

Waith Class Transcripts, Excerpts

WALK-INS (ENERGY EXCHANGE PROGRAM)

FROM TRANSCRIPTS 1987-1996

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*Waith's Words, and the Spirit Group's Words, appear in this font style
(If a Spirit Group Member speaks, they will be identified)*

*Class Member Questions/Comments appear in this font style
(Multiple responses from the class are preceded with this symbol ☺)*

The Topic Of Walk-Ins (November 19, 1987)

We are going to discuss a topic that you have begun to hear about, perhaps some of you, and may want to know more about. For some of you, it may be the first time. And this is a topic that is referred to now on your earth plane as Souls who Walk In. Are you familiar with this? Yes, many of you are. It is a phenomenon that has occurred throughout the history of Planet Earth. However, during times of cataclysmic occurrences, such as you are about to experience, the process is accelerated as we attempt to clean up with certain entities that are on the earth plane now, those who feel that they will not be able to survive the cataclysm anyway. And so, they allow us to bring in a new entity.

You must realize, first of all, that the walk-in process is not hostile. We do not grab some entity out of their physical being to replace with someone else. It is something that is given permission for by the current entity. It is a useful process since an energy at another dimension, other than the earth plane, can enter a relatively mature physical body and not have to go through the birthing process, as well as the maturation process. And because of the shortness of time frame here before The Shift, we are seeking out those entities who may be agreeable to this exchange. It is to be looked at in a very positive manner, not in a negative manner. It is for the good of the body. This comes from The Creator. There will be many among you who will be walk-ins, as you refer to it.

You must realize that the walk-in is a very highly advanced entity. He is coming in as a special emissary and is aware of this mission, and that once the initial transference has occurred, and the new entity has taken on the memories and physical characteristics of the former entity, that the new entity will be very aware of his or her status and will therefore choose whether to reveal, depending upon the mission of this particular entity. Most of the walk-ins will, at some point or another, reveal who they are to certain individuals. Some may reveal it more publicly than others. You will, many of you here, have friendships with walk-ins. You may have friends now in whom you will begin to notice changes.

What Happens To The Person Leaving The Body For The Walk-In? (November 19, 1987)

What happens to the people that are occupying the bodies? Do they leave their bodies or do they share it?

They leave. Their mission is completed. It is as if they died, if you want to use this term, except the physical body still remains, and those around still think that the person, the entity, is still there. Those who are familiar with the entity will soon notice changes in the personality because it is in fact a new entity and new energy, and you will see major changes in the particular person's life that will take place that seem to be totally surprising. You will see for the most part a much stronger individual.

Usually, the entities who agree to this are those of a lower spiritual vibration or an entity who feels no longer able to cope with the life that was chosen and for many reasons wants to leave. And rather than an entity perhaps taking their own life and therefore creating incredible problems, the message is sent out, and of course we pick up on it, that they would just like to leave. And so, we are most eager to work out a deal, so to speak, with these entities.

Most often, what we work out is that whatever the debts that a particular entity may have, or inability to meet lessons, will be given special attention by a special group of teachers whom I will assign from my particular Angelic mission. I have of course my own group, as I have explained before. Other Archangels are doing the same thing. So, we have many, many work groups where we are just assigned to find as many as we can. Many of the entities coming in are of The Angelic Force and are here for very specific missions to help

Does A Person Know That It Is Happening To Them?

(November 19, 1987)

The entity does indeed know that it is happening, maybe not at the conscious level. There is an agreement that is made, a contract that is worked out, if you want to use that earth term. And this contract is agreed upon, and it is a very gentle process. Many times, it occurs during the sleep state, the transference. You simply go to bed and the next morning when you awaken you are a new person.

Does It Often Take Place During A Near Death Experience?

(November 19, 1987)

It can, my dear. In fact, it has on many occasions when the entity is at the door of passage here. The decision must be made as to whether or not the Soul has the strength to battle, perhaps, going over or staying. Many times, near death is not a result of a physical problem. Rather, it is a spiritual problem, an inability to carry on further spiritually. And rather than, if you will excuse the pun, give up the ghost, the entity says that they would like to leave, and at that moment the transference occurs. It is ~ how shall I describe this to you ~ a passing through. As the energy leaves and the new energy comes in there is a merging at one point. and the two energies are one, and the entity leaving is given very positive energies from the entity arriving, because the entity arriving is a much higher evolved spiritual entity. So, there is a shot of energy given and it occurs instantaneously. There is not a moment when the physical body does not have the Soul in it.

