not be thinking, “Oh, what would it be like to live in another dimension?” You have your*

*chances when you travel interdimensionally. When you are in this conscious condition, live it! Make decisions about Self.*

*We are going to give you an exercise to do now that relates to making decisions, “Oh, oh,” we hear in the corner, “Oh, oh” 😊😊 Decisions Within Self.*

*My love, you seem to have found a friend. 😊😊 (Waith refers to a person who is holding a stuffed animal)*

⚙️ **Help! Help me make decisions!**

⚙️ **It's external to Self!** 😊😊😊

*But, you know, you see, it is important to have something external to help in the internal ~ the within component. So we emphasize that, for you have, indeed, found your friend for this coming exercise. You are a step ahead of the others!*

*What we would like for you to do, first of all, is to find something in this room that calls to you. There are many items in this room, many energy forms, that would like to be your friend for this particular exercise that we are about to give to you. Walk around, now, listen and find something! (There is chattering and laughter as all seek out a friend for the exercise) We, simply, are giving an energy to each of the items that form the participatory component of this activity. (Waith is touching each item as it is selected) We make an observation now. You have all, very, very quickly, calmed ~ your energies are calmer now!*

*You are bonding now with this security friend. You are feeling closer to this security friend. Does this friend make you feel happy, makes you feel connected to something other than Self? It is another energy. You feel closer to this particular energy that is encased in this concrete form. You each are holding another consciousness.*

*Call in, now, your Angelic Protectors, “Yoohoo, Angelic Protectors!” Say it! “Calling all Angelic Protectors ~ Yoohoo!”*

**Yoohoo!! Yoohoo!! Angelic Protectors, Yoohoo, Yoohoo!** (The group interacts with Waith using these words)

*This is a mantra ~ it is to keep things lighthearted, “Yoohoo, Angelic Protectors!” When you least expect it, when you need some concrete reinforcement that you need your Angelic Protectors, say, “Yoohoo, Angelic Protectors!” Say it!*

**Yoohoo, Angelic Protectors.**

*You must say it with feeling, not as if you are being forced, “Oh, all right, he's making us do this!” 😊😊*

**Yo, baby, yo baby, come on in!!!** 😊😊😊

*Then say that, my love, “Yo, baby!” Whatever works for you! 😊😊😊 So, now, with more feeling ~ whatever works for you, express NOW!*

(The group uses many different exclamations and there is much joy and laughter)

*Much better!!*

**Are they here now?**

*Well, what do you think?*

**Well, we think so.**

*It is not up to us. It is up to you to know if your Angelic is here.*

**You can see them, though!**

*Not necessarily!*

⊗ **No?!**

⊗ **All right ~ judgement!**

*Ah, you assumed that we can see.*

**Right!**

*We may choose not to want to ~ however, in this case, we are very aware of the energies who are here. So your Angelic Protectors, now, are here.*

*MEDITATION TECHNIQUE ~*

- *Ask them to hold you like you are holding the consciousness that you have selected. Say out loud, "Hold me, hold me ~ as I hold another consciousness. I, too, as a consciousness, will be held by another consciousness."*
- *At a minimum then there is a consciousness holding a consciousness that is holding a consciousness. Feel the impact of that ~ reflect on it now. (There is silence for a few minutes)*
- *As you are reflecting on this, consider that you are in the middle, as a consciousness, where you are being held, and yet you are holding ~ you are in the middle.*
- *Reflect that this brings you within Self ~ for you are in Self ~ in the middle ~ think of Self as in the middle. Reflect upon this. (There is silence for a few minutes)*
- *Bring yourselves back into this concreteness, still holding the consciousness. (There is silence for a few minutes)*

*END OF TECHNIQUE ~*

*Look at this illustration ~ see that Self is in the middle ~ this is Self, within Self, within Self ~ consciousness within consciousness within consciousness ~ three layers of Self. As you are holding consciousness, you are concretely aware that you are being held by consciousness, three layers of consciousness ~ two of which are external to Self.*

*The Angelic Protector is external to you and you are external to consciousness that you hold, but you are in the middle. And all three layers of consciousness are connected. Within Self, then, there are layers upon layers upon layers upon layers of consciousness.*

