

# *Waith Class Transcripts*

## PATIENCE



### *~ A NOTE FOR THE READER ~*

*Waith's words appear in this font style.*

*If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally*

*By Waith*

*Through Mushiba*

*Waith Institute for Spiritual Leadership*

A Publication of Terra Lux Media ~ 1997

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## Patience

(THIS TRANSCRIPT IS AN EDITED VERSION OF THE WAITH CLASS OF MAY 4, 1997)

*Waith: We bring to you the highest of the white light.*

**Hi Waith, and welcome!**

*PATIENCE is a popular Topic ~ perhaps because patience is the ONE issue that all entities must face when coming out of The Universal Consciousness.*

*You may take on various percentages of patience that would differ from one entity to another. However, each of us ~ even The Angelics ~ must deal with the issues of patience. This is different from all of the other issues that are available ~ where you may pick and choose from The Menu. (Please see the Waith Transcript, EARTH PLANE CONNECTION for his discussion of The Menu.)*

*Patience is always one of those items that MUST BE selected.*

*Patience transcends gender and points of awareness ~ transcends everything. There is NO entity outside of The One who can claim that they have achieved perfect patience. We give you this as a release so that you will know that it is all right to be impatient!*

*YOUR LEVEL OF AWARENESS IS DIRECTLY CONNECTED TO YOUR ABILITY TO WORK ON YOUR DEGREE OF PATIENCE.*

*Understand this very important point that applies to ALL learning, and not just to lessons of patience ~ THE DEGREE OF YOUR OWN AWARENESS DETERMINES YOUR ABILITY TO LEARN.*

*How many of you are impatient with those who have a different level of awareness than you? Every hand should be raised! 😊*

**I thought it was just me! 😊**

*It is every entity. It is all right to be impatient. However, it is NOT all right to say it is all right to be impatient.*

**I'm confused!**

*That is good to admit! It is all right to be impatient. Does that, then, give you the right to be impatient? No, it does not. It is all right, however, to be impatient ~ to know that it will happen. It is a test. It is not all right to say, "It is all right to be impatient ~ and, so, therefore, I will be impatient." For then, you allow the negativity to enter in.*

*It is the paradox of all lesson learning, actually. It is all right to be judgmental ~ it is not all right to say it is all right to be judgmental. It is all right that you are intolerant ~ it is not all right to say that it is all right to be intolerant ~ or prejudicial ~ or conditional.*

*It is expected that these tests will be given ~ and, it is expected that you will meet those tests. However, you must not assume the arrogance that says, "Waith said it is all right to be impatient, and therefore, I am, and too bad for you!"*

*Patience is directly connected to respect. We go back to the first Guideline for Growth ~ Respect Self. (Note: For a listing of the Guidelines for Growth, please see Page 18.) The more that you develop respect of Self, the more patient you become. And, the more patient that you become the more you develop respect of Self. Everything moves in a circle and connects ~ everything has a purpose.*

*Patience, then, is what we will play with now, for our focus in all of our discussions is playing ~ looking at all lessons and tests as play. (See PLAYING in the WAITH TRANSCRIPT, PLAYTIME ON THE EARTH PLANE)*

*Of course, the way we define PLAY in The Angelics and the way PLAY is defined on the earth plane does have somewhat of a variance ~ even though we attempt to keep convincing you that what you do on the earth plane is a form of play. ☺ ☺*

*We are going to help you into a sense of quietness within Self ~ for first, in any understanding of Self, you must go within. And while we can certainly give you guidance about seeking patience, you each must feel a comfort within Self for your own level of patience. We go to the issues of judgement, once again.*

*One entity may have more patience than another ~ and, indeed, that is the set up on the earth plane ~ within The Universe. You are not to compare yourself and say, "Oh, I must be as patient as that other person ~ they are so saintly!"*

*While they may have achieved a certain level of patience, you can trust that they have other issues that, perhaps, are at a lower level of understanding than you. Not everyone has all these high levels of understanding. All of you have your own levels.*

*The first and most important thing is to become familiar with your own degree of patience. To become familiar with it means you have recognized it and you have said, "This is my current level of patience!" You then must seek within Self the answer to this*

