

Waith Class Transcripts, Excerpts

UNIVERSAL TRUTHS

FROM TRANSCRIPTS 1987-1996

(Examples of Universal Truths, More on The Four Phases of Learning and Teaching Transcript dated April 17, 1990, Reaching a Balance, Universal Love)

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*Waith's Words, and the Spirit Group's Words, appear in this font style
(If a Spirit Group Member speaks, they will be identified)*

Class Member Questions/Comments appear in this font style
(Multiple responses from the class are preceded with this symbol ☼)

Truth, Unconditional Love, And Justice

(November 29, 1988)

As long as you equate your own progress with Unconditional Love to that which you view as truth then all is in balance, all is well. It is when it becomes out of balance that an entity begins to develop difficulties, for when your actions are not centered around Unconditional Love or the development of it, then there will be no truth.

The truth is the ultimate condition in The Universe. It merges with love and therefore presents total justice, for justice simply means that all has balanced, and while you may not see what you perceive to be justice done, it is not for you to necessarily see this, for justice is performed at the Universal Level rather than at the earth plane level. And it is when your soul has released itself from an imbalance, and therefore achieved a greater understanding of truth and love, then a bit more justice is performed, and it is at the Universal Level and it is what each of you seeks to understand in your own meditations and in your own seeking of the Higher Self that you will understand the justice, you will see closer the truth that comes from The Universe and you will have greater wisdom and there will be greater beauty coming from your souls as you understand the intermingling of these three concepts.

Many of you are working quite well in this area and in understanding your own truths and in understanding that you do not impose that which you understand to be true upon those who might be at another point in their path, rather to accept another's understanding of truth, what is right for them as simply what is and to not question but simply to support their own progress. And if their understanding of truth is so very different from yours, so be it, for they may have a greater understanding or a lesser understanding than yourself, but it does not matter, for you at one time also had a lesser understanding, and you will now have, compared to others, a lesser understanding and therefore there must be tolerance and there must be love given out to those all around you, for you may not know, and in fact you will not know for the most part, who has a greater or lesser understanding of truth than you. It will only be the perceptions of yourself that will create the illusions of greater or lesser than yourself.

You may receive information in your meditations about a particular person with whom you may want to have greater understanding, and the information may be given to you so that you may Be of Service to a particular entity, but you must be very careful of making judgements, for no one of you knows precisely where any other entity is on their path and most especially where they are on their path in comparison to you, nor does it matter.

Unconditional Love, Following Your Own Truth, And Growth

(November 29, 1988)

As you gain a greater ability to give Unconditional Love you will also gain the wisdom that goes with this and the insights will become clearer to you. And as you gain a greater ability through

your meditations to find your own answers, so too will the truths at The Universal Consciousness be revealed to you, and you will have the understanding that will enable you to grow, yourself, as well as to Be of Service to Others to help them in their own growth.

Unconditional Love is the ultimate freedom, for when you love unconditionally you have no constraints upon yourself and therefore there can be no so-called threats to you as an entity for you see the truth in its ultimate, and that, my dear ones, will be achieved ultimately when each becomes a part of The Universal Consciousness once again. The fun is in the trip. And with that we would now cease this initial presentation of what we have to say, for there is far more to this than we have presented now and would accept questions from any of you regarding what we have just discussed.

When there is my truth, and someone else's truth, I need to follow MY truth. And just allow them their truth. There will be no injustice that way if I follow my own truth.

Yes. That is correct. You must always remember this very important point that you must follow your truth. The injustice, the imbalance comes when you attempt one of two things, to follow someone else's truth that is contrary to your own, or to impose upon others your own truth. Both create an imbalance in your soul. As long as you follow your own truth all will be in harmony. There will be points when the harmony will be out of balance, for that is part of the learning that all take on, whether it is the earth plane or any other plane available for learning, any other dimension, nonetheless it is a Universal Concept that an entity must follow its own truth. It is not as easy to do as it is to say, as you all know.

