

# *Waith Class Transcripts*

**THE NEW ILLUSION ~ AN UPDATE  
(FROM AN ENERGY PERSPECTIVE)**



*~ A NOTE FOR THE READER ~*

*Waith's words appear in this font style.*

*If one from his Spirit Group speaks, they will be identified.*

**Questions and responses from those in the class appear in this font style.**

☀ **This symbol indicates multiple responses from class members.**

*(References to names have been edited for privacy)*

*Information Given Interdimensionally*

*By Waith*

*Through Mushiba*

*Waith Institute for Spiritual Leadership*

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## THE NEW ILLUSION ~ AN UPDATE (FROM AN ENERGY PERSPECTIVE)

(THIS TRANSCRIPT IS AN EDITED VERSION OF THE WAITH CLASS OF APRIL 15, 2003)

*Waith: The blessings to all of you!*

**Hi Waith!**

*We are going to give you an update of THE NEW ILLUSION FROM AN ENERGY PERSPECTIVE ~ from a perspective of the flow of energy. We have spoken of this change of the energy flow from the current illusion into The New Illusion ~ and that the flow will be changing from North to South, to East to West.*

*There are many now on the plane, more than in the past, whose vibrational fields are switching. More and more of you find yourselves having these fluxes, if you will, in your energy. It is creating a vibrational disturbance!*

*When you least expect it, there will be some types of disturbances ~ it may be only for a brief moment where you feel almost out of equilibrium, and then in a nanosecond, you have returned back to whatever it was you had been before that disturbance occurred.*

*Most entities on the plane who will be moving into The New Illusion are finding themselves with these fluxes in their vibration. Not all will find themselves completely flipping from North to South, to East to West ~ they may simply reach a particular point of vibration where they are almost at that flipping point. When the Earth does its own flipping, the entity will also move in that flow.*

*For those who are now currently flipped already or about to flip, there are some suggestions that we would give, from an energy perspective.*

*TIPS, is what we will call it ~TIPS FOR ENERGY FLUIDITY. Some of these tips are very concrete and some are very abstract.*

*Water is an extremely important component for the encasement that is having fluctuations in its vibration ~ water both internally and externally.*

*Consume water ~ it can be any type of water my loved ones. It can be from the faucet, as you call it. It is the ELEMENTS that are in the water that serve as a soothing of the vibrational changes within. It does not mean that you have to consume gallons of water per day. Rather, as you begin to feel any type of dryness within your encasement ~ and with that dryness you feel what is best called a prickly effect ~ you consume water.*

*The prickly effect means that your vibration is under stress and you need to take a few sips of water ~ take as much water as you feel you need. We are not saying that you must drink a glass of water under all circumstances. What we say is to sip the water, for*

*one thing ~ do not gulp it down ~ and take as much as you feel you need. And, consume the water that does not have caffeine in it or juice ~ simple water.*

*Think of the water that is floating over rocks and pebbles and it slowly moves over and covers and soothes. This is what will occur in your vibration. You may find yourself having this dry, prickly feeling quite a bit.*

*Use water externally ~ this means when you are feeling this prickly dryness, run your hands under water. The water can be cool, cold, hot, warm ~ whatever temperature YOU determine you need. Run the water over the tops of your hands first and then turn your hands over and have the water run over your palms.*

*If all of the conditions are in your favor, you might want to be doing internal and external at the same time. Take a few sips of water ~ run your hands under water ~ take a few more sips ~ run your hands under the water.*

*As you begin to feel itchiness in your palms, this is a sign of fluctuation in the vibration. When you feel itchiness in the feet this is a sign of fluctuation ~ run water over your feet. These are concrete and very easy things to do.*

*Let us now look at something abstract as a tip for energy flux.*

*When you are feeling out of breath, find a quiet spot. Sit or stand in that quiet spot and breathe in slowly to the count of five to ten ~ minimum of five, maximum of ten ~ whatever feels best for Self. Breathe slowly out.*

*While you are doing this, visualize what is called the Solar Plexus ~ the middle of the encasement. Place your hand there and visualize bright white light.*

*The Solar Plexus Energy Center is the controlling Energy Center for the flipping and is the middle point of the North to South and East to West polarities, which is the reason you want to give it light. You do not have to spend a great deal of time or use particular words.*

**Does not getting my breath mean that when I breathe in deeply, it feels like the air isn't going out? Is that what you mean? I'm getting air yet it doesn't feel like it's going in.**