*Here is Self, concrete. Here is another layer, all these little squiggles relate to another layer of consciousness ~ here is another layer of consciousness. Consciousness of Self. Think of it in this way ~ you are holding consciousness, it is concrete, you are very aware of it ~ that is concrete Self. Here is this other layer ~ that is you in relation to the concrete that you hold. And, here is this other layer ~ that is your Angelic Protector in relation to you. Concrete has abstract ~ abstract has concrete ~ concrete has abstract.*

*For every concrete there is abstract and for every abstract there is concrete.*

*You want to make a decision at concrete, "I have to decide upon something. It is very important. My future depends upon it." And, in some cases you may legitimately feel that your future does depend upon it for at concrete everything has a dependency upon everything else. However, concrete cannot make a decision alone. It must have input from abstract ~ another layer of consciousness of Self. Once you are in that abstract, it has its own layers of concrete, which have its layers of abstract, which have its layers of concrete. Depending upon where you are in your own development of Self will determine how far back into those layers of Self you go in order to make decisions.*

*For some entities, their decisions can be made from the closest levels of abstract ~ of Self ~ sometimes referred to as the subconscious in the earth plane. It is a very close level of consciousness of Self that contains memories and the history of experiences had in the current life, and often, that is where you need to go to receive information and go for decision making. Sometimes the light layer of sleep ~ you are not completely gone, if you will. You are resting and you have a sense of awareness of the world around you, but you are also drifting ~ this is a close layer of consciousness of Self and one in which decisions can be made very easily.*

*As you move further and further into Self ~ for this is the way to understand it ~ you are moving further and further into yourself as a consciousness. You need more and more, larger awareness information to make your decisions at concrete and there needs to be more of a group discussion within Self about the decision making.*

*There is a technique on the plane known as hypnosis. Some can help you with this hypnosis ~ to bring you into Self more and more, deeper and deeper, so that you can connect with other layers of consciousness of Self. You have the ability, all of you, to hypnotize Self ~ whether you have achieved that ability is not the issue at this point. But certainly, those who are able to hypnotize Self, can then go into deeper levels of Self.*

*Meditation is a form of self-hypnosis, though often meditation is targeted to these closer levels of consciousness. These closer levels of consciousness include, what is commonly known as, Higher Self. Higher Self, however, has many layers ~ many, many, many layers. Your Higher Self consciousness can infuse itself into the concrete.*

*And indeed, this is where much of the growth of Self can occur, and the reason why you would see some on the plane able to make decisions in a snap, at concrete ~ where you would be paralyzed if you had to make the same decision. And that decision that they have made appears to have such spirituality to it, "Ah, they are responding from such a higher source ~ they seem to know what the right decision is for them."*

*Well, that did not just happen! It was not some gift that was given, "Ah, you are privileged ~ we like you better than we like another ~ therefore, you are going to be able to have Higher Self infusions which will then give you a greater ability to see the larger focus and to make decisions that are good for Self." No, that is not the way it works. This works in only one way ~ the ability to bring in layers of Higher Self is achieved by doing what?*

### **Practice.**

*Practice ~ doing it ~ trying it ~ working ~ lifetime to lifetime to lifetime ~ learning from others and then trying it and then trying it again and then trying it again and again and again and again, "Oh, I do not want to make a decision. It will be the wrong one. Tell me what to do!" ☺ ☺*

*Those outside of Self can only give you guidance, and certainly the more that you ask others what you should do, the more you will find that there will be plenty of those who would tell you what to do, "You asked, I'll tell you!" It is a Universal precept that, unless asked, technically, we cannot respond. And many on the plane who understand this concept will not say anything until asked. But, once you ask, be prepared for response.*

*So, Higher Self infusions are a very common activity. You are not, somehow, endowed with mystical, spiritual, cosmic powers because you have Higher Self infusions. Higher Self infusions are critical ~ they are necessary ~ in order for concrete Self to strengthen. Concrete Self is the physical manifestation of all the layers of consciousness of Self. So too, is every layer of consciousness of Self, then, a physical manifestation of its abstract layer.*

*What does that mean? ☺ ☺*

### **There are a lot of levels!**

*Oh, there are infinite levels of consciousness of Self ~ it is not just five, six, seven.*

### **Are each of these levels consciousness themselves?**

*Yes!*

**It's like a big network where you're going through and everyone is providing their input all in a flash?**

*That is it! In some cases it is a flash. In other cases, it is very deliberate.*