*very important question, "In this incarnation, is this level of patience to be increased or is it to stay at this level?" The answer to that question determines what you do next.*

*We are going to help you with a focusing tool that will allow you to ask that question of Self. You may not receive the answer during this first attempt. We give you the tool so that you can have it for, indeed, you may find it takes many, many uses through many earth plane years before the answer comes ~ or it may happen immediately.*

### **Focusing Tool** **Finding your Current Level of Patience**

*Breathe slowly in a way that feels comfortable for you.*

*Call in your Angelic Protector to surround you with the light of protection ~ feel the energies surrounding you.*

*Visualize the white light.*

*Call in your Spirit Guides ~ feel their energy around you.*

*Feel yourself surrounded by the highest of protection.*

*Envision that the very bottom of your encasement is surrounded by a fluffy white cloud ~ feel that cloud surrounding the bottom of your encasement and now connecting to your energy field that is at the bottom of your encasement ~ it will take you on an interdimensional journey.*

*Envision the white cloud slowly moving upward through your encasement, taking with it the energy that is filling your encasement ~ that is the essence of Self.*

*Envision your energy moving upward through your encasement ~ feel your energy being lifted with the cloud ~ the fluffy white cloud moves upward and settles on top of your encasement.*

*Feel all of your energy, now, on top of the cloud.*

*Envision the cloud moving away from your encasement ~ it is moving upward ~ look down and see your encasement ~ it will be there when your return ~ it is safe.*

*You now will journey into your Soul ~ moving slowly upward.*

*Move through all the levels of Self ~ as you move upward, the cloud takes all the levels of Self from both sides and from the top ~ the cloud is pulling all the energy of Self into it.*

*The cloud is slowly taking all the levels of Self and merging.*

*Move upward ~ feel freedom as you gather the levels of Self ~ there is freedom as more of the levels of Self are merging.*

*Freedom from the concrete ~ slowly moving upward ~ gentle and carefree ~ relaxed ~ you are within Self ~ there is no conflict ~ only harmony.*

*Your Soul now appears and the dimension is opened for the cloud to enter ~ and just as the cloud absorbed all the levels of Self and made them One, now your Soul will absorb the cloud and you become One with your Soul.*

*You are safe ~ Soul now communicates.*

*The issue is PATIENCE.*

### **Focusing Time**

*It is time now to ask the question of Soul, "In this incarnation, is this level of patience to be increased or is it to stay at this level?"  
Ask that question of Self.*

### **Focusing Time**

*It is time now to move out of the dimension of Soul.*

*Thank your Soul*

*Envision that you are on the cloud ~ it floats gently out of your Soul and you begin the journey back to the concrete.*

*As you begin the journey back, those dimensions of Self that you joined with along the way to your Soul will now rest in their own dimension as you return into the concrete.*

*Drift slowly downward ~ feel the gentleness and the softness.*

*See the concrete and your physical encasement.*

*Envision the cloud moving slowly down and resting on top of your physical encasement.*

*Feel your energy seeping through your entire physical encasement and feel the warmth of your energy reconnecting with your physical encasement.*

*Your Angelic Protector and Spirit Guides gently and slowly smooth you.*

*It is time to return into the concrete dimension, bringing with you the answer from your Soul.*

*Slowly return back into the concrete ~ gently ~ surrounded by your Spirit Guides and your Angelic Protector.*

*Wiggle your feet!*

### **End of Focusing Tool Finding your Current Level of Patience**

*Take a moment to simply absorb within Self what you learned. This is quiet time to think about what you have just experienced.*

### **Quiet Time**

*It is important to give yourself concrete quiet time ~ not just meditative quiet time. When you have returned from a journey into another dimension, you must allow the*

*resettling into the concrete dimension. Reconnect by movement of the body, and then allow yourself to reabsorb that which you learned in focusing with that in the concrete, where you must apply what you have now learned.*

*As we said, there may be many of you who did not hear anything, or did not connect fully with your level of Patience. That is quite all right.*

*We would like to hear about the sensations that you did feel ~ for it is important to share sensations with others. It is a part of your own learning and teaching.*