I Am Trying Very Hard To Practice Unconditional Love ~ Do You Have Any Guidelines? (November 29, 1988)

You have accomplished the most difficult part of this, dearest one, and that is in an understanding that you are trying to achieve Unconditional Love, acknowledgement of the fact that it is something that needs to be achieved. There are many who do not acknowledge that and go on their ways in the manifestation without consciously working toward Unconditional Love. The mere act of consciously working toward it is in itself the guidance for you, for you are aware at all times that you are trying to achieve this.

The caution that we would give to all of you is to not be hard on yourselves when you find that you are not loving in an unconditional way and that you were judgemental, for if this did not occur then you would not learn, you would not grow. If you were able to achieve the ultimate Unconditional Love you would not be on the earth plane. You would be back in The Universal Consciousness, and so your own awarenesses ~ be careful of condemning yourself. Do not do this.

The Universe forgives in an instant. The Creative Force forgives before it has even occurred. There is total acceptance at the Universal Level. Why can you not forgive yourselves? If The

Creative Force loves and forgives, so too can you. And at the end of each day upon reflection of your behavior and your activities, if you find that you behaved in a way that was not according to your own truths, then forgive yourself, and in your meditations seek the comfort that you will try the next day, ever so slightly if it be, nonetheless you will try to achieve a step further along your path. Love yourselves first for then you will be able to love others.

Topic ~ Universal Truths ~ A Basic Understanding Upon Which The Fragments Already Given Can Be Pulled Into A More Cohesive Story

(April 02, 1991)

Thus, we will now give you some information that is not ~ has not been given out as yet regarding Universal Truth. We would do some illustration here, for it will further aid in understanding. Yes. Now, Universal Truths. Many of you already understand the basic concept of the Universal Truths. We have given fragmented information regarding Universal Truths. What we do now is to give you, shall we say, a basic understanding, a foundation, upon which, then, the fragments that we have given can be pulled in to form a more cohesive story, shall we say.

Waith Draws A Symbol Of The Circle In Explaining The Universal Truth Of Wholeness

(April 02, 1991)

Now, the most important aspect of the Universal Truths theory is related to the concept of The One, The Universal Consciousness, and we would use, once again, the symbol that you know as The Circle. And the Universal Truth, then, is wholeness. This is the most important concept. Whole-ness. Wholeness. Now. The Universal Consciousness, then, in its ultimate finality, is wholeness. This is the Universal Truth. It is quite simple ~ wholeness.

Wholeness Means A Return To The One, That Which Is Neverending, No Beginning And No End

(April 02, 1991)

Wholeness, then, means a return to The One, to that which is neverending. There is no beginning, there is no end ~ thus, the circle. And the wholeness is the ultimate truth, that all energy eventually returns to The Universal Consciousness, and all energy returns to itself making wholeness a reality. Now. It is, however, much as you would find in the splitting of energies from The Universal Consciousness, that in order for wholeness to be achieved, there must be these little splits, shall we say, components of wholeness. We have spoken to you of fortitude. For-ti-tude (Waith writes on the easel)

Example Of Some Components Of Universal Truths ~ Fortitude, Patience, Love, Judgement

(April 02, 1991)

Fortitude, then, is one of the components that make up this journey back to wholeness. It is one of the Universal Truths. Patience is a Universal Truth. And, of course, love is a Universal Truth, and judgement is a Universal Truth. There are many components that make up the Universal Truth's wholeness package, shall we say, and we will, as time goes on ~ we have much of that on the plane, from now until it is time for us to leave ~ discuss in greater and greater detail and depth, each of these components, you see. There is much to be given for information that energies currently on the plane would find not of an understanding, and thus, we must look at this in an elementary way first and then gradually work up through as your own understandings increase.

**In Striving For Wholeness, You Strengthen By Working On Components Of Universal Truths
(April 02, 1991)**

Thus, we look, then, at this concept of striving for wholeness, and that as you each work on fortitude, for example, you strengthen your own abilities to become whole, and that wholeness is not achieved until the return to The Universal Consciousness is achieved. Universal Truths, then, are those standards by which all energies that are incarnated, in whatever physical form it might be, including those who are in energy form, it is that standard that all journey back to The Universal Consciousness is measured, you see.

