

Waith Class Transcript

FEBRUARY 26, 2001



~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

*Information Given Interdimensionally
By Waith
Through Mushiba*

Waith Institute for Spiritual Leadership

A Publication of Terra Lux Media ~ 2001

For more information, please contact us ~

terralux.org | Email: Admin@terralux.org

Postal Mail: Community of Terra Lux, Inc. | Fox Hill Lane #121 | Enfield, CT 06082

FEBRUARY 26, 2001

OPEN SESSION ~ GENDER SELECTION ~ PERSONALITY ~ GAINING SELF-AWARENESS ~ FOCUSING (MEDITATION) ~
TRAINING GROUNDS ~ INTERDIMENSIONAL TRAVEL ~ DREAMS

Waith: We bring to you all the very Highest of the White Light from the very Highest of the Kingdom of Amelius. The greetings to you all.

Hi, Waith.! Greetings.

Hello.

Hello, hello.

Ah, it is an Amazon group. (Only women are in attendance. There is laughter and chatter) Be careful of what you cheer, my loves. ☺ ☺ We say that in a lighthearted manner, but also, not quite as flippant as it might at first glance appear to be, for that particular culture that you know of as perhaps mythology is in reality actual.

And one of the things that we like to introduce so often, especially when there are new energies in a gathering, is that gender is not always what it appears to be. And there is a concept known as dominant gender. On this training ground that you find yourselves, the earth plane, there are two genders currently, male and female, and each has its assigned encasement.

And in order to learn lessons, however, from one lifetime to another, it becomes imperative that the encasement of the particular gender not, necessarily, have the same energy gender. It accounts for many of the issues that you find currently on the earth plane relating to gender. And so, what is an interesting phenomena is that your encasements may be female but your energy may not ~ and vice versa.

And so there are essentially four basic conditions ~ you can be female encasement with female energy, you can be male encasement with male energy, you can be female encasement with male energy and you can be male encasement with female energy. And then of course, there is the variety pack. ☺ ☺ You may have half and half energy and half and half encasement. Oh, the possibilities are endless, you see.

So the point that we were making, and there is a point, if you were wondering, we bring you back to the comment about Amazon. ☺ ☺ Indeed, many of you in this gathering, were Amazons, in that particular culture, but many of you were not. Just because you are female does not guarantee that you were in a female type of environment and just because you are male does not mean that you were not.

Was that in this illusion?

The Amazon culture?

Yes.

No, actually, it was in another illusion. However, it has its threading in this illusion that gives it the planted memories from another illusion. What?

Zena.

Oh, yes, indeed. You know, one of our challenges is that we have the memory bank and the knowledge to work through with Mushiba. And so, oftentimes, when we are trying to find a frame of reference in which we give our information, we need to plug into Mushiba's understandings, and thus apparently this Amazon reference. Zena.

She is a warrior princess.

Ah, she is a warrior princess. You see, Mushiba does not, what you say, watch this program. Yes. Indeed.

We'll get her the video.

Indeed!

So, in any event, we are pleased that we have renewal of so many energies, for you all as a group, have come back together in this moment in time, for you have been, in other lifetimes, together as a group. We like to do that. We bring together energies who have been in groups in the past, other lifetimes. And while it may seem that you all are new to each other, many of you, you are not, from an energy perspective. You feel comfortable, you are in a comfortable flow of energy in this gathering. You all share at least one lifetime in common, each of you.

Now we will not go into the specifics of that as to whether it was a lifetime that you would want to remember and in what particular roles you happened to have in those lifetimes. ☺ ☺ We generally would not give that kind of information in a public gathering. However, if any of you are curious, we do private sessions for that type of information.

And so, we find ourselves in a very nice gathering. We also anticipate bringing the majority of you into a very nice group meditation at the end of this, if you so choose to do so. Mushiba was indicating to us as we transferred with her, to give you a timeline. We are not very good at timelines, however. We see time as a flow of energy. And thus, we would expect that you can look at the meditation time as not too long and not too short. ☺ ☺

That pins it right down.