Is The One Who Has Left Aware Of Their New Status?

(November 19, 1987)

The one who has left the body, once coming into a dimension other than the earth plane, has an awareness, as do all entities, for the most part, of their new status, as you might call it. We are very protective of those who go through this process so that as they cross over, we are there. I assign one of the Higher of The Angelic Force to make certain that the passage is smooth, and we bring the entity to what might best be described to you as a rest and relaxation dimension. For the most part, you must realize, that the entities who chose to go this way are very spiritually damaged and need a great deal of soothing. They may be very surrounded by the darkness and have become caught up in a negative cycle. They are told that they have an opportunity to break from this negative cycle by allowing the transference. Therefore, they would be able to make up and learn certain lessons at a greater rate than if they did not allow this to occur and they continued in this incarnation until the deemed time of departure.

**Are There Certain Physical Locations In Which These Energies Leave And Enter The Body?
(November 19, 1987)**

They enter through the solar plexus, as you might refer to it. This is the entry and departure point.

Is that the same place at birth, when a child is born?

Yes indeed.

**Will The Exchanging Of Entities Be Accelerated During The Time Of The Shift?
(November 19, 1987)**

Yes, it will. We anticipate that there will be a great number of entities with high vibrations who could stay on the earth plane, though choose not to for whatever their reasons, and that we will make contracts with them and therefore be able to send in a great number of highly advanced entities, specifically many from The Angelic Force, because the strength of the Light is going to be needed during this time frame.

One does not have to exchange in order to move ahead or to advance. You can in any particular incarnation advance tremendously. You can come in at one vibrational level and because of your lessons learned and your own abilities to open your Spiritual Centers you can increase your vibrations tremendously within one incarnation. This is happening frequently now during this accelerated time frame. It means though that you experience a great deal of pain, and many entities choose to do this knowing that with the time frame just prior to major cataclysms is time of accelerated growth, and the opportunity is there for you. There are some entities who choose to come in and learn one or two lessons, and if they learn those lessons then they have advanced and when they come in to their next incarnation, they are one step higher, you see.

When Walk-Ins Come In, Do They Continue With The Other Person's Physical Afflictions?

(November 19, 1987)

Not necessarily, my dear. In many cases the physical afflictions that you all have are for lessons learned, and if the entity coming in does not have to have that particular lesson or ailment, then it will be taken care of in one way or another. It may happen that the entity entering may continue with a particular physical ailment for whatever reasons. However, it is not necessarily required.

As We Have Walk-Ins, Could You Shed Some Light On Walk Outs?

(February 23, 1988)

Indeed, for those who choose to leave their physical bodies do so primarily by choice. They have determined that they are unable to complete their mission, for whatever the reasons may be. There are many reasons why a particular entity will come to this conclusion. At this point on the earth plane history, we are taking advantage of physical bodies, and rather than lose the physical body when the energy form wishes to leave, there is simply a replacement, and it is done through mutual agreement, and there is not a hostile takeover that occurs. It is usually a case where the energy form, the entity, calls out to The Universe, calls out to the guides perhaps. There is discussion about leaving. There is a great deal involved here. It is not as simple to say that an entity wants to leave. It is not always in the best interest of the entity to leave.

There are many who would want to do this, and it can be for many an easy way out, not facing the problem, not facing the test and the lessons. It is done with great counsel and advisement. It is not allowed to be done by those at ~ lower levels are not able to make these decisions. These decisions come from the highest levels. There are several in my Angelic Force who are given this decision-making ability. Many of them must come from my level directly, or from any of the other Archangel Levels, depending on who has charge of whom. It is not something that is done indiscriminately.

We also have the option, if you will, of approaching a particular entity who we feel might be better served by leaving the physical body rather than continuing on the path of darkness. That is usually the situation that will prompt us to approach the energy form and offer them the alternative of leaving their physical body before they encounter any more regression of soul, or before they have a psychic collapse, and give them the option of going onto a Rest Planet, a dimension of reflection. They may choose to take us up on this offer or not. Again, it is their choice. It is a very rare instance where we will intervene and take an entity. It is done only in rare, very rare, situations and the circumstances are taken on an individual basis.

