

TERMS AND EXPRESSIONS OF WAITH AND TERRA LUX

terms and expressions is a compilation of commonly used words and phrases that are found throughout the Waith and Terra Lux documents. This reference source is designed to serve as a companion piece to the Waith Transcripts to assist you in understanding his information.

abstract

Theoretical, or removed from concrete reality.

abstract dimensions

Those realities that are not concrete. Can be thought of as something that is unseen.

accelerated growth

Something that is achieved as a result of accelerated learning.

accelerated learning/path

Lessons taken on by an energy form that are more rapid than usual and that result in accelerated growth for the energy.

affirmation

A positive statement or asserting something in order to help manifest it in this concrete dimension.

altered state

Another form of awareness or consciousness that is different from, or apart from, our concrete reality.

Ambassador of Lightheartedness

A description Waith uses for Farena, who is a member of his Spirit Group. See SPIRIT GROUP.

Amelius

One of five energies who according to Waith, helps monitor the organization of The Universe. He is the one to whom Waith reports.

angel

A force of light, there are many types of angels, all working for the higher power. See ANGELIC KINGDOM.

Angelic Force/Angelic Realm

Terms used by Waith to describe angels or The Angelic Kingdom.

Angelic Kingdom

A training ground for learning lessons of service in three arenas: Protector, Warrior and Messenger. According to Waith, any energy form is able to choose this training ground and select any or all the lessons.

Angelic Messengers

A specifically trained group within The Angelic Kingdom that relays information and provides guidance.

Angelic Protectors

A specifically trained group within The Angelic Kingdom assigned to us permanently to guide and help us in designing our lessons. Each of us has a minimum of one Angelic Protector.

Angelic Warriors

A specifically trained group within The Angelic Kingdom that protects and defends from the darkness.

Animal Kingdom

Waith's reference to the larger grouping in which animals learn lessons.

Archangel

An angel of high rank and a specifically cultivated group within The Angelic Kingdom that trains and watches over The Angelic Messengers, The Angelic Protectors and The Angelic Warriors. Within this Archangel group are five high commanders, one of whom is Waith.

Ariana

A Metager of Terra Lux. See METAGER.

Atlantean Illusion

Waith's reference to Atlantis.

Atlantean(s)

Waith's reference to the people who lived in Atlantis.

Atlantis

The name given to the land that Waith refers to as The Atlantean Illusion, which ended ten thousand years ago.

at the concrete

Waith's reference to our existence in a concrete dimension. He usually means it to be our current reality on the earth plane.

attunement

A sense of being in harmony and Oneness with The Universal Consciousness.

aura

Radiated glow or halo surrounding an energy form.

awareness

An understanding of Self.

balance between abstract and concrete

The belief that we need to keep our lives steadied, including that of the spirit. It means knowledge of the light and dark ~ a state of being where we achieve equilibrium between our abstract understanding and concrete experience. We attempt to gain this through our learning of lessons.

balancing

A state of being in which a percentage of a lesson has been learned and we achieve equilibrium. Also, it is our attempt to learn a percentage of a lesson.

Barjan

An Honorary Metager of Terra Lux. SEE METAGER. Barjan is a multi disciplined, classically trained pianist who has composed much of his music for Terra Lux unrehearsed at Waith gatherings. His music is available through the Terra Lux Media. For more information about this incredibly creative and talented person, see his website ~ davidjarvis.com.

Be Joyful

One of the GUIDELINES FOR GROWTH

Be of Service to Others

One of the GUIDELINES FOR GROWTH

Be of Service to Self

One of the GUIDELINES FOR GROWTH

Berick

A Metager of Terra Lux. See METAGER.

Be Serious

One of the GUIDELINES FOR GROWTH

Be Single of Purpose

One of the GUIDELINES FOR GROWTH

Be Unified in Purpose

One of the GUIDELINES FOR GROWTH

birth

Arrival on the earth plane in a concrete form. It can also mean ENTRY ONTO THE EARTH PLANE.

body

A vehicle for energy to learn lessons. See ENCASEMENT.

Boopsie

One of the six who works with Waith in his Spirit Group, and who also speaks through Mushiba. She helps Waith in his discussion of *Gender Harmony* in the *Search for Self*, his definitive guidance mechanism. See SPIRIT GROUP.

