WAITH CLASS TRANSCRIPTS 1987 – 2001 QUESTIONS AND COMMENTS LISTED

AUGUST 06, 1987

THE ILLUSION OF TIME ~ SEEING THINGS FROM A DIFFERENT DIMENSION / EMOTIONS AND FEELINGS / BALANCING THE EXTREMES OF EMOTIONS / INQUIRY ABOUT A PERSONAL RELATIONSHIP WITH SOMEONE WHO IS HOMOSEXUAL / INQUIRY ABOUT A HUSBAND / MARRIAGE, POSSESSION OF EACH OTHER, THE BONDING OF SOULS / MARRIAGE, ADULTERY, ORGANIZED RELIGION / INQUIRY ABOUT A MOTHER WHO HAS PASSED ON ~ GUIDES IN TRAINING / INQUIRY ABOUT AN EX-HUSBAND / INQUIRY FROM A MOTHER ABOUT HER SON / INQUIRY FROM A MOTHER ABOUT HER TWO SONS ~ THEIR POWERS ~ CHANNELLING / INQUIRY ABOUT A FRIEND WHO DIED / INQUIRY ABOUT WAITH ON CONFIDENTIALITY

AUGUST 13, 1987

PSYCHOLOGICAL PROBLEMS STEMMING FROM A PAST LIFE / INQUIRY ABOUT A FAMILY RELATIONSHIP ~ A GROUP BALANCING / INQUIRY REGARDING THE TIMELINE OF THE SHIFT OF THE EARTH / THE EARTH'S SHIFT AND THE SONS OF DARKNESS / WAITH DISCUSSES ARCHANGELS ~ HOW MANY ~ THEIR MISSION / FEELINGS OF BEING IRRITABLE AND JUDGEMENTAL ~ BEING TESTED ~ HELP FROM GUIDES

AUGUST 27, 1987

INQUIRY ABOUT FINDING SUCCESSFUL EMPLOYMENT AFTER GETTING A DEGREE / HELPING PEOPLE WITH ALCOHOL AND DRUG RELATED ISSUES ~ LEARNING TOLERANCE / HOW LONG IT WILL TAKE TO ACHIEVE HAPPINESS? ~ TRUSTING IN THE UNIVERSE / INQUIRY ABOUT PERSONAL PAST LIFE SITUATIONS ~ LESSON OF IMPATIENCE / INQUIRY CONCERNING THE SALE OF A BUSINESS

SEPTEMBER 03, 1987

THE ANGELIC FORCE ~ WAITH'S MISSION ~ BEING SERIOUS AND BEING LIGHTHEARTED / HOW CAN WE SEEK THE HIGHER SELF? ~ MEDITATION YOUR WAY ~ YOUR GUIDES / INQUIRY ABOUT THE SIGNIFICANCE IN A PAST LIFE WITH A DAUGHTER ~ AN ISSUE OF INTERFERENCE / DEALING WITH MOOD SWINGS ~ EXTREMES OF EMOTIONS ~ AWAKENING SOUL MEMORIES / WHEN WILL THE EARTH SHIFT? ~ WHAT MAKES A SAFE AREA? / A DISCUSSION OF THE SONS OF DARKNESS / WHAT IS THE CLOSEST TIME TO OUR LIFETIME NOW THAT THE EARTH HAS CLEANSED ITSELF? / IS THE STORY OF NOAH IN THE BIBLE BASED ON FACT? / WILL JESUS RETURN? / WHAT ABOUT SAI BABA IN INDIA? / SHOULD I GO BACK TO MY HOME COUNTRY? ~ WHAT ABOUT FREE WILL?

SEPTEMBER 10, 1987

A WRITER'S BLOCK STEMMING FROM A PAST LIFE / WHEN WILL I RECEIVE MY HEART'S DESIRE? ~ A BALANCING NEEDED FROM A PAST LIFE / UNLESS SOMEONE TRULY WANTS TO BE HEALED, THEY CANNOT BE / UNTIL AN ENTITY BECOMES ONE WITH THE CREATIVE FORCE, THERE WILL BE THINGS TO LEARN / ONE MAY NEED TO HAVE A PARTICULAR AILMENT OR DISABILITY AS PART OF THEIR BALANCING / INQUIRY ABOUT COMMUNICATION WITH GUIDES ~ THE CHANGING OF THE GUIDES / THE ISSUE OF PEOPLE, AS SEEN IN YOUR DREAMS / BEING CONSCIOUSLY AWARE OF ONE'S GUIDES ~ HAVING HIGHLY DEVELOPED SPIRITUAL CENTERS / INQUIRY: WHAT IS MY PURPOSE IN REGARDS TO THE SHIFT? / IS THERE ANY GUILT IN MY PAST ON A SPIRITUAL LEVEL BLOCKING MY GROWTH? / SOMEONE ASKS WAITH ABOUT INVESTING IN PROPERTY / WAITH DISCUSSES TEAMWORK \sim BEFORE, DURING, AND AFTER THE SHIFT

SEPTEMBER 17, 1987

INQUIRY ABOUT A SISTER WHO HAS PASSED ON / MANY ADVANCED ENTITIES WILL BE COMING ONTO THE PLANE AFTER THE SHIFT / WAITH TALKS ABOUT THE BALANCING OF MALE AND FEMALE ENERGIES / THE CONSTANT BATTLE BETWEEN THE LIGHT AND THE DARK ~ ASKING FOR PROTECTION / DO NOT TAKE YOUR PROTECTION FOR GRANTED ~ YOU MUST ASK ~ AN ISSUE OF FREE WILL / WAITH TALKS TO A CLASS MEMBER WHO WAS BURNED AS A WITCH ~ OVERCOMING OBSTACLES / GUIDES AND ANGELS ~ BEING VERY ORGANIZED ~ FLOWING WITH THE UNIVERSE / IT IS NOT EASY TO BE ON THE EARTH PLANE ~ A TRAINING GROUND FOR ACCELERATED LEARNING / WAITH SUGGESTS A VERY NICE WAY OF LEARNING TO MEDITATE / IT IS ALL RIGHT TO NOT LIKE THE EARTH PLANE ~ MANY ARE WILLING TO HELP IF YOU ASK / WAITH GIVES SOMEONE A PERSONAL ACCOUNT OF THEIR GUIDES / I FEEL SO ANGRY WITH MY HUSBAND RIGHT NOW ~ HELP ME SHED SOME LIGHT ON THIS / WAITH SUGGESTS TO DRINK SIX GLASSES OF SPRING WATER EVERY DAY ~ A VERY HEALING ELEMENT / LESSONS OF SIMPLICITY CAN BECOME COMPLEX ON THE EARTH PLANE / FLOW WITH THE UNIVERSE ~ GO WITH IT IN TERMS OF TRUST / SOMEONE WHOSE WORK PRIMARILY IS DEVOTED TO THE TIME OF THE SHIFT / INQUIRY ABOUT A GRANDMOTHER WHO HAS PASSED ON / A HUSBAND'S CONCERN FOR HIS WIFE WHO RESIDES IN ANOTHER AREA ~ ISSUE OF TWIN FLAMES

September 24, 1987

INQUIRY ABOUT A PERSONAL RELATIONSHIP ~ WAITH RELAYS PAST LIFE CONNECTIONS / INQUIRY ABOUT RELATIONSHIP WITH A HUSBAND ~ WAITH RELAYS PAST LIFE CONNECTIONS / INQUIRY ABOUT AN UNCOMFORTABLE SITUATION AT WORK ~ ISSUES OF BALANCING / INQUIRY ABOUT A YOUNG SON WHO HAS PASSED ON ~ ONE'S REQUIREMENT TO STUDY RECORDS / THE IMPORTANCE OF ASKING FOR HELP IN TRANSITIONING FROM THE EARTH PLANE / A HUSBAND AND WIFE HAVING INTENSE RELATIONSHIP ~ ISSUE OF BEING TWIN FLAMES / INQUIRY ABOUT A RELATIONSHIP WITH A FRIEND ~ ESTABLISHING A PATTERN OF REINCARNATION

OCTOBER 01, 1987

WAITH DISCUSSES WHO HE IS AND HIS MISSION / INQUIRY ABOUT A DAUGHTER SEEING A GHOST ~ AND WAITH'S RESPONSE / INQUIRY ABOUT FRICTION BETWEEN TEENAGERS AT HOME ~ PAST LIFE CONNECTIONS / SOMEONE SEVERS CONNECTIONS FROM A WORK PLACE SITUATION ~ WAITH GIVES FEEDBACK / SOMEONE NEARING THE END OF THEIR EARTH PLANE STAY ~ AN EMPTY TOY BOX / WAITH GIVES A MEDITATION METHOD TO HELP ACHIEVE CALMNESS / SOMEONE IS NEW TO THE EARTH PLANE ~ THEIR TOY BOX IS FULL / INQUIRY ABOUT FEELING SO DRAINED ~ PROTECTING ONESELF FROM THE DARKNESS / THE IMPORTANCE OF PRAYER IN DISPERSING THE SONS OF DARKNESS / INQUIRY ABOUT PAST LIVES WITH A FRIEND ~ PAST LIFE CONNECTIONS / INQUIRY FROM SOMEONE WITH A FEAR OF HEIGHTS / FLOWING AND TRUSTING IN THE UNIVERSE / QUESTION ~ COULD YOU EXPLAIN HOW THE LAW OF GRACE WORKS? / QUESTION ~ WHY ME? I DO NOT UNDERSTAND WHY I WAS CHOSEN

OCTOBER 08, 1987

INQUIRY ABOUT RELATIONSHIP WITH A DAUGHTER ~ PAST LIFE CONNECTIONS / QUESTION ABOUT HEALING FROM AN ACCIDENT ~BALANCING FROM A PAST LIFE / FOOD ADDICTIONS ~ BRIEF DISCUSSION NOW, AND SPECIAL TOPIC SESSION TO FOLLOW / FOOD AND ALLERGIC REACTIONS ~ CLEANSING THE BODY WITH GRAPEFRUIT JUICE AND WATER / INQUIRY ABOUT A BROTHER WHO HAS PASSED ON ~ WAITH DISCUSSES WORK PLANETS / SOMEONE ASKS HOW TO USE THEIR CRYSTAL TO HELP IN HEALING ~ A CONDUIT OF ENERGY / A QUESTION ABOUT SOMEONE'S ROLE IN THE PAST ATLANTEAN CLEANSING AND THIS ONE / WAITH RESPONDS TO A PERSONAL QUESTION FROM SOMEONE ABOUT THEIR GUIDES / WAITH DISCUSSES ONE'S PSYCHIC DIRECTION AND THEIR PERSONAL GUIDES / INQUIRY ABOUT SOMEONE'S STRONG PULL TOWARDS FRANCE ~ WAITH RELAYS PAST LIVES / A QUESTION ABOUT FEELING THREATENED BY SOMEONE IN THEIR LIFE ~ AN ISSUE OF BALANCING / INQUIRY ABOUT SOMEONE WHO HAS PASSED ON ~ A DISCUSSION OF THEIR TRANSITION / SOMEONE WHO HAS PASSED ON ~ AN ISSUE OF BEING STUCK IN THE ASTRA PLANE ~ HELP GIVEN / INQUIRY ABOUT A RELATIONSHIP WITH A DAUGHTER ~ WAITH RELAYS PAST LIVES / A QUESTION FROM SOMEONE ABOUT THEIR PERSONAL SPIRIT GUIDE ~ WAITH ELABORATES

OCTOBER 18, 1987

INQUIRY ABOUT PAST LIVES WITH A SISTER ~WAITH RELAYS PAST LIFE CONNECTIONS / WAITH ELABORATES ON THE DRAMATIC OPENING OF SOMEONE'S SPIRITUAL CENTERS / SOMEONE DESCRIBES DIFFICULT SOCIAL INTERACTIONS, ESPECIALLY IN FINDING A MATE / SOMEONE ASKS ABOUT THEIR PAST AND FUTURE LIVES ~ WAITH ELABORATES ON THE TOY BOX / SOMEONE ASKS ABOUT PAST LIVES ~ IMPORTANCE OF BEING IN TOUCH WITH THE HIGHER SELF / WAITH DESCRIBES TO SOMEONE FREE WILL AND HOW IMPOSITION CAN CAUSE REGRESSION / INQUIRY ABOUT ONE'S FEAR OF HEIGHTS ~ AN ISSUE OF ACCELERATED GROWTH / BREAKING A UNIVERSAL CONTRACT ~ CHANGING DIRECTION ~ FLOWING WITH THE UNIVERSE / INQUIRY FROM SOMEONE ABOUT THEIR PAST LIVES~ AN ISSUE OF TYING UP LOOSE ENDS / INQUIRY ABOUT A SPECIFIC PURPOSE WITH A BROTHER IN THIS LIFE / A FEAR OF DEATH ~ STEMMING FROM A PAST LIFE ~ WAITH DESCRIBES WHAT IT IS LIKE TO DIE

October 22, 1987

WAITH DISCUSSES CERTAIN THINGS REGARDING THE SHIFT / ECONOMIC FLUCTUATIONS / CLIMATE FLUCTUATIONS / LETTING GO OF MATERIAL POSSESSIONS ~ CONCENTRATE ON SPIRITUAL DEVELOPMENT / SOMEONE QUESTIONS ATTACHMENT TO THEIR CAT / THE GEOGRAPHIC AREA OF ENFIELD, CT BEING A SAFE AREA ~ SPECIFIC RADIUS GIVEN / A QUESTION OF WHETHER FLORIDA IS A SAFE AREA / ARE WE SUPPOSED TO TALK ABOUT THE SHIFT, OR NOT? / SOMEONE ASKS, WHEN WILL THE SHIFT TAKE PLACE? / WHAT CAN WE DO TO HELP PREVENT THE SHIFT? / DOES THE EARTH HAVE A CONSCIOUSNESS, WITH AN EGO? / A DISCUSSION OF HOW TIME IS PERCEIVED ~ EVERYTHING OCCURS SIMULTANEOUSLY / WHEN DOES THE SOUL LEAVE THE BODY? / HOW WOULD YOU DESCRIBE THE SOUL? / THE CONDITION OF SENILITY IN PEOPLE WHO ARE READY TO PASS ON / HOW MANY DIFFERENT DIMENSIONS MUST ONE EXPERIENCE BEFORE BECOMING WHOLE? / WAITH DESCRIBES COLORS AND MUSIC AS THEY RELATES TO VIBRATION AND ENERGIES

October 29, 1987

THE SOUL'S PURPOSE, PART I / THE RELATIONSHIP OF THE HIGHER SELF TO THE SOUL / WAITH EXPLAINS THE HIGHER SELF AND THE SOUL / IS ANY PART OF US GOD? / DO SOULS CHANGE FROM ONE DIMENSION TO ANOTHER? / JUDGEMENT AND SPIRITUAL GROWTH / DOES EVERYONE HAVE THE POTENTIAL TO BECOME OF THE LIGHT? / REGARDING CHRISTIAN THEOLOGY AND SIGNS OF THE LAST DAYS / ANIMAL SOULS

NOVEMBER 05, 1987

THE SOUL'S PURPOSE, PART II / IF YOU ARE TO GROW SPIRITUALLY, EACH AND EVERY ONE MUST IN SOME WAY MEDITATE / DOES IT HELP TO KNOW ONE'S VIBRATIONAL NAME? / THE ISSUE OF MALE AND FEMALE ENERGIES, ONE BEING MORE DOMINANT THAN THE OTHER / WAITH DISCUSSES THE UNITY OF TWIN SOULS AND THEIR SOUL'S PURPOSE / HOW ARE ANGELS AND CHERUBS CREATED? / A DISCUSSION OF SAINTS, AND HOW THEY FIT INTO THE PICTURE / A DISCUSSION OF NOSTRADAMUS AND THE SHIFT / THE SHIFT WILL BE A GLOBAL EVENT ~ DESIGNED TO ELIMINATE PREJUDICES AND BARRIERS / HOW DO WE KNOW OUR MEDITATIONS ARE NOT JUST WISHFUL THINKING COMING THROUGH? / ARE GUIDES AND ANGELS THE SAME THING? / DO WE HAVE MORE THAN ONE SPIRIT GUIDE AT A TIME?

NOVEMBER 19, 1987

THE TOPIC OF WALK-INS / WHAT HAPPENS TO THE PERSON LEAVING THE BODY FOR THE WALK-IN? / DOES A PERSON KNOW THAT IT IS HAPPENING TO THEM? / DOES IT OFTEN TAKE PLACE DURING A NEAR DEATH EXPERIENCE? / IS THE ONE WHO HAS LEFT AWARE OF THEIR NEW STATUS? / ARE THERE CERTAIN PHYSICAL LOCATIONS IN WHICH THESE ENERGIES LEAVE AND ENTER THE BODY? / DOES SOMETIMES THE SOUL ENTER AFTER A BABY IS BORN? / A QUESTION ABOUT PSYCHIC DAMAGE TO A SOUL / ARE HIGHLY ADVANCED ENTITIES ABLE TO TRANSCEND THE PHYSICAL? / A DISCUSSION OF CHANNEL HEALERS / DO WE FIRST HAVE TO LEARN TO HEAL OURSELVES BEFORE WE CAN LEARN TO HEAL OTHERS? / A DISCUSSION OF THE SHIFT / WILL THE EXCHANGING OF ENTITIES BE ACCELERATED DURING THE TIME OF THE SHIFT? / WITH GROWTH, IS THERE ALWAYS PAIN? / A QUESTION ABOUT PREDESTINATION / WHEN WALK-INS COME IN, DO THEY CONTINUE WITH THE OTHER PERSON'S PHYSICAL AFFLICTIONS? / A QUESTION ABOUT ELECTING TO DO THE WILL OF THE FATHER

DECEMBER 03, 1987

EMOTIONS ~ HOW TO OBTAIN INNER CALMNESS / A QUESTION ABOUT THE SIGHTINGS AT MEDJUGORJE / OTHER INFORMATION COMING IN FROM VARIOUS SOURCES ON THE EARTH PLANE / QUESTIONS ABOUT THE SHIFT / WAITH SPEAKS TO A QUESTION OF WHY HE REFERS TO "WE" WHEN HE IS SPEAKING / CAN THIS INFORMATION ALSO COME IN OTHER SOURCES, SUCH AS DREAMS? / A QUESTION OF SOMEONE HAVING A HARD TIME SITTING DOWN TO MEDITATE / A QUESTION FROM SOMEONE WHO IS HAVING OUT OF BODY EXPERIENCES / WHY ARE PEOPLE GETTING TALLER?

DECEMBER 10, 1987

WHERE DO SPIRITS LIVE? / IS THERE ANY CONNECTION BETWEEN EPILEPSY AND PSYCHIC ABILITIES, OR MEDIUMSHIP? / A DISCUSSION OF ORGANIZED RELIGION / IS IT TRUE THAT EACH OF US HAS A PURPOSE IN LIFE? / GAINING INFORMATION FROM SOURCES, AS THOSE BY RUTH MONTGOMERY, AND RAMTHA / IS GOD A PERSONALITY IN HIMSELF? / BEING AN ARCHANGEL, AND LIVING AS A PERSON, OR MANIFESTING IN FORM

DECEMBER 17, 1987

A DISCUSSION OF REINCARNATION, ANGELS, SPIRIT GUIDES, AND SPIRIT GUIDES WHO ARE ANGELS / EVERYONE HAS THE CAPABILITY OF COMING INTO THE ANGELIC FORCE / DISCUSSION OF DIFFERENT TRAINING GROUNDS AVAILABLE TO ALL / ISN'T IT BETTER TO BE AN ARCHANGEL THAN COMING ONTO THE EARTH PLANE LIMITATIONS? / SOMEONE QUESTIONS THE VALIDITY OF OTHER SOURCES OF INFORMATION COMING THROUGH / JUDGEMENT FOR ANOTHER'S SOURCE OF INFORMATION, THE SPECTRUM OF LIGHT AND DARK / ARE FEELINGS UNIQUE TO HAVING A BODY? / COULD YOU EXPLAIN WHAT AN ILLUSION IS IN YOUR TERMS?

DECEMBER 31, 1987

WAITH'S ANNIVERSARY SESSION / FARENA INTRODUCES HERSELF TO THE GROUP / JACQUES INTRODUCES HIMSELF TO THE GROUP / FRANCIS INTRODUCES HIMSELF TO THE GROUP / JENJURA INTRODUCES HIMSELF TO THE GROUP / BATHUSELA INTRODUCES HERSELF TO THE GROUP / WAITH RETURNS AFTER FIVE OF THE SIX WERE INTRODUCED / LEARNING TO FEND OFF MISCHIEVOUS ENTITIES ~ EACH ENTITY MUST PROTECT THEMSELVES

JANUARY 07, 1988

PSYCHIC ATTACKS ~ WHAT IT IS ~ WHY IT OCCURS ~ WHAT CAN BE DONE ABOUT IT / PSYCHIC ATTACKS ~ GROWTH COMES ONLY WITH PAIN. THIS IS A UNIVERSAL TRUTH / PSYCHIC ATTACKS ~ NOT VIEWED AS NEGATIVE ~ THEY ARE OPPORTUNITIES TO GROW / ARE PSYCHIC ATTACKS EASY TO RECOGNIZE? / WHAT ABOUT PSYCHIC ATTACKS DURING MEDITATION? AND SLEEP? / PSYCHIC ATTACKS CAN CAUSE WEAKENING OF RESOLUTIONS ~ QUESTIONINGS OF WHY / PSYCHIC ATTACKS AND THE LESSON OF JUDGEMENT TOWARD OTHERS / HOW TO SEND LIGHT TO NEGATIVE ENERGIES IN A PSYCHIC ATTACK / WAITH: IT BECOMES THE RESPONSIBILITY OF EACH ENERGY TO WANT TO HELP OTHERS

JANUARY 26, 1988

CONFRONTATION FROM THOSE WHO QUESTION YOUR BELIEFS / ALL ENERGIES ARE AT DIFFERENT LEVELS OF UNDERSTANDING OF INFORMATION / SOUL MATES VERSUS TWIN FLAMES ~ WAITH GIVES DEFINITIONS / THE BONDING AND HARMONY OF SOUL MATES / NEGATIVE ENERGIES PRETENDING TO BE OF THE LIGHT / POSSESSION ~ NEGATIVE ENERGIES ~ PSYCHIC ATTACK ~ PROTECTING ONESELF ~ EXORCISMS / WHAT ABOUT THE WEARING OF A BLESSED SCAPULA? / THE USE OF CONCRETE AIDS OR SYMBOLS FOR PROTECTION / CAN SOMEONE BECOME VULNERABLE TO NEGATIVE ENERGIES DURING A HEALING SESSION? / CAN NEGATIVE ENERGIES CAUSE YOU PHYSICAL HARM OR ILLNESS? / THE ULTIMATE GOAL IS IN TRUSTING ONESELF FOR THE ANSWERS

FEBRUARY 02, 1988

MISINTERPRETING THE BIBLE DUE TO TRANSLATIONS FROM ONE LANGUAGE INTO ANOTHER / TEACHING CHILDREN A SPIRITUAL PATH ~ ORGANIZED RELIGION VERSUS OTHER PATHS / TRUSTING IN ONESELF FOR THE ANSWERS / A QUESTION ABOUT THE DISEASE, AIDS / THE PURPOSE OF THE SHIFT IS TO CLEANSE AT A SPIRITUAL LEVEL / THE TECHNOLOGY OF ATLANTIS AND THE SHIFT / CAN THE SHIFT BE AVERTED? / HOW WILL WE PROTECT OUR CHILDREN WHEN THE SHIFT OCCURS? / HOW WOULD WE KNOW WHETHER WE ARE ATTUNED OR NOT? / I SEE SO MANY PEOPLE WHO ARE ENLIGHTENED AND WONDER IF I BELONG HERE / WHERE IS THE CORRECT PLACE TO BE LIVING NOW?

