

Waith Class Transcripts

The Joy of Self



~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally
By Waith
Through Mushiba

Waith Institute for Spiritual Leadership

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The Joy of Self

(THIS TRANSCRIPT IS AN EDITED VERSION OF THE WAITH CLASS OF SEPTEMBER 17, 2002)

Waith: We bring to you all the very highest of the white from the very highest of the Kingdom of Amelius.

Hi, Waith!

We are continuing, now, in bringing in more information relating to what we call the Search for Self ~ our definitive teaching mechanism, our guidance. Our topic for discussion is THE JOY OF SELF.

What does the word JOY mean to you?

- ☀ **What comes to my mind is inner happiness.**
- ☀ **Pleasant fulfillment.**
- ☀ **Achievement of whatever I set out to do.**
- ☀ **Delight.**
- ☀ **Light.**

Yes, indeed. What about Inner happiness ~ could it be outer happiness also?

Yes, I think we can have outer references for happiness as well as inner.

Ah-h-h, so if you have inner happiness, what might then naturally happen?

It goes forward ~ it goes out.

Indeed, what is WITHIN Self is also expressed outwardly.

The premise behind our Search for Self counsel is that you must go within first, and once you have created something within, you are then able to share it externally. This applies to joy.

Most people who you would ask, would ascribe a definition to JOY as being something in which you bounce around ~ something very external, something that is manifested in a concrete way ~ you have a big house, a big car, beautiful clothing.

As you are finding, however, in your Search for Self, the very first response was INNER HAPPINESS. Inner happiness is something very abstract. It is difficult to describe inner happiness, for what is inner happiness for one is something different for another and it matters not that you would compare by saying, "My inner happiness is better than your inner happiness." ☺

Pleasant fulfillment was your second response. If you have inner happiness, then you are fulfilling Self in a pleasant way ~ pleasant, as defined by you. Again, pleasant is a very subjective way in which you would look at your world. It is the balance of Self!

Joy means that you have found a balance within Self.

Remember that balance is achieved for many in a nanosecond and then, out of balance again so that more lessons can be learned. The lessons are learned by the imbalance ~ you come to the balance and you have the joy.

Each time, then, that you are out of balance, you remember that you will be back in balance and you will have the joy and so you hold onto the joy. And, eventually, the joy is there even in the imbalance.

“What did he just say?” You might be thinking. ☺ THE JOY IS THERE EVEN IN THE IMBALANCE.

The six in our Spirit Group will each enter now, speaking through Mushiba, in the order in which they present their component within the Search for Self ~ as their component relates to THE JOY OF SELF. Jenjura will begin. We will return when they have finished and close out the energy.

***Jenjura:** The blessings to you. I am often referred to as the Librarian. I am away in the stacks, responsible for helping to reach The Universal Consciousness for information. My component in the Search for Self is called the **WEBBING EFFECT**.*

The Webbing Effect relates to the journey within Self to find your various lifelines and your other lifetimes in a way that connects to what you are doing now. The research that is involved in doing this for Self is what we are here to help you with and how we help Waith in his dissemination of the information.

Think of your energy field as if it were a web and it is your journey to go through the web and find your various paths, for while there is one path, there are infinite paths off the path, as you well know.

How does The Joy of Self relate to the Webbing Effect?

When you find a spot in your web that has, as we would call it, a hole ~ it is empty ~ it means that you have found a spot to repair, you have recognized an issue.

The objective in the Webbing Effect is to bring your web into wholeness ~ no holes. The joy comes when you find an opening ~ for it is not easy to find the issues that you have. You find it difficult to say, “I see my issue ~ I’ll face it now and I’ll deal with it.” It is the Joy of Self ~ the Webbing Effect.

Is it important to try to make that connection with past lives only in so far as it helps with this life?

That is our prime objective. None of us in The Spirit Group of Waith look at past lives to see if you were an emperor or a queen. Rather, it is to seek out the information that comes from a past life that is now part of the life that you have in this current incarnation.

So, yes, it is important to connect with a past life, if you are meant to. For some, it is not ~ knowing a past life is not important, for you find your information in other ways.

What might be some of the other ways that we would find out?

What do you think?

I don't know, except through looking inward.

Ah-h-h, indeed ~ it is Gaining Self Awareness through Focusing.

Francis will now join you ~ we send you much light and the blessings to you all.

Thank you Jenjura.

***Francis:** The blessings to you all! We are charged with the responsibility of the Community of Self. The connection with the Webbing Effect is that once you begin the journey within to find your various paths, you find your dimensions of Self ~ your layers of Self ~ and all the energies that make up who you are. This is the Community of Self.*

You are never alone ~ it is impossible for any energy out of The Universal Consciousness to be alone, for energy takes on form and in order for form to manifest as you see it all around you, it is composed of hundreds and hundreds of different energies.

Coming to reconciliation within Self, and the community that forms Self, is the challenge ~ it is the journey that all of you have undertaken. And what is The Joy of Self in the Community of Self?