Buema

A founding member of Terra Lux and a Metager. See METAGER.

Builders, The

Waith's reference to those who will help in the construction of the new energy structures for The New Illusion.

Call to Be of Service

Considered to be the highest of spiritual callings, it is the sending out by The Universe giving an energy an opportunity to help another.

Chakra

The name given to the tunnel shape that forms our current flow of energy and distributes energy throughout the body. There are seven principal chakras, with the Root Chakra at the base of the spine and the Crown Chakra on top of the skull. See ENERGY CENTERS.

channelling

The process by which information from a higher source ~ either within Self or outside of Self ~ is given in the concrete dimension. The Channel allows their body and mind to serve as a link between this dimension and other dimensions of consciousness.

Cherub

A rank of angel within The Angelic Kingdom and according to Waith, a young member.

cleansing

A cleaning out of energy from the abstract and/or concrete dimension of Self.

Collective Consciousness

The same as The Mass Consciousness. Waith uses the two interchangeably.

Community of Self

A discussion component in the *Search for Self*, Waith's definitive guidance mechanism.

community

A group of like minded energy forms defining a unity of being together and working with a commitment to stay together as a whole.

concrete dimension

The place in which Concrete Self exists.

concrete manifestation

That which comes into the reality of Self through one or several of the six senses.

Concrete Self/Conscious Self

That part of Self that is living the concrete earth plane experience.

concrete

Of the physical world ~ existing in a reality or in a real experience. Something that is manifested through the use of one or several of the six senses.

consciousness

The awareness of one's own existence and environment, wakefulness ~ totality of one's perceptions, thoughts and feelings.

Creative Force/The Creator

Another name for God, The Universal Consciousness, or other words given to a higher power.

creativity within Self

That dynamic force within each of us that helps us to face our challenges and solve our problems.

Crown Energy Center

Waith uses this phrase for what is also known as the Crown Chakra, which is located at the top of our head.

crystal

A member of The Mineral Kingdom capable of receiving, storing, transmitting or amplifying vibrational energy and often used as a tool for healing or communication.

Cycle of Lesson Learning

A four part process by which we learn our lessons while on the earth plane. The four components are:

PHASE ONE ~ We learn a lesson without help from others.

PHASE TWO ~ We learn the same lesson with help from others.

PHASE THREE ~ We help another to learn that lesson that we have been learning.

PHASE FOUR ~ We help one to help one who is helping another.

See the Waith Transcript, CYCLE OF LESSON LEARNING.

dark

Motivating force for the light to act upon and grow.

dark of Self

A part of Self that is meant to motivate us to act and grow. See SPECTRUM OF LIGHT.

Defined Formal Focusing

A form of Formal Focusing where we attempt to gain specific information from Self and ask specific questions of Self. This is Waith's term for what is commonly referred to as the process of meditating.

dimensions/dimension(s) of Self

Each energy is composed of many levels, layers or dimensions within Self ~ arbitrarily subdivided by using Concrete Self, Higher Self and Soul. There can be a Middle Self, a Middle Middle, and a Lower Middle ~ a type of strata that might develop.

disharmony

Waith's word for that which is not in harmony.

Dominant Energy/Dominant Gender

Before we begin our series of lives on the earth plane, we choose to be either female or male as our dominant energy. We will, then, have experiences in both the female encasement and male encasement so we can learn the perspective of the gender opposite to our chosen, or dominant, gender.

dream journal

A diary in which dreams are recorded and/or analyzed.

Earth changes

Relates to the cleansing the Earth is going through as it prepares for the shifting of its axis and moving into what Waith refers to as THE NEW ILLUSION.

Earth Plane Connection

The information given by Waith regarding the Earth as a training ground, both concrete and abstract, and our connection with it. See the Waith Transcript, EARTH PLANE CONNECTION.

earth plane day

A reference by Waith relating to a day in which our life seems to be very concrete.

earth plane/plane/the plane

Material existence, a state of incarnation on Earth, it is one of the training grounds in The Universe that is set up to help us learn our lessons.

East to West

The direction of the flow of energy in The New Illusion for each of us and for the Earth.

ego

Self, feeling of I, me, mine. A strength within Self, this is needed for each of us to exist outside of The One. According to Waith, each level of Self has its own ego.

electromagnetic field

A vibrational force that surrounds each of us and protects and influences Self.