So, as Planet Earth approaches its cleansing time, we are attempting to bring onto the Earth advanced entities who take over the body, the physical body, and we do this differently from simply manifesting. Simply manifesting does not allow the energy form many times to carry out a

mission. To enter a body that has already established a reputation on the earth plane many times serves as a vehicle for the new energy to teach.

So, for example, if there is an energy form ~ and this has happened on many occasions ~ that has a negative reputation, someone who is looked upon as being unscrupulous, unethical, all these things that are signs of darkness, then they agree to leave so that they can perhaps get a better start in another incarnation. They leave their body and we allow an advanced entity to come in who, of course, is not unscrupulous, is not unethical. It then appears to the world around that this entity has changed, is suddenly good, and is able to effect tremendous numbers of changes in peoples' consciousness, simply by the appearance of it being that there is hope for all who may not be treating those around them in a good manner, but now suddenly, as you might refer to it, has found God!

They are reborn.

Yes, reborn. In many cases they are just new entities. Not always. Be careful of making your judgements, that those who claim to be reborn are not new entities. There are many who have altered awareness as a result of certain experiences. They are the same energies ~ they have not been replaced. You will notice, one way of recognizing what we call the walk-ins is a very dramatic change in behavior that takes place over a period of time in which a new life style is developed, new friends are developed, those that were friends are no longer, new types of friends are made, a very noticeable change. It usually takes several earth years to take effect.

Discussion Of Walk-Ins (May 09, 1989)

Waith, speaking of walk-ins. A transference of energies does not necessarily need a comatose condition or an unconscious condition to take place. Can a walk-in transfer take place, like during a sleeping condition? Why are you smiling like that? ☺

You can be seated speaking with me now as you are and transfer of energy can occur. ☺ It does not usually, however, do that. There is usually a condition of a trauma that presents itself to the entity that places the entity into some type of altered state. It could be a hit on the head, for example, that renders the individual dizzy or unconscious for only a few moments of plane time. It could be that the entity in its meditations has agreed with the incoming entity for the transference and then goes into the sleep state and the transference occurs at that time, understanding always that the transference is a mutually agreed upon transference and not one of take-over.

Is The Planning Process The Same For Walk-Ins? (July 17, 1990)

Oh, indeed it is. Most definitely. Any entry onto the plane has a very planned process, and the phenomena that you know of as walk-in has an even greater dimension to it, for the walk-in has a greater responsibility upon entry, for there has been an agreement made between the entity currently in the encasement and the entity who will replace that energy, and it is a mutual agreement. And when the departing entity, as part of the agreement, makes certain stipulations, as well as the entering entity will make certain stipulations, and both must agree upon the stipulations, as you would call it.

For example, there might be the departing entity may have brought in other entities known as children and would want the walk-in to assure the departing entity that the children will be well taken care of and will not be left behind, for remember that when the walk-in takes over the encasement you have a different entity, and therefore, you will have a different set of experiences. And you will also have different balancing and different lessons, and there will be different connections with entities surrounding the encasement, so that very often the connections that the entity, original entity, had no longer have those same kinds of connections with the new entity, and therefore, everything changes, you see.

However, as is the case with the current group of walk-ins currently coming onto the plane, many of them are coming in with stipulations made by a certain energy form that relates to the mission of The Shift, and thus, they are receiving what you might call dual stipulations ~ stipulations from the departing entity and stipulations from the lead energy that is directing them as part of the mission. And thus, the work of a walk-in during this particular time frame, wherever it is on the plane, is not as easy as it has been in other times for walk-ins.

Does A Walk-In Usually Come In With The Encasement As Having Physical Problems? (July 17, 1990)

Not necessarily physical problems. It is a combination very often of the physical problems becoming the result of the inability of the energy to continue with the mission, and thus, it creates difficulties for the entire personification, encasement and spirit combined. It is not a negative, understand, when an entity finds itself not able to continue and allows another entity to enter in. It is actually a part of the growth process, for by allowing the encasement to be utilized, it enables an entity of a different vibration and strength and mission to enter in and eventually take over.