**Each Component Has A Spectrum Of Extremes, With The Goal To Be Balanced In The Middle
(April 02, 1991)**

Now. There is in each of these components what you would refer to ~ The Spectrum, shall we say ~ this is one extreme at this end, and this is another extreme at this end, and in the middle is the balance, you see. Now, in looking at wholeness as the goal, we would then, shall we say, superimpose a circle upon The Spectrum, and that as all energy finds itself in some arena outside of The Universal Consciousness in all of these points of energy, as we have described in the past, the points of energy find themselves, then, also on The Continuum Spectrum. And there is the continual effort to balance, to be in the middle, so that there is not the extremes, you see.

Now, understand that the goal in returning to The One is to reach the highest of the Light, and that on The Spectrum of Light, we would move from the extreme of dark to the extreme of Light. This is different, now, from the goal of achieving balance with each of these components of the Universal Truths. The goal, then, becomes the middle ground, if you will, for it is in that, that the total, the wholeness, The Universal Consciousness, achieves its equilibrium. It is surrounded by the Light, which is a totally different issue.

So, all of the Light of each of the energies, all of us, you see, various intensities, form this circle, you see, and it becomes, then, strong as a result of the intensity of the light, and the stronger that the Light becomes, meaning all of us, the stronger, then, does the energy field, this Universal Consciousness become, for as you increase in your Light means that you have achieved more

toward the middle in balancing with the Universal Truths, and as that occurs, you see, there becomes, then, simply a settling effect.

It is as if you were to stand with your hands held out like this ~ and you are balanced, and the Light all around you is of uniform intensity, so that until there is the middle ground, there will be a bit of, shall we say, lopsidedness ~ perhaps you are here, or you are here ~ and that each of us in our individual manner contributes to the totality of the balance of The Universal Consciousness, and it is, then, the goal of the Universal Truths to achieve, then, the final return back into The Universal Consciousness. That is elementary information.

Now, you see, what will come is that, in understanding this information that we give to you, you take this into your meditations, and you begin to assimilate this information into your own consciousness, for it is only each of you who can know within Self where you are in this energy field and how much you have achieved the balance in a particular issue of Universal Truths. The Universal Truths, also, are the major component from which all of the many issues that you find yourselves dealing with comes.

Now, each of those components that we have just very briefly given you, and certainly not in completeness, fortitude, love, judgement and this sort of thing, think of them, then, as miniature circles. So, you see, we have this main Universal Consciousness, the Universal Truths, and this becomes one circle, this is another circle, this is love and this is honesty. (Waith is drawing) It is then, each of these, has all their own issues. And this is where all the fun will begin in our giving you information, for, you see, we will take one of the components ~ and we will try to do this in as organized a manner as we can. However, we cannot guarantee this, for it will be over much of a time period, you see, many, as you would say, many years on the earth plane that this will eventually begin to unfold itself, for there is much information here. But understand that it is all, as you have begun to realize in The Universe, very ordered. There is no randomness in The Universe. It is very, very ordered, and each has its component.

There Is Only The Universal Consciousness, Which Is All Energy, Which Is All (April 02, 1991)

Understand, however, and this is most critical for all to understand, that all is connected. There is no head guy, shall we say, who is unconnected. There is only The Universal Consciousness, which is all energy, which is all, and The Universal Consciousness, each of us, jumps out. And all of these components that you see here, all eventually go back into its source, and the source, then, goes back to its source, and we are the source. We return to ourselves. That is the secret, which is no secret. We are each other. We are ourselves.

So, this, then, will be topics of discussions for many, many, many sessions to come, some of which we will give in Public Sessions and some of which we will give in group sessions, perhaps the community membership only ~ or other kinds of sessions, but nonetheless, it will be given

out and eventually given its order, but this will take some time. So, you see, there is, then, much complexity and yet much simplicity.

Why Do You See Two Extremes In The Universal Truth Components?

(April 02, 1991)

I understood that the ultimate truths consist of one unity, and this consists of several components, but what I do not understand, is why you take one component like love, where you say you have two edges, one here and the other one here, and everybody tries to find the middle to level it. I think there is only one goal which you want to achieve. Why do you see two extremes in the components of love?

