

Waith Class Transcripts, Excerpts

THE SOUL, STRENGTH AND GROWTH

FROM TRANSCRIPTS 1987-1996

(Topics Include Accelerated Growth, The Circle of Lessons, The Circle of Light in Learning Lessons, Conflicts, Cycle of Lesson Learning, The Menu, Pain of Growth, Percentages of Lessons Chosen to Learn, Phases of Teaching and Learning, The Toy Box of Lessons Chosen to Learn)

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*Waith's Words, and the Spirit Group's Words, appear in this font style
(If a Spirit Group Member speaks, they will be identified)*

**Class Member Questions/Comments appear in this font style
(Multiple responses from the class are preceded with this symbol ⚙)**

Until An Entity Becomes One With The Creative Force, There Will Be Things To Learn
(September 10, 1987)

Even I have things to learn, my dear. Remember that until an entity has become One with The Creative Force there will be things to learn. So do not feel that you are below or not up to par with someone else, because everyone has things to learn. No one is exempt from it.

Lessons Of Simplicity Can Become Complex On The Earth Plane
(September 17, 1987)

I have a question ~ about my windows. It sounds very trivial. However, it seems to be an insurmountable obstacle in my life in that the person who was contracted to re-do the crumby windows that were done has disappeared. I cannot even reach him by phone. I am trying not to lose heart here. However, it is getting difficult.

Do not loose heart, my dear. Your lesson has not been learned yet. This is an ongoing lesson that we have been dealing with at this level for quite some time now. And our dear entity here is having difficulty ~ and so we have placed another obstacle ~

You are not seeing the lesson, my love. You are not seeing the lesson. It will not help you of course for me to tell you what it is, for then you will not learn it. It is such a simple one. The lesson itself is so simple that your attempts to learn it have become so complex that in the complexity you have lost the simplicity of it. You have made more out of it than is actually there, and therefore you have made more of a lesson.

I thought I was on the trail there for a while. However, when this guy disappeared and shut off his answering machine, I could not believe it. My second one thousand dollar down payment is now out the window someplace. I am beginning to wonder.

Listen to your words, my dear. And listen. Listen to your words. You might want to replay this portion of the tape. Listen very carefully to the words that you have said and therein you will find a clue. Your guides can tell you if you will listen to them. Nothing is easy. When you see the simplicity of it eventually you will be amazed at the complexity, which you placed around it.

Lessons are really quite simple to learn. And before an entity enters the earth plane it is really quite simple, seen from this dimension. When an entity comes onto the earth plane it becomes tied down to the limitations that are recurrent on the earth plane. Simplicity becomes complexity, making more out of something than actually is. That in itself can be a lesson for many.

Someone Nearing The End Of Their Earth Plane Stay ~ An Empty Toy Box

(October 01, 1987)

For a long time, I have felt, and had indications, that I have an old spirit. Also, in my present life, I cannot find satisfaction or happiness. I strive for things, and I attain them, and I am not happy anymore. And I would like to have this calmness that you talk about. I cannot seem to find it. I wonder if you have any ideas or advice.

My first response to you, my dear, is that we are old acquaintances. Our energies are being renewed. I knew you in a lifetime when your name was Hannah. You were of great service and help to Mushiba and I in that lifetime. You are a very strong vibration. You are a very advanced soul. You have much in common with Mushiba in that you are in this lifetime to, as we say, tie up loose ends. I like to use that little phrase. What you are feeling, my dear, is a result of your advancement and wanting to attain perfection of this lifetime, feeling that if you attain the perfection that you will not have to return to the earth plane again. First of all, you are at a level now where it is very possible you will not have to return to the earth plane after this life, and that you will be ready to come into higher dimensions and be prepared to come into The Angelic Force. You do not need to feel that you must reach perfection on the earth plane, as you would perceive it.

As I have described before to others, we must look at our lives and look into a box, much as you would a Toy Box, and to see all of the lessons that you as a soul need to learn specifically on the earth plane. As you learn them, you take them out and throw them away because they are done. Eventually you look into the box and you see no more for the earth plane. You are looking into a box now, my dear Hannah. And I call you Hannah for that is a vibration that is so strong. You are looking into a box now that is almost completely empty. Lessons that you have needed to learn on the earth plane are near an end. You will have the choice now to accelerate in this earth life and finish your lessons and empty the box. And as you look into this box and you see what is left, if you decide to accelerate in your learning, you will, by the nature of the acceleration, feel what you might call a discontent. With the knowledge of this now with you, you should be able to begin to center yourself and to begin to feel a calmness in knowing that you are on the right track, that you are doing what you need to do.

Someone Is New To The Earth Plane ~ Their Toy Box Is Full

(October 01, 1987)

I feel similar things. Sometimes I think I do not allow myself to do the things I really want to do, and it causes me frustration in my everyday life and relationships. And my question is basically the same. Can you tell me anything?

My dear, what you are feeling is the result of your being very new onto the earth plane. You have had perhaps twenty lives on the earth plane, which is a very small amount. You have been in other dimensions and have been on other planets and you have only in the past, perhaps two thousand years of earth plane history, been here. So, you are still in the process of adjusting to

the earth plane, in understanding the earth plane. You are beginning to have ties to the earth plane. Because of this, you are feeling restlessness. You are not quite certain. You feel a bit out of sorts, as if you do not fit among those who surround you. You feel a bit out of place. This is a result of the fact of so much time spent on other planets.

You have been eager to be on the earth plane and to experience the growth that comes only from being on the earth plane, so that you can begin to advance the Soul along its path. You have much to look forward to in the thousands of years to come. You have begun, in a most beneficial way, by opening your Spiritual Centers, as you are, in this lifetime. And this will serve to be of benefit to you in future lives, and your growth can be very accelerated because you are spiritually open. What you have the potential of doing in this lifetime is imprinting upon your soul a memory that will carry you through into future lives of your accelerated growth during this most critical time on Planet Earth, The Shift. You will remember what has happened during this time of The Shift, and many thousands of years from now, and once again Planet Earth will need to cleanse itself.

This is not the first time that the Earth has cleansed itself. It will not be the last time. It is a pattern. You, being with many of the old souls now, will have the knowledge and the skills and the abilities to assist when the next cleansing must occur. This is, as Mushiba and some of the others were experiencing, who were here ten thousand years ago when Atlantis was destroyed. The Soul memories are with them to help in The Shift that will occur now. You are here at a most opportune time. You have chosen it specifically. Your Toy Box is full. You have many, many lessons to learn.

It will empty. It will. Look to those around you to help you in meditation and how to do this. Surround yourself with bright lights, the entities who are of the light. Listen to them. Seek their advice. They will help you to distinguish between those of the light and those of the dark. Be very careful. I say this to all of you. Those of the dark are able to disguise themselves many times. At first you will think they are of the light. The disguise is not able to be held for very long though because their true nature comes through. Those who are of the very Highest Light, those who surround Mushiba, are able to recognize immediately those of the darkness, and the disciples of those of the darkness are indeed very dangerous.

So, my dear, you can help by becoming one of the Disciples of the Light. We are here to get as many Disciples of the Light as we can so that when the battle between the dark and the light occurs, when The Shift happens, we will have our forces, as they should be. So, you have quite a challenge ahead of you. You can have tremendous growth occur from this lifetime that will carry you through to many lifetimes in the future. Seek out those of the light and surround yourself with them. You will be most happy.

**Someone Asks About Their Past And Future Lives ~ Waith Elaborates On The Toy Box
(October 18, 1987)**

Yes. The questions of life ~ the continuance of life ~ is that it is a continuum. What always was, is, and will be. And there are many forms in which energy manifests, the earth plane being only one in thousands and thousands and thousands of possibilities. We do not give too much information in these areas of possibilities because of the complexity of it while there is earth plane existence. You of course will return. You have not spent that much time on the earth plane. In terms of time, you have been coming onto the earth plane for perhaps seven or eight thousand years, so you are what we would call a newcomer. You have spent time in other dimensions, on other planets, learning information, gaining knowledge about your own being and that of The Universe and The Creator.

As I have described many times, when one comes onto the earth plane, each entity has what one might describe as a Toy Box. And inside this box are all of the lessons that one entity needs to learn. Some are Universal Lessons such as Patience, and Fortitude, and Self Respect ~ Love, of course. Others are things very specific that the entity has decided to fill the box with. You may have lessons to learn that are different from another energy's, so each comes in with their Toy Box. And as you learn one of your lessons, you take it out of your Toy Box and place it aside. The goal, of course, is to have an empty box. Sometimes The Toy comes back into the box. When you think you have learned something and you have not completely learned it, it comes back into the box.

And so, you are now with a relatively full Toy Box, and this is very common and very predictable. You will find yourself among good company. Each energy who you will meet on the earth plane, no matter how advanced they may be, remember, they too once had a full Toy Box, and they are here to help you. The more empty The Toy Box becomes for an entity, the more obligation there is on that energy's part to be of service to those who need help. And so, you should not hesitate to seek out those who can help you, and do not feel you are imposing upon advanced entities. This is what they are here to do, to be of complete and unselfish service.

All Energies Are At Different Levels Of Understanding Of Information (January 26, 1988)

There is much information that is filtered through to the earth plane. It is not meant that one individual absorb all of the information. Indeed, the information is not meant for all, for your absorbency ability is dependent upon the degree of your Lightness. You must be very careful about the information that you do receive, for it must be a good fit for you. And the energy that is beside you, for example, in this gathering now, you are, each of you, at a different point in your growth. And an individual sitting next to you might have entirely different information needs, and in fact abilities that are different from you, to understand information. Know that there is so much that you are unable to understand, and you are given the information at the rate that you are able to understand it. And for each of you, individually, it is tailored to meet your specific requirements.

As you grow in your soul and in your Lightness, you will also grow in your abilities to be strong in your Lightness, for with increased vibration, comes increased responsibilities, and your tests become harder and more difficult, and the attacks upon your saneness become greater. But as you are able to feel comfortable in your own beliefs, you will not notice that people are questioning your beliefs. It is historic that those who are different are questioned. Know that as you grow, you will be tested. And once you have passed one test, that will increase your strength, another will present itself, and you will be stronger still.

This is a time on the earth plane where there is an accelerated clash between the Light and the dark, for the status quo is being very much disturbed. It is a time of tremendous opportunities for growth. You see around you the changes beginning. They are not to be taken lightly, or haphazardly, or as nothing to be concerned about. Everything is connected. Weather patterns are changing. The economic conditions are in flux, as you might say. People around you are in a state of confusion, for events, as they have been known to be, are changing in preparation for The Shift.

We are aware that there are some of you gathered here now who have had some recent, shall we say, confrontations, not of your doing, but from others who are questioning your belief system. Know that you are working toward being nonjudgemental, each of you. If you were not, you would not be here. And those who would judge you do not realize that you are not judging them, for you do not question their beliefs. It is they who question you. Continue to simply be who you are. Continue to work toward being nonjudgemental for your behavior will serve as an example.

How Many Levels Does It Take To Reach The Top? ~ Free Will ~ Levels Within Levels (March 01, 1988)

You have told me that my level is approximately halfway. How many incarnations will it take, and how many levels are there, to get to the top? And once you do get to the top, what happens then?

It is not quite as easy as all that. There is no beginning and there is no end. And the number of the experiences one needs to have in order to reach a particular level depends on the individual. There is nothing definitive that says you must be on the earth plane for four hundred lives and then you will reach a certain level, and then when you reach five hundred lives you will be at another level. It is not quite as easy as that. It takes some souls much longer to progress than it does for other souls, and we cannot predict this. It will depend upon your own free will. You have reached the level you are at after approximately perhaps eight hundred lives you have had on the earth plane, and this is relatively normal to be where you are at this point in time. Some have achieved it in fewer lives and others have taken longer. How much longer it will take you or any of the others will depend upon your own abilities to improve and balance yourselves in each incarnation.

To reach the top really means Oneness with The Creator ~ if one were to look at the top. There are thousands of levels, if you will, to put a number on the levels. Each level has its own series of levels. Within each level there are other levels. It is not where you would go from point A to point B without intermediary times. This is all meant for progression and growth so that you slowly move from one to another. We do have major levels, but there are many sublevels that are designed to ease the progression and make it less formidable to the seeker.

So, it is going to be up to you as to how much more time it will take you to go through this. It does not mean because it took you eight hundred lives to get to a particular level halfway, that you only have eight hundred more to go. ☺ The level that we would refer to as the top, in this instance, is simply one level. It does not mean the end of the levels. It simply means that your time on the earth plane is a level. As I have said before, the earth plane is a level. There are levels above and levels below, and around, so it in itself is what one might call a level. So, it will mean that you will reach the top, if you want to refer to it in that way, the top of that level, only then to begin your growth in another level, and so on, levels that would be incomprehensible to you all for us to describe to you. It is enough for you to understand that the earth plane itself is a level. There are many dimensions surrounding the earth plane, and it is just a very small part of the greater scheme.

The Analogy Of The Toy Box, Where All Your Lessons Are Placed (May 03, 1988)

And if you will recall from my earlier times, I have described it, this process of lessons, as a giant Toy Box in which all the lessons are placed, and your goal is to empty the Toy Box. And so, you know ahead of time, and you enter onto the earth plane, and it is then that some of the difficulties occur, for the earth plane is specifically set up to entrap, and that is known ahead of time. You know that.

I had a great battle with Mushiba about this about a million years ago. ☺ She knew that in order to achieve what we had in mind for her that she would have to go through the accelerated training grounds of the earth plane, and we had great debates. She did not want to come onto the earth plane. She has not liked any moment on the earth plane, and I am sure many of you would commiserate with her in this area. ☺ Nonetheless, knowing of the entrapments that usually occur, it is all part of the strengthening, you see. You are all very special and unique souls, for you have taken on the challenge of the earth plane. There are billions and billions who are doing things in other dimensions. They are not doing the earth plane.

So then what begins to happen, of course, as all of you know, is that you become trapped. You begin to become attached to those physical manifestations on the earth plane, the material. You begin to have interactions with other souls, other souls who have free will who may be responding to certain issues in one way that are different to the way you are responding. You begin to build up all of these behaviors, these responses, that occur only in the manifestation on the earth plane and that need then to be worked out from life to life with certain energy forms

who you become connected with. Sometimes these energy forms are those who you have made connections with prior to entry onto the earth plane initially, and also energy forms who you become acquainted with once you have manifested.

All That You Encounter In Your Life Is A Result Of Your Asking For It

(June 21, 1988)

All that you have encountered in your life is a result of your asking for it. You have asked for the lesson at the Soul Level, and it is when you become attuned more and more to your Higher Self, and this is an ongoing continuous process, and you have attuned yourself to your Higher Self, you are better able to understand the grand plan that your soul has for that which you find yourself manifesting. And it becomes then less of an emotional issue and more of an issue of soul growth and you welcome it.

You see that which occurs around you as your soul talking to you, and you must listen to what your soul says to you. It is when you begin to block what your soul, your very soul ~ not someone else's ~ says to you and refuse to listen, and refuse to act upon what your soul is telling you, that the problems occur, that the imbalancing that we speak of so often occurs. It is the Soul's inability or nondesire to act upon it. And this occurs from life to life. It is the reason why many of you may feel that you are learning or attempting to learn the same lesson over and over and over again. And this is okay, because eventually you will learn it. Your soul is very persistent. If you will not learn it now, try again. You see? It is quite easy.

Learning Lessons In Your Own Way ~ The Student Seeks Out The Teacher

(July 05, 1988)

In looking at the lessons I have learned and seeing others confronting the same issues, I become frustrated with them and I want to go up to them and tell them, "It is very simple and you must do it this way." And I know being an Angel and being at your level and having to look at all of us after what you have been through, where you have come to, how do you keep yourself from interfering when you can see from experience?

It is part of the lessons that are learned as each moves along their own path, and one of the lessons, of course, is understanding and tolerance and patience ~ these are all degrees of lessons. And, yes, there are times when we at this level have what you might call a frustration when we are asked what to do and we give advice and then it is not followed. There is a degree of frustration.

However, as you begin to get to a certain point in your development, you understand, and you have an Unconditional Love for all, recognizing that perfection exists only at The Oneness with The Creative Force and that all are struggling in their own way to do that which they must do, and that each must do it in their own way. And while you are able to see, perhaps, the greater

picture and understand the Universal Forces, you learned that by doing it the way that was best for you, so too must those around you learn it in the way that is best for them. It may not be your way. It may in fact be your way. However, they must come to that recognition on their own, as you did.

In seeing each of these energy forms, recognize their struggles and love them and not judge and not, by any means, impose upon them your own opinions, but rather as with us, if someone seeks your counsel, you may provide counsel. Do not force it upon someone. Know the saying that the student seeks out the teacher, and know also that if someone seeks out your counsel and you give it, they may not follow it and that is all right also, and that it will be understandable for you to have a feeling of frustration, for this comes for the most part out of a love for those around you, out of a concern that they find their way, but know that each finds their way eventually, in their own way. It may not be in the time frame that you would like it, but it does happen.

**From The Universal Dimension, Infinitesimal Progress Is Seen As A Monumental Leap
(July 26, 1988)**

Some of these entities that are responsible over the centuries for causing so much destruction on earth, could they be coming back, gaining more power? And causing even more destruction?

Well, there are those entities who have not learned their lessons as they need to at a spiritual level. And one of the situations that becomes a part of the earth plane experience is that power can be gained at the physical level ~ power of the mind, manipulative powers, and that it can be used in one of two ways. It can be used within the spiritual context, or without the spiritual context. The power is still available to anyone who is able to develop it. And it is not really the issue of the power, and the development of that power that we discuss, but rather the way in which those abilities are used.

Part of what is being experienced currently on the earth plane is we have allowed a tremendous number of Atlanteans back onto the earth plane who were in the final phase of Atlantis ten thousand years ago who are at various stages of their own spiritual development, and they are trying once again to progress upon the path of spiritual responsibility. It is a difficult path, for many will have the power and not the spiritual responsibility that goes with it. We allow those entities to come back on so that they can learn, and many times they will not, and this happened in Atlantis, and it is happening now. There are many who are on the earth plane currently who have varying degrees of abilities and powers that have been developed from the Atlantis time, but not the spiritual context, and not the spiritual responsibility. There are more and more who are gaining the spiritual responsibility, and they are progressing very rapidly.

You must realize that progress can be seen from this end in a very different way that progress is seen by all of you. We see infinitesimal progress as a monumental leap. So that we would see progress where many on the earth plane would not even realize that progress was being made,

and would in fact be looking for something very concrete and monumental to say "Ah, we have progressed!"

If an entity who abused their powers in a former time, whether it was a few hundred years ago or a few million years ago as part of the earth plane experience, progresses on their path toward Oneness ever so slight a manner in one lifetime, we call that progress. And that would mean that if a soul who appears to be very, very dark and negative, and causes great harm to others, the degree for that particular entity's soul for advancement is compared only with itself and not with other entities.

So that if an entity has learned ever, ever so slightly how to take spiritual responsibility for its powers then it has progressed. It may take that particular entity many hundreds of lifetimes to progress in a way that you might call significant along the path, but we view every advancement as a progression and it is when there is regression that we become so very concerned. And that does occur, where rather than advancing and becoming lighter, an entity can become darker by very deliberately not learning lessons and deliberately taking on those powers and abusing those powers and not caring that they had done it, and in fact saying, "I know that I am abusing my power, and I do it anyway and I do not care." You see?

Life Changes Need To Be Viewed With A Spirit Of Optimism And Growth (July 26, 1988)

Waith, you talked about how at the end of an incarnation, if a person has progressed, they would go through a shift in their vibration before they come in the next lifetime. You previously mentioned that it is also possible to go through these transitions in vibration during lifetimes. You also referred this evening about protecting oneself when an entity is going through these transitions. Would you have some guidelines for us relating to this? If you identify that you are going through one of these vibrational transitions, what they would be? I am recognizing that what might have been called an identity crisis in the past should be welcomed now, and realized and recognized, for being an opportunity that is coming your way. Knowing that, how it can be experienced so as not to be experienced like an identity crisis and more of the opportunity that it is, and sort of flow with it, go with it into the new, the next phase?

Yes, you want perhaps a little procedures manual. ☺ ☺

Yes, indeed. We would ~ we of course are not able to give you the easy way out. And then as you have so rightly recognized it needs to be viewed in a spirit of optimism and growth. So often without the spiritual awarenesses of what is happening to you, when crises occur in an individual's life, they view it in a negative way, "Oh this is terrible. What can I do to prevent this?" Rather, there should be the attitude of "How do I flow with this? How can I best experience this for the positive impact that it is having?" For all growth that occurs requires a trauma at some level. It does not have to be significant and dramatic, but nonetheless there is a pulling off of the old and a pulling on of the new and that is going to require some discomfort.

The reason why we emphasize so often meditation is that you will find the answers yourself as you are increasing vibrationally. It means also that you are increasing in your own abilities to connect with your Higher Self and that that information which you need is given to you if you simply ask for it.

There Is A Tendency At All Dimensions To Perhaps Lean On Others
(August 02, 1988)

What must be recognized is that that which you need to do is that which you need to do and that in itself, it is learning for you, that while you certainly can do this all by yourself, that those who might be able to assist you are available to you and that if it takes you an entire lifetime of leaning upon someone else, but that you learn from that leaning, that you do not have to lean, then you have learned that which you had to learn.

Many times, the learning is exactly that ~ that you have to learn that you do not need to lean. It is very easy to say. Do not overuse those who would be here to teach you but recognize that those who are here to teach, teach for as long as you need them. When you no longer need them, and you recognize that you no longer need them, then there is no need. But that only comes from within your own soul. You may feel the dependency and as long as you feel that is as long as you need it. To try and break the dependency, if that is even the correct word, would in itself be detrimental to you.

If you yourself recognize that you are relying too much upon someone or some information, then that is a sign that you are ready to break away, for it is when you understand that you no longer need to lean upon someone that you do not need it, you see. When you have not recognized that you are leaning upon someone then it means that you still need that.

This is how growth occurs, for there are those who would lean upon you and you may not recognize it in its other form, but there are those who would come to you and feel a dependency, if you will, upon that which you can give out for information and that you as a teacher would not, in fact, even think that "Oh I must break this dependency," But rather, "I am here to provide help and assistance for as long as it is needed," and that the mark of a true teacher is the realization and the knowledge that students will come and go, and that some will remain students longer than others, for the lessons they need to learn are either greater in dimension or simply take longer for that individual to learn. This is the way of The Universe.

It does not mean that once you have learned what you need to learn from the teacher that you sever all connections, but rather to take on a different level. You now become in a different relationship with the teacher and perhaps are able to teach that which you have just learned, for it is a continuous process of giving and taking. And that which you receive, this is a Universal Concept, you will be required to give back in some way and you will be called upon at some time, be it in this particular incarnation or in a future dimension, be it the earth plane or whatever, that help that you have received you will be called upon to give it to someone else.

Many of you have experienced this in physical form in very definite ways in this incarnation where you know that you are giving back because of something that occurred prior in your life and it is the way of The Universe.

How Do You Recognize Those Who Are On Accelerated Growth Paths?

(September 06, 1988)

I wonder if you could comment on those who choose the path of accelerated growth. I am particularly interested in how I would recognize another that had also chose that path because I feel that there are things that I would like to discuss with others who I knew were on that path.

Those who are on accelerated growth paths recognize others who are on accelerated growth paths without it being stated. Those who are not on accelerated growth paths, but who would need the guidance from those who are on accelerated growth paths will not recognize the accelerated growth. However, the accelerated growth entities will recognize those who need their assistance and will provide it. It is the situation where a student will find the teacher in reverse. There will be those of acceleration who will indeed recognize those who need their help and will present it accordingly. There is nothing that we would be able to give to you of a specific nature that would say this person is accelerated ~ I recognize it because they have their shoes on backwards. ☺ Do you understand?

Is There Going To Be A Period Where People Are Forced Into Accelerated Learning?

(September 06, 1988)

Yes. I wondered what it had to do with times of The Shift. I will tell you why I am asking this. I was told that part of what I am going through, constantly adjusting to change, is that I am going to be able to help others who need to make changes and are fearful in doing so, and because I am always having to adjust to new situations, that I am becoming skillful at making these adjustments, and I just wondered if there is going to be a period where people are sort of forced into an accelerated learning.

No. No, no. There is never any forcing of anything, any time anywhere, any time. Never, never, never a forcing. No. Those who want to be on an accelerated growth path choose that. Those who are on accelerated growth paths can choose to stop also if they decide they do not want to continue. There will never be those who would be forced.

If you ever receive information from a spirit entity indicating pressure to be on an accelerated growth path it is probably very, very negative. Sometimes the mischievous entities will play their little games, but more than likely it is a very negative energy, very dark, coming to you to say you must do this. It is a way in which they can get you, for if you are truly not ready for accelerated growth it could regress you. You must be ready for it.

No one will ever be forced to do anything. You choose your own speed and your own directions so those of you who are on accelerated growth paths know that you simply will guide and counsel. You will not tell any that they too must go on accelerated growth, for after all, this is the time of The Shift. No, no.

Understanding The Big Picture During Periods Of Testing (October 18, 1988)

I know we are all being tested. I need a lot of help in the big picture here. Maybe you could comment on this phase of testing.

You are all, as I have indicated earlier, being tested, and you are all responding in most beautiful ways. To understand, as you say, the big picture, for some of you, you will see this big picture in your meditations, for you will be able to understand it and deal with it. For others it would not be appropriate, for you would not understand it nor would you be able to deal with it in its enormity.

For now, it is important to take things step-by-step so that you gather the strength and the understanding to eventually be able to see a larger picture, be it in this manifestation or another. You are given the understanding and the scope of The Universe as you are able to comprehend it. It is also a side issue in patience. You will eventually know the big picture. It may not be for several thousand manifestations. ☺ ☺

The Frustrations Of Teaching And Learning Simultaneously (October 18, 1988)

Waith, it seems that a lot of my work and path involve the simultaneous process of teaching and learning. It gets very complex and difficult for me, and others. Can you share some insight?

Indeed. Teaching is learning, and learning is teaching. It is simultaneous, and it is a Law of Spirituality that one cannot exist without the other, that they are interactive and that part of the learning that you all undergo as you take on the path of accelerated growth and spiritual advancement is in the understanding of the simultaneous nature, and indeed it can be very frustrating.

For some, they have integrated this and they understand the Universal Principal. For others, it is a new lesson and one that is just beginning to unfold in its understanding, and if you accept this as a Spiritual Law, a Universal Concept, and allow The Universe to help you in understanding its complexities, you will find yourself to be less frustrated calling upon the Higher Self to connect into that part of The Universal Consciousness that will give you that guidance.

And in those moments, when you may feel particularly frustrated and confused, to simply stop what you do, take a few moments of quiet time and call upon The Universe to help clear the confusion. Relax yourself knowing that it is the combination of teaching and learning that brings you to One eventually. It is a good topic for a Special Topic Session.

**A Question About War ~ Is It Necessary ~ Are There Individual Lessons For Soldiers?
(November 29, 1988)**

Indeed, indeed. Nothing that occurs on the earth plane is without reason, and it is all that occurs for lessons to be learned for those involved and for those who might observe. War, as you have indicated, has a very specific purpose. It serves, in one way, to be a major cleansing at intermittent times on the earth plane experience. It is far more complex than we would like to get into at this time for the time grows near for us to depart. We would address this issue at another time. However, leave it at this, that it is very much so related to that which we responded to another's question, and the issue of hunger and disease and all of that that appears in masses of entities, will have its time for explanation soon.

**Is The Balancing Of Lessons Voluntary, Compulsory, Or Both?
(January 03, 1989)**

A balancing is completely voluntary. Completely voluntary. No one forces anybody to balance. No. If we forced balancing, there would be no dark.

Right. But then why have I heard it said that some entities are sent to Work Planets?

Yes, indeed. We have certain controls. It is not for your understanding at this time. We allow certain things to occur to a point, and then we must intervene. This instruction is given to us from Amelius, you see.

**Many Have Chosen Accelerated Paths ~ Many Choose Simple Paths ~You Choose
(January 10, 1989)**

I want to thank you for your help and love and support, and I continue to ask you to please feel free to infringe upon me in my soul's path at any time because I need all the help I can get. 😊😊

We would not infringe. We would simply guide you. We shall not interfere. We are not allowed interference. You, however, at the Soul Level give us permission to assist in certain ways and therefore we can do that. But we arbitrarily do not go into your path and alter it.

Whatever you are doing, thank you. I do not know what my path is. I think a lot of people are having the same problem between trying to establish, trying to differentiate between my two guides, Amelius, my Higher Self, and all of you. It is very difficult.

Indeed, it is.

And is there something that you could tell us all that would simplify this process a little?

You have all chosen accelerated experiences here. And therefore, you are being bombarded by us, your guides, and all others of the Light in The Universe who might want to jump in and help if called upon. For many, they have chosen a very simple manifestation. For each of you in this gathering, and others of the community who are not able to be here, you have not chosen simplicity, and so it will not be easy. You have chosen this for its difficulty and its acceleration for the strength of the Soul. You want to learn a great deal in this manifestation and that is why you are all here. It is why you choose to return time after time. It is why you choose to speak with all of us, and you call upon us, and we come running. There is no reason to have to differentiate. Simply, to rest in the joy that you have given out the word to so many and you recognize the help that is coming.

I can recognize the lower vibrational entities now, but it is difficult to differentiate between who is who of the Light.

You will.

It seems that the lower vibrational entities are very clear. I guess it is a sign of growth that I can at least differentiate.

The fact that you are recognizing this, you challenge them, as we have indicated so often before. You simply challenge, and if they are not of your Light, they will go away. They will not be able to withstand the challenge.

How Often Does One Need To Ask The Universe To Help With A Particular Issue?