**When we first started and the cloud started to come over my body, for some reason I felt resistant to go with it and to stay with it. Then I felt a conversation with my Soul and when it was time to come back, I felt resistant to coming back! ☺**

*Remember that this technique is an ideal. It is easy being in The Angelic Force and saying, "Hop on that cloud, get up there in the Soul and listen!" ☺ Having a sense of resistance as the cloud was moving is a typical response.*

*The ability to go into higher realms of Self can be resisted all along the way ~ not just concrete. Sometimes you can get out of concrete very easily. Then you move into another level of Self ~ another dimension ~ and that particular dimension says, "No, I don't want to go any further ~ get that cloud away from me!" ☺*

*It is Self that resists. In your example, my love, you were able to overcome that particular barrier and moved into Soul. Once you realized how great it was, then the equally resistant behavior kicked in and you said, "No, I don't want to go back ~ I want to stay here!"*

*What you have given as your response is the classic confrontation that Self has within Self, "Yes, I want to go to Higher Self" or "No, I really don't want to go to Higher Self." Once there, you do not want to leave. It is the battle between the dimensions of Self.*

*Did anyone else feel a sense of resistance anywhere along the way, either going or coming back?*

**I felt resistance coming back! I felt that sense of being home and I'd really like to be off and not have to come back so quickly!**

*This technique, of course, is one that you would use yourself and determine when you would want to return and not have the booming voice of The Angelic saying, "Come back wherever you are!" ☺ However, it also illustrates another classic battle within Self.*

*We are here in this mission through Mushiba to help you balance the concrete and the abstract. There are many who would prefer to spend all their time in what is commonly called LA LA land who say, "It is so nice out there ~ I don't want to deal with the concrete." And therefore, there are many entities on the plane who have that sense of always being in an altered state, even though they may be living in the concrete.*

*Also, there are those who are very grounded and may say, "No! I never, ever go into an altered state ~ I do not want to think about higher sources or the higher purpose to things!"*

*Patience is what fits into all this. As you begin to understand your level of patience, you will then begin to understand why everything seems to be the way it is for YOU ~ for patience is at the root of interpersonal relationships, be they with The Human Kingdom or other kingdoms that are on the plane and off the plane ~ interdimensional kingdoms.*

*So, some of you received answers and some of you, perhaps, did not. Some of you had feelings of resistance and some of you did not. This is very typical and expected. Each of you has had different responses.*

*Our next tool is going to be a response to that response.☺*

*Before we do the next tool. Jacques, one of the helpers in our Spirit Group who is responsible for the Healing of Self component in our Search for Self, is now going to enter in through Mushiba. He will give you a bit of energy for Self.*

**Jacques:** *The concept that Waith is giving you acknowledges that the level of patience you currently have may be it for this lifetime. Before he guides you in responses to your own levels of patience, we will give you a smoothing of the Healing of Self.*

*To come face to face with your issue of patience may, for some, be a shock ~ even a disappointment. Some of you may think you have reached your levels of learning of patience, in this lifetime, and may learn that you have, indeed, not. Others may be surprised that the level of patience achieved is all that you need to work on this lifetime.*

*So, place your hands upward to receive the energy of the Healing of Self.*

### **Focusing Tool for Smoothing for the Healing of Self**

*Visualize the color green, for healing and feel the energy.*



*Visualize the color green flowing through your energy field,  
smoothing and comforting you ~ it is the Healing of Self.*

*Place your hands downward, feeling the energy.*

*Cup your hands together and bring them to your Heart Energy  
Center.*

*Feel the release into the Heart Energy Center ~ the Healing of Self  
~ the acceptance of Self for who Self is.*

*Breathe deeply and slowly, releasing your energy.*

*Relax!*

**End of Focusing Tool  
Smoothing for the Healing of Self**

*Take this energy on the journey that Waith will help you travel. Farewell!*

**Farewell and thanks, Jacques!**

**Waith:** *The smoothing tool from Jacques is meant for you to use as healing energy while  
you take the next journey.*

*Your Soul has given information to Higher Self and it is now Higher Self that is  
responsible for filtering the information regarding patience into the other levels of Self.*