### **It's another Universe unto itself.**

*Yes, it is. You are a Universe in and of yourself. Think of the implications of understanding Self so fully and being able to communicate with many, many, many, many layers of consciousness of Self and what that means, then, as you try to interact with others. The more you are able to move into Self to obtain information from Self about decisions for Self and bring that into concrete ~ trusting at concrete that it is coming from Self with higher and differing perceptions ~ how you, then, can affect others. It comes back to this leadership component.*

*Being able to help others comes only from an ability to do what within Self?*

### **Help Self.**

*Yes, help Self. And helping Self means being able to make your own decisions. You cannot lead others unless you are able to do what?*

### **Lead Self.**

*Yes, lead Self. Each of you has the ability to lead others ~ you have the potential to lead others. Some, as you look around the world, have what you would consider, tremendous leadership abilities, more than you, perhaps. That is only because they have developed those abilities within Self, to lead within Self. And, as you go within Self and lead within Self, it automatically begins to express itself outwardly. Remember the judgement calls here. You may be able to lead others in a particular direction in a particular arena and not be able to lead them in other arenas. Why would that be?*

### **I have not achieved it within Self?**

*That is correct, you have not achieved it within Self ~ yet. You may never, in this lifetime, achieve it within Self. It may take hundreds or thousands of lifetimes. So what? So then, leadership outwardly is a reflection of leadership inwardly.*

*What questions would you have, or comments or observations at this point?*

**What I'm getting from this is a technique to maybe accelerate and enhance my decision making ability inside myself and, of course, I can take it a step from there, so I get back to thinking how can I enhance that ability?**

*Ah, the logical question to be asking. If there are, then, all these layers of consciousness within Self that have concrete and abstract to them, there must then be a technique to get there. And what would be our standard answer to that?*

### **Meditate on that!**

*Meditate on that, my son! It is one of our favorite answers, "Waith, what should I do?" And we say, "Mediate on it, my son." Indeed. However, there are some very concrete exercises that can be done. And that is, indeed, the focus of our second part of this convocation.*

*What other observations, comments or questions might you have thus far?*

**It increases our responsibility. The more we learn about Self and we learn to project it outwardly, it increases our responsibility for Self and others, and then the power thing again.**

*And where are you going with this, my love?!*

**Arrogance and control and that spark and the spot thing!**

*The spark and the spot thing! There is a movie in that, is there not ~ The Spark and The Spot!*

**We can't get away from that, no matter what we do, because we'll be tested. But that's no reason to not try!**

*Oh, indeed! "I'm afraid I'll turn my spark into a spot!" So what? "What if I don't get the technique just right and I go to the wrong level of consciousness?" ☺ ☺ There is no wrong level of consciousness.*

**We'll get an answer.**

*Oh, indeed, you will.*

**Something that I was pondering about ~ as we grew up, and what selfish and selfless meant, and the contradiction. It occurred to me that selfless was not the direction that I wanted to be going in. And, in the past, it was all selfless love and this and that. But I thought that the Self is not in selfless, so there's something of a contradiction here. And yet, selfish was always thought to be bad. But the selfish has to be there before anything else, it seems like, can be achieved.**

*Indeed. One must always look to Self first. This has been part of our continuing message over the years. One must go to Self first. One must be selfish in order to become selfless. You cannot be selfless unless you have something to give. And the only way to have something to give is to develop it within Self ~ which is selfish, according to the terms used on the earth plane. We will now add in ~ because each layer of consciousness of Self is its own little Universe and has its own little sparks and spots ~*

**Oh boy!!!!**

*You did not think you were going to get away with it that easily, now did you ~ that only the concrete worried about sparks and spots. As you go into any layer of consciousness of Self, you will have varying degrees of sparks and spots. One layer may have lots of sparks and not very many spots, and another layer may have lots of spots and not very many sparks. And this is where all the fun comes in when you try to have a conversation with Self.*

**I'm getting this image of when the sparks are kind of all lined up ~ is that when we get insight?**

*Sometimes it could ~ you would get insight from within that layer of consciousness. But then, the other layers of consciousness have their own agenda, you see. Self is filled with*