Just right!

That sounds familiar, actually.

Indeed. So then, we would entertain questions, comments, issues, that you might like to bring into the gathering.

When we incarnate from each lifetime, do we carry the same personality, even though we have some stage to act out for each lifetime? Do we basically have the same personality beneath all of the lifetimes?

The short answer to that is yes, no, and maybe! ☺ ☺ Actually, the way we would answer that is, generally speaking, the personality will change given whatever the dimensions of the life happen to be, as planned prior to entry. However, we refer to what we call a pattern of incarnation ~ or a series of lives ~ that we have indicated in private sessions. An entity may look at a particular lesson to be learned and determine that it will take ten to fifteen lifetimes in order to work through that particular lesson and it is then a series of lifetimes. In that series is where many of the group issues come into play, so that in that series you would take with you many who would follow also in that series.

Generally then, in a series of lifetimes, there is a consistent personality, as you define personality on the earth plane. That is important, in general, so that the personality itself is a lesson that is learned, and one can take on the learning of different personalities from one lifetime to another. But in a series of lifetimes, it enables you to more deeply develop particular personality traits. They may be personality traits that have been ascribed to the female gender or the male gender in which one wants to learn how to understand more deeply what they would meet up with, if you will, in another.

There are situations in which, from one lifetime to another, the personality changes. What does not change is the essence of Self. This is at the Soul level. So the Soul of Self remains true to itself and stores all of the information ~ all of the different personalities that one has.

Your question also brings in a deeper discussion in the Search for Self, which is our study mechanism. And the concept is that each energy has dimensions of Self. You have heard of Higher Self and Soul as dimensions or levels or layers of Self, and the concrete Self as another level or layer. We refer to them as dimensions of Self. And within Self, there are many, many, many dimensions ~ arbitrarily subdivided by using Concrete Self, Higher Self and Soul. There can be a Middle Self, there can be a middle middle. There can be a lower middle ~ that kind of strata that might develop.

Within each of these dimensions of Self, there is a personality ~ which makes for very interesting journeys within Self to find your answers, for there are levels of Self that have had experiences on the earth plane in other times, in other lifetimes, on other training grounds, other than the earth plane. They bring that experience into Self, the Council of Self, as Mushiba calls it. We actually like that designation, the Council of Self, in which, when you go into meditation, you go into Self to find out what the different dimensions have to give Concrete Self for information.

Personality ~ perhaps you are working on a personality trait in this lifetime that you want more knowledge of, you want more insight as to why you have a particular personality trait. This would be a good journey within Self, to see what other dimensions or layers of Self have also had experiences with, that particular personality trait, and may have come to resolution or not. For it is truly Self where all the answers are for Self.

Personality is one of the most interesting components of the journey outside of The Universal Consciousness. We have a personality ~ we know you find that hard to believe. ☺ ☺ We have many different personalities, depending on what we are setting out to accomplish. We have one main personality and many sub personalities, just like each of you. You each have different personalities for any given situation.

The goal is to blend and merge all of those personalities so that Self becomes blended and merged within Self and all of the dimensions are harmonious. At that point, it is time to return to The Universal Consciousness, for as we like to say so often, it becomes boring when everyone agrees ~ and there is nothing to do. Self is not in conflict with Self any longer. Think of it, how boring it is. We know some of you would want to have some moments of boredom, but the journey on the earth plane is about learning lessons and it is about the conflict as you call it.

We refer to conflict in a positive way, for it is in the conflict that lessons are learned and harmony comes about. And as you gain more harmony within Self, you become more harmonious within Self, and you reach levels of patience and peace within Self as you learn lessons. And your personality ~ the many fragments that it may have ~ begin to merge, within Self. And thus, you may take on a series of lifetimes where the personality traits are emphasized and then they are merged into the greater Self, into the Soul memories, to be called upon when needed for future lives.

Everything that you need to work with as a tool for this life that you live currently is imbedded in one or many of your dimensions of Self that only need to be drawn into the concrete when needed. There is no need to know all of your memories. Think of it ~ many of you have had many hundreds of lifetimes. You do not want to remember everything that went on in every lifetime.