**Focusing Tool  
A Response to your Response  
for Patience within Self**

*Relax.*

*Call upon your Angelic Protector and Spirit Guides to bring in the  
highest of the white light of protection.*

*Place your hands over your Heart Energy Center.*

*Visualize the green energy of the Healing of Self.*

*Visualize the word PATIENCE.*

*You will journey now into your Higher Self.*

*Place yourself on the cloud ~ it begins to move upward ~ a familiar cloud now and you are comfortable with the cloud.*

*You feel no resistance for you know the cloud will take you into a happy place.*

*Move upward and out of your physical body and into the dimensions that surround your physical body ~ dimensions of energy filled with Self that surround you.*

*Slowly you are moving into Higher Self ~ Higher Self will allow you to come into the dimension of Higher Self it wants you to enter.*

*Your Angelic Protector and Spirit Guides are with you.*

*It is time to talk with Higher Self.*

*If you have more lessons to learn where patience is concerned, Higher Self can now give you that guidance.*

*If you know you have achieved the percentage of the learning of patience that you need in this life, Higher Self can now tell you what you must do to teach ~ since you have learned the percentage of patience.*

*Seek your answers now.*

### **Focusing Time**

*Slowly now you are leaving the dimension of Higher Self, journeying back on your fluffy cloud.*

*You are floating interdimensionally ~ floating back into the dimension of the concrete with answers ~ holding onto that knowledge as you move through the dimensions of Self.*

*Slowly return into the concrete and into your physical encasement ~ feeling healed within Self from the knowledge of Self.*

*Slowly return into the concrete ~ wiggle your feet ~ wiggle your hands ~ bring yourself back ~ wiggle some part of your encasement.*

### **End of Tool for Focusing**

*Reflect, in silence, on what you have brought back with you. Breathe slowly and reflect ~ feel the knowledge.*

### **Reflection Time**

*We are interested in what thoughts you have relating to the information and Focusing to Gain Self Awareness tools we have given.*

**I had no communication that I know of, that has come to me ~ just pictures and colors.**

*Many entities do not hear actual words. Many will have a sense or feeling of what is being communicated. Others will have something concrete such as you describe, my love ~ pictures, colors that bring in a sense of understanding.*

*Were you able to gain a sense of understanding from the experience?*

**I gained a sense of understanding although what I was seeing didn't have anything to do with patience.**

*If you want to share with the others, that would be appropriate. If not, that is appropriate also.*

**In the first focusing I saw a warrior shield, which makes sense to me. Then I saw something I had made for my angel last year, not quite the same, yet almost similar. I think someone was trying to remind me. In the second focusing I saw beautiful colors of magenta and lots of clouds that I could see through the colors. And that's all.**

*That is a beginning, my love. We indicated when we began that many of you would not come to the objective, the first time, that each tool has ~ this is an evolutionary process. You have the tool. You now have symbolism to use as you continue to try the tool ~ for it was something that you were able to connect with in this first attempt.*

*If it has meaning for you, then that is all that matters. It need not have meaning for anyone else. You may think that it has nothing to do with patience, yet, understand that NOT HAVING CONNECTED WITH PATIENCE IS AN ISSUE IN PATIENCE ITSELF. ☺*

*What other remarks?*

**When I try to gain insight, I don't have the blockages to return. Instead, I want to rush back and try to manifest these insights. I want to do it quickly! Then when I am back in the concrete, I realize that it's not very easy to do that! I become very discouraged and impatient with myself. Then I have to be careful not to send out negative energy because of the impatience with Self ~ disrespect of Self that I can't do it right away.**

*You have gained insight into your energy field ~ and this is the purpose. Also, the purpose of these tools is for you to be able to use them continually. Once you have heard the answer, for example, to the question, it does not mean, "I never have to go back and ask again!"*

*Most of you may have learned that you have much more to learn where patience is concerned.*

*Each time you use this particular tool and ask the questions, you may hear Self say, "Oh, we've built up a little equity here ~ we have a bit more patience than we did the last time!" This is a way of learning how you stand within your levels of patience.*

**Do hormones have anything to do with our level of patience? For me, only at certain times of the month do I get impatient and the rest of the month I seem to be fine! ☺**