*contradiction ~ there is a surprise ~ you needed the Head Spook to tell you that!!? You have known this all along, except it was not quite laid out in this way. So when we would say to you, "Go within Self and meditate on it," you open yourself up to Pandora's Box, as they call it, within Self. Or, you will go layer into layer into layer, and you never know what you are going to find within Self as a discussion.*

*And, of course, the ultimate goal is that all the layers are lined up ~ they have the same sparks and the same spots ~ same number, same depth, same length, the sparks are all the same thinness, they are not trying to compress, the spots have not moved out into a spark ~ they are all exactly the same. When that happens, when the layers line up, what do you think happens at concrete?*

#### **More consistent behavior?**

*Ah, more consistent behavior. It does not mean that you are more enlightened, "Ah, all my sparks and spots line up." It just means that all your sparks and spots line up and you are in agreement within Self. This occurs periodically. It is a way in which issue percentages show that there has been some completion of a percentage. Once that happens ~ there has been completion of the percentage of an issue ~ there is balance. We are on the record for that ~ there is balance. Then what happens?*

#### **A little rest!!**

*A nanosecond, if you are lucky, "This is no fun, we're balanced ~ our behavior is consistent." 😊😊 Ah, the worst thing that can happen to Mushiba is that someone can predict her behavior, "I know what you're going to do. I can read you," Ah, careful, when someone says to you, "Ah, I can predict your behavior," because then it is time for the spots and sparks to do what?*

#### **Realign.**

*Yes, my love, realign. For once there is balance, it means that either more percentage of that particular issue plugs in ~ by design ~ or, you now turn your attention to another issue that is out of balance. And therefore, the sparks and the spots have to automatically realign. However, what has happened with that alignment is that it has brought into concrete Self, a sense of understanding of Self, knowing that alignment can occur. Most entities find themselves, in any given life, aligning and unaligning ~ aligning and unaligning.*

*Sometimes, depending on the entity, there may be a period of earth plane time, where every day you feel this back and forth ~ aligning, unaligning ~ and then you may go for several years feeling unaligned. And then you may go for several years feeling aligned, "Ah, this balance feels good." It is all in the way that you have designed your own path and all the layers of consciousness within Self have said, "Ah, let us take a deep breath and align for a period of time before we start up with something else."*

*So, you may meet up with entities who have this alignment of sparks and spots and it continues for well into the life ~ that is simply what has happened. And there are others*

*who have not had any alignment of sparks and spots. They are in complete chaos within Self. And then, of course, all those entities who fall in between those two extremes. It depends upon what you have come up with for your own path. The important thing is to enjoy it. Certainly, if you say, "Ah, I feel so aligned, it's become boring," what do you think is going to happen?*

**Just about anything!** 😊 😊

*Just about anything!!!* 😊 😊 😊 "This is too boring!"

**In having alignment, we still have our spots, although they're all lined up, so our problems are still outstanding, we still have percentages to complete. So maybe forming alignment is a way of anchoring ourselves, say, "Now I'm ready. Let's look at more of those layers of spots and let's really hone in on that."**

*Yes! That is exactly what happens. Do you want to take our place?* 😊 😊 😊

**No, no, no!!!**

*Other comments, observations or questions thus far?*

**Concrete Self has the responsibility then of understanding where this information is coming from?**

*In some cases, yes. In some cases, part of the learning of issues here ~ and the going within Self to acknowledge the layers of understanding that exists ~ comes from concrete saying, "No, I know everything. I do not need to go within. There is nothing else. Here it is, this is all that is necessary. There is no other layer of me." You hear, often, entities discard the concept of intuition, discard the concept of anything other than what you can actually see, feel, hear ~ that is a response to the concreteness.*

*Now we take this one step further, so you are at concrete right now. Let us say that you are very open to going within Self and you want to go to a layer, let us say the most immediate layer of consciousness, which has a concrete ~ just like you are concrete in this layer of Self. That particular concrete component of that layer says, "No, I am all that matters. I have all the information," and will not even acknowledge that there is another layer looking for help, looking for information.*

*You could, indeed, go through several layers of Self ~ into Self ~ having what you call these green lights all along the way. Each layer of concrete says, "Ah, yes, it is good ~ we are all gathering." And then, you come to a layer that says, "No!" Red light.*