It's hard enough to remember what happened yesterday.

Indeed. Just knowing what happened prior to our entry in could be a challenge for some of you. ☺ ☺

Thus, what works best in the learning of lessons in a particular lifetime is to draw upon the experiences that come from other lifetimes that relate to this particular lifetime. And we are most happy to give information in private sessions where that is concerned. We are not willing to just give information about past lives for the fun of it, for to us that does not serve any purpose, unless we feel that it would help you as an entertainment factor. We are prone to do that on many occasions. ☺ ☺

So, my love, that was a most thought provoking question.

Thank you. And I have an answer to think about, to meditate about.

Meditate on it, this is one of our Waithisms. Meditate on it, for truly that is our message ~ that you need to find the answers within Self. We are not here to give you answers. We are here to give you guidance. We are not fortunetellers, although we can. We choose not to and we prefer, rather, to let you do all of the hard work, going within Self

and meditating. That truly is our message. And we are here to help you along the way as you seek to learn your lessons, to give you guidance in the way in which you can learn those lessons. Whether you take our guidance is an entirely different situation. However, we are here to give the guidance.

Other questions, observations, comments, concerns?

When you said to meditate on it, I'd like to share with the people here, who are new and might have similar experiences that I had when that meant nothing to me. I didn't have a clue two years ago what meditate on it meant. It seemed like one of things that when we are asking our mother and she says, 'Because I'm your mother', which usually means, 'I don't have a clue what the real answer is, I am just brushing you off'.

So now, my love, after two years do you know the answer to that?

No, I don't know the answer, but I know how to meditate on it ~ my way. (Group laughter and chatter)

Oh well, why do you not share that then, since you brought it up?

It doesn't always mean I find the answers.

Share your experiences, my love.

I have much more quiet time than I did two years ago. I make it a point to stop during the day or start every morning off just being quiet and trying to ~ it sounds kind of strange to say ~ hear what Self is saying. But I just take a few minutes and asking Self, "What is it that you want me to learn today? What do I need to know: What information do you have to share?" I have found that meditation did not mean sitting in a lotus position, or like a pretzel. Being in your *Meditation Your Way* sessions, I learned that I could be meditating while I was line dancing, or laying with my dog first thing in the morning. It's amazing the change in my life from learning that. But I'm still learning, a neverending lesson.

Indeed. If there were nothing left to learn, there would be no reason to be here. That includes us, by the way, in the Angelics. Any energy that is outside of The One ~ The Universal Consciousness ~ has something to learn. There is no one, no energy who you would meet outside of The Universal Consciousness that has nothing to learn. Anyone who would say to you that they have learned all that there is ~ they are enlightened, they are advanced ~ do not believe them, for truly, as we say to you, as an Angelic we still have much to learn, so too does everyone else.

Do not hold in awe any other energy, in whatever form they may take ~ human, animal, mineral, carpet, sofa. All have consciousness ~ it is energy encased. No one is superior to another and no one is inferior to another ~ that is a most important concept to understand.

And, my love, you have explained well that which you found difficult to deal with, initially. The issue of meditation is one that many people respond to because of certain elitist information, as we call it, on the plane where in order to meditate, you have to be sitting in a particular position ~ generally an uncomfortable one ~ you need to be surrounded by a particular type of environment ~ particular music, particular lighting,

candles perhaps. For many people, this is very appropriate ~ this is in fact the best way for them to meditate.

We take this one step further in our teachings and we have labeled it MEDITATION YOUR WAY, which means that you find the best way for Self to meditate. It does not necessarily mean that you must be alone and quiet ~ it can be driving your automobile, it could be taking a walk, it could be playing with your animal companions, it could be a favorite hobby that you have where you quiet yourself.

The purpose of meditation is to quiet Self and to find answers within Self, to be able to listen to Self first, and that can take on any form, any place, any time. We encourage those who come to us to meditate at least once every day ~ that this is not a luxury, this is a necessity ~ and that you find a particular time or spot or way in which you would quiet yourself.