February 09, 1988

WAITH TALKS OF THE OTHER SIX IN HIS SPIRIT GROUP AND THEIR ACCLIMATION TO CHANNELLING / THE IMPORTANCE OF TRULY LEARNING LESSONS IN ORDER TO OBTAIN A PHYSICAL HEALING / WHY DO WE CRY WHEN WE SEE SUCH BEAUTY? IS IT FROM HAPPINESS? / IT IS VERY HEALTHY FOR THE HUMAN BODY TO RELEASE TEARS / OTHER SOURCES ~ APPARITIONS OF MARY, MEDJUGORJE ~ VIRGIN MARY, BAYSIDE, NY / ARE UFOS VALID? / A DISCUSSION OF VARIOUS TRAINING GROUNDS FOR ENERGY FORMS

February 23, 1988

THE TOPIC OF UFOS AND ALIEN ENERGY FORMS~ ELEMENTARY LEVEL / THE LESSON OF ALCOHOL AND DRUG ABUSE ON THE EARTH PLANE / WHAT DO THESE OTHER ALIEN ENERGY FORMS LOOK LIKE? / HOW DO THESE ALIEN ENERGY FORMS ARRIVE? / IS THERE A WAY TO TELL IF THESE ENERGY FORMS ARE OF THE DARK OR THE LIGHT? / THE SPECTRUM OF LIGHT AND DARK ALSO APPLIES TO THESE ENERGY FORMS / SOME OF THESE ENERGY FORMS COME IN AND MANIFEST AS WALK-INS / DO YOU START OUT AS LIGHT OR DARK, OR DO YOU DEVELOP THAT YOURSELF? / COULD THESE ENERGY FORMS FROM OTHER PLANETS BE WHAT WE CALL MISCHIEVOUS ENTITIES? / COULD I POSSIBLY BE FROM ANOTHER PLACE AND NOT REALIZE IT? / AS WE HAVE WALK-INS, COULD YOU SHED SOME LIGHT ON WALK OUTS? / PERCEPTIONS OF LIGHT AND DARK

MARCH 01, 1988

HOW MANY LEVELS DOES IT TAKE TO REACH THE TOP? ~ FREE WILL ~ LEVELS WITHIN LEVELS / DO WE RESEMBLE WHAT WE LOOKED LIKE IN PAST LIVES? / A QUESTION IS POSED BY SOMEONE WHO IS EXPERIENCING ANIMAL AWARENESS / DOES EVERYTHING ON THIS PLANET HAVE AWARENESS, ROCKS, TREES, PLANTS, THE EARTH? / HOW DO WE ~ OR EVEN DO WE ~ NEED TO INFORM PEOPLE OF THE SHIFT? / WAITH, DO YOU ASPIRE TO A HIGHER PLANE? ~ THE ANGELIC FORCE PLANE ~ JESUS' PLANE / A DISCUSSION OF VIBRATIONAL NAMES AND HOW THEY ARE ALIGNED TO THE GREATER MISSION / THE IMPORTANCE OF BEING LIGHTHEARTED, AT ANY LEVEL / DO ANGELS HAVE AN APPRECIATION FOR MUSIC? WE DEPICT ANGELS PLAYING HARPS / THE OUIJA BOARD ~ BEING A PARLOR GAME ~ CAUTION ABOUT MISCHIEVOUS ENTITIES

MARCH 08, 1988

A QUESTION ABOUT THE CURRENT ECONOMY, AND THE SHIFT / DO NOT BE JUDGEMENTAL ABOUT ANOTHER'S BELIEFS OF THEIR OWN MONETARY ISSUES / IS THERE A CHANCE OF A WORLD WAR III, AS IT RELATES TO THE SHIFT? / THE QUESTION OF BEING DRAWN TO FLORIDA, KNOWING IT IS NOT SAFE FOR THE SHIFT / ARE THERE DIFFERENT LEVELS OF THE HIGHER SELF CONSCIOUSNESS? / HELPING SOMEONE DISPERSE THE DARKNESS SURROUNDING THEM ~ WAITH GIVES A TECHNIQUE / THE SHIFT OF THE EARTH ~ THE TASK OF FINDING COMMUNITY LAND / A QUESTION FROM SOMEONE WHO IS EXPERIENCING NEW LEVELS OF CONSCIOUSNESS / REGARDING ATLANTIS, WERE THERE THREE DESTRUCTIONS?

MARCH 15, 1988

CRYSTALS AND PYRAMIDS ~ BEGINNING DISCUSSION / PYRAMIDS AND THEIR RELATIONSHIP TO CRYSTALS / THE PYRAMIDS WERE NOT CONSTRUCTED BY SLAVES, AS HISTORY REPORTS / WHY WERE THE PYRAMIDS USED AS TOMBS? / WHAT ABOUT THE CURSES THAT WE HEAR? / ARE THE PYRAMIDS THAT YOU REFER TO IN ANY OTHER LOCATION OTHER THAN EGYPT?

MARCH 22, 1988

THE SPECIFIC VIBRATIONS OF YOUR OWN PERSONAL CRYSTALS AND GEMS / YOUR VIBRATION AND THE CRYSTAL'S VIBRATION INTERMINGLE, ACTING AS A CONDUIT / QUESTION ABOUT A CRYSTAL SEEN IN SOMEONE'S MEDITATION / A DISCUSSION OF LAY LINES AND ENERGY CENTERS / PSYCHIC ATTACKS, AND THE NEED TO HAVE CONFIDENCE IN ABILITIES TO HANDLE THEM

MARCH 29, 1988

A DISCUSSION OF THE EASTER SEASON / THERE ARE MANY DIFFERENT KINGDOMS HAVING DISTINCT RESPONSIBILITIES, WITH MUCH ORDER / AMELIUS ENTERS AND SENDS HIS BLESSING

April 05, 1988

DISCUSSION OF ENERGY FORMS, AND THE INTERCONNECTEDNESS OF THE ENERGY FORMS / THE SILVER CORD CONNECTING US TO THE CREATOR / THE CONTINUUM OF LIGHT AND DARK WITH THE CREATOR / THE INTERCONNECTEDNESS OF ALL LIFE FORMS / DO ALL THE KINGDOMS HAVE VARYING DEGREES OF LIGHT AND DARK? / THE COLLECTIVE CONSCIOUSNESS OF THE EARTH PLANE ILLUSION

April 12, 1988

A DISCUSSION OF PAIN IN THE PHYSICAL BODY / TOLERANCES FOR PAIN ~ THERE ARE MANY LEVELS NECESSARY FOR GROWTH / PAIN AND AILMENTS AS A MECHANISM OF LEARNING, OR TEACHING, LESSONS / THE ISSUE OF ALLOWING OTHERS TO BE OF SERVICE TO YOU / IT IS RECOMMENDED TO GO TO THOSE IN THE MEDICAL FIELD WHO ARE SPIRITUAL / A PYRAMID SHAPE IN HELPING THOSE WHO ARE STRUGGLING WITH AILMENTS / A MEMBER IN THE HOLISTIC FIELD, HAVING A DEEP INTEREST IN AIDS RESEARCH / ISSUES WITH TEETH

APRIL 19, 1988

A QUESTION ABOUT EXTRATERRESTRIALS / WHAT IS THE PURPOSE OF MY BEING LEFT-HANDED? / THE LAW OF BALANCE ~ AND THE BENEFITS OF A VACATION / ARE CERTAIN CRYSTALS BETTER FOR YOU PERSONALLY ~ AND SPIRITUALLY? / QUESTIONS CONCERNING THE OUIJA BOARD ~ A WARNING FROM WAITH, GET RID OF IT!! / WHAT ABOUT TAROT CARDS AND FORTUNE TELLERS? / IS IT POSSIBLE FOR A DOLL TO BE POSSESSED OF A SPIRIT? / THE OPENING UP OF THE SPIRITUAL CENTERS MUST BE DONE SLOWLY / AN ENTITY MISREPRESENTING HIMSELF AS WAITH ~ WAITH GIVES THE VERBAL CHALLENGE TO ALL / IS IT POSSIBLE FOR JESUS, OR AMELIUS, TO MANIFEST THEMSELVES TO SOMEONE? / THE IMPORTANCE OF BEING LIGHTHEARTED AND TO HAVE A SENSE OF HUMOR / CHANGING WEATHER PATTERNS RELATING TO THE SHIFT

MAY 03, 1988

MULTIPLE LIVES AND PARALLEL LIVES, PART I / ALL ENERGY FORMS ARE CONNECTED ~ LIGHT AND DARK ~ ALL ARE CONNECTED / FREE WILL BECOMES PART OF THE ENERGY FORM ~ AND THEN THERE ARE TESTINGS / LAWS OF THE UNIVERSE ~ THE ANGELIC FORCE CHARGED WITH KEEPING THE ORDER / THERE ARE CERTAIN RULES FOR ENTRY ONTO THE EARTH PLANE / THE ANALOGY OF THE TOY BOX, WHERE ALL YOUR LESSONS ARE PLACED / PARALLEL LIVES, LIFELINES ~ THE ABILITY TO MANIFEST IN DIFFERENT PLACES AT THE SAME TIME / RELATING TO PARALLEL LIVES ~ HOW CAN YOU DESCRIBE INDIVIDUAL ENERGY FORMS? / ONE OF THE CONDITIONS OF THE EARTH PLANE IS TIME, WHICH IS AN ILLUSION / DO WE HAVE ONE SOUL OR DOES THAT SOUL GET SPLIT UP BETWEEN ALL THESE LIVES? / DO EACH OF OUR LIFELINES HAVE BASICALLY THE SAME CHARACTERISTICS? / LIFELINES CAN CHOOSE FROM A PORTFOLIO OF SKILLS AND TALENTS AVAILABLE, WITH PERCENTAGES / DISCOVERING OTHER LIFELINES THROUGH MEDITATION / PRAYING FOR THOSE WHO PASS OVER / CAN ONE PART OF YOU BE MORE ADVANCED THAN ANOTHER?

MAY 10, 1988

WHY DID I CHOOSE THE EARTH PLANE OUT OF ALL THE OTHER DIMENSIONS? / FARENA COMES IN ~ SHE EXPLAINS THE COMMUNICATION BARRIERS FROM HER SIDE / CAN YOU GIVE A BRIEF DEFINITION OF THE YIN AND YANG? / A QUESTION ABOUT WHY SOMEONE IS BREAKING INTO THEIR BUSINESS AND STEALING / LEARNING TO MEDITATE ~ IT TAKES TIME ~ YOU MUST FACE THE CHALLENGE / QUESTION ABOUT THE WAY WAITH HOLDS HIS HANDS IN THE SHAPE OF A PYRAMID

MAY 19, 1988

I WOULD LIKE TO GET SOME INSIGHT INTO MICROWAVE OVENS, AND ARTIFICIAL SWEETENERS / BATHUSELA AND FRANCIS HELP WITH AN ISSUE ~ HOW BATHUSELA MANIFESTS HERSELF / WILL ANY OF THE HAWAIIAN ISLANDS BE SAFE FOR THE SHIFT? / WILL CHICAGO BE A SAFE AREA? / FOOD AND SPIRITUAL VIBRATION ~ ISSUES OF JUDGEMENT / EARTH PLANE ADDICTIONS CARRYING OVER IN THE SOUL / DO ANGELS CONSUME FOOD? / A QUESTION ABOUT GROWING AWAY FROM CERTAIN GROUPS / A BRIEF DISCUSSION OF THE CHAKRAS / A BRIEF DISCUSSION OF ASTROLOGY

MAY 22, 1988

THIS IS A SPECIAL TOPIC SESSION FORMED BY A TERRA LUX GROUP MEMBER, WITH WAITH. THE GROUP LEADER HAS LEFT SINCE LEFT THE EARTH PLANE. SHE SPECIALIZED IN TEACHING OTHERS ABOUT EATING DISORDERS, FOOD ADDICTIONS, AND ADDICTIONS IN GENERAL. THE FLOW OF INFORMATION CONTAINED IN THIS CLASS REVOLVE AROUND SPECIFIC PERSONAL QUESTIONS FROM CLASS MEMBERS, RELATING TO PAST LIFE BALANCING, SOUL MATES, SELF-HEALING AS A LIFE'S PURPOSE, LEARNING TOLERANCE, ACCELERATED GROWTH, MEDITATIONS, AND MANY OTHER ISSUES TOO NUMEROUS TO BREAK DOWN INTO CATEGORIES. WAITH RESPONDS TO EVERYONE'S QUESTIONS, GIVING A GREAT DEAL OF PERSONAL INFORMATION TO EACH MEMBER, ALONG WITH UNIVERSAL INFORMATION FOR ALL.

MAY 24, 1988

THE SIGNIFICANCE OF THE CHAKRAS, PART I / VISUALIZATION OF OPENING UP THE CROWN CHAKRA / RELATIONSHIP BETWEEN CHAKRAS AND ILLNESS / DOES RAISING THE KUNDALINI CLEANSE THE CHAKRAS? / MEDITATING ON THE CHAKRAS BY COLORS, AND ABILITIES TO VISUALIZE COLORS / HOW MANY CHAKRAS ARE THERE?

MAY 31, 1988

THE EFFECT OF COLORS FOR YOUR OWN PERSONAL VIBRATION / THE EFFECTS OF SOUND AND MUSIC FOR YOUR VIBRATION / USING MEDITATION TO PROTECT FROM INCOMPATIBLE NOISES / A DISCUSSION OF ARTIFICIALLY CONTROLLED ENVIRONMENTS / REGARDLESS OF THE WEATHER, BE IN THE NATURAL ENVIRONMENT 15-20 MINUTES EACH DAY / WHAT ARE SOME CAUSES THAT AFFECT THE CLEANSING OF THE EARTH? / WHY DO WE HAVE SO LITTLE EVIDENCE OF ATLANTIS? IT SEEMS A GREAT DEAL WAS LOST. / FARENA GIVES SOME ADVICE ON ASSIMILATING INFORMATION AT YOUR

OWN PACE / DIFFICULTIES IN DISCUSSING ALL THIS WITH PEOPLE IN THE ORGANIZED RELIGION / WAITH DISCUSSES THE ENERGIES OF THE SUN, THE POSITIVE AND NEGATIVE EFFECTS / HOW TO DEAL WITH A HEIGHTENED SENSITIVITY TO SITUATIONS OF DAILY LIVING

JUNE 09, 1988

DISCUSSION OF THE PYRAMIDS, PART II / THE PRIMARY PURPOSE OF THE PYRAMIDS ~ CONDUCTORS OF ENERGY / HOW WERE THE STRUCTURES OF THE PYRAMIDS BUILT? / WOULD IT BE HELPFUL TO GATHER MORE INFORMATION TO STUDY THE PYRAMIDS? / A DISCUSSION OF MATERIALS USED TO CONSTRUCT PYRAMIDS DURING SPECIFIC TIME FRAMES / IS THE CLEANSING INEVITABLE? AND IS IT A POSITIVE OR A NEGATIVE? / WILL THERE BE CHILDREN WHO WILL STAY FOR THE SHIFT? / WILL THE UPHEAVAL HAVE ANYTHING TO DO WITH NUCLEAR WEAPONS? / THE SIMILARITIES OF THE ISSUES OF ATLANTIS AND THE UNITED STATES / EACH SOUL IS ABLE TO TAP INTO THE UNIVERSAL CONSCIOUSNESS / ARE SYMBOLS OF THE PYRAMIDS USED THROUGHOUT THE UNIVERSE AND OTHER DIMENSIONS?

JUNE 14, 1988

A GREATER UNDERSTANDING OF THE ONENESS ~ THE MERGING OF INFORMATION WITH OTHERS / INTERPRETATION OF INFORMATION FROM NOSTRADAMUS, AND OTHER SOURCES, INCLUDING WAITH / HOW YOU CAN BEGIN TO GAIN A GREATER ABILITY TO COMMUNICATE AT HIGHER LEVELS / BEING NONJUDGMENTAL TOWARD OTHERS WHO HAVE BEHAVIORS YOU DON'T AGREE WITH / NOT FORCING YOUR KNOWLEDGE ON OTHERS / THE DISCOMFORT OF THE HEAT LEVELS IN YOUR ENVIRONMENT AND HOW TO HANDLE IT / A QUESTION ABOUT ATLANTIS

JUNE 21, 1988

PERSONAL QUESTIONS SESSION ~ RELATING INDIVIDUALLY ~ AND UNIVERSALLY / ISSUES REGARDING GENDER, AND THE SWITCHING OF A GENDER ~ A PERSONAL BALANCING / INQUIRY ABOUT THE ROLE OF A LITTLE SISTER WHO HAS DOWN SYNDROME ~ GROUP BALANCING / WHAT IS THE DIFFERENCE BETWEEN THE HIGHER SELF AND THE SOUL? / ALL THAT YOU ENCOUNTER IN YOUR LIFE IS A RESULT OF YOUR ASKING FOR IT. / HOW DO YOU DETERMINE THE DIFFERENCE BETWEEN IMAGINATION AND GUIDANCE? / SOMEONE REQUESTS HELP FROM JACQUES CONCERNING PERSONAL MEDICAL CONDITIONS / DO NOT PRESSURE THOSE AROUND YOU TO CONFORM TO WHAT YOU BELIEVE TO BE THE WORD / INQUIRY ABOUT A FEAR OF MOUNTAINS ~ A GROUP BALANCING / IS THERE A PARTICULAR NAME EACH SOUL HAS THAT CAN BE TRANSLATED INTO PHYSICAL SOUND?

JUNE 28, 1988

FOUNDATIONAL INFORMATION ON CRYSTALS AND GEMS / CRYSTALS AS VIBRATIONAL CONDUITS / RESPONSIBILITIES OF THOSE HAVING CRYSTALS / CRYSTALS USED FOR HEALING IN ATLANTIS ~ CONJUNCTION WITH THE SUN AND PLANETS / COMPARISON OF MACHINES USED IN ATLANTIS VERSUS EARTH PLANE COMPUTERS / WHEN A CRYSTAL FEELS OUT OF BALANCE WITH ITS ENVIRONMENT AND BECOMES BROKEN / THE ISSUE OF INFUSING YOUR ENERGY INTO OTHER PEOPLE'S CRYSTALS / WHAT HAPPENS WHEN WAITH PUTS HIS ENERGY INTO SOMEONE'S CRYSTALS / WHAT HAPPENS WHEN WAITH PUTS HIS ENERGY INTO SOMEONE'S CRYSTALS / A QUESTION ABOUT THE ISSUES OF LETTING CHILDREN EXPERIENCE CRYSTALS / CRYSTALS ARE NOT THINGS TO PLAY WITH ~ THERE MUST BE A RESPECT GIVEN TO CRYSTALS / INHERITED CRYSTALS WITH ENERGY IN THEM FROM OUR ANCESTORS / PRECAUTIONS NEED TO BE EXHIBITED WITH THE WEARING OF RED CRYSTALS / A REQUEST OF WAITH'S IMPRESSION ON A TROUBLED CRYSTAL ~ AND CLEANSING NEEDED

JULY 05, 1988

OTHER ENERGY FORMS COMING ONTO THE EARTH PLANE ~ NATURAL PHENOMENA / THE CONSTANT BATTLE BETWEEN THE LIGHT AND THE DARK, AT ALL LEVELS / INFORMATION FROM OTHER SOURCES ~ ONLY READ WHAT YOU FEEL IS RIGHT / ORGANIZED RELIGION AND DOGMA / A QUESTION ABOUT PSYCHIC ATTACKS / LEARNING LESSONS IN YOUR OWN WAY ~ THE STUDENT SEEKS OUT THE TEACHER / A DISCUSSION OF ONE'S GUIDES ~ AND THE CHANGING OF THEIR GUIDES

JULY 10, 1988

SPECIAL TOPIC SESSION ~ HEALING ~ INTERMEDIATE LEVEL / A DISCUSSION ABOUT SPIRITUAL AND EMOTION HEALING / THE ROLE OF THE TRUE HEALER / IS SPIRITUAL HEALING BY GRACE? ~ THE GOAL IS ULTIMATE HEALING OF SELF / IS THE PHYSICAL CONDITION GENERALLY RELATED TO A SPECIFIC SOUL ISSUE? / HEALING ~ IMBALANCES OCCUR AT ALL LEVELS ~ SPIRIT, MENTAL, EMOTIONAL, PHYSICAL / THE ISSUES OF BEING NONJUDGMENTAL, AND THE DANGER OF IMPOSITION TO ANOTHER / THERE IS NO QUICK FIX ON HEALING / USING MEDITATION TO SEARCH FOR THE ISSUES OF THE SOUL THAT CAUSE ILLNESS / CAN YOU HEAL WHEN YOU ARE NOT IN BALANCE? / MANY HAVE A SOOTHING ABILITY OF HEALING ~ HELPING IN THE HEALING PROCESS / THE ISSUE OF FAITH HEALERS ~ ALL HEALERS WILL UNDERGO TESTING / VIBRATIONAL FREQUENCIES WITHIN THE BODY / THE ENERGY OF THREE CRYSTALS PLACED IN A TRIANGLE ~ PYRAMIDS ~ KUNDALINI ~ HEALING / COULD YOU TALK TO US ABOUT HEALING THROUGH THOUGHT PROJECTION? / HEALING OF THE HEART ISSUES / A QUESTION FROM SOMEONE WHO IS INVOLVED IN WRITING A BOOK / DELAY, AVOIDANCE, AND PREVENTION OF ISSUES

JULY 12, 1988

PERSONAL QUESTIONS SESSION / INQUIRY ABOUT A BROTHER WHO HAS PASSED ON / A QUESTION IS ASKED ABOUT THE NEW PYRAMIDS THAT RE GOING TO BE BUILT AFTER THE SHIFT. / A CRYSTAL QUESTION ~ WITH A VERY STRONG LIFE FORCE AND CONNECTION WITH A PYRAMID / A SITUATION WITH GUIDES NEEDING HELP IN THE MERGING OF THEIR TWIN FLAME / COMMUNICATING WITH YOUR GUIDES / INQUIRY ABOUT A FATHER WHO HAS PASSED ON ~ A DISCUSSION OF THE WATER PLANETS.