*Yes, that would be an out of breath experience ~ as opposed to an out of body experience! 😊 😊*

**So I don't necessarily have to be panting!**

*No, you do not. It is when you are feeling that you cannot breathe in the way that you are accustomed to breathing.*

**So it is when the breathing is obstructed in any way?**

*Yes. Many of you have been experiencing these types of situations where there is an attempt to catch your breath ~ to bring your balance back in. Sometimes that loss of control of the breath comes from external sources that are bringing stress to you.*

*Understand that those external stressors are affecting you in that way BECAUSE your vibration is in fluctuation. If your vibration were very stable, it would not matter what external stressors were occurring ~ it would not create that out of breath feeling.*

*Remember that the vibration of the Earth now is in tremendous stress and will only become greater before it lessens and before it then flips and brings about its East to West stabilizing energy.*

*So expect now that you will be experiencing the dry prickly feeling, the itch feeling and the out of breath feeling. This all relates to energy and it is all a way of helping you to smooth out your energy.*

*It could be very easy for those of us who are assisting the Earth and bringing about the flow out of this illusion into The New Illusion, to simply go, "Poof ~ Poof ~ Poof to each of you ~ your energy is switched ~ you're smoothed out!" ☺ Indeed, there will be many entities who go into The New Illusion with the North to South polarity and when they awaken ~ as we jokingly say ~ in The New Illusion, their polarities will have switched. That is one scenario.*

*However, for those of you who are doing the polarity switching on your own, this is all meant for learning and strengthening of the energy. It goes into the Soul memory so that as you progress on your path in other lifetimes and on other training grounds, you will know that you have a strength of energy that can accommodate great stress. And, at some point, it will be the end of the illusion again ~ another illusion. And, you will be there helping others who are like you now ~ learning how to do this kind of switching.*

*You will feel it at the physical as well as at the energy level ~ energy fluidity.*

**Does what we might be experiencing happen frequently, just once in awhile or is it individual?**

*It is very individual. You will find that there will be many who will say this is an ongoing thing and it is always happening ~ and others who may have it only on occasion. It is very individualized. It depends on where you are in the process of switching your polarities.*

*As you become closer to your own actual flipping, it will intensify. You may not notice it too much and then as you start to move closer to your flipping, it will intensify. And then once your polarities have flipped, there will still be remnants that you will feel ~ for, once you are in your new polarity, it becomes more challenging because the polarity of the Earth is still North to South and you have become East to West. You will have differences in the way you respond to everything.*

You mentioned the itching in relation to the hands and feet ~ can the itching be on any other part of our body as well?

*Oh yes. We highlight the hands and the feet because that is where it MOST manifests. However, there can be other HOT spots on the body itself that may have the itching.*

And is it also like tension, this kind of a thing?

*Yes, it can be. It is a sensation that feels as if it is underneath the skin ~ not on top where you can easily scratch it and it goes away. Scratching does not relieve it. And sometimes you simply have to let it work itself out.*

*Sometimes, as you have energy that builds up within parts of the encasement, you can push it out. This is a very old trick ~ pushing the hands outward to get the energy unblocked ~ shaking the feet a bit ~ massaging the toes or the area that is affected. Sometimes you will find that one of your mineral friends will assist you by placing the mineral on the itching spot and drawing out that imbalance.*

*Let us now bring into our discussion the element of emotion. You are on the earth plane to learn about emotion. It is as simple as that!*

*Everything that is built into the earth plane, in some way, is related to emotion ~ even nonemotion, the other end of the spectrum. Think about someone who claims that they are nonemotional and they are very firm in telling you that they are nonemotional. ☺*