Elijah

A founding member of Terra Lux and a Metager. See METAGER.

elitist

A person who thinks they are better than another and projects to others that they know all there is to know. Waith gives caution about a SPIRITUAL ELITIST who would try to abuse.

empowerment

The state or condition of having received power, energy, force and strength within our spiritual, physical or mental Self.

encased

Referring to energy that has found concrete form, i.e., “My energy is encased in this body as a human.”

encasement (of energy)

Materialization of energy. Also, a vessel that contains energy, i.e., human body.

energy

Life force, vim, vigor, health, growth ~ electromagnetic fields consisting of positive, negative and neutral charges which build and sustain the human body and all other matter. According to Waith, everything is made of energy ~ what can be seen and what cannot be seen.

Energy Centers

Energy openings within our vibrational field that help us work with our own healing and issue resolution. It is Waith’s reference for what many refer to as CHAKRAS.

Energy Circle/The Circle

We each have a family ~ or circle ~ of energy at a higher dimension of decision making. This circle is our connection to the encasements on the earth plane that make up the various kingdoms. See the Waith Transcript, EARTH PLANE CONNECTION.

energy field

A vibrational force surrounding each of us that protects and influences Self. The same AS ELECTROMAGNETIC FIELD.

energy fluidity

Waith’s reference for the flowing of energy in The New Illusion.

energy fluidity shapes

Waith’s reference to both the Pyramid Shape that forms our current flow of energy and the Peanut Shape that will form the flow of energy in The New Illusion.

energy form

An encasement that we take on. Also called a BODY or ENCASEMENT. Waith also uses this phase to refer to an energy encased. For example, “This pillow is an energy form that has lessons to learn just as you do as a human energy form.”

energy grouping

Any gathering of encasements. Waith counsels that everything is an encasement for energy and thus we are always surrounded by groups of energy.

energy healing/balancing

Healing technique that involves working in the body’s energy field to promote mental, emotional, physical or spiritual healing.

energy layer

A place where we can exist. Also called a DIMENSION.

energy line

Waith's reference to an energy selecting a particular family heritage through which to incarnate.

enlightenment

Gaining an understanding of Self and/or others. Realization of the light of the Soul ~ a higher state of consciousness.

entities

Waith interchanges this word with the word ENERGIES. For example, he might say, "You are an entity who understands a concept," or "You are an energy who understands a concept."

entry onto the earth plane

A reference to an energy coming onto the earth plane in a concrete form. It can also mean BIRTH.

envision

Seeing without seeing.

essence

That which defines the core of Self ~ the values of the Being of Self.

ethereal

Being of spirit or having an abstract nature ~ lacking a material substance.

Farena

One of the six who works with Waith in his Spirit Group, and who also speaks through Mushiba. She helps Waith in his discussion of *Lightheartedness* in the *Search for Self*, his definitive guidance mechanism. See SPIRIT GROUP.

flow of energy/fluidity

The movement of energy.

fluffies

Lightheartedness or joy.

Fluidity of the Community of Terra Lux

Given to Terra Lux by Waith, this is a Model of Spiritual Leadership through which the intrinsic values of education, service and leadership can be learned.

focusing tools

See TOOLS FOR GAINING SELF AWARENESS THROUGH FOCUSING.

focusing

Waith's word for quieting Self so as to Gain Self Awareness.

Formal Focusing

What many call meditation, it is Waith's reference for a conscious and deliberate journey within Self for answers. Formal Focusing can take two forms: *Undefined Formal Focusing*, going to our Higher Self without a particular purpose or goal. We need to do this periodically so that we can return with information that we can use for the second type, *Defined Formal Focusing*, in which we seek specific information and ask Self specific questions.

Founders of Terra Lux

Those individuals responsible for the beginning of Terra Lux. They are: Abalma, Buema, Elijah, Garrett, Limera and Mushiba.

Francis

One of the six who works with Waith in his Spirit Group, and who also speaks through Mushiba. He helps Waith in his discussion of *Community of Self* in the *Search for Self*, his definitive guidance mechanism. See SPIRIT GROUP.