(February 07, 1989)

Once is enough. We, of course, cannot seem to get this through to you all. This is not just you personally, dearest one. But rather, most all. It takes much experience in understanding that once you have sent it to The Universe that is all that it takes. You do not have to keep reinforcing it.

It is an issue of patience, right? Then, when the time is right it will come back to you.

That is correct. The important issue here is that you recognize that it is to be sent to The Universe and that you consciously send it to The Universe. You say, "I am sending this out to you." Then it will have a rather dramatic effect. There will be many situations, however, when there will be messages sent to The Universe at an unconscious level. These have different kinds of implications. But for you to consciously send to The Universe, yes, once.

Waith, speaking of consciously sending to The Universe, you have to make sure what it is you want, and you have to make sure that you deserve what you want, because if there is a conflict of messages sending out, one will counteract the other.

The Universe determines what it is you will receive. Simply sending something to The Universe does not necessitate the fact that you will receive it. You will receive what you need in some form, of course, as you most recognize this. And so often what is sent out is not beneficial to your soul in the form that it is being sent out. It will be in some form beneficial, for the Soul will be sending out to that which it needs.

There Is No Such Thing As Failure ~ It Just Means It Is Necessary To Have Another Test (February 28, 1989)

What happens when you fail all of this?

There is no such thing as failure. There is no such thing as failure! We emphasize this. It is this concept that you have of failure that creates so much of the problem. It simply means that the test that you undertook was not passed. It does not mean you failed. It simply means that it is necessary to have another test. You were not ready.

The Soul will bring continual tests and force itself to have test after test after test. Some of your souls will require and want more testing because it wants a particular level of strength that is different from another soul. None of you fail. In the scheme of The Universe, there is no failure. Even if you are placed onto a Work Planet, it simply means that you need to have some balancing, some readjustment, some time out, so to speak. You have not failed. Even those of the highest darkness are not considered to have failed. They simply are that much further away from the Light than another energy. They, too, have their lessons that their soul has taken on.

The Universe Is In Control ~ Help Comes From Many, For Learning And Teaching (March 14, 1989)

Some say that they were abused as children, therefore they are on the streets. I do not necessarily believe that. I thought that it is their soul's lessons to learn.

There are many, many issues here that bring entities into this particular situation that would be far too complex and numerous to go into, for they are soul issues, and there are many situations that are set up on the earth plane for entities to enter into to learn particular lessons and issues.

These situations, however, are also available for others to learn lessons who are not in the situation. So, for example, those entities who would be abused or who would run away from their home are in that situation for specific lessons that they have chosen to learn. Those who might want to assist the plight, shall we say, of those who have, who are homeless, have taken the opportunity for lessons to be learned on their part in the helping, you see. There can be a tendency with those who would think in a metaphysical way that all that happens, not to be sympathetic to it, for the Soul has taken it on. And so, "Tough!" This is far from the truth, for each of us is responsible to the other.

It is what we choose to take on as our responsibilities for lessons to be learned and lessons to be taught that matter. And thus, you may be involved in helping the homeless and have no interest in helping someone who is an alcoholic, for example. You have no desire to get involved in that issue. This is fine, for there are others who have taken on the issue of helping those who would be alcoholic. Do you understand?

Do not feel that you must help the entire earth plane. It just is not to be, you see. This is where many of you would feel inadequate, that you should be devoting your entire life to all the causes. Remember that The Universe is in control and that proportionately all gets taken care of, so that those situations that have been set up for learning will each have their proportion of those who will be helping those who are learning. Thus, those who are helping are learning and teaching, and teaching and learning. You grow in your strength as you help and you carry this into other incarnations and it helps you, the strength that you develop from lifetime to lifetime, to deal with other issues, you see.

Someone I was recently talking to said that my beliefs were hogwash.

You have each found yourselves to be in these similar kinds of situations, if not quite as direct. And there is one way really of responding to that and that simply is to smile at the individual and say, "You are entitled to your beliefs as I am entitled to mine." You see? For that is truth. This entity has just as much right to believe that your beliefs are hogwash as you have to believe that what she believes is hogwash because she believes that you believe ~ Do you understand?

But did the conversation benefit anyone?

To understand its impact upon the total energy field would be a bit difficult to explain. All that happens has an effect in some way. At some level there is something that comes from it.

Is It Easier To Grow If You Remove Yourself From Earth Plane Entanglements?

(April 02, 1989)

In my experience of going away to the holistic retreats and being among like-minded spiritual people, and away from all the distractions of the earth plane, we are still on the earth plane. Is it easier to grow in an environment like that, spiritually? It seems it would be easier to grow on a spiritual level if you said goodbye to the earth plane entanglements and were amongst like-minded people and did not have television and radio and all these personal distractions.

You would never grow, my dear. These times that you discuss are essential for renewal of the spirit. However, there would be no growth that would occur if you were to stay within that environment. You must be on the earth plane environment. You must be bombarded by all of these tests, for to be in that environment you would not have any challenges, any tests. Everybody thinks the same, therefore, does not challenge anything that you say. You are with those who are like-minded, which means you have probably balanced with these people and there is nothing to do. ☺ Now for some, they are allowed on occasion to have a restful earth plane experience. This is allowed on occasion, not very frequently, but you come in and you do perhaps find yourself surrounded only by this kind of environment that you describe. But no growth occurs.

I am thinking of the Tibetan Buddhist monks who live in isolation, and the yoga masters who go out into the mountains, or whatever they do, and they meditate for their whole life.

That is their mission. They serve the purpose. They do not have the same kinds of issues in that manifestation to deal with that others have, and their mission is, in fact, to be in isolation. It is difficult for an entity to be in isolation. It is not an easy task. It is not easy to be alone, you see. And thus, they learn their lessons in other ways that relate to their path.

So, it is an earth plane illusion?

Indeed. It is all illusion anyway.

Each Energy, In Order To Return To The One, Must Experience Male And Female Issues

(May 07, 1989)

The male energies also have the same direction ~ the general issues of being the male energy and then those of the specific. So, we see then that each energy, in order to return to the One, must experience in physical all of the gender experiences, male and female, regardless of dominance. We will address dominant female and those lessons that need to be learned.

Many of you in this gathering and many who will read these transcripts, while they may be in male encasement, are, in fact, a female dominant energy, and, of course, vice versa. And thus, regardless of whether you are male or female in encasement, male or female in dominant energy,

it is important and indeed critical that you understand what makes everybody tick, shall we say. It makes for the wholeness of spirit. And to think that this information from this session does not apply to you because you are male in physical encasement is, of course, ludicrous.

Inherent Female Qualities Upon Leaving The One Are Lost, And Become Lessons To Be Learned (May 07, 1989)

Now, female general issues regarding health. The female of the spirit is gentle, the female of the spirit is compassionate, the female of the spirit is loving, and the female of the spirit is nonjudgemental. This is true when the female first leaves the One and ventures out into the path of learning. What occurs is that this knowledge, this inherent quality of the female, becomes lost in the memories of the Soul, as it needs to be in order for the lessons to be learned and the strength to be obtained in the gaining back of that knowledge.

Thus, when you each leave the One, The Creator, you leave with the knowledge, with the understanding that you will gain it back once you have returned and that the quest is in the gaining back of the knowledge. Thus, it is, that each of you has the knowledge. We emphasized this time and time again. It is simply that the path is meant for the relearning of the knowledge, the gaining back of the knowledge, and the experiences that one encounters make the entity whole and strong once again. Now, the general issues of the female spirit relate to an understanding of these qualities that I have just described, compassion, love, nonjudgemental. And when each female entity goes out into The Universe to learn the lessons, there then becomes what one might call a disassociation with the spirit and the quality, the quality that I have referred to.

We will take, for example, the quality of compassion. With the quality of compassion forgotten initially, the female entity enters the earth plane, and in the deep recesses of the Soul is this knowledge of the quality of compassion, and in order to begin to call up this knowledge and its implication, the female will begin to be at the other end of The Spectrum, will be completely non compassionate. This is at the beginning of the sojourn on the earth plane, and at the end of that particular experience there will be the development of the knowledge once again of compassion. It is a long and slow process, and several qualities may be taken on at the same time in a lifetime or one particular quality may be taken on, and lifetime by lifetime the knowledge begins to return. Now this relates then to health.

How Entities Choose To Go Onto Other Planets From The Menu Of Lessons (July 18, 1989)

We have addressed the issue of what you all refer to as UFOs, and we have said to you that this is an incorrect terminology to use, for it is implying that these are foreign or alien, as you might say, and not connected with you, these are other beings. They are not other beings, they are all part of The One and simply find themselves at the various stages of the illusion in which they have manifested, and that when each of you decides to come onto the earth plane to take on the

sojourn of the earth plane, you have, as we have indicated before, a selection of lessons that you would want to take on, and it is presented to you much like a Menu, you see, and in this Menu are the Planet Earth and all of its lessons, and then each of the other dimensions and planets that make up the earth plane, and each of The Menus that go along with that, and many of you will pick and choose and you will say that "I will go onto this particular planet to learn what that illusion will give. And I will go onto this planet and learn what that illusion will give."

Some of you choose not to. You choose one planet and stay on that planet. And many of you have chosen Planet Earth, and therefore, in doing so, have within your soul a curiosity about other planets, because you know that they exist, for you were shown The Menu but decided not to select, much like you would go into a restaurant and have all this, shall we say, food available, and know that you can only select a certain amount. However, knowing that The Menu is still there, and the restaurant is still there, you may go back and select other items.

And thus it is, that in the comings and goings of energy within The Universe, after you have completed the sojourn on the Planet Earth and all of its lessons and you have returned to The One, you will decide to return and perhaps not even come onto Planet Earth but go to several other planets. In doing so, you may then choose, as one of your issues to deal with, helping Planet Earth when it needs it, and therefore coming onto Planet Earth, or going to one of the other planets, or going to The Underground. Know that on each of the planets there is also Underground Communities. We will not go into that for it becomes very lengthy in our discussion.

Thus it is, that all energies are connected, of course, but there is also the assistance that will be coming from many of these planets. Know also that just as on Planet Earth and in other dimensions there is the darkness, so too is there darkness on the other planets, and thus what might appear to be help may not be so coming from other planets and other dimensions. Just as it is on the Planet Earth, when you meet an entity, you are not certain sometimes whether that entity is good for you or not. Thus it is that as these other entities swarm around Planet Earth, and this is very similar to what this might look like, it is not all of the Light, but recognizing also that The Spectrum of Light is relative to your own point on The Spectrum.

Are those other planets also in the illusion of time and space?

They have different illusions of time and space. They do have illusions of time and space but it is different from that on Planet Earth. Similar in the fact that there is that illusion at all, you see. When dealing with the other dimensions of the earth plane such as the layers moving into and through The Astral Plane there is no time and space illusion. Therefore, in those layers, respond very differently to the environment around them.

A Discussion Of Accelerated Growth (August 08, 1989)

I would like to accelerate my spiritual awareness, but my life is so hectic and there just is no time. It seems like a trap. Is there any way out of this?

Remember that not just for yourself but for many others there is a commitment to certain earth plane situations that are necessary in the development of the Soul and you must not confuse the issue that if you are involved in very heavy earth plane issues that you are not developing spiritually.

I feel anxious to develop at a more accelerated pace.

What must occur, you see, is this ~ there are many now who have, in coming into the manifestation prior to entry, made the arrangement that there would be accelerated growth, and thus it occurs, the agreement being made beforehand. There are many who come in under normal growth patterns and once reaching a certain point in their path finding that they actually were able to accomplish just about everything that they had come in to do in that manifestation, then find that they want to continue in the manifestation and to have accelerated growth perhaps, for many entities find themselves accomplishing what they came in to do, in a much shorter time frame than they had anticipated.

Now, when one chooses accelerated growth, after they have come onto the plane, there must be an agreement made with The Universe, The Universal Consciousness, and it must go through the entire energy, the lifeline we have spoken of in the special session. You must receive approval through the chain of command, and it must go right up through to the Lead Energy. This is done in a rather rapid manner, but it has to be done in a way that you are specifically asking for this and where you know rather than simply to say, "I want to have accelerated growth," in your meditations you would concentrate and you would go to your guides first and say to them, "This is what I want and now help me to put it through the chain," if you will.

And once that has occurred it may possibly happen that it will be denied that you go through accelerated growth for there may be other issues far more important for you to deal with. Accelerated growth has a number of implications to it. If it is approved, then you will know immediately, for the lessons will start coming to you that accelerated growth means. Accelerated growth means that you are constantly being bombarded with lessons and tests. You may have a rest period in between of, oh, one or two seconds but it means it is a very difficult task, it is where you will be virtually bombarded with issues to deal with, and thus there is an evaluation that is made as to whether this is feasible for you in this manifestation.

Will these tests come in the form of day-to-day earth plane lessons?

Indeed. Yes, moment to moment and day to day and week to week and month to month and they will be heavy, as you would say it. Thus it is that there are many in the community who

have come in already predisposed to accelerated growth and there are a number who have and will come into the community who, being surrounded by accelerated growth, would seek out that situation themselves. Understand that it is not Easy Street, in fact it is very, very difficult and thus it is, that the so-called consultation would occur between your soul and the chain of command so that the right decision is made for you in conjunction with yourself.

It seems like more and more I am coming in contact with people I have known for a long time and never knew that they had any spiritual awareness, and all of a sudden it is starting to surface.

Indeed. All of a sudden. As it is meant to, and as it is meant for you to be in touch with them, just as it is for any entity, when it is time to meet certain entities or to have an understanding of what they can contribute to you and what you can contribute to them, then it will happen.

If you choose acceleration in your spiritual growth, are you always going to be bombarded?

Yes, you will my love, unless you indicate to The Universe that you want to cease accelerated growth. That can happen also if you reach a point where you feel that you want to stop, for whatever those reasons would be, then you may choose to do so and it will not in any way affect the progress of your mission in terms of growth by not finishing what you started out to do, shall we say, it will not have an effect. Many decide after a while to cease accelerated growth.

If you chose one way, is there a right way you should have done it, or what you do is just the way your feelings went?

You answered your own question.

Do you progress to a specific point in each lifetime in your acceleration so that once you reach that point you progress no further until you pass on to another life?

Not exactly. Yes, there are points that a soul will map out for itself, shall we say, in earth plane terms that it hopes to accomplish in a particular manifestation. Now, what can occur first is that, as we have indicated earlier, there is a completion earlier than planned in the manifestation and that point that was planned was reached, and the Soul, rather than leave at that time, decides it wants to take on more. And again, this is done in consultation with the Forces that be. And thus, it may be that a soul progresses even further than it had planned in the manifestation. On the other hand, there is the other situation, you see, where from spirit world it looks easier than it is to do certain things and the Soul finds in its manifestation that it is not going to be able to reach that point, and thus it leaves without having completed that. This is fine. For then upon evaluation back in spirit the Soul readjusts its plan. Simple.

So even if you feel sort of almost unlimited things are available to you, then they are.

Indeed. Indeed. You can progress to any point you so choose in a manifestation. You are not limited. Only by your own perceptions and your own interpretation of the illusion.

If you have a happy life, with no bombarding of issues, does that mean that you are not growing much? It does not have to be miserable.

No, no indeed. No, in fact there are periodic rest lives which are recommended in which there simply is not any, shall we say, growth, but simply to come in and gather peace, if you will. This is the best way of approaching it, and we have had others who have mentioned the same situation and we have indicated to them that there need not be any feelings of guilt on their part if they find themselves in a manifestation of relative ease and free from anxieties and the bombardment of lessons and issues, for it is appropriate for energies to do this periodically. It is good for the Soul, shall we say.

What Makes Us Choose To Leave The One, And Choose Pain To Want To Grow? (August 08, 1989)

It is the issues of the Soul and the returning back to The One. In order to return to The One there must be lessons learned and issues dealt with that are taken on by the Soul when the Soul comes out of The One. It can take as long as the Soul wants. It can take eternity. There are some souls who have come out of The One and have just gone around and around and around and there is no great pressure from themselves, you see. It is the Soul that pushes itself.

It remembers where it was and it wants to return. Is that what it is?

Of course. Some want to return faster than others.

What about the ones that choose the darkness?

This is an entirely different Spectrum that we deal with here, for those entities who become involved in the darkness are choosing this, and it is all part of the scenario of the illusion also of The Universe that there must be darkness as well as Light in order for, shall we say, the games to be played. Eventually, you see, those of the darkness will return to The One. It could be ~ we deal with eternity ~ it could be that they will choose to be forever and not return to The One. However, this is the rare case. Usually, those of the darkness return eventually to The One, and as we have said in the Special Topics Session, those who, in one illusion, came out and were of the dark may, in fact, come out again and be very much of the Light, and vice versa, you see. There is eternity and it is all simply an illusion. That does not really answer your question, does it? It confuses more!

Why was there separation from the one in the first place?

We have given bits and pieces which if reconstructed you will find the answer and we have most recently given in the information on the parallel lives and lifelines a tremendous amount of information regarding what The Universal Consciousness is all about. The separation, as it is called, is not really a separation but simply a leaving to play. It is not a negative that occurs when there is the leaving from The Universal Consciousness, simply an effort to go out and do something because one has become perhaps bored.

I almost got the impression that what you are saying is that there really is not any darkness just varying degrees of Light.

Indeed. Indeed. We have presented this as a Spectrum where there is dark on one end and Light on the other end and that entities need to look at other entities in relation to themselves on that Spectrum and that really the Light dominates and that it simply becomes less Light until it reaches the other end of The Spectrum in which it is as dark as it is Light. And then there is the attempt to merge so that Light absorbs the dark and not the other way around. Remember that at all times, dear ones, Light absorbs dark.

Could that be what happens when eventually a darker soul returns to The One ~ that they have Lightened up in order to go back. Correct?

No, they cannot go back dark. They must have reached the total Lightness before they can return.

Does the Soul agree to take on the role of being the protagonist, being a darker entity?

In some cases, yes. In some cases, it is simply it happens because the Soul has miscalculated its own journey and has fallen under the influence of the dark, you see. The dark can take its disciples and promise it things. And remember that the dark is also powerful, that power does not have a direct correlation with how Light one is. This is why there is the battle between the Light and the dark. It is necessary for lessons to be learned.

At some point does The Creative Force maintain the balance? Is there some overlooking force that keeps us all ~

We have indicated that to be the case. There is a balance and that is in the transcripts from the Special Topics Session. You are all needing to read that. Yes indeed.

We are ready now to depart. And we have found this to be most interesting. We have enjoyed this very much for we have placed significant confusions that will serve for future discussions as

you, shall we say, mull around in your brains the confusion and attempt to make order out of chaos.

Aren't There Some People Who Have Not Really Grown In This Lifetime?
(September 05, 1989)

Oh, indeed! There are many who have not grown and remember that, again, you cannot judge them for there may be the fact that it is a Rest Life for them and they do not have to do anything to grow. It could be that they have come in and have not been able to grow, have had difficulties in growing. This is not yours to determine. This is not anything for you to even think about.

What you need to do is, if you meet an entity where there will be a relationship of some sort, be it of a limited social, business, anything that would bring people together for any type of relationship, be it short or long, that if you feel a conflict with an individual, you will make yourselves much happier for the duration of the relationship if you can find a common ground upon which to interact rather than fight the fact that you do not like a person, for you will find yourselves to be in the relationship sometimes out of your own control. Find a common ground.

Is there such a thing as a block that people have?

Yes, there is. We have discussed it many times. You have a block, my love. Everyone has a block in one sense or another, for many different reasons and for many different issues. It is far too complex to go into at this time, except that it is a Universal issue for all energy forms. The blockages come down where appropriate after certain issues have been worked through. The blockage is no longer there.

Foundation Discussion ~ Teaching And Learning
(September 26, 1989)

We speak in this session as the prelude to that which will come in the Special Topic Session about Teaching and Learning, and we present to you a particular concept that will give you, shall we say, food for thought and prepare you, those who would come to the Special Topic Session, Teaching and learning, and they are one in the same. Teaching. Learning.

And each entity comes onto the plane in a dual mission, whether it is acknowledged at conscious level or not ~ to teach as well as learn. And from the teaching comes the learning, and from the learning then enables the teaching, to be of greater value which then allows greater learning. And you as entities teach and learn for your own soul's growth as well as to Be of Service to other entities, so that each entity with whom you come in contact with, regardless of who that entity is, there is the dual mission. For some entities it is a dramatic mission, the duality of teaching and learning. For other entities it is a less dramatic duality. Inherent in all energy forms, then, is this

concept that comes from The Universal Consciousness that indicates the responsibility to the other in the learning and teaching mode.

It is not as simple as it might appear to be, the application of this concept, for there is much misinterpretation and misunderstanding of this concept, as well as its application, and it will be the mission of us as we go through the time on the plane that we have destined to work with Mushiba, our responsibility to help you understand this duality and to help you to take on the responsibility that is meant for you to have in whatever degree it is meant for you to have based upon your soul's mission in this particular incarnation as well as its overall mission in its quest back to The Universal Consciousness.

Trust As It Relates To Teaching And Learning (September 26, 1989)

The fine line of learning and teaching becomes blurred for many and issues of trust become a major part of the blurring of the lines, and there will be major issues of trust that will become a part of the lives of many of you, not only within your own personal environment but also as you relate yourselves to the Community of Terra Lux. And there will be great lessons that you will all be dealing with as relates to trust, for it is trust that is the vehicle upon which the ability to learn and teach and balance the duality of that concept is based. We will be giving much information in the Special Topic Session of a very specific nature relating to learning and teaching, and there are very specific questions we know of in advance, of course, that will be presented for the record in that session. We would take now, three questions. For we will depart soon for this session.

What Is Your Definition Of Trust, As Opposed To What I Would Say Is Trust? (September 26, 1989)

That is a very good question, my dear.

Very simple but not so simple!

Yes, indeed, as your questions are, for they do present, when asked, on the record issues that others have on their minds, you see, and your questions have always served a very fundamental purpose. The definition of trust will be presented in the Special Topic Session. It is not always as easy as it might appear to be, for we will discuss at great lengths this concept of trust, and it was your purpose to present it in this session so as to allow us to give the preface for it and we thank you for that.

Do we sometimes have to trust the tests we are going through as another way of learning and teaching?

This is part of the fundamental issue which, when discussing trust as the foundation of teaching and learning, will be addressed in its beginnings of discussion and definition. Teaching and learning are at the base of all of the concepts, and trust in the Universal Flow and in The Universal Consciousness is the very basis for the application of all the other Universal Concepts.

That also goes back to trust in your own truth.

Yes, it does indeed go to the trust in your own truths, which we have presented so often and have indicated that there must be the going into Self to learn the truths of Self and to trust in the truths of Self. We will elaborate.

Trusting And Flowing With The Universe. And The Issue Of Free Will (September 26, 1989)

Isn't truth also surrender? Everything relates back to surrendering to The Universe and to the highest concepts.

The use of the word surrender, as it is defined on the plane in the current illusion, is a bit deceiving, shall we say, to the Universal Concept that it actually applies to. Surrender as it is perceived on the plane now to many indicates a loss of free will, and this has become an issue for many, many on the plane. They confuse The Flow of The Universe and the ability to go with The Universal Consciousness and their own truths of The Universal Consciousness with this definition of surrender, you see, this question is what we also will elaborate on in the Special ~.

Because I have had a lot of blurriness on the degrees of truth and surrender.

Yes, yes. Surrender unfortunately is defined incorrectly on the plane in relation to its application of Universal Concepts, for it does not mean a loss of free will, a giving up of free will. Understand that free will is a Universal Concept and that all energies have free will. All have it. But it is the way in which it is perceived, this free will, that has caused the fuzziness. It is not understood accurately as to what this surrender and free will actually mean. And this is a very large component of our discussion in the session and it will help you all, now, to think along these lines for the Special Topic Session.

Though it still might seem unclear, you helped me formulate my question. And my question will hopefully become clearer.

Indeed. It will. For the three questions have been asked were those that were to be presented for this session so that it would give you thought and it would set the groundwork for our discussion at greater length in the special session.

These three areas will be those that will be continually elaborated upon. And we will only begin to discuss these in the Special Topic Session, for there will be many, many questions as the time progresses relating to the application of these areas. And it is in these areas that we are here most strongly to help you with to understand in the teaching and the learning, and in the trusting, and in the understanding of free will, and in the understanding of how to connect with your own truths, and how to connect with The Universal Consciousness and your part in the Flow of all that occurs.

The reason I had a problem fully relating my question was that I was thinking that truth and surrender were the same thing. And that is why I could not formulate the question because of where I was coming from to start with.

Ah, indeed. And we will clarify these fuzzy, as you would say, areas ~ these areas that blur, for it is the Universal trek, shall we say, of all entities for the understanding of learning and teaching, for it is not only on the plane of the earth that these concepts need to be learned and applied. It applies in every dimension. It applies in every training ground, be it the earth plane, or be it the astral plane in which we have discussed certain issues of learning that take place for entities who find themselves, shall we say, spending time in the astral plane.

It applies to all of the dimensions of which you have no knowledge as yet but will eventually have knowledge as you grow and as you leave the earth plane sojourn and its lessons and go into other dimensions. As you are prepared for that, you will then take on the learning and teaching in other ways in which you cannot even begin to imagine as you find yourself on the plane now in this current illusion. And thus, we will help to clarify the confusion of trust for it is confusing in the current illusion.

Special Topic Session ~ Teaching And Learning (October 01, 1989)

Our topic for this session is the beginnings of teaching and learning, learning and teaching. As we have indicated, the two have a fine line, and we will begin with some basic premises upon which this topic will be based, knowing that from now and until we have completed our mission in this illusion on the plane that we will have many, many discussions of teaching and learning.

And thus, we will have basic discussions today and we will also open up this session for questions, for those who are here in this session were those who were here when we were in the last time and had the introduction given, and thus it is that you will serve as a channel, all of you, for the placing on the record of certain questions since, as you all know, this is the style in which we prefer to give out the information. Thus it is that we will begin with the discussion of trust and truth.

Your Truth Is As You Define It, Not As Any Other Would Define Truth

(October 01, 1989)

We would begin by indicating that truth is as it is defined by each of you within as you would look to your connection with the total energy field known as The Universal Consciousness. Now, when we look at truth, therefore, it becomes the issue of you as an entity defining your own truth. Now we have discussed this in the past and now we emphasize this ~ your truth is as you define it, not as any other would define truth. However, this of course is not easy in its application, for on the plane you will be surrounded by all those who have their truths who would say to you, "This is the right way. This is the wrong way. It is us, or I, who have the truth!"

You see yourselves surrounded on a daily basis with this problem, those who would impose upon you their own truths. And your process of learning and growing from incarnation to incarnation revolves around your abilities to interact with other entities who would impose their truth upon you, and that as you begin to become stronger within yourself you will begin to be able to protect yourselves from those who would impose their truths upon you. And as you go into yourself, and you connect with The Universal Consciousness, you will receive the truth, for there is only one truth. There is only one truth! And that truth is that there is only one truth. Do you understand? And that all else that occurs is in essence that which must be learned and taught in order to come to the final realization of the one truth, which is the one truth.

Quite simple in its conceptualization, but this is where the fun comes in, and at the same time, the seriousness comes in, for in your desires to go back to the Universal Energy Form, to merge and to have the total understanding of truth, you as an energy have the issue of trust, for at the base of understanding truth and accepting truth as you understand it, at whatever point you are in your journey back, you will have a different perception of the truth. This is as it needs to be. And as you have your own perceptions of the truth at any point in the illusion of time on the plane, you must trust in your illusion of the truth at that time. You must accept that what you have as an understanding of the truth at that point in time is as it is for you.

Trusting In The Truth Of Self, The Truth Of Another, And Unconditional Love (October 01, 1989)

This is the difficulties, however, in the acceptance, in the trusting in Self. There is no other trust issue. It is the trusting of Self, for all are connected, and in the ability to trust with Self you connect with all other energy forms, and you then will be able to trust in another's trusting of their own belief of the truth. And thus, we then move into that which we have told you so much about, and that is Unconditional Love. For if you have your truth and if you trust in your truth, and then you trust in the truth that others are attempting to trust in their own truth, you will be able to deal with this issue of Unconditional Love. For there will be no judgement. There will be no questioning of another's truth, for you will have begun to develop the trust of Self of your own truth.

Teaching And Learning Are Intermingled, And Move Back And Forth

(October 01, 1989)

And thus, you understand, that teaching and learning are intermingled, for in order to teach and in order to learn you must have accepted the concept of Self truth. Otherwise, teaching and learning become issues that are not controllable by you as a soul, as you as an entity, but rather, they are controllable by those other energy forms around you who have, in fact, accepted the concept of Self truth as we have just described it.

And the reason that there is such a long time frame ~if you want to truly limit your stay on the earth plane and to get it over with as soon as you can possibly do, then you must as a soul accept the concept that I have just given to you all, for many, many souls have not accepted this concept. They have fought the concept, if you will, at Soul Level, and thus it is much like you would refer to on the plane as a treadmill. You keep returning to the plane. However, your teaching and learning is simply moving back and forth like this, for others are impacting upon you and you are not able to break out of the mire, for you are allowing externals to control you.

Once you have accepted this concept, you take control. You take control, my energy forms. And at Soul Level then, you are able to say, "This is the teaching and learning mode that I set up for myself as an energy, not what someone else is attempting to set up for me." And while on the plane there will be those times of application of this concept that you will feel you have not performed properly, this will not be the case at Soul Level, for you are in control and you will not be on the treadmill. You will be moving forward ever so slightly.

In some case there may be tremendous growth based on a particular issue, and you must understand that while on the conscious level it may appear that you are not growing and that, "Oh, I have handled this in the wrong way," at Soul Level you may indeed have handled this the proper way, for remember that it is soul that sets the conditions for growth and return to The Oneness. And it is only until soul has control of this that growth will occur truly. And thus it is, you see, that you can leave the earth plane in a relatively short period of time as measured on the plane. This, however, does not mean that once you leave the plane that you are back with the One, of course, unless this happens to be the final learning ground as it can be for many entities.

