

# *Waith Class Transcripts*

## How to Determine Your Level of Self



*~ A NOTE FOR THE READER ~*

*Waith's words appear in this font style.*

*If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally  
By Waith  
Through Mushiba*

*Waith Institute for Spiritual Leadership*

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# HOW TO DETERMINE YOUR LEVEL OF SELF

(THIS TRANSCRIPT IS AN EDITED VERSION OF THE WAITH CLASS OF MARCH 10, 2004)

*Waith: The blessings to all of you!*

**Hi Waith!**

*Our topic for this class is HOW TO DETERMINE YOUR LEVEL OF SELF. Level of Self ~ what did we indicate in the last class about Level of Self? (Waith is REFERRING TO ROOT DIMENSION AND THE TRAINING GROUND OF SELF)*

**Each level has its own Concrete, Higher Self and Soul.**

*Indeed.*

**And that it was contained in the neverending circle.**

*The neverending circle is the nonlinear representation.*

*When we talk of LEVELS, we are talking of LINEAR where there is defined the three levels of Self ~ the Concrete Self, Higher Self and Soul. Translate that into the neverending circle and it no longer is delineated in quite the hierarchal manner that you see in the linear component. It becomes, then, what with the neverending circle?*

**Nonlinear ~ or, as you have said, abstract.**

*Let us look at the neverending circle again. (See Illustration A~1 below) What makes the neverending circle, or the nonlinear aspect, different from the linear?*

**The neverending circle is simultaneous.**

*Yes, simultaneous. If the neverending circle is simultaneous, what is the LEVEL, the nonlinear?*

**It has a beginning and an end.**

*It has a beginning and an end. That is the distinction. When talking about linear, it has a beginning and an end. (See Illustration A~2)*

*When we talk about the spectrum of anything ~ whether it is the Spectrum of Light or the Spectrum of Spirituality, it has a beginning and an end. However, a spectrum truly is not linear ~ a spectrum is, indeed, a neverending circle.*

*So, it is SIMULTANEOUS versus BEGINNING AND END.*

*For some, it is enough for them to understand the beginning and the end component of any of the concepts ~ Concrete Self, Higher Self and Soul. It has a level and you are right here in this concrete level of Self ~ where you are now.*

*Then someplace else, maybe three quarters of the way up in your encasement, is the Higher Self, ☺ because after all the Higher Self is the intermediary to the Soul and the Concrete Self, so it must be higher than Concrete and lower than Soul ~ it is in the middle. Soul, of course, is at the top! ☺*

*What does simultaneous mean?*

**All at once.**

*All at once ~ what does that mean?*

**There is only one moment.**

*Ah-h-h! Moment as defined by what?*

**Linear time.**

*Yes, linear time, and as a frame of reference to understand simultaneous it is appropriate to say that. To truly move into the more abstract understandings of simultaneous as*



*something other than a moment in time can stretch the linear brains of many. It is enough at this stage to hold onto the fact that SIMULTANEOUS means IT IS OCCURRING ALL AT THE SAME TIME.*

*HOW TO DETERMINE YOUR LEVEL OF SELF ~ the very implication of that title means that there is more than one level because now it is saying how you determine your level of Self ~ right here, now, and not to mention all the other YOURS that are involved in Self.*

*How many levels of Self, as we look at it from a linear perspective, are there within each energy form ~ these levels containing the three components?*

**Near infinite?**

*Near infinite. What exactly is NEAR INFINITE? ☺*

**That means something that we can still count.**

*Can still count, yet almost uncountable. Simultaneous would then be what in terms of the number?*

