

Waith Class Transcript

OCTOBER 05, 2000



~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

*Information Given Interdimensionally
By Waith
Through Mushiba*

Waith Institute for Spiritual Leadership

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OCTOBER 05, 2000

SPECIAL TOPIC SESSION ~ GUIDELINES FOR GROWTH, AN ELABORATION

Waith: We bring to you the very Highest of the White Light from the very Highest of the Kingdom of Amelius.

Hi, Waith!!

It is a pleasure to be here in this gathering.

The purpose of this seminar and the two that will follow is to place onto the record information regarding THE GUIDELINES FOR GROWTH, which we presented to The Community of Terra Lux many, many earth plane years ago. It serves as our statement of purpose and also serves as the umbrella, if you will, of THE SEARCH FOR SELF, which is our teaching mechanism.

With the movement into that which you call cyber land and the teaching of THE SEARCH FOR SELF, we are attempting to bring a type of continuity into THE SEARCH FOR SELF and a very basic understanding of what, for some, will become a very complex journey into Self ~ whether they decide to use the Certification Process as their journey, or part of their journey, or whether they simply want to study the material that is called THE SEARCH FOR SELF. They will have, then, THE GUIDELINES FOR GROWTH as that mechanism by which they will be able to bring simplicity into what may be complex.

We, when presenting THE GUIDELINES FOR GROWTH so many earth plane years ago, did not give definition to each of the items. We purposely did not give definition for it was not the time ~ it would have been too much information for any involved at that time. Now, however, there is a larger context in which THE GUIDELINES FOR GROWTH can be applied.

Thus, we can say that THE GUIDELINES FOR GROWTH is the Mission Statement for THE SEARCH FOR SELF. We intend, then, to create what you would best call a little pamphlet that will include information from this session. The next session will be an application, giving exercises in which THE GUIDELINES FOR GROWTH can be applied and then, in the third gathering, there will be feedback on the applications and how they were implemented by those who used the exercises.

So, we go first into the abstract where we will elaborate on THE GUIDELINES and then we go, secondly, into the concrete and then we go, thirdly, into the balance of the abstract and the concrete, which is what our guidance is all about ~ abstract, concrete ~ bring balance to it ~ understand the spiritual and the precepts of your own path ~ understand how, then, to apply those precepts and the tools by which you can apply them. And then, finally, to analyze what you have done and determine if the precept from the spiritual component was, in fact, appropriate for you given the concrete application. And this is what our message is all about.

THE GUIDELINES FOR GROWTH ~ if you were asked by someone, "What exactly does it mean, these Guidelines for Growth?" in a very short answer, what might you say?

Just yesterday someone asked me and I referred to them as my commandments!

When we first gave THE GUIDELINES, someone referred to them as Waith's Commandments, to which we replied that we did not intend for THE GUIDELINES to be referred in that way because commandments imply, "You must do this!. THE GUIDELINES FOR GROWTH indicate a much more fluid responsibility within Self. So we would counsel you, my love, to be careful of using that word commandments.

I was actually speaking with my grandmother, whose only frame of reference was the Catholic religion and the Bible, and so sometimes, in order to bridge the gap of what I'm trying to say to her, I find myself trying to relate to things she was familiar with. So when she read it, she said, "I like these commandments!" 😊😊 So, not in a strict sense of the word, but used as the only thing she could relate to as a list of things!

Ah-h, a checklist. What would someone else give as a response?

I see them as a tool for balancing ~ between focusing on myself and focusing on that which is around me. There is always that line that we have to walk between when, "Do I have to think of myself first," and when is it important to think of that which is around me. There is always that fine line that we walk. We can't be of service to others unless we are of service to Self. We can't Love others unless we Love ourselves. But there is always the question of which should I be focusing on now? And we can't focus on both at the same time, but we can't focus on them individually either.

It is. It was meant to be a tool for balancing, for in its very outline it is Self and it is others. It is doing everything individually ~ it is doing every simultaneously. And so it is the great balance and the line that each of you has within Self for your own balance. This is what the journey within Self is all about, to find that line, to move that line as you increase in your own awarenesses because of the discovery within Self.

Let us now elaborate on these GUIDELINES FOR GROWTH. First and foremost, this is a process ~ this is not mutually exclusive, each of these items that are listed. It must be done individually but it must be done simultaneously. It has no beginning and it has no end, but it must begin somewhere. Where does it begin?