And now, one of the difficulties for walk-ins is that they are not always given the luxury of selecting their encasement. They cannot have it all, as you might say, and thus, many entities find that in order to offset, looking at their total mission and what it is they want to achieve, they may not be able to have the exact kind of encasement that they would want, and this then becomes a lesson for them also to learn how to deal with, if you would, an encasement that they do not especially like, you see.

You Mentioned A Leading Energy Which Influences The Walk-In. Would You Explain That?

(July 17, 1990)

We have in the past discussed the hierarchy of The Universe in that there are lead entities that come out of The Universal Consciousness, and that they make up approximately five percent in terms of size, and from each of these lead entities then springs all of the lifelines and all else, much like you would look at ~ we described this as a spider plant, yes, that was how we had given the description, so that you have this main energy and from this come all of the other entities, but all are connected.

Now, in The Kingdom of Amelius there is a lead entity that is directing a number of the walk-ins coming in who work through the Community of Terra Lux, as well as other areas geographically on the plane, as well as in spirit. And thus, as in other Kingdoms, the other four Kingdoms have their lead entities which are doing the same type of work also. And it is simply a form of order, if you will, that the lead entity in this case receives its direction directly from Amelius and then passes on this information where appropriate to the particular entity who has agreed to take on the mission of a walk-in. Walk-ins are not just arbitrarily chosen, nor is it a frivolous type of situation. It is a much more complex process and takes with it a great deal of responsibility.

The experience of being a walk-in is one of The Menu of lessons that the earth plane provides, and so, many entities in making their selection of their earth plane sojourn will select that from The Menu, if you will, that they would want to have the experience of being a walk-in. Others choose not to select that, and therefore, in their sojourn on the earth plane would not become a walk-in at any time, you see.

Can An Entity Take On An Ailment To Create The Scenario For The Walk-In?

(July 17, 1990)

Yes.

Do walk-ins have to continue with the ailment?

It depends. It depends on the mission. Sometimes they continue the ailment and other times there is what you might refer to as a miraculous recovery.

And if an entity came through the birth way on the earth plane with a birthmark, would the walk-in also take on that birthmark as it would be for their experience?

They would have to take the encasement as they got it.

As is.

As is, yes. That, again, as we had said earlier, is a part of the exchange and that you get some of the things you like and some of the things that you do not especially like, but that is all a part of the bargain.

How many walk-ins are there among us now?

Millions.

An In-Depth Discussion Of Walk-Ins (August 07, 1990)

Relative to walk-ins, does the individual who receives a new soul, are they aware of it on a conscious level?

You must understand that in the process of walk-ins, we are dealing with several situations here. We are dealing with an encasement, first of all, that has entered onto the plane, an encasement known as the physical body that houses a particular energy, and the energy has what is referred to as a soul. Now, in the occasion of that particular energy wanting to leave the encasement, there are a number of situations that can occur. The entity may simply depart from the encasement leaving it without energy. Thus, the encasement would, as you would call it, die. The other situation could be that the energy departs from the encasement, and in a mutual agreement with another entity, allows its encasement to be taken over and used for furtherance of the mission, both for the departing entity and the entering entity.

In the case of walk-ins, it is always by mutual agreement. There is never a hostile take-over, as you might refer to it, but rather, the usual situation is that the entity currently in the encasement reaches a point in its own path where they are unable to complete their assigned time on the plane in this particular incarnation and asks then for assistance in deciding in which direction to go, whether to simply leave or to allow the entity who would like to enter in to do so.

There are what you might call contracts that are made between the entering and the departing entities in that since the entering entity needs to take on what you might call the memory banks of the departed entity, certain agreements are made. For example, it may be that certain connections that the current entity has made in its incarnation with other entities, the entering entity would agree to maintain those contacts. And whatever the agreements are that are made, it is all very clearly defined between the two entities. Once the entity who has departed has left, there is no longer a recognition at its Soul Level of that incarnation, but rather, the departing entity would go into a resting realm in which it would be able to recover from the psychic and spiritual trauma that it had as a result of having to leave before the mission was completed.

The entering entity, on the other hand, must take over what is called the life of the departed entity. But what occurs, usually, is that, of course, it is a different entity, a different energy, a

different soul that has different connections at spirit with those currently incarnated. It has a different mission. It has a different purpose. And thus, while it would continue in many cases the apparent life of the departed entity, it begins to show a difference to the world around, and it is usually of a more positive tone. Usually the walk-ins, at least at this time on the earth plane, are of a higher vibration than the departing entity and are coming in primarily to assist in The Shifting of the planet.