Fullmation, The

A Tool for Gaining Self Awareness given by Waith to smooth our shifting energy as new energy centers are formed within the vibration of the Earth. It is a white pillow (3½" x 2¾" x 5½"), forming a shape given by Waith, with three crystals ~ gold, clear, purple ~ at each point on the pillow.

Gaining Self Awareness or Gain Self Awareness

Finding answers within Self. Waith uses this phrase in place of the word MEDITATION. See GAINING SELF AWARENESS THROUGH FOCUSING.

Gaining Self Awareness through Focusing

Waith's reference for the process of what many refer to as MEDITATION.

Gaining Self Awareness your Way

Waith's attitude that each of us finds the best way for Self to focus and hear the information from within.

Game, The

Waith's analogy for a lesson. He also uses The Toy Box and our favorite Toy, as analogies for lesson learning. See the Waith Transcript, LIVING IN YOUR WORLD AS A SPIRITUAL BEING.

Garrett

A founding member of Terra Lux and since his departure in February 1995, an INTERDIMENSIONAL METAGER.

Gender Harmony

A discussion component in the *Search for Self*, Waith's definitive guidance mechanism.

God

The Being, perfect in power, wisdom and goodness who is viewed as creator and ruler of The Universe. Waith's word for God is The Universal Consciousness, The Universe or The One.

grounding

The act of ritually, psychically imbuing Self or someone or something with a calming and stabilizing energy to overcome flightiness and instability.

Group Balancing

A discussion component in the *Search for Self*, Waith's definitive guidance mechanism.

Guide in Training

Refers to a Spirit Guide who is learning to be a guide.

Guide School

A training ground for those energies who are learning to be Spirit Guides.

Guide(s) of Terra Lux

A person who is trained by Waith, Mushiba and the Metagers, to help people understand the information given by Waith. The Guides of Terra Lux help facilitate Waith Discussion Circles.

Guidelines for Growth/the Guidelines

Given by Waith, they serve as the foundation upon which Waith's definitive guidance mechanism, the *Search for Self*, is based. The Guidelines are: Respect Self, Love Self, Respect Others, Love Others, Be of Service to Self, Be of Service to Others, Be Joyful, Be Serious, Be Single of Purpose, Be Unified in Purpose. See the Waith Transcript, GUIDELINES FOR GROWTH.

Guides, Spirit

Beings who have lived on Earth and who are assigned to each of us upon entry into a life. They are available to help us on our individual path while on Earth as well as in other dimensions. See SPIRIT GUIDES.

Harmony Basket

Refers to a physical basket used by Farena, one of the members of Waith's Spirit Group, and contains fluffy items (e.g., feather boas and crowns) that she uses to play with during her discussions on Lightheartedness.

harmony within the disharmony/harmony with your imbalance

According to Waith, the earth plane is a training ground of disharmony, and our goal during the living of our life is to achieve harmony within that disharmony or imbalance.

healing circle

A group of energies who gather to send healing light to a particular energy or a group of energies.

Healing of Self

A discussion component in the *Search for Self*, Waith's definitive guidance mechanism.

Heart Energy Center

The love center of Self.

High Commander

Refers to Waith and one of the positions he holds within The Angelic Realm.

Higher Self

A dimension, or level, of Self that serves as intermediary between the Concrete Self and the Soul.

Higher Self infusion of energy

As we learn lessons, our Higher Self periodically sends a portion of its energy into our concrete that strengthens us and enables us to better meet our concrete challenges.

Human Kingdom

A training ground in which we learn specific lessons.

illusion

Appearing to exist or be one thing when it is something else.

illusion change

Waith's reference to what will occur when the axis of the Earth shifts. See THE NEW ILLUSION.

imposition/imposing

Exerting our will, usually in a forceful way, onto another.

incarnation

Another word used for BIRTH, or taking on a life, as in, "It is time to incarnate again on the earth plane.

Informal Focusing

The process of Gaining Self Awareness by the simple living of our life and hearing the information from Self, often without realizing it.

interconnectedness

The Oneness and essential unity of everything in The Universe.

interdimensional

Between, and among, more than one dimension.

Interdimensional Communication

The ability to interact and listen to dimensions other than the concrete dimension.

Interdimensional Metager

Refers to Garrett and Limeria, part of the founding group of Terra Lux. They have both left the earth plane.

interdimensional shelters

Safe places that energy will be in during the time of the shifting of the axis of the Earth.