- ⚙ **It begins with me. I had to read the list. 😊😊**
- ⚙ **Inwardly ~ in some other level of Self.**

It is the paradox, is it not, of the concrete and the abstract ~ where does it begin? Did it begin in the abstract and come into the concrete, or did it begin in the concrete and then feed back into the abstract? The answer is yes! 😊😊

Which came first, the chicken or the egg?

Yes, Indeed. We bring this out initially because many people would say, "Where does it begin?" It would seem logical that it begins at the beginning, which is the first line item ~ Respect Self. Is that necessarily true? Is that the beginning?

There is no beginning.

There is no beginning?

No, everything is simultaneous and everything is individual, so how can there be a beginning and an end?

And so there is no end?

Right!

Oh, you mean then that it has nothing to do with linear? Oh! So somewhere then we are discussing, perhaps, a circle. So where do you begin if you are in a circle?

Anywhere.

Just anywhere? So that means, then, that you might begin simply by being joyful.

Anywhere, meaning one can't be without the other, so actually it simultaneously happens.

So, you are being everything at the same time.

At the concrete there could be a beginning. If we were speaking to someone in a concrete manner and they are asking, "Where should I start?" I could say, "Start somewhere, simply start." But on an abstract level we would say there is no beginning and there is no end ~ once again the two sides of it.

Indeed, at the concrete, one would want to have a beginning, would they not? For each of you, you want to be able to say, "Well, of course, we start with Respecting Self," and then everything else works from it. From a linear standpoint that is your best bet. At the same time, you are dealing with nonlinear and this is the SEARCH WITHIN SELF ~ to understand the linear versus the nonlinear. You live in a very small portion of your own energy ~ that is linear. Most of your energy is nonlinear.

You have manifested in this dimension, this dimension of Self, with a Mass Consciousness, with others who have manifested in this dimension of Self that is concrete. You have all bought the same line, if you will. You all agree that there is a beginning and an end in this dimension ~ no other dimension of Self, as it relates to this dimension, is linear. In order to get the process going in the concrete, you have to VERBALLY state Respect Self. Say it!

Respect Self.

Respect Self. It is a powerful statement. You have brought into this dimension of Self ~ that is concrete ~ awarenesses from your other dimensions of Self that are nonlinear that have already been involved in all of those activities that are listed, the simultaneous component. Think of it as if it were a wheel that is moving around and it comes to the point ~ let us say, this Ferris wheel, where you need to get off the Ferris wheel. And so it brings you to the docking point, if you will ~ you are still in a circle and you have been

experiencing the movement around and around and around, and it is time now to get off, and out of, the circle.

The point, in the concrete, that you get off the nonlinear circle is Respect Self. That is why we have given THE GUIDELINES FOR GROWTH in the way that we have given them, a beginning and an end, and yet a circle. So this means then that you all begin with Respect Self ~ as you exist in this concrete, linear dimension, which is what you must balance ~ linear, nonlinear. Following that particular thought process, then, you find yourself at the next point, which is what?

Love.

Yes, Love Self. Respecting and Loving Self are the two critical components to keep this wheel going. Nothing else can happen to accelerate this nonlinear wheel without your understanding of Respecting Self and Loving Self and your attempts to go within Self to bring Respect and Love of Self. You CANNOT Respect and Love others to any greater degree than you Respect and Love Self. You cannot give to others to any greater degree than what you have within Self. Does that mean that you must work only on Respecting Self and Loving Self before you can Be of Service to Self and Be of Service to Others and Love Others and Respect Others?

No.

What does it mean?

Well, when I first came here, I couldn't even look at the two top items on the list, let alone believe in them. And so, I jumped in the middle somewhere ~ to Be of Service to Self and Others and simultaneously. I chose those three to work on, and then I kind of could get up the rungs of the ladder. Then I could look at them and feel more Respect of Self when I was Being of Service to Self and Others simultaneously.

Indeed. What was happening is that you already had developed a degree of Respect and Love of Self that enabled you to go into a further along the line, if you will, component of THE GUIDELINES, which then became a feedback mechanism so that you began to Respect and Love Self more because of what you had done for Service to Others.

Many people will interpret THE GUIDELINES and the Respect of Self as meaning that you cannot work on anything else except Respect of Self since that is the most important component. Is that necessarily true? You cannot focus on anything else until you have achieved a level of Respect of Self?