It usually is, for most entities, either the first or the second training ground once departure from The One has occurred because of its accelerated training ground and all of that other information we have given in the past about the purpose of the earth plane. And thus, you will then go into other training grounds in which the illusion will be different. There will always be illusions, you understand, in other training grounds. This is the earth plane illusion that you find yourselves in. You will go into another illusion and the issue will still be the same. Truth. And you will have new ways of working through the truth. You are not able to leave the earth plane until you have taken on at Soul Level the concept of truth as presented to you from the earth plane illusion. The concept of truth will be presented to you in a different illusion in another training ground.

Now, teaching and learning become for you as an entity a challenge, becomes exciting, it is fun, it is serious, once you have accepted the concept as presented on the plane. The application of all of this as we have indicated to you at the beginning is the difficulty, of course. And this is what we are here to help with is in the application. We are here at various levels. We speak through Mushiba but we also will come to you in your own meditations, if asked, and if you have the ability that has been developed within yourself to connect with the vibration, the difference in the levels of vibration, we attempt as best we can to respond to you in your meditations if you ask us.

There will be many, many times in which what appears to be is not what it is, as many of you have learned. And we will present certain information that may appear to be not what is, or in fact may be contradicted at another time. We are instructed quite specifically by Amelius as to what is to be learned and what is to be taught and how to help specific entities in their journey back, for there are many souls who are now a part of the community, many who have come and gone, and many yet to come, and yet to go, who come for a very specific reason, and we of Waith and Company are instructed by Amelius for there are situations where a particular soul is struggling with understanding the concept of truth and has asked Amelius directly ~ for he is open to any entity who would come, to him, her, it, for assistance.

And thus, while it may appear that there is what many of you might call cruelty occurring in terms of what is said, harshness, very serious stuff, as you might say, we are instructed specifically, and it is for the attempt of many entities to break through the barriers that their soul has set up for them to understand this truth, this concept of truth. And many would only need a certain period of time to be in the vibration of the environment and then they are ready to go and do what they need to do. And we, many times, are what you might call the fall guy, which is fine. We are here for that and we make this as our mission, as part of our mission.

We are instructed many times at Soul Level by Mushiba and Abalma, for they receive their instructions from Amelius directly and they also tell Amelius certain things, you see. And thus it is that all that occurs is meant to occur and does not always appear to be what it is. And thus it is that those entities who would not understand that concept are those who have not accepted the concept of truth as it is on the plane. This is an indicator at conscious level.

Illusion ~ as we have indicated before, the illusion is an illusion which is an illusion, etc., etc. And there are many of you who have understood this, for you have, before entering the plane already accepted the concept of truth and have control over your own learning and teaching. This gathering has a significant number of entities who have accepted and are in control. We now will take questions.

**As You Control Your Own Teaching And Learning You Control The Development Of The Issues
(October 01, 1989)**

I know there is a lot of teaching and learning going on right now for me. I know there are issues that need to be dealt with. And that is part of the process, isn't it? It is where the teaching and learning is in knowing that there are issues, we need to work on, and they appear for us.

Indeed. As you control your own teaching and learning you control the development of the issues that you have selected before entering the plane. Recall that we have told you of The Menu of issues from which an entity can choose before starting the sojourn on the earth plane. And thus it is, that soul controls the development of those issues and the resolution of those issues at any point in the sojourn and at any point in the incarnation itself.

And thus it is that you would control the intensity of the learning. Do you want to take a little quiz, or do you want to have a major examination, you see. Depending upon your issue you will think of this as going to school, as it is, and you go to a class and you say, "For this class, I want to learn in increments and it is easier if I take a small quiz. But in this other class because I have been learning and learning and learning and this is an advanced class for me that I have taken in other incarnations quizzes, but now I can take a major examination in this particular class or this particular issue. You see, you control it! When you have not accepted the concept of truth as we have given to you, you then are under the control of those around you, other entities, who would use you.

I felt like in the past few weeks that it has been a big test for me in not allowing others to control me and to impose their truths on me. And I find that I get through it as long as I believe and trust in my own truths. And I am not allowing them to impose and I am making the statement to them that they will not impose. And that feels good.

Yes. You are succeeding. And it is serving as an example to the others in the community for its application, for the entity about to depart has complete control, you see, and is presenting some very strong teaching and will not depart until those lessons have been taught. Yes.

She just brought up something that I have thought of quite a while ago, the difference between sharing your truth and imposing it on someone else, which is a very fine line.

Indeed, it is. And you must understand that when you as an entity have the control, as we have discussed, you will understand the fine line. You will understand it at Soul Level. And as you continue to develop yourself at Soul Level and are able to then apply that at conscious physical level, you will know what that fine line is and you may or may not apply it to the physical situation depending upon what you are dealing with at Soul Level. When you are not in control, when you have not accepted the concept, it is then that you do not understand the fine line at any level, and you would attempt to impose. Many times, imposition of a belief is necessary for the growth of those to whom you would impose, remembering that many have not accepted the concept and that sometimes all it takes is the imposition of a truth upon an entity that will help to break through that barrier. You understand?

So, they are given the opportunity to reject your imposition?

That is correct. Just as you, when imposed upon, use that as a testing for the rejection of imposition, you see. Again, understand the issue of judgement, for if you attempt to judge what is occurring here, at conscious level, then you will have the difficulties. Rather, you go within to examine what has occurred to attempt to help you at Soul Level to reconcile all that has occurred. Understand?

**Illusions Are Asked For ~ Illusions Are Set Up ~ None Are By Accident
(October 01, 1989)**

Are you saying, Waith, that you set up some illusions recently, or since you have been in our vibration?

Oh, indeed. There have been ~ understand that the lead entity, Amelius, is responsible for setting up the illusions on the plane and that it is he/she/it who must maintain the balance that ~ think of this, the millions of energy forms all having a part to play. He is much like you would call a director of a play and he must make certain that all of the roles that each of you as souls have determined to do, to play, you are given the opportunities of illusion to work through, you see.

And thus it is, that your soul asks Amelius and thus he must respond by giving the illusion, and he has many who are his emissaries, I being one, I being his lead emissary, if you will, many others at spirit level who have the abilities to create illusion, and thus it is that we do. And many times, we will do this directly with you as an entity when you call upon us in meditation at spirit level and you say to us, "I need to learn something here. Help me!" And thus, we create the illusion. We do not tell you what the illusion will be for then you, just like the teacher giving you the test beforehand, you see.

Does the dark enter into through some of our illusions?

That is part of what you would request. When asking for the illusion either with me directly, or with Amelius, you would say, "I must work within this particular illusion, darkness." And thus it is that you would be given that.

So, it is not accidental then?

There is nothing that is accidental.

They just do not enter in and say, "Here is a good one to bother?"

That is correct. There is nothing that occurs that is accidental. All is asked for. And all is controlled by Amelius in direct connection with each and every energy form. Working at some level in some way with Amelius and The Universal Consciousness, all energies are connected. And the one truth is the truth.

At this level it is incomprehensible!

Indeed, for some.

**Conscious Level Is Required To Go To The Higher Self Which Is The Key To Opening The Soul
(October 01, 1989)**

Doesn't our Higher Self already know what we are requesting on a conscious level? It seems a bit of a contradiction that, on one hand, we are told that we request acceleration or deceleration, but ultimately, it is up to our soul on the Soul Level to decide whether it fits into the big picture for our soul's path. And if this is what you are saying, that on a conscious level, we should not really have the impact, that we should allow our soul to have the impact for us?

What you need to understand, first of all, is that I have already answered that question many, many, many sessions ago. It is in print. And what needs to be understood is that there are volumes now of information that many are simply not examining and reading. And you end up asking the same questions and we now are not going to answer questions that have already been addressed and are in writing. We will simply say to you in this particular response that the conscious level is required to go to the Higher Self which is the key to opening the Soul.

I have been struggling with an issue for a few weeks, and when I go within myself, I am coming up with past lives and perhaps karmic balancing, and then I find myself up against a brick wall. Are we supposed to just allow karma to work itself through, or can we work through karma ourselves at a conscious level to change a situation we are in?

Once you have taken control then all becomes easy, actually. And the working through of, as you would call it, karma, becomes no problem. It is the Soul's responsibility to work through and balance all of the issues, and the only way that that can be done is through Self, and you each must begin to accept the information that is given to you, you see.

When you are receiving images of, let us say, the past lives, this is your soul giving you information that you can use at the conscious level to begin to work through and to develop the information at conscious level that you will then need to have for a test, and once you, at conscious level, have thought that you have learned, you have gathered the information, you then will, through the Higher Self, give the Soul the go ahead for a test. It is as the student would say to the teacher, "I have read all the information and now I am ready to take a quiz or a test".

So, I could be taking a test right now on what I would consider a major issue.

Indeed.

When we see things as they are happening, people's attitudes, things that just go on in our life every day, if we just keep the thought, you know, all is as it should be. That again is just total trust, isn't it?

For Self.

Right. Trust in Self and in The Universe.

Yes. Yes, indeed.

**Once You Have Accepted The Concept Of Truth, It Then Enables You To Map Out The Process
(October 01, 1989)**

So, it seems that hard things are coming our way and in reminding ourselves that it is as it is supposed to be.

Indeed. Not so easy though in its application. It is very easy for any entity to say, "This is as it needs to be and I trust in this." However, as you begin to become surrounded by all of that that occurs on the plane and the illusion of all of this, it does not become as easy at conscious level to accept the concept. And this, of course, will not be accomplished in one lowly lifetime. However, my dear entities, as measured on the plane, not in some other's time frame.

This is why we say Mushiba and Abalma both have done the earth plane in, as you would call it, one million years. This is extremely short, and they, before even entering of course, because of who they are, knew the truth and they set up the time that said one million years as measured on the plane which would include X number of incarnations. They mapped it all out, you see.

Most entities have to come onto the plane, and then once the truth has been accepted, they then map out, for they have control. And for some energy forms that mapping out process occurs relatively soon upon entering the plane and for others it does not. And understand that this is not a negative, for there is no pressure for any entity to get through a particular training ground. There are many entities who, as you would measure on the plane, take millions and millions and millions of earth plane years to get through.

We just keep in mind that everything is as it should be ~ I try to do that, but also get the feeling that I need to do something in the situations I have.

Understand that even the emotion of feeling that you need to do something is as it needs to be, my love. All that is ~ is as it is.

If I see someone that is full of anger, I try not to say, "Oh, that is an angry person," but I look at it as blockages within that person. Is that still being judgemental?

Yes, indeed. For all is as it is. And you simply respond within Self as you best feel even if it is a judgement. This is as it is. Remembering that you must not condemn yourselves if you inflict a judgement upon another, for you will not, as we have said so often before, resolve the issue of being totally nonjudgemental in the sojourn, for that would mean that you are ready for Oneness again. And thus it is that part of what you learn is being judgemental, but understanding, you see. Your soul will understand the issue that is being resolved.

Teaching And Learning Situations That Some May Feel To Be Cruel In Nature (December 12, 1989)

Are we going to be having cruel illusions next year? I feel some situations are cruel, but I understand there are deeper meanings.

Understand that there is no such thing as cruel in The Universe are simply lessons that need to be learned, and what is perceived by one to be cruel may not be perceived by another to be cruel.

Very strong lessons then perhaps.

Very strong lessons for some indeed, but also remember what we have said and that is that the Soul requests each of those lessons. You would refer back to our session on Teaching and Learning for reinforcement of that issue, my love.

Many Have Feelings Of Acceleration In Their Learning (January 30, 1990)

It seems that after the first of the year that you might say ~ it is probably incorrect to say that The Universe is more responsive, but it seems that everyone has been allowed more latitude at all the levels on both sides.

It is you who have become more responsive, my son, as have many of you ~ many, many of you who are feeling the acceleration, who are feeling changes and thinking, "Ah. The Universe has changed." The Universe remains. It is many of you in the changed illusions that we have spoken of who have changed. It is most beautiful to observe from this end, to see the brightening of the spirit, even though the lessons are hard.

A Question Of Being In Complete Control Of Your Own Path And How To Change It (February 20, 1990)

My understanding is that we are architects of our own grand plan, and some have more battles than others that they are struggling with. How can one, if you want to say, "Stop, let me alter the path. Stop, I want to get off." Or "Stop, let me not bring on these struggles in this lifetime. I will deal with them some other time." Is it possible, and how?

The bright Light is new to discussions with us and the reading of the transcripts for we have mentioned on many occasions that an entity is in complete control of their own path and their own lessons and that many entities will decide to stop in midstream, as you might say, and it is done, however, at spirit level, and it means that the Soul works with The Universal Consciousness to determine the next course of action.

Very often an entity will find themselves in an incarnation that is not what they thought it was going to be prior to entry. for whatever the reasons, and it is then discussed with the higher ups, as we might say, and an entity has total freedom in changing. However, what you need to understand is that these issues are resolved at Soul Level, and while you at physical may be saying, "I want to stop. This is more than I want to take on," understand that at physical you cannot stop it. It is only at Soul.

And thus it is, in the attaining of the Higher Self through meditation, that you are able to perhaps change the mission as you have determined it to be. This is a fairly common practice actually. It is not as uncommon as many would think it to be, and the altering of path in an incarnation takes on many, many forms. As many of you are aware of the phenomenon known as the walk-in, many times the entity simply is unable to continue and indeed wants to leave the earth plane, and because, especially at this time on the plane, fully developed encasements are more beneficial to advanced entities who would want to come in to assist, agreements are made and the entity departs and another enters. Also, the entity simply departs and the encasement dissolves and it is determined that it will then take on the lessons some other time.

Understand that there is no time limit. You are not told as an entity that you have X number of millennia to complete your task. You have eternity, and the time frame on the plane is insignificant. It is that which must be accomplished that is the goal not the time frame in which you find yourselves accomplishing it. There are many entities, however, who would want to get it over with as quickly as possible, and thus, take on lifetimes that have accelerated lessons, but even those entities on occasion will stop in midstream and backtrack a bit. It is not necessarily a regression if you were to stop in the middle of an incarnation and either modify, reduce, or eliminate your lessons. It is simply that you have decided to change that which you set out to do.

Are There Major Lessons That Must Be Learned In Order To Return To The One? (April 03, 1990)

To be part of The One, are there major lessons that would apply to all of us? For example, is patience a major lesson? Is love a major lesson? So that if you do not reach those, there is no way you are going to go with the One.

We have indicated that very issue in other sessions, and you might ask Limeria to direct you to those transcripts in which we have set out the beginnings of that very topic of major lessons, major issues.

Well, I have read many of the transcripts, and I know that you speak of patience and you speak of some of the others, but it still raises the question around, as an entity, are there lessons irrespective of what one would learn on earth that one would need to obtain to be part of The Creator?

Indeed. Many.

And you do not want to tell me which ones they are? Okay.

That will all come in its due time, my love. We have set out a plan of revelation, for if we were to give you the whole ball of wax, as it is said, it would be more than you would be capable of understanding. This is not for you directly, of course, or personally, but for all who would read the transcripts. It will come in its just time. And yes, one of the major lessons that is a common thread is patience.

How does the act of being considerate towards others fit into all of this? How do you view that?

It is not how we view it but rather how The Universal Consciousness views it. Consideration of others is an element, an aspect, of Unconditional Love and reflects the degree of Self-worth that an entity feels, for the stronger the entity feels for Self and the greater love for Self, the greater will be the ability ~ and we emphasize this, the ability ~ to show consideration to others.

Understand, however, that if an entity does not show consideration toward another, you must be careful, for it may not mean that they do not have a high degree of Self love. We will not make it easy for you. You must learn to not judge. You must not be concerned whether another shows Self consideration. If one shows you, or any of you, what you consider a lack of consideration toward Self that is your perception of it. It may not necessarily be the other entity's perception, for the other entity may be, in their perception, showing you tremendous consideration. It is dependent, you see, upon the entity's own awarenesses. And thus, you must not judge another by your own Self.

What about the consideration shown to objects, like a chair? I know that you get into judgement here towards breaking an object. That doesn't seem like a lack of caring where it is an object.

Ah, indeed. It would be, again, as I have just discussed where entities are concerned. What one entity considers consideration may not be another's, and you judge when you would say, "That entity has broken that chair, or did not take care of his or her possessions in the way that I think they should be taken care of." Who are you to make that judgement? All you need concern yourselves with, each of you, is how you take care of your possessions and not how another does, for that is the ultimate judgement.

These are not easy to do, of course. We have said to you before. It is much, much easier for us to give you the concept and to discuss this at its purest form, for if it were easy, you see, you would be back with One, for heaven's sakes! And you all take this so seriously, you see, you take it all so seriously, what another does. You see, do not be concerned with what another does. Be concerned with yourself and let the others do what they do. You see?

And all you need to do is to emanate a love, a light, that is available if another needs it, to call upon it if needed, and to be who you are, and if an entity responds to that, then so be it, and if an entity does not, so be it. Do all respond to us? There have been many entities who have come and gone during the time that we have been speaking, and have we shown that we were concerned or upset because an entity did not respond to us?

So be it, my loves. Be who you are. Be concerned about being the best that you can be, for then whoever else would respond to that is who would respond to that, and whoever else would not, then it was not for you to be the one who they would respond to. Do you understand?

But what would that mean if that would be one of your own children?

It has the same application, my love. Indeed, for you all take on roles. Remember this. Who might be your child in this life may have been your mother in another life, you see, or any other combination of roles that exist on the plane. And you all get so wrapped up in roles and, "I am the mother, so therefore, I should be a certain way with the child and, therefore, I can be judgemental because after all, I am the mother." ☺

Being In Conflict With A Decision Of Trying To Please Everyone (April 03, 1990)

If a person has three people in the house and they all want a different room temperature. It feels like a serious situation, and there is no pay to please everyone, especially yourself. What is the right thing to do?

Why would you attempt to try to please the others? We would use this as a very good example. You see ~ now, this is very important, ah, such serious concerns on the earth plane, you see. Now, the temperature in a room, and there are three people in this room. Now, one says it is too hot, another says it is too cold, and another says it is just right. ☺ Now, what is one to do? Such a serious situation. Now, there are a number of situations here that can be looked at. The

first that one might do is, to the three, sit and say, "We have a problem here. How are we going to resolve this problem?" Now, part of learning on the plane is in resolving conflict. And, yes, while we would say you must be yourself, understand that everyone being themselves is very different, and one individual may be very argumentative and hostile and they are being who they are. Another may be like yourself, my love, very gentle and wanting to please others.

Now, if you are who you are and you want to, shall we say, acquiesce, and it is of no problem to you to say to the others, "If you want it hot, I will take off some of my clothing. If you want it colder, I will put on some clothing," you see. The point is to attempt to reach a common ground in which all feel comfortable rather than simply not talking about it or arguing about it, but rather to attempt to reach an agreement. One could simply leave the room. There are many solutions without being walked upon, as you might say.

And understand that at any time in the gathering of entities, there will be some who have a greater awareness of the scheme of The Universe and are in greater touch with themselves, and, therefore, such mundane issues are of no concern, and there would not even be a discussion from an entity that, "Oh, I am too hot and you are too cold, I am just right," you see.

You must understand that these are all set up for you to work through, and you must respond in the way that feels best for you, for then you are truly being who you are, and if it is argumentative, then that is who you are. You must not place negativity upon anything. The only way in which the behavior would be considered negative or regressive is if you have not taken that behavior and analyzed it at spirit level and attempted to improve it. If at spirit level ~ and this gets into other issues which we will not discuss now, for it is not the time ~ at spirit level, the decisions are made as to whether the lesson was analyzed. And if there is a deliberate ~ and this is a deliberate behavior on the part of an entity to do harm ~ deliberate, there is regression. If harm, as it would be perceived to be, is done, but it was meant as a learning experience and from that lessons were learned, then it is not regressive. It is appropriate for advancement. But understand, you see, that this issue of judgement once again comes in, for you know not where an entity's spirit is and what it is all about.

**Topic ~ The Phases Of Learning A Lesson And The Cycle In Which The Phases Occur
(April 17, 1990)**

We will give you a discussion this session on what you might refer to, in the language that you know, as the phases of learning a lesson and The Cycle in which the phases occur.

**There Are Four Phases ~ You Must Complete One Phase Before Continuation To The Next
(April 17, 1990)**

Understand that every lesson that you take on goes through a phase that is a cycle and, in actuality, turns out to be a circle. Regardless of the lesson, each must fulfill various components.

Now each component may, in fact, take a number of lifetimes to complete, and you are not able to skip around in this phase. You must complete one phase before you are able to go into the next phase. Understand also, that you will be in various points of the learning of your lesson in any one incarnation, so that you may be in Phase One for one lesson and Phase Four ~ for there are four phases ~ in Phase Four of another lesson, all within the same incarnation.

Now, it is necessary, and, in actuality, mandatory from the rules of The Universe that you go through the following phases. When you take on a lesson, a particular role on the plane is usually of the way in which the lesson is acted out, and thus, you may take on, let us say, the lesson of learning tolerance or patience. Well, each of these lessons, of course, are major lessons that break down into a series of lessons within the lesson, for if an entity were to attempt to take on the total lesson of, let us say, tolerance, it would be far too overwhelming, and thus, the roles are taken on as these, what you might call, segments of the total lesson.

**Phase One ~ You Take On The Lesson Without Any Assistance From Other Energies
(April 17, 1990)**

Now, what occurs then is that the very first phase means that you take on the lesson without any assistance from other energies. You must start the learning of this lesson without help, and there is a certain parameter that is determined at your Soul Level when you decide to take on the lesson as to what degree you will take on the learning of the lesson, for remember that all lessons are not completely learned simply on the earth plane, only portions of lessons are learned on the earth plane. Thus, you determine what percentage, if you will, what degree you will have in learning a lesson. You must do this without any assistance from any other entity, so you must begin this in a very difficult way.

**Phase Two ~ The Learning Of That Same Lesson, But Now With Help From Another
(April 17, 1990)**

When that phase has been completed, and for some it could be completed in a very few lifetimes. For others it could take many hundreds of lifetimes ~ understand there is no definitive time given here. When that phase is completed, you are then ready to move into the next phase which is the learning of that same lesson but now with help from another, so that you then take on this lesson in a different manner. You are still having to learn it, for you have not completely learned the lesson in Stage One, or Phase One.

**Phase Three ~ Then Must Take This Lesson, And You Must Help Another To Learn That Lesson
(April 17, 1990)**

Once you have gone through the learning in Phase Two, you then must take this lesson, and you must help another to learn that lesson, so therefore, you would then be in Phase Three, but you would then be helping another who is in Phase Two, and thus, you have lessons to learn by

helping others to learn the lesson, and thus, you begin to take on the role of teaching, and thus, learning and teaching begin to take on that perspective that we have discussed before with all of you.

Phase Four ~ Which Is Helping To Help One Who Is Helping Another

(April 17, 1990)

Once you have finished that phase of helping another to learn their lesson, you move into Phase Four, which is helping to help one who is helping another. Thus, you are then helping someone who is in Phase Three to help someone who is in Phase Two, and only then, when you have completed that particular phase, will you be released from that part of the learning of that lesson.

Remember, Entities Design What Lessons They Learn By Predetermined Percentages

(April 17, 1990)

Remember, that one entity may say that on the earth plane they want to learn, let us say, five percent of the total that needs to be learned about tolerance and the other ninety five percent would be learned in other training grounds, other dimensions. Another entity may decide that on the earth plane they want to take on twenty percent of the learning of tolerance and the other eighty would be spent in other dimensions. They would, therefore, be designing their own phase of this. Their cycle and its parameters would be determined by the entity.

Being Nonjudgemental ~ Only Be Concerned With What You Are Here To Learn, Not Others

(April 17, 1990)

And thus it is, that we come once again to our favorite topic of being nonjudgemental, for as we have said, it is of no concern to any of you what another is here to learn. Only what you are here to learn is of importance, and that you do not know who any other entity happens to be and what phase then they are in, for teaching and learning, learning and teaching, sometimes have very thin veils of disguise.

Also, to add now to this topic of being nonjudgemental, we say to you that not only do you not know why another is here and what their path is, but you do not know the percentage that they have taken on for a particular lesson, and it is none of your business, anyway. ☺ Thus, we add even more reasons for you to question yourselves when you begin to judge others in saying, "Well, I am taking on that lesson in a much more difficult way. And I am feeling much more pain than that person is, and therefore, I must be much better, and I am growing much better and much faster because I have taken on much more." You do not know that now, do you?

All Are At Various Points On The Path With Chosen Lessons And Chosen Percentages

(April 17, 1990)

It is a most interesting array of percentages that are currently incarnating on the plane, and all that you need to understand is that whoever you meet, while they have varying reasons for being on the plane currently, and are at various points on the path, and have chosen various lessons to learn ~ ah, now, we add the further complication that they have varying percentages, you see. And, also, remember that you may have chosen to learn a part of tolerance, for example, on the earth plane, and another may have not chosen that at all as a lesson to be learned on the earth plane, but rather chose to take on the learning of those lessons in other training grounds, in other dimensions, for remember that of all the lessons available, you have a choice of what you want to learn.

Simply, You Choose Your Lesson(s), But Then You Must Complete Them To Return To The One

(April 17, 1990)

It is quite simple. You do not have to take on every single lesson that is available, and it means that whatever you choose to take on for lessons then becomes what you must accomplish in order to return to the One. It does not mean that you must learn every lesson that is available in order to return to the One. Some entities choose one lesson ~ one lesson. They never make it to the earth plane ~ they learn it in another dimension. The earth plane never becomes part of their training ground, for they perhaps wanted to venture out of The Universal Consciousness for a short time to test waters, to see what it was like, or whatever, or maybe they had done this so many other times that, eh, they figured they would just come out for a short time and then go back in, knowing that you can come and go, come and go.

You can take on one lesson and go back, or you can take on one hundred lessons. You as an entity determine that. Many entities will seek guidance from us in The Angelics and from the Leader of the Kingdom, and at this time in the illusion, that of course is Amelius for this Kingdom, but you do not need to. Many entities simply decide on their own, but once they have written the pact, as you would refer to it, with The Universal Consciousness, they must fulfill it. Thus, if they say, "We will take on ten lessons, and those lessons are ...". And they must be spelled out, if you will, it is then a pact with The Universal Consciousness. You see? So, my dear loved ones, judge not, for you know of no one's path, of no one's choice of lessons, of where anyone is in The Cycle of Lesson Learning.

Meditation Is Important To Learn Where You Are In Your Cycles Of Lesson Learning

(April 17, 1990)

You may have a sense of where you are in a particular lesson cycle. The purpose of meditation is to assist you in having that information, for then you are able to get a clearer sense of your mission in the incarnation, what particular phase are you in for a particular lesson. It can make it quite easy after that, if you realize that you are perhaps still in Phase One of a particular lesson, and that is why everything seems so difficult and why it seems that no one understands and no one is assisting you. It is necessary for you to go through that phase. And you see another who

appears to be going through the same kinds of issues, receiving help from all around, and you say there is inequity here ~ "Why is that person receiving so much help and I receive none?"

It is necessary, my loved ones, for, eventually, you will be in that phase where you will receive help, but it is in only understanding what it feels like to not receive help, that you then will be able to give help, and in learning how to give help, eventually, you will be able to help another to help another, for it does not come easy, you see, to help another if you have not been helped.

You will hear the expression, "I made it myself without any assistance from anyone, and I will not help anyone. I worked very hard to get where I am." This is perfectly legitimate to have as an attitude, but until that attitude changes, the entity remains in that first phase until they are ready to say, "I want to help others now." Then they move into the next phase. It does not mean, however, that upon entry into that second phase that it will be easy to help, and thus, there are lessons to be learned in learning how to help.

It is a marvelous cycle. For many of you, you can be taking on, oh, as many as five lessons in a particular incarnation, and be in every one of those phases, you see. It makes for great fun. It also can make for you to understand the lesson of humility. For those of you who have taken on many lessons, humility is generally one of them, you see.

What concerns you may have about your particular place in The Cycle should not be major. You should not be, shall we say, obsessed with now having to find out where you are in The Cycle for any particular lesson, for you would then waste your energies on that task rather than concentrating simply on receiving the messages from the Higher Self as to what you need to be doing. There are lessons to be learned, my loved ones, in not knowing where you are, and there are lessons to be learned in being given that information, and your Higher Self will release that information to you only when you are ready to have that information.

To know where you are in The Cycle may not, in fact, be relevant to you for this particular incarnation, or you may be given that information for one lesson and not for another, you see. But knowing this, you can begin to perhaps piece together events in your life, and in attempting to place some order into what is occurring in your life, then seek the answers from the Self. And the Self may say to you, "It is not for you to worry about in this incarnation," and give direction as to how to work in a particular area without knowing exactly where you are in the phase, you see.

We enjoy watching this. ☺ It is a most interesting observation, this earth plane, you see, for we see things in what you would call circles, they move around, and you are much like what you would call a carousel. You move around, and you slowly move around until you come full circle, you see. And from our perspective, we see energy surrounding each of you, and that energy represents the lessons and where you happen to be in The Cycle. And thus, you will have a certain energy circling you that indicates where you are in The Cycle, you see. So, you may have

an energy that goes, oh, halfway around, and another energy that goes a third around ~ another that goes further around, you see. It is quite interesting.

So, you see a bunch of circles. 😊

Indeed. We therefore understand. We see you as energy. And when you occasionally feel a disruption in your energy, it means that you are experiencing a movement in The Cycle, you see. Now, movement in The Cycle may not always go forward, dear ones, there may be movement backwards. And it means that, however, once you have completed one phase and moved into the next phase that you will not move back into a former phase. Any movement back is within the phase, you see. So, once you have made it through one phase you do not have to go through that again, but we make it tough for you to get out of a phase, you see, for if you truly get out of that phase then, you see, that is it, you no longer need to deal with it. You see?