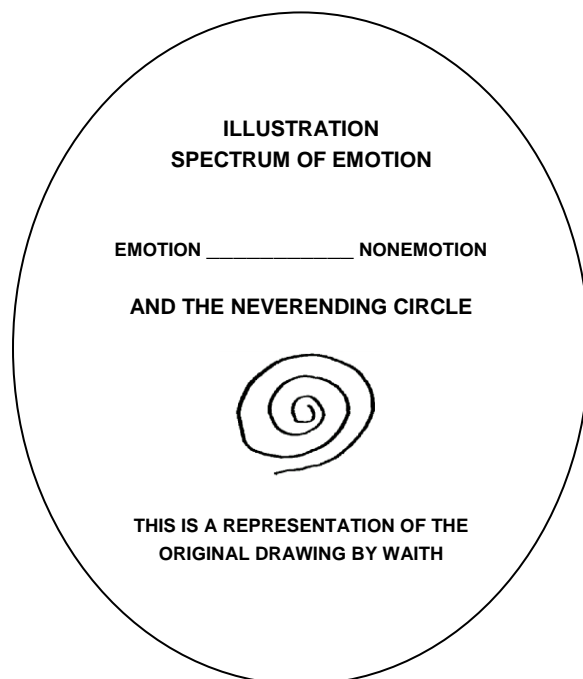
*It is important to experience the entire spectrum ~ the extremes of emotion and nonemotion. At the end of an illusion, the issues of emotion ~ the Spectrum of Emotion, or the neverending circle ~ are exaggerated. (See the Illustration to the right)*

*You are in a time of energy fluctuation that is exaggerated ~ everything is an exaggeration of itself. Think about what is occurring in the greater world, and your own individual worlds. Everything is an exaggeration ~ and it is meant to exaggerate emotion.*

*Why does this happen at the end of an illusion?*

Trying to get those final lessons in?

*Yes and at the end of an illusion the opportunity is presented for energies to enter and take on an accelerated path because it is exaggerated ~ and, therefore, you can get more done at this time in an illusion than you can at any other time in any illusion.*



*What is another reason that things are exaggerated at the end of an illusion?*

**Without exaggeration, the change of the illusion can actually not happen because it has to build up, energy wise, in order to flip.**

*Indeed. It is about energy and energy building up. It is as if you were blowing up a balloon ~ you had to keep blowing it, putting more and more air into it until it finally had enough, burst and was released. This is what is occurring ~ in order for the Earth to flip, it has to have a buildup of energy.*

*We have also given the analogy of being on a swing where you are moving back and forth and going higher and higher ~ and back and forth ~ and you accelerate and gain momentum, going faster and faster, higher and higher. There is a tension that exists with the ropes of the swing and the bar that it is on.*

*Within Self there is a tension of energy that is building because you know that you need to flip ~ and until you flip over that bar, there will be tension. Once you flip, it brings you back into a balance.*

*This is what is occurring now. This is how illusions switch ~ it is all about energy. The ending of this current illusion began three to five hundred earth plane years ago ~ it is not some new thing that has started. Scientists and others say, "This is something that we are looking back one hundred years and this has never happened!" They have no frame of reference to what things were like three to five hundred years ago ~ there were no records.*

*Everything now is so exaggerated that it has become part of the normal way of living ~ this is the way it needs to be. Underlying all of the so called normalcy, however, is this exaggerated emotional base. You can try to control it as much as you want ~ and, yet, it is a very difficult thing to do.*

*The more that someone says they have no emotion, the more it feels within them that they HAVE emotion ~ and the more they protest that they do not have emotion. The battle between those who are considered emotional and those who are considered nonemotional becomes even greater in its magnitude ~ each defending its own position.*

*Why would you want to have emotional exaggeration? What does that do to Self?*

**Emotion is one of the ways through which we learn the lessons. And we feel the vibrations.**

*It imprints the vibration. As you are learning your lessons through the emotional structure, it imprints on your energy ~ and the vibration that surrounds your energy. And during this time, at the end of an illusion, it serves as a strengthening component for your greater energy field.*

*What will happen at the very beginning of The New Illusion?*

☀ **There's a sense of balance.**

☀ **Relative Harmony?**

*Relative harmony. Will there be any exaggeration at the beginning of The New Illusion as there is now at the end of this current illusion?*

☀ **No.**

☀ **Yes, and it will be more toward positive than negative.**

*Other opinions? Yes, no, maybe ~ that pretty much covers it! 😊*

**Relative harmony could also be considered an extreme.**

*In what way?*

**As when we say emotion and nonemotion.**

*Relative, as compared to?*

☀ **To disharmony.**

☀ **Relative as compared to now. That harmony would feel pretty much like an exaggeration.**

*Indeed! Relative to now. The world in which you live now is quite disharmonious.*

*At the very beginning of The New Illusion there will also be an exaggeration relative to now ~ relative harmony to now.*

*What that means is at the beginning and the end of any illusion there is exaggeration.*

*At the beginning of an illusion, it is an exaggeration of harmony. At the end of an illusion, it is the exaggeration of disharmony. We have said to you over the years that at the beginning of The New Illusion there is going to be harmony. However, we have also said that you do not want to think that this is going to be a utopia! 😊*