**Infinite.**

*Infinite. That was easy! ☺ Infinite means what?*

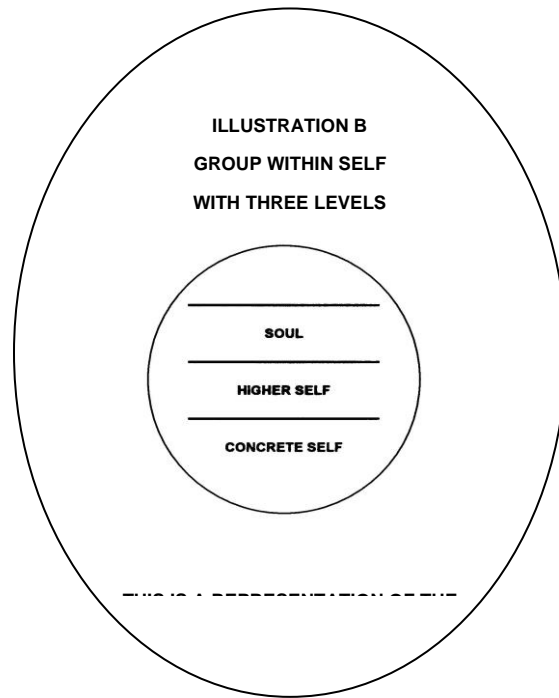
## Neverending.

*Neverending ~ for a simplistic understanding. Near infinite ~ it still ascribes a number and yet it is a very large number.*

## Do we, then, have many, many, many Higher Selves?

*What you have as an energy are many, many, many ~ from a linear perspective ~ GROUPINGS OF LEVELS.*

*As an example, let us say there are one, two, three groups that have Concrete Self, Higher Self and Soul in it. And we will illustrate with one grouping. (See Illustration B)*



*You are many groups within Self. Each group has three levels within it ~ subgroupings. You have infinite, or near infinite, numbers of groups and within those groups each group has the three levels of Concrete Self, Higher Self and Soul.*

*So yes, you have many, many, many Mini Souls, as we called it. Remember you have the Grand Soul, which is the overseer of all the Mini Souls. (For a discussion of the Grand Soul please see HOW TO CONVENE A MEETING OF THE DIMENSIONS OF SELF) Within each grouping of Self there is a Soul, Higher Self and a Concrete.*

*Where are you in your particular level or group? First, you need to find out your group and then you need to find out if you are actually part of the Soul of Self, the Higher Self of Self or the Concrete Self of Self. Right now you are all seated in this class thinking, "What is he talking about ~ we're very concrete!" Is this correct?*

**Yes!** 😊

*You are all thinking that you are concrete because you can feel, see, hear and touch. You are thinking that Higher Self is some abstract component of Self and Soul is the mystical part of Self that Concrete does not have any access to ~ it is mysterious. 😊 (Waith is speaking in a joking manner) You are thinking that Soul has all the answers! 😊 Correct?*

**Yes!**

*We are here to tell you that you are ready to expand your thinking, for certainly the thought form that we have just outlined to you is appropriate to be having at a particular level of understanding that Self would have. If it is a thought form, then it is appropriate ~ it is not to be laughed at or judged that someone might have a different understanding than you might have. It is for you to understand what others might also be understanding. This is very important in the Gaining of Self Awareness.*

*You are in this class to stretch your brains ~ to stretch your levels of understanding and awarenesses to go beyond the very concreteness in thinking that where you are right now is it ~ and that you are somehow predetermined in your awarenesses.*

*Let us review what the job is of each of these three elements ~ Soul, Higher Self and Concrete. What is the role of the Soul ~ what is its job?*

**It is the library.**

*It is the library of Self. What does that mean?*

**It has all the information that is required to learn the lessons and gain in awareness.**

*Indeed.*

**In that level, though?**

*In that level, indeed. The Grand Soul has the long term storage of information for all of the Mini Souls within Self.*

**So the Soul has a Soul also?**

*Yes, that could be one way of describing it. The Soul has its own subdivisions. We have indicated in the past that there is in the Soul long term, medium term and short term storage. The short term storage refers to these groups where the Mini Soul is located. The long term storage is the Grand Soul.*

**What are the Mini Souls? For each lesson that we learn is that a part of us?**

*The Mini Soul is the Soul that is contained within one of these groups within Self. These groups within Self each have three layers ~ Concrete, Higher Self and Mini Soul. What is the purpose of a group within Self? We will return to that in a moment and that will feed into your question.*