And now, we have given you some new information, and we would take a few questions relating to this particular topic only.

A Question About Helping A Friend Who Is Going Through A Lot Of Turmoil (April 17, 1990)

I have a close friend of mine who is going through a lot of turmoil in her life right now, and I want to help her, but I have no idea what to do where I could help her other than just being for her.

That is all.

Now, would that be an indication that she would be in a first phase cycle?

That is not for you to know.

Questions Regarding Percentages Of Lessons To Be Learned (April 17, 1990)

When you talk about tolerance and someone taking on, say, five percent or twenty percent on the earth plane, when you are dealing with tolerance, it seems like one complete issue. How can you take on five percent of tolerance? What do you mean by that?

That will come at another time, my love, in terms of discussing that, for we have simply given you the concept. It is a very lengthy explanation and takes on far more in complexity than this session is meant. You may look forward to future discussions in this area, my love.

When you talk about five percent on the earth plane and ninety five percent off the earth plane, is it harder on the earth plane that you have a lower percentage, or were you just giving that as an example?

That was merely an example. It relates not at all to the issue which we will discuss at a later time, but it was a nice try. ☺

On the lessons, when you were describing the percentages, how would it work when an entity, say on their agenda, they take off more than they can chew for that lifetime, and it is meant to be that way, fifty percent or something, a large lesson, something major, and they do not make it full circle in that lifetime? What happens with percentage that is left over? Does that get carried into the next lifetime, or is it cut down so the entity can handle it, or is it the choice of Self in determining that?

The issue, again, relates to that discussion that we will have at a future time, for you are misunderstanding when we say percentage, you see. So, forget percentage for now as something to think about. Simply realize that each of you take on a portion of the major lesson to complete. It does not mean you have to complete it in one lifetime. It may take you one hundred lifetimes to get through one phase of the lesson, and it may take you one hundred lifetimes to get through the second phase and one hundred to get through the third and one hundred to get through the fourth.

You see, once you have determined the amount that you are taking on, it simply means that that is the amount you take on. We will make it in a more simplified manner at a future time. It was not meant for you to grab onto something and strangle it to death now. ☺

Maybe we have talked too much about it, but if someone takes on like five percent of a lesson, that just means that they have a small lesson rather than if someone else takes on fifty percent, then they have got that same lesson over and over again?

You are all so very cute, trying your very best to get me to talk about this now. It would only add to your confusions if I were to answer that, my love. You see? Do not be concerned for it matters not the percentages. It matters not.

Would The Sleep State Be Another Dimension For Lesson Learning? (April 17, 1990)

Indeed, it is, my love. The sleep state is another dimension. It is an altered state. The earth plane to some dimensions is an altered state. ☺ We throw that one out to you for future discussion. We have much to tell you, and we have much time to tell you. We are in no rush to tell you everything, nor could you comprehend at this time everything that we have been assigned to tell you. Understand that we have been assigned to tell you very specific information, and not all that is.

Someone Just Sails Through Life ~ It Could Be A Certain Phase ~ Or A Rest Incarnation

(April 17, 1990)

Some just appear to sail through life, everything is happy. And then you see others that are extremely sick. They spend their time in the hospital, or whatever. And that is where I think this might help us. Maybe tonight will help us too.

Understand that in a particular incarnation, an entity may come in to simply work on one phase of one lesson, period, no other lesson, no other phase, except they may be in the phase of Phase One and, therefore, it is a very difficult time for them. They may be in Phase Four and all appears to be smooth for them.

You each have the choice of how many lessons you bring in to work on in any particular incarnation. And as we have mentioned, oh, so many sessions ago, there are an occasional rest incarnation where there are no lessons that are tackled. It is simply a time to enter and rest and enjoy, and this is available in any of the training grounds. It is encouraged that there be a lifetime here and there of rest, for as you would say in the vernacular of the plane now, All rest ~ All play ~ All work ~ Yes, I have trouble, you see, All work and no play, is not good, you see. Understand that some entities, however, work, work, work, work, work, and take on many incarnations and very rarely will take on a play incarnation.

But, once again, it is not for you to know where another is, and if it is a play incarnation or if they are simply in Phase Four of a particular lesson, and they have taken on one lesson, or all the lessons they have taken on they are in Phase Four. They may have five lessons, and they are in Phase Four of each of those, and thus it appears to be smooth.

If an entity is taking on, for example, five lessons, and he is all in Phase One of those five lessons, wow, what an overwhelming lifetime that must be!

It could be, indeed. It is the entity's choice. We attempt, of course, to guide and direct, but we cannot impose that. We can only assist if any entity were to ask us, "What do you think if I take five lessons and I am in Phase One?" Mm. ☺ ☺ We would not encourage that, but nonetheless, depending upon the entity and the strength of that entity it may be quite appropriate. We have guided a particular entity with those issues of taking on many, many lessons and doing it quite successfully, but it is a powerful entity.

Can We Decide To Take On Lessons During The Incarnation?

(April 17, 1990)

We do not necessarily decide on the lessons before we incarnate, that we can decide to take on lessons during the incarnation?

Yes, indeed you can, my love. Generally speaking, it is chosen before entry. And what occurs in many situations is, upon entry, that particular phase of the lesson is accomplished in a much more rapid time than was expected, and an entity then is given a choice as to whether they want to remain on the plane and take on something else, or simply leave because they have finished what they had set out to do in that incarnation. And thus it is, that many entities will do this. The reverse is also true, for many times an entity will take on more than they need to take on, or should take on, and they find themselves in the incarnation a bit overwhelmed, and at Soul Level, they can simply say, "I do not want to take on this lesson in this incarnation. I will send it away and do it another time." You see?

**All Is Meant For Strength And Growth And Lessons To Be Learned, On The Plane And In Spirit
(May 01, 1990)**

All meant for strength and growth and lessons to be learned. It is no different in any of the other dimensions, you see, than it is as you find yourself on the plane. You are all so wrapped up in what appears to be such horrendous lessons that, "Oh, if we could only be back in spirit, it would be wonderful. It would be Utopia." It simply is not the case, my loved ones. It simply is that on the plane you have a certain type of lesson and a certain type of illusion. When you are in other dimensions, be it spirit or in encasements, you have other lessons to learn, and it is not all that easy in spirit as you might yearn for, you see. The lessons just become more difficult, for indeed, in spirit you do have more knowledge of the Universal Concept. The blockages are not as strong in spirit as they are on the plane, and that in itself is a lesson, you see, for having a tremendous amount of knowledge and knowing that you know certain things but not being able to do anything about it, is a lesson in itself and is a very difficult one.

And many of you on the plane experience this, for you have highly developed powers of that which is called psychic, or you are able, through meditation, to gain certain types of information, or you have very strong connections with your Spirit Guides who speak to you through your meditations. There are a number of you who are able to write information that comes from your guides. And much of this information, you see, you have, and it is to be used to Be of Service to Others, but so often you are not able to let anyone else know that you know, or that if you have been shown a particular future, if you will, you are not able to say anything about it to anyone. You must let things unfold. This in itself is a lesson, you see. And in spirit there is more of that going on than on the earth plane, and there is more awareness of your own destiny, as well as the destiny of others, you see.

**Do We Help Ourselves Grow If We Are Honest With Ourselves And Follow Our Own Truth?
(May 15, 1990)**

This is, my love, the only way in which an entity can ultimately grow, is by going within Self, as we have said so very often. And the answers that are within Self are your own truth as you understand it at that particular time, you see. You must not attempt to go by someone else's truth. You must seek your own answers and find your own truth and respond in that way, even

if it means that the next day on the plane you have a different truth. This is fine, you see. This is as it needs to be. It is that you follow your truth, for you grow only in that way.

The Quest To Return To The One Is The Thirst For Gaining Increased Awareness (July 03, 1990)

And this is a part of the scheme of things, if you will, that which is part of the growing process and the learning process, for the quest to return to The One is what pulls at all energies and wanting to know more, knowing that there is more to know and striving to gain increased awarenesses, and recognizing that another entity has an expanded awareness, and wanting to have that same type of awareness, and knowing that if another entity has expanded awareness, that it is achievable, you see. And thus it is that all entities learn and teach with each other.

A Discussion Of Learning And Teaching At Earth Plane Level Versus Spirit Level (July 15, 1990)

I would like to ask you to elucidate on a statement you recently made, "If I taught you how, you would never learn." Now, most teachers on the earth plane tell their students how. That is the way they learn. And then the student takes that knowledge and practices and applies it. Why is it different ~ (Balance of sentence inaudible)

The teaching of spiritual issues actually occurs at the spiritual level in other dimensions. That is where the learning occurs. That learning is then stored into the Soul and, as you know, the knowledge of the ~ that is stored in the Soul is made available through the Higher Self. And thus it is that when the manifestation on the physical plane occurs, it is in fact not the learning of the lesson itself but rather the implementation of the knowledge that has been acquired at spirit level, so that you have already learned. Now you must apply that learning so that you have it firmly ingrained into the entire being, both at spirit and at physical, for spirit and physical must balance in order for the lesson to be completely learned.

And thus, you see, at earth plane, teaching and learning take on a different aspect than they do at spirit, and all that you have, as far as knowledge of a particular issue, is in the Soul, and a portion of that learning at physical is that you must go to the Higher Self and unlock the key ~ put the key into the Soul and find that knowledge and then bring it through the Higher Self and allow it to come through at physical. This is, in fact, part of the learning at physical. You see?

Not quite. In therapy, in deep-level therapy, we try to tap what we call the Higher Self or the Collective Unconscious or The Creative Force, with the idea, at least in my mind, that in each person is the knowledge of what must be done. It is there. But that person is frequently unable to access it without instruction or help or guidance of some kind. Doors have to be opened.

Indeed.

And why is it that you cannot open the door when you get a question like this?

This is a part of the learning, you see, for learning to unlock or open the door is a part of what the entity is trying to achieve, you see. You acknowledge that the Higher Self contains all of the information that is needed for the entity. It is, however, not as easy for some entities to gain access to that information. And they can, however, be guided as to the ways in which they can gain access. And this is partially what you are able to help entities to achieve, to show them the techniques that are necessary in order to open the door to find their own answers, for you know, as all of you do, that only you can answer the questions posed to Self. Only you can answer those questions.

However, finding those answers that have been learned at spirit is, in fact, a part of the lesson to be learned on the physical. You see, it is a part of that balance between physical and spiritual. It is much to be thought of as being in school and being given the information, and then having a test on that information. And if you know the answer, this is, in fact, the working out of an issue on the earth plane, for you know how you must respond for that particular issue.

When you are unable to open the door to get the answer, it means that you must study more at the earth plane. It means that you do not know the answer to the test, and that even though all the answers have been given to you, you must find another way in which to gain access to those answers. And thus it is that you would go to those on the plane, on the physical plane, who would be able to guide you in the ways to find the answers, you see. You cannot learn except through Self. All the answers are there in Self.

Can't you guide people on the physical plane when they need that guidance?

Yes. You guide them to help them find their answers. Yes.

This is why I wonder why, if I told you how, you would not learn. It is how to find the answers.

Understand that if you are told how to do something, this is perhaps the misunderstanding in the answer that we gave you. If you are told how to do something, then you will not learn. But if you are told how to find the answer, that is how you learn. You will not learn if you are told the answer.

But you did not give a how-to-find-the-answer answer.

Indeed.

It sounded more like a rejection of all answers.

Oh, no. Not at all.

Well then, I misunderstood.

But, you see, by the misunderstanding it has brought out a deeper answer to the question, and it has brought it out into the open now, which is beneficial. You see?

Is the reason that you did not give me a more specific answer because you know that I either can find how, or already know how, and have to do it. That is what ~ how I understood that.

Really?

That is why I did not ask further, but why it made sense for Garrett to ask further.

You need me for this, my love? ☺

Indirectly, I guess. Because I understood I need to search my Higher Self, meditate on this, or write or whatever I know to do to get to that.

Indeed.

So, Waith, what you are saying is all the lessons, all that we are going through to learn, we already have this information?

Indeed.

So, what we are doing here is trying to integrate spiritual things into the physical level.

That is correct.

You know, it seems like to really be complete and not have this separate concept of spirit and physical and have the two coming together, and when they come together, does that mean we are done with the earth plane?

Yes, essentially.

So, we already know what we are here to learn.

Yes.

We are just learning how to access the information.

That is correct. Prior to entry upon the earth plane and its sojourn, as many of you have either read or heard through our discussions, there is a Menu that is presented from which each entity may select any number of lessons to take on. Once that selection has been made, you then will go into training prior to entry on the earth plane to equip you with the information at Soul Level that is needed for the learning of those particular lessons you chose to take on in the earth plane, so that once you have entered the plane, you have availability to the answers for all the lessons you have taken on for the earth plane.

However, since learning is not simply limited to the earth plane, there are many other issues that you as entities decide to learn in other dimensions, on other planes. And thus, when you are not on the earth plane, you may be in other kinds of schools learning information that would relate to one of the other planes, one of the other dimensions. However, prior to entry on the earth plane, you are given all of the answers that you need as an entity for your sojourn on the plane.

**Spend Less Time Wondering What The Lesson Is And More Time Seeking The Higher Self
(July 22, 1990)**

**I thought I had kind of cured this ankle problem I have and learned my lesson. But it still bothers me
When I know that I have learned a lesson, and then when it comes back, I figure I have not learned my
lesson, and then I berate myself.**

If some of you would spend less time wondering what the lesson is for each particular ailment and more time in seeking the Higher Self to help you to simply acknowledge that there is something there, and if you are unable to pinpoint, shall we say, whether it is learning or teaching or whatever it happens to be, that you at least come into a harmonious state with yourself, that this is something that continues, and simply let it go, for when you begin to spend so much time and energy on one little situation, you then begin to lose sight of the total picture and that it fits in with all that must be accomplished, you see.

Our dear one here and her hurting tooth ~ in the scheme of things, my love, like the ankle, it is a minor issue and certainly one in which you would not want to spend a great deal of energy, for there are far greater issues to be concerned about, but rather see it as a signal when you have these minor situations, and even if they come and go as you would say, that it is relating to something that is perhaps coming and going. It could be as simple as that, you see. Give it a rest, as you would say. Relieve yourself from the anxiety of it, for there are other things to be anxious about, far greater ~ (balance of sentence inaudible on tape) and if there are not currently, there will be! ☺ Trust us, for you each bring on your own anxieties. And so open up The Universe, as

we would say, and create the void for something really big to come along to occupy your concerns.

**Some People Have It Better Than Others. Is That A Gift Or Reward For Having Learned Lessons?
(March 10, 1991)**

All that occurs is a gift, for all that occurs contributes toward strengthening and growth. Understand that there is the concept of The Flow of The Universe, and we have just now begun giving advanced information in our Public Sessions relating to The Flow of The Universe. It is a very simple, as all Universal Consciousness concepts are ~ concept. However, in its simplicity, it is complex, and understand that there are many entities who flow better with The Universe than others. It is not a judgement. It is simply that they have worked very long and hard over many, many lifetimes to establish that flow, and while it might appear that things happen for an entity, it has not come just to them. It has been worked on, you see, and it also is determined by what the mission of the entity happens to be in that particular lifetime, you see.

And once again, we are always cautioning entities to make any judgements about why an entity has something that another entity does not have, the issues of jealousy or arrogance that one has something that another has. Understand everything that each of you has is a gift, and is to be used not only for strengthening and growing within Self, but also to Be of Service to Others, and this is the prime directive from The Universal Consciousness, that we develop within Self and, at the same time, as we develop our own sense of Self, we are of Service to Others at that same level and that same degree. It is when an entity neglects one of the two that an imbalance occurs and that difficulties begin and that the flow is not as it needs to be. It is when there is that balance of growth of Self and therefore contribution to others in The Universe that it appears that all works, you see.

Is it generally true that what seems to be bad for us is ultimately the best thing that can happen?

Understand that we are on record also as indicating that there is no such thing from our perspective as good or bad, that all simply is, and what might appear to be bad is simply that which is used for growth or strengthening. That which is good is also used in the same context, that which would grow.

There are, however, issues that are far more involved for discussion than we would be able to give you now that relate to that which is called regression of growth, and situations that would occur that an entity would indeed inhibit their growth or, in fact, go back a few steps. However, it is also on record that all is not lost. Many entities will move back because of certain situations, only to move forward once again. However, the concept of good and bad or evil is seen very differently from the Universal perspective than it is on the earth plane. There is no situation that is irreversible.

What had occurred to me is a favorite book that says something to the effect of ~ yet, I know that good is always coming and that which takes on the guise of evil is really the high and best word. So, that is where that came from.

Yes. That would fall within the realm of the way in which we present information. Yes.

What Can Be Learned From The Past, And How Can We Rectify The Mistakes? (August 18, 1991)

To learn from the past is critical, as you know, and how you learn from the past is by accepting, first and foremost, that what has been has been, and that you must look at what has been as a signal to what will be, that you must, first and foremost, forgive Self. if there is something from the past that disturbs you. The purpose for knowing where you have been is to help in the growth for where you will go.

Now. In a particular lifetime. it is appropriate that you work with specific issues that relate to the past, for if you were to attempt to deal with the issues that have been in many other lifetimes all at the same time, it would not be possible. And thus, you must then segment that which comes from the past into that which you will work with now to grow for other times. Think of it much as the turning of a page in a book. You are on a particular chapter, and that is your lifetime now, and you move from information in another chapter, and you work with that specifically, and you concentrate on an issue, so that you would look at the past as issues that must be worked on for now, that will help you for the future.

There are situations in which you will find in this lifetime, you have only a small portion from the past to work through, to deal with, and once that is done you then put it away, and when you have put it away, that is a signal from the Soul that it will now present you with something else to work on, and from the past, then, will come an issue. You do not have to look for an issue, for surely it will come your way! ☺

Everything You Do Affects All Other Energies, And At The Same Time Affects You (October 01, 1991)

Your discussion suggested to me that one way of viewing everything, is that we are all points from which The Universal Consciousness can experience itself. In other words, The Creator does not experience the creation, so we, then, become the creation to experience and give that the many different perspectives. It sounds to me like what you are saying fits with that. Am I right, or is there more to it?

There is always more to it. ☺ But that is very succinctly stated. And we have stated in other sessions and gave also a rather lengthy discussion of the connection that all energies have with The Universal Consciousness, and that what each energy does affects the other energy, regardless

of what that energy is encased in, and it has some effect somewhere. And thus, whatever you do, while affecting all other energies, at the same time affects you. It will come back to you.

We are not, of course, the first to state this Universal premise that all that you give out returns back to you. That is a very simple, shall we say, slogan on the earth plane, easily used when you see what appears to be disparities occurring, what you give out, you will receive back. The spiritual depth to that, however, is far more significant, for the truism is that, whatever any energy does affects all other energy and therefore affects you and ultimately The Universal Consciousness, which is all energy.

Understand that The Universal Consciousness houses consciousness that is not outside of it, so that all energy that is outside The Universal Consciousness now does not constitute all energy. There is a whole group in The Universal Consciousness, and they also experience that which is experienced by the energies outside of The Universal Consciousness at any, as you would say, point in time, though it is not that simple, for time is, of course, not measured as you measure it in the illusion.

Yes. So, that is the answer to your question.

What Happens If We Stray From The Path That We Has Planned With Our Guides Before Entry (December 03, 1991)

You said before that before we come into a new incarnation, we plan our growth out with our guides. If something were to happen where we get caught up in the illusion and we go away from the plan, would the Angelic guide do something to get us on path, or would the Soul in cooperation with the Angelic guide do this?

The answer to that can be yes, yes, no, no, maybe, maybe. There is no clear-cut response to that, for it will depend on many other factors. When an energy begins to lose sight of its path on the earth plane, that in itself may be necessary as a lesson to be learned, and the Angelic would not interfere, nor would the guides interfere or even attempt to give guidance, for it may be necessary and may indeed have been discussed before entry that there was a high probability that within the illusion of the Planet Earth, there would be a straying from the path.

It is so easy to become caught up in the illusion, and if this happens, it happens. It does not in the ultimate end cause damage. The ultimate end is that, eventually, you return to The One. It may take you an untold amount of time versus another to do it. However, that does not matter, for once you get back in The One, you are going to jump right back out again anyway. So. it is simply, not to place it in a frivolous manner, the response that we give is that it is situational. and not for an energy to become obsessed with following the path, for you may feel that you have the path. but indeed, you have not, and perhaps by your perception of not following the path and going into another direction, that is in fact your real direction. Put another little glitch into the old formula, did not we? ☺

That is why, dear loved ones, it is so critical to connect with the Higher Self, to receive the answers from Self. We serve only as facilitators to give you information about what exists, and many variations on the theme, as you might say, as our dear one's question has presented, and as each of your questions have in some way presented variations on the theme. It would be far too easy for all of us who give information from higher sources to get the definitions correct. We all give you a standardized format, if you will. That would take all the fun out of it. Thus, we serve as teachers, and teachers have their own styles of teaching and accommodate the learning styles of those who fall under their teaching responsibility, and as students, you are free to choose your teachers.

A Discussion Of Accelerated Growth By Going To Different Dimensions And Illusions (February 04, 1992)

When we able to spread themselves over different illusions, what would be the purpose of going to different illusions and bringing back information to our illusion?

Understand that whenever you go into another dimension, it is for purposes of working on the mission that you have taken on for the earth plane, and that it actually is an accelerated growth potential, for you may be working on, let us say, an issue of patience, just to take one particular issue, and in this illusion you are working on it, and because you are able to go into other dimensions, you then can take that practice and work on patience in three other illusions, say, at the same time. Therefore, it speeds up your lesson that is being learned at the core, which is where you are now. This particular illusion is your focal point. You move out to go into other illusions, returning back. When you return back, you bring with you the experience that has occurred in other dimensions and you put it into the portfolio, if you will, and it lessens the amount of learning in your central illusion, you see. So, it is like you are taking an accelerated course in school, you see. It can be ~ it is not something that a large majority of energies choose to do.

Like transferring for a year to another school.

It could be that type of analogy. Yes.

Is this most frequently done during the dream state?

Not necessarily. During the dream state it is more easily achieved, for the encasement is able to go into this condition of altered state very easily for the most part, but as we have said, you know, our friend in the room here is not in the sleep state, at least in this dimension, and yet is in other dimensions simultaneously working. We will be giving much more in this area, for we know that there are questions that will come as a result of the information we have given, for

some will find it new information. Others will say, "Yes, I knew that." It is now being placed into concrete words. So, we have much tell you.

Are there safety factors involved here if I choose to accelerate continuously? Could I put myself in jeopardy?

As long as you continue in your meditations, in whatever form that takes, to ask for protection from the highest source of Light and ask your guides to protect you, as long as you are asking for protection and recognizing that the more you accelerate, the more vulnerable you are if not protected properly, then you are safe. There are issues of abuse that we will not begin our discussion in this session, but having the ability to do something like interdimensional travel brings with it the possibility of abuse of that unless it has been placed into the spirit context. And we will discuss this at another time. You are safe now.

We now will prepare to depart and wish you all a wonderful electromagnetic experience. As you return to that where you live, we send to you an energy that will give you a protection, for there is still much energy transference occurring, and you will feel, some of you to a greater extent, the effects of it as you move into that which is the outdoors where much of the energy sparks through certain energy fields.

When We Chose To Come Back, Did We Know What Our Full Path Was To Be? (May 13, 1992)

Yes, indeed. It is a rather formal process, actually, that occurs, not randomly done, for there is a structure within The Universe that enables every entity to have guidance in the preparation of a training experience. And each entity has, at a minimum, an Angelic Protector that is assigned to each of you at the time of separation from The One. Also, you have, depending on the situation, anywhere from one to four or five Spirit Guides. And as you set about planning your next incarnation, it is done with the assistance of a host of Spirit Guides specially trained to help in the planning of a life.

One situation, however, that does occur, and this is not a negative, but simply predictable behavior, is that, you know, when you are in spirit looking on the earth plane, planning your life, you might take on more than you could actually do, and it is usually, then, the purpose of one of the guides to point this out and say, "Well, you know, you really do not have to do it all in this one life. You can cut back a bit." And sometimes, you will listen to your guides and sometimes you will not, and if you decide that you want to do all that you have planned, then you are allowed to do this, for it is your preparation.

What can happen, then, is that when you enter into the life, you find, after a while, that you have indeed taken on more than you really needed to or could handle, and that in conjunction with your Spirit Guides you redesign the life. This is done at a higher level. This is done at a spirit

level and then manifests itself at concrete level, so that nothing negative occurs as a result of this. You are not given demerits because you have taken on more and could not do it. You simply place the issues that you realized you could not do back into your Toy Box, that portfolio of lessons that you must learn, that you have decided you must learn.

In the opposite direction, there are situations where an entity plans their life, they come in and they do everything that they planned and they still feel that they want to stay in the life, and they renegotiate with their guides, and others in spirit, to add more. So, it can work either way, and it is simply a way of learning, and one never knows oftentimes until one tries a particular life whether that was the way it needed to be planned out, and if it turns out not to be the way, then you can try it again. You have as much time as it takes. You are the one to determine, not some external force.

So, There Are No Mistakes In This World
(May 13, 1992)

We have said that so often. There are no mistakes. You each make your own path, and what you do is appropriate for Self, and that if it is not worked out in the way you want, you can try it again, and again, and again, and again. Many, many, many, many lifetimes. Sometimes, it takes many different lifetimes and different packaging of the same issue in order to learn the lesson. But so be it. It takes as long as it takes to learn. There is no pressure.

Your Circle Of Light ~ Learning Lessons And Filling In Your Circle With Light
(June 16, 1992)

As one moves toward the Light, the natural response is ~ and we will show to you now this concept that perhaps needs a bit of reinforcement.

The circle, the circle that does not begin nor end. This is the Light. Light, as we discuss it, is on a continuum. As we have illustrated in past times, this is the continuum in which you see the opposite ends, one being dark and one being Light. However, this is very limited in its understanding, for continuums always come back and meet themselves. So, the continuum is actually The Circle. And thus, as you move along this so-called continuum, and you are moving toward becoming Lighter, you have always, in back of you, that where you have come from, which is the darker side of Self.

Now. It is best to remember that as you progress, you must not forget from where you have come, and that as you move toward the Light, you become Lighter in your spirit. Thus, you are able to understand that from where you have come, and thus, it is not dark. It is indeed Light, for you have traveled and moved Light along The Spectrum, you see, and yet the dark is the illusion.

And once you have traveled full Spectrum, you then simply become a Circle of Light within Self. And it is this Circle of Light that then begins to intensify and become dense. And as you progress along your path, and you grow and you become more aware, this circle becomes dense and begins to fill in, you see. You keep moving and moving and moving, and as you move, you cross through the dark and the Light that is Self. And eventually, you see, The Circle becomes filled with Light, complete Light. And it is when your Circle has been completely filled with Light that you begin the journey back to The One. You are a bouncing ball filled to capacity, filled to that which you have determined prior to your sojourn out of The One, to have filled with a certain amount, if you will, by standards of the earth plane, a quantity that you will fill.

Now, each energy coming out of The One decides how much they want their Circle of Light to be in terms of size. Some decide they want very, very large and others decide very, very small. The size, then, determines essentially how much needs to be done outside of The One in terms of lessons and learning before entry back into The One. Now. Once you have filled your particular Circle of Light, you then begin bouncing back, you see. You move back through the tentacles, back into that which is the Lead Energy from which you have come, back through all of those little tentacles that we have talked about in prior times.

Now, each of you here is in essence a Circle of White Light. You are a White Light. Now. What is different about each of you is the degree to which The Circle has been filled in. That is all ~ the degree to which The Circle has been filled in. All are White Lights, and there is, in this discussion of the dark, simply the other side, as best as can be described on the earth plane limitations, the other side of the ball, the flipside.

So, as you fill in, you become Lighter and Lighter, and you feel Lighter and Lighter, and it becomes easier to become Lighter and Lighter once you have begun the filling in process. The most difficult part is to form the first density around your White Light Circle. That can take many, many, many millions and millions of years on the earth plane or other training grounds in order to do this first filling in. Once that begins it becomes self-propelling. It becomes much easier, you see.

Do You Go Full Spectrum From The Dark Side To The Light Side And Back To Create That Circle?

(June 16, 1992)

This would be the best way to understand it, that you, essentially, by an illusion, begin to form The Circle, but The Circle is actually there to begin with. The illusion is that it is not, you see. The Circle is there, the initial shell of the Circle of Light, at which point, you as an energy, affix yourself to a particular point in this Circle and move from that point around and around and around. And each time that you reach that point where you have affixed the beginning and the end, you then begin the filling in process. You go around and you reach that point on that fixation, and you move again and you fill in, and as you get to that point, you move out and ~ fill in and fill in and fill in, you see. (Waith is drawing as he is speaking)

Can Anything Ever Make That Circle, That Shell, Disintegrate And Break?

(June 16, 1992)

One of the precepts of The Universal Consciousness is that this is a shell of protection, the core, if you will. That is maintained by your Angelic Protector. It is the responsibility of The Angelic Protector to make certain that that shell remains so that you then are able to move about, around and around in the shell, and not to have the worry, if you will, of it disintegrating. However, it does happen, and when that happens, we then find ourselves in issues of regaining certain types of Light that have been lost, seeping through, and it becomes the responsibility of The Angelic Protector. It accounts for situations in which an entity appears to be lost. We have addressed this many, many, many sessions ago when an Angelic loses an energy to a force of the dark.

Now, understand that when we speak of the forces of the dark, we speak of forces of Self and dark, but also forces of dark that are exactly in the same vibration as you would find yourself, except at a different point in their own filling in. Thus, you would be susceptible to attacks by another energy who is moving along in their own Circle and following quite ~ almost as if it were superimposed upon you in the vibration, and yet, have not reached that point in the Light, so they are dark to you.