Interdimensional Travel

The ability to interact and move to dimensions other than the concrete dimension.

issues

Refers to lessons we take on to learn in a life.

Jacques

One of the six who works with Waith in his Spirit Group, and who also speaks through Mushiba. He helps Waith in his discussion of *Healing of Self* in the *Search for Self*, his definitive guidance mechanism. See SPIRIT GROUP.

Jenjura

One of the six who works with Waith in his Spirit Group, and who also speaks through Mushiba. He helps Waith in his discussion of the *Webbing Effect* in the *Search for Self*, his definitive guidance mechanism. See SPIRIT GROUP.

journey

The path and total number of lessons we have taken on outside The One. Sometimes referred to as the SOJOURN.

Karma

The results or consequences of our actions or intentions. Waith uses the word BALANCE instead of Karma.

kingdom

A grouping of encasements through which energy can enter to have a concrete experience. Some examples of kingdoms are Mineral, Water, Human and Angelic.

Kingdom of Amelius

The Kingdom of Amelius consists of one fifth of the flow of The Universe. The remaining four fifths is evenly divided among the other four energies who work with Amelius in monitoring The Universe. Waith reports directly to Amelius.

Laws of The Universe

Certain precepts that are universal in nature.

layers

Infinite layers of energy that exist both within Self and outside of Self. Also known as DIMENSIONS.

Lead with your Spirit

The guidance that comes from learning about our own SPIRITUAL LEADERSHIP. See the Waith Transcript, SPIRITUAL LEADERSHIP.

Leadership within Self

The behavior that must occur before leadership can occur outside of Self. The guidance from Waith is that as we learn leadership within Self, we are able to lead to the same degree outside of Self to others.

learn your lessons

The process by which we seek out experiences that will help us grow and strengthen.

levels of awareness or levels of understanding

An understanding of our lessons learned, to be learned, and how we exist in our world.

Librarian, The

Refers to Jenjura, a member of Waith's Spirit Group.

life energy

Cosmic life force that animates and circulates throughout creation, this is a natural electromagnetic energy of the infinite Universe composed of waves, rays and vibrations that remain undetected by modern science.

lifelines

According to Waith a lifeline is a parallel life to our own energy that may or may not incarnate on the earth plane with us. We form lifelines to accelerate our total learning.

life

The passage of energy through changing forms, it is a consciousness awareness, the eternal play of freely creating and erasing images.

lifetime

A concrete experience that we each can create for Self for the earth plane or any other training ground. It begins with entry (birth) and ends with departure (death).

light

An energy force of purity that protects, soothes and heals and can be sent or received.

light and dark

Opposing forces within Self that motivate us into action.

light of Self

That part of Self that sees through a perspective of the light. See SPECTRUM OF LIGHT.

lighthearted

An attitude of joy and irreverence.

Lightheartedness

A discussion component in the *Search for Self*, Waith's definitive guidance mechanism.

Limera

A founding member of Terra Lux and since her departure in September 1998, an INTERDIMENSIONAL METAGER.

linear

Having a beginning and end.

Love Others

One of the Guidelines for Growth. See the Waith Transcript, GUIDELINES FOR GROWTH.

Love Self

One of the Guidelines for Growth. See the Waith Transcript, GUIDELINES FOR GROWTH.

lucid dreaming

Refers to dreaming while knowing that we are dreaming. The lucid part refers to the clarity of consciousness rather than the vividness of the dream and generally happens when we realize during the course of a dream that we are dreaming.

manifest

Bringing something that is abstract into concrete form.

mantra

A formula composed of syllables (meaningful or meaningless) whose sound produces psychic or spiritual effects ~ a sound chanted repetitively so as to attain mental peace, empty the mind and raise our consciousness toward Self or The One.

Mass Consciousness

A term often used by Waith as a subset of The Universal Consciousness, which is our source and from where we have come.

Master Guide, Master Guides of Terra Lux

Those who are trained by Waith and Mushiba, to provide counsel to those who seek it.

meditation

A word used to represent the process by which we learn answers from within Self ~ contemplation, reflection, intuition. See GAINING SELF AWARENESS THROUGH FOCUSING.

Memory Banks of the Soul

The dimension of Self that contains the knowledge of all the experiences of Self.