*What is the purpose of the Higher Self?*

**It is the mediator between the Soul and the Concrete Self.**

*And what does that mean?*

**That it is the one who communicates with both ~ it can disseminate information both ways.**

*Indeed. What are the issues that Higher Self has as a mediator?*

**To not let too much information pass through.**

*Why would it do that?*

**Self may not be ready to hear that information or learn a certain lesson.**

*So the Higher Self always has the best interests of Concrete and Soul?*

**No! It has its own Ego! 😊**

*As does Soul ~ and what is the role of Concrete Self?*

**To have experiences.**

*To have experiences. So does that mean that Higher Self and Soul do not experience?*

**No. It is a different type of experience.**

*A different type of experience because all energy experiences in some way or another. And, within each level there is a concrete and a what?*

**Abstract.**

*Yes, abstract.*

*Thus, within the Concrete Self, Higher Self and Soul there is a concrete and an abstract.  
(See Illustration C)*

*If we were to expand the linear component of one group within Self from having three levels ~ it now has how many linear levels?*

**Six.**

*Six. Is there something in between concrete and abstract?*

**There could be a mediator.**

*There could be. More than likely there is! 😊  
However, we will not complicate any more at this point! 😊 This is enough for now in terms of linear.*

*Remember that within the neverending circle this all melds together ~ it is all one. Each of you is now very concretely placed right here, and at the same time your energy is swirling around with Higher Self, Soul, Concrete Self, concrete level, abstract level ~ all intermingling.*

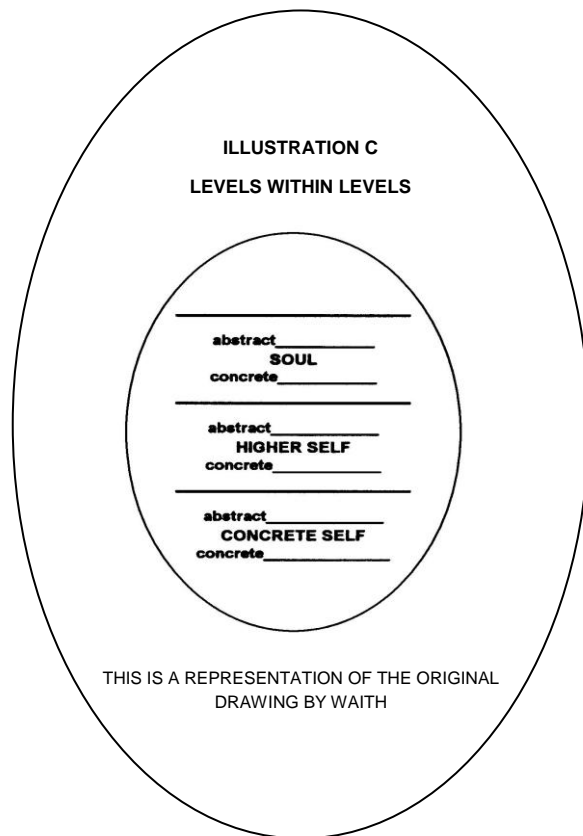
*You are actually not even here! 😊 And we know that many of you are thinking right now that you wished you were not here right now! 😊😊*

*Is the Mini Soul in a group responsible for a particular lesson to be learned?*

**It would make sense! 😊**

*Indeed, it would make sense because each grouping takes on a particular job of lesson learning. When you, as an energy, go to The Menu of lesson learning when you come out of The Universal Consciousness, you decide what lessons you are going to take on. You may have fifteen lessons that you have selected from The Menu.*

*For you, as one distinct energy, to learn all of those lessons all by yourself is not the way that the plan has been created, for energy has the ability to be in many places at the*





*same time ~ it is the simultaneous component. It is not just The Angelics who can be in any place, anywhere, anytime ~ every energy has that ability.*

*As you are sitting here now, you are in other places. You are concretely positioned, however, because that is part of the illusion ~ that is part of the separateness. This is necessary for the separateness and is part of The Game ~ part of the playground.*

*Let us say that you have taken on ten lessons and you say, "I'm going to have ten groupings and within each group there will be three levels and each of those levels are divided again to make six levels." You say, "All I have to deal with are ten parts of Self ~ I can put a number to it."*