JULY 19, 1988

CLEANSING OF THE PHYSICAL ENCASEMENT ~ FASTING ~ YOUR WAY ~ SLOWLY / WHAT ARE THE BENEFITS OF A CLEANSING? / WORKING SIMULTANEOUSLY ~ FASTING IN CONJUNCTION WITH MEDITATION / A DISCUSSION OF COMBINATION OF FOODS ~ WHAT IS RIGHT, OR NOT, FOR YOUR BODY / A QUESTION CONCERNING THE BODILY FUNCTIONS OF EATING JUST BEFORE MEDITATING / KNOWING WHETHER TO EAT, OR NOT ~ LISTENING TO YOUR BODY / FOOD ADDICTIONS ~ THE GRADUAL ELIMINATION OF FOODS YOU MAY BE ADDICTED TO / IT TAKES APPROXIMATELY FOURTEEN DAYS TO ADJUST TO WITHDRAWAL OF CERTAIN FOODS / WHAT ABOUT FASTING NOW AS A WAY OF GETTING READY FOR POSSIBLE ISSUES AFTER THE SHIFT? / BEING NONJUDGEMENTAL OF ANOTHER'S EATING PATTERNS ~ AND ISSUES OF IMPOSITION / PARENTS GUIDING CHILDREN IN THEIR EATING HABITS

JULY 26, 1988

MISCHIEVOUS ENTITIES ~ ADJUSTING LEVELS OF PROTECTION AS YOUR VIBRATION INCREASES / WHERE DO SOULS COME FROM? HOW MANY ARE THERE? HOW DO THEY ALL PROGRESS? / PLANET EARTH IS A LIFE FORM AND IS GROWING TREMENDOUSLY / IS THERE A PREDETERMINATION FOR WHO CAN COME ONTO THE EARTH PLANE AT A PARTICULAR POINT IN TIME? AND WHY DOES IT SEEM THEY ARE NOT MAKING PROGRESS? / FROM THE UNIVERSAL DIMENSION, INFINITESIMAL PROGRESS IS SEEN AS A MONUMENTAL LEAP / TOLERANCES OF THE PLANET HAVE INCREASED SIGNIFICANTLY SINCE THE LAST CLEANSING / CLIMATE CHANGES ~ AND OUR TOLERANCES TO HOT AND COLD / THE POWER OF SENDING WHITE LIGHT / INCREASED VIBRATIONS OF ALL AFFECT THE LEVEL OF VIBRATION OF THE WHOLE / ABORTION, MISCARRIAGE, WHEN THE SOUL ENTERS THE BODY, SUDDEN INFANT DEATH SYNDROME / LIFE CHANGES NEED TO BE VIEWED WITH A SPIRIT OF OPTIMISM AND GROWTH / YOUR GUIDES ARE NOT ALLOWED TO RESPOND UNLESS THEY ARE ASKED, DAILY, SPECIFICALLY / WAITH, WOULD YOU DESCRIBE FOR US WHAT YOUR ENVIRONMENT IS LIKE? / DO YOU SEE COLORS WHERE YOU ARE? / IS THERE LANGUAGE WHERE YOU ARE, OR

WHERE OUR GUIDES ARE? / COMMUNICATION WITH GUIDES WITHOUT LANGUAGE ~ WITH FEELINGS, INTUITION, INSTINCTS / A QUESTION FROM SOMEONE WHO HAS BEEN FEELING THE PRESENCE OF JESUS / SIGNIFICANT CHANGES ARE OCCURRING NOW UP UNTIL THE TIME OF THE SHIFT

AUGUST 02, 1988

OTHER CHANNELLED INFORMATION ~ FROM ONE OF WAITH'S CHARGES ~ ARAMA / HOW TO RESPOND TO THOSE WHO SAY THEIRS IS THE ONLY TRUTH / INTERACTIONS WITH THOSE WHO ARE MORE ADVANCED THAN YOU / THERE IS A TENDENCY AT ALL DIMENSIONS TO PERHAPS LEAN ON OTHERS / A QUESTION ON THE PROPER WAY TO MEDITATE / IS THE STUDY OF MARTIAL ARTS, SUCH AS KARATE ~ A POSITIVE, OR A NEGATIVE? / INCREASING LEVELS OF PROTECTION AS YOU INCREASE IN YOUR VIBRATION / THE SIMULTANEOUS SENDING OF WHITE LIGHT TO SELF AND TO OTHERS / BREAKING THE CYCLE OF NEGATIVE THINKING ~ HABITS CAN BE CHANGED INTO POSITIVE / LIVE WHAT YOU ARE LEARNING RATHER THAN TO SPEAK WHAT YOU ARE LEARNING / IS SENDING LIGHT TO OTHERS DIFFUSED IF YOU ARE SENDING TO SO MANY AT THE SAME TIME?

AUGUST 09, 1988

LOVE AND LIGHT AND THE JOY OF LIGHTHEARTEDNESS / IT IS SO BENEFICIAL FOR THE SOUL'S GROWTH TO SEND OUT LIGHT TO THOSE WHO ATTACK YOU / STRENGTH IN UNITY ~ ALL ENERGIES NEED EACH OTHER TO HELP IN PROGRESSION ON THE PATH / WHEN THE SOUL SAYS, "ENOUGH IS ENOUGH" AND CREATES SITUATIONS TO HELP YOU BALANCE / NOTHING IS PRESENTED TO YOU THAT YOU ARE NOT ABLE TO WITHSTAND / MOVEMENT BACK AND FORTH ON THE SPECTRUM OF LIGHT AND DARK / A DISCUSSION OF PSYCHIC BREAKDOWN OF A SOUL ~ AND BEING HELPED BY THE ANGELICS / AS WE MEET HERE IN A GROUP, DO WE ALSO MEET IN OTHER DIMENSIONS AS A GROUP? / AN ISSUE OF LEARNING HOW TO GROUND YOURSELF / REMEMBER THIS ~ THERE IS NO TASK TOO DIFFICULT FOR ANY OF YOU

AUGUST 16, 1988

CHANGING WEATHER PATTERNS ~ NOW, AND AFTER THE SHIFT / THOSE OF THE HUMAN KINGDOM ARE SIMPLY ONE OF MANY KINGDOMS IN THE UNIVERSE / WAITH DISCUSSES THE NEED TO HAVE GROUP MEDITATIONS TO DISPERSE MISCHIEVOUS ENTITIES / INSTRUCTIONS FOR A GROUP MEDITATION TO DISPERSE MISCHIEVOUS ENTITIES / WAITH, CAN WE HURT THESE LITTLE MISCHIEVOUS ONES BY SENDING THEM LIGHT? / WAITH LEADS THE GROUP MEDITATION FOR DISPERSING MISCHIEVOUS ENTITIES / WAITH EXPLAINS THAT THIS TECHNIQUE IS ONE OF MANY OPTIONS FOR GROUP MEDITATION

AUGUST 21, 1988

PYRAMIDS AND CRYSTALS ~ AND THE RELATIONSHIP OF CRYSTALS TO PYRAMIDS / PURPOSE OF PYRAMIDS ~ ROLE OF INDIVIDUALS ~ HOW THE PYRAMID IS FORMULATED / THE PYRAMID STRUCTURES OVER THE MILLENNIA HAVE TAKEN ON DIFFERENT SHAPES / ALL IS DONE WITH MIND CONTROL, THE SAFEGUARDED KNOWLEDGE IS ONLY FOR A FEW / THE NEW STRUCTURES WILL BE A DIFFERENT SHAPE AND CONSTRUCTED WITH DIFFERENT MATERIALS / ENFIELD IS A PIVOTAL LOCATION FOR THE NEW STRUCTURES / CRYSTALS AND THEIR CURRENT PLACEMENT WITH THE PYRAMIDS / QUESTION ABOUT THE BENT PYRAMID IN EGYPT, THE ONE WITH TWO ANGLES / PLEASE EXPLAIN THE MASTERY LEVEL OF THE TWELVE CHOSEN TO CONSTRUCT THE PYRAMIDS / WHAT WILL THESE NEW STRUCTURES LOOK LIKE? AND WHAT WILL THE NEW HELPERS BE? / A DISCUSSION OF THE PYRAMIDS BUILT IN DISNEY WORLD IN FLORIDA / INFORMATION COMING IN FROM HIGHER SOURCES RUN THE RISK OF MISINTERPRETATION IN TIME / THE CONSISTENT MESSAGE ~ FIND YOUR OWN TRUTH ~ ALL THE ANSWERS ARE WITHIN YOURSELF / A QUESTION OF HOW TO PREPARE SPIRITUALLY AND PHYSICALLY FOR THE SHIFT / WHAT ARE PHANTOM CRYSTALS AND THE MEANING BEHIND THEIR CHARACTERISTICS?

AUGUST 23, 1988

BEING IN SEVERAL PLACES AT ONE TIME ~ THE ABILITY OF ENERGIES TO SUBDIVIDE / WHAT IS THE PURPOSE OF ENTITIES FROM OTHER PLANETS VISITING HERE ON EARTH? / DISCUSSION OF PARALLEL LIVES ~ YOU JUST MIGHT HAVE A LIFELINE THAT IS ON ANOTHER PLANET / A QUESTION OF WHEN LIFE BEGAN ON THIS PLANET, AND WHERE IT OCCURRED? / PLEASE EXPLAIN THE SPECIAL LINK MAN HAS WITH DOLPHINS / AGAIN, NOT ALL ENERGIES COME ONTO THE EARTH PLANE ~ THEY CHOOSE OTHER DIMENSIONS / WHY DID WE LEAVE THE ONENESS IN THE FIRST PLACE? / WAITH DISCUSSES THAT EVERYTHING IS AN ILLUSION / WHY CAN'T WE LEARN WITHOUT GOING THROUGH THE NIGHTMARE OF A SHIFT? / REGARDING THE SHIFT, WILL THERE BE DISEASE? / WHAT HAPPENS TO SOULS ON EARTH DURING THE SHIFT? WHAT WILL OCCUR AT THAT TIME? / IN THE DECISION TO STAY, OR NOT, MADE AT THE PHYSICAL OR THE SOUL LEVEL? / HOW TO WORK WITH THE ISSUES OF PREJUDICE, CRITICISM AND JUDGEMENT / WHO AM I TO DECIDE THAT A WEED MUST GO AND A VEGETABLE PLANT CAN STAY? / WHY CAN'T LIFEFORMS ON OTHER PLANETS BE SEEN BY THOSE WHO HAVE VISITED THERE? / THE WEATHER KINGDOM ~ WEATHER SYSTEMS ARE ENERGY FORMS

AUGUST 30, 1988

A GUIDED GROUP MEDITATION TO HELP SOOTHE THE ENVIRONMENT / THERE ARE MANY WAYS LIGHT CAN BE SENT ~ IT IS SIMPLY A MATTER OF IMAGERY / THE UNIVERSE IS THE ONE ~ THE CREATIVE FORCE ~THE GOD ~ UNIVERSAL CONSCIOUSNESS / WOULD YOU ELABORATE ON THE BIG BANG THEORY? / FROM WHERE YOU ARE AT, WHAT IS TIME? WHAT DOES IT LOOK LIKE? / QUESTIONS ABOUT FLORIDA, THE MIDWEST, HAWAII ~ AS IT RELATES TO THE SHIFT / SENDING LIGHT AND LOVE TO THE UNIVERSE AND FEELING THE RIPPLE EFFECT / EXPANSION OF CONSCIOUSNESS IN MEDITATION / A DISCUSSION OF A GROUP MEMBER'S SPIRIT GUIDES / AN UPLIFTING VISIT FROM FARENA / FARENA, PLEASE TELL ME ABOUT THIS WATER PLANET YOU USED TO LIVE ON / FARENA, COULD YOU TELL US A BIT MORE ABOUT YOURSELF? / FARENA GUIDES A MEMBER OF THE GROUP ON A METHOD OF HEARING THE AUM KARA NADA

SEPTEMBER 06, 1988

A QUESTION OF ABRAHAM LINCOLN AND HIS WIFE / ITS ENERGY FIELD IS DRAMATIC, AND THERE ARE PYRAMIDS IN SEDONA / INQUIRY ABOUT A FRIEND WHO PASSED OVER A FEW YEARS AGO / A QUESTION ABOUT ELIMINATING EATING MEAT AND CAFFEINE ~ EARTH PLANE ADDICTIONS / THERE ARE ANGELIC PROTECTORS TO HELP PROTECT YOU WHEN YOU BATTLE AGAINST THE DARK / WAITH GIVE ENERGIES TO SEVERAL CRYSTALS AND DISCUSSES THEIR PATHS / WHENEVER AN ILLUSION IS PRESENTED TO YOU THAT HAS FIRE IN IT, IT IS OF THE DARK / THE ISSUE OF SELF PROTECTION IN THE DREAM STATE ~ AND HOW A MEMBER HANDLED THAT / HOW DO YOU RECOGNIZE THOSE WHO ARE ON ACCELERATED GROWTH PATHS? / IS THERE GOING TO BE A PERIOD WHERE PEOPLE ARE FORCED INTO ACCELERATED LEARNING? / BEING JUDGEMENTAL ABOUT ANOTHER'S BELIEFS ~ A SITUATION OF IMPOSITION / FURTHER QUESTIONS REGARDING THE AUM KARA NADA TECHNIQUE GIVEN BY FARENA

SEPTEMBER 13, 1988

DISCUSSION AND QUESTIONS CONCERNING THE COMING CLEANSING / CHANGING WEATHER PATTERNS / BUILDING OF SHELTERS / CHANGING EATING PATTERNS / UNLOCKING SOUL MEMORIES OF OTHER SHIFTS THROUGH MEDITATION / SELFLESS SERVICE TO ALL WHO SEEK OUR HELP / KNOW THAT WHEN A LOVED ONE LEAVES THE EARTH PLANE, THEY ARE GIVEN GREAT CARE / WHEN THE CLEANSING HAPPENS, WHAT HAPPENS TO THE NUCLEAR POWER PLANTS? / IS THE CLEANSING THE EQUIVALENT OF THE SECOND COMING? WILL AMELIUS BE CLOSER? / YOU CAN MEDITATE AND INFUSE ENERGY AND LIGHT INTO ANYTHING, INCLUDING GREETING CARDS / REGARDING THE CLIMATE CHANGES, HOW DOES THIS AFFECT THE PLANTS AND ANIMALS? / IT IS IMPORTANT TO BE OF SERVICE TO OTHERS, SELFLESSLY / WAITH DISCUSSES IN DETAIL THE ISSUE OF PREDESTINATION VERSUS FREE WILL

SEPTEMBER 20, 1988

A MEDITATION TECHNIQUE FOR SENDING LIGHT TO A HOME YOU ARE MOVING FROM / A QUESTION TO HELP CREATE HARMONY WITHIN A NEWLY FORMED BROWNIE TROOP / A QUESTION OF EARTHBOUND ENTITIES ~ SENDING PRAYER ~ SENDING LIGHT / HOW THE UNIVERSAL CONSCIOUSNESS WORKS IN CONJUNCTION WITH OUR OWN SOUL'S WISHES / DEALING WITH THOSE WHO REFUTE OR ATTACK YOUR BELIEFS / AYURVEDA MEDICINE AND PRIMORDIAL SOUND MEDITATION / THE EXPERIENCE OF GREAT SENSITIVITY IN RECOGNIZING THAT YOU HAVE KNOWN OTHERS / OTHER SOURCES ~ INFORMATION CHANNELLED BY DOLPHIN / A QUESTION TO WAITH ABOUT A PICTURE TAKEN A LONG TIME AGO, AND THE MEANING OF IT / A QUESTION ABOUT THE PYRAMID AT MERIDIAN / THE INNER CIRCLE OF MUSHIBA AND THE TWELVE TO BE SELECTED FOR THE PYRAMIDS / A BRIEF DISCUSSION OF PRESIDENTIAL LEADERS

SEPTEMBER 27, 1988

INTRODUCTION OF SUSAN, THE SIXTH MEMBER OF THE SPIRIT GROUP / SUSAN WILL BE HELPING THOSE CONSIDERING JOINING THE ANGELIC FORCE / SUSAN PROJECTS HERSELF IN THE COLOR OF BLUE / SUSAN GIVES ADVICE TO SOMEONE ABOUT THEIR GUIDE / A QUESTION TO SUSAN ABOUT SEVERAL IN THE GROUP HAVING A DREAM OF WAITH'S IMPOSTER / SENDING LIGHT TO THE DARK / FRANCIS COMES IN AND DISCUSSES ANIMAL ABUSE AND FORGIVENESS / A QUESTION IS ASKED OF FRANCIS, IF THE TIME OF FRANCIS WAS HIS LAST INCARNATION / FRANCIS ANSWERS QUESTIONS OF PLANTS, ANIMALS, THE ELEMENTS, AND GROUNDING YOURSELF / ADVICE TO SOMEONE WITH A PICTURE OF AN INTERPRETATION OF A CHAKRA

OCTOBER 04, 1988

JACQUES GIVES A BRIEF DISCUSSION OF HIS MISSION IN THE SPIRIT GROUP / A REMEDY IS GIVEN TO HELP RELIEVE FATIGUE RESULTING FROM PSYCHIC ATTACKS / A REMEDY IS GIVEN TO HELP RELIEVE HEADACHES RESULTING FROM PSYCHIC ATTACKS / A REMEDY FOR WEAKENING OF THE JOINTS RESULTING FROM PSYCHIC ATTACKS / IS IT POSSIBLE TO HAVE OTHER CONDITIONS AS A RESULT OF PSYCHIC ATTACK? / CAN YOU GIVE A GENERAL REASON WHY SO MANY PEOPLE HAVE BACK PROBLEMS? / GRAPEFRUIT JUICE AS A WAY TO CLEANSE THE PHYSICAL BODY / A BRIEF DISCUSSION OF EMPHYSEMA / A CHILD IS BEING REBUKED AT SCHOOL FOR SEEING AURAS / SENDING LIGHT TO OTHERS ~ WHAT CAN BE DONE TO HELP LENGTHEN THE EFFECTS / A QUESTION FROM SOMEONE DEALING WITH THEIR CHILDREN'S LEARNING DISABILITIES / FARENA COMES IN ~ GIVES MORE DISCUSSION ON THE AUM KARA NADA SOUND TO A MEMBER / SLEEP IS AN ALTERED STATE AND A FORM OF MEDITATION / A QUESTION ABOUT THE CHALLENGER ASTRONAUTS

OCTOBER 11, 1988

FORGIVENESS ~ UNCONDITIONAL LOVE ~ BEING JUDGEMENTAL / TECHNIQUE TO USE IN SITUATIONS WHERE YOU ARE JUDGING OTHERS / FORGIVENESS OF OTHERS ~ IT TAKES AS LONG AS IT TAKES / THE DEFINITION OF WHAT IS REFERRED TO AS A "SIN" / THE ISSUE OF "SIN" ~ WHERE THE DARKNESS CAN COME IN AND ENTRAP YOU / A QUESTION ABOUT FINDING AN HERB NAMED ARAMIS FROM THE LAST SESSION / QUESTION FROM A BOOK DICTATED BY ST. GERMAIN ~ ABOUT ARCHANGEL MICHAEL AND LUCIFER / DISCUSSION OF THE MISINTERPRETATION OF THE ANTICHRIST

OCTOBER 18, 1988

A PERSONAL NEED TO WITHDRAW AND REFLECT ~ REQUIRING SOME ALONE TIME FOR REFLECTION / INTEGRATION OF NATIVE AMERICANS AND THE WHITE RACE ~ SPIRITUALITY ~ THE SHIFT / THINKING YOUR PRAYERS WERE NOT ANSWERED, REMEMBER ALL HAPPENS FOR A REASON / TECHNIQUE FOR SENDING LIGHT TO THE ANIMAL KINGDOM, IN TIMES OF THEIR DISTRESS / THE PHILOSOPHIES OF WHITE EAGLE ARE OF THE LIGHT ~ BEING AT PEACE IS FOUNDATIONAL / SPIRIT SONG MUSICAL GROUP, FRANCISCAN UNIVERSITY, STEUBENVILLE, OH ~ ARE OF THE LIGHT / ISSUES OF TWIN FLAMES ~ BE CAREFUL NOT TO JUDGE ~ YOU DON'T KNOW ANYONE'S PATH /

WAITH WILL BE INTRODUCING A SPECIAL TOPIC SESSION SOON ON SELF HEALING / UNDERSTANDING THE BIG PICTURE DURING PERIODS OF TESTING / ISSUE OF IMPOSITION ~ LEARNING WHEN TO HELP SOMEONE, OR NOT ~ THROUGH EXPERIENCE / SENDING LIGHT ~ PROTECT YOURSELF BY FIRST CALLING UPON THE HIGHEST OF THE WHITE LIGHT / THE FRUSTRATIONS OF TEACHING AND LEARNING SIMULTANEOUSLY

NOVEMBER 01, 1988

MEDITATION TO SEND LIGHT TO AN ANGELIC WARRIOR CURRENTLY INCARNATED / A CONTINUED DISCUSSION OF THE PYRAMIDS / WILL THERE BE TRANSPORTATION AFTER THE SHIFT SO WE CAN SEE THE OTHER STRUCTURES? / WILL SOME OF THE BUILDINGS REMAIN AFTER THE SHIFT? / WHEN THE EARTH SHIFTS ON ITS AXIS, WILL OUR ORBIT BE AFFECTED? / WILL HUMAN NATURE AS WE KNOW IT CHANGE AS A RESULT OF THE SHIFT? / WILL THERE BE A TRIGGER THAT WILL ACTUALLY START THE SHIFTING? / ARE MASS DEPARTURES IN AIRPLANE AND SHIPPING ACCIDENTS RELATED TO THE SHIFT? / IS THERE GOING TO BE MORE NEGATIVITY AND HOSTILITY IN POLITICS BEFORE THE SHIFT? / IS THERE A WAY TO PROTECT OURSELVES FROM ALL OF THE NEGATIVITY OF POLITICS? / A DISCUSSION OF THOSE WHO HAVE AN INTEREST IN THE DARKNESS / DISCUSSION OF THE WORK BEING DONE BY THE WARRENS, WHO ARE OF THE LIGHT / A DAUGHTER CONNECTING WITH THOSE WHO HAVE A FASCINATION FOR SATAN WORSHIP

NOVEMBER 07, 1988

SUSAN DISCUSSES THE LIFELINES THAT SOMEONE IS EXPERIENCING IN THEIR DREAMS / SUSAN DISCUSSES THE PARADOX OF THE SOUL'S MASTER PLAN AND THAT OF FREE WILL / BATHUSELA ENTERS AND STATES SHE IS HELPING THE FEMALE ENERGIES STRENGTHEN / A QUESTION TO WAITH ABOUT AN HERB JACQUES RECOMMENDED, ARAMIS

NOVEMBER 15, 1988

THE ISSUES AND IMPORTANCE OF EGO IN UNIVERSAL TERMS / A QUESTION ABOUT WHAT IS REFERRED TO AS JUDGEMENT DAY, IN ORGANIZED RELIGION / BE CAREFUL OF JUDGING OTHERS FOR THEIR BELIEFS / WAITH DISCUSSES THE USE OF VIBRATIONAL NAMES

NOVEMBER 22, 1988

AN ELECTROMAGNETIC SHAKING UP THAT IS RELATED TO ASTROLOGICAL ALIGNMENTS / A FEELING OF UNFAIRNESS WHEN OTHERS WHO LIE AND CHEAT SEEM TO BE WINNERS IN LIFE / A MEMBER ASKS WHETHER HE IS RECEIVING CERTAIN INFORMATION / SOMEONE HAS A DREAM WHICH IS A PAST-LIFE RECALL OF ANOTHER CLEANSING TIME / THERE IS NOTHING THAT CANNOT BE ASKED IN YOUR MEDITATIONS / QUESTIONS ABOUT THE SHELTERS FOR THE SHIFT / WAITH COMMENTS ON A BOOK BY RICHARD BACH, CALLED ONE

NOVEMBER 29, 1988

SPECIAL TOPIC SESSION ON TRUTH, ONE OF THE UNIVERSAL CONCEPTS ~ INTRODUCTORY LEVEL / HOW TRUTH IS DEFINED FROM A UNIVERSAL PERSPECTIVE / TRUTH, UNCONDITIONAL LOVE, AND JUSTICE / UNCONDITIONAL LOVE, FOLLOWING YOUR OWN TRUTH, AND GROWTH / IMPOSITION OF YOUR TRUTH TO OTHERS ~ AND OTHERS IMPOSING THEIR TRUTH TO YOU / AS YOU GROW MORE TOWARD UNCONDITIONAL LOVE, YOUR TRUTH CHANGES / AS FAR AS TRUTH OF THE SOUL GOES, HOW DOES THAT REFLECT ON A PARALLEL LIFE? / I AM TRYING VERY HARD TO PRACTICE UNCONDITIONAL LOVE ~ DO YOU HAVE ANY GUIDELINES? / AN ENVIRONMENT OF DISHARMONY CREATING IMBALANCE ~ SEEK TO FOLLOW YOUR OWN TRUTH / A BRIEF COMMENT ON ASTROLOGY / A QUESTION ABOUT WAR ~ IS IT NECESSARY ~ ARE THERE INDIVIDUAL LESSONS FOR SOLDIERS?