Thus, attacks, if you will, or influences by dark forces, can only come from an energy that is either equivalent in their path to you but on the flipside of their path, or, just slightly behind you. Influences from the dark at different levels are not able to, by Universal Law, impose. But that does not mean that they do not try, of course.

Thus, the emphasis is on the Light. The emphasis is on seeing the Light rather than seeing the dark, and not to focus on the dark, but to focus on the Light, looking at your own path and seeing your own Circle of Light and protecting yourself from any external forces and concentrating on your beauty and your light and moving ahead and feeling the lightness and ~ you would flip this back ~ (The page is turned back to Farena's happy face drawing) ~ and seeing the Light through energy such as Farena has drawn.

Farena: Because it is very important. It is very important that you smile, for smiling helps you to bring your Light out.

Waith: Well spoken. ☺ Now. Questions.

Could You Describe The Filling In Process In Terms Of Earth Plane Or Soul Level Experiences?

(June 16, 1992)

We will briefly describe it now, for it will become a topic for a session soon. We would give you much more information. However, as you learn a lesson, you fill in. And, you know, learning lessons is not a big deal. You know, it really is not. You all make a big deal out of it, you see, and it can be something very simple. The filling-in process can be so easy.

Remember we have said before that it is not in the learning of the lesson but in the attempt to learn the lesson that the growth occurs. And so, you see how much opportunity you have. Every time you try to learn your lesson, you are filling in your own Circle. The learning of the lesson means that you have come al-l-l the way around and you are beginning now to expand out, and thus, as you are attempting to learn a lesson, you move along the Light and you fill it in, and you fill it in, and move around and bingo! ~ you have learned your lesson! This so-called balance ~ boring. Balance, move out a bit, take a risk, start learning a new lesson, and the process begins once again, you see. And thus it is that you, no matter what you do, you are filling in, you see, as long as you are attempting to learn a lesson. (Waith is filling in the circle as he talks)

Now, regression does occur. And that is if you, at earth plane level especially, being on the earth plane, you would say, "I do not want to learn this lesson. I will not attempt to do anything. In fact, I will very stubbornly and obstinately say, I will not try to learn this lesson." Back we go! 😊 It looks like an eraser on a chalkboard, you know. A little bit lost. However, remember that even if you were to erase all that you have done, the shell remains, so that regardless of what you do, you still can fill in. You cannot regress to the point where you would dissolve, you see.

In One's Quest For Learning A Lesson, How Do We Know When The Lesson Is Learned? (June 16, 1992)

Ah-h-h. You will know. You will know, for it will no longer be a burning issue within you. You see, there will become a sense of peace. There will become a sense of knowing and understanding that only applies to your energy, for issues similar with other energies will be balanced in ways different from your energy. And while there may be similarities in the way in which you feel, you individually, as an entity, will have your own sense of balance. The balance may take many, many, many lifetimes on the plane and work in spirit. However, if we each are diligent in our quest for the balance of an issue, it does indeed occur.

Do Most Of Us At Least Have The First Circle Completed? (June 16, 1992)

You mean in this vibration now? Are you speaking specifically, my son?

I was thinking of that, and also on earth.

Understand that there are so many variations on the theme, if you will, that there are ~ when entry out of The One occurs, there is the shell. Now, some energies decide to train in other training grounds prior to coming on the earth plane, and thus, they have begun filling in their shell ~ so that they may enter onto the earth plane with a shell, with a Circle that is a quarter-filled or a half filled already, and they choose, then, that the earth plane would be that which would do the final trick.

There are others who decide that they will do the earth plane first. Thus, they enter into their sojourn on the earth plane with an empty Circle, you see, so that there could be two entities, two energy forms, coming in at the same time for the first time on the earth plane, each with a different filling in of their Energy Circle. This is where it gets very complicated. And this is where, oh, so many judgements come in, for the tendency, then, to look around and say, "I am more filled in than you are," you see.

I was just referring to the fact that you said that the most difficult thing is to get the first part of the circle completed.

Indeed. It is. And that first filling in can occur in any training ground, not necessarily the earth plane, and it is the most difficult. For some who decide they want to come onto the earth plane, for example ~ this is one of many different scenarios ~ it could take one thousand earth plane lifetimes to fill in the first. For another, it could take one. It depends on the motivation. It depends on the degree of difficulty that the energy has taken on for tasks, lessons, that Menu.

What Part Does Guidance Have To Do With Filling In The Circle?

(June 16, 1992)

Ah! It has everything to do. Remember that ~ why don't we ~ (Waith draws on the easel) remember that you each have an Angelic Protector. For the sake of simplicity, we will call it your AP, your Angelic Protector ~ some wings. ☺ We are not very good at drawing, you know, but those are wings ~ your Angelic Protector. This Angelic Protector is assigned to you from the moment you move out of The One and remains with you until you return to The One. It is the responsibility of your Angelic Protector to make certain that your guides are appropriate for you, and indeed, are doing their job.

Now. You would look at it, then, as delegation of responsibility, for The Angelic Protector cannot possibly be The One and only who takes care of an energy when they go about. For remember that, as an energy, you have parallel lives and you have lifelines ~ parallel lives and lifelines (Waith repeats this as he draws them), which we have discussed already ~ we will not go into at this point ~ giving you opportunities to just, you know, go about and move from your own energy and learn lessons apart from the major energy.

And then, of course, there is the issue of splitting, be it fifty/fifty or we could have triplets, or we could have quadruplets, so The Angelic Protector could not possibly take care of everything here. So, The Angelic Protector goes to Guide School and looks around at the candidates in Guide School to determine who would best meet the needs of you at your particular point in this Energy Circle filling-in, this Light Circle. And thus, at any point in time, as you measure it, you have at least one guide. You always have your AP, but you always, then, will have at least one guide who is directly responsible to your Angelic Protector.

There will be occasions when you would have many, many guides, depending on the degree of difficulty that you have taken on, and that, in a particular lifetime, your guides may decrease, or increase, or change, depending upon the path, and this is all done in consultation with you, the energy, the guides, and The Angelic Protector, not only prior to the lifetime but also periodically during the lifetime. There are conferences, if you will. And it is the responsibility of the guides to help each of you along this path, to give you the insight, to give you that guidance. Most valuable energies.

So, When You Resist That Guidance, What It Does Is Stop You, In Effect (June 16, 1992)

It does indeed. Resistance is the most common ailment on the earth plane, most common. We laugh about it often, and we attempt to keep you all lighthearted about it, for, you know, you are all strong energies and you say, "No! I do not want to do this." And your guide is saying, "Yes, you must do this." But the guide cannot impose, enforce it. And thus, there is, for some, a very strong conflict between the Higher Self, the Soul, and the Conscious Self in the harmony. The Soul tells the Higher Self, and the Higher Self is supposed to tell the Conscious Self. And oftentimes, Conscious Self closes that door on the Higher Self and says, "No!"

Sometimes, Higher Self even closes the door on Soul, you see. But this in itself is a lesson to be learned in working through stubbornness, in working through the ego, in feeling that only Conscious Self matters. Or, oftentimes, when the ability to reach Higher Self has occurred with the Conscious Self, where consciously you are aware of connection with the Higher Self, tests occur because the ego begins to play at the Higher Level Self, and then we find ourselves in an even more interesting battle.

Doesn't The Soul Ultimately Win, Though, Waith? (June 16, 1992)

No, not necessarily. Not in a particular incarnation. Ultimately, the Soul wins, for ultimately you would return to The One. However, in a particular incarnation the Soul and the Higher Self may indeed not be able to win, as you would call it. It is not really a winning but rather simply a flowing, a harmony of what the energy has determined to learn. And thus, it could be that in a particular lifetime, the Conscious Self continually fights ~ fights, fights, fights the words from the

Higher Self and never lets go of that fight and leaves the lifetime fighting! They have left the lifetime stalled, and then have the choice of shaking loose that stalling by going onto what is commonly referred to as a Work Planet to assist in that fighting. Or, to simply say, "Okay, I will try again without going into some kind of work camp, and come back on the plane and try it again."

Remember that when you come back onto the earth plane, you come back at exactly the same point at which you left, so that you begin to move, hopefully, forward. So, if you left the earth plane and did not go onto a Work Planet to sort of shake loose any issues, then you would come back onto the plane fighting, you see.

It is a most interesting phenomenon. We watch it with keen interest, for it becomes then ~ if it goes on for more than two consecutive lifetimes ~ it is such a common occurrence, that one lifetime, Pfff! we do not think anything of it. Two lifetimes, we begin to get a bit concerned.

So, if at the end of the second consecutive lifetime, the stalling is still there, has not moved, The Angelic Protector is allowed to impose and to take the energy by the little wings and, "Come with me, and we will now work with you until you are ready to go back onto the plane moving forward," for nothing is being accomplished here, only a density of a sense of darkness by the entity, a sense of not accomplishing. We cannot allow that. We want you off the earth plane as much as you want to be off the earth plane, so we can fill in more new energies and start this play over again, you see.

When Someone Is Resisting On The Earth Plane, Are They Stalled Or Regressing? (June 16, 1992)

When an entity is resisting at the earth plane, are they just stalled on their Circle, or are they moving backwards because they are not moving forward?

There would be a fine line here between being stalled and regressing, for to fight the Soul is not necessarily saying, "I am not going to do this!" It is simply trying to express its point of view at conscious level to the Higher Self, and thus, there is this debate that goes on ~ one could best describe it as a debate ~ in which there is no forward or backward movement. However, regression can begin to occur if in the fighting there then becomes at conscious level the decision to not even fight any more, to simply say, "I will not even discuss it with you!" And then that so called fight takes on that dimension of moving backward in one's own path.

A Discussion Of The Issue Of Ego (June 16, 1992)

So, this is principally an ego thing?

Yes.

What are some of the factors that make~ or when the ego really develops to the point that it becomes so arrogant, and what are some of the cultural ~ I assume there are cultural factors, or is it just something that we come in with?

Oh, cultural. That is so earth plane. Yes. It has ~ cultural ~ simply an earth plane manifestation. You know, we have spoken of this thing called ego. Understand that ego, as we have described it in past times with you, is an essential component of an energy, and that all energy has ego. It is, however, the abuse of ego that is the issue. Ego used in the spiritual sense simply means that you have the strong sense of your path, of your strength as an energy, and that you are confident in your abilities to Flow with The Universe and to Be of Service to The Universe in a spiritual context. It is when, however, this understanding of strength of Self ~ "Ah, I am a strong energy. I am in control." Well, none of us are in control, you understand. It is The Universal Consciousness that is in control, meaning ultimately that each of you are in control of each of you. All control each and each control all.

So, ego, when used as an abusive factor, manifests not only externally to those around the energy, but internally into Self, and it is only through the reconciliation through Self of the ego that the reconciliation of external application of ego can be resolved to the spiritual. An entity who is highly advanced and high in their awarenesses also has achieved a high level of ego control, as you would call it. As you are outside of The Universal Consciousness, there is always issues of ego. We, ourselves, have displayed on occasion the issues of ego to show you how easy it is to fall into this arena of thinking that one has this power and will use it to impose.

Ego must never impose upon external, nor impose upon internal, but simply be as a representation of strength and service to other energies, unconditionally, without saying, "Why should I do that for you?" But simply, that the request occurs to you as an energy, that it is The Universe saying you must respond and not question why, but that The Universe has said, "You are being asked to Be of Service." Not an easy one.

What And How Is The Will Of An Energy Adapted To The Issue Of Ego And The Soul? (June 16, 1992)

You talked a lot tonight about the Soul, and it touched on the ego. I would like to know what and how the will of an energy is adapted to what you are talking about.

Ah, the will. The will of the individual and the will of The One. Most interesting conflict that can occur, for the illusion presents that there is the will of an individual. But understand that each of us are part of the same energy ultimately, and that it is the will of The Universal Consciousness that prevails, and that each energy has a certain ~ the will is in actuality an illusion that keeps the

concept of the Circle of Light, of which we spoke earlier, held together, for The Angelic Protector says to its energy charge, "What do you determine to be your will?" You would say, "My will is ~ such and such. I will develop in certain areas." You choose what you want, for you have been given the array available outside of The Universal Consciousness. The Universal Consciousness is an illusion for The One, you see.

Now. The will, then, interacts with the ego. One must have the will in order to sustain the ego. From that springs the ego. From that springs al-l of the lifetimes. These are all of the lifetimes, infinite numbers of lifetimes on the earth plane ~ earth plane, which we will address, and not the other training grounds. The lifetimes feed the ego, and the ego feeds the will, you see. This is also a discussion of greater depth that, as time on the plane progresses, we will be addressing, for there is much that we can add to this.

What Are The Consequences Of Abuse Of The Will In An Incarnation? (June 16, 1992)

Understand that there is only one consequence, as you would call it, in being out of The One, and that is that you would regress. Regress. It is the only consequence. And one cannot regress, as we said earlier, to the point of dissolving, so that this shell of Light always would maintain itself under normal conditions, which is what we will address in this session. Thus, consequences are simply movement back, meaning that one would have to move forward and retrace. So, we do not use the word consequence, for that implies a negative, and that is simply not. It simply means that one must work a little bit harder now to move ahead. This is the flow.

Now. We would have one of the others in The Company wanting to speak to you, and you would be able to ask a question. He rarely makes appearances, for he is considered the Librarian of the group, Jenjura. And he is rather shy, for he exists mostly in the stacks, if you will, in the information arena, and he is the one who oftentimes is called upon by many who need assistance in researching information for their Self to help in releasing information from the Soul. So, he will join you now for a little bit.

Jenjura Comes In To Explain The Concept Of Will And Ego ~ Webs Of Lifetimes Crisscrossing (June 16, 1992)

Jenjura: I am the entity Jenjura. We have come in to explain to you a bit more of this concept of WILL and EGO. Your lifetimes on the earth plane can be very, very complex and form webs of energy. This Circle that Waith has described has, as you fill in, what you would call webs crisscrossing, and you fill in, eventually, via crisscrossing, and it becomes so difficult for many of you to connect with the ego and the will because so often you have a parallel life or a lifeline, and these separate activities contribute to this webbing and can then create a sense of confusion on your part as to what is connected with what.

These lines that Waith has drawn are, in actuality, webs, and as your Conscious Self ~ this Conscious Self ~ attempts to look to the Higher Self, you must go through the ego and the will. But as you do this, you have in your vibration the web of your lifetime that you currently are living and the shadowing, for many of you, of other lifetimes, in addition to lifelines and parallel lives. This creates a further complication in understanding. It is why so often you would feel a sense of loss of understanding of Self. This is why you have your guides, to help you to understand this webbing and to look through the webbing and to see the clarity, so that you move up and you see the ego, and then you see your will.

**But How Do You Get To And Deal With The Other Lives That Are Connected To You?
(June 16, 1992)**

Jenjura: This is a difficulty, my love, for as you advance, as you fill in your Circle, you become better able to connect. But it is in the beginning stages of this filling in, as Waith has described, that the difficulty to get started occurs. Once you have begun, it becomes easier with each attempt, and when you have had a connection within Self, of Self, you then will find it easier each time until it becomes simply a part of you, and you do not concentrate on trying to connect, you see.

**Then You Can Heal The Other Lifetime That Is Still Attached To You At That Point?
(June 16, 1992)**

Jenjura: You have that capability, my love. Yes. This is part of the growth that each entity would have as they move toward filling in of the Circle of Light.

And how do we assist when another comes to us with this problem?

Jenjura: Your key word is ASSIST. The issues of abuse come into play here, for when you see another struggling, there would be the response of wanting to impose, to immediately help. Imposing is a very fine line between trying to control and simply trying to show the Light, and this is what is learned through the lifetimes. And when you would meet someone who would need assistance, you would seek the Light from your Higher Self, and you would seek the Light from your Angelic Protector to help you to understand and see the fine line between imposition and service. It is a fine line.

And how do you know the difference if they are asking?

Jenjura: This is where you learn, my love. It is not for anyone outside of Self to say to you, "What is the fine line?" for it differs from entity to entity dependent upon your point in your own learning of the lesson and where you are in The Cycle of Learning. The Cycle of Learning has been addressed by Waith, which will explain to you these issues of learning lessons on the plane.

(See Transcript April 17, 1990) *Our responsibility in this mission with Waith is to Be of Service to you as a librarian. You would call upon us when you have these issues of not knowing and ask us to help you to find the answers within Self for what is appropriate to Self. We are able to do this in conjunction with your Angelic Protector and with your guides.*

What Happens When Your Circle Is Filled?

(June 16, 1992)

Jenjura: It is time to return to The One. And now, we return back to our library. We bid you farewell.

Waith: Now. Jenjura is simply one of many, many, many entities specifically assigned to the task of library, of research. Now. You each have the opportunities to call upon a librarian. Yes.

True Spiritual Growth Is Taking The Seriousness Out Of Self And Working Through Issues

(July 07, 1992)

Now. You know, there is the tendency for those on the earth plane to just be very diligent about what they are here to do and, you know, "It is now or never! If we do not get it done now, then it will not get done. And, oh, my goodness, let us be so serious about all of this, and let us take a stand on issues, and let us, you know, be so vocal about what we are here to do."

The true quest of spiritual growth ultimately results in not flaunting, not discussing what the issues are, but rather, simply working through them and taking the seriousness of Self out of them, the working of the issue. What you do as an entity must be serious, for you have growth, you have lessons to learn, but not to impose that upon others, but simply to be lighthearted as you express yourselves with others, without bringing in the so-called immensity of what you have taken on. For, you see, part of the entrapment of the earth plane is to get you to be so serious. It is then that the darkness can attack at very vulnerable points, for you take yourselves so seriously.

And we will say this over and over and over again while we are on our mission here, we have said it continuously and we will not let up on it, and that is, you do not take yourselves seriously. You take what your mission is in a serious manner, but not yourselves. You take what you do lightheartedly, and you project Lightheartedness, for it is the Light that wins over, not the dark.

And while you must be most concerned about your own path, it is your path and not to be imposed onto another ~ rather, to Be of Service, which is the prime directive of all energy. To Be of Service means that you are lighthearted toward others. You accept them unconditionally, which, of course, is most difficult. Remember, the theory is always easy. It is the application of the theory that is so difficult, application of the concept.

Now. Lightheartedness, then, is something that each energy has inherently in its soul memories. All of you have it. It is not just given to special energies. It comes to all energies, an added Lightheartedness that is above and beyond the inherent Lightheartedness of all energy, because you have chosen the earth plane.

And because we speak of Lightheartedness in this session, we also keep this session with you very lighthearted. We will not give to you information that is heavy, that you must digest, that you must reread, and reread, in order to understand what we say. We have done that quite a bit in this earth plane year, and we will pick up where we left off in future sessions. Thus, we keep this lighthearted, and we would take questions from you now that relate to this sense of balance between the seriousness of your mission and the Lightheartedness and the gaiety of your energy and yourself.

**Was The Earth Plane Seriousness Created To Help Us Learn Our Lessons Better Or More Quickly?
(July 07, 1992)**

Yes. It is a part of the scenario of the earth plane that is built into the training ground of the earth plane that there be this seriousness, for to return to The One means that Lightheartedness is once again all that encompasses the energy, and in order to move back into that Lightheartedness, there must be the balance. And as we have said so often, the balance occurs as a teeter totter where you must go to extremes. You must be indeed most serious to the point of extreme in order to go back into Lightheartedness, and that you are constantly achieving the balance so that there is the understanding of the seriousness of your own path and yet the Lightheartedness that goes with endeavors to return to The One. Other training grounds have degrees of seriousness built into the scenario, but the earth plane is the one with the heaviest component of it. And thus, at times those of us who speak from this realm bring in this sense of frivolousness.

**Pushing The Abort Button And Returning To The One Without Learning All Your Lessons
(October 06, 1992)**

No. You know, we have been on record as saying lessons must be learned, and you must do this, and you must do that, until you are finally through, and you return to The One. Well, yes, that is true. However, each of you also has the option of pushing the abort button, going back, saying, "Ah, I did not like this after all." Many entities do this.

How do you do it?

You simply do it. It is very easy to do, and no one is going to know ~ no one knows that you have either completed your lessons or simply said, "I do not like this after all," and you go back to The One. Nothing has ~ no damage occurs. It is however, you see, the illusion of being out of The One that creates this idea that you must complete everything that you do before you can be let back in.

So, we are not out of The One at all.

No.

But the Soul has to push the button.

Ah, now, why would you think it is the Soul?

You said the Soul was in control.

The Soul is in control of components of the Energy Circle. Who do you think pushes the button?

Well, if the Conscious Self would do it, it would happen a lot. 😊

Ah. Not as often as you would think, my son.

I would think it is a team. All of them have to be in agreement. Because as long as one wants to stay, you cannot go.

That is most accurate, my love. It is most accurate.

Either all of them go, or none.

Cannot be one!

There would be a hole in the circle.

There would be a hole in the circle, and then everything would fall out.

Is that the purpose for airline crashes? An Energy Circle decides they are going to leave?

No. No, there is much more, related to mass departures. It is not part of this particular activity of pushing the button. Think of it ~ we will go to your question in a moment. Think of this button. Visualize this button. It is round, you see, round button.

And red. 😊

It could be any color you wanted it to be. Round button. Now, it is like a knob. Think of it this way. And here is the Energy Circle, it is a Circle, and the Energy Circle, with all of its indentations, gets together, has a conference, take a vote. They decide, fine, go back. They suction themselves onto the knob ~ the button. And they push it. Whoosh, they are gone. That is a visualization of how it happens, but it is the visualization of instantaneous dissolution of energy, for energy is an encasement. Anything out of The One is an encasement. And thus, The Universal Consciousness, put on alert ~ Energy Circle entering! Comes in. Gone. But, you see, it is very difficult to gain consensus within one's own Energy Circle, but it is possible, my loves. There is nothing that you, as an energy, do not control.

Now, your question.

Yeah, Waith. What I am struggling with is the fact that our conscious behavior is completely determined by the Soul.

Have difficulty in grasping because you cannot see it.

That is correct, yes. But I am still wondering why there are so many people struggling on their conscious level. Is it because their soul has nothing else to do than to continue struggling because it is boring? I always thought that the Soul itself would develop when the individual at the conscious level will struggle with different issues that the Soul at least will then ~

Yes. When the Soul has determined that an issue needs to be worked upon, it sends that information to the Higher Self, and then at that point it becomes ~ this is where the tricky part comes in, and that once the lesson has been learned at conscious level, it goes back to the Soul and the Soul says "Yippee" and sends it into the Energy Circle which then starts to strengthen, and then it is time for the other lesson. You see, when you come out of The One, all of the lessons that are to be learned are stored in the Soul, you see.

Okay, so there is a purpose behind why the Soul gives out certain lessons to the conscious.

Yes.

It is not just there is nothing else to do.

It is not random. It is not haphazard. It is all very planned by the Soul in conjunction with the total Energy Circle. Conscious Self is simply the playing out of a lesson. That is all. It is quite fun. Now, you know, you might say, "Well, Waith that is easy for you to say. You are up there in the clouds. You are not here on the earth plane." However, The Angelic Kingdom is a training ground, and the same concept applies to the Angelic Training Ground, and that the Angelic, while in a different dimension from you on the earth plane, also has in its own dimension a concrete, current consciousness, a Higher Self and a Soul.

So, you see, I now, in my coming through and speaking to you, am operating at the conscious level of the dimension of The Angelics. I am playing out that which my soul has determined needs to be learned. Part of the Angelic Training Ground is having access to high levels of information and being teachers to other training grounds. Nonetheless, the same concept applies, you see. Do you understand?

The lessons that we learn ~ is that what other teachers, or other sources, would call karma, to take a lesson and kind of work it through, or is that a totally different concept?

There are so many words on the earth plane that are used to describe the same issue or the same concept. Karma is a word that we choose not to use, for we simply do not like the way it sounds coming out of the mouth. We do not have to have a high spiritual reason for not using a word. ☺

A Discussion Of The Game Of Lesson Learning (October 06, 1992)

You described that sometimes the Soul will arrange lessons that look like limitations or blockages for an individual. So, that means that from our point of view, we could not see when someone seems to be in a very limited state, like a coma, or they are born into a role of certain kinds of sense deprivation, or things that we look at as inability to learn, or they may be involved in a whole different set of lessons that are really just beyond ~

Oh, but of course. Everything is a lesson. There is no deprivation. That is not part of the scenario. It is only illusionary that you who would have ~ would think that someone who does not have what you have, is deprived and that, therefore, they should be felt sorry for, that somehow poor things came in and experienced certain situations. It is all ~ you each, in your many, many experiences, not only on the plane, earth plane, but on other training grounds, have gone through all of these issues, or will. It is the game, you see. That is all.

But if the Soul knows all, why do they put us through all these lessons when they already know the outcome?

Who is they? ☺ It is you.

Okay. Why do we put ourselves ~ our soul ~ why does our soul put us ~

That is between you and your soul. For, you see, some entities choose a very different path and do not have what appears to be difficulties, because whatever the path has been is determined by the Soul. So, you decide yourself that you are going to have a miserable life. ☺

That is quite a game.

You have ~ you know, we say that in irreverence. There is no such thing as a miserable life from the perspective of learning and strengthening, for whatever you have decided, and you have that choice before coming onto the earth plane, as you are leaving The One, where you will go and what you will do. You have an unlimited Menu from which to choose, and you make those choices, and then you carry on. Your choices will differ from others. There will be similarities, so that misery loves company, like attracts like, opposites attract.

And thus, as we started out our conversation in this gathering, no external source has anything to do with what you do. You are who you are, unique, separate, yet one. And everything that every one of us do, in some way, impacts upon every other energy outside of The One. But we are separate in respect to development and growth. And, you make your own choices. And only you, only you, can solve whatever issue has been presented. We cannot cure you. We cannot heal you. We cannot learn your lesson for you. We are a source of information meant to guide you, to give you insights. But only you do what you are meant to do, based on your own plan of action.

What Happens To Our Lessons After The Shift? Is There A Break, Or New Lessons To Learn? (November 03, 1992)

We have addressed that. That question has come before us in another time, and it is appropriate to place it within this context. Simply this, the lessons remain. The packaging changes. And thus, you will indeed carry on the lessons into The New Illusion. They just will appear differently. And there will be some lessons that will be, shall we say, placed on the back burner until this illusion currently on the plane comes back again, when it is appropriate to utilize the lesson within the structure of the concreteness. The concreteness of the next illusion is different from this illusion in many, many ways. But the lessons of judgement and patience and forbearance and addictions and dependency are consistent from illusion to illusion. It is just very differently packaged.

About Stagnating And Not Letting It Go. Is There No Growth In Just Staying Where You Are? (July 20, 1993)

Well, that is a very good question, for there is growth in everything, even in nongrowth. Eventually, ultimately, for eventually and ultimately, all energy must return to The One. It may take eternity, but who is counting? And what occurs, then, is if an energy stagnates and finds themselves not growing, that they would reflect upon that at some level in their soul and in conjunction with their guides and their Angelic Protector, and that eventually, ultimately, there is growth from the nongrowth.

And thus, there is no negative that occurs. It is simply, as best as can be described, a moment in time in which there is stillness. The energy is still. It does not move forward. It does not move

backward. It stands still, at which point there can be either movement forward or movement backward. Nonetheless, there is movement.

The Items And Percentages In One's Toy Box From The Menu Of Lessons Chosen (August 03, 1993)

So now, we would find it interesting to perhaps prepare you all for what you call the fall season ~ you know, this time when you all become serious again about your work endeavors and you go about doing your serious work. We do plan to present to you, during these public times, information regarding color and sound and how it relates to the development of your path, but we also will be having some fun with this Toy Box that we have so often referenced and gave discussion to quite, quite some time ago, The Toy Box. Does anyone currently gathered here remember what we have given as Toy Box definition? Speak.

That is all the lessons that we have that are in our Toy Box that we pull out, that we take on when we come onto the earth plane.

Yes. The Toy Box, you know, has been the symbolism that we have used in our efforts to lend a base of lightness to what is essentially the composite of all of the lessons you each have chosen to take on for the earth plane sojourn, not just for one particular life, and certainly not all of them for one life, but the array that you have chosen ~ and that like any child who goes to the box that contains all the toys, you take out and you place on the ground and you play with it a bit. You put it back in. You take out another one and you play with that for a bit longer perhaps and place that back in. Some of the toys you have greater attachment to than others. These are examples of the lessons that you take on. Some lessons, you decide that you will take on a greater percentage on the earth plane.

The issue for you of patience, for example, you may say, "I will only try to achieve five percent of what I need to learn about patience on the earth plane. The other ninety five percent I will learn in other training grounds." And the issue of truth, you say, "I will try to learn twenty five percent on the earth plane and the other seventy five percent I will learn in some other training ground." So, when it comes time to play with patience and truth, which one do you think you might play with more? This is not a trick question. ☺

The one with the biggest percentage.

Say that again, my love.

The biggest percentage.

And which one was that?

I do not remember. 😊

There were only two choices. 😊 You had what we call a fifty/fifty percent chance of getting the right answer.

Truth.

That is very good. Now. This means then that there may be someone else who has in their Toy Box just the opposite. They may have decided to take for patience twenty five percent, and for truth five percent. So, they, then, would play more with what?

Truth.

Truth! 😊

⚙️ That is wrong!

⚙️ So, I was wrong.

That is very good, my love. You try to trick everyone, but you know, he says it with such authority that you would not question it, you see. There is a lesson there.

Truth.

Now, then, what happens is that you will find two individuals, one who has a favorite toy called patience and another one who has a favorite toy called truth. Now, it may be that out of that percentage for each of those toys, in the same lifetime they have decided to each take on, oh, for discussion's sake, one percent out of that percentage. One percent out of five, and one percent out of twenty-five. And therefore, their percentages are aligned. They both are working in the same direction percentagewise on what they want to learn.