*It is accurate to recognize that the hormonal flow in the physical encasement ~ be it male or female hormonal flow ~ is connected to the way in which the energy field responds to the situations around it.*

*For some entities, hormonal fluctuations do bring about a level of either intolerance or impatience, or conditional behavior that is short lived, based upon that fluctuation. Others do not. It does not mean that one is better than the other because of how they respond to their hormonal flows.*

*Work on this during your focusings. When the time frame is about to present itself, call upon your Spirit Guides and Angelic Protector to calm it down a bit. Or, when you feel the sense of the tightening of the energy ~ for impatience is a tightening of the energy ~ take a deep breath. While it may not alleviate it completely, it certainly will make you more aware that you are trying to reduce it ~ and that, in itself, is part of the journey.*

**I felt a lot of illumination in the journey to Higher Self. It is kind of hard to describe with words.**

*You have given another appropriate response to the same experience.*

*It is important that you understand you each will have a different response to the same tool and to the same experience. Some are able to describe it very vividly ~ others have A SENSE of it. Others simply are not able to describe it ~ it simply OCCURS.*

*This is an important component to understand in your levels of patience. As you look at another, they may not be able to describe something that they are feeling or thinking that you, very easily, can describe or present in words.*

*Let us now talk about patience and the situations that you find yourselves in ~ where you must deal with your patience.*

**Sometimes I am patient with one person about a particular topic and impatient about the same topic with another person. Does this have something to do with the difference in the awareness level of two people trying to talk about a topic and trying to resolve it?**

*What you bring out in your question is actually the essence of the issues of patience. Remember that you each are balancing with other energy forms. Patience, in and of itself, does not exist in a vacuum ~ patience is tested by its interaction with others.*

*You may have much to balance with a particular entity. Patience has been brought in as one of those catalysts, perhaps. You talk about a particular subject with this entity and there is the issue of patience ~ for it has been specifically brought in to help in the balancing between the two of you.*

*You can take the same topic with another entity who you may have no balancing to speak of or there is harmony between you, or you have a lower level of balancing than you did with the other entity.*

*The same topic is easily discussed ~ there is no impatience. You listen to the other's opinion ~ you value it. You say, "Yes, I understand exactly what you have to say." Whereas, the other entity you might say, "What do you know?"*

*The earth plane is simply the training ground of balance and that is what patience relates to. Knowing the concept certainly is a start ~ knowing how to apply that when you meet someone you are impatient with, is a more difficult situation. Oftentimes, it is situational as to how to deal with a particular entity.*

*Patience is, generally, part of the underlying issue that you face when it comes to dealing with another energy form ~ it need not be human for it could be The Plant Kingdom. You might say to a plant, "Why aren't you growing faster?"*

*It may be that the energy that is in that plant is one with whom you have some balancing ~ for the plant right next to it is just fine. You are petting the plant and are happy saying, "Oh, what a nice plant!" And you are shaking the other plant saying, "Why aren't you growing faster ~ why aren't you doing this or doing that?" ☺*

*This, again, is predictable behavior ~ and it is acceptable behavior. But it is NOT acceptable to say that it is acceptable. Once again, it is that paradox.*

**Can we say, then, that there is no universal definition of Patience? We may be patient with someone who we think we are at the end of the ladder and then we have a tremendous struggle with another person. So, there is no universal patience that says, "Now I am patient, no matter who comes along."**

*There is no standard by which you can measure your level of patience with another, your perception of patience with another or your understanding of patience with that of another. The reason is that of the one hundred percent available to learn patience, each of you ~ while you must take patience as part of your lesson learning ~ is able to decide how much of that one hundred percent you want to take on.*

*Some may say, "I want to do all of it ~ I want to learn everything that there is to learn about patience!" And some actually do ~ they choose that.*

*Others might say, "I know I have to learn something about Patience --that's part of the contract ~ however, I only want to learn one percent or I only want to learn one half of one percent." The lessons that would be presented by The Universe would be that of one half of one percent.*

*That one half of one percent chosen, when leaving The Universal Consciousness, can be spread out over all the lifetimes needed to complete your earth plane experience. So, there may be some lifetimes where there would be infinitesimal amounts to learn of patience.*