DECEMBER 06, 1988

MEDITATION TECHNIQUE ~ SENDING ENERGY TO HELP THROUGH THE CHRISTMAS SEASON / HOW MANY HUMANS WILL BE IN THE ENFIELD AREA AFTER THE SHIFT? / QUESTIONS ABOUT HISTORICAL

DATA AFTER THE SHIFT / WAITH ALLUDES TO THE UNDERGROUND COMMUNITY WORKING WITH THOSE ABOVE / HOW DID THE RECENT EARTHQUAKE IN THE AREA AFFECT POWER TRANSFER? / A DISCUSSION OF ORGANIZED RELIGIONS / A QUESTION ABOUT OUR ABILITY TO PERCEIVE TRUTH AT ANY LEVEL / PERCEPTIONS OF SURVIVAL OF THE FITTEST / WHAT IS THE UNIVERSAL FLOW ~ ARE YOU SPEAKING OF AN ENERGY FLOW? / A DISCUSSION OF ONE'S CONSCIENCE, INTUITIONS, AND CONNECTION TO THE HIGHER SELF

DECEMBER 13, 1988

WAITH DISCUSSES THE UNDERGROUND COMMUNITY AND HOW THEY ARE ABLE TO MANIFEST / WAITH TALKS ABOUT THE ARROGANCE OF THE DISBELIEVERS AND THE SCIENTISTS / A QUESTION ABOUT THE DETAILS OF THE MOVIE, THE NEVERENDING STORY / ISSUES OF MALE/FEMALE ENERGIES, A SPECIAL TOPIC COMING / SOON / MANY OF THE ANIMALS NEED TO LEARN TO LIVE IN ENCLOSURES / KILLING OF ANIMALS AND THE ISSUE OF BALANCING

DECEMBER 20, 1988

GREETINGS AND SPECIAL ENERGY GIFTS FROM SEVERAL IN THE SPIRIT GROUP / FARENA ENTERS AND GIVES A SPECIAL ENERGY FOR THE CHRISTMAS SEASON / FRANCIS ENTERS ~ SAYS HE WILL BE MANIFESTING IN PHYSICAL FORM AT TIMES, WHEN NEEDED / BATHUSELA ENTERS AND SENDS HER SPECIAL ENERGY TO CLEANSE THE THIRD EYE / INQUIRY ABOUT A LOVED ONE WHO HAS PASSED OVER ~ NEEDING LIGHT AND PRAYERS / WHAT IS THE DIFFERENCE BETWEEN REGULAR CRYSTALS AND THE CRYSTAL BALLS? / AMELIUS ENTERS AND SENDS THE ENERGY OF LOVE

DECEMBER 27, 1988

WAITH SAYS THAT NEXT YEAR BEGINS PHASE II OF THE MISSION / A QUESTION ABOUT THE PYRAMID SHAPE WAITH RECOMMENDED FOR A MEMBER'S DAUGHTER / THE USE OF SOUND FOR ATTUNEMENT, AS IN AUM / A QUESTION IS ASKED ABOUT THE USE OF VACCINATIONS AND MEDICATIONS / A DISCUSSION ABOUT WHETHER WAITH CHANNELS THROUGH OTHERS ~ CHALLENGE HIS IMPOSTER / INQUIRY ABOUT A LOVED ONE WHO HAS PASSED OVER / CHRIS GRISCOM WHO DOES PAST-LIFE WORK IN ALBUQUERQUE, NM ~ IS OF THE LIGHT / THE SOUNDS OF MUSIC AFFECT EACH PERSON DIFFERENTLY, DEPENDING ON THEIR SOUL'S PATH / THE MEDIA PRESENTS ELEMENTARY SPIRITUAL INFORMATION TO CERTAIN MASS AUDIENCES / QUESTIONS ABOUT THE SHIFT ~ CAN IT BE AVERTED ~ THE SHELTERS ~ OTHER SAFE AREAS / THE EARTH CLEANSING IS ALREADY OCCURRING AT CERTAIN LEVELS

DECEMBER 31, 1988

SECOND ANNIVERSARY SESSION, AND BEGINNING OF PHASE II OF WAITH'S MISSION / WAITH GUIDES A MEDITATION CIRCLE ~ IN PREPARATION OF WAITH OPENING THE EYES / WAITH AND THE OTHERS IN THE SPIRIT GROUP WILL NOW BE ABLE TO STAND AND WRITE

JANUARY 03, 1989

WHAT PHYSICAL CHANGES CAN WE EXPECT IN OPENING OUR SPIRITUAL CENTERS? / REALIGNMENT OF THE ENERGIES ~ MOVING OUR CONCENTRATION TO DIFFERENT CHAKRAS / FEELING WARMTH OR COLD AS THE SPIRITUAL CENTERS ARE OPENING AND CLOSING / WHAT DOES MEAN TO EXPERIENCE NUMBNESS WHILE MEDITATING? / HOW DOES THE ENVIRONMENT AROUND YOU AFFECT YOUR MEDITATION? / IF YOU PROJECT YOURSELF TO ANOTHER IN MEDITATION, IS THAT AN ISSUE OF INFRINGEMENT? / A DISCUSSIONS OF REPRESSING EMOTIONS TOWARD ANOTHER / ALL THAT YOU SEE IN OTHERS IS WHAT IS IN YOU ~ BE THEY GOOD, OR NOT SO GOOD / A BABY'S DECISION TO STAY, OR LEAVE, WITHIN THEIR FIRST SIX MONTHS OF LIFE / IS THE BALANCING OF LESSONS VOLUNTARY, COMPULSORY, OR BOTH? / DISCUSSION OF CRYSTALS ~ ENVIRONMENT ~ NEGATIVE PROGRAMMING ~ CLEANING CRYSTALS

JANUARY 10, 1989

A MEDITATION VISUALIZATION TO ASSIST ONE IN PASSING OVER / PSYCHIC ATTACKS ~ YOU NEED TO ACCELERATE YOUR PROTECTION AS YOU BECOME LIGHTER / THE OTHER SIX IN THE COMPANY COME IN AND SPEAK SIMULTANEOUSLY WITH WAITH / MAURICE COOKE IN CANADA ~ CHANNELLING ANGELIC HILARIAN ~ IS OF THE LIGHT / WAITH EXPLAINS THAT OTHER SOURCES OF INFORMATION ARE MEANT TO REACH CERTAIN GROUPS / SOMEONE EXPERIENCING A PSYCHIC ATTACK WHILE DRIFTING OFF TO SLEEP FROM MEDITATION / PSYCHIC ATTACKS CAN WORK IN CONJUNCTION WITH YOUR SOUL REQUESTING TO BE TESTED /FRANK ALPER AND HIS BOOKS ON ATLANTIS ~ GIVES ACCURATE DESCRIPTIONS OF ATLANTIS / ANIMALS MAKING THE TRANSITION TO HUMAN FORM / WAITH EXPLAINS HOW HE IS SIMPLY ESSENCE, WITH ABILITY TO PROJECT IN PHYSICAL FORM / MANY HAVE CHOSEN ACCELERATED PATHS ~ MANY CHOOSE SIMPLE PATHS ~YOU CHOOSE / THE PATH OF SOMEONE'S CRYSTAL AND WHY IT BROKE / CRYSTALS SERVE A PURPOSE WITH YOU ~ THEY WILL DEPART WHEN IT IS COMPLETED

JANUARY 17, 1989

MAIN TOPIC ~ PATIENCE / PATIENCE IS DIRECTLY RELATED TO THE ACQUIRING OF UNCONDITIONAL LOVE / ULTIMATE PATIENCE IS ONLY ACHIEVED WHEN ONENESS OCCURS / PATIENCE AND THE ISSUE OF JUDGING ANOTHER'S MISSION OR PATH DIFFERENT FROM YOUR OWN / HOW DO YOU DEAL WITH FEELINGS OF IMPATIENCE? / PATIENCE IS A BYPRODUCT OF UNCONDITIONAL LOVE ~ AN EVOLUTIONARY PROCESS / BEGIN WITH SELF-LOVE ~ IT IS THE CORE ~ SELF LOVE SPREADS OUTWARD / A MEDITATION TECHNIQUE TO AID IN DEVELOPING SELF-LOVE / THE ISSUES OF PATIENCE RELATING TO TIME FRAMES / THERE ARE MANY CONDITIONS OTHER THAN TIME THAT SETS UP THE ISSUE OF IMPATIENCE / PATIENCE AT ALL LEVELS ~ ALL OF US ARE AT SOME DEGREE OF IMPERFECTION / PERSONAL QUESTIONS ABOUT PATIENCE / EGO / IS IT POSSIBLE FOR ONE TO SEE THEIR SOUL? / THE BOOK EXPLORING ATLANTIS ~ TRIGGERING SOUL MEMORIES ~ USING SOME OF THE CHANTS / A QUESTION ABOUT VIBRATIONAL NAMES / WAITH ENERGIZES CRYSTALS AND TALKS OF SOME OF THEIR PATHS / INQUIRY ABOUT A LOVED ONE WHO HAS PASSED OVER / SOMEONE NEEDING A MORE INTENSE CALLING UPON THE LIGHT FOR SPECIFIC ISSUES

JANUARY 31, 1989

WAITH DISCUSSES THE SUBJECT OF LIFELINES, AND THAT LIFELINES CAN HAVE LIFELINES / RELATING TO THE SHIFT, THERE IS A GRADUAL ALIGNMENT OF CERTAIN PLANETS AND BODIES / WHAT IF YOU ARE NOT IN THE VICINITY OF A CONCRETE SHELTER DURING THE SHIFT? WHAT THEN? / THE PYRAMID STRUCTURES SERVING A VIBRATIONAL PURPOSE FROM CLEANSING TO CLEANSING / A DISCUSSION OF THE VALUE OF CRYSTALS, WHETHER IT BE MONETARY OR SPIRITUAL / HAVE ANY OF US FROM THE COMMUNITY SPENT TIME ON THE PLANET ATLANTIS? / A QUESTION ABOUT PEOPLE, GEOGRAPHICALLY, BEING MORE ADVANCED IN THEIR THINKING / SOMEONE ASKS IF THEY SHOULD GO ON A SPECIFIC TRIP WITH SOMEONE TO MEXICO PYRAMIDS / A REEMERGING CLASS MEMBER RECOGNIZES THE NEW CHANGES IN WAITH / WAITH, WILL YOU KEEP GOING AFTER THE SHIFT OCCURS? / FARENA IS ASKED A QUESTION ABOUT A VERY SPECIAL SCENT SHE IS ABLE TO GIVE OUT / A REMEDY IS PROVIDED TO SOMEONE STRUGGLING WITH THE EFFECTS OF QUITTING SMOKING / WAITH ENERGIZES AND TALKS OF SPECIFIC CRYSTALS FROM CLASS MEMBERS / WAITH DISCUSSES THE UPCOMING SESSION ON THE ROLE OF FEMALE ENERGIES WITH THE MALE

FEBRUARY 05, 1989

SPECIAL TOPIC SESSION ~ MALE AND FEMALE ENERGIES / WHEN ENERGY FORMS DECIDE TO SPLIT, ONE BECOMES MALE AND ONE BECOMES FEMALE / WAITH DISCUSSES ENERGY FORMS BEING EITHER DOMINATE FEMALE OR DOMINATE MALE / IN THIS TIME FRAME, THE FEMALES HAVE A VERY HIGH LEVEL OF IMBALANCE WITH THE MALES / I KNOW WHO I AM AND WHAT I AM. CAN YOU HELP ME UNDERSTAND WHY I AM? / WAITH HELPS SOMEONE WHO IS HAVING DIFFICULTIES COMMUNICATING WITH THEIR GUIDES / A DISCUSSION OF THE NEED FOR FEMALES TO HELP THE MALES EXPRESS THEIR SPIRITUALITY / HOW DO WE HELP TO BE MORE SENSITIVE WHEN THERE IS GREAT RESISTANCE? / MANY REASONS FOR ENTRY INTO THE OPPOSITE GENDER ~ BALANCING ISSUES ~ ATTEMPTING TO HELP / AN ISSUE OF EGO IN ATTEMPTING TO HELP THE MALE / I WOULD LIKE SOME SUGGESTIONS THAT WOULD HELP IN BEING GENTLER / A WORKPLACE SITUATION OF A FEMALE WORKING WITH ALL MEN / ISSUES OF JUDGEMENT AND IMPOSITION BETWEEN THE FEMALES IMPOSING ON THE MALES / AN ISSUE TO COMPETITION BETWEEN THE FEMALES WITH EACH OTHER / I HAVE BEEN HAVING A HARD TIME LATELY. THE MORE ATTUNED I BECOME, THE HARDER IT IS / SOMEONE EXPRESSES THAT THEIR GRANDPARENTS DID NOT EXPERIENCE SUCH ACCELERATION / WHAT CAN I DO TO HELP WITH THE SADNESS AND FEELINGS OF HOMESICKNESS THAT I FEEL? / A DISCUSSION OF MASS CONDITIONING OF BEHAVIOR BETWEEN MALE AND FEMALE / LANGUAGE IS SO LIMITING SOMETIMES IN COMMUNICATION TO OVERCOME A PROBLEM / THE EFFECT ONE'S BEHAVIOR HAS UPON ANOTHER AND HOW TO DEAL WITH IT / DEALING IN A HOSTILE WORK ENVIRONMENT ~ AND KNOWING, OR NOT, THAT YOU'VE HELPED

FEBRUARY 07, 1989

GOING TO OTHER DIMENSIONS WHILE IN THE SLEEP STATE / HOW OFTEN DOES ONE NEED TO ASK THE UNIVERSE TO HELP WITH A PARTICULAR ISSUE? / BEING CONFRONTED WITH THE LOSS OF MATERIAL POSSESSIONS / QUESTION ABOUT THE EAST AND THE WEST ON SPIRITUALISM AND MATERIALISM / CAN YOU DETERMINE IF SOMEONE HAS A SENSE OF SPIRITUALITY JUST BY THEIR BEHAVIOR? / IS A PERSON'S IQ CARRIED INTO THEIR SOUL MEMORY? / A DISCUSSION OF SOMEONE HAVING DIFFICULTY CONSCIOUSLY DEALING WITH THEIR ADDICTIONS / A BRIEF DISCUSSION OF STARS THAT HOUSE VIBRATIONS ~ BEING PART OF THE EARTH PLANE / EXPERIENCING AN IMMEDIATE DISLIKE FOR SOMEONE

FEBRUARY 14, 1989

A QUESTION ABOUT THE BACH REMEDIES BEING BENEFICIAL IN HELPING ONE'S CRYSTAL / THE SHIFT OF THE AXIS ~ THE INVISIBLE POLES ~ WEATHER PATTERNS ~ PEOPLE'S AWARENESS / A DISCUSSION OF THE SHIFT AND THE DOOMSAYERS / WAITH DISCUSSES A METEORITE FRAGMENT HANDED TO HIM FOR COMMENT

FEBRUARY 21, 1989

WHAT MUSHIBA'S COLORS OF GOLD AND PURPLE SIGNIFY / THE HARNESSING OR CAGING OF YOUR ANIMALS / A QUESTION ABOUT A GROUP BALANCING AT WORK / THE PHYSICAL BODY ADJUSTMENTS NEEDED DUE TO THE CHANGING WEATHER PATTERNS / FEELING A GREATER SENSITIVITY TO CERTAIN GEOGRAPHICAL LOCATIONS

FEBRUARY 28, 1989

SPECIAL TOPIC SESSION ~ PATIENCE / FEELING INHARMONIOUS WITH WHAT THE UNIVERSE IS SENDING / CONFLICT BETWEEN PERSONALITY AND SOUL ~IT IS CRITICAL TO HAVE DIALOGUE WITH THE SOUL / THERE IS NO SUCH THING AS FAILURE ~ IT JUST MEANS IT IS NECESSARY TO HAVE ANOTHER TEST / A QUESTION ABOUT THE CHALLENGE OF DISAGREEMENT WITH OTHERS / FEELING IMPATIENCE AND THE ISSUE OF FEAR / WHAT ONE HAS PATIENCE FOR, ANOTHER MAY NOT ~ EACH ENERGY HAS DIFFERENT ISSUES / WAYS IN WHICH THE LEVELS OF PATIENCE ARE TESTED / INQUIRY ABOUT SOMEONE WHOSE BROTHER WAS SEEING ANGELS BEFORE PASSING OVER / ONE ISSUE OF PATIENCE IS IN TRULY LISTENING TO WHAT IS BEING SAID BEFORE RESPONDING / ISSUE OF CAGING YOUR PETS ~ SOMEONE WITH CATS IS GETTING A BIRD / REINCARNATION ~ THOSE OF THE HUMAN LEVEL WILL NOT REINCARNATE INTO ANIMAL FORM

MARCH 05, 1989

SPECIAL TOPIC SESSION ~ RELIGIONS ~ IMPORTANCE OF RELIGION IN THE PROGRESS OF SOULS / DISCUSSION OF THE RELIGIONS OF CHRISTIANITY AND JUDAISM / ONE MUST EXPERIENCE THE RELIGION OF JUDAISM TO GROW TOWARD THE ONENESS / STRENGTH OF CONVICTION ~ PART OF THE EARTH PLANE EXPERIENCE IS DYING FOR YOUR RELIGION / DISCUSSION OF THE HOLOCAUST ~

ISSUE OF MASS DEPARTURES ~ LEARNING AND TEACHING / WAITH DISCUSSES A PERIOD OF REFLECTION OF LIFE AFTER DEPARTING, AND JUDGMENT OF SOULS / ONE CANNOT INCARNATE INTO CHRISTIANITY UNTIL THEY HAVE INCARNATED INTO JUDAISM / CHRISTIANITY BEGAN WITH JESUS, KNOWN AS CATHOLIC ~ PROTESTANT IS A SPLINTER OF THAT / A QUESTION OF FEMALE VERSUS MALE, RELATING TO RELIGION AND SPIRITUALITY / THE OLD AND NEW TESTAMENTS \sim INTERPRETATION OF THE INFORMATION HAS DILUTED OVER TIME / IS IT ACCURATE THAT THERE ARE TWELVE TRIBES OF ISRAEL SET UP BY TWELVE ELDERS FROM ATLANTIS? / A DISCUSSION OF THE LIFE OF JESUS / IS THE EARTH PLANE THE ONLY PLANE THAT HAS THE ISSUE OF RELIGION? / WHEN THE WITCHES WERE BURNED AT THE STAKE, WAS THAT THEM STANDING UP FOR THEIR BELIEF? / ELECTRONIC EVANGELISM ~ A LESSON IN RIDICULE AS WELL AS PREJUDICE AND PERSECUTION / A DISCUSSION OF THE MANIFESTATIONS OF JESUS IN HIS TEACHINGS / WILL JESUS RETURN? AND IF SO, WHEN? / SOME OF THE JEWISH RELIGION NOT UNDERSTANDING CERTAIN LEVELS OF CHANNELLED SPIRITUALITY / A DISCUSSION OF SOMEONE'S RELIGIOUS BELIEF THAT YOU GO FROM HERE TO PARADISE / I HAVE A HARD TIME WITH THE JEHOVAH WITNESSES / AGAIN, BE CAREFUL OF JUDGING OTHERS FOR THEIR BELIEFS / WHY IS THE RESURRECTION OF THE BODY SUCH AN ISSUE BY RELIGION? / WOULD YOU COMMENT ON THE TERM CHRIST? DOES THAT RELATE TO JESUS? OR IS IT GENERIC? / KRISHNA IS THE HINDU WORD FOR CHRIST. IS KRISHNA PART OF THE KINGDOM OF AMELIUS?

MARCH 07, 1989

A LESSON LEARNED WITH A NEW BIRD IN ONE'S ENVIRONMENT / A DISCUSSION OF THE STONES IN THE BREAST PLATE THAT MOSES WORE / COMMENTS ABOUT SEDONA, ARIZONA / SEEING A PARTICULAR COLOR AROUND THE MOON AND THE ISSUE OF ENERGY TRANSFER / COMMENTS ON A MEMBER'S PLIGHT WITH JOB HUNTING, AND THEIR ISSUE WITH PATIENCE

MARCH 14, 1989

DEVELOPING STRENGTH AND CONVICTION / FEELINGS OF INADEQUACY AND DEFENDING ONE'S BELIEFS / SOMEONE ASKS A QUESTION IF A PARTICULAR GROUP COULD COME TO THE PUBLIC SESSIONS / DO NOT TRY TO IMPOSE YOUR BELIEFS ON ANYONE ~ PUT AWAY EGO ~ FIND COMMONALITIES / THE UNIVERSE IS IN CONTROL ~ HELP COMES FROM MANY, FOR LEARNING AND TEACHING / THERE IS NOTHING WRONG IN SAYING TO YOUR GUIDE, "WHAT DO YOU MEAN?" / DISSEMINATION OF INFORMATION FOR INDIVIDUALS ~ SHARING BOOKS ~ WAITH'S TRANSCRIPTS / A REQUEST FOR LIGHT TO BE SENT TO A FRIEND IN NEED, FROM THE COMMUNITY AND WAITH / A BRIEF DISCUSSION OF ANIMAL PETS

MARCH 28, 1989

MUSHIBA'S SPIRITUAL JOURNEY TO JAMAICA ~HIDDEN PYRAMIDS ~ ENERGY TRANSFERENCE / THE IMPORTANCE OF ACKNOWLEDGING FUN / FRANCIS ADDRESSES ANIMAL TESTING AND CONTROVERSY OVER ANIMAL EXPERIMENTATION / THE LEVELS OF AWARENESS AND UNDERSTANDING TOWARD THE REVERENCE OF LIFE / THE ISSUES OF EATING ANIMALS AND BEING VEGETARIAN / THE HIERARCHY OF THE ENERGY KINGDOM / JACQUES GIVES A FORMULA TO ALLEVIATE THE PROBLEM OF CATS SPRAYING IN THE HOUSE / A QUESTION ABOUT HEALTHCARE AND THE SHIFT ~ ANSWERS TO THAT WILL BE FORTHCOMING / WAITH ENERGIZES AND SPEAKS OF SPECIFIC CRYSTALS FROM MEMBERS OF THE GROUP

April 02, 1989

SPECIAL TOPIC SESSION ~ THE HEALING OF SELF / HEALING CAN ONLY OCCUR WHEN IT IS DECIDED BY SELF THAT IT WILL BE / HEALING IS AN EVOLUTIONARY PROCESS ~ TOTAL HEALING TAKES MANY HUNDREDS OF LIFETIMES / YOU DO NOT HAVE SOMETHING AT THE PHYSICAL LEVEL UNLESS YOU ALSO HAVE IT AT THE SPIRIT LEVEL / NO ONE HAS THE POWER OVER YOU ~ ONLY YOU HAVE THE POWER TO HEAL SELF / THERE IS NO SUCH THING AS A MAGICAL CURE BY SOMEONE ~ ONLY SELF CAN HEAL SELF / DO NOT COMPARE YOURSELF WITH OTHERS ~ THE PROCESS AFFECTS EVERYONE DIFFERENTLY / MANY COME IN TO WORK ON ONE VERY SPECIFIC LESSON, WHICH MANIFESTS IN THE PHYSICAL / USING MEDICATIONS IS NOT A NEGATIVE ~ IT CAN BEING YOU TO A POINT OF SELF HEALING / THE METHOD OF HEALING ANOTHER BY THE HEALER TAKING UPON THE MALADY THEMSELVES / ARE MAJOR ILLNESSES ASSOCIATED WITH SPIRITUAL CENTERS? CAN YOGA BREATHING EXERCISES HELP? / JESUS AND HEALING / SOMEONE ASKS ABOUT THEIR EMOTIONAL ILLNESS OF EXTREME ANGER / WEIGHT CONTROL ISSUES ~ A BALANCING AT SOUL LEVEL ~ FORGIVENESS OF SELF / A QUESTION OF THE PHYSICAL ASPECTS OF ILLNESS IN AGING / HEALING THE SPIRITUAL AND STILL HAVING THE PHYSICAL CONDITION ~ ISSUES OF TEACHING / A QUESTION ABOUT SEVERE FOOD ALLERGIES / A QUESTION ABOUT THE CORRELATION BETWEEN SPECIFIC DISEASES AND THE SPIRITUAL LEVEL / HOW DOES ONE STOP THEMSELVES FROM SPEAKING ILL OF ANOTHER? / IS COMFORTING SOMEONE A FORM OF HEALING? / IS IT EASIER TO GROW IF YOU REMOVE YOURSELF FROM EARTH PLANE ENTANGLEMENTS? / DO THE ILLNESSES FROM ONE'S PARALLEL LIVES REFLECT BACK ON THE MAIN LIFEFORM? / LONGEVITY AFTER THE SHIFT / WILL THE KNOWLEDGE OF OUR MEDICINES TODAY BE WITH US AFTER THE SHIFT? / A DISCUSSION OF THE RECENT ALASKAN OIL SPILL / OTHER SOURCES OF INFORMATION COMING THROUGH WHICH SEEMS TO CONTRADICT / SIDE EFFECTS OF DRUGS / HOW DOES THE GROWING CONSUMPTION OF DRUGS FIT INTO THE NEW ILLUSION COMING? / THE ISSUE OF CHILDREN COMING IN NOW AND WHETHER THEY WILL BE ADVANCED SPIRITUALLY