It can create for the entering energy a sense of confusion and conflict until it has been fully resolved and understood that there is, in actuality, a new entity and that much of the behavior of the entity that seems confusing and conflicting is a result of the memory banks of the departed entity. For the encasement itself, you see, holds certain molecular cells in it that in turn hold what is referred to as memory which affects behavior, and it is not until the new entity is able to smooth through those molecular cells and come to terms, if you will, by synthesizing the two, the memory bank and the new soul and the new energy and the new memories, then there will be what you might call a schizophrenic behavior in a mild sense. Oftentimes, the entering entity is very aware that it has entered and it is different from the departed entity. Oftentimes, an entity, however, will feel a difference but still be locked in, shall we say, to the departed entity's memory banks and not realize what is causing the conflict.

Eventually, though, if the entity entering in has a very specific mission of relating to The Shift, especially, and we talk of the walk-in in this time frame, the information is either gained through meditation or is given out from another source. Oftentimes, we, in private session, will indicate to an entity that they have entered in and this assists them in resolving what appears to be a conflict in Self, or they are able then to think back in a period of time as measured on the plane, a dramatic change in attitude and behavior. Sometimes, this does signify the walk-in, but not always, not always. Sometimes the walk-in does so in a very smooth manner. Some of the walk-in entities may take a considerable number of years, as measured on the plane, to come to the point of the mission that they have come in to do. Others start almost immediately in their mission. It is a most interesting exchange of energy. And for the entity who remains in, it can be a most interesting experience.

If the entity has finished up their lessons, and what they had come in for, and then departed, is it a smoother departure for them? They have completed their mission?

Yes. In the case where it is that the entity departing has finished their lessons and is simply then going to allow a perfectly good encasement not to go to waste, shall we say, for there then is a very smooth transition. And, you see, what occurs now is that there are many advanced entities wanting to come into the illusion without having to go through this birthing process, and this growing up process, as you would say, but rather to be able to enter into an encasement that has already established itself in a particular scenario and in a particular life, so as to then be able to accelerate its own mission, whatever that may be, toward the assistance of entities currently on the plane toward preparation for The Shift.

There are negative and positive forces. Could any of those walk-ins come in for a negative purpose, for disrupting things and not just for doing good but then just the opposite?

Understand that when the concept of dark and Light is discussed, it is as we have emphasized in recent time an area of relativity, for what may be dark to one and may be considered negative to one entity, may not be to another depending upon where each happens to be in their own path. And thus it is that what we would refer to as, so often, the Sons of Darkness which are the very, the very strong and very highest of the dark, are not given the ability to enter in through this process. We are able of the Highest Light to prevent this even though, of course, there are attempts at this, but we of The Angelics are charged with preventing this. This is one of our realms of responsibility.

However, when discussing the issue of darkness and Light, an entity who would enter in, whether they are dark or Light is relative to your own perception, and thus, to say that none of the dark are allowed to enter in would not be correct, for only the very highest of the dark at the realm of our level are prevented from entering in. However, just as on the plane you would encounter an entity who you consider dark in your perspective, so too would those entering in also might be considered of the dark who would enter in, you see.

It is no different than the birthing process. The birthing process, in relation to the walk-in process, is simply a matter of timing. The birthing process requires more time to get going, shall we say, on the plane, and the walk-in process allows for the birthing to have already been completed. There are occasions when the walk-in process will occur shortly after the birthing has occurred. And it is just that the entity who entered in perhaps needed only to go through the birthing process, either for its own lessons to be learned or its lessons to be taught, and that it agrees to exchange energy within the encasement to another who then comes in. It is all not quite so cut and dry, as you might refer to it.

If the Sons of Darkness do not have the ability to walk in, do they have the ability to overlap or interfere or impose?

Understand, we have mentioned this on several occasions, and you would refer to the transcripts, that you are never imposed upon by a level on The Light Spectrum that is any stronger than you are. And thus, you would only encounter on The Light Spectrum that which is your equal in the dark. You are exactly on the same point. Thus, a higher darkness, if you will, or a stronger force, would not be allowed. You would refer to the diagram that we have shown in another time in which we showed the way in which the hierarchy is maintained, you see. So, you would never be imposed upon by a stronger force than you are able to fend off.