Harmony?

Harmony ~ in what way, my son?

The way the layers of Self are communicating or are at peace with each other.

Harmony within Self ~ all the energies that comprise you ~ brings you joy. It goes back to the first response that you gave to Waith ~ inner happiness. It is the focus ~ inner happiness, joy, The Joy of Self. You live in a community ~ all by yourself. Think of the joy of that! 😊 😊

It could get crowded in there sometimes! 😊

Indeed it does. And the more people with whom you surround yourself and the more animals and plants and minerals, furniture ~ everything ~ it becomes more and more

crowded.☺ You could not even begin to guess how many energies are represented in this classroom ~ the carpet, the tablecloth, the water ~ everything is an energy encased.

And that is the joy ~ and it is the harmony that you find within your Community of Self that brings you the joy, even if it happens for a moment and then the imbalance comes. You work on your issues ~ and the balance comes within the community.

Once you have acknowledged community within Self, it is time to look at Group Balancing, which is what Teetee will talk about next.

We send to you all the blessings and the energy of the Community of Self.

Teetee: *Blessings to you! I am a group ~ and hence the name Teetee!! ☺ Now that you have achieved your ability to find your web and to acknowledge community within Self, you have Group Balancing.*

No one can get away from Group Balancing. What does Group Balancing have to do with what Francis said about the Community of Self?

We're a group!

Ah-h-h, that it would be that easy, Group Balancing. Yes, you are each a group and now you come together with other groups. All of you in this room are in a group of humans ~ we will limit this to humans ~ all in a group.

This group was called together, specifically, by Waith. He determined, because of the flow of energy and the connections, that this was the group that would gather. It means that you have been together in some other lifetime, as a group. Rejoice in that ~ that is the joy! You are, on the surface, all joyful in this gathering. Yes?! ☺

Yes!!! ☺

It is JOY to be in a group ~ it means that you are meeting your challenges and are learning and strengthening.

You cannot learn your lessons in isolation, even though you are a community within Self, you need the external groups to learn your lessons completely.

Every energy must interact with another energy ~ the carpet upon which you sit, the sofa, the pillows, the clothing that you wear ~ are all encasements for energy. You must interact with them ~ it is impossible to live on the earth plane and not be in a group.

And what is the joy that comes from Group Balancing?

Respect and appreciation.

Respect and appreciation for?

One another.

One another ~ and?

One's Self.

And, one's Self. Inner happiness ~ that is it.

You all have one thing in common, at least, in this group. What is the one thing that you have in common?

We've been in a lifetime together!

Yes, you have all been as a group in a lifetime ~ that is the one commonality. You each have commonalities with several within the group and you have many differences ~ and it is BOTH that brings you together and it is BOTH that helps you to learn ~ to grow, to strengthen.

Seek out the differences ~ that is what Group Balancing is about ~ to seek out the differences and strengthen the similarities.

It is time for Jacques to enter in and discuss the Healing of Self. We send you all love and joy in Group Balancing.

***Jacques:** The blessings to you all. We use the term, the HEALING OF SELF and not Self Healing. Only YOU can heal within Self. Others can help facilitate ~ ultimately you bring the healing within Self by yourself. What is the obvious joy in that?*

There's probably nothing that feels quite as good as being able to help Self, to be with Self, to feel the balance in Self, to have the harmony in Self ~ that is the ultimate joy.

Indeed! How does healing within Self occur ~ does it happen instantly?

☀ **It happens gradually and over time.**

☀ **We have to work very hard.**

Yes, indeed. The Search for Self, as Waith and the six of us have presented it, is not a magic pill ~ it is hard work, for it means you go within Self and question Self. You question what is external to Self as it relates to Self and you bring into Self a truth that feels right for Self. This is how you heal ~ this is how you find the JOY as each infinitesimal healing occurs.

Sometimes you do have physical healings. Often, the physical healing can be one or two lifetimes behind the abstract healing and so you may be healing physically in this lifetime from issues that you healed at the abstract several lifetimes ago.

The issues that you are working on now that are manifesting in the physical, will be healed at the abstract first and then several lifetimes from now you will have a healing at the physical level. This is the joy.

It is also part of the reason why the search for past life information may or may not be appropriate for you in this lifetime. It is for you to find that out. And, it is also for you to forgive yourself for needing to be healed ~ this is one of our mantras.

FORGIVE SELF FOR NEEDING TO BE HEALED.

You are each out of The Universal Consciousness ~ this means that you need to be healed. Even those in the Angelics need to heal Self.

Being outside of The One means that every energy is imperfect. Perfection is achieved only at that instantaneous return to The Universal Consciousness, at which point you become bored and come back out! ☺ For what is perfection anyway ~ it means there is nothing to do.

I have met many people who feel they have become unbalanced in their relationship with the Earth. What is the role of balancing, for an individual, with the Earth at this time?