However, usually that is not the case. It takes all the fun out of it, you see, from our end. We do not have anything to watch then, for what is more fun is to see that one has come in and is going to take on two percent and another is going to take on eight percent of the same issue. So, one looks at the other and wants to know why they are not so serious about their mission. "I am very serious about learning about patience. Why are you not so serious about learning about patience?" ~ one would say to the other. Now, you see, all of the issues that have been set up ~ issues of judgement, issues of Unconditional Love, issues of tolerance, issues of many, many different arenas.

Now. Each of you, when you come onto the plane for each of your lives, decide a priority of favorite. So, you look into your Toy Box and you start to take the toys out before entering in, and you look at them all, and then you look at what you have done, and then you look around to see who you have decided to come in with ~ you know, this is not done just by yourself. Your Angelic Protector, your guides, others who are assigned to help plan out a life for you are all around.

And, you know, as we have told you, you can plan, you can plot out your little scenarios, and so you could plug in much like you do with this archaic communication device, the computer that you call, that you can push in certain codes and it will give you what a possible outcome might be. We have a far more sophisticated way of doing that, but that is the basic concept. You can say, "No, this is not what I really would want to do." And so, you play with planning your life.

Now, of course, the plan always looks better than the actuality. Many, many highly advanced entities, who should know better, have come onto the plane thinking that it was going to follow plan exactly. It rarely does. Reality, as you know it, as you call it on the earth plane, very rarely follows concept exactly. It is a schematic, as you might call it, this plan, to get you going, to get you into the plane. Now, once you are in there, you play. And as much, as we have found it difficult for you to accept, and that the earth plane is a training ground and is a Work Planet, one of the most accelerated of the Work Planets, it is still playtime. You are still on the plane in a play, acting out your role.

Now. Each of your lifetimes, then, you have one very favorite toy, your very, very favorite toy. You will have others that you like a lot, but one that is very, very favorite. You hold it dear to your heart. It may take on many, many forms. It is the one lesson that you have given the dominant percentage to, to undertake in this particular lifetime. In another lifetime, another toy will become your favorite. In another lifetime, another toy becomes your favorite, and so on.

Now, the humor in all of this comes in recognizing what your favorite toy is and in recognizing that you do, indeed, show preference to this toy. That is why you play with it so much. That is why each time a situation occurs, if you are playing in this lifetime with patience as your favorite toy, then you can be certain that because you want to play with patience all the time, patience will present itself in many different opportunities all the time. It only makes sense. You want to play with it.

Or the lack thereof.

Yes, of course. ☺ Most entities have taken on patience as their favorite toy. Or the lack thereof. And the more that you do not have patience, the more that you want it, and the more scenario that you would ask to be set up so that patience can become yours, can be truly a part of the path, truly to be worked upon, and that if you view it in humor, view it as playing, and not resent it, but to say, "Oh, but of course, this is my favorite toy!"

Visualizing One Of Your Toy Box Menu Items As A Favorite Toy ~ Demonstration
(August 03, 1993)

Now, you would want to visualize your favorite toy. My love, would you step up here with us? You see, now, she was given some encouragement to adorn her encasement for this session in ~ face around, my love ~ to adorn her encasement in that which could be perceived by many as playtime. (She is wearing a pink and black playsuit, with little straps and puffy knee length pants)

We want you, please, my love, to face the others now, and we will demonstrate a very small technique for the visualizing of the favorite toy. What do you think, my love, is your favorite toy?

I have several favorite toys, Waith.

What would be the favorite of your favorite? We place her on the spot, as you call it, now, for ~ what issue do you feel you work on the most, my love? (There is a silence) Go within Self. Think of the topics you talk to Mushiba about the most. It does not have to be the exact right answer. One of your favorites will do for this exercise, my love.

Self-confidence?

Ah, confidence of Self. Yes.

Yes, whatever. There was a blockage. This is, again, the blockage.

Indeed, it is. And in the GUIDELINES FOR GROWTH, what is the very first guideline that we give?

To Respect Self.

To Respect Self. You should all have these memorized. ☺ Now. Respect of Self. It is the most common play toy. So, I want you now, my love, as you face the gathering, to place your hands out in front of you. For descriptive, how would you best describe this for the written word? Palms are up, arms extended in front at a ninety-degree angle. Ninety degrees. And it is placed comfortably in front, not too high and not too low, but that which is comfortable for Self. Now. You then take into the right hand and visualize the word SELF. You do this now, my love, SELF. And into the left hand you visualize the word RESPECT. So, this technique allows you to use two words.

Now, you slowly bring your hands together, and as you are doing this, you are surrounding the area with the White Light, and you bring your hands together so that you have cupped the two

hands, and you are now holding SELF RESPECT. And you bring Self Respect, now, into that which is the Heart Energy Center, and you place, then, your hands palm down onto that which is the Heart Center, so that you now visualize the words of SELF RESPECT going into that which is the Heart Center. And now, you take your hands and you extend them out in front of you, in front with palms up and the hands touching, the left side of the right hand and the right side of the left hand touching.

What you now have is the White Light remaining that has imprinted upon it SELF RESPECT, and you now take this White Light of Self Respect and bring it over to that which is the Crown Energy Center, and you sprinkle it all on top of your head. And then you bring your arms down around your energy field as you sprinkle the aura of your energy with Self Respect. And you let out a breath, for you have been holding the breath. And then you just feel the residual of the fluffy White Light sparkles. They all flow around you. And that is one way to play with your favorite toy.

Thank you.

Thank you, my love. Now. You see, you take that which is the serious, learning Self Respect, and you make it a part of the lightness of your energy field, and you do this as often as you need to. Some may find it appropriate to actually go through this technique, to do the motions of it. Others of you may simply visualize the toy, in whatever form, and surround it with the sparkling light. It can be done in an instant. Perhaps place it into a little red truck and carry it along behind you ~ whatever works. Acknowledge that this is your favorite toy. And the more that you acknowledge and want it, the more it will come to you.

We will be giving further discussion in this ~ on this particular topic soon, as we elaborate more on The Toy Box, and for you to think about what your favorite toy is. Think about that which you work on the most. Perhaps some of you have not really thought much about it. You have thought only of all of these issues that you are working on, and it can be so overwhelming, so overburdening, that you would look at everything and not be able to do anything.

Remember that The Universe is very ordered, and The Universe attempts to help each energy to maintain order in their incarnations. And we know that it is a difficulty for many to maintain order, but that is what the plane is all about, to help you to learn order. And again, remember that order, learning about order, may be a favorite toy for one of you and not even in The Toy Box for another. Remember this. Some of you are thinking that it is not, but it is wrong! ☺ We know what you are thinking. Mushiba will not let you out of that one. It is more than just in your Toy Box.

It must have been pretty loud from a few of us.

We hear all. Now. Would there be questions about The Toy Box or what we might be able to give you for guidance in determining your toys, your favorite toy?

Can One Take On A Hundred Percent Of Any Issue Out Of Your Toy Box In One Lifetime?

(August 03, 1993)

You know, everything is possible. It is not recommended. First of all, it is the rare entity who would want to bring onto the earth plane a hundred percent learning of anything, for ~ it has been done, but it is not encouraged, for it truly represents a very difficult sojourn on an already difficult training ground. So let us say, for example, that in the ~ oh, in the issue of forbearance, for example, you decide to bring in, percentagewise, twenty five percent, place it into The Toy Box. Now, of that twenty five percent we would rarely encourage that an entity take the entire one hundred percent of that twenty-five, you see, as you are saying, and learn it in ~ or try to learn it in one lifetime.

Rather, in looking at the totality of The Toy Box, one would say, then, based on that, what percentage would be reasonable to take into a lifetime. Generally, it is less than one percent, percentages that are taken in for a lifetime, for while it may not seem like a large amount, one percent, comparatively speaking, in the intensity to which the earth plane subjects entities to learning, it is very intense. It would depend upon The Menu that has been selected for The Toy Box. If you do not have, for example, even the issue of patience in your Toy Box, and perhaps have chosen only two menu items, let us say, of all the items available, then the larger percentages would be easier, for you have fewer mixing of elements.

It is rare, however, that an entity would only select a few toys. Usually, any of you who have committed to an earth plane sojourn are doing this so that you can have accelerated learning. And thus, it almost would defeat the purpose of coming onto the plane at all by only selecting a few items, and then perhaps, a few that are easy. It is done, however, and it is done by entities who would perhaps want to test out the earth plane, so that it may be for them, in their mind, a probationary period to see if they want to, indeed, commit to a full-scale sojourn on the earth plane.

So, what then would happen, you would meet entities who may be in this noncommittal stage, and they may indeed have taken on a very, very large percentage of an issue, almost to the point where you would feel overpowered by their zealotry at learning a particular issue or their involvement in a particular situation. But if you were to look more closely, you would see that perhaps, then, there is the focus only on that issue, rather than other smaller toys being played with. We encourage that there be the favorite toy and then a number of smaller favorite toys so that there is a balance.

Can Taking On Too Many Issues At One Time Cause Madness?

(August 03, 1993)

Madness. Simply coming onto the plane could be considered ~ ☺ Let us complete this response. What you refer to as madness, however, is the result of an entity taking on more, and that in itself would not create madness. However, what occurs is that once the entity realizes that there has been more taken on, there is an inability to let go. There is ~ as we have always said, you can change your course of action on the earth plane at a moment's notice. You do not have to, once you have chosen it, to continue on. You can simply say, "This is more than I thought was good," and quickly, instantaneously, with the guides and The Angelic Protector, things are changed.

But many entities will not acknowledge that they can do this, and they feel that they are bound for this, and then will experience what you can call madness, but there is a retreating into Self ~ Self-examination. It is what you would call a beating up of oneself at spirit level, and it manifests itself in what you would refer to as bizarre behavior on the earth plane, but then again, the use of ~ the definition of the word bizarre means many things to many people.

In reference to madness that you talked out, it seems like there are sometimes very enlightened sensitive souls that come in, and the world just likes to judge that person's path, and that is part of why an individual may be ahead of their time and misunderstood.

That scenario has played through on the earth plane since the earth plane was created. It is necessary for the advancement of an illusion that certain entities with particular training enter onto the earth plane to present an illusion, such as you have described, that has such a dramatic mass appeal that it advances the awarenesses of large numbers of entities on the earth plane, and it is periodically placed as a scenario into the illusion to help an illusion move along. For without those dramatic scenes from a play, the play itself becomes rather boring, and growth would not occur unless there was an occasional shake up of the masses, and then each goes on their way, shaken up once again in their own new awarenesses, to advance the growth of the overall vibration of the earth plane.

Can Specific Colors And Sound Help You Deal With Your Toys? (August 03, 1993)

Color and sound.

For example, if my toy were truth, would it be good to visualize a specific color to go along with truth as well as specific sounds?

Yes. Yes, to both of those questions, and indeed, we will be going very specifically in our discussions of color and sound before the year on the earth plane has completed. I believe that the schedule, as you call it, of our discussions, our topics ~ we have given preliminary information in our times with you of color and sound. What seems to occur on the earth plane is the tendency for entities to be told that color ~ a certain color goes with a certain something else, and a certain sound goes with a certain something else.

We are aware of, for example, what are ~ we call the Energy Centers, which are also referred to as the Chakras, that they each have a color associated with them, and we are not disrespectful of this, and for many it is appropriate that they have a specific color or sound that they are told they must focus on. This is appropriate at a certain point in your development. However, as you advance in your own awarenesses, you begin to develop the ability to have your own color and your own sound based upon that which is appropriate for Self.

So, if you were going to focus on truth or patience as your favorite toy, you would be able, through your meditations ~ and we will be giving a specific technique for this for the beginnings of visualizing and coming to terms with your own color and sound, so that it becomes unique to Self ~ and that once you have felt comfortable with this color and this sound, that you have this in your environment, that it be a part of who you are, your own sound and your own color, and you follow your own sound and your own color. It may be very similar to others, and for each of the various large issues that you have, you would have different colors and different sounds, and for your overall vibration, your total vibration, you would have a color and a sound.

And this may change.

And this may change. Indeed.

Discussion On How Your Toys Interact With Each Other In The Long Run (August 03, 1993)

When we talk about percentagewise, let us say you take patience as a toy and you make the commitment to complete one percent out of a hundred. That means it takes you a hundred lifetimes.

Oh, no, my son. Oh, it is not quite that easy. Oh, no, no, no, no.

We learned during all these sessions that there are interconnections between all the different toys. For example, patience and tolerance interact with each other. So, I can visualize that once you have done, let us say, twenty percent on patience, and you work on tolerance, then you may open up other issues where it will affect the patience. So, it means that you never get through the famous hundred percent which you actually tried to accomplish when you split this into percentages, because they are all interacting with each other, so you work thousands and thousands of lifetimes and you never get the hundred percent. Is that correct?

Yes, indeed. Now. First of all, let us take your example of out of the one hundred percent of patience that you would have to learn outside of The Universal Consciousness ~ you decide to take one percent onto the earth plane. This is the way you have presented it. So, the other ninety nine percent is off for other training grounds. It does not even enter into the picture for the earth plane. Only one percent. Now, out of that one percent you then would cut it into, as you say,

many, many lifetimes. You may have point zero zero zero zero one (.00001) in one lifetime. You may meet up with someone who has three point zero (3.0) that they take on in patience. Therefore, right away you have a difference in your percentages.

Now. If you also have taken on tolerance, and again, this is the operative word here IF, then proportionately, tolerance works into that which is patience. However, you may have chosen not to take on tolerance, and therefore the interacting of which you speak takes on a different configuration than another entity who has taken on tolerance as well as patience. And so, The Toy Box configuration is situational. Not everybody takes on everything, and just because certain issues are related to the development of major issues, like patience, it does not mean that you have taken it on for an earth plane sojourn.

This is the issue of judgement that we speak of continuously, of looking at another through your own eyes and thinking that they, too, have taken on all that you have taken on in exactly the same pattern. This is simply not the case. You must look at another only in terms of an understanding that they have a Toy Box, and that they have in this lifetime a favorite toy, and that you have a favorite toy, and that nothing is coincidental on the earth plane, and that the meeting of energies is not happenstance, as you would call it ~ that if you were to meet up for any type of interaction with an entity who has taken on ten percent to your one percent of patience, then you can be certain that that was planned by both of you, you see.

And that can create all the conflicts.

Why Must We Have Conflicts On The Earth Plane? (August 03, 1993)

But this is what the earth plane is all about. It is only ~ if there were no conflict, there would be no earth plane. This is what the earth plane's mission is, is to help in, through conflict, the learning of issues and the balancing. You balance, there is no conflict, and you feel relief. And then what usually happens? Some other issue presents itself and a new kind of conflict comes in. You see, conflict is not to be viewed as negative. It is to be viewed as positive, to be worked upon in strengthening and growing.

But there is something wrong in this structure. Why do we need the conflict? 😊 Why can't we just sit and talk and then develop and make progress? Why do we need all this fighting and ~ we could grow without conflicts, can't we?

On other training grounds, yes, that is appropriate, for it is the way the training ground is maintained. The earth plane is not. It is a Work Planet. It is a work training ground. And whenever the word WORK appears before the phrase TRAINING GROUND, it means it is inherent that there are conflicts. Now, when we have made reference to the Water Planet, for example, we

have not called it a work water planet. It has a very different scenario set up for learning outside of The One, you see.

And thus, you have chosen the earth plane with your eyes wide open, as it is said, knowing fully well that these are the ground rules. And the very fact, my son, that you would find conflict in the conflict is an example of the validity of the concept of the earth plane as a Work Planet. You know, there are many entities who understand that what ~ first of all, what their favorite toy is, and that in order to make the toy closest to them, they must continually have opportunities that bring that toy into their being, and conflict is the energy that brings in the issue on the earth plane, and so you view this as part of the training, as part of the play.

There is the very fine line that all on the earth plane must ~ (unclear word), and that is knowing that this is all illusion, but knowing that because you are on the plane you must play in the illusion. You must live the illusion. You must feel the emotion that goes with this illusion. So, on the one hand, you believe it completely, for you must. And on the other hand, you believe nothing, for it is not real. None of this is real. We are not real. We are outside of The One ~ therefore, we are not real. Nothing. The Universal Consciousness is an illusion.

**The Bottom Line ~ Conflicts Are A Positive ~ Do Not Take Yourselves Seriously
(August 03, 1993)**

So, the bottom line is that no matter what conflicts we have in our life, do not take them too seriously.

This is the point for the entire sojourn. That it is like the coin, the flip. That you must indeed take what you do seriously, as we have said so often. To take Self seriously is where the difficulty comes in, and simply to take all that you do and know that this must be done, but at the same time, to laugh about it, for it is the joy and the laughter that helps to break the tension of the seriousness without taking away from the intention of learning and growing.

Being lighthearted is a toy from The Toy Box, and not all have taken on that toy. And those who have, of course, have taken on that toy in varying percentages. And thus it is that you meet such very serious entities, and you yourself may feel such seriousness. But even though you have not taken on the toy of Lightheartedness, does not mean that you are not able to see the flipside of the toy, to see the joy in the toy that you have chosen. It simply takes on greater effort.

It is, this toy of Lightheartedness, one that we encourage the majority of entities to enter in with. Some do not listen to us. They think they know it all and so we let them. However, that, too, can be changed. You know? Once you have chosen your Menu and you have been on the plane for a while and you look around and you see what others have in their Toy Box, you can say, "I do not have that in my Toy Box. I like that." You can go back, talk to your Angelic Protector, talk to your guides, renegotiate. Renegotiate. You can add in. You cannot take out. That is not part of the negotiations. ☺

The Appearance Of One Being Excellent In What They Are Doing Does Not Mean Perfection
(August 03, 1993)

When someone is excellent at what they are doing, whether it be in the professional field, or whatever their expertise seems to be, and they seem to have always been that way, could it be that in many lifetimes, obviously, that they have worked on this and they are coming to a perfection on the earth plane?

It is good that you put "on the earth plane" at the end of that question, for the way to achieve ~ the only way to achieve perfection on the earth plane is to have achieved the percentage that you took on. So, if you take on ten percent of patience out of one hundred, then you go through many lifetimes and you develop your patience. And your toy has now been thoroughly cuddled and used, and you have taken on the ten percent, you have taken on, then, to the degree that you can on the earth plane, of perfection of patience, realizing of course, that there is another ninety percent that still needs to be worked on. So, perfection of the totality has not been achieved and does not become achieved until return to The Oneness, for once the totality of one hundred percent has been achieved, it means that there is completion. This is the end of ~

Then someone who is excellent at, whatever it be, like Barjan and his music, does that ~ I am only using you as an example, Barjan. Like, if I started to play music, I would be there at ground zero.

In this lifetime, my love. You must remember, and this goes to issues of judgement, that just because an entity may not have, let us say, musical talent in a lifetime, does not mean that they do not have it. It simply means that it is not what they work on, or it means that, oftentimes, entities who have achieved the perfection of the percentage, let us say, of musical talent, and they wanted to develop particular abilities on the earth plane at a certain percentage, and they did it in the first few lifetimes around, and after that, then they can play with it whenever they want. There is no learning ~ it has been achieved.

And thus, you will find among you those who have achieved what they needed to in a particular lesson, and those who are working toward that achievement, nonetheless, have achieved a certain level of perfection, you see. Once one issue, one toy, has been played with to the extent of its usefulness, shall we say, as a lesson, it is placed back in the box and another one comes out, you see.

So, you all will have varying degrees. This is what it is all about, varying degrees of abilities. And what makes the conflict come into all of this is that so often entities look to what the differences are among each other rather than the similarities. And it is only when there is an ability to look for the similarities, is there a lessening of the emotion that goes with conflict. It does not mean the conflict will not occur. It simply means that there is not the same, what you call hostility, but rather, an understanding that, yes, this can be worked through, for there are many similarities, and not focus on the differences.

But, you see, this is very difficult to achieve for many entities, for immediately many would want to flaunt what they are able to do and to look at another in judgement and say, "You are not able to do this, and I am." And, therefore, immediate conflict of hostilities arises and there is no trust, but rather, simply the wanting to pick at each other.

But this is all part of the earth plane scenario. This is the way in which growth occurs, for eventually, it may not be in this lifetime, it may be several lifetimes away, that you finally break The Cycle, for remember the four steps in lesson learning that we presented (See Transcript 04.17.1990). So, you know not where an entity is in their cycle of learning a lesson, and as it relates to where you are in the learning of a lesson.

Would You Talk About Resistance Of Lessons~ Wanting To Shut Down And Withdraw? (August 03, 1993)

I have a question about one having resistance around their lessons and wonder if you could give me any advice on how to work through that. Sometimes an individual reaches a point in their path where they just feel like they want to shut down and withdraw. Do we nurture ourselves through them?

If another entity chooses to shut down in their path, there is nothing that you can do. As always, the only thing that any of us can do is to send the Light, not to impose the Light upon another, but simply to send it, to be available if the entity would so want to utilize that. Any attempts to impose ~ even the guides are not allowed to impose ~ and it periodically occurs that an entity will shut down on their path, and it can be cause for Self reflection, it can be cause of many, many issues.

But it is indeed the issue of the entity, and at earth plane level the best behavior is simply to emit a love and an acceptance of an entity and not to try and convince an entity that they should be doing something one way or the other, but simply to, through your own behavior, let the entity know that you support whatever decisions they would make. You do not have to agree with them, and you certainly do not have to become a part of the decisions that the entity makes, but that out of the love that you have for the entity as an energy, that you respect. And respect is the most important issue that any entity can develop, for out of respect comes all else. Respect of Self.

I think that my main focus of the question had to do with how to deal with resistance within ourselves, not observing it or trying to do anything around another's path, but how we negotiate our own blockages.

You could slap yourself around a bit. ☺

I am sure I have.

Indeed, you have. You all have. You know, when things are not going the way that you want them to go, not the way The Universe perceives that they should be going, you get angry with yourself, and oftentimes the resistance that you feel you might have is not truly resistance, but simply a reflection of, oh, a reflection, as best as we can describe it, of analyzing ~ reanalyzing what you are doing. And when this occurs at a higher level, it can put stoppages at all the levels.

It is an issue, my love, that we will give further discussion to, for it is an ongoing concern as part of the path of an entity and the growth along the path of how to deal with one's own resistances, knowing also that you will be meeting many others like yourself who are resisting. And you must be gentle with yourself, just as you would be gentle with another. And it is much easier to be gentle with another than it is to be gentle with Self and to forgive Self. So, we will follow up on that discussion. Indeed.

But when you consciously realize that you are resisting, then you are not resistant anymore.

There is partial truth to that, my love, but it is a bit more complex than you have stated, and we will most assuredly address this at a future time.

The Toy Box Of Lessons One Has Chosen (September 07, 1993)

Now. We, in continuing our topic for the earth plane year of Playtime on the Earth Plane, give to you in this session a discussion of The Toy Box in greater detail as it relates to playtime. Now, you know, to say Playtime on the Earth Plane, immediately conjures up an impression that it is all frivolous. And while there is that component, there is also the component of the earth plane simply being another game that must be played. And, in order to play the game, you must know the rules. Now, no one has set up the rules outside of yourself. There is no external source that has said, "These are the rules." The Universe has established the rules. The Universe is The Universal Consciousness, and as you all should know, who makes up The Universal Consciousness?

We do.

So, who makes the rules?

We do.

That is very good. Now. This is the responsibility that each of us as entities outside of The One must assume, that we are responsible for the rules. And just as we easily make the rules, we easily can change the rules.

Now. The groundwork has been set. The rules have been established, and you each, now, in this gathering, and those who would read this session, have chosen to come onto the earth plane. And prior to selection of the earth plane as a training ground, you were given the entire selection of training grounds. And you were then told by your Angelic Protector and the guides who are charged with helping to select training grounds, the pros and the cons of each training ground, and the rules that had been set up for each training ground, and the ways in which lessons are learned on each training ground.

They differ from training ground to training ground. Some training grounds are less intensive. Some training grounds do not have the acceleration that the earth plane has. The earth plane is considered by many, many to be the most difficult of training grounds. Others consider it difficult but no big deal. Others would rank this as the most difficult. It does indeed provide to you the opportunity for accelerated growth.

Now. Coming onto the earth plane can be a very serious business. As you all know, you are all so very serious about the lessons that you choose, with the help of your Angelic Protector and your guides. Now, to give you the flipside of this seriousness, we refer to it as a Toy Box, and in your Toy Box are the lessons that you select, your toys. You have each selected the toys that go into your Toy Box, with the help of those who would guide you. Now. With each toy comes a set of instructions. Now, who do you think has designed the instructions?

Us. We have.

But of course. Now. The fact that you have each designed your own instructions means that you each, then, have responsibility. It is not being imposed upon you. You are not being forced. You have selected your own toys and you have participated in the writing of the instructions on how to operate the toy, once you come onto the earth plane. Now. How do you go about selecting your toys? There is a very big toy store. This is the frame of reference that we would give to you. Now. You go to this big toy store and you press your little nose up against the window, for you are a new bright energy about to come onto the earth plane. It matters not the amount of experience you have had outside of The One, having gone through many different training grounds. You are new to the earth plane, and therefore, you are bright and bouncy. You have been given the pros and the cons of the earth plane, and you have believed the pros.

Now, you look with great delight into this store, and you have all of your toys from which to select. Now, some of you have more to learn than others. It means, then, that you must select more toys than others, for you may be, indeed, just coming out of The One, about to start your adventure in the Universal arena, or you may have been out for some time and simply need to have a bit more lesson learning. So, you look in and you have in one little wing that which are your passes that have been given to you by your Angelic Protector and your guides, that indicate the lessons that you must seek out to learn on the earth plane.

Now, those lessons take many, many forms. And the toys that you may gather for each lesson can vary from one major toy to many hundred toys, depending upon the depth of which you must learn your lessons. You go into the store, and you gather up all of your toys and you place them into your Toy Box. Now, they are to play with, as we have discussed in an earlier session. You have your favorite toys that you use in a particular lifetime, and you have your toys that are of descending order in favoritism in a particular lifetime. Now, having the toys is one thing, but how do you select these toys? How do you actually get to that toy store with the designated lessons? Who has made you do this? Who?

Ourselves.

You have each said to yourselves, "This is what I will do." However, it is not quite as easy as that, for you see, you must go into the archives of lessons learned from past entities. It is The Universal Consciousness that is available to each of us. And much research is conducted, with the help of your Angelic and your guides. Now. You go in and you look at the way in which another has taken on a lesson, for these records are available to all, and it is much as we describe this flicking of channels as we watch the earth plane go on ~ we will flick our channel and watch what is going on with Terra Lux. We will flip our channel and watch what is going on with Barjan, and ~ much like watching this television that you have where you flick to see how each story is going. You are able, then, to look at the way in which entities who have learned their lessons did it, and who helped them ~ how they did this ~ how they actually went about doing it.

Now, the trick in all of this is that you are able to see, much as you do on this television, what is going on. However, you do not feel. You are not aware of that emotion that the entity feels as they learn a lesson. And thus, when it appears that you may have taken on something that is very difficult, it looked easy enough when you watched it being done by another, but when you are actually doing it yourself, it appears to be much different.

And thus, you watch how others have done these lessons, and this is primarily the way in which you determine which ones you want to consider learning. The important word here is CONSIDER, for you now take an armful of books, as you would, or as can best be described, you know, your catalog of course offerings. For those of you who remember school on the earth plane, you had all of these different selections, and they occur on different training grounds, not just the earth plane. And you begin, then, to look at where these different lessons are offered and the intensity of the training ground that it will be offered in. And then, you have an opportunity to know who is the major teacher of that lesson, for The Universe sets up major guides who have been especially trained to oversee all of those who help in the teaching of each particular lesson.

Now. What becomes so similar to your earth plane experience ~ and remember the earth plane is a physical manifestation of a Universal Concept ~ you may like the lesson ~ you may like where it is being presented ~ but, by golly, you do not like the teacher. But you have no choice. You must attend that class, if you will. And The Universal Consciousness has a reputation building of who this teacher is. You go to all these other entities and you say, "What did you think of that teacher? And that teacher? And that teacher?" And you must form your own opinions as you

interact, and that part of the learning of a lesson is in who helps you to learn it, you see. And that when you first begin learning your lesson, you have not much choice in who is going to help you learn that lesson, be it on the earth plane in physical, be it in another training ground, or be it in a spirit training ground.

As you advance in your awarenesses, you begin to have the capabilities to specifically select who will help you to learn, as you complete that Cycle of Learning and are, therefore, charged with teaching those who would teach. And we give you reference back to our discussion on The Cycle of the Learning of lessons (See Transcript 04.17.1990).

Now. What happens when you come onto the earth plane to learn your lesson? You have seen it on the big screen in spirit, and you think, "This will be very easy." And then, like you would take any new class in school, you think on the first day, "Oh, this is very easy. I will not have any problems in learning this subject matter. It is all so basic. There is not much that I need to learn here." And as the lessons begin to unfold, the complexity begins to make itself known to you.

Now. The selection of your lessons, then, is in a continual state of evolution, for we know at the levels of our awareness that The Toy Box selection is done with this concept of "The eyes are bigger than the stomach." It appears that we can take on much more, and we understand this. And while you are first beginning your journey with your Toy Box, you are not aware that you can empty your Toy Box at any time. We have implanted that into your soul memories so that you have at that level an awareness that you can take the toy and put it away, give it away, if you want, at any time. If it is in the Soul memory, it ultimately will not be destructive to you if you were to let go of something, you see.

And thus, what you need to remember is that in the selection of your lessons, you are responsible from the very first time of awareness of a lesson to the letting go of that lesson. You can at any time say, "This is not what I want." Or at any time you can say, "I want to go further than I had anticipated, for I find this to be much more interesting and challenging than it appeared to be."