April 04, 1989

THE COMMUNITY OF TERRA LUX IS A WARRIOR COMMUNITY ~ GIVING LIGHT TO THE DARK / THE GEOGRAPHICAL PIVOTAL POINTS ~ ARE ALSO THE POINTS OF DEFENSE FOR ALL ON THE PLANE / THE MISSION OF THE DARKNESS IS TO DESTROY TERRA LUX, A MAJOR PIVOTAL POINT / COMMUNITY MEMBERS DISCUSS SOME PSYCHIC ATTACKS AND SENDING LIGHT TO THE DARK / WHAT DOES THE DARK FEEL WHEN THEY ARE TOUCHED BY THE LIGHT? HOW ARE THEY HELPED? / WAITH ENERGIZES AND DISCUSSES CRYSTALS FROM THOSE IN THE GROUP

APRIL 11, 1989

WAITH DISCUSSES AND ENERGIZES INDIVIDUAL CRYSTALS FROM THE GROUP / HOW ARE THOSE IN THE CRYSTAL KINGDOM FORMED? / WAITH, WHEN YOU MENTION THE FOURTH DIMENSION, IS THAT THE ASTRAL PLANE? / A QUESTION ABOUT THE RACE OF THE ELOHIM / A BRIEF DISCUSSION ABOUT VIBRATIONAL NAMES / DISCOVERING THE NAME OF YOUR GUIDE ~ AND WHAT TO DO WITH THE INFORMATION / A BRIEF DISCUSSION OF THE COMMUNITY BELOW

APRIL 18, 1989

A DISCUSSION OF THE ATLANTEAN TIME FRAME / EXPERIMENTATION WITH ATLANTEANS MERGING THE HUMAN AND ANIMAL KINGDOMS / TREMENDOUS MIND ABILITY AND MIND POWER THAT THE ATLANTEANS HAD / THE LARGE STATURE OF ANIMALS DURING THE ATLANTEAN TIME AND THEIR MISSION / WHAT BROUGHT ABOUT THIS MINOR CATACLYSM OF TEN THOUSAND YEARS AGO IN ATLANTIS? / THE SHIFT OF THE AXIS COMING IS A MAJOR CATACLYSM / ATLANTEAN SPACE TRAVEL / MANY NOW ARE FROM THE ATLANTEAN TIME AND ARE ATTEMPTING TO BALANCE THE ABUSES / A QUESTION ABOUT TELEPORTATION AND DECORPORATION BY THE ATLANTEANS / A QUESTION ABOUT THE PHILADELPHIA EXPERIMENT DISCUSSED IN A BOOK / WERE THERE OTHER CIVILIZATIONS, OTHER THAN ATLANTIS AND LEMURIA, ON THIS EARTH PLANE? / TERRA LUX IS A WARRIOR COMMUNITY WHOSE MISSION IS TO PROTECT AND DEFEND / A DISCUSSION OF THE SHELTERS CURRENTLY IN FORMATION / A QUESTION ABOUT ATLANTEAN DIALECT / A QUESTION OF HOW EASY, OR DIFFICULT, IT IS TO LEARN AND TALK IN A DIFFERENT LANGUAGE / DOES ALL KNOWLEDGE COME FROM EXPERIENCE THROUGH REINCARNATION? / HOW ARE WE CURRENTLY IN OUR DEVELOPMENT FROM THE ATLANTEAN TIME? QUESTIONS REGARDING PIVOTAL POINTS AND INFORMATION CONTAINED IN THE CURRENT PYRAMIDS / A DISCUSSION OF ATLANTIS, AND AN UPCOMING TOPIC SESSION ON LEMURIA, OR MU / A QUESTION IS ASKED ABOUT PUTTING CRYSTALS UNDERGROUND WHEN PLANTING YOUR GARDEN / A HORSE WITH HIND LEG ISSUES FROM A PAST LIFE, AND A REMEDY SUGGESTED TO HELP / THE HERBAL REMEDY FOR THE HORSE IS ALSO BENEFICIAL FOR HUMANS IN ACHES OF THE JOINTS / WHAT IS THE SIGNIFICANCE OF THE LARGE STONE FACE FOUND ON MARS? DID ATLANTEANS TRAVEL THERE? / WAITH TALKS OF THE IMPORTANCE FOR ALL TO HAVE MORE COPPER IN THEIR ENVIRONMENT

MAY 02, 1989

SPECIAL TOPIC SESSION ~ QUESTIONS RELATED TO HEALTH ISSUES / OAT BRAN AS AN AID IN REDUCING CHOLESTEROL / IT IS IMPORTANT TO THANK THE CREATOR AND UNIVERSE AND THE FOOD FOR PROVIDING ITSELF / WAS IT THE DRUGS THAT REDUCED MY CHOLESTEROL OR WAS IT THE MEDITATION? / A QUESTION ABOUT SENDING A HEALING ENERGY TO ANOTHER, WHEN ASKED / ISSUES OF HEARTBURN / COULD HEARTBURN LEAD TO ACTUAL HEART DISEASE PROBLEMS IF NOT ADDRESSED? / CERTAIN NUMBNESS AREAS OF THE BODY RESULTING FROM VIBRATIONAL CHANGES / GENDER ISSUES RESULTING IN INTENSE ABDOMINAL PAIN / FINDING A HARMONY BETWEEN MEDITATION AND MEDICATION / COULD YOU SPEAK ABOUT HYPERTENSION? / HYPERTENSION ~ MEDITATION, MEDICATION, FOODS, HERBS

MAY 07, 1989

INTRODUCTORY TOPIC SESSION ~ FEMALE HEALTH ISSUES / EACH ENTITY IS IN FULL CONTROL OF THEIR HEALTH ISSUES / EACH ENERGY, IN ORDER TO RETURN TO THE ONE, MUST EXPERIENCE MALE AND FEMALE ISSUES / INHERENT FEMALE QUALITIES UPON LEAVING THE ONE ARE LOST, AND BECOME LESSONS TO BE LEARNED / WHY ILLNESS OCCURS / THERE ARE DOMINANT FEMALES AND MALES WHO RESENT BEING IN THE ROLE THEY ARE / IT IS IMPORTANT FOR THE MALES TO HELP THE FEMALES, AND THE FEMALES TO HELP THE MALES / A QUESTION IS ASKED ABOUT HOW TO AVOID HOT FLASHES DURING MENOPAUSE / WAITH GIVES A REMEDY TO HELP COMFORT FROM HOT FLASHES DURING MENOPAUSE / A QUESTION ABOUT THE EMOTIONAL ROLLER COASTER FROM PREMENSTRUAL SYNDROME / MEDITATION, AND SPECIFIC REMEDIES SUGGESTED FOR THE MOOD SWINGS RESULTING FROM PMS / ANGER IS A NECESSARY EMOTION TO SHAKE LOOSE THE ISSUES ~ ALL EMOTIONS ARE ESSENTIAL / DO NOT COMPARE YOURSELF WITH OTHERS ~ DO NOT JUDGE / A DISCUSSION OF ADHESIONS AFTER SURGERY / WAITH GIVES A REMEDY FOR COMFORTING THE PHYSICAL FROM ADHESIONS FROM SURGERY / A QUESTION FROM A MALE WHO EXPERIENCES ISSUES GENERALLY FROM FEMALES / I STRUGGLE WITH WANTING TO MOTHER EVERYBODY. IS THAT A PERSONALITY OR SOUL TRAIT? / A QUESTION ABOUT SOMEONE HAVING PMS WHILE NOT HAVING THEIR MENSTRUAL CYCLE / A QUESTION IS POSED ON THE ISSUE OF COSMETICS THAT WOMEN USE, AND ANY HARMFUL EFFECTS / DOES CONCEPTION DURING A FULL MOON AFFECT THE GENDER OF A BABY? / THE ISSUE OF GETTING PREGNANT, OR NOT / WOULD YOU PLEASE ADDRESS POSTPARTUM DEPRESSIONS? / IF A FEMALE HAS A NUMBER OF FEMALE HEALTH ISSUES, DOES THAT INDICATE MANY, MANY MORE LIVES IN WHICH TO DEAL WITH THE ISSUES? / A QUESTION ABOUT WHY SO MANY WOMEN ARE AFFLICTED WITH WEIGHT PROBLEMS / CONFIRMATION THAT CHAPARRAL IS THE HERBAL REMEDY FOR THE HORSE DISCUSSED IN THE LAST SESSION

MAY 09, 1989

FOLLOW UP QUESTIONS AND COMMENTS FROM LAST SESSION OF 05.07.1989 HEALTH ISSUES / PART OF THIS ILLUSION IS WHAT IS CALLED BELIEF AND IT IS A BELIEF IN SOMETHING CONCRETE / BATHUSELA AND JACQUES COME IN BRIEFLY / ARE ANY OF THE MARINE ANIMALS EXISTING TODAY GOING TO SURVIVE THE SHIFT? / THE EARTH HAS TEN MOONS ~ WE ONLY SEE ONE ~ AFTER THE SHIFT, MORE WILL BE VISIBLE / A DISCUSSION OF BEING NONJUDGEMENTAL REGARDING OTHER SOURCES OF INFORMATION / A QUESTION ABOUT HEALERS WITHIN THE GROUP / COMMUNICATIONS CURRENTLY WITH THE UNDERGROUND COMMUNITY / WHAT HAPPENS WITH THE SOUL WHEN SOMEONE IS IN A COMATOSE CONDITION? / DISCUSSION OF WALK-INS / A ROCK IS PLACED IN A WORK ENVIRONMENT, SERVING AS A CONDUCTOR OF ENERGY

MAY 16, 1989

THERE ARE MANY WAYS TO SEND LIGHT ~ BE LIGHTHEARTED ~ BE JOYFUL ~ AND SMILE / MORE FOLLOW UP ON EATING THE BRAN TO LOWER CHOLESTEROL REMEDY OF **05.02.1989** / DO LIFELINES SHARE GUIDES? / WAS I CORRECT IN THINKING THAT MY LIFELINE WAS DRAINING MY ENERGY? / A TECHNIQUE FOR BLOCKING A DRAIN ON ONE'S ENERGIES BY A LIFELINE / CAN DEPRESSION BE A SYMPTOM OF ENERGY DRAIN? / CAN A PARALLEL LIFE BE ON ANOTHER PLANET ~ BECAUSE ANOTHER PLANET IS THE EARTH PLANE / WHAT WOULD BE THE BEST WAY TO GET RID OF A SCAR? ~ JACQUES GIVES A TECHNIQUE / IS THERE SOMETHING I CAN DO TO ALLEVIATE MY ALLERGY TO TREES BLOOMING? / SOMEONE TELLS JACQUES HOW TO FIX THE BUNNY EARS ON THE HAT THAT HAVE FLOPPED DOWN / FARENA COMES IN TO HELP WITH THE BUNNY EARS HAT / WAITH DISCUSSES THE ISSUE OF SOMEONE'S DOG HAVING SEPARATION ANXIETY / CONFIRMATIONS OF HELP BEING RECEIVED, AND THE IMPORTANCE OF ASKING FOR HELP

MAY 23, 1989

FRANCIS ANSWERS SOME QUESTIONS REGARDING ANIMAL PETS / CAN YOU TALK ABOUT THE MAYAN CULTURE AND THEIR CONNECTION WITH THE ATLANTEANS? / CAN SOMEONE WHO IS VERY DARK SUDDENLY BECOME VERY LIGHT? / WOULD YOU COMMENT ON THE QUARTZ CRYSTAL SKULL DISCOVERED IN CENTRAL AMERICA? / ARE THE TWELVE PIVOTAL STRUCTURES WITHIN THE UNITED STATES OR AROUND THE WORLD? / A QUESTION IS POSED ABOUT SOMEONE'S CRYSTAL AND WHAT IT IS TEACHING THEM / THE PULL OF THE MOON CAN AFFECT ALL KINGDOMS / WHEN WE MEET THOSE WHOSE BELIEFS ARE NOT COMPATIBLE WITH OURS / WHAT PROCESS WOULD ONE FOLLOW TO CLEANSE ONESELF OF INNER HATE FOR SOMEONE? / WAITH GIVES A TECHNIQUE WITH THE SOLAR PLEXUS TO HELP REMOVE DARK FEELINGS TOWARD ANOTHER / JACQUES GIVES A REMEDY FOR INDIGESTION

MAY 30, 1989

WAITH LEADS WITH A MEDITATION OF LIGHTHEARTEDNESS / UNDERSTAND THAT NOTHING IS BY MISTAKE OR COINCIDENCE ~ TRUSTING IN SELF / FEELINGS OF FRUSTRATION WHEN LEAVING A POSITIVE ENVIRONMENT AND GOING INTO NEGATIVITY / USING THE LIGHTHEARTEDNESS TECHNIQUE TO HELP WITH DISSOLVING NEGATIVITY / WAITH ADDRESSES A KNOWLEDGE CRYSTAL THAT WILL EVENTUALLY BE HOUSED IN THE COMMUNITY / RECEIVING VISITS FROM THOSE IN THE SPIRIT GROUP

JUNE 04, 1989

SPECIAL TOPIC SESSION ~ GROUP DEPARTURES / EACH ENTITY LEAVES WITH ANOTHER, AT A MINIMUM OF TWO LEAVING TOGETHER / A GROUP IS SIGNIFICANT IN ITS MISSION AND GENERALLY LEAVES IN NUMBERS OF SEVEN, ON AVERAGE / IT IS THE LAW OF THE UNIVERSE THAT ENTITIES WILL DEPART WITH OTHER ENTITIES AT THE SAME TIME / GROUP DEPARTURES AND GROUP ARRIVALS ~ AND ESTABLISHING A PATTERN OF REINCARNATION / THE SPACESHIP CHALLENGER EXPLOSION ~ AN ISSUE OF GROUP DEPARTURE, AND OF TEACHING / CERTAIN GROUPS COMING TOGETHER WHO HAVE HAD PRIOR EXPERIENCES ~ TERRA LUX IS AN EXAMPLE / THE UPCOMING SHIFT IS A TIME OF ACCELERATION, AND MORE GROUP DEPARTURES WILL OCCUR / ONCE THE SHIFT OCCURS, LARGE GROUPS WILL DEPART, LEAVING ROOM FOR OTHERS TO COME IN / WHEN GROUPS INCARNATE, DO THEY CHOOSE THEIR ROLE IN SPECIFIC HISTORICAL TIME FRAMES? / HOW MANY SOULS WILL BE REMAINING AFTER THE SHIFT? / IS IT ALSO TRUE THAT ONLY SOULS OF A CERTAIN VIBRATION WILL BE ABLE TO ENTER AFTER THE SHIFT? / THE VIBRATIONAL LEVELS OF SOULS ALLOWED TO ENTER IN PRIOR TO A SHIFT / TECHNOLOGICAL MALFUNCTIONS RESULTING IN MASS DEPARTURES, INCLUDING THE ANIMAL KINGDOM / THE POSITIVE AND THE NEGATIVE ROLES OF TECHNOLOGY BEFORE AND AFTER THE SHIFT / A DISCUSSION OF THE CHINESE RACE AND GROUP BALANCINGS / EVERYONE HAS, AS PART OF THEIR OWN GROWTH, INDIVIDUAL RESPONSES TO WHAT HAPPENS / GROUP DEPARTURE MEANS THAT THE GROUP DEPARTURE ITSELF IS A PART OF THE BALANCING / GROUP DEPARTURES ARE MEANT FOR BALANCING, TEACHING, OR LEARNING ~ YOU WON'T KNOW WHICH / ALL MEMBERS OF A GROUP MUST RETURN TOGETHER UNTIL ALL HAVE BALANCED / AFTER THE SHIFT MANY ENTITIES WILL BE CLOSE TO THE EARTH IN SPIRIT FORM

JUNE 13, 1989

WAITH GIVES A DESCRIPTION OF MUSHIBA'S NECESSARY CELLULAR CHANGES / WHAT TO DO AS YOUR BODY BEGINS TO CHANGE AS A RESULT OF YOUR OWN VIBRATIONAL CHANGES / QUESTIONS ABOUT HOW TO HELP MUSHIBA ~ SENDING LIGHT / DEFENSE AGAINST THE DARKNESS AT THIS TIME / QUESTIONS FROM COMMUNITY MEMBERS WHO MAY BE EXPERIENCING CELLULAR CHANGES / IMPOSITION ON ANOTHER WHEN SENDING ENERGY / THE CHANGES THAT ARE EXPERIENCED CAN ALSO RELATE TO BALANCING / WAITH ADDRESSES A FEW CRYSTALS / SOME CRYSTALS WITH LIFELINES / A CRYSTAL CAN GROW / A CRYSTAL COMING FROM PLANET ATLANTIS

JUNE 20, 1989

WOULD YOU ELABORATE ON ADVERSARIAL SOUL MATES? / DON'T JUDGE OTHERS~ SOMEONE MAY APPEAR DARK BUT BE VERY MUCH OF THE LIGHT / QUESTION ABOUT ASTEROID MISSING EARTH BY ONE HALF MILLION MILES / HOW TO HELP ENTITIES WHO ARE LEAVING THE EARTH PLANE / A QUESTION ABOUT THE VALIDITY OF A HEALING CHANNEL MET IN AUSTRIA / USE OF CASTOR OIL AS A BODY PACK / ARE LIFE SUPPORT SYSTEMS INTERFERENCE? / WAITH ADDRESSES PYRAMIDS AND CRYSTALS PLACEMENT / A QUESTION ABOUT SPONTANEOUS HUMAN COMBUSTION

JUNE 27, 1989

ADJUSTING TO ENVIRONMENTAL HEAT CHANGES / OTHER SOURCES OF INFORMATION ABOUT CRYSTALS MEANT FOR CERTAIN AUDIENCES / JENJURA HELPS SOMEONE FINE A COPPER CHAIN / WAITH ADDRESSES CRYSTALS / A QUESTION FROM SOMEONE WITH SORES AROUND THE MOUTH, AND AN HERBAL REMEDY / CAUTION WHEN TAKING CHILDREN INTO A CRYSTAL SHOP / IS THERE A SIGNIFICANCE TO ALL THE OIL SPILLS THAT HAVE BEEN GOING ON LATELY? / HOW LONG WILL IT TAKE FOR THE SHIFT?

JULY 11, 1989

WAITH GIVES A TUNNEL TECHNIQUE TO ASSIST THOSE READY TO DEPART THE EARTH PLANE / CAN THE TUNNEL TECHNIQUE ALSO BE USED FOR ANIMALS THAT ARE PASSING / WHEN SOULS BECOME ENTRAPPED IN THE MIRE AND UNABLE TO MAKE THE TRANSITION / SOMEONE'S PAST LIFE CONNECTIONS WITH A HORSE THAT IS HAVING FRONT LEG ISSUES / A REMEDY IS GIVEN FOR A PONY SUFFERING FROM ALLERGIES / WAITH ADDRESSES SOMEONE'S CRYSTAL ~ FOR THE RECORD / A QUESTION ABOUT RELEASING SOMEONE'S ROCKS BACK INTO THE WOODS AND FIELDS / FINDING THE HERB YACCA ~ CONFIRMATION THAT IT IS SUSAN'S WHITE DAY FLOWERS / UPDATE ON THE SEARCH FOR THE HERB LOMUS / A QUESTION ABOUT WHAT DO IN THE HEALING ISSUE OF A WART ON THEIR HAND

JULY 18, 1989

TOPIC: CONNECTIONS BETWEEN ENERGY FORMS THAT MAKE UP THE VARIOUS PLANES OF THE EARTH PLANE / THE UNDERGROUND COMMUNITY, A DIMENSION OF PLANET EARTH / OUR CONNECTION TO OTHER UNKNOWN PLANETS, WHICH ARE PART OF THE EARTH PLANE / THE ASTRAL PLANE DIMENSION OF THE EARTH PLANE ~ A SPIRIT DIMENSION / HOW ENTITIES CHOOSE TO GO ONTO OTHER PLANETS FROM THE MENU OF LESSONS / WHAT HAPPENS IF SOMEONE GOES TO MARS AND DIES THERE? / MANY HAVE DIFFERENT ILLUSIONS OF TIME AND SPACE ~ THINGS APPEAR DIFFERENTLY TO OTHERS / THE TUNNEL TECHNIQUE TO HELP SOMEONE PASS OVER CAN BE DONE AFTER SOMEONE PASSES / SENDING LIGHT ALWAYS HELPS

JULY 23, 1989

ANOTHER TECHNIQUE TO HELP LOVED ONES MAKE THE TRANSITION / SPECIAL TOPIC SESSION ~ PARALLEL LIVES, PART II / THE HIERARCHY OF THE UNIVERSE / JENJURA AND THE WEBBING EFFECT / CONNECTING WITH ONE OF YOUR SIMULTANEOUS LIFELINES / THE RUNNING OF THE UNIVERSE \sim BALANCE MUST BE MAINTAINED AT ALL TIMES / THE UNIVERSAL CONSCIOUSNESS IS DIVIDED INTO FIVE KINGDOMS / SITUATIONS RELATING TO SOMEONE HAVING FEELINGS OF DETACHMENT / DO OUR LIFELINES HAVE THE SAME SOUL'S PURPOSE AS WE HAVE, OR DIFFERENT ONES? / COULD YOU TELL US THE DIFFERENCE BETWEEN A LIFELINE AND THE TWIN FLAME? / CAN THE DOMINANT ENERGY SPLIT IN LIFELINES, BEING IN A PARTICULAR SITUATION AT THE SAME TIME? / DO SOME LIFELINES TAKE ON A ROLE OF THE DARKNESS IN ORDER TO COUNTERPART SOMETHING ELSE? / CAN SOME LIFELINES TAKE ON A LIFELINE TO BALANCE FROM ANOTHER LIFELINE? / MUST THE LEAD GO THROUGH THE DOMINANT, OR CAN THE LEAD GO INTO ANY POINT? / A QUESTION OF HOW JESUS FITS INTO AMELIUS, THE LEAD OF THIS KINGDOM / A DISCUSSION OF ONE'S GUIDES AND HOW THAT CAN FIT INTO LIFELINES / QUESTIONS ABOUT THE FIVE KINGDOMS ~ DIFFERENT RACES? ~ DIFFERENT LOCATIONS? / OTHER SOURCES OF INFORMATION COMING IN ~ LEVELS OF UNDERSTANDING, NOT SPECIFICALLY KINGDOMS / THE COMPLEXITY OF THE STRUCTURED ORDER OF THE UNIVERSE, NOW AND AFTER THE SHIFT / A DISCUSSION OF FIVE LEAD ENERGIES AND FIVE **KINGDOMS**