*Often, we have given the discussion of the Higher Self being the key that goes into the Soul and that the Higher Self oftentimes can block entrance into the Soul. We have just expanded on that particular concept. Any layer outside of concrete is Higher Self. It is not this, "Higher Self is up here, two inches above my head," and that it is easy traveling all the way.*

*Every layer of Self is higher to another layer of consciousness, so it is Higher Self. Depending upon how much you travel within Self determines the intensity of that Higher Level of Self. So all along the way you could receive blockages, you see. That is part of the fun of it.*

*When you have accomplished an interaction with this closest layer of consciousness, when you can break through it, it then readies the way for that layer to infuse into your concrete layer, thus giving a greater awareness, because there has been a connection of Self within Self. And then, the next layer is up for grabs. However, it does not mean that once a layer, at its concreteness, allows interaction that the layer will infuse. It simply means that it is capable of it. Not all entities want infusions of its layers of consciousness. Why do you think that ~ would you not think that you would want to have your layers of consciousness infusing?*

**It could be too much!**

*It could!*

**It seems like a great idea. Love it!**

*Ah, it is a glamorous thing, is it not, my love, to have infusions of Higher Self?*

**Oh, yeah, it's wonderful! 😊😊**

*As a Metager, she has been able to watch that process with Mushiba over the years ~ wonderful, wonderful experience ~ infusions of Higher Self ~ when one Self refers to the other as "Her"!! 😊😊😊*

**Does each layer of Self have an ego component?**

*Oh, indeed!! Hence we have this spark, spot component. One layer would say, "I have fewer spots than you do."*

- ⊗ **Well, it seems like we'd have to make friends with ourselves and build a relationship with each layer and build a trust. So, it's like a two way street. We would trust each other, like the Higher Self can trust the concrete Self and not be fickle and suddenly shut down and ignore it. We build an interaction.**
- ⊗ **Sounds good!!**
- ⊗ **In theory! 😊😊😊**
- ⊗ **Oh, here we go again ~ in theory!**

*Indeed, and why does this not work in theory?*

**Sooner or later it must!**

*Right when it is time to go ~*

**Exactly ~ to The One!**

*To The One! Indeed. It is all quite fun! Well, think about it. Think about how boring it is if everything is predictable and everything works the way you want it to work, "Ah, this is such harmony."*

- ⚙ **Well, some harmony is good, but some television shows I dislike because when I watch a show and I'm already figuring out what's going to happen ~ that just doesn't hold my attention because it's too predictable.**
- ⚙ **We need a challenge.**

*You need a challenge ~ and so The Universe has set it up so that there is this challenge.*

**Good job by them.**

*It was not them who did it ~ it was all of you ~ you all did it ~ all of us ~ us ~ all of us! It is easy to blame, "It is the fault of The Universal Consciousness. It set up the rules." You all set up the rules. You are all The Universal Consciousness. The Universal Consciousness is an illusion ~ you are outside of that illusion and therefore you are an illusion to the illusion. And all entities outside of The Universal Consciousness, are The Universal Consciousness.*

**What did he just say? 😊 😊**

*We enjoy the energy of certain looks that come! 😊 😊 😊*

**It's a brain twister!!**

*As you sit there, and you are feeling confident that you are following what we are saying, and then we come up with something and it is as if a scissor came and cut the circuit in your brain and ~*

**We have a blank look!!! 😊 😊**

*There is no look ~ not even blank!! 😊 😊 😊*

*What did we just say?*

- ⚙ **We all make up The Universal Consciousness.**
- ⚙ **We are external to The One but yet we are The Universal Consciousness.**

*How can that be, if we have been saying all along that you must return in to The One in order to achieve perfection ~ but yet you are all The One.*

**It felt, for an instant holding the friend I used in the exercise, and being held, it was almost like then I could see how everybody was all connected to the whole Universal Consciousness ~ for just a second, and then I kind of lost that, but, in theory I could feel it there for a second ~ just how we actually made up what holds everything in place.**

*Oh, indeed, what does that mean?*

**We're all connected by all kinds of energy.**

*The little threads of energy concept. All energy outside of The One is connected by the silver cord ~ that is common wording used on the earth plane ~ the thread of energy, as we have referred to it so often. That thread is an illusion to the illusion, which is an illusion. 😊 😊*