Each of you has a relationship with the Earth ~ all energy is connected. Some have a greater connection than others have in this lifetime to the planet. The planet is in its final stages of healing for this phase of its existence. Some of you feel the healing that is occurring with the Earth as it cleans itself and it is representative of similar cleaning that you are having ~ and this is the JOY in the HEALING OF SELF.

Boopsie will now enter in to discuss Gender Harmony ~ farewell and light to you all!

Boopsie: *I am Boopsie!! “What kind of a name is that,” you might be thinking? ☺ ☺ My role within Waith’s Spirit Group is discussion of Gender Harmony!*

Male, female ~ those are the two genders on the earth plane in this illusion. Hear our words carefully ~ TWO GENDERS IS NOT ALWAYS THE WAY THAT IT IS. In the illusion coming ~ a little bit further in ~ there will be more than two genders.

And you might now say, “How can there be more than female and male ~ what could there possibly be?” You will find out soon enough! A gender is established as a training ground and it is meant to have differences inherently built into it!

Differences are meant to be there ~ it is not meant for the genders to be like each other. There is a reason why the genders look different ~ there is a reason why you have different ways of language. ☺ It for growth and learning. You take on a Dominant Gender when you come out of The Universal Consciousness, so you become either male or female ~ dominant.

Before you can return to The Universal Consciousness, you have to have taken on the opposite gender in many, many, roles in many, many lifetimes. So that as a female Dominant Gender, you become sensitized and completely understanding of the male gender because you have become male ~ and vice versa.

This is where all the fun begins ~ that is the joy of Self ~ taking on the opposite encasement of your Dominant Gender. Many of you in this gathering are in the opposite encasement to your Dominant Gender. Some of you have a sense ~ most of you do not ~ and that is good.

One of the joys of learning about Self is through the eyes of another gender and appreciating what the particular gender was responsible for learning and the difficulties that each gender has.

This has nothing to do with male and female being able to do the same jobs. This has to do with respecting the journey that the gender has taken on and the issues to learn within that gender ~ that is the joy.

Telling jokes about the opposite gender can be humorous ~ it can also create negative energy. We are not saying that you have to be perfect and that you are not going to talk about THE MEN AS THEY ARE and THE WOMEN AS THEY ARE.

Be careful, however, about the attitude that you have about the opposite gender and the mission that they have taken on. Be respectful that they may be opposite to their Dominant Gender and that they may, indeed, be doing this for the first time.

Imagine you are a male Dominant Energy and this is your first life coming in as a female. You have a female body ~ you are used to a male body. You say, "What's this?" ☺ The same thing for the female ~ coming in for the first time to a male body and you say, "This is strange ~ what do I do with this!" ☺

However, you begin to appreciate the opposite gender now because you see it through the eyes of the male or the female and you become more respectful. Your inner happiness increases and your joy of Self now begins to blossom ~ for as you begin to know more about another, you begin to know more of Self. And as you know more of Self, you begin to know more of another ~ and this is the neverending circle and the joy that comes from it.

It is time for Farena to enter and give her perspective on joy and since her component in the Search for Self is Lightheartedness, this should not be too much of a stretch. ☺ She will close out the energy of the six of us and Waith will return upon her completion. As we depart, we give you much energy and much love ~ and enjoy the gender differences.

Farena: *Hellooooooooooooo ~ Hi!!!!!!!!!!!! Fluffy! Fluffy!* (Farena is bouncing around the group, fluffing each person and singing)

How many of you have issues about being lighthearted? (Many class members raise their hand and there is much group laughter and chatter as Farena banters with several people)

Most on the plane have difficulty in being lighthearted ~ they think that they have to be very serious about the spiritual path that they are on and say, "The world is very serious and so I have to be very serious."

My role in the Search for Self ~ in the six components ~ is to be the Ambassador of Lightheartedness and to bring you all into an exaggeration of Lightheartedness so that you can begin to balance.

You cannot get off the earth plane, as a training ground, until you have achieved a certain level of Lightheartedness. Being lighthearted is essential to the spiritual mission. Yes, you can be serious for lifetime after lifetime and not have much Lightheartedness.

The Joy of Self ~ that is us! We are the epitome of the Joy of Self! Remember that we present Self in a very exaggerated form ~ and you can too. Jump on one foot in front of a very serious person and see what happens! 😊

Bye for now and fluffies to you all!

Waith: *Well that was quite an interesting presentation, was it not?
Yes, we loved it. 😊😊*

The Joy of Self ~ this is only the beginning. We will be talking more about the Joy of Self as we move into each of the different classes that we have scheduled for this coming academic year. So, this is an introduction to you ~ it will be a threading that goes throughout ~ the Joy of Self is the theme for this year ~ embrace that ~ it is the mantra.

We send to you all the very highest of the white light from the very highest of the Kingdom of Amelius with much light and blessings. Farewell.

Farewell, Waith, and thanks.