JULY 25, 1989

TRANSITION FROM EARTH PLANE INTO THE SPIRIT REALM AND FROM THE SPIRIT REALM INTO EARTH PLANE / IS THE TUNNEL PART OF OUR ILLUSION, OR SOMETHING TO VISUALIZE IN THE TUNNEL TECHNIQUE? / IS THERE EVER A CONNECTION BETWEEN ONE SOUL LEAVING THE EARTH PLANE AND ANOTHER ENTERING? / IS THERE A PERIOD OF TIME WHEN AN ENTITY LEAVES BEFORE THEY COME BACK IN? / ARE THERE A CERTAIN NUMBER OF ENTITIES WITHIN EARTH PLANE, AND WITHIN SPIRIT REALM? / IS IT POSSIBLE, FOR EXAMPLE, FOR SOMEBODY'S MOTHER TO COME IN AS HER OLDEST SON'S CHILD? / IS IT TRAUMATIC FOR A SOUL IF IT DOES NOT GO THROUGH THE TUNNEL AND GETS KIND OF LOST? / WHAT HAPPENS TO ENTITIES WHO HAVE NO HELP TO GET THROUGH THE ASTRAL PLANE? / CAN SOULS GO TO THE ASTRAL PLANE INSTEAD OF EARTH PLANE TO WORK OUT KARMIC SITUATIONS? / CAN SOULS GO TO THE ASTRAL PLANE ON A RESCUE MISSION TO RESCUE SOMEBODY? / WOULD THE TUNNEL TECHNIQUE BE OF ASSISTANCE TO SOULS WHO ARE ENTRAPPED? / IF SOMEONE IS AFRAID OF DYING, DOES THAT INTERFERE WITH THEIR GOING THROUGH THE ENERGY? / HOW TO HELP SOMEONE WHO HAS A FEAR OF DYING / DO YOUR SPIRIT GUIDES GO THROUGH THE ENERGY LAYERS WITH YOU? WHAT IS THEIR ROLE? / DOES IT CREATE A PROBLEM WHEN PEOPLE ARE HELD HERE IN A COMA? / IS IT POSSIBLE IN THE DREAM STATE TO HELP SOULS CROSS OVER AND MAKE THE TRANSITION? / A DISCUSSION OF THE EXACT MOMENT OF A BIRTH, AND ASTROLOGICAL CHARTS

AUGUST 01, 1989

WHAT PART OF THE SPIRITUAL CENTER DOES THE SPIRIT LEAVE THE BODY AT THE TIME OF DEATH? / DISCUSSION OF CRYOGENIC FREEZING OF THE BODY / WHEN PEOPLE ARE IN OTHER DIMENSIONS, SPIRITS, DO THEY BASICALLY LOOK LIKE HUMAN BEINGS? / WHAT HAPPENS WITH SOULS WHO HAVE A DISLIKE FOR OTHER PEOPLE IN THE PERSONALITY? / A QUESTION OF WHY WAITH REFERENCES AMELIUS INSTEAD OF THE NAME JESUS / WAITH ADDRESSES QUESTIONS RELATING TO HERBAL REMEDIES GIVEN PREVIOUSLY / WAITH ADDRESSES CRYSTALS FROM THE GROUP

AUGUST 06, 1989

SPECIAL TOPIC SESSION ~ CRYSTALS AND PYRAMIDS, PART II / THERE WILL ALWAYS BE TWELVE PIVOTAL POINT PYRAMIDS OF EARTH PLANE ILLUSION / ENFIELD SERVES AS THE FOCAL PIVOTAL POINT OF THE OTHER ELEVEN PIVOTAL POINTS / THE NEW STRUCTURES WILL NOT BE OF A PYRAMID SHAPE ~ THE NEW SHAPE WILL BE DISCUSSED LATER / THE NEW STRUCTURES, AS HAS BEEN IN THE PAST, ARE BUILT WITH MIND POWER / THE MATERIAL OF THE NEW STRUCTURES IS NOT CURRENTLY KNOWN ON EARTH PLANE / CRYSTALS, LIKE HUMANS, HAVE A LEAD CRYSTAL, WITH SPLITS, AND LIFELINES / WHAT HAPPENS TO THE PYRAMIDS AFTER THE SHIFT? / QUESTIONS AND DISCUSSION ABOUT THE QUALITIES AND POWER OF CRYSTALS / CORRECT COMPOSITE MATERIALS AND PROPORTIONAL SIZES ARE IMPORTANT TO THE PYRAMID'S FUNCTION / QUESTIONS ABOUT THE SHELTERS AND THE BUILDING THAT WILL OCCUR AFTER THE SHIFT / WOULD YOU PLEASE COMMENT ON THE USE OF CRYSTALS THROUGH A WAND FOR HEALING? / ATTUNEMENT WITH CRYSTALS ~ WHEN CRYSTALS ARE CALLING OUT TO YOU / CRYSTALS, AS A LEARNING TOOL, TO BE ABLE TO SEE AURAS / DO WE HAVE CRYSTALS IN OUR BODIES, CRYSTAL PROPERTIES? / IS THERE ANYONE WHO HAS THE ABILITY TO GROW CRYSTALS AND GIVE THEM CRYSTAL PROPERTIES? / CRYSTALS THAT ARE WORN, SHOULD THEY BE REMOVED AT TIMES, LIKE WHEN IN THE SHOWER? / ARE CRYSTALS PRESENT IN OTHER DIMENSIONS, OR ARE THEY JUST ON THE EARTH PLANE?

AUGUST 08, 1989

A DISCUSSION OF THE UNDOCUMENTED YEARS OF JESUS ~ THE SHROUD OF TURIN / CAN YOU TELL US WHAT THE UNDERGROUND COMMUNITY IS? / WOULD YOU EXPLAIN THE TERM ARCHETYPE FOR ME? / DO SPIRITS INCARNATE IN ANIMALS? / A DISCUSSION OF CHANGING WEATHER PATTERNS / CONTACTING PARALLEL LIVES / A DISCUSSION OF ACCELERATED GROWTH / WHAT MAKES US CHOOSE TO LEAVE THE ONE, AND CHOOSE PAIN TO WANT TO GROW?

AUGUST 15, 1989

SPECIAL TOPIC SESSION ~ THE ISSUE RELATING TO FEAR / WAITH GIVES A TECHNIQUE TO HELP DISSOLVE / FEAR / ENTITIES AT DIFFERENT LEVELS OF DEVELOPMENT WILL EXPERIENCE DIFFERENT FEARS / FEAR IS ONE OF THOSE THINGS THAT DARKNESS CAN FEED UPON / A SITUATION OF MISCHIEVOUS ENTITIES AND THE NEED FOR MORE PROTECTION OF WHITE LIGHT / FEAR COMES WHEN WE ATTEMPT TO CONTROL INSTEAD OF RELEASING TO THE UNIVERSE / WHAT ABOUT ATTACK DURING MEDITATION OR SLEEP? CAN YOU USE THE FEAR TECHNIQUE DESCRIBED? / DOES THE FEAR TECHNIQUE ITSELF OPEN YOU UP TO ATTACK?

AUGUST 22, 1989

SPECIAL TOPIC SESSION ~ FORBEARANCE / WHEN WE HAVE A LACK OF A VIRTUE, FILL THE VOID WITH LIGHT / WHERE DO YOU KNOW THE LINE BETWEEN PATIENCE AND BEING OVERWROUGHT BY SOMEONE? / CAN LACK OF PATIENCE WITH ANOTHER MIRROR A LACK OF PATIENCE WITH SELF? / IMPATIENCE VERSUS LACK OF PATIENCE / IMPORTANCE OF SEEKING THE HIGHER SELF IN UNDERSTANDING PATIENCE / THE ATTITUDE OF FORBEARANCE AND IMPATIENCE STEM FROM JUDGEMENT / EACH MUST FOLLOW THEIR OWN TRUTH / DO NOT TAKE ON THE ISSUE OF ANOTHER / WHAT ABOUT THE WORK ENVIRONMENT? / FORGIVE SELF EVERY MOMENT OF THE EXISTENCE

AUGUST 29, 1989

IMPORTANCE OF LIGHTNESS AND LAUGHTER AND KEEPING THINGS IN PERSPECTIVE / WAITH GIVES A TECHNIQUE FOR FLUFFYING UP THE AURA / A QUESTION ABOUT REBIRTHING / A QUESTION ABOUT ATLANTIS / PRAYER, THE BIBLE AND GOD / IS IT APPROPRIATE FOR SOCIETY TO MAKE JUDGEMENTS, TO IMPRISON, AND EXECUTE?

SEPTEMBER 05, 1989

WAITH DISCUSSES THE ISSUE OF JUDGEMENTAL LIGHT VERSUS NONJUDGEMENTAL LIGHT / WAITH GIVES A TECHNIQUE FOR SENDING THE LIGHT / IS IT JUDGEMENTAL TO KNOW THAT OTHER PEOPLE ARE JUDGEMENTAL? / FINDING A COMMON GROUND ~ DISCUSS AREAS IN WHICH YOU AGREE

RATHER THAN DISAGREE / AREN'T THERE SOME PEOPLE WHO HAVE NOT REALLY GROWN IN THIS LIFETIME? / WAITH ADVISES A CHILD TO PRAY FOR HIS FATHER WHO HAS ISSUES WITH ALCOHOL ADDICTION / A QUESTION ABOUT THE VALIDITY OF A BOOK ~ TRUSTING IN YOUR INSTINCTS / WAITH ADDRESSES CRYSTALS FROM THE GROUP

SEPTEMBER 12, 1989

SPIRITUAL PREPARATIONS IN HELPING WHEN SOMEONE IS LEAVING THE EARTH PLANE / A QUESTION ABOUT ANGEL PICTURES / THE KINGDOMS CHANGE AS LEAD ENTITIES CHANGE / SEEKING THE ANSWERS THROUGH YOUR MEDITATIONS

SEPTEMBER 26, 1989

FOUNDATION DISCUSSION ~ TEACHING AND LEARNING / TRUST AS IT RELATES TO TEACHING AND LEARNING / WHAT IS YOUR DEFINITION OF TRUST, AS OPPOSED TO WHAT I WOULD SAY IS TRUST? / TRUSTING AND FLOWING WITH THE UNIVERSE. AND THE ISSUE OF FREE WILL / SOMEONE'S QUEST FOR THEIR SPIRITUAL NAME ~ AN EXAMPLE OF TEACHING AND LEARNING

October 01, 1989

SPECIAL TOPIC SESSION ~ TEACHING AND LEARNING / YOUR TRUTH IS AS YOU DEFINE IT, NOT AS ANY OTHER WOULD DEFINE TRUTH / TRUSTING IN THE TRUTH OF SELF, THE TRUTH OF ANOTHER, AND UNCONDITIONAL LOVE / TEACHING AND LEARNING ARE INTERMINGLED, AND MOVE BACK AND FORTH / AS YOU CONTROL YOUR OWN TEACHING AND LEARNING YOU CONTROL THE DEVELOPMENT OF THE ISSUES / ILLUSIONS ARE ASKED FOR ~ ILLUSIONS ARE SET UP ~ NONE ARE BY ACCIDENT / CONSCIOUS LEVEL IS REQUIRED TO GO TO THE HIGHER SELF WHICH IS THE KEY TO OPENING THE SOUL / ONCE YOU HAVE ACCEPTED THE CONCEPT OF TRUTH, IT THEN ENABLES YOU TO MAP OUT THE PROCESS

OCTOBER 10, 1989

A MAJOR CLEANSING OF COMMUNITY CRYSTALS AFFECTED BY NEGATIVE PROGRAMMING / WAITH GIVES A TECHNIQUE, ALONG WITH HIS ENERGY, TO HELP IN CLEANSING THE CRYSTALS / IT IS IMPORTANT FOR EVERYONE TO UNDERSTAND THE CARETAKERSHIP OF THE CRYSTALS YOU HAVE / THIS WAS FOR LESSON LEARNING, NOT IMPOSING ON ANOTHER, AND STRENGTHENING OF THE GROUP / THE COMMUNITY OF TERRA LUX IS NOT A PRIVILEGED GROUP, EXEMPT FROM DIFFICULT SITUATIONS

OCTOBER 17, 1989

FOLLOW UP TO THE CRYSTAL CLEANSING LAST WEEK / SENDING LIGHT, WITHOUT INFRINGEMENT / A QUESTION ABOUT SOMEONE MOVING AND LEAVING A CRYSTAL BEHIND ~ SENDING LIGHT / OTHER INFORMATION COMING IN FROM OTHER GROUPS / A QUESTION ABOUT SENDING LIGHT TO SOMEONE'S CAR, AND TO THE MECHANIC

October 31, 1989

THE VIBRATIONAL SCHEME OF THE UNIVERSE ~ FEELING VIBRATIONAL CHANGES WITHIN THE PHYSICAL / UPCOMING SPECIAL TOPIC SESSION ~ MALE HEALTH ISSUES / UPCOMING SESSION ~ UNIVERSAL CODE

NOVEMBER 05, 1989

SPECIAL TOPIC SESSION FROM WAITH AND JACQUES ~ MALE HEALTH ISSUES / JACQUES DISCUSSES THE PHYSICAL WEAKNESSES OF THE MALE PHYSICAL ENCASEMENT / IT IS IMPORTANT TO REMEMBER THAT BEING MALE, OR FEMALE, THAT ONE IS NOT SUPERIOR / THE ISSUE OF LIFELINES MAKES THE UNIVERSAL UNITING OF MALE AND FEMALE MORE COMPLICATED / JACQUES GIVES A REMEDY FOR CONTINUAL TYPES OF ANKLE AILMENTS IN THE MALE / JACQUES GIVES A MEDITATION TECHNIQUE TO HELP THOSE IN THE OPPOSITE DOMINANT GENDER / A DISCUSSION OF TWIN FLAMES, AS IT RELATES TO MALE HEALTH ISSUES / VIBRATIONAL ATTUNEMENTS BETWEEN THE MALE AND THE FEMALE

NOVEMBER 07, 1989

TEACHING AND LEARNING, FROM YOUR PETS / BE CAREFUL OF JUDGING ONE OF THE CRYSTAL KINGDOM / A DISCUSSION OF TAKING ON ANOTHER'S AILMENTS AND THE ABUSE OF POWER / WAITH ADVISES THAT KATHY DUFFEY AND HER SHOP HERBORIUM IN CHICOPEE IS OF THE LIGHT / FARENA COMES IN WITH GREETINGS / CAN A HEALER HEAL SOMEONE THAT THEY HAVE NOT BEEN ABLE TO HEAL WITHIN THEMSELVES? / DO GUIDES SEEK US, OR DO WE SEEK THEM, OR HAVE THEY ALWAYS BEEN THERE?

NOVEMBER 14, 1989

DOMINANT AND SECONDARY VIBRATIONAL COLORS ~ PART I / THE COLOR THAT YOU SURROUND YOURSELF WITH IS AN AID TO CONNECTING WITH YOUR HIGHER SELF / AS YOUR ATTUNEMENTS CHANGE, SO TOO DO THE COLORS BEST SUITED FOR YOU CHANGE / BE CAREFUL OF JUDGING ANOTHER FOR COLORS THAT BEST SUIT THEIR VIBRATION / WAITH GIVES A TECHNIQUE TO UNDERSTAND THE COLOR THAT IS BEST FOR YOU / FINDING YOUR SECONDARY COLOR

NOVEMBER 21, 1989

DOMINANT AND SECONDARY VIBRATIONAL COLORS ~ PART II ~ THIS CLASS IS A JOINT COMMUNITY EFFORT TO TRY TO RESOLVE THE FORMULA WAITH GAVE IN PART I OF THIS TOPIC

NOVEMBER 28, 1989

DOMINANT AND SECONDARY VIBRATIONAL COLORS ~ PART III ~ NEW ILLUSIONS / THIS CLASS IS ANOTHER JOINT COMMUNITY EFFORT TO TRY TO RESOLVE THE FORMULA GIVEN IN PART I OF THIS TOPIC

DECEMBER 05, 1989

DOMINANT AND SECONDARY COLORS ~ CONTINUATION ~ A NEW PERSPECTIVE IS ACHIEVED / A QUESTION ABOUT WHETHER IT IS OKAY TO ATTEND THE NEW AGE GUILD OF CONNECTICUT ~ IT IS FINE

DECEMBER 12, 1989

ARE CHANGED ILLUSIONS JUST WITHIN SELF, OR IN A CONCRETE MANNER AS WELL? / A QUESTION ABOUT WHETHER SOMEONE SHOULD FOLLOW THEIR INCLINATION TO MOVE / A QUESTION ABOUT THE COLOR ISSUE AND WHETHER IT IS RELATED TO KIRLIAN PHOTOGRAPHY / TEACHING AND LEARNING SITUATIONS THAT SOME MAY FEEL TO BE CRUEL IN NATURE / IS THERE A SANTA CLAUS?

DECEMBER 19, 1989

SOUND AND TONE VIBRATION, INTRODUCTION / THERE ARE KEY TONES THAT INTERCONNECT WITH ALL OF THE ILLUSIONS IN EXISTENCE / AMELIUS ENTERS MUSHIBA'S VIBRATION AND SENDS ENERGY

JANUARY 16, 1990

ISSUES OF TOLERANCE AND COMPASSION / ONE MUST HAVE TOLERANCE TO PRACTICE COMPASSION / A SELF TECHNIQUE TO HELP UNBLOCK THE ISSUES RELATING TO TOLERANCE AND COMPASSION / A GROUP TECHNIQUE TO HELP UNBLOCK THE ISSUES RELATING TO TOLERANCE AND COMPASSION

JANUARY 23, 1990

QUESTIONS ABOUT THE SELF AND GROUP TECHNIQUES FOR COMPASSION AND TOLERANCE \sim TRANSCRIPT 01.16.1990 / THE IMPORTANCE OF THANKING FOOD FOR BEING OF SERVICE TO YOU / WHY DID YOU GIVE THE MAXIMUM NUMBER OF THIRTEEN IN THE GROUP PROTECTION TECHNIQUE?

/ IF THERE IS A LEADER, WHERE WOULD THE LEADER STAND, OR IS IT ALL COMMUNITY? / WHAT IS THE PURPOSE OF THE THOUGHTFORM, THOUGH? / IS THERE AN INVERSE TO THE PYRAMID IMAGERY ON THE BOTTOM? / IF THERE ARE MORE THAN THIRTEEN, WILL THAT WEAKEN IT? / WILL THIS EVENTUALLY GET TO THE POINT WHERE THERE WILL BE THIRTEEN GROUPINGS? / WHAT WILL BE THE MAIN PURPOSE OF THIS GROUP, OTHER THAN DEVELOPING COMPASSION? / OTHER SOURCES OF INFORMATION ~ THE SPACE BROTHERHOOD / IN THE CENTER OF THIS GROUP, SHOULD THERE BE SPECIFIC CRYSTALS? / THIS THOUGHTFORM IS IMMEDIATELY DISBURSED AFTER WE LEAVE?

JANUARY 30, 1990

WAITH GIVES A FOCUSING TECHNIQUE FOR YOUR ENERGIES AS YOU BEGIN TO MEDITATE / MANY HAVE FEELINGS OF ACCELERATION IN THEIR LEARNING / CHANGES IN YOUR OWN, AND THE PLANET'S, ELECTROMAGNETIC VIBRATIONAL CHANGES / PRAYER IS A TECHNIQUE THAT WAS GIVEN THROUGH THE HIGHEST AND IS APPROPRIATE / WAITH DISCUSSES, AGAIN, THE ISSUE OF IMPOSITION WHEN SENDING LIGHT TO SOMEONE

FEBRUARY 06, 1990

THE NEW TECHNIQUE FOR CENTERING BEFORE WAITH'S ARRIVAL IS ACKNOWLEDGED BY WAITH / FOR INFORMATION AND VIBRATIONAL ADJUSTMENTS, MUSHIBA'S ATTIRE WILL NOW HAVE COLOR / FARENA TALKS OF PART OF HER MISSION ~ TO HELP WITH HARMONY BETWEEN SOUND AND COLOR / THE TOPIC OF THIS SESSION IS SYNCHRONICITY / DIFFERENCES AND SIMILARITIES AS POINTS OF STRENGTH / COMMUNITY OF TERRA LUX AND THE MISSION / AGENDAS IN ONE'S LIFE AND THE INTERACTION WITH OTHERS / THESE ARE PREDICTABLE BEHAVIORS IN THE DEVELOPING OF ANY COMMUNITY / USE OF COLOR

FEBRUARY 13, 1990

TOPIC SESSION ~ TRANQUILITY / TRANQUILITY, PEACE, AND UNCONDITIONAL LOVE / IT IS ESSENTIAL TO SHOW THE TRANQUILITY OF SPIRIT AND A TRANQUILITY OF THE PHYSICAL / ABOUT DISLIKING SOMEONE WHILE AT THE SAME TIME FEELING A LOVE FOR THEM / ONE CAN HAVE A SENSE OF RIGHTEOUSNESS IN THEIR TRANQUILITY, CAUSING IMPOSITION / THE SPECTRUM OF LIGHT AND DARK ~ WHO MAY BE DARK TO YOU IS LIGHT TO ANOTHER

FEBRUARY 20, 1990

THE LAW OF THE ONE THAT COMES FROM THE UNIVERSE ~ AN ELABORATION / IN THE LAW OF THE ONE, THERE ARE ONLY GRADATIONS OF GOOD ~ BEING DARK IS NOT EVIL / BEING ATTACKED BY THE SO CALLED DARK IS AN ATTEMPT BY THE DARK TO MOVE AHEAD / RESPONDING TO ANOTHER WHO NEEDS YOUR ASSISTANCE ~ NOT BECOMING EGOTISTICAL / HAVING LIGHTHEARTEDNESS AND SERIOUSNESS, AND IN UNDERSTANDING THAT ALL IS PLANNED BY YOU / IT IS AN IMPOSITION TO HELP SOMEONE UNLESS YOU ARE ASKED / HOW CAN THOSE OF THE DARK AND THOSE OF THE LIGHT BE OF A SIMILAR VIBRATION? / A QUESTION OF BEING IN COMPLETE CONTROL OF YOUR OWN PATH AND HOW TO CHANGE IT / A QUESTION OF THE ANIMAL KINGDOM ~ ALL ENERGIES HAVE THEIR PATHS AND THEIR DESTINY ~ ALL

MARCH 13, 1990

ABOUT SUICIDE, ARE THERE ANY RAMIFICATIONS TO A SOUL WHO CHOOSES TO END THEIR LIFE? / IF SOMEONE DIES WITHOUT LEAVING BURIAL INSTRUCTIONS, WHAT IS APPROPRIATE FOR THE BODY? / WHAT CAN BE DONE FROM SCIENTISTS TO HELP WITH THE POLLUTION PROBLEM ON EARTH? / ARE WE GOING TO START GETTING GLIMPSES OF THE NEW ILLUSION? / A DISCUSSION ABOUT HUMAN SACRIFICES, ANIMAL SACRIFICES, AND CANNIBALISM / EATING MEAT VERSUS BEING VEGETARIAN, AND JUDGEMENTS FOR THIS / A QUESTION ABOUT THE ULTIMATE CRIME IN THE UNIVERSE ~ A DISCUSSION OF ABSORPTION / THE FIVE KINGDOMS ALL COMMUNICATE AND WORK TOWARD THE SAME GOAL

MARCH 20, 1990

MAIN TOPIC OF DISCUSSION ~ TWIN FLAMES (INCLUDED IN THIS MAIN TOPIC, WAITH TALKS ABOUT SOUL MATES AND LIFELINES)

MARCH 27, 1990

CLARIFICATION ON THE GROUP TECHNIQUE (01.16.1990) UTILIZING THE CIRCLE AND THIRTEEN / WAITH DISCUSSES AND ENERGIZES INDIVIDUAL CRYSTALS FROM THE GROUP

April 03, 1990

IS IT EASIER TO GET IN TOUCH WITH WAITH THAN IT IS WITH OUR GUIDES? / WAITH RESPONDS HUMOROUSLY TO A QUESTION ABOUT THE DAILY LIFE OF AN ANGEL / A QUESTION ABOUT ACQUIRING CRYSTALS WHICH HAVE BEEN ENCLOSED IN PROTECTIVE PLASTIC / A QUESTION ABOUT REACTING TO SITUATIONS INVOLVING ANOTHER'S PATH ~ BEING JUDGEMENTAL / ARE THERE MAJOR LESSONS THAT MUST BE LEARNED IN ORDER TO RETURN TO THE ONE? / BEING IN CONFLICT WITH A DECISION OF TRYING TO PLEASE EVERYONE

April 10, 1990

MISSION OF JESUS ~ A BEGINNING DISCUSSION / OTHER SOURCES OF INFORMATION ~ THE BOOK BY WHITE EAGLE ~ WORDS OF ST. JOHN ~ IS ACCURATE / IS JESUS' ENERGY HERE NOW? / DOES THE JESUS ENERGY MANIFEST IN THE SAME BODY OR A VARIETY OF DIFFERENT PEOPLE? / THE SAI-BABA IN INDIA CLAIMS TO BE THE REINCARNATION OF JESUS / WAS PART OF JESUS' MISSION THE CREATION OF MIRACLES ~ LIKE RAISING LAZARUS FROM THE DEAD? / WAS JESUS ACTUALLY CRUCIFIED? / A QUESTION OF THE OF JESUS' TEACHING BEING NEGATIVE RATHER THAN POSITIVE / A QUESTION ABOUT THE SECOND COMING OF CHRIST AS TALKED ABOUT IN THE BIBLE / WILL WE BECOME BETTER AT OUR ABILITIES AFTER THE SHIFT? / WERE JESUS AND MARY MAGDALENE MARRIED, OR JUST GOOD FRIENDS?