*We come then to our favorite discussion of percentages. (See the WAITH TRANSCRIPT, PLAYTIME ON THE EARTH PLANE, for a complete description of percentages)*

*You go to The Menu and take on patience, for example, and out of the one hundred percent available, you are going to take on twenty five percent when you come onto the earth plane, leaving seventy five percent to either be learned on other training grounds or never to be learned ~ you do not have to learn one hundred percent of everything. It is your choice.*

*You say, "All right, we will form a group that will be in charge of twenty five percent of patience."*

*Then there is another group that will have tolerance and you say, "Twenty percent of tolerance ~ that is group number two" ~ and on and on. That would be a simple way of doing it, would it not?*

*The Universal Consciousness is saying, "You do not need to learn an entire lesson with one particular part of Self ~ break it up." So you may then say, "All right, we'll form twenty five groups just for this lesson ~ one percent for each group." You can stretch it even further and say one half of one percent and have fifty groups ~ or one quarter of one percent and have seventy five groups just for the twenty five percent of patience.*

*In your planning stages as an energy you then say, "I now have a countable number of groups ~ I have one thousand, three hundred twenty one groups and they all have a different percentage of all these different lessons." ☺ Each group then has a Mini Soul, Higher Self and Concrete Self. Easy.*

*That means that each of you is some level in some group of Self that may only have to learn one tenth of one tenth of one percent of one lesson. Is that right?*

No.

*No? Explain, please.*

**I don't think that we are only taking on one lesson. I think that we are taking on multiple lessons even though it might be a small part of each one.**

*How could that be then? If we take this concept of groups that have levels that have specific lessons to learn, then how can that explain what you have just said?*

**Because they are all happening simultaneously ~ so we are really a mixture of a few different groups.**

*How would you explain this from a linear perspective?*

**Maybe one point is that, let's say, my main focus is tolerance ~ inevitably the things that I'm experiencing are going to overlap in those other areas. I think that when you were going through it, you were saying this is one possibility of how it is broken up ~ you weren't saying that this is how it is.**

*Did we say this is the way it is? 😊*

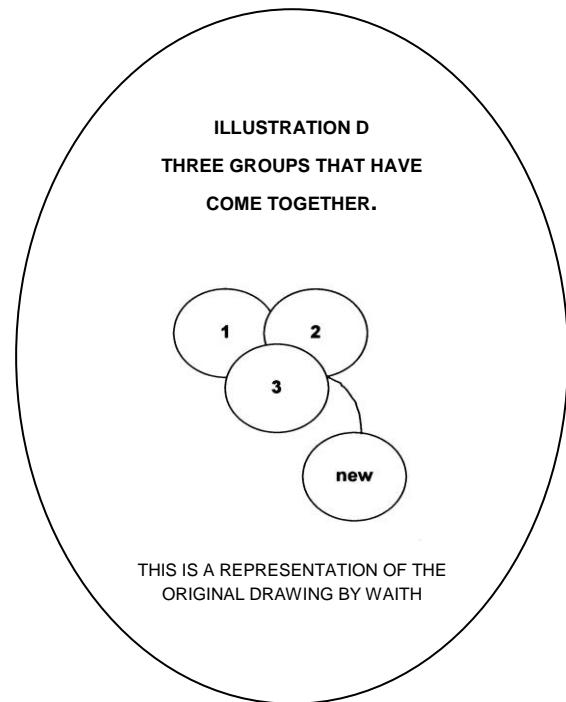
**No, you didn't say that! 😊**

*Did we leave some wiggle room perhaps? 😊*

**Yes! 😊**

*So then, my love, how can you further explain how, on one hand we have one specific percentage of a lesson being learned, and yet here you are, each of you, knowing that you have many lessons that you have taken on to learn?*

**Could the groups be intersecting, like in the shape of a clover ~ so that there is just one Concrete Self within multiple groups?**



*You mean that they would communicate and overlap with each other to form a particular group ~ a different group, perhaps?*

**There are groupings within groupings.**

*Yes, groupings within groupings. Might we then have something that looks like this ~ three groups that have come together? (See Illustration D)*