*Exaggerations of anything are very, very strong lessons to be learned. It is in the balance that you seek to find Self. So, those of you in this illusion now who go into The New Illusion will find yourself still in an exaggerated environment.*

**Will we know how to behave in that environment?**

*This is going to be part of the adventure!*

**It will be so boring when we, all of a sudden, will be in relative harmony!**

*Not necessarily!*

## **This can be a lesson too!**

*Yes. It will be relative to NOW. How you each deal with disharmony now is different from each other. That means that your definition of RELATIVE will be taken into The New Illusion. It will be very interesting.*

*Remember that we have said that there are three basic groups that will emerge at the beginning of The New Illusion. We will review them with you now.*

*The first group will be those who know that it is a new illusion ~ they remember the old illusion. They remember that they were in during this time and they will remember many of the details. Those of you in this room, you will remember being in this room talking about going into The New Illusion. You will remember all of this.*

*Then, there will be the group that says, "There has never been anything like this before ~ this is the only concreteness that has ever been."*

*Understand that the play will be unfolding with the staging that has, for example, in this illusion included dinosaurs that appear to be millions of years old. Nothing in the current illusion is any older than ten thousand earth plane years. However, the staging has been placed and the history has been put into place ~ so called ancient history.*

*In The New Illusion, so too, will there be a new kind of history and there will be this group, then, that says, "No, you people, that is not correct ~ what are you talking about ~ this is the way it has always been!" They will have a frame of reference of perhaps a few hundred years BACK that they can say "We remember back this far."*

*In the middle will be another, larger group. They are the ones who say, "It seems like this group over here, says that there was something before and they have some good points ~ and this group over here that says that there was nothing before and they have some good points too ~ perhaps I need to investigate both."*

*This situation exists currently on the plane ~ the three basic types of mentalities. The difference ~ as it is in the current illusion ~ is that there is fighting with people saying, "No, it is our truth ~ you must believe it or else you will be doomed ~ it is the truth ~ the one and only truth!" The two extreme groups vie for the attention of the middle group ~ trying to convert them into their way of thinking and saying, "You must think one way or the other!" This is the way the current illusion presents itself.*

*In The New Illusion those attitudes will be in harmony and it will be all right for you to believe as you do ~ there will not be the infighting. There will be the groups that simply say, "We respect what you have to say ~ we respect your belief." It will be relative harmony.*

*What kind of lessons do you think will be presented when everyone is in relative harmony? What are the challenges of having relative harmony?*



**We need something to shake things up to have those polarities find a balance?**

*Indeed, and how does an energy grow when there is relative harmony?*

**It's going to be harder!**

*Yes indeed, it will be harder.*

**Not impossible, just harder.**

*Indeed. It is more difficult.*

**A DON'T SHAKE THE BOAT feeling, maybe!**

*Peace and harmony as it comes out of the environment currently.*

**Maybe the difficulty lies in that we have a sense that we're not growing fast enough.**

*Yes, for you begin to feel that perhaps you are not learning anything. What type of situation might that do within Self?*

☀ **Frustration.**

☀ **Lack of creativity.**

☀ **Anger, anxiousness ~ emotions come in slowly, also.**

*Ah-h-h, emotions. We have indicated that the start up of The New Illusion takes generally five hundred to one thousand earth plane years ~ and that is true. All of that five hundred to one thousand years, however, is not relative harmony ~ it is relative harmony only in the lifetime of those who came from the old illusion.*

*The reason that it is RELATIVE for only those who came from the old illusion is that you are the only ones who have the frame of reference from the old illusion. Whether you are in the group that says there was nothing before, the group that says there was something before, or the middle group, at a Soul level you each decided to take on being in one of those groups. Your Soul knows fully well that you have just come from the old illusion ~ and that you are the start up for The New Illusion.*

*Time in The New Illusion will be measured differently than it is now. We tell you now that it will be measured more slowly ~ approximately forty percent more slowly than it is now. From a linear perspective ~ and again remember that the frame of reference is shaky ~ if you are ten years old when you go into The New Illusion, what age will you be in The New Illusion?*

**Six.**

*Very good ~ the math wizards! You will reduce the time by forty percent. So whatever age it is that you are when The New Illusion comes about, you will be forty percent younger. ☺*