We have jokingly said that if you are in the work environment and cannot get away, that you go to the restroom and sit there for five or ten minutes. ☺ ☺ And if anyone does bother you, then you have a greater issue to deal with than trying to find quiet time. Meditation then can take on an extended period of time where you might be quiet for thirty minutes, sixty minutes, several hours, or it could be simply a couple of minutes, five minutes, where you simply catch your breath sometimes.

We also, in terms of breathing, do not recommend a particular way that you breathe, but rather one in which it feels comfortable for the flow of your own energy. Two popular methods are in through the nose and out through the mouth, and into the mouth and out through the nose. Some people, they gag when they do one of those ~ for others, it is very natural. So we simply in any of our guided meditations will say to breathe in slowly and breathe out slowly ~ however that works for you. You may breathe in through the nose and out through the nose, in through the mouth and out through the mouth ~ whatever feels right for Self.

The whole message of guidance that we give is related to the finding of the truth within Self and not what we tell you to do ~ not that anyone listens to what we tell them to do. ☺ ☺

Other comments?

You say there are other training grounds. Would that be other planets?

In many cases, it is, my love. Training grounds are both concrete and nonconcrete, or abstract, as we would refer to them. We have indicated that the planet Earth is called the earth plane and in its concreteness, it is the focus of the earth plane as a training ground. It has, however, many other dimensions of itself.

Those planets that you have come to recognize as part of the Earth planet, some of them are very specific training grounds in which energy can move onto and go into a particular form that is appropriate to that particular training ground. There are many

planets, as you call them that are not seen by your scientists currently that indeed exist as part of the planet Earth.

There are many dimensions within each of the planets. For example, planet Earth has a dimension within it that we have referred to as The Underground Community. It is as viable an existence as you find yourselves here. It simply is not seen by this particular dimension. It is as we refer to it, interdimensional.

You have the ability to travel interdimensionally. Generally, when you go into the sleep state, you do this. Interdimensional travel and communication is nothing mysterious, nothing that only a select few are able to do. It simply is that many entities for this lifetime that they have chosen, do not want to know of their interdimensional travel and communication. So they do not remember their dreams, for example.

Going onto other training grounds is also a part of interdimensional travel, which you can do very easily in the dream state, as you call it. You are also able to simply do it in a meditation. Many entities block that, however, because there is a certain fear that they have of what would happen if they did not feel in control of their interdimensional travel.

Other training grounds ~ we have only over the years said that there were other training grounds. We have not really gone into much detail so that we do not take the focus away from the earth plane as a training ground. We have indicated however that there is a water planet, as you would call it, as a training ground. Many entities have been moving back and forth between the planet Earth and the water planet, which is one of those currently unseen planets by the scientists.

The most popular training ground that we have found entities wanting is the Candy Planet which is for those of you who are addicted to chocolate. Apparently this is the training of choice by many. 😊 😊 😊

So when we remember our dreams, did we actually have those experiences in our dream state?

Yes, indeed. You raise a very interesting discussion which we have had several times regarding dreams. Dreams generally can be classified as lives that you have already experienced in which you go back and either re-experience it ~ because it is interdimensional travel, and time has no linear form outside of the earth plane ~ or you simply go back and observe so that you are not actually living the life again.

Dreams can also then take on the form of future lifetimes in which you would be perhaps laying out a plan of action for a future life and you want to play it to see how it is going to actually be, and so you are observing a future lifetime. You may actually go in and live a future lifetime. Of course, this is rather a moot point since time is not linear outside of the earth plane and therefore, existence is simultaneous.

So past, present and future is simultaneous ~ you are living it currently. But for the sake of the experiences in this particular training ground in which time is designed to be linear, the perception is that there is a past, a present and a future. Therefore, the way in which

the dream state is setup for all energies who are existing on the planet Earth, is to present that perception of linear time. And so it gives you an opportunity to truly look at your dreams as messages from Self.