April 17, 1990

TOPIC ~ THE PHASES OF LEARNING A LESSON AND THE CYCLE IN WHICH THE PHASES OCCUR / THERE ARE FOUR PHASES ~ YOU MUST COMPLETE ONE PHASE BEFORE CONTINUATION TO THE NEXT / PHASE ONE ~ YOU TAKE ON THE LESSON WITHOUT ANY ASSISTANCE FROM OTHER ENERGIES / PHASE TWO ~ THE LEARNING OF THAT SAME LESSON, BUT NOW WITH HELP FROM ANOTHER / PHASE THREE ~ THEN MUST TAKE THIS LESSON, AND YOU MUST HELP ANOTHER TO LEARN THAT LESSON / PHASE FOUR ~ WHICH IS HELPING TO HELP ONE WHO IS HELPING ANOTHER / REMEMBER, ENTITIES DESIGN WHAT LESSONS THEY LEARN BY PREDETERMINED PERCENTAGES / BEING NONJUDGEMENTAL ~ ONLY BE CONCERNED WITH WHAT YOU ARE HERE TO LEARN, NOT OTHERS / ALL ARE AT VARIOUS POINTS ON THE PATH WITH CHOSEN LESSONS AND CHOSEN PERCENTAGES / SIMPLY, YOU CHOOSE YOUR LESSON(S), BUT THEN YOU MUST COMPLETE THEM TO RETURN TO THE ONE / MEDITATION IS IMPORTANT TO LEARN WHERE YOU ARE IN YOUR CYCLES OF LESSON LEARNING / A QUESTION ABOUT HELPING A FRIEND WHO IS GOING THROUGH A LOT OF TURMOIL / QUESTIONS REGARDING PERCENTAGES OF LESSONS TO BE LEARNED / WOULD THE SLEEP STATE BE ANOTHER DIMENSION FOR LESSON LEARNING? / DO WE LIVE IN A SIMILAR MANNER ON OTHER DIMENSIONS, OR IS IT ENERGY? / A QUESTION ABOUT OUT OF BODY EXPERIENCES / WAITH DISCUSSES TECHNIQUES THAT HAVE BEEN GIVEN THAT CAN BE CHOSEN TO PROTECT SELF / CLARIFICATION, TECHNIQUE GIVEN 01.16.1990 ABOUT THE MEDITATION CIRCLE OF THIRTEEN / SOMEONE JUST SAILS THROUGH LIFE ~ IT COULD BE A CERTAIN PHASE ~ OR A REST INCARNATION / CAN WE DECIDE TO TAKE ON LESSONS DURING THE INCARNATION?

April 24, 1990

WAITH RESPONDS TO WRITTEN QUESTION FROM ABALMA / WAITH'S DEFINITION OF THE LOCATION OF THE COMMUNITY OF TERRA LUX / A QUESTION ABOUT THE HARD TIMES COMMUNITY MEMBERS

ARE GOING THROUGH, AND THE FATIGUE / MEDITATION TO DETERMINE IF PSYCHIC ATTACKS ARE DUE TO A SPECIFIC PROBLEM / THE EFFECT OF EARTH DAY ON THE EARTH AND IN RELATION TO THE SHIFT / WHAT ABOUT STRENGTHS OF UNIFIED ENERGY DIRECTED TO THE EARTH FROM LARGE NUMBERS OF PEOPLE?

MAY 01, 1990

IF YOU TALK OF LOVE, YOU NEED TO BEHAVE IN THAT MANNER / THERE IS NOTHING THAT ANYONE COULD DO FROM THE UNIVERSAL CONSCIOUSNESS POSITION THAT IS BAD / WHEN YOU SEE EVIL, YOU ARE SEEING A REFLECTION OF THE DARK SIDE OF ALL ENTITIES / A DISCUSSION OF THE CONCEPT OF ETERNAL DAMNATION AND THE CIRCLE OF LIGHT / ABSORPTION AND ACCOUNTABILITY FOR WHEN THAT HAPPENS / WE ALL HAVE ACCOUNTABILITY TO EACH OTHER ~ YOU MUST DO WHAT YOU SAY YOU WILL DO / THE UNIVERSAL CONSCIOUSNESS KEEPS TRACK ~ EVENTUALLY, ALL ENERGY RETURNS TO THE ONE / ALL IS MEANT FOR STRENGTH AND GROWTH AND LESSONS TO BE LEARNED, ON THE PLANE AND IN SPIRIT / THE TRUE BATTLE THAT IS BEING FOUGHT IS WITHIN SELF ~ YOU BATTLE YOUR OWN DARKNESS

MAY 08, 1990

Waith energizes and address individual crystals from the group / a reminder from Waith \sim no one is ever alone \sim always call upon help when needed / Waith projects images of himself

MAY 15, 1990

TOPIC ~ HONESTY, AND TRUTH / DO WE HELP OURSELVES GROW IF WE ARE HONEST WITH OURSELVES AND FOLLOW OUR OWN TRUTH? / A QUESTION ABOUT EXPRESSING HONESTY AND TRUTH WHEN IT COMES TO YOUR CHILDREN / A QUESTION OF INEQUITY IN ONE'S SENSE OF VALUE IN WHAT THEY FEEL IS HONEST / WHEN YOU SAY SOMETHING TO SOMEONE YOU KNOW IS UNTRUE, JUST TO MAKE THEM FEEL BETTER / A QUESTION ABOUT HONESTY AND TRUTHFULNESS BEING PAINFUL / AN EXAMPLE OF BEING TACTFUL WITH SOMEONE, TO HELP THEM / A QUESTION OF PEOPLE BEING OPEN AND HONEST WITH ONE ANOTHER / THE ISSUE OF TELLING A LIE WHICH EVENTUALLY HURT SOMEONE

MAY 22, 1990

TOPIC ~ FORTITUDE / FORTITUDE IS STRENGTH OF SELF THROUGH UNDERSTANDING WHAT OTHERS GO THROUGH FOR SELF / EVERYTHING THAT YOU DO, IN SPIRIT OR EARTH PLANE, HAS AN IMPACT ON EVERY OTHER LIFEFORM / FORTITUDE IS DEVELOPING STRENGTH IN DOING THE BEST YOU CAN DO AT THE MOMENT WHILE STRIVING FOR SOMETHING GREATER / A QUESTION ABOUT GOOD DAYS VERSUS BAD DAYS THAT ONE WOULD HAVE

MAY 29, 1990

DID JESUS FEEL PAIN IN THE CRUCIFIXION? / THE ISSUE OF PHYSICAL PAIN DURING AN ILLNESS AND LESSONS TO BE LEARNED / A DISCUSSION OF ALZHEIMER'S DISEASE / THE SYMBOLISM OF ANIMALS REPRESENTING PEACE AND HARMONY / HOW DO PEOPLE FIND THEIR PURPOSE, THEIR REASON FOR BEING HERE? WHAT IS THE RIGHT WAY? / SOMEONE IS HAVING ISSUES OF BEING SO JUDGEMENTAL OF OTHERS / QUESTIONS AND DISCUSSION ABOUT THE SHIFT, AND THE NEW ILLUSION COMING / A DISCUSSION OF THE HOPI INDIANS, THEIR REFERENCE TO THE FOURTH NEW WORLD / DO ANGELS HAVE MOODS?

JUNE 05, 1990

VIBRATIONAL DISRUPTION OF THE PHYSICAL PLANET CAUSING PHYSICAL CONDITIONS WITHIN SELF / A TECHNIQUE FOR HELPING AND SOOTHING PLANET EARTH / A QUESTION ABOUT ADDING CAYENNE PEPPER TO GRAPEFRUIT JUICE AS AN ENERGIZER / THE ACCELERATION OF EARTHQUAKES, HURRICANES, AND TORNADOES AS PART OF THE SHIFT / MANY ON THE PLANE HAVE A PSYCHIC SENSITIVITY TO EVENTS THAT ARE GOING TO HAPPEN / CHANGING WEATHER CONDITIONS IN EUROPE / TRUSTING IN SELF, THROUGH MEDITATION, TO UNDERSTAND THE GREATER PICTURE / THOSE WHO WILL SURVIVE THE SHIFT, AND THOSE WHO WILL NOT, REGARDLESS OF SAFE OR UNSAFE AREAS / ONCE A PERSON IS VIBRATIONALLY ATTUNED, CAN THEY LOSE THAT ATTUNEMENT? / FEELING A PULL TOWARD A CERTAIN AREA ~ MEDITATION IS A WAY TO FEEL ASSURED IN YOUR DIRECTION / WHAT DO YOU SAY ABOUT FASTING WHEN YOU DO NOT FEEL RIGHT?

JUNE 12, 1990

TOPIC ~ FORGIVENESS / FORGIVING OTHER IS EASY TO DO ~ THE MOST DIFFICULT ISSUE IS IN FORGIVING SELF / THROUGH MEDITATION, CONNECT WITH YOUR HIGHER SELF, TO KNOW YOUR OWN ANSWERS / ENTITIES ARE HARDEST ON THEMSELVES, AND THIS IN ITSELF IS PART OF A LESSON / REMEMBER, WHATEVER YOUR BEHAVIOR IS, IN SOME WAY, AFFECT EVERY OTHER ENERGY / FORGIVENESS IS A JUDGEMENT / WAITH COMMENTS ON PLANET EARTH'S CURRENT VIBRATIONAL ADJUSTMENTS ~ SOME ARE ABLE TO SEE / IT IS IMPORTANT TO NOT WITHDRAW FROM THE GROUP, WHILE FEELING OVERWHELMED BY SITUATIONS

JUNE 19, 1990

IS THERE ANY SIGNIFICANCE TO WARTS? CAN YOU GIVE A GENERAL REASON? / AS SIGNIFICANT VIBRATIONAL CHANGES OCCUR IN AN ENTITY, YOUR SPIRIT GUIDES CHANGE ACCORDINGLY / ARE TERRA LUX COMMUNITY MEMBERS GIVEN ADDITIONAL OPPORTUNITIES FOR SPIRITUAL GROWTH? / WAITH DISCUSSES THE SPECTRUM OF LIGHT AND DARK / REGARDING THE SAFE AREAS, ARE THE PERIMETERS YOU HAVE GIVEN STILL THE SAME? / YOU SAID THAT TO FORGIVE IS TO JUDGE. IS IT JUDGEMENTAL TO FORGIVE THE HURT DONE TO US? / A QUESTION ON HOW TO DEAL WITH STRESSFUL JOB SITUATIONS / HOW DO WE KNOW IF WE ARE LEARNING, OR TEACHING, SOMEBODY A LESSON? / HOW DO YOU KNOW IF THE MESSAGES YOU ARE GETTING ARE FROM THE LIGHT OR THE DARK?

JUNE 26, 1990

A DISCUSSION OF THE MINERAL KINGDOM, AND THAT CRYSTALS CAN INDEED GROW / CRYSTALS ARE AN ENCASEMENT FOR ENERGY, AND A TRAINING GROUND FOR ENERGY / ALL ENERGY COMING OUT OF THE ONE CAN BECOME ENERGY IN ANY KINGDOM, INCLUDING CRYSTAL / THE ISSUE OF JUDGING AN ENERGY FROM ANOTHER KINGDOM / TRUSTING IN SELF AND TRUSTING IN THE FLOW OF THE UNIVERSE

JULY 03, 1990

WAITH WELCOMES TO THE COMMUNITY OF TERRA LUX THE INCUBATOR CRYSTAL / ENERGY ITSELF GROWS ~ ENERGY IS ENCASED IN HUMANS, CRYSTALS, VEGETABLES, ANIMALS / THE MINERAL KINGDOM FEEDS UPON CERTAIN TYPES OF ELECTROMAGNETIC FIELDS AND ENERGY / WHEN QUESTIONS ARE POSED, WAITH RECEIVES INFORMATION FROM THE UNIVERSAL CONSCIOUSNESS / WHAT IS ENERGY MADE OF? / THE QUEST TO RETURN TO THE ONE IS THE THIRST FOR GAINING INCREASED AWARENESS / DOES ALL ENERGY HAVE INTELLIGENCE, AWARENESS, CONSCIOUSNESS? / OTHER SOURCES OF INFORMATION ~ AGAIN, WAITH SPEAKS OF NONJUDGEMENT OF OTHERS / WAITH GUIDES A SPECIAL MEDITATION FOCUSING TO ONE WHO IS IN NEED OF LIGHT

JULY 10, 1990

A PRACTICE SESSION FOR THE ORIENTATION VIDEO / COULD YOU TELL US HOW CHERI (MUSHIBA) BEGAN CHANNELLING? / THE PROCESS OF CHANNELLING CAN BE ACHIEVED BY ANY ENTITY / WAITH DESCRIBES TYPES OF CHANNELLING AND THE RESPONSIBILITIES REQUIRED / A QUESTION OF THE VIBRATIONAL NAMES OF WAITH AND MUSHIBA / THE INTERMINGLING OF EARTH PLANE AND SPIRITUAL, AND THE BALANCE OF THE TWO / WAITH DESCRIBES THE DIFFERENCE BETWEEN TERRA LUX AND WHAT WOULD BE A CULT / FARENA, CAN YOU TELL US, WHAT IS AN ANGEL? / FRANCIS, WHAT IS YOUR FUNCTION IN THE COMPANY? / SUSAN, IS PART OF YOUR MISSION TO DO HEALING WITHIN THE COMMUNITY OF TERRA LUX? / JENJURA ENTERS AND DISCUSSES HIS FUNCTION WITHIN THE GROUP / JACQUES ENTERS AND TALKS ABOUT HIS FUNCTION IN THE SPIRIT GROUP / BATHUSELA ENTERS AND DISCUSSES HER FUNCTION IN THE SPIRIT GROUP / WAITH, CAN YOU EXPLAIN THE DIFFERENCE BETWEEN WAITH VERSUS ORGANIZED RELIGION? / A DISCUSSION OF THE FIVE KINGDOMS / WAITH, WOULD YOU EXPLAIN TO US WHO ABALMA IS? / WHERE DOES MUSHIBA GO WHEN WAITH IS IN THE ENCASEMENT?

JULY 15, 1990

THIS GATHERING WAS HELD AT THE HOME OF GARRETT OPPENHEIM, PHD IN NEW YORK / AM I CORRECT IN THINKING THAT OUR EMOTIONAL BODY IS A VERY STRONG TIE TO THE EARTH PLANE? / A QUESTION ABOUT SENDING A HEALING LIGHT TO SOMEONE, AND THE LIGHT STAYS BLUE / A QUESTION IS ASKED OF HELPING AN EARTHBOUND ENTITY WHO IS HAVING TROUBLE PASSING OVER / CAN YOU GIVE US MORE INSIGHT INTO THE SHELTERS, INCLUDING FOOD? / A DISCUSSION OF LEARNING AND TEACHING AT EARTH PLANE LEVEL VERSUS SPIRIT LEVEL / HELPING A TERMINALLY ILL PERSON HAVE A SMOOTHER DEPARTURE FROM THE PHYSICAL

JULY 17, 1990

WAITH DISCUSSES HOW AND WHY ENTITIES CHOOSE CERTAIN ENCASEMENTS BEFORE ENTERING IN / AN ISSUE OF MISCARRIAGE / THE ISSUE OF JUDGMENT TOWARD ANOTHER FOR THE WAY THEY LOOK ~ THEIR ENCASEMENT / EACH ENCASEMENT IS THE WAY AN ENTITY ACHIEVES BALANCE OF PARTICULAR LESSONS / NO ENTITY IS ALLOWED TO ENTER WITHOUT THE PERMISSION OF THE ENTITY WHO WILL ALLOW THIS / COULD YOU ELABORATE MORE ON THE SELECTION PROCEDURE OF PREPARATION? / IS THE PLANNING PROCESS THE SAME FOR WALK-INS? / DOES A WALK-IN USUALLY COME IN WITH THE ENCASEMENT AS HAVING PHYSICAL PROBLEMS? / YOU MENTIONED A LEADING ENERGY WHICH INFLUENCES THE WALK-IN. WOULD YOU EXPLAIN THAT? / CAN AN ENTITY TAKE ON AN AILMENT TO CREATE THE SCENARIO FOR THE WALK-IN? / WOULD YOU EXPAND ON THE COMMENT YOU MADE ABOUT SYMBOLISM OF BIRTHMARKS? / QUESTION AND DISCUSSION ABOUT THE ISSUE OF ABORTION

JULY 22, 1990

SPECIAL TOPIC SESSION ON HEALING / A QUESTION ABOUT THE ISSUE OF ALTERNATIVE MEDICINE VERSUS TRADITIONAL MEDICINE / ILLNESS OR INJURY THAT PRESENTS ITSELF IN THE PHYSICAL IS A MANIFESTATION OF AN ISSUE AT SPIRIT / ARE YOU SUGGESTING THAT ALL ILLNESS IS ALSO OCCURRING AT SOUL LEVEL? / TRADITIONAL OR ALTERNATIVE ~ YOU MUST FOLLOW THAT WHICH YOU FEEL IS APPROPRIATE FOR SELF / WOULD YOU ADDRESS HEALING AND BROKENNESS? MANY OF US FEEL BROKEN ON OUR JOURNEYS. / A FEELING OF TOTAL DESPAIR AND THE CRYING OUT FOR HELP FROM AN ENTITY / FINDING THE BALANCE BETWEEN RELYING ON SELF AND ASKING FOR HELP FROM OTHERS / TRADITIONAL MEDICINE AND ITS ROLE IN HEALING / A DOCTOR IS QUESTIONING WHY SOMEONE IS MIRACULOUSLY HEALING WITH NO EXPLANATION / A QUESTION FROM SOMEONE WITH A TOOTH PROBLEM / THERE IS PURPOSE IN THE NUMBERS OF HEALERS, AND THOSE WHO ARE REFERRED TO AS CHARLATANS / SPEND LESS TIME WONDERING WHAT THE LESSON IS AND MORE TIME SEEKING THE HIGHER SELF / FURTHER ELABORATION ON BEING IN A COMA / WHAT PREPARATION DOES ONE NEED TO BECOME A HEALING CHANNEL? / THE USE OF WANDS FOR HEALING, AND THE CAUTION THAT IS NEEDED IN THIS PROCESS / A QUESTION OF PLACING A PICTURE OF SOMEONE WITH A CRYSTAL BEING USED FOR HEALING

JULY 24, 1990

THE SECOND PRACTICE SESSION FOR VIDEO / WAITH, COULD YOU TELL US ~ WHO IS WAITH AND COMPANY? / WHY DO YOU REFER TO CHERI AS MUSHIBA? / COULD YOU PLEASE EXPLAIN TO US HOW MUSHIBA BEGAN CHANNELLING? / WHERE DOES MUSHIBA GO WHEN YOU COME INTO HER VIBRATIONS TO SPEAK THROUGH HER? / WAITH, CAN ANY SPIRIT ENTER MUSHIBA'S BODY? /

FARENA ENTERS AND TALKS ABOUT HER MISSION WITHIN THE SPIRIT GROUP / JENJURA ENTERS AND TALKS ABOUT HIS MISSION WITHIN THE SPIRIT GROUP / SUSAN ENTERS AND TALKS ABOUT HER MISSION WITHIN THE SPIRIT GROUP / JACQUES ENTERS AND TALKS ABOUT HIS MISSION WITHIN THE SPIRIT GROUP / FRANCIS ENTERS AND TALKS ABOUT HIS MISSION WITHIN THE SPIRIT GROUP / BATHUSELA ENTERS AND TALKS ABOUT HER MISSION WITHIN THE SPIRIT GROUP / CAN YOU EXPLAIN THE DIFFERENCE BETWEEN WAITH VERSUS ORGANIZED RELIGION? / DESCRIBE WHAT MAKES THE DIFFERENCE FROM A CULT / WOULD YOU DISCUSS THE POLE SHIFT? / WHAT IS AN ANGEL, AND WHY ARE ANGELS TAKING TO US IN THIS MANNER AT THIS TIME?

JULY 31, 1990

THIS SESSION IS PRIMARILY FOR FARENA TO GIVE INFORMATION AND DISCUSS HER MISSION / FARENA DANCES TO A SONG COMPOSED FOR HER BY BARJAN, A DANCE MEANT FOR TEACHING / FARENA, HOW CAN I FIND OUT MY COLOR? / QUESTIONS CONCERNING THE MUSICAL BAR AND THE FLOW OF NOTES / HOW YOU WOULD FEEL IF YOU WERE NOT IN MUSHIBA'S BODY, WHAT THE EXPERIENCE WOULD BE LIKE? / DOES EACH NOTE THEN MATCH A COLOR AS WELL? / FARENA IS ASKED IF SHE IS FINISHED WITH THE EARTH PLANE AND, IF SO, HOW IT FEELS TO BE FINISHED / A QUESTION ABOUT HAVING TO FOLLOW WAITH'S ORDERS AND NOT HAVING A FREE WILL / FARENA DISCUSSES PERSONAL COLOR WITH SOMEONE IN THE GROUP / FARENA, IS YOUR TWIN FLAME IN SPIRIT CURRENTLY?

AUGUST 07, 1990

WAITH DISCUSSES HOW THE EARTH'S WEATHER CHANGES CAN AFFECT US IN MANY WAYS / AN IN-DEPTH DISCUSSION OF WALK-INS / NOSTRADAMUS REFERRED TO A MAN IN A BLUE TURBAN IN HIS WRITINGS. WILL HE BE APPEARING SOON? / WOULD YOU COMMENT ON THE CARLOS CASTANEDA BOOKS? / IN REFERENCE TO ASTRAL PROJECTION, IS THIS SOMETHING THAT IS OKAY TO TRY?

AUGUST 14, 1990

WAITH DISCUSSES THE CRYSTAL KINGDOM, ABUSES THAT HAVE OCCURRED, AND THE COMMUNITY / A QUESTION ABOUT A PURSE INCLUDING CRYSTALS GOING THROUGH X-RAY SECURITY AT THE AIRPORT / TRUSTING IN YOUR OWN INSTINCTS, LEARNING AND GROWING, AND BEING TESTED / WILL THOSE WHO ABUSE THE MINERAL KINGDOM EVENTUALLY KNOW THEY WERE ABUSING? / A PERSONAL SITUATION WHERE SOMEONE NEEDED TO CHALLENGE AN ENTITY IN THEIR MEDITATION / IS THERE ANYTHING THAT WE CAN DO TO HELP OUR CRYSTALS?