Do walk-ins come in, in a near death experience?

There are occasions when that is the situation. There are occasions when it is simply a matter of the entity who departs goes simply into the sleep state and when returning from the sleep state it

is the new entity. It can be a situation where the entity may, oh, shall we say, appear to lose consciousness for a few moments in any kind of situation and this is when the exchange occurs. It is a very rapid exchange. It occurs quite quickly.

In some cases, there is preparation before the exchange is made, and thus, the entity departing may spend as you would call several weeks or months in preparation by going into an altered state, perhaps in the sleep state, and allowing a gradual transference, and there becomes then an agreement between the entity coming in and the entity departing, slowly, as to what will occur. And so, you see, it can take on many, many facets, shall we say, not simply what you would call the near-death experience.

Would the entity then be aware of this? If they were unconscious, would they know that they are walk-ins?

At the conscious level it is generally not known. It occurs at the Higher Self Level. And there is, of course, the awareness, and there is the sense of appreciation and gratitude for the entity coming in who has agreed to take over in certain areas.

Nostradamus Referred To A Man In A Blue Turban In His Writings. Will He Be Appearing Soon?

This particular reference was given as a symbol, and the symbolism of what it refers to relates to a particular type of purification that is a part of the cleansing, and this, indeed, will be coming about, as measured on the plane, within that which is a year. And the reference made by this prophet will be known, and it will be clear that the symbolism that was used is in reference to that which will appear in physical.

**Do Walk-Ins Celebrate Their Physical Birthdays Or Their Walk-In Birthdays?
(August 28, 1990)**

Part of the responsibility of the walk-in is, in some cases, to determine the time of entry themselves. It is a part of what they must do in their own growth in areas that are not important to discuss in general session at this time. In other situations, it is not important that the walk-in know this information, or even to have availability to the energy field, for their mission may be of a short duration, you see. So, it becomes very situational, you see.

Oh, it is a most appropriate question. Many who have walked in continue to celebrate the birthday of the departed entity, and it is appropriate, for in some situations, for that which must be learned and taught through this entity to change the perceptions of the world around them would not be appropriate by changing the birth date. For others, however, walk-ins who have identified their time, they have indeed changed their earth plane birthday celebration to that of the walk-in time. Those walk-ins who have been able to do this not only have captured the date,

as you would call it, but also, through the meditations, have captured the time. And this is very personal to the walk-in, in the attaining of this information.

A Question About Walk-Ins

(March 10, 1991)

I read Ruth Montgomery's books, and she talked about walk-ins, being that simply when an entity is near death, another entity takes over that consciousness. Is that what you mean as walk-in?

Yes. The concept of walk-in has been most thoroughly described by the beautiful entity of whom you speak. Understand that it may be that a particular entity who is about to depart the encasement agrees with, let us say, a guide, and the agreement is one month, you see. At that time, then, the new entity would leave the encasement and the encasement would deteriorate. Other situations of walk-in of which you refer relate to longer times spent on the plane, and indeed it is simply an exchange and that the entity coming in takes over for a longer period of time the encasement, and, in fact, it becomes its primary manifestation being on the earth plane, you see.

Energy takes on predominant training ground situations. So, each of you now on the earth plane, this is at this point in your growth, your predominant spot. It does not mean, however, that you are unable to go into spirit which, of course, many of you do when you go into altered states, but it means that you must always return to your primary point, and thus it is with guides. Their primary point is in a particular state, or dimension, and they can go into other dimensions but must return to their primary point.

The Phenomenon Of Walk-In Occurs Within The Mineral Kingdom

(October 01, 1991)

Understand, also, that the phenomenon of walk-in occurs within The Mineral Kingdom, and when that occurs, it extends the physical encasement's time on the plane, unlike in The Human Kingdom. The Human Kingdom has certain limitations in its physical encasement. The Mineral Kingdom does not have as tight a restriction, so that in The Mineral Kingdom a very common behavior is that when it is time to leave the encasement, rather than have the encasement crumble, it is taken over by another energy from The Mineral Kingdom. And therefore, you may see an encasement in The Mineral Kingdom lasting in this illusion thousands of years.