Yes. Very good question. Yes. There are the extremes in all of the Universal Truths. There is that which is, let us say, honesty. We will take this as an example. So, we have honesty, and at one extreme we have total lack of honesty. Total. No honesty. No awareness of honesty. And the key word here is awareness. Now. It could be at this end or at this end. It matters not which side it is on. At the other end, then, is complete awareness of honesty. Total perfection of understanding.

Now, your question. And it is difficult to see this in this graphic form, but remembering that all is neverending, there is a circle, that there is no beginning and there is no end, that indeed this Spectrum as you see it is not ending. There is not, "Well, here is this side," and "Here is this side." This is simply not the way it is. However, once the move from total unawareness is achieved and moved toward total awareness, what then occurs is what you would call a closing of the loop so that this Spectrum, then, becomes a circle, and the circle is, then, in the middle, is the balance, so that there is total unawareness and total awareness of honesty. And once the total awareness has been achieved, it flips around and merges with total unawareness, thus creating the neutral zone, shall we say. It becomes, then, the two extremes forming the balance.

Now. This is another aspect of the degree of difficulty in this concept, and you will begin to feel more comfortable with this concept as times goes on, so that all that occurs is neverending, no beginning and no end, you see. So, it is all, as best described on the plane, circles, you see. For now, does that give you any clearness?

I think what makes it difficult for us to understand is that on earth plane we go from point A to B, on a straight line or circle, but from the spiritual point of view, that is probably not that simple. You do not go from one position to the other one because one position is linked with the other one.

That is correct. Yes. But in order to explain it on the earth plane so that the levels of understanding that exist in this illusion must be explained in this way. Thus it is, then, you see, that because of the awareness level on the plane in this illusion, this is the beginnings of how it is explained. It will be up to Terra Lux to help explain this, but first you must, of course, understand it yourselves. And thus, we give the beginnings of this information, for as you disseminate this information in written form you will present it in an organized way without giving, shall we say,

a discussion of fortitude and then several pages after that discuss what we have just given you now, you see. It will be ~ Limeria will be able to keep this organized. We, by necessity, must present it in components, for to understand this concept is not easily achieved by many.

A while back, I was talking to someone trying to explain this, that we start off from The One, but then we sort of go up in levels until we become One again. And then tonight, I got the idea that this is where our color range is, like all those in a certain color range would be around the circle learning our lessons.

Color does have ~ it is an indicator of a particular point, but it is not quite as simple as that, but you are in the right arena of understanding.

And then, the picture that Amelius gave of his energy to us, three of the pictures got wet, unfortunately. Underneath, what shows was this similar idea of all blue specks in the picture. Now, does this mean similar again to what you are saying that the color range, of the blues?

The area that ~ of discussion that you present, my love, is correct. There is discussion that needs to be given so you are in, again, the right arena. It will be presented at another time when we are discussing color, for this is very, very simple, and first there must be the understanding of the basic concept before we begin to add things like color.

May I draw something and ask you what it has to do in relationship to this?

Yes, my love.

In my meditations, I have been seeing a center circle, which I thought was me, my center, and then circles around. It is almost like a donut of rings. And this is a center, and this is me, and there is so much information that is being disseminated that I am trying to understand this symbol in relationship to the whole.

We would then add more circles, more circles, (Waith draws on the paper) neverending circle of circles, each energy at the very center, and each energy has circles of energy surrounding, which are surrounded by circles of energy. And what it means is ~ if we could refer back to another ~ let us see, now ~ the points of energy that make up The Universal Consciousness and make up the energy field outside of The Universal Consciousness are, in fact, these circles of energy of which you have visualized. So, we are all energy surrounded by circles of energy. We are circles, you see, surrounded by circles, surrounded by circles. So, what you simply see, my love, is your point in the particular energy field and that you are surrounded by other levels, other layers, all, however, intermingling.

I have also gone to the core and nucleus of the center of me.

Very good. It is not easy to do.

Not all the time, but circles seem to be a common theme throughout.

Yes. Circles are. Perhaps if you say the word circle one more time, ☺ there will be an understanding. So, your meditations have been accurate, my love.

I have been trying to get rid of the circles, thinking that they were being an annoyance to me.