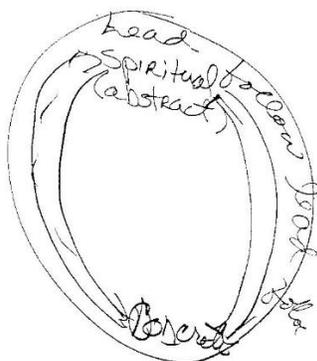
*You are, as energies outside of The Universal Consciousness, an illusion to yourselves, which are illusions to the illusion, which is an illusion. And if an illusion is an illusion ~ 😊 😊*

**I'm getting a headache!!**

*It gets better, loved ones! (There is much laughter and chatter about illusions) An illusion is an illusion ~ it has concrete and abstract, for an illusion, then, exists. If it were nothing, it would not exist. Illusion exists. Illusion does not mean nothingness. Illusion Exists.*

**Maybe the illusion is us being unaware.**

*You are an illusion ~ everything is an illusion, but it exists and therefore if existence exists, it must have layers. And within each layer there is concrete and abstract, which has concrete, which has abstract. So The Universal Consciousness, if it is an illusion, means that it exists and that it, therefore, has layers.*



*You each are your own Universe. If layers of consciousness within Self form a Universe, then would it not seem appropriate that Self superimposes upon The Universal Consciousness. What does that mean? Anything you want it to mean. You can stop your journey right now and simply recreate your illusion, which means that you recreate your existence, which could, if it wanted to, recreate back into The Universal Consciousness. You are The Universal Consciousness. You and you alone, for every one of us is part of each other ~ superimposed upon each other, layer upon layer upon layer ~ all energy that exists. All energy is illusion, therefore it exists. Existence is an illusion, therefore it exists, therefore it is an illusion. When we say illusion, so often people think that, "Ah, that means that it does not exist." Quite the contrary.*

**What we see exists.**

*That is correct ~ what you see.*

## What we choose to focus.

*What you choose to focus ~ what you believe, your belief system. So, simultaneously, you are The Universal Consciousness ~ you are back into The Universal Consciousness and at the same time you are not. That is the way that the game has been set up ~ you are in The Universal Consciousness right now and yet, you are not. That kind of profound thinking does not get you much in terms of what you are dealing with now in concreteness, except, perhaps, to contemplate the profoundness of it all and yet, the fact that it really does not matter at all either.*

*You are here to live. Whatever dimension you are in, you are meant to live it. This is the most critical message that we can give. You are here to live your life and it is fun to have an understanding that there are all these other kinds of awarenesses and kinds of perceptions that each of you has taken on, that differ from each other. And the toys that you have taken on to play with can be shared with others ~ and in some cases, exchanged with others, "I'll give you my toy for your toy, for this lifetime ~ see what it's like and then get back to me." It is all a game ~ it is all great fun.*

*And, being serious about it is part of the game, "I'm very serious about what I have to do here ~ I'm very serious about learning about these layers ~ what exactly it means ~ getting to one layer ~ oh, confusion of Self ~ oh, I want an infusion of Self ~ oh, help me get there ~ I know somebody who had an infusion of Higher Self ~ I want that, too." 😊 😊 You can get whatever you want because you are dealing with Self. And that is the most difficult, dealing with Self.*

*Questions?*

**We talked at one point about the importance of relying on guidance of Self, but at the same time we always ask for our Angelic Protectors and guides to help us in our travels. It just seems like one of those paradoxes of we can't really go into Self without having outside guidance. I guess the point where we can give that up, we are back in The One.**

*Indeed, for then the Angelics and the spirit guides would have no job! 😊 😊*

**That was really staying with me because you talked about the importance of making friends with Self and yet the need to ask for outside help.**

*Indeed, you must be continually asking for guidance, for remember that the spots are still there, and as long as you have spots, you are going to need to make decisions. And yes, you get better and better at making decisions within Self as you grow and gain awareness and need to rely less and less on outside help. However, you never cut off that reliance completely, for as long as there are spots, you will need help, you see. It is as simple as that.*

*Plus, even as you start to increase your sparks and reduce your spots, you may still want to call in those who you trust and feel comfortable with, to help reaffirm what you think is your decision. For oftentimes, no matter how confident you feel in your own decisions, there may be another perspective because things have changed ~ the world around you has changed, and it is good to have those who you trust give you*