Now, we have the serious lesson learning and we have the flipside of it being joyful, for it is joy filled to learn your lesson and to know that you have selected this lesson yourself. How do you come to choose all of these? Well, how do you choose anything? You can select ~ there is nothing that says you must choose this, and you must choose that. Upon immediately entering out of The One into the encasement of The Universal Consciousness, you start playing the game. And what another selects is of no concern, for they may select many, many lessons and you may select one. That one may be a very big one. It may be a very big toy, and you carry that toy from training ground to training ground. Now. What types of questions might you have on what we have thus far indicated?

**Is It Possible To Eliminate A Lesson That Was Initially Chosen?
(September 07, 1993)**

Let us say the toy you have chosen is patience ~ or the lack thereof. You say one can exchange, or get rid, of that toy. How do you do that?

Yes. It is as simple as that.

Yes, but does that mean you have to take another toy?

Not necessarily. What it simply does is reconfigure the percentages of all the other lessons or toys that you have taken on. So, for example, if you let go of patience as an issue, and let us say ~ we go back to the percentage issue ~ let us say that you determine to take on for your earth plane sojourn ten percent of the total learning of patience, and thus far, through your various lifetimes, you have achieved five percent of that ten percent, just for rounding off now. Thus, you still have five percent. What happens, then, is that five percent out of one hundred has been achieved. The five percent goes back into your total, thus giving you ninety five percent, however, of patience to be learned. However, what then happens is that that five percent that you gave back on patience must be absorbed by the other lessons that you are currently carrying, or the other toys. So, the space must be taken care of.

Now does that mean that in another lifetime I am going to have to do the patience all over again?

No. What you have essentially said is that you are finished with patience on the earth plane for any lifetime. You have done five percent and that is enough. And the other ninety five percent that you have determined to take on will be learned in other training grounds.

So, it must be learned eventually.

Eventually.

So, in other words, I might have chosen thirty percent to be patience, just to get it over it.

Indeed.

Indeed. Which would be a big mistake. 😊

Some have taken on higher percentages. There are some among you. But understand the point here, that the five percent that you had left to do for patience on the earth plane has now been placed back into the Universal ~ your Universal component. You still have five percent of a lesson, however, missing from your earth plane sojourn. That must be absorbed by, let us say,

the issue of Unconditional Love, that you have determined to take on your earth plane sojourn fifty percent out of the total.

And in this particular lifetime you have accumulated thirty percent, meaning that you still have twenty percent of Unconditional Love to learn in your earth plane sojourn. That five percent of patience must then be distributed, so that you could indeed choose to have that five percent go to Unconditional Love, thus making you now thirty-five. You have completed thirty. You need twenty five percent more because you have added in your patience. Or, you could take one percent and place it into forbearance and one percent into any of the other issues that you might take on.

It Is Through Meditation That One Can View Progress Of Their Lessons Growth (September 07, 1993)

Is it possible to have a kind of map of what toys your selection is? Would that help in your daily task? In other words, if I had about thirty percent patience and ten percent trust ~

You do. You do have this. When you open your Toy Box, there it is. It is a progress chart. It is your growth chart, just as you have on the earth plane the little notches that you achieve as you grow taller, and for some of you, wider. You have the total growth of your physical encasement. You then have the total growth of your energy.

And this chart is available to you through your meditations. This is another reason why we emphasize so much the seeking of the answers from the Higher Self. The Higher Self, remember, is the key to the Soul, and in the Soul lies all of the information, but it is very easily obtained through your meditations. You simply would ask your Higher Self, ask your guides and your Angelic Protector, and "Show me my chart. Give me an idea of where I am."

One's Ability To Renegotiate What Toys You Have In Your Toy Box (September 07, 1993)

You know, renegotiation is the theme of The Universe. Everything is changeable. As you come into a situation to learn, it is not written in some type of stone that it must be that way, for energy fluctuates. Everything is interdependent. And as you all now gather, the gathering of your energies has created fluxation, has created a difference. You leave this gathering different from when you entered it, simply because of the exchange of the various energies. And your perceptions of what you need to learn, and how you need to learn them, changes. And you look into your Toy Box, and you say, "I have outgrown this particular toy." Or "I need to have something that will accommodate my growth in a different way." And you simply renegotiate.

It may appear to you that upon entering the sojourn of the earth plane, you need to take on the issue of patience. We will use this again. You need to really concentrate on patience, for from a distance it appears to you that it is such a major issue, and that, for you, you feel you must take on accelerated learning on the earth plane. Upon entering the earth plane, after several experiences with patience through many lifetimes, you step back and you say, "This is not quite what I expected it to be ~ it is not quite as difficult ~ and I would rather spend my time on another area ~ that now that I have entered into the energy of the earth plane, I see things differently, for this is not television. I am now the character. I now feel it. I now know it. I interact with other energies who also experience."

It is an interaction of the highest acceleration on the earth plane, where you have opportunity at physical level to place out in the open, spiritual awarenesses. This is not true on many other training grounds. There is not the awareness of the connection between the spiritual and the physical. This is the joyful part of the earth plane, that you can actually, physically feel and touch, you see.

Toys Versus Gifts ~ You Have A Minimum Of One Gift From Your Angelic Protector (September 07, 1993)

Are gifts, like in the gift of music, considered toys?

Oh, yes!

So, a toy and a gift are the same thing. In other words, different people are given different gifts to take with them. I mean, is there a distinction between a gift and a toy? For example, is there a difference between the gift of healing, per se, and the toy of patience?

Gift and toy. The toy can be a gift ~ just as you are given on the earth plane the gift of a toy, a plaything, from someone who would want to give you pleasure, so too are you then given gifts from others. They are different from the toys that you would select yourself. They nonetheless give you pleasure. Remember that toys give you pleasure. However, a gift is special, and it has with it a special energy. And each of you is given at least one gift from your Angelic Protector. Some are given more. It depends on how much ~ what is the phrase that I could use that Mushiba uses? It is how much you would play up to your Angelic Protector. What do you call this?

Buttering up.

Buttering up is a very good phrase. My love, thank you. If, after I depart, you would ask Mushiba the phrase she uses with her students, you would understand why I have chosen not to use that phrase. ☺

Now, you receive, then, a gift from your Angelic Protector of a particular toy. And it is through the minimum of this one gift that you spread joy as you go from incarnation to incarnation. It is that which is the overall Lightheartedness that you possess. Some have much more Lightheartedness that they have developed than others, but each has a very minimum Lightheartedness that helps to spread the light and the joy.

Now, the gift is a spiritual manifestation of a lesson. So, thus, you could be ~ we will go back to patience as a lesson. You have this lesson of patience. But the gift that has been given to you ~ and we will be specific for examples here ~ for Barjan, the gift is sound, and the gift is being able to hear sound in ways that soothe the energy of Barjan initially as the issues of patience come into existence, and also, the gift to spread the sound to others who would have difficulty in learning lessons, not necessarily the same lessons of patience, but the ability to spread Lightness through sound to help others in their learning of lessons. And Barjan, you have already exhibited this capacity with your music and will continue to do so. It is a gift.

The gifts usually present themselves in ways that are creative, as you would perceive it on the earth plane, that usually relate to color and sound, and relate to the ways in which the illusion is presented to those around each of you, that which is concrete, the ability to bring beauty into the environment. And each of you has that ability to bring beauty into your environment. You have the minimum of one gift, and that gift comes from your Angelic Protector and follows you through every incarnation on the earth plane. In some way, it is there with you.

It is the underlying current, if you will, that makes the earth plane bearable and makes it a playground at times, for you will periodically be given the gift of a Play Lifetime on the earth plane, in which you concentrate on your gift. This is what comes through the most. And it works in harmony, then, with each of your toys. Some of you will have several gifts that work in harmony with various toys, but always remember you have a minimum of one gift from your Angelic Protector.

Is there a correlation between the numbers of toys you are choosing in your entry and the number of gifts you are getting? So, the more toys you choose, the more gifts you may get to make it easier for you to work through the issues?

Not necessarily, my love, for you may not have buttered up your Angelic enough. You may have ten toys, and really, really worked on your Angelic and have ten gifts, or simply one gift, or five. It really is up to each of you, you see. We are not immune from being bribed. ☺

How can we do that?

Well, it is very easy.

What is the best way to butter up an Angelic?

We do have our price. ☺

Can we get gifts after we have entered the earth plane?

Oh, indeed. You see, once you learn the game, be it the earth plane game or the spirit game, you learn from others who have buttered up their Angelic, and you meet another entity and you say, "My, you have so many gifts! How did you get so many gifts? I only have one gift." ~ "Well, this is how I did it. And this is what you have to do and say to your Angelic." They all respond to similar kinds of stimuli.

You do it with your earth plane teachers, do you not? You learn what the hot buttons are. We are no different. You know, because we speak from a higher realm, a realm that you cannot physically touch, it does not mean that we are any different than the physical realm that you have experience with, your frame of reference. The frame of reference has been presented to you so that you will understand the realm in which we operate. There is nothing mystical about us. And thus, you can get as many toys as you want once you come onto the plane. You see how others do it. We rather enjoy being bribed. We have a wish list.

We always like the attempt. That is the joy. It is the attempt at buttering us up that we enjoy, and the fact that you attempt to do it is guarantee that you will do it, you see. It is not taking us seriously. An Angelic has a serious mission of protection, but also has the mission of Lightheartedness. And there is nothing mysterious about us. There is nothing foreboding about us. We are just as you, except with a different mission. And our awarenesses have been gained through experiences that you can choose to have or not. We rather enjoy the game, and we will be talking more of the earth plane game in a session to come soon, at your local theater. ☺

Can We Go Overboard In Wanting To Learn A Lesson, It Then Becoming A Compulsion? (September 07, 1993)

Ah, my love, spoken from the Virgo perspective of the astrological entry. Yes. Compulsion is a lesson in itself, you see, and each toy has a compulsion aspect to it. And, you know, it goes, again, to the teeter totter. We use toys to help us illustrate the lessons. The teeter totter, you must go up and down, up and down, to balance. And compulsion is an extreme, and in order to balance, there must be the extremes. You must go up ~ you must go down. You must go up ~ you must go down, until you finally come to equilibrium.

And thus, if you find yourself in a compulsion, be it for the entire lifetime or only on a particular situation, or a particular time frame, do not be angry with yourself, but rather, to view this as progress in the learning of your lesson as you reach equilibrium. But also, to view it in the perspective that when there is the up and down, the highs and the lows, it creates a tremendous

amount of energy expenditure, and that the goal is to achieve as near equilibrium as possible, but that the compulsion may indeed be for the entire lifetime.

Selecting any of the astrological signs, as you know them, those entry energy times, have, as you have come to know them, the good and the bad, and that each of those energy configurations you must balance. You know, it is all not negative. And being compulsive, you see, also, to you, may not be compulsive. To another, they may view that as compulsive. And thus, it takes on relativity. If you view it as compulsive, then it is. If another views it as compulsive, but you do not, then it is not. It is only when you view it, for then you know that you are in a state of disequilibrium.

And thus, growth is occurring as you strive to achieve balance, if you know this and you say, "I am being compulsive. I know I am being compulsive. I do not care that I am being compulsive. I work on being compulsive. It is my compulsion, and I will be it if I want to be." You have acknowledged it. If someone else says to you, "That behavior I think is very compulsive." And you say, "But what do you mean?" Then there is no issue except that the other entity has an issue. We deal with this with Mushiba all the time. We know of what we speak in this area.

Are All These Decisions Made At Conscious Level, Higher Self Level, Or Soul Level? (September 07, 1993)

Oh, they are at all levels, my love, but initially they are at the very highest of the Soul Level. The Soul makes the major decision. The Soul makes the decision as to "This is The Menu that we will take on." The Higher Self, then, becomes involved in being the agent for negotiation, for then the lower levels, including the conscious level of which you find yourselves now, are the chief negotiating levels. And they use the Higher Self as that negotiating tool with the Soul.

This is another reason why we say that connection with the Higher Self is so critical, for it is the Higher Self that listens to the Lower Self when these negotiations take place. And it is the Higher Self that then says, "Yes, I will go talk to the Soul." So, it is so important that you have a good working relationship with your Higher Self. All the levels get involved, however. It is not just one, one level making a decision for the entire energy that you are.

And, you know, speaking of negotiation, Mushiba has not stopped negotiating with us for the time on the plane, you see ~ and so, understand that we plan to be with you for A good number of earth plane years. However, the negotiation is still taking place there. And you are all able to do that with yourself, to negotiate and to change your game plan, to reconfigure that which is in your Toy Box.

Can The Lessons In Your Toy Box Be Traded In? (September 07, 1993)

For those of you who would be honoring us with your presence in our next session, we will have a playtime. It will be a celebration of the changing of the seasons on the earth plane, and there will be most interesting earth plane changes coming now as the acceleration accelerates on the planet. And we would ask you to bring with you your favorite toy, and we will not define for you, toy. You may bring your favorite toy ~ you may dress as your favorite toy ~ you may act as your favorite toy. But we will play with you, as your toy. And we will have for you a vibrational Toy Box, and it will be an opportunity for you to perhaps select a new toy and put back an old one.

You can trade ~ like in a flea market.

Yes, you can trade. We understand this frame of reference, and you could do this. You could bring in something that is old and used and not of value to you anymore, but may be of value to someone else, and put it on the block. We will have all in The Company with us at that session, the other six, ready to play and negotiate also. And all of your guides and Angelic Protectors will be in focus during that time. It will be a most energy filled session, and much negotiation can occur, if you so desire.

The Toy Box ~ A Symbol Of Lessons You Have Chosen To Bring Onto The Earth Plane (September 21, 1993)

You know, my loves, now, we plan to discuss in this brief time with you in this session, The Toy Box, a bit of an elaboration and a bit of fun to have with The Toy Box, for we have indicated to you that The Toy Box is simply that symbol that is used for the containment of all of the lessons that you have chosen to bring onto the earth plane sojourn in which to work, and that within your Toy Box, you have your toys, and you have favorite toys from one lifetime to another, and that your toys are merely your issues, your lessons that you need to learn.

And to keep things lighthearted, as we do try, we want you to look at your lessons and your testings as a positive rather than a negative. Thus, we indicated that we would want you to bring your favorite toy with you to this gathering. Now, there are a few of you who responded to us quite literally. You did, indeed, bring your favorite toy. Some of you brought each other as your favorite toy. And indeed, you know, balancing that occurs between entities in lifetimes is no less a toy than the issues of patience that one would take on, or the issues of tolerance. Some of you have, in bringing yourself, have indeed brought your favorite toy ~ for ultimately, my loves, you are your own favorite toy. And, at the risk of buying into the vernacular currently on the earth plane, you therefore have the capability of playing with yourself!

Now, we have a very favorite entity here who is a toy to those who he came in through, and the toy being a most joyful lesson to be learned as a result of his entry in. And we have conned another one onto the earth plane. ☺ Yes. You see how happy he appears to be now. He does not know. But, you know, we were all, in one way or another, convinced by the higher sources to do what we do. We were convinced, you know.

When I came out of The One and started off in The Angelics, I was a Cherub ☺ and it is on the record that I was a very errant Cherub. And, you know, we tell you this in emphasis of the fact that to take oneself seriously is an impediment to the entire experience. The lessons need to be taken seriously. That which you do needs to be taken seriously, but you must be lighthearted about yourself and laugh at yourself. You certainly have much to laugh about. We could tell you stories about our experiences that we laugh about, but, of course, as we were experiencing them, the seriousness of it can, indeed, creep in. And as we had been preparing for our mission with all of you, and through Mushiba, we wanted to find certain symbols that could best express our attitudes, if you will, and our perceptions of this entire issue of lesson learning.

There are many now on the plane who take their spiritual path in a most serious manner. They are very, very serious about this, to the degree that they do not laugh. They do not have fun. They do not feel lighthearted. And this, my loved ones, is appropriate for those individuals, and they are not to be judged for this, nor criticized in any way. Those who would come to hear our words and who would read our messages, as time progresses on the plane, are those who are looking for the lifting of seriousness without jeopardizing the mission of learning the lesson.

And thus, to utilize your lesson as a toy makes it much easier to look at concretely, first of all, and secondly, to look at with the right perspective that you have chosen this ~ you have chosen to take on this particular lesson. And that if you have this concrete symbol, this toy, that you can visualize ~ and remember we have given you visualization techniques relating to toys, your favorite toy ~ it gives you some concrete area that is by definition very abstract. And as you meditate, you are then able to take the concreteness of your toy and bring it into the abstractness of your meditation to give it form. You see, it is very easy to talk about abstractness, and for some they are able to conceptualize, but for most, abstract ideas, abstract issues, are difficult. And, thus, form must be given.

Some Examples Of Toys One Has Chosen To Work On (September 21, 1993)

(Someone hands Waith a Pooh Bear) Now. We have to hold this. You know, as we feel the energies about us now, we sense the hugging of the bear. Is this a bear? Pooh Bear. Pooh Bear. Yes, we go to Mushiba's memory banks and access that. Pooh Bear. Yes. Now, why, my love, is this your favorite toy?

I have to learn to become lighthearted.

And why does this represent to you, then, that issue?

It makes me laugh when I look at it.

It makes you laugh. And, it enables you to hold onto this, you see. It is a most appropriate symbol, for you are able, then, to what you call cuddle, and the issues of Lightheartedness and to laugh are what you work on now. And thus, a most appropriate symbol.

What other favorite toys? We sense one other concrete toy in the vibration. We perhaps access something that you do not realize you have with you.

I think this cup ~ I often find that a cup of coffee, this is tea, but the cup with the liquid in it is helpful.

In what way, my love?

Ah, just in a calming fashion. It just makes me feel better to have a cup and be drinking from it.

And what do you think it represents, then, to you for issues?

I am getting the sense that I should be saying that maybe some of my issues are sort of dissolving as I drink the water.

Ah, very insightful, my love!

You gave me that idea to say.

Not I. Not I. Your own thoughts come from Self. We may give a bit of prodding at higher levels.

Well, that might be what you were sensing, with my cup here.

Indeed. Now. You know, the others in The Company are gathered about for this session, and two in particular have planned a bit of information for you that relates to The Toy and Lightheartedness. And interestingly enough, while, of course, you know one is Farena, the other ~ surprise, surprise ~ the other is Francis.

Now, it is well documented from the time when Francis first began speaking through, of his seriousness, even though he has an energy line throughout many incarnations of Lightheartedness. Those were issues that he worked upon. And since joining our forces in Waith and Company, he has lightened considerably and would like to share with you a bit of that evolution that has occurred, from being Francis to very joyfully now being referred to as Frank, and a few other nicknames that we perhaps will not place on the record at this point in time. So Frank is going to speak with you first and then Farena will speak with you and share information, and then we shall return.

Do We Have The Ability To Change Our Lesson Plan From The Menu?

(March 01, 1994)

Oh, indeed. Oh, yes. It would be no fun for us if there was not the ability to change. Entities can change in any number of ways. They can add or they can delete. And it is a constant availability. It is not a situation where you are given a particular moment when you can make changes. It is entirely up to the path that you want to journey down. When Menu changes, however, are asked for within Self, it comes then to The Universal Consciousness, and it is not simply an on-the-spot decision made without looking at the effects of the whole, but then nothing that any of us do is done without the implications to the whole being considered.

And thus, The Angelic Protector and the guides are all part of the way in which this is discussed. And it can happen very quickly, and it usually does, as you would measure it on the earth plane in time, a very short period of time. And if, for example, you decide to eliminate a particular Menu item, it does not mean that at some future time you could go back and bring it back into your path. So, the flexibility is limitless.

The Menu items themselves are not just tools, but they might also be lessons or experiences that you wanted. You can come in with some planned experience and eliminate them later on or add to them?

Indeed.

Working Through The Menu Items Your Identity Has Established As Appropriate For Your Path

(July 19, 1994)

In order to work through, then, The Menu that you have established as appropriate for your path, you begin to, let us say, "Take one item off The Menu and work at that." It is perhaps learning about gender differences. You say then that you will enter into different training grounds in the various genders that are available in each of the training grounds. The earth plane at this moment in its experience in this illusion has only two genders. A little tidbit for future discussion that we give out to you. Other training grounds would have different types of genders. You determine then that you will come into the training ground as many times as you need in various genders to learn the lessons.

You may take on the issue of patience. You may take on the issue of judgement, in ways that relate to the type of identity that has been given to you. However, in order to complete each of those Menu items initially, it is necessary to focus on that one particular item. And as you begin to eat your way through your Menu, shall we say, and you have tasted each of the items that you have selected, it is then time to bring them all together and begin to mix them. And oftentimes, that is done with one and two items coming together, and then you bring in a third item, and you then you bring in a fourth, until you have finally taken all of the items you have selected and are able to use them in harmony, working one with the other. And thus, the

Overview of Self begins to take effect. And the goal in the return to The One is the ability to begin to see the Overview of Self.

Many entities have the mistaken idea that their goal is to see the overview of The Universe. This is ludicrous. No entity has the ability to see the overview of The Universe except for Amelius and the other four who run The Universal Consciousness. They see the total picture. We are each able, however, as we expand our own awarenesses of Self, to see the larger picture of how we fit into the larger picture, and to understand that any information that you have has a larger awareness to it. The goal, then, is to reach the point of return to The Universal Consciousness when, in that very instant, there is complete understanding of all that is. And when you have that complete understanding, you are brought back into The Universal Consciousness. That is the goal.

The Circle Of Teaching And Learning Does Not Begin, Does Not End. It Is A Circle (March 07, 1995)

We as humans accept truth as presented to us by teachers, because we feel that they have the knowledge or experience that brings them to this truth. And to visualize truth within ourselves is really a radical way of thinking that we have to adjust to.

Oh, indeed. But, you know, the more one teaches the more one realizes the need to force the student to think for Self, and therefore, teachers set up students by giving certain kinds of information that force the student to question the teacher. You are not truly learning until you question the teacher. The teacher is not truly teaching unless the teacher forces you to question, for it is in a teacher's strength that they would acknowledge they know nothing. When you realize that you know nothing, but yet you know everything, you are truly on your path toward understanding. The stronger a teacher is, the easier it is to be challenged and the more a teacher wants to be challenged. "Well, explain that to me, please," the student says. Oftentimes, the student will then surpass the teacher. And that is the way it is meant to be, for then the teacher becomes the student. It is only in that circle that growth occurs.

We have, from the very beginning of our time with you all, stressed the importance of asking questions. It is why we like to spar, shall we say, in Public Sessions. We like to bring out the challenges the questions ask. We like to banter back and forth. Sometimes you may feel a bit like a mouse with a cat. You know, the cat is going back and forth with the mouse ~ playing, you see.

Think of your own situations in which you have an understanding of something and perhaps you are a caretaker for a child. The child asks you a very innocent question, and you might be in the mood to play a bit with the child in the question that was asked. You set up the child. You say certain things that will force the child to either question or to go about and have an experience based on what you said that will truly teach the child a lesson rather than simply to have been told. Most entities do not learn through the exchange of information. They must learn through

their own experiences. Oftentimes, information is given in a way that forces an experience to come about that will truly help you learn rather than to have been given the theoretical.

The circle of teaching and learning does not begin, does not end. It is a circle. One has not completely learned everything, even though there may be areas in which there is a high understanding that has been achieved. Even having completed an earth plane sojourn does not mean that one has learned everything. It simply means that you have learned what was needed to be learned on the earth plane sojourn.

It is difficult for many students to understand the concept of finding the truth within. The teacher is simply a facilitator. The teacher has an interpretation based on its sources of information. Some of those sources may be of a very high level, and therefore, you would view that as valid. Others may view a particular teacher as not having the valid information that they need, even though another student sitting right next to them has completely different opinions of that teacher. That is all right.

You seek the teacher. That is one of the truisms that comes from The Universe that the student finds the teacher, not the other way around. Teachers do not go out looking for students. The Universe sends each of us to each other. As we need information, we are given the source that will help us along our path, even if that source turns out not to be what we need. In the short term, it brings us at least into the path of seeking until you eventually find a teacher who will give you substantial amounts of information. When that teacher no longer can give you information, you part. Remember that if there was not a parting of a relationship between the student and the teacher, and the students kept accumulating, there would be only one or two teachers around. They would have all the students. It would get very crowded and no one would learn anything. The teacher could not give out information adequately for there would be too many.

So, it has to be a coming and a going. There has to be that movement away from a teacher. Hopefully, at some point, you understand that it is safe to question the teacher and to find your own truth and not be told what the truth is. No one can tell you what the truth is except for Self. You can hear guidance about truth, but only you come to what is true for you, and that guides you in all of your behavior. That gives you, then, a responsibility to be a teacher if a student comes to you. Whatever we learn, The Universe expects us to teach it. If we do not teach when called upon, The Universe has its little board up there of good and bad. This was a good behavior. This was a bad behavior. You do not want it to become out of balance, for if in too many times you do not respond when asked, it will eventually catch up with you. It is critical in the balancing for each of us that what we learn we must, therefore, teach.

**Teaching At Different Levels Of Understanding
(March 07, 1995)**

A teacher may know many levels of truth on a particular subject, but knowing the student is capable of understanding only a certain level of truth. Is the teacher not justified in relating only that truth that the student can assimilate?

That is part of the responsibility that goes with being a teacher. That responsibility is in understanding what the student can assimilate at any point in time. Some teachers are brought to students who have very strong needs for many levels of understanding, but they are only at an introductory level. The teacher, however, has a level of understanding that is much higher ~ therefore, must teach at the level that the student can understand, thus bringing them into each new level. There are situations, however, in which a teacher knows only the level to which the student requires. So, let us say that the student requires a very elementary level of information. They may be brought to a teacher who also just has a little bit more than an elementary level, just a very slight level higher. But in the teaching of that level to that student, the teacher then elevates Self.

Therefore, each of us, each of you here, and all outside of The Universal Consciousness, in teaching your own levels of understanding therefore increase your levels of understanding until you become a high-level teacher. High level teachers are not to be put on pedestals. They are not to be placed in awe. It simply means that they have much greater responsibilities now. It is very difficult when a teacher reaches a level of awareness that encompasses many, many, many levels, to then bring the teachings into levels of understanding that are lower than their highest level. It is very difficult to do that. Yet, the better you are as a teacher means you are able to adjust to any level that is needed for understanding.

With regard to balancing, if we accumulate a lot on the good side, does that mean we have to go out and get bad to balance it out?

That is not really a problem, my son. ☺ You know, The Universe is run by, in this particular time frame outside of The One, five very astute energies. They have properly placed situations into the entire illusion outside of The One that give you plenty of opportunities to become out of balance in both ways. There is no entity outside of The One who has not been out of balance with the bad. It easily can be brought back into balance with the good. It is the way in which the duality has been set up. The dark and the Light, you see. So, that has not been a problem, at least in the position that ~ I have been outside of the consciousness. Whether that situation has occurred in other illusions, I would not have that knowledge. I do not have that knowledge.

I just wanted to be clear that the overall goal was balance, rather than accumulating massive amounts of goods. The goal is to balance all the time.

Well, yes, indeed. Accumulating massive amounts of good. ☺ That is very interesting, accumulating massive amounts of good. Hmm. We find that rather an interesting statement. Massive amounts of anything is never good, you see. It is the balance that is necessary. In the balance, you do not have to worry about having too much or too little, you see. Just right. What was that? The baby bear's porridge was just right. Yes.

Waith Discusses How He Is Learning At His Level
(March 07, 1995)

I was just thinking that the balance fits very nicely with the teaching pace. One of the things that I find with teaching is that I learn from everyone I teach, so that I often do not even think of myself as a teacher but just another person.

Yes, indeed. The experienced teacher has just what has been described, that sense of learning. If we are not learning, we are not growing, and we do not know everything. Knowing everything means we are back in The One, and then it does not matter, you see. Every level of understanding, regardless of its awarenesses, regardless of its height, needs to learn. There is always something to learn. We could give you an endless list now of what we have learned as a result of speaking through Mushiba at Public Sessions. Understand that what we do in speaking through Mushiba was a new experience for us. We have not done this before. We have taught in other ways. So, it was new. We have learned and we continue to learn. We find it quite, quite enjoyable, these Public Sessions. It is why we disseminate our information in this way. There were many ways that we could have done it, giving out the information, but we thought this would be a rather interesting experience, and it has proved to be a good decision.

We enjoy going back with some of the others in The Angelics and comparing notes, for others do as we do also, and giving some of the humorous stories. Some of the questions that are asked ~ even though there are many questions that we anticipate and indeed help you form ~ we are sometimes surprised, and that is good. It is good that the student surprises the teacher at times. It keeps the teacher on their toes, or in our case, on the tip of our wings. It keeps us fresh, you know.

At one time when you first began speaking, you said that you were very surprised that we had so many questions. Didn't you know that from before? Wouldn't you know that?

No. That is something we learned.

Please do not go back and start a union. We have enough of them in this reality.

As we understand that concept, especially from Mushiba's vocabulary, we would not have any need to have a concept of a union, for there is harmony in our groupings and no need to outdo the other. This is not true, however, in most other energy groupings. The Angelics, though, do have their own disharmonies, but not in the same way as you on the earth plane have. So yes, my love, we knew that this particular way of disseminating information would be an interesting one. We were reassured by Amelius that it would be interesting, and he thought that it would be a good experience for the group who works with me also to have. He explained that there would be many questions.

When you reach a certain level of understanding, and if you are away from the levels that need understanding, you forget that there is so much that needs to be explained. It is why it is important for teachers to always be in an arena of not just advanced students but beginning students, to keep the teacher fresh, to keep them vibrant, to keep them at an understanding of what it is like to have just the beginnings of the understandings. Each of us was at that level at some time. No one comes in with complete high understanding.