No.

Why?

It's what was just said, we can work up ~ we can work at any point.

Oftentimes, people will become stuck within their own growth because they think that they must achieve a certain point of Respecting Self, and before they can do anything else, they have to achieve whatever it is that they determine is the level that they will

Respect Self, before they can begin to Respect Others. And this is certainly a way in which many, many entities behave. However, it can be self-defeating if one thinks that they must achieve a certain level of Respect of Self in order to have succeeded.

Self often imposes upon itself these unreasonable expectations that, "I must achieve this before I can really show that I have grown." Well, that is nonsense. Every infinitesimal movement is growth and success, even if that movement, and hear us well here, is backward. "Oh, I will regress if I judge another ~ I have regressed ~ oh, I've moved way back on the scale of awareness." That is silly. Whatever an entity does, whatever movement, is growth and success, even if you move back in your understandings, for moving back in your awarenesses means that you simply reflect ~ you have grown as a result of reflecting. You have grown as a result of moving back.

There is no such thing as not growing ~ it is an imposition that Self places onto Self ~ some standard that is measured externally rather than internally. Everything that each of us does is a way in which we develop Respect of Self. Now, the darkness would want you to believe otherwise, "Oh, you've been bad ~ look at those thoughts you're having, look at that behavior ~ you've said something unkind about somebody ~ you have regressed ~ you're bad."

The abstract of all of this can be a bit overwhelming. What does it mean to Respect Self? What does it mean to Love Self? And how are those two different from each other? What is the difference between Respecting Self and Loving Self? Are they not the same? If someone were to ask you, "What is the difference?" what might you say? (There is a long silence followed by a bit of laughter)

I would say that to Love Self means that I can say to myself that it's okay that I've done those things and not judge Self negatively, saying, "I can't believe I said those things," or "I am a bad person." That would mean that we Love ourselves. To Respect Self is to realize that no matter what I did it has value for Self. It means that I have grown in some way. In a sense they are very similar and I think they come together.

Indeed. My love, you have something to add? (Waith refers to another participant)

Just that they are very closely connected.

Indeed. My love, you have something to add? (Referring to another participant)

Respect Self means that what I do is all right for me to do it. Love Self would mean I enjoy myself, I'm pleased that I Respect myself. Again, it's all a circle ~ one dovetails the other.

Indeed. It can be the greatest challenge as you SEARCH WITHIN SELF to differentiate between the two and, indeed, as others would see you and observe your behavior and wonder, "What is the difference between Respect and Love?" RESPECT can be considered NON EMOTIONAL. LOVE can be considered EMOTIONAL. Now, what does that mean? ☺ ☺ Is Respect something that you can measure concretely? Is Love something that you can measure concretely?

Neither.

Ah-h, how does one measure Respect and Love?

A feeling within ~ emotional feelings.

Ah, but if Respect is non emotional, then what does feeling have to do with it?

If we Respect ourselves, there is still a feeling there.

If one Respects Self, they then Love Self. The emotion of Love comes out of the non-emotion of Respect. Respect is an attitude that one has for Self and the world in which Self exists. Out of Respect comes Love. You cannot have any greater degree of Love for Self than you have for Respect of Self. You cannot have Love without Respect. You can, however, have Respect without Love, for Love is the working instrument that comes from Respect.

Emotional ~ non emotional. Love, as defined on the earth plane, is very emotional. Respect, as defined on the earth plane, is not. It is more of, "Well, I Respect myself." It indicates that there is a very definitive line that has been acknowledged by the entity, "I will allow this, I will not allow this ~ your behavior is disrespectful ~ your behavior is Respectful." Now emotion can become part of it if Love is involved with the interaction. If there is someone who you are interacting with and you are trying to achieve a level of Respect, the Love, therefore the emotion, may enter into it.

A concrete example ~ something happens and we just put a damper on it, "I don't allow this to happen, I have enough Respect of Self." That's just unemotional.

That can be.

And then we bring in the Love of Self ~ the Love of Self is then actually able to create Respect of Self even more.

Love tempers Respect. The Respect, in some cases, can be very, very hard, if you will. When someone says that they Respect Self and they will not allow such and such a behavior by others, because after all, they Respect themselves, that can be looked at as jaded almost, as you might call it on the plane. It is the Love of Self that brings in the tempering, that softens, for there is then the Love of others to, as we then move on, Be of Service to Self, Be of Service to Others.