There is also the illusion given in this illusion that some of the encasements in The Mineral Kingdom are thousands and thousands of years old, but understand that the oldest that any encasement in The Mineral Kingdom can be is approximately ten thousand years. Anything else is illusion presented for the sake of game-playing with scientists and all that, to create part of the illusion of this illusion.

What is the difference between the energy that makes up the encasement and the energy that lives within the encasement?

That which you would call the energy of the encasement is actually what you call the electromagnetic field, and the energy of spirit has an ethereal energy, and it is a topic that we would present in greater detail at another session, for it relates to all of the kingdoms and not simply The Mineral Kingdom. The Mineral Kingdom has the same types of protections, and it relates to protection and it relates to the energy's connection with other energies that it finds itself interacting with during a particular illusion. It has a complexity that is going to be a most interesting topic to discuss. Thus, we would place this into another time frame for discussion. Most provocative question.

**Do Walk-Ins Bring Different Toys?
(October 05, 1993)**

They can, yes. What occurs ~ that is a very good question which we would elaborate on, perhaps, in another time, but part of the conditions of walking-in and taking over the life works with a contract with the energy who they work with. They may take on some of the toys that the current energy has and bring those to completion. It may take the entire life. It may take a very short time. Generally, walk ins come in with a very specific set of toys, shall we say, especially during this time frame on the earth plane where the walk-in has very specific duties, usually, to help in the cleansing and to help in increasing awarenesses, especially for The New Illusion.

And conditions in The New Illusion will be bringing about very, very different lifestyles, as you might call them. And there are many now who walk in who have as their responsibilities to prepare for the new lifestyles, to prepare entities to be accepting and ready to take on those new lifestyles. But that would be an interesting question to discuss further, perhaps in the next year in which we will have a specific topic, which we will reveal shortly, not now. We will leave you in suspense for what our topic for the coming year will be.

**What Is Involved In The Walk-In Process Of The Higher Self Screen Of The One Leaving?
(November 16, 1993)**

Ah. Understand that in the issues of walk-ins, when there is a contract developed between the new entity and the departing entity, that that is a discussion that takes place, for on one extreme, the contract could state that the walk-in entity must take over the residual of a clogged Higher Self, you see. The other end, the other extreme, is that the walk-in says, "No, that will not be part of the agreement. You take it with you. I will not deal with any of the residual."

Generally, what occurs is somewhere in between, where there is agreement that certain, what you call, loose ends that the departed entity has created, the new entity coming in, very quickly,

within years on the plane, two to three years on the plane, and sometimes shorter, can very quickly tie little bows around everything and create a closure to that situation. Then, the new entity, of course, brings in its own soul, Higher Self, and there is, much as there is the memory bank that the walk-in deals with from the departed entity, there is the impression of the Higher Self and soul that remains, though the Higher Self and soul of the departed entity does not remain, the impression of that, just as the memory bank impressions, so that there can be sometimes a response to that impression rather than this actuality, and this is where walk-ins can further increase their sense of schizophrenia. However, most walk-ins occurring in this particular time on the earth plane are advanced entities enough so that they can deal with that sense of schizophrenia. It is no big deal.

**The Energy Exchange Program ~ From Higher Self Walk-Ins
(September 06, 1994)**

There is a very interesting phenomena that many are not as aware of, and that is the Higher Self walk-ins. Now, where the Higher Self is concerned, there can be infusions of Higher Self into your Conscious Self, and that occurs rather frequently. As your own levels of understanding increase, you start to feel more of your Higher Self coming in, and you become more aware of Self. Higher Self infusions are done gradually. You are not really aware that something has happened. You simply become more aware. You see the world around you differently now as you become more aware. Higher Self walk-ins are very similar to the energy exchange of an energy, except that it is Self still, but it requires, as a walk-in does, orientation onto the earth plane. There are, then, high percentages of the Higher Self that come in and help to take over the mission, have a much higher purpose in what they are doing. And you will meet many who have this experience of the Higher Self walk-in.

We have been given permission to tell you that this has been occurring with Mushiba for quite some time, and recently there was a major transference of energy into the Self. It is meant to give you that information so that you will understand the levels of understanding that she deals with. As you begin to feel different about your own understanding, you feel different ~ as your Higher Self comes in, you feel different ~ you are different because you are bringing in Higher Self.