*What it means is that you will have, then, this amount of time to be relatively harmonious. However, part of being those who start up The New Illusion is the responsibility to begin telling those who are new to the illusion ~ those who are born, if you will, in The New Illusion ~ what harmony is and what it was in a time past that was not harmonious.*

*And this will be according to your own perspective, which means that it begins to set up the stage for those who then begin to live in The New Illusion.*

*Once you are gone, those who started up The New Illusion will no longer be there. There will be a SEMBLANCE of harmony ~ based on the beliefs that were transmitted by those who came into The New Illusion ~ for several generations.*

*And then it all begins again. ☺ This next illusion, by the way, will be approximately twelve to fifteen thousand earth plane years.*

*The first five hundred years and the last five hundred years of any illusion provide one thousand years of exaggeration ~ harmony and disharmony.*

*Everything in between is where all the NORMAL, common growth occurs. While there is new packaging, the same issues are present.*

*You will, as part of the startup of The New Illusion, have the advantage of that which you left behind in this final scourge of the old illusion. And while there are no gifts given out from The Universal Consciousness ~ implying that you are special, therefore you receive a gift for which you have not worked~ you WILL have worked sufficiently enough by trying to bring Self to a point of strengthening in the current illusion.*

*Thus, in The New Illusion you will have the gift of harmony for Self, RELATIVE to what you had in the old illusion. And, while it may not be the same kind of harmony that another has, it will be harmonious.*

*This will be true of all three groups at higher levels. However, the group that remembers CONCRETELY that there was another illusion is the group that is truly charged with the start up of The New Illusion. There will be laughter toward this group from those who are not part of the group ~ and it will be a harmonious laughter.*

*There is relative boredom at the beginning of a new illusion ~ and that, my loved ones, is the way it is meant to be for boredom is needed at points in your path. You need to have points where there is simply staying where you are enjoying and reaping the benefits of what you have just gone through.*

*Your energy will be smoothed out. The Earth's energy will be very smooth and happy. Your polarities will be aligned with the polarities of the Earth and that is as close to being back in The Universal Consciousness as an energy can be on the earth plane.*

*The disagreements that might occur will not be anything of importance ~ they will be laughed at. There will be differences, RELATIVE HARMONY, and relative to now ~ so there will be differences.*

*However, many of you who know each other now, will know each other in The New Illusion and you will remember the point of harmony versus disharmony that YOU were in during the current illusion ~ and that you were at different points in that emotion. You will be able to laugh with each other, you see. If you are having a great deal of disharmony in your life now, you will have a great deal of harmony in The New Illusion. And if your friend is having not as much disharmony ~ more harmony than disharmony ~ in The New Illusion the percentage of their harmony will be different from yours.*

**It's just hard for me to understand harmony because it's so disharmonious now.**

*The greater vibration of the planet is in extreme disharmony. Yet, many on the plane have found their own harmony within this disharmony, to different degrees.*

*There are many more on the plane who have been caught up in the disharmony that the energy of the Earth is feeling ~ a spinning effect, feeding on itself ~ and they have become more disharmonious because the Earth is becoming more disharmonious at its energy level. It is soon to reach its exaggeration. We do not give time ~ SOON for us is different than SOON for you.*

**Can we consider it a continuation of this lifetime, even though it's changed ~ or is it as if we are making a transition ~ almost like we are dying and being reborn again?**

*That is what happens. When you leave your energy in this encasement in this dimension, you move into another encasement in another dimension and it seems perfectly normal. Sometimes, you remember ~ depending on the level of awareness that you have decided to improve upon or that you have decided to bring into another dimension.*

*Many on the earth plane, now, remember being in another lifetime ~ being in another dimension that is part of the earth plane, and not part of this concreteness. Sometimes that memory comes through the dream state, sometimes it comes through their focusing and sometimes it simply is a snippet that comes or a sense that you have. It is no different moving into The New Illusion.*

*Yes, you will have a different encasement. Things will be packaged differently ~ look different. It will appear to be a new life ~ yet, it will be a continuation for all of your lives are continuations ~ except you are in a new encasement in a new role.*

**What about the babies going back forty percent? You aren't going to make us have babies, are you? ☺**

*If it is in your path to do so, you will. ☺*

**That's over with! ☺**

*You know how dangerous it is to say to The Universe, "That is over with!" ☺*

**I'll take it back! ☺**

*Understand that everything you do is a continuation from one dimension to another. You are in the concrete dimension now, that you are aware. When you go into the sleep state, you go into other dimensions in which you are aware. We are not the first to say that this particular living that you are doing is, in another dimension, the dream state and that you are living in another dimension ~ and when you go to sleep in that dimension, you dream that you come here.*