*Regardless of whether you take one hundred percent of the total or one tenth of one percent of the total, it must be spread out through all of your lifetimes. The one tenth of one percent becomes one hundred percent of the percentage for that entity.*

*What you then find is an entity who has taken a large percentage of patience and another who has taken a very small percentage of patience. Yet, perceptually to each entity, it is as dramatic for the one hundred percent person as it is for the one tenth of one percent person.*

*In your Soul memory is the knowledge of the percentage you have taken ~ therein lies part of the fun of the game. The Universal Consciousness says that you must not judge what another does. Do not say, "I am better than you because I have taken on more to learn than you have."*

*On the other hand, your Soul says, "I took on fifty percent of the total and this other energy only took on ten percent of the total ~ my test AT SOUL LEVEL is to not flaunt that knowledge." If your Soul takes on that attitude, The Universal Consciousness will immediately go to the Soul and say, "You think you are better because you have taken on more! Well, let us show you what it means to have taken on more."*

*There is a misperception that the Soul is some utopic energy field and that it can do no wrong.*

*IF THE SOUL COULD DO NO WRONG, THEN IT WOULD BE BACK IN THE ONE!*

*Conscious Self thinks that Soul is a perfect energy field of Self ~ it is not. What has been said about the Soul is that it contains all the knowledge needed for Self to act outside of The One. It has not been said that Soul is perfect ~ that Soul always acts in the right way. Simply stated, Soul has A larger view than concrete ~ not THE larger view.*

*Soul has the connection to The Universal Consciousness, yet, many times, it chooses not to use that connection. There is a battle that exists at Soul level with other Souls. That is why you find yourselves either out of balance or in complete balance at concrete. You are simply physically representing Self at all levels.*

*The storage of that knowledge of the percentage you have taken on for patience is at Soul level. What you learn when you go into your focusings about patience, is very valuable. Understand, though, that the Soul is also learning its lessons at the Soul level with other Souls at the Soul level. And when Soul does learn those lessons, it filters it through.*

*Concrete gets the residual ~ the physical representation of an issue that needs to be worked through. Once you have it at the concrete level, it has been resolved at the Soul level. It has been resolved at the other levels ~ concrete being considered the lowest point of contact in the Self, wherever you are in concrete and whatever dimension you happen to be in.*

*It is a neverending process and there is no universal definition to patience ~ because of that percentage component. That is true of all the issues you take on, which is the reason there is so much variation among all of you and why there is so much imbalance. It is deliberately set up that way. Each of you plans it.*

*Some have very high levels of patience. You can be going along feeling quite good about how patient you are and you meet someone ~ and a little button is pushed! Suddenly, you find yourself with the feeling of not having patience with this person. They say something and you snap back at them or you say, "Oh! What do you know ~ you don't know what you're talking about."*

*And all this time you had been going along thinking how patient you were and saying, "Oh, I have really fine tuned my levels of Patience!"*

*This is a typical game that is played by energies. As soon as you say, "Ah! I've done it ~ I am perfect now when it comes to patience ~ I have really worked hard at this, too, and I deserve feeling good about being patient!" The Universe says, "Well, that may very well be so, so we will test you ~ we will send someone who can test your Patience."*

*Sometimes you pass the test ~ sometimes you do not pass the test. Each time you pass the test, however, the ante goes up in terms of being tested. ☺*

*At that particular LEVEL of patience you pass the test. Then you add in more of that percentage ~ for the percentage is never completely achieved until it is time to return to The One. At some point in the particular life, you may actually have reached that level of percentage that you chose to take on.*

*However, you will be periodically tested to make certain that you have maintained that understanding. That is all part of the game that you all play.*

*The Angelics are tested on a regular basis for our patience and for our tolerance ~ no energy escapes it. Regardless of where you are, regardless of your levels of understanding, all are subject to periodic testing.*



*You can be certain there will always be an energy who presents itself to you who will test your patience. You may perceive, even at Soul level, that this is an energy you have something to balance with even though you may not. You may not have anything to balance with a particular energy, yet The Universe can present any illusion ~ keeps you on your toes, if you will.*