Menu, The

The analogy used by Waith to represent the listing of potential lessons available for us to learn. See the Waith Transcript, EARTH PLANE CONNECTION.

Metager

A person who has achieved a level of learning within the Fluidity of the Community of Terra Lux. A Metager is also a Master Guide in the Waith Institute for Spiritual Leadership and helps train the Guides of Terra Lux, who assist in the facilitation of Waith Discussion Circles. The Metagers are, Ariana, Berick, Buema, Elijah, Solara, WendyGirle ~and, Barjan, who is an Honorary Metager.

metaphysical

That which is beyond what can be grasped by the senses.

metaphysics

The part of philosophy that is about understanding existence and knowledge.

Mineral Kingdom

A training ground for energy to learn. Crystals and rocks are the most recognized encasements in this kingdom.

Model of Spiritual Leadership

Refers to the FLUIDITY OF TERRA LUX, through which the intrinsic values of education, service and leadership can be learned.

Multidimensional

More than one dimension.

Mushiba

The person through whom Waith speaks. She is assisted by the Metagers in overseeing the mission of the Community of Terra Lux.

nanosecond

A very short moment of time, sometimes referred to as “In the blink of an eye.”

neverending circle

The concept that energy has no beginning and no end.

New Illusion, The

The time on the earth plane that will be the concrete after the shifting of the Earth’s axis.

nonlinear

A reference by Waith for the neverending circle.

nonphysical

Another word for ABSTRACT.

North to South

Refers to the current flow of energy centers and the rotation of the axis of the Earth.

Oneness

A rejoining with The One. This is considered to be the ultimate goal for each of us.

One, The

A shortened version of what Waith refers to as THE UNIVERSAL CONSCIOUSNESS.

on your path

A phrase used to represent the journey we travel to learn our lessons on the earth plane or any other training ground.

out of body experience

Awareness of a dimension of Self detaching from the physical body, either voluntarily or involuntarily, awake or dreaming.

paradox

A statement that seems to conflict with common sense, or to contradict itself, which may nevertheless be true.

Parlin, Kara

Webmaster for Terra Lux.

past life regression/future progression

The recall of a past life, including information through the subconscious mind by the use of techniques such as hypnosis. Also obtaining information regarding simultaneously existing future lives through the same methods.

past life

A reference to a life that we have lived prior to the current life.

path

The journey we travel to learn our lessons on the earth plane or any other training ground.

patience

An ability to endure affliction or pain without anger or complaining ~ persevering, when faced with difficulties.

Patience, Spectrum of

The neverending circle of patience and impatience. See the Waith Transcripts, PATIENCE and FORBEARANCE.

Peanut Shape

The new shape of energy fields in The New Illusion. This shape will replace the current pyramid form.

percentage of lesson learning

Waith's reference that, in each lifetime, we attempt to learn only small amounts of a particular lesson, or lessons.

Playtime on the Earth Plane

Waith's counsel that playing is a spiritual activity and, thus, we have permission to play. See the Waith Transcript, PLAYTIME ON THE EARTH PLANE.

polarities

Everything has two sides or two forces within it that are not wholly separate. For example, we can draw power from The Universal Consciousness for either positive or negative energy as these diverse powers are not contained in two separate entities, rather in one.

Portfolio of Illusions

Waith's analogy for a series of concrete lives that the planet Earth takes on that are part of the earth plane. Each illusion exists from six thousand to fifteen thousand years each ~ for example, The Atlantean Illusion, the current illusion and The New Illusion.

Protector(s), The

Refers to a group within The Angelic Kingdom.

psychic

A general term describing a person with one or more paranormal abilities, such as extrasensory perception, clairvoyance or telepathy.

Pyramid Shape

The shape of energy fields in this current illusion. Waith indicates that this shape will be replaced in The New Illusion with a peanut shape energy field.

pyramids

Ancient structures of energy power.

quiet

Calm, restful and soothing. Gaining Self Awareness is about quieting Self.

reality

The truth we hold for Self.

realm

Another word for DIMENSION, KINGDOM OR LAYER.

reincarnation

Rebirth in various bodies from one lifetime to the next.

Respect Others

One of the Guidelines for Growth. See the Waith Transcript, GUIDELINES FOR GROWTH.