*One group has patience as its percentage ~ one tenth of one percent. Another group has tolerance as its percentage and another group may have unconditional love as its percentage ~ all within Self.*

*They decide that for a particular experience, they will come together and combine forces. Each has a Soul, Higher Self and Concrete Self. Each has had unique and individual experiences on the earth plane and the three of them come together now and say, "We'll combine those three lessons that we have to learn and we'll form one group for this particular lifetime." The key phrase is FOR THIS PARTICULAR LIFETIME.*

*This is what all of the groups within Self do. They have the option of one group simply coming into one lifetime, in and of themselves ~ that is it. Concrete Self in a particular group has taken on one tenth of one percent of patience ~ that is all that they come in to do. It is a very focused life ~ everything else does not matter.*

*Every group potentially can do that and may do so for the intensity of learning a particular lesson and learning it quickly.*

*Thus, there can then be combinations of groups ~ there could be ten groups that come together and form one group for one lifetime.*

*So now the question that you might have in your mind is what?*

**How do we merge all the Mini Souls, Higher Selves and Concrete Selves?**

*Indeed! Let us say you have the three Mini Souls, three Higher Selves and three Concrete Selves, as in this illustration. (Refer back to Illustration D) What do you do with all of them?*

**When three of them come together and we only need one, two others have to step back and let one drive. 😊**

*Would that not make sense?*

*It would certainly be one way.*

*That would be one way. What has to happen with those three groups?*

**They would have to agree. 😊**

*Indeed ~ and The Game begins! 😊*

**We would have conflicting parts within Self.**

*So would there be conflicts, perhaps, among those three groups that want to form one group for one lifetime?*

**Could be!**

*Almost certainly ~ remember our discussion about convening a meeting of the dimensions of Self. (See HOW TO CONVENE A MEETING OF THE DIMENSIONS OF SELF) This takes it one step further.*

*One of the reasons that Self convenes a meeting is to try to come to an understanding, let us say, with these three groups, as to who is going to actually enter in and be part of that experience.*

*Will there be a merging ~ temporarily ~ of the three Souls, Higher Selves and Concrete Selves? Or will they draw straws?*

*Will the group be formed with the three Souls in agreement and one of them that says, "We're going to merge and be one" or "Soul in group number two, you're going into the new group." Concrete says, "I don't know ~ maybe we can merge ~ all right, we'll merge the three groups." Higher Self might say, "No!"*

*It is usually Higher Self that is the troublemaker within Self because of that role of being the intermediary. 😊 Higher Self might say, "Look, you two others can do what you want to do, that's not what we want to do."*

*Often, agreement is not unanimous when a new group is formed. Souls says, "This is what we're going to do," because Soul ultimately has the veto power.*

## Are you talking about the Grand Soul?

*The Soul that is in the three groups.*

## The three Souls?

*In this illustration, the three Souls have reached an agreement. If there were no agreement among any of the three, the Grand Soul would intervene. The Soul of the three groups that has made the concessions says, "The group is formed and this is what we're doing."*

*Concrete is in agreement with its Concrete in the other two Concretes and the Soul is in agreement. The Higher Self is not. Higher Self then is forced to go into this new group. Which one goes?*

*Now you have this group where there is conflict because Higher Self has been forced to make some type of concession. So, Higher Self would say, "All right, Higher Self from group two, you go in" ~ not really meaning it. ☺ What happens, then, is that Higher Self in this new group is constantly in conflict with itself from the three groups and with the Soul and the Concrete that has been created for this new group.*

*What does it matter? You are here and you have lessons to learn. How do you determine your level of Self? Are you in a new group that has been formed as a result of many groups coming together? Are you here in just one group that has taken on one tenth of one percent of a lesson ~ or something in between?*

**When you say YOU, are you always referring to the same part of the energy or are you referring to YOU as the global aspect?**

*YOU, from a linear perspective, are your very distinct energy ~ the separate energy that has emerged from The Universal Consciousness and YOU as you are now and all of the levels within Self. YOU from a nonlinear perspective is what?*

**It is the whole energy ~ the Grand Soul.**

*YOU from a simultaneous YOU.*

*If YOU ~ from a linear perspective ~ are including all the levels of Self, including the Grand Soul, what would YOU from a simultaneous or neverending circle mean?*

YOU and every lesson Self has learned and will learn, through all the lives.