You are then able to speak with someone at an earth plane level to help you in understanding what is occurring, for there are some entities who become anxious about anything to do with The Energy Exchange Program. And there is nothing to be anxious about. But rather, as you experience another energy wanting to become part of your energy, whether it is your Higher Self or some other energy, you want to be able to discuss it and not view it, first in fear, and secondly, view it as a game that is being played, for it is neither one of those.

**Energy Exchange Is Something That Everyone Experiences In One Way, Or Another
(September 06, 1994)**

Energy exchange is something that all of you experience in one way or another. It is impossible to be on a training ground and not grow, in one way or another. Even not growing is growth, you see, for you learn something in not growing. As that occurs, then, your own levels change. You bring onto the earth plane what you need for understanding for that particular life, the planning that the Soul has made for the lifetime. It may vary from lifetime to lifetime. You may have levels of understanding that have never been on the earth plane in an experience that now come in. And it is like having a brand-new entity. You are brand new. You are looking around and you are referring to yourself in the past tense. You feel different. And it is critical in this time frame, in which you find yourselves as you go through accelerated changes, to seek the bringing in of the higher levels of understanding. It will help you in coping, my dear ones.

It is not without risk, however, for as you bring in more of the Higher Self, more of the percentage, you leave less out in the dimensions that are not controlled by the earth plane. It is a risk. But again, it is a lesson that one takes on. And if you take on the risk, then the lesson itself has actually been learned. You have taken on the lesson and you become stronger. And it also enables you to get through the earth plane much more quickly, which for some of you is a plus. For others of you, you do not care how long it takes you to get through the earth plane experience. Bringing in more levels of Higher Self can achieve that path much more quickly. Rather than six thousand lifetimes you might be doing it in four thousand or three thousand lifetimes, you see.

There are also many of those who have heard us in the past, who will read of us in the future, who have changed their energies. They are new energies. They live the life of the former energy but they are new energies. And there are some who coexist with energies. Other energies come in and actually coexist. There is nothing kinky about it. ☺ It simply gives you greater understanding of the world around you.

And then, of course, there is what we have worked out with Mushiba where we simply enter in and use the encasement for a short period of time and then depart from it. The departure and the entry of energy into an encasement is a very simple process. Some of it is long term. Some of it is short term. We come and go. Poof! One moment we are here. Poof! One moment we are not.

It is no different in its application, however, than what you call the walk-in phenomena. If we decided that we were going to stay longer in Mushiba's encasement, we would, if it was in agreement with her, and we would go about our earth plane experiences. We would get in the car and we would drive. That is a scary thought, isn't it, now? ☺ But the concept, you see, is no different in what we do than in yourselves coming into an encasement and stay in for an extended period of time.

If an energy is in the illusion long enough, it acclimates. It does not take long, especially high levels of understanding in an energy, to acclimate. It does have its humorous side to it, however, in watching the acclimation. But we thought that it would be an appropriate time for you to know that since Mushiba's vibration has now strengthened and increased, it allows us to be

stronger in our vibration, and it allows us to bring in more of our energy, and therefore, to be of greater service to you, and to bring in to you higher levels of understanding. And that is all that we have to say about that subject for now. There will be more as time on the plane progresses.

We prepare now to depart, and ~ the dragging of energy across the floor. (A crawling baby is pulled back) You must see this energy from our perspective. It is a little bouncing ball and then suddenly it stretches. A bright energy. Indeed.

They make babies awfully cute.

Ah, there is a reason for that. Otherwise, you would not keep them. ☺ At least for this illusion. There are other illusions in which entry initially is in a very different way for The Human Kingdom, but that is for another time.

Awe.

Awe. Yes, we do like to do that. We like to give you reason to want to come back and ask us more questions.

We prepare now for return to our dimension. And as we depart, we encircle you with an energy that binds you to those who are in this gathering, for you have learned information that you now can transfer to others. And you have a bonding now, for you have gathered in a small grouping, and this bonding will continue for some time now on the earth plane. It does not commit you to a relationship. It simply bonds you at an energy level. And as we depart now, we send to you all the very Highest of the White Light from the very Highest of the Kingdom of Amelius. Farewell.