Respect Self

One of the Guidelines for Growth. See the Waith Transcript, GUIDELINES FOR GROWTH.

Root Chakra

Lowest Energy Center or sexual center.

Root Dimension

Each energy has a root dimension, which is simply a place of origin, a place where the foundation is established ~ a place of growth.

Search for Self

Waith's definitive guidance mechanism for the journey within Self to find our own answers. The six members of Waith's Spirit Group assist him in discussing the six topics which are: *Webbing Effect*, assisted by Jenura ~ *Community of Self*, assisted by Francis ~ *Group Balancing*, assisted by Teetee ~ *Healing of Self*, assisted by Jacques ~ *Gender Harmony*, assisted by Boopsie ~ *Lightheartedness*, assisted by Farena. See the Waith Transcripts, SEARCH FOR SELF ~ FIRST LEVEL and SEARCH FOR SELF ~ SECOND LEVEL.

Self

The essential being of one person, as distinct from any other.

Self Awareness

Being mindful or conscious of Self. Also, it is the reference used by Waith for meditation. See GAINING SELF AWARENESS THROUGH FOCUSING.

selfish

Concerned only or primarily with oneself, without regard for others.

selfless

Without thought for oneself.

Shift, The

The physical switching of the axis of the Earth when its polarities will change from North/South to East/West. This is the event of transition for movement out of this current illusion into The New Illusion, according to Waith.

sojourn

The path and total number of lessons we have taken on outside The One. Sometimes referred to as the JOURNEY.

Solara

A Metager of Terra Lux. See METAGER.

Soul

The dimension, or level, of Self that stores the totality of information relating to Self. It is also responsible for overseeing all of the dimensions of Self.

Soul Level

The dimension of Self that is considered to be the highest within Self.

soul mate

An energy with whom we have shared many lives which has brought about a sense of harmony. We can have many soul mates.

spark

The analogy used by Waith to represent the light within Self.

Spectrum of Light

The representation of the gradation of light to dark that can be seen as linear, a straight horizontal line with light on one end and dark on the other end, or nonlinear, a neverending circle with light and dark mingling simultaneously.

Spectrum of Spirituality

The representation of our leadership within Self and its projection to others.

spirit

Usually associated with the unseen and representing the Soul. This is the essence of Self and, according to Waith, combines both the abstract and concrete of Self.

Spirit Group

The group of six entities who work with Waith in spirit and who also speak through Mushiba. Each assists Waith in a specific component in the *Search for Self*. The members are: Jenjura, who assists with the *Webbing Effect* ~ Francis, who assists with the *Community of Self* ~ Teetee, who assists with *Group Balancing* ~ Jacques, who assists with the *Healing of Self* ~ Boopsie, who assists with *Gender Harmony* ~ Farena, who assists with *Lightheartedness*.

Spirit Guide

An entity who is existing in a dimension other than our own concrete, has been formally trained in Guide School, and helps in our lesson learning. We have many Spirit Guides who work with us for varying purposes and times.

spiritual elitist

People who project that they are highly advanced spiritually and use it as a way to have power over another.

Spiritual Leadership

Our abstract and concrete coming together, giving Self the ability to make decisions within Self. Please see the Waith Transcript, SPIRITUAL LEADERSHIP.

spiritual/spirituality

Relating to our existence as a reflection of our Soul.

spot

The analogy used by Waith to represent the dark within Self.

Strengthening Water

A Tool for Gaining Self Awareness given by Waith as a concrete symbol of the help that is available to us. It is an earthen container with a quartz crystal that has been energized by Waith, and comes with the complete message from Waith and his instructions for use.

sub kingdom

A kingdom within a kingdom. According to Waith, every encasement is composed of many kingdoms and thus creates the situation of kingdoms within a kingdom.

synergy

A condition such that the total effect is greater than the sum of the individual effects.

synthesize

To bring separate parts together in harmony.

Teetee

One of the six who works with Waith in his Spirit Group, and who also speaks through Mushiba. She helps Waith in his discussion of *Group Balancing* in the *Search for Self*, his definitive guidance mechanism. See SPIRIT GROUP.

Teeter Totter

The analogy used by Waith to represent the flow of the balancing of Self.