Well, when do you start to look at Being of Service to Others in their attempt to Respect Self? Are you hard about it, "Well, you will learn what it means to Respect Self from my example. I will not allow you to do this." Rather, you reach a point where the Love says, "I understand that this person is working on Respecting Self. Perhaps my understanding of myself has a greater awareness than this other person and it is up to me to help that person in their path toward Respecting Self." And so Love enters in and tempers Respect. And, you see, the two simply feed ~ Love and Respect ~ on each other and give fuel, if you will, to the circle. It is the fuel of the circle ~ Respect and Love.

So now we have given to you the fuel that keeps the wheel moving. Now let us look at these other line items. We have talked about Achieve Each of the Above Individually,

Achieve Each of the Above Simultaneously, as part of the concrete and abstract component. So what comes next?

Be of Service to Self, Be of Service to Others.

Yes. Now, when you take on the issue of another, are you imposing upon them?

If we don't have their permission, yes.

There is the qualifier ~ permission. There are many entities, as you know, who more than gladly, more than willingly, will let you take on their issue ~ no imposition involved at all. In fact, they expect it, which can be an imposition, but we will not go down that road. So, if you simply take on an issue of another, you are imposing upon Self and you are imposing upon another ~ double imposition. And it is this arena in which most entities find themselves so entrenched, because it is dealing with issues.

Dealing also with particular ego issues. It feeds upon ego to take something on from somebody else.

Yes, it does, and it can be one of those challenges and one of the ways of learning about ego.

After the service component, what comes next in THE GUIDELINES?

Be Joyful, Be Serious.

Yes.

You skipped the other two.

We have not skipped the other ones! ☺ ☺ We have addressed them earlier.

Sometimes an entity will find their whole life is spent completely in joy filled activities. Others will find, completely, their life is serious ~ this is part of the path. For those who have taken on a path of complete joy filled or complete serious filled, they are working through extremes, for the goal is to be balanced, to have an understanding of how the two, joy and seriousness, come together, that it is important to have both in one's existence.

Being too joyful can create its own set of issues to be worked through ~ always being la-la, as we sometimes refer to it, to the extent that the responsibility component of THE SEARCH FOR SELF is diminished, for there is a giddiness, if you will, that can occur. This is different from finding joy within all that is done and understanding that no matter how difficult an issue is that you are working through, there is joy in the fact that you are working through it. So, joyful, serious. Then what do we come down to at the very end of these GUIDELINES ~ and be careful of the wording.

Be Single of Purpose and Be Unified in Purpose.

Be Single OF Purpose, Be Unified IN Purpose ~ there is a difference in those two little words ~ IN and OF. What is the difference? Be Single OF Purpose ~ what does that mean?

I take it to mean focused.

In what way?

Focused on whatever is in front of me at the moment, whatever I was embarking on doing or saying.

Indeed. Any other responses? (There is a silence)

You are an individual ~ you have a purpose ~ it is OF YOU and you alone. Unified IN Purpose means that there are others who have the same purpose ~ they are in it together. There are many groupings that come together, supposedly unified, but they are not, for their purpose is not unified ~ they are not unified IN their purpose. They may come together from this single OF purpose and not translate it into a group being unified IN purpose. Until an entity can play in those arenas harmoniously, there is the difficulty of the purpose ~ it is The Mass Consciousness.

Once The Mass Consciousness is created, such as it has been for this experience that you all have in the concrete, there is a unification in purpose that is The Mass Consciousness ~ it is the goal of each individual to find their place back into that unification through your own individual purpose and then coming together. It is much easier said than done ~ and why there is such a difficulty for many entities to connect to The Universal Consciousness in their meditations. It is the reason for THE SEARCH FOR SELF ~ to connect to The Universal Consciousness through Self.

It is all right to be connected within Self ~ that is certainly what needs to be done. But, just as we have said so often, the ACCESS TO INFORMATION that we have is available to everyone, access to The Universal Consciousness. It is simply the inability that many entities have in doing that because they have not developed their skills to do so. There is nothing mystical about it. It is part of the journey and part of the reason that we have THE GUIDELINES FOR GROWTH as the mission of THE SEARCH FOR SELF, to ultimately get you back in connection with The Universal Consciousness ~ The Mass Consciousness, however you want to refer to it.