Quite the contrary. You would want to work with the circles, for the circles that surround each of us indicate that they are of higher advancement and therefore capable of giving advice and guidance, you see, higher levels of Self as well as other energy forms. So too, are each of you a higher level, if you will, of one another and able to give guidance to another, you see.

**What Are These Circles? Are These Discreet Energy Forms, Or Part Of A Larger Energy Form?
(April 02, 1991)**

It is energy, my love. That is all that it is. It is energy. It is best ~ you see, it is not something that can be drawn, if you will, for it simply is. However, to visualize it, which is what is necessary on the earth plane, to visualize it, you would ~ visualize as you would from the light of a candle, and that occasionally from the light of the candle there will be small sparks ~ sparks that sometimes emit. That is what these circles are. They are little sparks. Little sparks. That is the best way to describe it, bouncing and vibrating and creating.

Like sparklers on the Fourth of July?

Yes, very similar to that, sparklers. For when you would view that sparkler, you would see much like a circle formed in much like a circle.

Also, along with the Universal Circle, I have been seeing what appears to be the front.

Yes. It is no coincidence, you know, that on the plane the sun is viewed as round, the moon is a circle, and it is NO JUST HAPPENING, you see. There is order to everything, and the illusion that is currently on the plane is all organized and planned out, you see, to give consistency with symbols that then allow for the continuance of the illusion and a better understanding as growth occurs. You know, understand that in Atlantis, during that particular illusion, the symbols were quite different, meaning the same, but it was quite different. And in The New Illusion there will be different symbols, for the same concepts, however. It simply allows for a standard by which the masses can understand information.

Also, I have seen an arrow go ~ shoot right through the center of the core of this being. And this, to me, is also a symbol.

And what do you think that might be, my love?

To reach the core, to reach my center, to be balanced, to go within, many different things.

That which is the arrow has been given a symbolism on the earth plane for this particular illusion, one as a symbol being one of death. Death. Meaning infiltration, going to the core, and it is not a coincidence that it is shaped in the way that it is, for that which is at one end balances that which is at the other end, if the arrow is constructed correctly, and that it unites several kingdoms. So, you have, then, The Mineral Kingdom which composes that which is the blade, and you have The Animal Kingdom which composes that which you call feathers. And you have The Earth Kingdom which is the wood, and it all comes together to enter into the deepest part of The Human Kingdom to create a sense of understanding of the connectedness of all, the searching within, for this symbol of the arrow goes deep, be it in the human encasement or other encasements currently on the plane. It has the ability to go into any encasement if constructed properly.

That was a little added bit of information that was not on the agenda. However, it seemed appropriate since you did bring it to the attention of the gathering. This concludes the information that we will give in this session. Are there any other questions that we may be able to answer relating to what we have given to you now?

This Information You Provided Is Not Understandable To Me ~ Should I Just Meditate On It?

(April 02, 1991)

I am just wondering whether we are able to understand this with the brain, or whether we have to go into meditation, just take this as Universal Truth, the way you present it, and say that is the way it is. So, do not try to understand this and try to find a logical explanation for this.

It is why we have you in the community. For, my love, you do have the understanding at spirit level, at the Soul Level. You work through the understandings at earth plane level, for there are many, many on the earth plane who would view this in the same way as you do, however, without the inherent soul understanding that you have. And thus, you are able to be a representative of the energies who do not have the Soul memory to call upon as you do, and rather, you will present the question, present the lack of understanding at earth plane so that others, then, will know that they do not understand and it is all right to not understand. You see?

It takes growth and awareness to understand this, and that comes through meditation, you see. The answers eventually, ultimately, come through meditation. And once there has been an understanding in the meditative level, you bring that into the conscious state gradually. It merges in the conscious state, and you will find yourself one day simply knowing without understanding

how that happened except that it happened, and that you suddenly will say, "Oh, yes, but of course."

However, that conscious awareness can only be achieved through first an awareness at Soul Level and meditation level. You have this awareness already, my son. You simply keep it in another level for the time being, for you work toward meditating and merging your spiritual and your physical components, as is the mission of Terra Lux to aid all in balancing between spiritual and physical. This is the mission, my dear ones. This is the mission.