Terra Lux, Community of

The Community of Terra Lux is a nonprofit, tax exempt, 501(c)(3), Center of Spiritual Awareness and serves as the earth plane headquarters of the Waith Institute for Spiritual Leadership and the Terra Lux Media. The three groups are connected in the following way ~

- *TERRA LUX* is the community ~ a group of spiritual beings who come together ~ in person and via the Internet ~ and seek to live balanced lives.
- *WAITH INSTITUTE FOR SPIRITUAL LEADERSHIP* ~ presents Waith, and the six in his Spirit Group, through public sessions that include classes, workshops and seminars as well as private discussions with any who would request.
- *TERRA LUX MEDIA* produces and publishes the concrete support material for Terra Lux and the Waith Institute for Spiritual Leadership.

Terra Lux Media

Produces and publishes the concrete support material for Terra Lux and the Waith Institute for Spiritual Leadership.

Third Eye Energy Center/Third Eye

Located in the brow, it is the center of Higher Self vision.

thought form

A thought image or desire that has taken form.

tolerance

A recognition of, and respect for, the beliefs, actions and opinions of others.

Tools for Gaining Self Awareness through Focusing

Ways through which we can go within Self to find our answers, which can be formal or informal.

Toy Box

Waith's lighthearted analogy to represent the composite of all of the lessons we have chosen to take on for our earth plane sojourn. See the Waith Transcript, PLAYTIME ON THE EARTH PLANE.

training ground

A place to learn lessons. The earth plane is one of many training grounds.

truism

In accordance with fact or reality.

Twelve Major Structures

A reference to the twelve major pyramids that have the responsibility for maintaining the current energy field of the earth plane. Also refers to the twelve structures that will replace the pyramids in The New Illusion.

twin Soul

The concept that we have a mirror energy of Self.

unconditional love

An attitude and behavior by an energy where there are no conditions, reservations or limits given to love.

Undefined Formal Focusing

A form of Formal Focusing where we go to our Higher Self for information without any particular purpose or goal. Waith recommends we do this periodically.

Universal Consciousness/The Universe

Our source and where we all have come from. It is our destination after we have learned our lessons. It is also known as God, the Creative Force, Buddha and Allah, among many names.

veil of darkness

The analogy used by Waith to represent a way through which we sometimes see our world.

vibrational areas

Places in which vibration exists, such as geographic regions or Energy Centers.

vibration/vibrational

That frequency where energy is felt or exists.

visualization

This is the process of forming thoughts or images, usually of a positive nature so as to create wellness within Self. It is also known as ENVISION.

Vortex, The

Refers to Terra Lux as an emerging energy vortex. The physical location of Terra Lux, according to Waith, will serve as a major energy vortex in The New Illusion.

Waith

Waith is the Archangel who speaks through Mushiba. He is here to help us understand the abstract and concrete of our lives. He counsels about the importance for Self to live the experiences of the earth plane and to understand the higher order of the spiritual realm that enables Self to have the concrete experience. His definitive guidance mechanism is called the SEARCH FOR SELF ~ FIRST LEVEL and SEARCH FOR SELF ~ SECOND LEVEL.

Waith Institute for Spiritual Leadership

A spiritual education center created and operated by Terra Lux that serves as the concrete and organized guidance manifestation for the information that is given by Waith through Mushiba.

Waith Transcripts

Edited versions of the original WAITH CLASS TRANSCRIPTS.

walk in

A highly aware entity from another dimension who, with permission, enters an unwanted adult human body in order to begin its humanitarian work at once by avoiding living the childhood years. While it is more common for this exchange to occur with an adult encasement, it also happens with young encasements. A walk in situation can occur within any kingdom and is not limited to The Human Kingdom.

Webbing Effect

A discussion component in the *Search for Self*, Waith's definitive guidance mechanism.

WendyGirle

A Metager of Terra Lux. See METAGER.

WISL

The acronym for the WAITH INSTITUTE FOR SPIRITUAL LEADERSHIP.

x amount

That which is unknown.

you

The first person of Self.

You Hoo, Angelic Protector

A phrase used by Waith as a lighthearted way to call upon our Angelic Protector.

Zen Buddhist Monk

One who is trained in a specific form of Buddhism known as Zen. Its followers believe enlightenment can be obtained through the practice of rigid breathing and positioning of the body in a cross legged posture.