*The New Illusion is another dimension and you will be as prepared for it as you need to be. It will be a stage setup ~ some will be experiencing when they wake up in the morning, that they are having a baby and they will say, "Finally, it's here!" ☺ You will get up and do what you do normally ~ it will be very normal. You will say, "Wait a minute ~ I was just in this other illusion and now I'm having a baby ~ wait a minute, didn't I say in that Waith class, 'no more babies for me?'" ☺ ☺*

**This is going to be an adjustment for the group that remembers!**

*Do you think so, my love? ☺ ☺*

**I am thinking that there's going to be personal growth, even though the perception of it is slowed or almost not there!**

*There will be growth in a very different way. It will be growth within harmony rather than disharmony. And yes, the challenge is going to be for those who remember, and how you deal with that, with all those who do not.*

**Also, we might not be the same gender because there might not be that gender ~ so that could be a whole new adjustment!**

*Indeed! We have said that the genders will be different in their orientation in The New Illusion and it will be very normal and very harmonious at the beginning.*

**Will you be there to help us along?**

*Our mission is to be part of the start up, through Mushiba. We indicated at the end of our first phase ~ which was the first ten years of our speaking through Mushiba ~ that we would begin our second phase in the current illusion and end our second phase in The New Illusion. At that point, there will be two more phases ~ we have four phases to our mission. So yes, we will be talking up a storm! ☺*

I'm ready for a new adventure! 😊

*Remember that The Universe does give bones out on occasion! 😊 And certainly, for those energies currently on the plane who are very serious about their growth and learning to be lighthearted about their seriousness ~ and learning all that they can through exaggeration after exaggeration ~ will indeed find a reward. We are not saying that it is heaven!*

**If there's relative harmony and a group who is saying, "We remember something else!" And another group is saying, "Hah, hah, hah, you're crazy!" How many are going to wake up in straitjackets in rubber rooms? 😊**

*There is respect. Remember that this also applies only to the timeframe in which you all continue living that life. When you have departed, so too will those who respected your truth have departed ~ leaving behind a new generation who will not have as much respect.*

*Within a few generations, it will begin again where, yes, you would be considered crazy. It will not happen at the very beginning ~ there will be relative harmony. There will be respect for a difference of opinion and an ability to live with that.*

**Will the transition into The New Illusion be painful for some people?**

*It will not be. When any energy leaves its encasement, it is not painful. It appears painful to the outside ~ however, what happens is that the energy simply is moving out. Any physical discomfort prior to departure occurs because of the lessons to be learned. At those moments leading up to departure ~ and sometimes that can be several days on the earth plane where there is a sense of not being quite in the illusion, moving in and out or perhaps in a coma or some other type of situation ~ the energy is not feeling the pain of the encasement.*

*When The New Illusion comes into place ~ while the shifting is occurring ~ all of you will be interdimensional. Those who are going to leave the earth plane will simply leave ~ there will be no pain and you simply leave. Those who are going to move into The New Illusion will go into the dream state. We will take you someplace while all the action is going on in this dimension and the changes are occurring and then pop you back in and say, "Poof ~ you are back in ~ get to work!"*

**With a different encasement!**

*Perhaps. And, perhaps a different gender. 😊*

**Does all energy change?**

*Yes indeed. The concreteness of the illusion will have its own stage just as this illusion has and opportunities for energy to enter in ~ all different packaging ~ all brand new.*

**Will there be extremes in the climate, like the Arctic?**

*The planet will have a fifty, fifty allocation of land and water ~ which the beginning of every illusion has and then it begins to change in its percentage as the illusion progresses.*

*You will have some differences in climate for the Earth, as a planet, will still be in its same type of configuration with other planets. It is important to live your lives now, not thinking that there is a new illusion. Be careful of thinking, "It will be wonderful ~ I will be rewarded for all my hard work!" Or saying, "I don't need to worry anymore ~ I'm not going to work at this particular issue any more!"*

*Once you do that, then you negate the possibilities for The New Illusion ~ which is the reason that we are very careful about what we give for information.*

*So we depart now, my loved ones.*

*We send to you all the very highest of the white light from the very highest of The Kingdom of Amelius. Farewell.*

**Bye and thank you, Waith.**