I am thinking whether this might encourage people to continue, or discourage people. If you are new as a member, this is so complex, so difficult, how I would be ever to understand this and to grasp this a little bit.

Yes. Which is the reason why this particular information that we give in this session will not be disseminated at random, but rather, is a part of a planned manner in which information will be disseminated. You are correct in that some would be most discouraged. However, there is other information that individuals will need before they are ready to hear this information, you see. But there are others who are ready for this information, and indeed need this information in order to take it into meditation and to continue on in their growth, you see.

What we attempt to do, then, is to give you various levels of understanding, levels of information that when given to the appropriate awareness levels of energies currently on the plane will assist in their own growth and awareness increases. Yes?

Are We Working On Different Universal Truths At The Same Time, Or One At A Time? (April 02, 1991)

You specified the different sections which form the Universal Truths. Is each individual working simultaneously when we are on earth plane right now in each individual section at the same time, or is it more that we are working on one, and when we reincarnate, we are focusing more on the other one, and then the third and the fourth ~

Oh, if it were that simple! And that easy. Well, in this lifetime I will simply concentrate on fortitude, and in this lifetime, I will only concentrate on honesty, and until I have done it ~ I ~ that, you know, I will not concentrate on anything else. It is not quite that simple. While certainly not all of the Universal Truths are worked on simultaneously, several, at any given time, are simultaneous. And it would be good to go back to the discussion we gave on the four stages of learning issues to understand where you might be in a particular stage of learning an issue, for the issues are those that we have said spring from each of the components of the Universal Truths.

You will begin to tie this together, Limer. Mushiba will assist you in those areas that are appropriate, for the learning stages will be a part of this understanding, and so you will find from sessions we have given quite some time ago information that becomes appropriate to place in this context now, and it will then begin to show a connection.

For understanding it, as we gave it during that time is appropriate, and for some, that will be all that they will be able to comprehend, but as we begin to expand this body of knowledge, we add the components, and those who are able to understand it will be drawn to that information in that form.

From The Spiritual Realm, Energy Forms Are Seen As Circles Of Sparkling Lights

(April 02, 1991)

Back to these energy forms. I understood an energy form is, for example, an entity, an animal, or a tree, or we as human beings. A well-defined energy form which will exist in spirit, will reincarnate, and will go back in spirit. That is understandable to me. However, when you talk about sparkling things and how they work as an energy form, then have I lost it.

As we are with you in this gathering, we do not see the physical encasement. Through the eyes of Mushiba there is the physical encasement image. However, what we see are sparkles. We see bright energy. Energy is an encasement in itself, so energy is encased within an encasement which is an encasement. So, we see you in your physical encasement, but there is the spirit encasement, the energy ~ for when we are in The Universal Consciousness there is no encasement. There is nothing. It is simply being. We are encased, and it is that image of sparkles that best gives you the standard by which you can understand what this encasement is, you see. If you were to describe the physical encasement to one who had never seen it, how would you describe it? You would try to find a frame of reference that the listener would best understand in describing something that is concrete. Thus it is we use this as a symbol, you see. Meditate on it.

Reaching A Balance Within The Spectrum Means One No Longer Has To Think About It

(April 02, 1991)

When you are talking about honesty and the two ends, the opposite ends, and the center being a total honesty, did you mean that the center is total authenticity to the degree where one does not have to think about it ~ or one just is?

That is correct, my love. Simple, you see. Quite simple. And on that note, we will depart. And that will be a very good point of reference, my love, for us to pick up on, and we thank you, my love. A most appropriate frame of reference for us as we continue our discussion in future sessions. Understand that we simply are. We simply are. All of us are One.

Gather yourselves. Call upon the energies that are you, the beauty and the love and the Light that are each of you. Take that energy and visualize it filling the entire encasement. Breathe in and breathe out. Breathe in once more, slowly. Breathe out. And now take the energy that is Self and bring it outside of Self and share with those in the vibration. Infuse each other with each other's energy and love and brightness. We give to you our energies of love and brightness to infuse. Feel our energy. Take this energy for strength as you continue in this year of strengthening.