We are on the record for not encouraging people to look at these dream books that tell you what a particular symbol means. Look at your dreams as your dreams. These symbols, by the way, have come from, over the years, many people talking about what they saw in their dreams, and the commonality that comes out of it is not from the symbol itself but from the commonality of the experience. And so many people have had very similar experiences, thus bringing about what would be referred to as a frame of reference for a particular symbol.

But look at your dreams, keep a journal of your dreams, we encourage this for it will give you much information about Self ~ bits and pieces. Usually a dream does not unfold itself in some dramatic way as a motion picture would but rather, as you are awakening, you will remember something. Write it down ~ for it will elude you very quickly, even after you have written it down. The memory of it for most entities, dissipates.

In our dream state, do we visit with our relatives or friends?

Yes, indeed. The dream state enables you to move within time, linear as it is, simultaneous as it is, and thus many entities have related experiences in which someone who has left the earth plane comes to them in a dream. Yes, that is interdimensional travel and communication. This is not an unusual situation at all. It does require however, a certain level, a certain ability that one has learned over their lifetimes, if you will, where they have specifically had experiences that increased their ability to travel and communicate interdimensionally.

The more that you have acquired the skill and practiced it, the greater your ability to do so. Some lifetimes that an entity takes on specifically are geared toward increasing their ability in this area. Other lifetimes there is a deliberate blockage of this, so you will hear some entities say that they do not remember any of their dreams, they do not have these experiences that others have in their dreams, and that is real for them. For any number of reasons, they have chosen to block that. But for those who do have these memories, use that as a very valuable tool that Self is giving to Self for beneficial information.

The dream state, by the way, or the sleep state, is a form of meditation. It is a very valuable form of meditation and one that is often overlooked and dismissed. We have had many in these gatherings where we lead a meditation, who go to sleep. And they apologize for it, and we indicate that that is not to feel any apology for. Whether you concretely remember anything in the dream state is not the issue. Whatever goes on in the sleep state goes into the total consciousness of Self, in whatever level it needs to be held, and most definitely into the Soul.

(There is bantering now about the timing bell not being heard by Waith, and time thus running out, and who was responsible)

We joke of the issue of responsibility ~ it is one of our main teachings. One must take responsibility for their own behavior and the implications of that behavior that Self has. On the one hand, it is all about finding the truth within Self and finding your own answers ~ and on the other hand, it is about exactly that and being responsible for the implications of the decisions that you make.

You cannot just flippantly say, "Well, it's all about Self." It is all about Self, but it is all about others also. It is all about interacting. And we each learn lessons because of our interactions with others. And so, on one hand, we are each separate, and on the other hand, we are all connected and we are One ~ and everything, every behavior, every thought form, everything, is felt by every other energy. You may never see the ripple effect and it may not have a dramatic impact upon the total energy, The Mass Consciousness, but it has an effect.

And so each of us is responsible for the recognition of the implications of our behavior upon the totality, not just upon those directly connected with us, our friends, our relatives, but everyone. As you sit on the carpet, you are sitting on consciousness. It is not life as you know it, for consciousness exists in everything that is concrete ~ everything.

Respect the consciousness of all energy. And each energy, each of you, may, in the package that you create for your own journey outside of The One, decide to incarnate into a fiber that makes up the sofa. You may incarnate into a wire that makes up the electrical components that enable our pearls of wisdom to be recorded.

Everything has consciousness. With that understanding then, you give the greatest respect to everything and there is harmony. You treat everything in the same way that you would want to be treated. This is not a new philosophy. We simply extend it by indicating consciousness, not just life ~ life as you know it ~ consciousness as it exists in everything. If you abuse the carpet, the effect of that will be felt throughout The Universe.

Much more of an answer than you had expected. Brave Soul.

Fascinating.

We will prepare for the eight o'clock magic moment for meditation. (Waith refers to the Monday Circle of Light. He will lead the group gathered. This will not be an official part of this session)

We send to you the very Highest of the White Light from the very Highest of the Kingdom of Amelius.