*The objective is to never become complacent ~ never become arrogant in thinking that you have achieved what you have achieved to its ultimate. The issue of patience is always a good one to use from the universal perspective because patience is underlying to all of the issues.*

**It seems to me that the person who chooses a high percent has to go through much more intensive testing than the person with a lower percent. So, when these people are together, I think it's an unfair battle because one took a little and the other one wants to accomplish much more. So, the one who took the small percentage has to suffer because the other one wants to accomplish much more.**

*From a universal planning perspective, all the lessons eventually equal out. Not all entities have to take on the same lessons ~ nor do they have to take the same number of lessons. What they do take on is what we call PROPORTIONAL BALANCING percentagewise ~ and that comes at a higher level of planning in which the Soul is involved.*

*While there is no unfair advantage when it comes to the totality, yes, there would be an unfair advantage at the MINUTE level when you are incarnated in a particular life and one may have achieved a higher understanding of patience and another is just starting their travel with patience.*

*We have presented the CYCLE OF LESSON LEARNING ~ the four phases in which an entity goes through the learning of their lessons. (Note: Please see [CYCLE OF LESSON LEARNING](#)) You go in first and have no one to help you. That is all part of it. Then you get through that phase. In the second phase you are allowed to have some help and begin to learn how it feels to have help. In the third phase, you are now helping to help those who will help. And in the fourth phase, you are coming out of the Cycle and teaching those who will help those who will help.*

*It all works out in a sense of balance. And yet, there would be no fun if you all had the same advantage in any given lifetime. ☺ That is what each of you, as energies, has established as the rules outside of The Universal Consciousness. It was not established by some arbitrary force that says, "All right, I am the head here ~ I am the commander in chief and this is what you will do!" That is simply not the way in which it was done.*

*The rules were established by every one of you. Then you gave it over to The Universe to make certain that everybody played by the rules. ☺*

*Playing by the rules means that there is an unfair advantage and your job is to level the playing field eventually ~ make it fair. For, if it was fair, then there would be no imbalance and there would be nothing to do. You would go back to The One and be bored ~ as we have said before ~ and come up with a new scheme, come out of The One again and do something else.*

*So, it is all right that it is an unfair advantage. However, IT IS NOT ALL RIGHT TO SAY THAT IS ALL RIGHT THAT IT IS AN UNFAIR ADVANTAGE.*

*We return to that basic premise that we introduced earlier. It is all right to be impatient ~ it is all right to be intolerant ~ it is all right to be any of these things that are out of balance. It is not all right to say that it is all right.*

*If you say, "I don't care if I'm judgmental ~ I know I'm being judgmental ~ it's all right," something will come along to add to the issue. Rather, say, "I'm being judgmental ~ help me to not be judgmental ~ I'm so impatient with this person ~ help me to not be impatient ~ I know I'm being impatient ~ I don't like being impatient!"*

*It does not mean that suddenly you will have patience where you had impatience. It simply means that you have ACKNOWLEDGED that you are impatient and you do not want to be impatient with that particular energy form and you want to achieve a higher level of understanding. Each time it comes back and tests you with that particular entity, say the same thing, "I know I have been impatient, once again ~ help me with this."*

*It is not all right to say, "Oh, I'm impatient, once again ~ big deal." What you simply say is, "Be patient with me, it will take time." This keeps feeding back into The Universe and into the collective Soul memories. The Universal Consciousness has the ultimate patience ~ if it did not, it would have closed down this operation a long time ago! ☺*

**It appears that we're given patience to work on and it takes on a life of its own. There are all kinds of spokes that come out of it and we have to finish it and get to the full circle before that lesson is acceptable and then on to the next one.**

*Lessons work simultaneously with each other. While they may have different percentages of their usage within an incarnation, generally, one lesson is not taken on and worked through and then another lesson taken on and worked through ~ they work in conjunction with each other. Some, in fact, work very nicely in conjunction with each other for learning.*

*As you achieve higher levels of understanding, it brings a greater harmony within Self and then brings in a greater understanding of the lessons to be learned. As you are*

*describing it, you may feel that you are simply concentrating in one area and then going into another.*