*As connected to what?*

**The Universal Consciousness.**

*So the YOU from a simultaneous perspective is relating to what?*

**The Universal Consciousness.**

*The Universal Consciousness ~ The One and the Separate.*

**So when you have been using the word YOU ~ which YOU were you referring to? ☺**

*When we referred to the YOU in the linear perspective, we were referring to the YOU as a separate energy. When we referred to the YOU in the neverending circle ~ the simultaneous ~ we were referring to The Universal Consciousness.*

**In the last part when you just asked ~ where are you in this level ~ I interpreted that to mean what microcosmic fragment is us sitting here in this room placed if we were at this big map where we could point.**

*Yes, from a linear perspective.*

*When we use the word LEVEL that is the clue that it is a linear discussion ~ DIMENSION is the nonlinear. We have made that distinction in the past and reemphasize it now. It is so much easier to identify with LEVEL in the linear world in which you exist. You are swirling around now multidimensional and yet you are here in this level.*

*How do you determine your level of Self?*

**Ask ~ convene a meeting.**

*You ask. Who do you ask?*

**Self. ☺**

*Who is that?*

The rest of Self ~ beginning with the small group with the other components and move up from there ~ pass the message.

*How would you do that?*

**A focusing.**

*Indeed! Gaining information about Self is something that you each are able to do within Self in your own way. You could be relaxed about it ~ simply go about your daily activities and open up Self to hearing information. Of course, that takes a great deal of trust of Self to do that, for you might ask, "Is it really Self or is it my imagination?" If it is imagination, it is Self, because anything that you would define as IMAGINATION is coming from Self ~ do not dismiss it.*

*Or do you do a formal focusing where you prepare your environment ~ you have candles, music and incense and it is very quiet ~ you sit in a very particular way and chant?*

*Going within Self is where you find your answers ~ it is where you are going to find where you are within Self.*

*How to determine your level of Self ~ does this mean that you, specific, right here, right now, this concrete you, are the abstract version of the Concrete Self in this particular group of Self? Is that what this means, how to determine your level of Self?*

**We have to start somewhere.**

*Yes, that may, indeed, be your function in this particular experience ~ you may be abstract, even though you are in the concrete, you are abstract.*

*You are every part of Self. When you take on an experience, you might be group number two experiencing one tenth of one percent of patience only for the life and you may be the concrete component of the Higher Self.*

*Another experience comes along and you are in group number ten experiencing one tenth of one percent of unconditional love and you are the abstract part of Soul for that experience.*

*So what does this all mean? How would you determine your level of Self?*

⚙️ It's always changing.

⚙️ We don't.

*You don't! 😊 You could! There are some who are able, and for whatever the reasons, they have determined within Self, that they need to know a particular point in their Self in a particular lifetime. Most, however, do not need to know this. So why have we spent all this time discussing it?*

So that we would understand what you are saying!

*And do you? 😊*

I don't know! 😊

*Indeed! 😊*

It's a little bit deep!

*And yet?*

⚙️ It looks easy.

⚙️ Do Angelics have the same stuff?

*Yes, all energy out of The Universal Consciousness.*

It's delegated that way?

*Yes, indeed. It is all very organized.*

That makes me feel better! 😊

*It does not particularly explain things, yet it makes you feel better! 😊*

Maybe it's the flip side of the question of why we are here that humans have been asking. As you have been talking, the thing that kept resounding in my head is that it doesn't matter to me because the bottom line for me right now is that I've just got to experience it! So maybe this whole discussion is a way of taking the pressure off and saying it doesn't matter where we are in levels of Self. It doesn't matter why we think we are here because we're here!