Thus, we were quite surprised at the number of questions and the kinds of questions. It was the caliber of the questions that surprised us a bit. The caliber of questions has changed in recent sessions. They have become much more intense and much more grounded and not frivolous, shall we say. The questions in many cases are quite profound.

We have also learned how to work with you in formulating your questions so that there are certain questions we would like to have placed on the record. As our information is disseminated, the questions we have come to realize are important will be placed on the record, and those reading our information in the years and years to come will have an understanding that they are not the only ones with a question. They will read it and say, "Oh, yes, that was what I was wondering also," you see. That is important. So, we have learned how to work with all of you in an understanding of what your real questions are and to help you in Public Sessions often to ask the questions.

The Importance Of Giving Respect To All Who Are Different From You ~ Changing Attitudes (April 04, 1995)

It is one of the major lessons of sending Light to Earth during these Earth changes. The differences among you become more and more pronounced now. The lines of battle are drawn now more and more between those entities of difference. It is an exaggerated time. Giving Light to Earth, as we have given you in certain techniques ~ and the use of the Spring Meditation, the music ~ will help you to reach higher understandings of the reasons for not highlighting differences, but rather to embrace the differences. Erase the battle lines, for surely those who remain on the plane as The Shifting occurs and the cleansing is complete, will be those who see no differences, but embrace everything in a sense of similarity and not hostility. Those who are not able to do this will not remain. It is as simple as that.

We bring this message to you now so that you begin to prepare. When we have spoken of attuning your vibration to that of the planet so that you are ready to be part of the new vibration, it is more than simply words and nice little fluffy things to listen to. It requires development on your part, changes of attitude. It is those attitudes that affect the energy of the earth. The new energy of the earth, as it is now developing, will not allow certain attitudes to remain on the plane. If you continue to hold onto those attitudes you will have to leave. It is as simple as that.

We give to you this message. We have been asked so many times, "Waith, what do I have to do to reach higher awareness?" We have said to seek the answers from within yourself. That is truly the answer. However, one of the concrete manifestations of this seeking of answers within Self relates to attitudes. Remember that in our GUIDELINES FOR GROWTH that we have given out, and many of you will remember, the very first one is RESPECT OF SELF. It is RESPECT OF SELF that then brings about RESPECT OF OTHERS. In order to RESPECT SELF, you must change your attitude about Self, for only then can that attitude of Self reflect onto others.

If you view the world around you in a negative way, then you will project that to others, and that negativity will be reinforced within Self. If you view each entity with whom you come in contact as an enemy, or as someone to laugh at because they are different, then that is a reflection of Self, that you do not view Self in a strong positive respectful manner. This is the road to higher understanding. You can go within Self all you want, but unless you change Self, you will be getting the same old garbage within Self. If you do not change Self, there is no growth. The change within Self has to come from outside of Self, where you consciously and deliberately change your attitudes about those around you and the world around you and your place in it. It is entirely up to you as an entity ~ no one else.

Whether you stay on the earth plane is entirely up to you. The Universal Consciousness has given its directive in terms of what type of energy will remain on the plane when The New Illusion settles in. That is all there is to it. If your energy has acclimated itself, then that is all there is to it, you will stay, regardless of where you are on the planet ~ safe, unsafe, water, land, ozone, wherever. If your energy is attuned and you want to stay, you will. It is as simple as that.

It is all very wonderful to say, "Give Light to the Earth." Well, you better make sure that the Light you are giving to the earth is a High Light. The High Light of the earth. Ah, it has the makings of a song. Eh, Barjan? He humors me.

This is a serious message, but it is nonetheless a message to be viewed with lightness, for the interesting component of all of this as you begin to change your attitude is that you naturally become lighter. As you begin to not see others as a threat to who you are because they are different from you, you become lighter. As you become lighter, it feeds on itself, the lightness. And it feeds and it feeds. As that light within Self increases, the ability to give Light to others increases, and the giving of Light to Earth then is magnified.

That is our message for you in this session, our basic simple message. It is Unconditional Love. That is what it comes down to. Easy to talk about. Much more difficult to practice. Any of you who have been the object of prejudice or discrimination because of who you are knows exactly what I speak of. But interestingly enough, those who have been subjected to discrimination do not always treat others unconditionally. Discrimination is a human condition. It is a condition of many of the kingdoms that exist in what you call nature. It is part of the learning of lessons in this particular training ground, and it reaches an exaggerated form at this time in an illusion. More and more prejudice, more and more discrimination appear, only to show the ugliness of it, only to show the lessons and for the opportunity then to be presented to you to combat it.

Creating Negative Energy Cycles ~ And Breaking Them (April 04, 1995)

Most on the plane would not be involved in major changes in other's awarenesses, but rather, within your small communities, your small groupings. You no longer allow jokes from those around you that deride another because of who they are, and where they come from, and what their attitudes are, and what their lifestyle might be. You say, "I do not want to hear that type of joke. I do not find it amusing. I find that it in fact reinforces a stereotype that I will not adhere to." Say that to someone and see what type of reaction you get. It takes courage to say that to another. It takes courage and strength to be most often the only one in the crowd who wants to say anything, who dares to say anything. If you jokingly say, "Oh, you know, I am very ugly because I am too short ~ or too tall ~ or too thin ~ or too fat." You joke about that ~ you begin to believe it. Others will believe it, and you have created your own negative energy cycle that only you can break.

Well, you have the opportunity to do this with others. They may laugh at you when you say, "I do not want to listen to this." And they may say that you are a ~ what is this ~ party pooper. Is that correct? Party pooper? Pooper. Interesting. You would have several options. You could then begin a debate, which there are many of you here who would find that to be a most interesting response. Or you could simply walk away from the group and say, "As long as you are engaging in this type of conversation, I will not be here." And simply walk away. It takes a great deal of courage to do this. This is where true growth comes from, behaving the way that you talk. Talking is quite easy. Implementing what you talk about is much more difficult. Would you have questions, perhaps, about this?

[You can kind of sum that up by saying practice what you preach?](#)

Well, yes, my love. It is not a new idea. We do not present to you any new idea here. This is a message that has come through throughout the history of the earth plane from illusion to illusion. As people like yourselves gather to have greater harmony within Self, and greater understanding, you hear the words, and you begin to speak the words. That is a most important first step, to speak the words. Hear the words. Speak the words. But that will only do you for so long. Eventually, you have to start acting upon what you say. When you are ready for that, you will be able to do that.

We do not recommend that all of you go out now into your work place and your social environs and begin to hammer at certain entities unless you are ready for it, unless you do this in the Light. You do not go out and attack someone because they have said something to reinforce a stereotype, for then you would be guilty of the behavior in which we have been saying you must rid yourself of ~ looking at those who are different as not good. Rather, you come into the environment in the Light, and you approach it in the way that feels best for you. You can smile at the individual and say, "You know, I would rather that you would not speak that way. It offends

me." Then you take it from there. But unless you are ready to do this ~ only you will know this ~ you must not just jump into something because it has been said to you. You must take this within Self and evaluate it for how it feels within Self, for you take on the consequences of your own behavior, and you best be prepared for those consequences of your behavior in this particular arena.

Does Being A Leader Include Recognizing That Sometimes No One Follows?

(April 04, 1995)

Oh, indeed. On the earth plane there is a perception that leaders can be trained, that if you are a follower, you can be trained to be a leader. In certain earth plane situations that is an appropriate understanding. However, in situations where significant change of systems and massive attitudes are concerned, the leaders come from a higher realm of understanding. They have a spiritual guidance.

You will find that those who have affected massive change on the earth plane over the history of, and your understanding of, history, have had guidance coming from higher sources. Now, the guidance may not necessarily be of the Light, but it comes from a higher source. Remember that the guidance from higher sources can also be of the dark. But the leader can be a dark leader, or a Light leader. There should not be a concern as to whether or not you have followers. If you are truly meant to affect change, then that will happen, if that is the guidance that you are coming from. If it is something where you have to force others to follow you, then it is not.

As we have indicated before, the entity known as Hitler, in your most recent history, was guided from higher sources. They just were not particularly Light higher sources, you see. In The Angelic Kingdom there are The Angelics of the dark and The Angelics of the Light. We have talked of this. The battle ground is drawn between the dark and the Light.

If you are meant to affect change, you simply will. It will happen. Part of the learning of lessons is bringing Self into the Light, but in order to do that, you are in the dark at some point in your lesson learning. That is simply the way it is when you are on the earth plane. Quite, quite simple.

Throughout Our Incarnations, Can We Go Back And Forth Between Being Leader And Follower?

(April 04, 1995)

As we go through our series of incarnations, can we go back and forth between the role of follower and leader, or once we get into more of a leadership type of incarnation, do we tend in the future incarnation to continue like that?

It does change as lessons are taken on. Quite some time ago we gave a discussion on THE CYCLE OF LEARNING ~ (See transcript dated 04.17.1990) ~ that indicates a four-stage cycle of learning lessons. Followers is part of it, and then leadership is the ending part of The Cycle, and that you can be in

various stages of The Cycle at the same time in a particular incarnation. As you become closer and closer to your final time on the plane, you take on more of a leadership, for you have reached that point in The Cycle of Leadership. But you can be a leader in some situations and a follower in other situations.

You may take on a particular lifetime in which you want to learn how to really be a follower, when, in the lifetime just prior to that, you were a very strong leader but you wanted to learn more about following. Thus, you can move back and forth, back and forth, until you reach a level of comfort. Not all entities choose to be leaders in the sense of the way you understand it. There are many who want to simply follow because of the types of lessons that they have taken on. But that is discussion for another time.

We are nearing the end of our stay here as we receive the energy from our timekeeper. One of the pleasures that we have is that Barjan will provide some music as we are departing. It will be part of the energy that you will feel as we give you a parting energy, to help you to lighten. You know, it is predictable that the next Public Session will be a rather frivolous one, if any of you have followed our pattern over time. When we levy a heavy session, the next one is generally quite frivolous. It does not necessarily mean that Farena is coming, but it does mean that some of the others may come in and fluff you up a bit also.

Take what we have said in this gathering and absorb it. Look at Self and look at your attitudes. That is the most difficult thing to do, my loved ones. That is truly the only way to grow, to look at Self as realistically as you can. Ask for guidance from all of your higher levels, and trust in Self and RESPECT SELF. From that, you cannot lose.

Will There Be Times When We Can Expect Our Work To Be A Little Easier? (November 21, 1995)

On the path to that illusion change, last Saturday, November Eleventh, was a very significant day in the sense that Pluto moved from Scorpio into Sagittarius. Can we expect a little easier work of clearing of ourselves, our understanding things?

No. No, absolutely not! There is not going to be that situation occurring between now and when the axis shifts. No matter what any planetary alignment analysis may give you, it is not going to happen for those who have taken on an accelerated path. There are many on the plane who will simply, very easily, leave when The Shift occurs, and they will not be feeling any effects of all of this cleansing. They may feel minor effects, but some are very new on the plane and have not had much experience. Their path is very new, and there is no reason for them to be involved in an illusion change.

Most who are drawn to hear our words, who would read our words at this point in an illusion, are those who have taken on an accelerated path and who are working quite diligently to tie up

either loose ends, or to have an accelerated learning mode. Whether they stay for The New Illusion is not the issue. They are using this particular time frame as an acceleration of acceleration, to perhaps come in and learn something, even if vibrationally, it does not bring them to a point where they would stay. So, if you are in an accelerated, accelerated mode, do not expect ~ you may get even a nanosecond of relief.

But you see, this is not a negative. If you have come in for accelerated work, then this is what you have come in to do. You do not want to loll around and have this easy time ~ whatever that is, easy time. This is not why you have come in at this time in the plane. You have come in for work, for acceleration.

And remember what we talk of regarding play, that for many, work is play. It is not viewed as grueling and task-filled, even though there may be many tasks that are involved, and you do say, "Ah, this is a task." But you can get joy out of a task ~ even washing dishes all day, every day, the same dish all day, every day. It gets dirty, you wash it. It gets dirty again, you wash it ~ day in, day out. View it from a more cosmic sense, as you would say on the plane, the cosmic sense. We will not bring you into that kind of discussion now, my love.

Special Topic Session ~ The Concept Of The Toy Box Of Lessons You Have Planned (March 20, 1997)

We are here to place on the record a meditation for the concept of The Toy Box. This is a very interesting kind of meditation technique that you can all utilize to help you to understand the toy you have pulled out of your Toy Box and are playing with currently.

This technique can be utilized for any of the toys that are in your Toy Box. It can be for your favorite toy, or those that have less favor in this particular incarnation, or perhaps a toy that you have determined you want to cultivate a bit for another incarnation ~ perhaps the next one ~ and you want to perhaps play with it a bit to give it a fluffing effect for its time with you in the next lifetime.

This is a very simple visualization technique and one, however, that brings you into your Soul and allows you then to spend time in your Soul with your toy, for the toy then would be protected much greater in the context of the Soul than it would be in the context of any of the other dimensions of Self.

Waith Guides The Class With A Toy Box Meditation ~ This Is A Technique That You Can Utilize Whenever You What To Become More Acquainted With Your Toy Box (March 20, 1997)

We would begin this technique by having you relax, perhaps move about a bit in the environment and find a spot that is comfortable for you.

THE TOY BOX MEDITATION ~

- *Breathe slowly and deeply, in through the nose and out through the mouth ~ in through the nose and out through the mouth ~ slowly breathing ~ bringing yourself into a quiet state within ~ relaxed.*
- *Allow your body to relax ~ wiggle your toes ~ allow the energy to move within your toes ~ wiggle them so they feel happy and fluffy – wiggle.*
- *Wiggle your legs now a little so they feel happy and fluffy ~ they are relaxing ~ relaxing.*
- *Feel the energy moving upward through your encasement ~ wiggle your fingers ~ wiggle the fingers so they feel happy and fluffy ~ feel the energy pulsating through the fingers.*
- *Feel that energy now moving up your arms ~ moving ~ coming to the Heart Energy Center ~ feel the energy surrounding the Heart Energy Center, filling the heart.*
- *Feel the energy moving upward, upward into the throat ~ and into the head.*
- *Feel your entire encasement now filled with sparkly, fluffy energy.*
- *Call upon the very Highest of The White Light ~ call in your Angelic Protector ~ call in your guides.*
- *Say after me, “I call upon the very Highest of The White Light.” (Repeated)*
- *Feel your Angelic Protector’s wings surrounding you ~ your Angelic Protector has come in and has brought your guides for this journey into the Soul ~ it will be your Soul that will determine the toy that you use to play with.*
- *Envision your Toy Box now in your arms ~ it is your Toy Box ~ it is that which contains all the lessons that you have taken on for your journey on the earth plane through all of your many incarnations.*
- *It is your Toy Box, unique to you ~ it represents all of the issues ~ some in varying stages of completion, others just beginning their journey of completion and others having been completed and now sitting lightly in your Toy Box.*
- *Hold onto this Toy Box as we begin the journey to the Soul.*
- *Envision yourself moving on top of the Crown Energy Center ~ your spirit.*
- *Envision yourself beginning to float off of the Crown Energy Center ~ your Angelic surrounds you.*
- *You are holding your Toy Box ~ you slowly begin to drift ~ you move away from the dimension of the conscious.*
- *You are drifting ~ gently and slowly drifting ~ away from the conscious dimension.*

- *Envision your Angelic Protector surrounding you with wings of Light ~ you move slowly.*
- *As you move you look at your body ~ you are in another dimension now and you see your physical body below you.*
- *Moving slowly now, you begin to move toward a Light ~ see a brilliant White Light ~ it is an opening ~ it is the opening to your own Higher Self.*
- *You are still in the dimension of Self, but now you are in the higher dimensions.*
- *Move toward that White Light ~ it is open and you move in gently, slowly ~ you move into your Higher Self ~ and the Ball of White Light closes behind you.*
- *You are within the dimension of your own Higher Self ~ you are holding your Toy Box ~ rest for a moment in the dimension of Higher Self.*
- *Higher Self will journey now with you into the dimension of the Soul ~ for this is a oneness that occurs.*
- *Feel yourself absorbed by the Higher Self of Self ~ it is this Ball of White Light that begins to move for it sees a higher White Light ~ it is the Soul.*
- *Slowly move toward that higher White Light ~ your Soul beckons you ~ slowly move into your Soul.*
- *The opening closes behind you and you are one with your Soul ~ and your Toy Box is with you.*
- *Envision a beautiful gold table ~ place your Toy Box on the gold table.*
- *Envision the Box opening now ~ and you are able to see all of your toys.*
- *Take them all out and place them within Soul.*
- *Slowly now envision your toys coming out ~ you gently take one out at a time and place it on the gold table ~ there is plenty of room.*
- *One by one you take out your toys and place them on the gold table ~ one by one ~ they are all out now.*
- *It is time to trust in Soul to determine the toy ~ listen to the Soul ~ hear the Soul tell you which toy it has chosen.*
- *Envision your hands opening to receive the toy.*
- *Hold the toy ~ gently ~ and hug the toy.*
- *It is time now to listen to what your Soul will give you for information relating to your toy ~ relax and receive the information.*
- *Enjoy your time with your Soul.*

FOCUSING TIME ~

- *It is time to return into the conscious.*
- *You are holding your beautiful lesson ~ you have learned much from the Soul.*
- *Gently now, take your lesson and place it into your Toy Box, giving it the place of honor, for it is the toy that you have focused on.*
- *Take each of the toys on the gold table and place them back into your box ~ placing them carefully around your toy that you focused on, not covering that toy with the other toys.*
- *Gently, one by one, place your toys back into The Toy Box ~ gently.*
- *You see now all of your toys in your Toy Box arranged so neatly ~ and you see the focus toy and you understand the relationship among all of your other toys to your focus toy ~ you understand better now your path.*
- *Gently close the top to your Toy Box.*
- *Pick up your Toy Box and hold it in your arms.*
- *Envision the gold table disappearing.*
- *Thank your Soul for giving you the information.*
- *See the opening to the Soul ~ it is wide and free, just as you are ~ and Higher Self and Conscious Self now move out of Soul ~ slowly moving out holding your Toy Box.*
- *The opening to the Soul is closed ~ and you feel yourself floating gently, softly away from the Soul ~ you are holding your Toy Box ~ your Angelic Protector surrounds you with its wings.*
- *Slowly, begin to move closer and closer to Conscious Self ~ you are being brought closer and closer to the physical encasement and yet you are one with Higher Self.*
- *Enjoy being together ~ Higher Self and Conscious Self ~ you work together, you both have the knowledge gained from the Soul for the toy of focus.*
- *You see the Higher Self opening and it is time to move out of Higher Self ~ Conscious Self is ready to return to its encasement.*
- *Slowly, move out of Higher Self holding your Toy Box.*
- *Closing now the opening to Higher Self. you move out of that dimension ~ you see the dimension of concrete Conscious Self.*
- *See the Crown Energy Center ~ slowly drift down to the Crown Energy Center.*
- *Holding your Toy Box gently, land on your Higher Energy Center ~ the Crown Energy Center.*
- *Thank your Angelic Protector for taking the journey with you ~ thank your guides for taking the journey with you.*
- *Surround your Toy Box with brilliant White Light and place it with your Angelic Protector ~ the keeper of your Toy Box.*

- *Slowly, bring yourself back into your conscience body ~ gently moving in and filling the encasement ~ gently and slowly returning into the conscience state ~ and open your eyes.*

END OF FOCUSING ~

You have all returned from your journey. We sense that there were very good conversations within the Soul and that you are better connected now with your Toy Box.

This is a technique that you can utilize whenever you want to become more acquainted with your Toy Box. Since you would not be the one at conscious level selecting the toy, it then allows you the freedom to bring it into the Soul and the Soul will select that which needs to be given attention. And when you return into the conscious, aware of that focus toy and its relationship to other toys in the box, it will give you a better understanding of what you are doing in this particular time frame in your path.

When you feel that your focus toy has had enough attention, you may then go back with this meditation technique to the Soul and see if perhaps there is a new focus toy ~ or you may find that the Soul continues to focus on this particular toy. You may return to the Soul with this technique any time that you wish, either affirmation that you must continue the focus on the toy or whether you need to refocus ~ that it is time to let go of the toy.

So often, entities have asked us whether they should let go of something ~ is it time to let go or are there lessons still to be learned in holding on. And we have said that you must find this out for yourself through meditation.

This is a very useful tool, meditatively speaking, to find that answer. Must you continue to focus on something or is it time to let go of it? With a little bit of practice, this technique can be done very easily and very quickly, and you will begin to hear your answers more and more frequently, and more and more easily.

Waith Describes That You Can Will Your Toy Box When You Have Completed Your Journey On The Earth Plane (March 20, 1997)

Remember that your Angelic Protector is the keeper of your Toy Box. An interesting side effect of The Toy Box is that you can WILL your Toy Box. When you have completed your journey on the earth plane and your sojourn is over and all of your toys have been finished ~ they have been brought to closure ~ you may then give that completed Toy Box to another who is still on the plane in their journey. It will assist that entity in the completion of their own lessons ~ it will give them, so to speak, a heritage.

It is a good thing to be able to WILL your Toy Box. This is something that can be done very consciously with another on the plane where you simply say, "I hope that at the time when my journey is complete, and your journey, if it is still in progress, you would accept my Toy Box as a gift." Your Soul may have other destinations for the Toy Box ~ however, it acknowledges at a concrete level a connectedness with another entity. It does not in any way presuppose that you will finish your path before this other entity ~ for just the opposite may, indeed, occur ~ but it indicates a sense of connectedness and a sense of Unconditional Love.

Your completed Toy Box, once you are finished with it, goes into The Universal Consciousness if it is not WILLED and then is given to another entity who chooses the same combination of lessons for the earth plane. It is a gift of extraordinary love and one that truly helps the entity still on the earth plane.

You can learn of your own connectedness with one who you may want to WILL your Toy Box to, through this technique that we have just given to you. When you go into the Soul, simply ask yourself ~ your Soul, "Who would best benefit by my WILLING my Toy Box, giving my Toy Box upon its completion?" And you will receive the answer if it is meant for you to receive. It may be a while before your Soul will reveal that, or your Soul may simply say to you that it is not time for you to know that now.

The concept of being able to give your completed Toy Box to another is an important one, and one in which motivation, perhaps, is the best word, is given to the completion of your Toy Box, for you know that you can give it away to another. It is an act of ultimate Unconditional Love, for it will truly help another in their own path for they will have your completed lessons, and it will add into their own uncompleted lessons a sense of completion.

Many of you have been the recipient of toy boxes without realizing it. Think back on times when suddenly you feel a burden has been lifted, in a particular issue. Without any conscious sense of your own completion, you suddenly feel that you have moved along in the completion of an issue. You have been willed an issue. You may not have been given the entire Toy Box ~ you may have been given one or two of the issues from the Toy Box of another. Thus, you also can give one or two issues and not the entire Toy Box ~ it is your choice. Would there be any questions?

Do we have to finish the whole sojourn or if we have finished one particular lesson, one particular component, would we be able to pass that on once it was completed?

You must wait until the entire sojourn is completed. The reason for that is that just when you think you have completed a particular lesson, you become arrogant about completing that lesson and it pops up again for testing and retesting. Thus, it must be that the entire sojourn is completed ~ all of the toys have been given their closure ~ all of the final exams were passed

with flying colors and there is no retesting available nor needed and the Toy Box is, then, ready to be divvied up in part or in full.

Imagine if you were to give what you thought what was a completed lesson to another and you had still time left on the earth plane and you said, "Look how good I am" ~ and even at Higher Self level that is a very common behavior – "Look how good I am ~ I have completed a lesson and I have been so good that I was able to give it away." You would get not only that lesson back but probably an additional number of life sentences that would go with that for the arrogance of it all.

The flipside is that completed lessons are essential to have in The Toy Box to balance out the uncompleted lessons. So, you may find a series of lifetimes very, very difficult because you have been working on lessons, one after the other, and you need to take a vacation ~ you need a break. You are then able to go into The Toy Box of completed lessons and bring that into your energy field and use that as a PLAYTIME ON THE EARTH PLANE. You may have, for example, completed the percentage of patience that you chose to take on and you have not had to be retested for it ~ it appears that you have very humbly accepted that.

You then take that into a lifetime where your level of patience enables you to simply relax about the life that you have taken on. And regardless of any of the other issues that you may take with you ~ or lack of issues ~ you have a completed lesson that stabilizes you and gives you a sense of peace and balance in a particular lifetime. Then again you may bring that in thinking that is going to be a peaceful lifetime, and you become arrogant about it and then again you are tested ~ it is never over, you see, until it is over.

It is something to be very careful of ~ completed lessons. They are to be treasured ~ they are to be viewed as the completion of hard work and not some privilege that has been granted to you. If you can keep that perspective, then the tendency to become arrogant about a completed lesson would be less ~ that it is now to be used in absolute Service to Others, for it is no longer necessary for it to be used in Service to Self. So, if you have completed your patience, for example, you no longer have to be patient with Self ~ it is simply there, it is an automatic that you are patient with Self. You then must give that patience in Service to Others by showing patience ~ and you will be tested periodically ~ for patience within Self.

It is always a test ~ we are always tested ~ all of us. No dimension is immune from testing of lessons ongoing and lessons completed. We want to have a strong little Universal Consciousness ~ not a little weak one. You can certainly bring out any number of your toys to play with, anytime you want, to test their level of completion ~ and you do, we all do. We may be focusing on one or two or three lessons in a lifetime and we decide we want to see what the others are feeling like ~ we do not want to neglect a particular toy. So, we go and bring it out and see how it fits with everything else ~ play with it for a little bit and then we might place it back.

It is why on occasion, when you think you have dealt with a particular issue, or something new suddenly pops up, but only for a brief time and goes away, you play with it for a little bit. You are either becoming acquainted with it for the first time or you are simply giving it a little shakeout, shall we say, from its dustings in The Toy Box.

What About Incomplete Lessons In A Lifetime. Are They Then Carried Over To The Next?

(March 20, 1997)

If a person does not complete a lesson in a lifetime, are they given the opportunity at the Soul level to reselect that lesson and bring it into their next lifetime?

Yes. The completion of a lesson is not determined that it must be done in a particular lifetime ~ even percentagewise. To say in the planning stage that, "One tenth of one percent of this lesson of forbearance," for example, "will be taken on the coming lifetime," is simply to place it as a plan. And once you come into the life and start working and focusing on that particular toy, you may find that the others with whom you now come in contact have altered somewhat your plan.

The Soul is continually evaluating and reevaluating ~ it is why we have given you this technique ~ it helps you to go back into the Soul to see what types of reevaluations have occurred. What may have been the focus originally, may now become less of a focus ~ or an entirely new focus takes place. There is no pressure that you must complete something as determined in the planning stage. If that were the case, we would all be very, very paranoid, as you would call it, and there would not be the sense of relaxation that really does exist in The Universe.

It will be done when it is done, even though we know for many particular energy forms, it must be done now ~ it must be done now or else it cannot be done. It is best to simply flow with what you plan for your life and within your concrete world, to be careful of saying so definitively, "This is what I am going to do ~ I will do this on this day, and this on the next day, and within this period of time, I will do this, this and this."

We are not saying that you do not plan. What we are saying is that you allow The Universe to let it unfold, and the issues of your toys comes very, very much within this realm of simply allowing things to unfold.

Having this technique is valuable because you will have a greater connectedness to your own toys, and when you are feeling out of harmony, you simply go into the Soul with your Toy Box, and say, "Help me, I need to reevaluate at conscious level what is going on here at Soul level." It is all right to do that. It is much better to do that. The Soul is you ~ it is not some external part of you. All parts of Self must know what is going on ~ this is the ultimate goal of completion ~ to not be at war with Self ~ at the different levels.

Waith Discusses The Interconnectedness Of The Toys In Your Toy Box
(March 20, 1997)

You said all the toys are interconnected. When I have all my toys together, there is my major toy, and then all the other ones are situated around it with little lines all connected. If I take my major toy, do I then see what games I play with all the other toys as well, if I just put my emphasis on, for example, the major toy?

Not necessarily, my love. Oftentimes, the focus toy will have all of the attention. There may be some interconnectedness playing with the other toys, or one or two of them. They are all interconnected. They all bear relationship to each other. However, they are not always played with even in minor degrees.

Oftentimes, the focus toy must have all of the attention in a particular time frame in the life or for the whole life. This again is what you would learn by talking with the Soul and actually seeing your Toy Box ~ by placing it open on the gold table and seeing the focus toy and the others surrounding it. You would then get a sense of which of the toys you would be playing with simultaneously with the focus toy.

It would be very, very difficult to play with all the toys ~ even lesser degrees of playing ~ simultaneously. It would not give you the amount of energy needed to focus. So, it is important then to focus and then to see where the sub-focus occurs ~ and also to recognize that there may be simply one toy that is focused on and the others are simply left sitting, waiting their turn.

Focuses And Sub-Focuses On Particular Toys ~ It Is Dependent On Each Entity

So, I play now with my major toy, and I may play with some other toys simultaneously, but all of the toys are affected.

Yes, all of the toys are affected, for when we say that they bear relationship to another, that is what we mean.

Sometimes I feel as though, throughout my lifetime, that there has always been one main focus for many lessons.

For some entities they will have that situation where there is one focus, and you are able to see many others ~ perhaps three, four, five, six sub-focuses. Others will find not that many ~ may find only one or two sub-focuses ~ and others may find that there is one focus and one focus only.

So, again, it depends on each person.

It does indeed. And we would also emphasize the issue of judgement here. This is not where you would go to another and start discussing your Toy Box with them to make a determination as to whether they have one focus and many sub-focuses, or what. It is simply that each entity has its own way of dealing with its Toy Box and the toys within it. That is all that you need be concerned about ~ your own Toy Box and the fact that others have their own playing and to respect that which the other has ~ not to question it, but to respect it.