*What actually happens is that when you reach a particular point of understanding, the harmony is such that you do not see lessons as disconnected ~ you see everything as working as one in a circle. It takes many lifetimes and much work to reach that point where you understand that each lesson is not in and of itself and, rather, is working in conjunction with each other.*

#### **How does unconditional love connect with patience?**

*Unconditional love and patience work very much in conjunction with each other. They are deliberately set up, for as you begin to learn unconditional love, your patience becomes much greater ~ and as you become more patient, you become more easily able to give unconditional love.*

*At the beginning of our discussion we said that it all begins with Respect Self and Respect Others ~ and Love Self and Love Others ~ components of our GUIDELINES FOR GROWTH. Patience is an underpinning of that and, therefore, as you become more unconditional in your love, you become more patient. However, you must cross that line before you can achieve that.*

#### **How do we connect patience with tolerance? I feel that we can basically replace one word by the other. If we are not patient, we are not tolerant.**

*The difference between tolerance and patience can be a fine line ~ however, there is a difference. Sometimes they are used synonymously, and that is incorrect. They are of equal importance in terms of eventually learning respect of Self ~ for each of the lessons that you take on are deemed appropriate to learn respect of Self so that everything else follows.*

*YOU CAN BE PATIENT, AND NOT TOLERANT. YOU CANNOT BE TOLERANT WITHOUT BEING PATIENT ~ that we will give you. Now it is up to you to seek the fine line. 😊*

**I find that I need to have an example when I feel that I'm not being as patient as I would like to be. I ask my Spirit Guides to give me an example of a patient person.**

*It is appropriate to ask your Spirit Guide, or your Angelic Protector, to give you a symbol, an example, by which you might take some guidance. It is, however, a fine line that you would walk ~ as we caution ~ that you try to be like someone else.*

*You do not know what other situations are brought into the way an entity behaves. It is certainly appropriate to learn from another ~ all of you teach and learn. Just be most careful that you do not try to BECOME as another, yet, certainly to use the examples.*

*If you seek an example through the light, it makes it much more appropriate. If you simply throw out to The Universe without any kind of light around it ~ you want an example of how to behave in a particular situation ~ you may be shown an example that comes from a dark source. It may package itself as the light, so always challenge anything that comes before you, if you are not certain.*

*Remember, the dark can only sustain its light image in the very short term ~ and, immediately, if it is challenged, it dissolves.*

*The light is able to maintain long term challenges.*

**When I am faced with an issue and think, "Oh, this is now a lesson of patience," for example, and want to work very hard to be patient, then all of a sudden feel depleted and realize it is another issue that is behind the lesson that I am supposed to learn. Is the feeling of depletion mostly an indication that there is another issue to look at?**

*When you feel a sense of depletion, you have crossed over some line in your own energy field. You may have been allowing another to drain all of your energy or you worked on the issue that was not what you thought you were working on ~ or any other number of things.*

*The depletion means that some line within your own energy field has been crossed over. You may immediately know what that is ~ you may have an immediate message from some level of Self that says, "Oh, I know what that's all about."*

*There may be situations where you do not know immediately, at least at concrete, and you need to go into your higher levels to try to determine that. An important component, however, is to replenish your energy.*

*It is not a good idea to try and learn what it was that you did in crossing the line before you have replenished your energies ~ do not do that in a depleted manner.*

*Sometimes it means simply to sleep ~ or simply to get out of the environment in which you found yourself feeling depleted so that no more depletion occurs. Get away from the entities who you feel are contributing to that ~ whether they are draining you specifically or whether they are involved in the issues that you are attempting to deal with and, therefore, are depleted because you are battling with something that is not what you think you are battling.*

*We are with you all through your journey. You need only call upon us ~ it is as simple as that. All you need to say is, "Yoo hoo, Spirit Guides ~Yoo hoo, Angelic Protector ~ Yoo hoo, Waith!" 😊 😊*

*Be patient with yourselves ~ first and foremost ~ be patient with yourselves.*

*We send you all the very highest of the white light from the very highest of The Kingdom of Amelius. Farewell!*

**Farewell! Thank you, Waith!**