*That is part of the equation, my love ~ there are many who feel as you do ~ it takes the pressure off. There are many others who WANT to feel that pressure and who, indeed, want to go within Self as an experience, in itself, to find out what they are actually delegated to do in this particular lifetime.*

*If you want to know truly what you are here to do in this lifetime, go deeply within Self. This information that we have given helps you to do that. If you do not have that deep desire, this information simply goes into your Soul memories for now, to be resurrected at some other time.*

*Remember, if you are here listening to this information or reading this information, it means that you have asked The Universe to have this information. We have said before that you receive the information that you need when you are ready to receive it ~ not necessarily when you are ready to use it.*

**Or understand it?**

*Indeed. It means that you are ready to receive it, which means that you are one step away from using it. Of course, that step could be one hundred lifetimes from now! 😊 However, it is Self that has determined the need for the information.*

*You can be certain that if you are receiving it at this very concrete level where you are aware that you are receiving it, rather than in the dream state where you may not be fully aware, it means that your readiness to use it and to understand it ~ knowing that understanding comes as you use it ~ is close. It may be in the lifetime that you are experiencing ~ or it may be several lifetimes.*

*Understand that one hundred lifetimes from now may be the lifetime that picks up from this particular one. Your lifetimes, from a linear perspective, are not sequential in their learning of information ~ one right after the other.*

**How would I know what I am here to do if it DOES matter to me? I'm a person who goes within and knows myself very well ~ I know my reactions and thoughts and, yet, I'm still not sure what it is I'm truly here to do.**

*If you know yourself, then you have just answered your own question. 😊*

**Not necessarily because we can know how we react to things, know our personality, our feelings ~ and it still doesn't mean we know what we're here to do.**

*Why not?*

### **I don't know!**

*You see, my love, this is the conflict that you have right now within Self. You are not trusting what you have just said! ☺*

### **I trust what I said! ☺**

*You do not, for you say that you know Self and yet you are questioning what you know about Self. ☺*

### **About myself and knowing my mission or purpose.**

*If you truly know Self, you know your mission.*

*There is nothing mystical or mysterious about the mission of Self. There is no eureka moment where you suddenly say, "I know all the answers within Self!" It is a progressive situation that occurs moment by moment as you live your life and as you become more knowing about Self. It is the trusting at the concrete of what other parts of you are saying to you when you go within Self.*

### **I do trust myself!**

*You are in the process of learning more about Self as you have experiences. You want some little voice to say, "This is your mission" ~ you want it clearly defined. As you live, you will say, "I've been doing this, this and this and there seems to be a pattern ~ this is what I'm here to do." This is the journey within Self.*

*Rarely is there a defining moment that says, "Here it is ~ here is the answer" because the minute you have another experience, the answer changes! ☺ You have grown, you have experienced ~ your frame of reference is different now.*

*When you leave this class, you will have a different frame of reference than when you entered. Your truth has changed ~ ever so slightly for some and rather large for others ~ because you have learned something. You take that into Self, think about it and integrate it within what you have now to learn concretely and it becomes assimilated.*

*It is all about trusting what you are hearing within Self and what you are experiencing and trusting that the experience is the concrete manifestation of the abstractness of Self. It*

*is not an arbitrary thing. It is all planned and is dependent upon what you have learned from past experiences.*

*What you will experience when you leave this class will be directly dependent on what you have learned from the past. The way that you respond and react will be determined by what you have responded and reacted to in the past that has created who you are right now ~ changing moment by moment.*

*It is the Search for Self, my loved ones ~ this is our mechanism of counsel. We do not give you the answers. We force you to do what many of you do not want to do ~ find your own answers and that takes a challenge within Self sometimes. Even the most adept at listening to Self and trusting Self is challenged periodically for that sense of comfort within Self ~ for if you are comfortable, there is no challenge. If there is no challenge, there is no growth. Welcome to the earth plane! ☺ It is one of the most fun of all the training grounds available. ☺*

*We are pleased that you are all here and you are here because you were meant to be ~ you may not fully understand what we have said and you may feel frustrated by it or you may feel that it is not really worth remembering, and that is fine. The Soul of Self, wherever that is, determined that it needed that information to be brought in.*

*We depart now, my loved ones.*

*We thank you all for sharing your energy. You are most beautiful and loving and we are honored to serve you.*

*We send to you all the very highest of the white light from the very highest of The Kingdom of Amelius. Farewell.*

**Thank you, Waith! Goodbye!**