Once you are able, then, to connect back to The Mass Consciousness, what will that do? You are still living your life on the plane but you are now able to connect to The Mass Consciousness. What does that do to the circle that you are in ~ in the abstract? (There is a silence) Think of THE GUIDELINES as linear and then take them and make a circle out of them. What happens at the end in relation to the beginning of this linear? Make circle out of the line. (There is a silence) You are unified in purpose ~ what does that now connect to?

Respect Self.

Very good! How many times did we have to say this to get the answer from you? 😊 😊

This is where the circle, then, at abstract, is created. At abstract your very highest levels of Self are connected to The Mass Consciousness. It is the concrete that must find that path back through Self ~ the levels of Self that will not give up the information, for any number of reasons, which is another discussion, of course, and part of the entire SEARCH FOR SELF journey.

Now that we have given you an elaboration ~ more of an abstract discussion ~ what comments, questions or concerns would you have? Observations?

In order to be Unified in Purpose, don't we have to be able to get the concept of following and leading to be able to be Unified in Purpose?

Indeed, and why is that my love?

We are each leading and following and guiding. Someone might be able to have achieved in one particular area, a higher percentage, and another one in another particular area. So one is leading in that area and the other is leading in that, so we need to understand that they are not in every level equally a leader or follower. So if we all understand this, then we can really be Unified in Purpose.

Indeed, that is a component of it. Certainly an advanced discussion of being Unified in Purpose ~ to bring in the leadership component ~ and the leadership component is a part of THE SEARCH FOR SELF. In order to understand The Community of Self, which is a part of THE SEARCH FOR SELF, one must understand the components of leadership and leading and following and the percentages that are applicable to each entity that they have taken on for learning a particular lesson.

When we talk about balance, for example, joyful and serious, and you have talked about the teeter totter ~ and we always want to achieve the balance, and we are working on a certain percentage to get the balance. But we actually grow within the imbalance. Would you talk about that?

That is inherent in THE SEARCH FOR SELF that growth occurs only with imbalance. When one is balanced, what is there to do? Nothing ~ boring. And so, the teeter totter must always be moving up and down. There may be extended periods of time where the balance is there and there is a sense of, "Ah-h" You take a deep breath, "That issue has been resolved." And then, "Ding, ding!" 😊 😊

Many entities will take on an entire lifetime where, as we have referred to it, it is a vacation lifetime or a play lifetime in which they do not have to take on any issues. They can, in fact, come onto the earth plane and enjoy it in its harmony, as best as can be enjoyed on the earth plane, a playground of disharmony. But nonetheless, there can be a lifetime that, relative to others on the plane, is quite balanced. But, you see, that gets boring.

Where do we sign up for one of those? 😊 😊

Ah-h, but you can, you see. You can, any time that you want to. And many entities choose to do this rather frequently. And that is fine. It delays the time on the earth plane, for there is no resolution of issues, if you will. It is part of the fine print that, "This

lifetime means that you will have several lifetimes that you have to make up for having a lifetime where there was no issue resolution.

That's a penalty. For one play life, we have to come back five extra ones! 😊😊

We do not consider it a penalty. It is simply part of the game. PLAYTIME ON THE EARTH PLANE ~ remember the discussions we have had. (Waith is referring to his transcript, Playtime On The Earth Plane) It is part of the game. It is part of the rules that The Universal Consciousness established, which is all of you, all of us. So, one good lifetime, five not so good lifetimes ~ it is not quite in that way. It simply means that you can put on the back burner the issue resolution and it is time to play and relax and have a vacation. And you know what happens when you come back from vacation. Your in box is overflowing, for nothing happened while you were away. Everyone expected you to do it when you got back. And that is a way you could associate it with.

What we plan in our next discussion with all of you is some application exercises. We will give you some exercises of a very concrete nature that you can play with to test your own place in the circle, if you will, of THE GUIDELINES FOR GROWTH. And then we will let you run off and play with the exercises and then return with some feedback on how it worked, or maybe did not work, and what insights you gained as a result of both situations, for something NOT working is just as beneficial as something working and, in fact, very critical that you have both ~ things that work and things that do not work.

So, that is it in a nutshell. This series will serve as the prelude for THE SEARCH FOR SELF as the information is put into a more formal mode for entities. So, you have served a very useful purpose in being here.

We are ready to depart. It has been most joyful to have been in your environment. We send to you all the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Farewell.

Thank you, Waith.