*perspective. Even those who you might not trust might say something ~ just some little thing ~ that might create an insight.*

*Spiritual.* (Waith writes the word on the board) *We asked you to tell us at the beginning, "What comes to mind when you hear the word Leadership?" Now, what comes to mind when you hear the word Spiritual? Write down some thoughts.* (There is silence while everyone responds)

*Let us hear some of your responses.*

**I came up with six words that made me think about spiritual ~ infinity, love, power, light, abstract and knowledge.**

*Very nice, very nice. Next.*

**I thought of ~ in touch with Self ~ able to communicate to Higher Self levels and perhaps Soul level ~ able to make decisions for the highest good of Self and others ~ acknowledgement of other dimensions.**

*Ah, very good. Next.*

**I put down, sensitive, guided, religious, gifted and divine.**

*Very good. Next.*

**I put down, levels of Self, blending of abstract and concrete levels, light, connected to all things.**

*Very good. Next.*

**A feeling that I'm not alone and others, which are me, live in other worlds, so to speak, in other dimensions, and they have other ideas and then we kind of try to coordinate those ideas.**

*Very good. Next.*

**I had, alignment, harmony, seeking, a sense of searching with humility, but not feeling that I know it yet, resonance, not imposing on other beings, integrity, resolving issues with honesty, Self forgiveness and forgiveness of others, going beyond judgement, individual path for the greater good, service, helpfulness, honesty and not trying to project something I'm not.**

*Very good. Next.*

**Holy, Unconditional Love, forgiveness, pure, goodness, balance, in playful coming together, infused, caring for others, sharing of Self, joined. My favorite was spotless, ☺☺ and then, control of power.**

*Ah, control of power. The ultimate power is to have no control and the ultimate control is to have no power.*

*We would like, each of you, as we are departing for this gathering, to individually come to the writing pad and place in your responses to Spiritual and place your name after it.*

*When we rejoin with you for the second part of this discussion, we will then look at your responses in a more in depth manner and make a connection with leadership ~ SPIRITUAL LEADERSHIP is the name of this convocation. And then, there will be some exercises, if you will, some techniques to work on to find layers of consciousness of Self. Some very concrete things to do. We have given you much abstract information. Yes, yes, he is nodding his head, "Yes, I want something concrete."*

**I want something I can grab onto. 😊😊**

*"I want something I can grab onto ~ I've had enough of this fuzzy wuzzy ~ something that is going to help me RIGHT NOW ~ help me with this issue of patience ~ give it to me right now." 😊😊😊*

*We understand the need for concreteness, the need for ritual, for that helps in the bringing of that concreteness into the abstract, which then becomes concrete, which then become abstract. However, you need to have tools to help you move along the way. And some of the tools will be concrete and some of the tools will be abstract, which will then become concrete.*

*Who was it who asked if each layer of consciousness had its own ego? Ego is a good thing, if used properly, just like everything else.*

**Is that a judgement?**

*Absolutely! You see, without ego, you would be where?*

**Not here!**

*You would be back in The One!*

**So we're already there! 😊😊**

*Very good, my love, you catch on!*

*Would there be any final, QUICK, questions, comments, observations?*

**What about this nature of paradox stuff? 😊😊😊**

*Oh, very good question, my love, indeed, "Ah, Waith, explain paradox."*

**Meditate on it!**

*Meditate on it, my love. 😊😊😊*

*A paradox is a paradox.*

*We are very pleased that you have been here for this time frame and we are looking forward to our next component with you. Enjoy the day.*

**You, too!**

*Oh, we will in our dimension. Our greatest pleasure comes from our clicker. 😊😊😊*

**Oh, you're clicking in on us or someone else?!**

*Ah, it is a decision at The Angelic level! We have millions and millions of channels ~ and there are millions and millions of channels.*

⚙️ **And then there's Mushiba.**

⚙️ **Millions unto herself! 😊😊**

⚙️ **One in many millions!**

*Ah, indeed, the irreverence begins to spark itself ~ very good, very good!!*

*We depart now and we send with you an energy of lightheartedness and fluffiness ~ and one of contemplation at the same time.*

**Oh, yeah, I don't think I'll have a problem with that!** (There is much laughter and chatter)

*We send to you all, then, the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Farewell.*