AUGUST 21, 1990

A DISCUSSION FROM WAITH THAT THE COMMUNITY HAS JUST WON A MAJOR BATTLE WITH SOME OF THE DARK FORCES, MAKING THE COMMUNITY STRONGER AND MORE COHESIVE

AUGUST 28, 1990

THE BIRTHDAY SESSION ~ AND THE IMPORTANCE OF CELEBRATION / INSTRUCTION FOR PLUGGING INTO SPECIAL ENERGY, IF YOU KNOW THE EXACT MOMENT OF YOUR BIRTH / DO WALK-INS CELEBRATE THEIR PHYSICAL BIRTHDAYS OR THEIR WALK-IN BIRTHDAYS? / A DISCUSSION OF PREPLANNING STEPS BEFORE BIRTH, AND ASTROLOGY / A QUESTION OF WHY SOMEONE MAY BE SAD ON THEIR BIRTHDAY / WHAT ABOUT CESAREAN SECTION AS OPPOSED TO A NATURAL BIRTH? / WHAT IF YOU DO NOT KNOW EXACTLY WHAT TIME YOU WERE BORN AND NO WAY OF FINDING OUT? / CAN WE CHOOSE OUR PARENTS ON THIS EARTH PLANE? / A QUESTION ABOUT MULTIPLE BIRTHS AND THEIR ENTRY TIMES / QUESTION IF THIS CELEBRATION AT THE UNIVERSAL LEVEL CAN APPLY TO OTHER JOYOUS OCCASIONS / SOMEONE ASKS ABOUT A RING AND WHAT IT IS MADE OF ~ IT IS FROM ANOTHER ILLUSION / A QUESTION ABOUT INTERDIMENSIONAL TRAVEL, BLOCKAGES, AND ALTERED STATES OF CONSCIOUSNESS

SEPTEMBER 04, 1990

A QUESTION OF THE RECENT BATTLE OF THE COMMUNITY OF TERRA LUX / THE MERGING OF LEVELS OF THE HIGHER SELF TO THE CONSCIOUS SELF / A DISCUSSION OF THE UPCOMING SHIFT AND THE ILLUSION CHANGE / COULD YOU DISCUSS THE POLARITY CHANGES THAT WE WILL BE GOING THROUGH? / A BRIEF DISCUSSION OF THE SPECIAL BIRTHDAY ENERGIES AND WHAT HAPPENS WITH TWIN FLAMES / SOMEONE QUESTIONS AN EXPERIENCE WITH THE SLEEP STATE AND NOT BEING ABLE TO REMEMBER / A PROPOSAL, AS A COMMUNITY GROUP, TO SEND LIGHT EACH DAY AT A PREDETERMINED TIME / CAN A TWIN FLAME CALL UPON THE OTHER FOR ASSISTANCE?

OCTOBER 02, 1990

THE BALANCE OF THIS YEAR WILL BE OPEN QUESTIONS RELATING TO INFORMATION ALREADY GIVEN / BEGINNING WITH THE NEW YEAR, WAITH WILL DISCUSS HIGHER LEVEL OF LEARNING INFORMATION / A QUESTION OF HOW DOES WAITH KNOW SO MUCH ABOUT US? / A QUESTION ABOUT THE CHANGE IN THE ATMOSPHERE / A QUESTION FROM SOMEONE ABOUT THE USE OF MAGIC AND MYTHICAL CHARACTERS / NOT BEING ABLE TO SLEEP WHEN THERE IS A HIGH DEGREE OF ENERGY ACCUMULATING IN ONE AREA / WHEN YOU HAVE RACING THOUGHTS AND CANNOT SLEEP, USE IT TO YOUR ADVANTAGE / HOW CAN I CONTROL SITUATIONS IN MY LIFE THAT ARE CONTROLLING ME? / A PERSONAL RESPONSE TO A QUESTION ABOUT SOMEONE'S CRYSTAL DISAPPEARING / A PERSONAL RESPONSE TO SOMEONE'S QUESTION ABOUT THE HEALTH OF THEIR PETS / A TECHNIQUE TO ATTUNE WITH SOMEONE YOU ARE ATTEMPTING TO HEAL / A CRYSTAL HELPS SOMEONE WHO IS IMBALANCED WITH THE ISSUES OF MONEY / WAITH GIVES A REMINDER TO ALWAYS CHALLENGE IF YOU DOUBT WHETHER SOMETHING IS LIGHT OR DARK / TECHNIQUE FOR ANY WHO SENSE THEIR SOUL MATE OR TWIN FLAME IS HAVING DIFFICULTIES / OTHER SOURCES OF INFORMATION ~ WAITH DISCUSSES THE MOVIE GHOST

NOVEMBER 06, 1990

WAITH REMINDS OF PROTECTION ISSUES REGARDING A RING IN SOMEONE'S POSSESSION / WAITH TALKS ABOUT SEX, THE LOWER CHAKRAS, HOMOSEXUALITY, JUDGEMENT / WAITH DISCUSSES THE AMERICAN INDIANS AND THEIR ROLE WITH THE SHIFT / THE SHIFT, GROUP DEPARTURES, THE ECONOMY, THE UPHEAVAL OF SOCIAL AND ECONOMIC SYSTEMS / LETTING GO OF MATERIAL POSSESSIONS, JUDGEMENT, UNCONDITIONAL LOVE / WAITH TALKS ABOUT THE CURRENT POLITICAL ENVIRONMENT / HEALTH REMEDY FOR PAIN IN THE TOES / CAN YOU OFFER ANY INSIGHT ON CHRONIC FATIGUE SYNDROME? / A QUESTION ABOUT HYPNOTHERAPY AND NEUROLINGUISTICS PROGRAMMING

DECEMBER 04, 1990

WAITH ENDS THE YEAR WITH OPEN QUESTIONS SESSION ~ BEGINNING NEXT YEAR WILL BE TOPIC SESSIONS / A DISCUSSION OF PHYSICAL ENCASEMENTS ADJUSTING TO THE NEW ELECTROMAGNETIC FIELD / A QUESTION ABOUT ONE'S ABILITY ON EARTH PLANE TO GO WITHIN SELF FOR MEDICAL ISSUES / WAITH TALKS ABOUT DIFFERENCES IN THE HOLIDAY SEASON ~ ALL-ENCOMPASSING LOVE AND JOY / THE MOON TAKES ON A DIFFERENT APPEARANCE ~ IT HAS COMPLETED ITS CLEANSING / WAITH DISCUSSES THE BLUE AURA OF CLOUDS, AND THE AIR THAT WE BREATHE, AS ENERGIES / A DISCUSSION OF THE ILLUSION OF EARTH PLANE TIME ~ ALL OCCURS SIMULTANEOUSLY / WAITH TALKS ABOUT LEVELS OF ATTAINMENT WITHIN EACH OF THE DIFFERENT KINGDOMS / CAN SPIRIT GUIDES EVER REINCARNATE TO THE EARTH PLANE, OR ARE THEY STRICTLY UP THERE? / AMELIUS ENTERS IN AND SENDS HIS ENERGY TO ALL IN THE ROOM

YEAR 1991 ~ WAITH GIVES THE BEGINNING OF ADVANCED INFORMATION

JANUARY 01, 1991

TOPIC SESSION ~ COLOR AND SOUND, AS IT RELATES TO VIBRATIONAL CHANGES / THE MOON HAS REACHED ITS VIBRATIONAL HARMONY FOR THE SHIFTING ~ SHOWING DIFFERENT COLOR / THERE IS A DIRECT CONNECTION BETWEEN COLOR AND SOUND / A TECHNIQUE TO FILTER OUT INHARMONIOUS COLORS AND SOUNDS / WOULD TWIN FLAMES HAVE THE TENDENCY TO SHARE THE SAME COLORS AND SOUNDS? / IN MUSIC, WAS BACH AWARE OF THE SPIRITUALITY THAT HE EXPRESSED AND OF THE LAWS HE USED? / A DISCUSSION OF THE ELECTROMAGNETIC PROPERTIES OF COLOR AND SOUND / DISCUSSION OF THE THREE MAJOR ENERGY FIELDS ~ ELECTROMAGNETIC, AURIC, AND THE SOUL FIELDS / A QUESTION ABOUT THE SCREENING PROCESS, WITH COLOR BLINDNESS OR TONE DEAFNESS / THE ADVANCED ABILITY TO HEAR COLOR AND TO SEE SOUND / ARE THERE DISTINCTIVE COLORS THAT GO WITH THE PLANET EARTH'S TIME FRAMING, AS IN A NEW YEAR? / AFTER THE SHIFT, WILL THE EARTH GIVE OFF A WHITE LIGHT OF ITS OWN? / HAS THE EARTH BEEN GOING THROUGH ANOTHER VIBRATIONAL CHANGE RECENTLY? / IS THE MOON ITSELF CLEANSED LIKE THE EARTH IS CLEANSED?

JANUARY 29, 1991

TOPIC ~ DISCUSSION OF THE SHIFT AND THE NEW ILLUSION / ASSISTANCE IN HELPING LARGE NUMBERS OF ENTITIES LEAVING THE EARTH PLANE IN A MASS DEPARTURE / THE TERMINOLOGY OF THE SHIFT, THE CLEANSING, AND THE ILLUSION CHANGE / A DISCUSSION OF THE NEW ILLUSION / WHAT ARE SOME DETAILS WITH THE LARGE NUMBERS THAT ARE COMING OVER INTO SPIRIT? / WHAT WILL BE THE TRIGGERING DEVICE OF THE FINAL POLE SHIFT, AND WILL THE FINAL SHIFT BE RAPID? / AFTER THE SHIFT, WILL THE EARTH BECOME MORE AWARE OF ITSELF THAN IT IS NOW?

FEBRUARY 26, 1991

THE FLOW OF THE UNIVERSE, PART I / TECHNIQUE TO BE UTILIZED WHEN YOU SENSE THAT ALL AROUND YOU IS IN DISARRAY OR TURMOIL / QUESTIONS AND DISCUSSION REGARDING THE TECHNIQUE GIVEN / WOULD YOU EXPLAIN THE DIFFERENT LEVELS OF CONSCIOUSNESS, SOME REFER TO THE SEVEN HEAVENS? / A DISCUSSION OF GROUP COHESIVENESS, AND PARTING BLESSING FROM WAITH

MARCH 05, 1991

THE FLOW OF THE UNIVERSE, PART II ~ WAITH ADDRESSES QUESTIONS BASED ON PART I / A QUESTION ABOUT THE RIPPLE EFFECT AFFECTING OTHER ILLUSIONS / ALL ENERGY AFFECTS ALL OTHER ENERGY IN SOME WAY ~ DISCUSSION OF ILLUSION / THE EXPANSION OF LAYERS BY SENDING BEHAVIORS OR THOUGHTFORMS / AT EACH LEVEL, ENERGIES COMPRISE THAT LEVEL OF ALL VARIOUS ENERGIES ~ ANIMAL, MINERAL, ETC. / THE IMPORTANCE OF MEDITATION AND PROTECTION TECHNIQUES IN THE EFFECT OF RIPPLING / THE DARK IS NOT LOWER OR LESS ADVANCED THAN THE LIGHT ~ IT IS MORE OF AN ATTITUDE / WHAT BECOMES OF AN ENERGY THAT IS CONSTANTLY CAUSING A RIPPLE? / A QUESTION OF MIRRORED ILLUSIONS / WHY ARE MY DOCUMENTS ARE BEING ERASED ON THE COMPUTER? WHOSE FAULT IS THAT? / IS IT POSSIBLE THAT THIS GATHERING OF ENERGIES IS ALSO GATHERED IN ANOTHER ILLUSION? / OTHER SOURCES OF CHANNELLED INFORMATION ~ STAR TREK / THE SLEEP STATE IS A FORM OF MEDITATION ~ AND DREAMS CAN HIGHLIGHT ISSUES THAT NEED WORK / GROUP BALANCINGS ~ EACH ARE AT DIFFERENT POINTS IN THE ENERGY FIELD / MAJOR GROUP DEPARTURES ARE A FORM OF GROUP BALANCING / EACH ENTITY IS A PART OF SOME GROUP ~ SIMPLY TO BRING CERTAIN ENERGIES INTO THE VIBRATION / ALL HAPPENS FOR A PURPOSE ~ THERE IS NOTHING RANDOM THAT OCCURS AT ALL / THE ONLY WAY MOVEMENT OCCURS ~ BALANCED ~ STRENGTH OCCURS ~ ANOTHER BALANCE COMES / ARE YOU SAYING THAT ALL ILLUSIONS COEXIST SIMULTANEOUSLY? / A GUIDED EXERCISE TO HELP FLUFF UP YOUR AURA

MARCH 10, 1991

UNDERSTANDING THE INCREASES IN SPIRITUAL THOUGHT THAT RELATES TO FORBEARANCE / BEING EMOTIONALLY DEPLETED AND HAVING THE STRENGTH TO GET THROUGH THE DAY / GOD, AS THE UNIVERSAL CONSCIOUSNESS / A QUESTION ABOUT BALANCING IN DIFFICULT RELATIONSHIPS ~ PHYSICALLY AND SPIRITUALLY / FREE WILL AS OPPOSED TO PREDESTINATION / SOME PEOPLE HAVE IT BETTER THAN OTHERS. IS THAT A GIFT OR REWARD FOR HAVING LEARNED LESSONS? / LEAVING THE UNIVERSAL CONSCIOUSNESS WITH A PURPOSE OR MISSION / SPECIFIC QUESTIONS ON SPIRIT GUIDES / A QUESTION ABOUT WALK-INS / A DISCUSSION OF SUICIDE AND JUDGEMENT / THE ISSUE OF FORGIVENESS / LANGUAGE AND CONCEPTS OF OTHER INFORMATION COMING THROUGH FROM OTHER SOURCES

APRIL 02, 1991

WAITH ADVISES PREREQUISITE READING ~ THE FOUR PHASES OF LEARNING AND TEACHING TRANSCRIPT ~ APRIL 17, 1990 / TOPIC ~ UNIVERSAL TRUTHS ~ A BASIC UNDERSTANDING UPON WHICH THE FRAGMENTS ALREADY GIVEN CAN BE PULLED INTO A MORE COHESIVE STORY / WAITH DRAWS A SYMBOL OF THE CIRCLE IN EXPLAINING THE UNIVERSAL TRUTH OF WHOLENESS / WHOLENESS MEANS A RETURN TO THE ONE, THAT WHICH IS NEVERENDING, NO BEGINNING AND NO END / EXAMPLE OF SOME COMPONENTS OF UNIVERSAL TRUTHS ~ FORTITUDE, PATIENCE, LOVE, JUDGEMENT / IN STRIVING FOR WHOLENESS, YOU STRENGTHEN BY WORKING ON COMPONENTS OF UNIVERSAL TRUTHS / EACH COMPONENT HAS A SPECTRUM OF EXTREMES, WITH THE GOAL TO BE BALANCED IN THE MIDDLE / THERE IS ONLY THE UNIVERSAL CONSCIOUSNESS, WHICH IS ALL ENERGY, WHICH IS ALL / WHY DO YOU SEE TWO EXTREMES IN THE UNIVERSAL TRUTH COMPONENTS? / WHAT ARE THESE CIRCLES? ARE THESE DISCREET ENERGY FORMS, OR PART OF A LARGER ENERGY FORM? / THIS INFORMATION YOU PROVIDED IS NOT UNDERSTANDABLE TO ME ~ SHOULD I JUST MEDITATE ON IT? / ARE WE WORKING ON DIFFERENT UNIVERSAL TRUTHS AT THE SAME TIME, OR ONE AT A TIME? / FROM THE SPIRITUAL REALM, ENERGY FORMS ARE SEEN AS CIRCLES OF SPARKLING LIGHTS / REACHING A BALANCE WITHIN THE SPECTRUM MEANS ONE NO LONGER HAS TO THINK ABOUT IT

MAY 07, 1991

TOPIC ~ HEALING SELF ~ HEALING EARTH / A HEALER WHO MAY BE WORKING IN CONJUNCTION WITH THEIR LIFELINE / AN INDIVIDUAL TECHNIQUE TO HELP WITH FEELINGS OF ANXIETY / TECHNIQUE WITH ANOTHER INDIVIDUAL TO HELP WITH FEELINGS OF ANXIETY / TECHNIQUE WITHIN A GROUP TO HELP WITH FEELINGS OF ANXIETY / YOU SAID THE SOUL MUST BE READY TO BE HEALED. HOW CAN WE KNOW WE ARE READY? / A DISCUSSION OF TAKING ON HEALTH ISSUES FROM LIFELINES FROM ANOTHER TIME FRAME / A SITUATION WHERE PARENTS OF A CHILD REFUSED MEDICAL TREATMENT, RELYING ON PRAYER / IS IT APPROPRIATE TO WORK WITH SOMEONE ELSE IN OUR COMBINED ENERGIES TO HELP HEAL ANOTHER? / AN ISSUE OF HELPING ENTITIES FROM A GROUP DEPARTURE THROUGH THE PORTAL BACK INTO SPIRIT / A TECHNIQUE FOR THE EARTH, TO ASSIST IN THE HEALING OF THE EARTH / A TECHNIQUE FOR THE EARTH, IN A GENERAL SENSE, TO ASSIST IN THE HEALING OF THE EARTH / A QUESTION ABOUT USING WHITE LIGHT IN HEALING AS OPPOSED TO USING CLASSICAL MEDICINE / IT IS DIFFICULT TO KNOW AS PARENTS WHAT IS THE BEST TREATMENT FOR THE CHILDREN / THE SOLAR PLEXUS IS THE PORTAL, THE OPENING, OF ALL THE ENERGY CENTERS AND MUST BE PROTECTED / ISSUES OF SELFLESSNESS, RESPONSIBILITIES OF BEING OF SERVICE TO OTHERS IN NEED WHEN CALLED UPON / ARE THERE SOME IN OTHER COUNTRIES WHO ARE SUFFERING AWARE ON THIS LEVEL OF WHAT IS HAPPENING?

JUNE 04, 1991

TOPIC ~ THE PYRAMIDS AND THEIR RELATIONSHIP WITH CRYSTALS / A PROTECTION TECHNIQUE TO USE WHEN GOING TO THE PYRAMIDS IN YOUR MEDITATION / GAINING INFORMATION FROM THE PYRAMIDS ~ COLORS ASSOCIATED WITH THE ENERGY CENTERS / TECHNIQUE FOR HEALING ASSISTANCE FROM THE PYRAMIDS AND ENERGY CENTER COLORS / HOW DO YOU DETERMINE WHAT

ENERGY ~ WHEN THAT INDIVIDUAL IS READY? / A VISION OF AN INVERTED PYRAMID COMING TOGETHER AT THE POINTS WITH ANOTHER PYRAMID / WHAT IS WITH THE PYRAMIDAL SHAPE THAT GENERATES OR ENHANCES ENERGY? / THE PYRAMIDS HAVE A MISSION, AND THAT MISSION IS GUIDED BY AMELIUS / IS THE LARGE PYRAMID AT GIZA THE MAJOR PYRAMID? / DID THE LARGE PYRAMID HAVE ANY EQUIPMENT OR ACCOUTREMENTS THAT NOW ARE MISSING? / A QUESTION ABOUT THE BERMUDA TRIANGLE AND WHETHER IT HAS PYRAMIDS / WHAT IS THE GOLDEN MEAN? / A DISCUSSION OF BUILDING THE PYRAMIDS THROUGH MIND POWER / THERE WILL BE A DISCOVERY IN A MAJOR PYRAMID OF AN ENERGY FORM FROM THE MINERAL KINGDOM

JULY 02, 1991

TOPIC ~ THE ISSUE OF PATIENCE, AS IT RELATES TO AN ENERGY (NOT NECESSARILY ON THE EARTH PLANE) / PATIENCE AND UNCONDITIONAL LOVE ARE TWO OF THE REQUIRED LESSONS ONE MUST LEARN / ALL ENERGIES WORK WITH THE HEAD OF THEIR KINGDOM ON ISSUES OF PATIENCE, IN A PERCENTAGE OF ONE HUNDRED AS A TOTAL ENERGY / TECHNIQUE ~ IF YOU DETERMINE YOU ARE WORKING ON PATIENCE AT SPIRIT WHILE INCARNATED / WOULD YOU PLEASE DEFINE PATIENCE? / HOW DO YOU LEARN TO HAVE MORE PATIENCE WITH YOURSELF? / A TECHNIQUE TO USE IN YOUR MEDITATIONS FOR SELF PATIENCE / QUESTION ~ WORKING ON PATIENCE AT EARTH PLANE OR SPIRIT ~ IT SEEMS LIKE IT WOULD FOLLOW YOU / DO WE ALSO HAVE OUR LEAD ENERGY GUIDING US WITH IT? / A GROUP MEMBER WITNESSES AND RECORDS PHYSICAL ALIGNMENT OF WHAT ARE CURRENTLY KNOWN AS PLANETS AND MOON ~ PHENOMENA RELATING TO THE NEW ILLUSION / ISN'T IT BETTER TO JUST SAY SOMETHING TO SOMEONE RATHER THAN TRYING TO BE PATIENT? / DO WE SOMETIMES SET UP SCENARIOS OURSELVES TO TEST OUR OWN PATIENCE? / WAITH GIVES UPCOMING TOPICS FOR FOLLOWING SESSIONS / BRINGING IN PERCENTAGES OF ENERGY TO COME ONTO THE PLANE

JULY 21, 1991

EVENT, QUEST FOR WHOLENESS ~ TOPIC, MEDITATION, YOUR WAY / TECHNIQUE FOR MEDITATION / MEDITATION IS AN ACTIVITY THAT GIVES YOU A SENSE OF DETACHMENT FROM CONCRETENESS / YOUR SPIRIT GUIDES ARE ASSIGNED TO ASSIST YOU IN REACHING YOUR HIGHER SELF / YOUR MEDITATION IS PERSONAL, IS UNIQUE, AND IS MOST NECESSARY FOR GROWTH / COULD YOU EXPLAIN MORE IN DETAIL WHAT IT MEANS TO GET IN CONTACT WITH OUR HIGHER SELF? / THE ART OF INSPIRATION WHEN CONNECTING TO THE HIGHER SELF / WHAT WILL ALLOW ME TO GET IN TOUCH WITH MY HIGHER SELF MORE DIRECTLY?

AUGUST 06, 1991

ENERGY AND ONENESS ~ ENERGY SIMPLY IS ~ THE UNIVERSE IS ENERGY ~ THE UNIVERSE SIMPLY IS / THE ENERGY KNOWN AS THE PLANET EARTH / THERE IS NO ENERGY IN ANY KINGDOM BETTER THAN ANOTHER / THERE IS NO ORDER TO ENTRY INTO KINGDOMS ~ THERE IS NO LOWER ORDER ~ THERE IS SIMPLY ORDER / RELATING MOST DIRECTLY TO THE PLANET ITSELF, IT IS TIME FOR A SHAKING UP OF AWARENESSES / IT IS TIME FOR SPECIFIC ACTIVITIES AT SPIRITUAL AND PHYSICAL LEVELS TO WORK WITH THE PLANET / THE HUMAN KINGDOM IS A GUEST ON THE PLANET / IN GIVING BACK TO THE EARTH, ARE YOU SPEAKING OF NEGATIVE THINGS THAT HAVE BEEN DONE? / WHAT IS MEANT BY THE BIBLICAL STATEMENT THAT MAN IS GIVEN DOMINION OVER THE EARTH? / A QUESTION ABOUT THE MYSTERIOUS LARGE CIRCLES IN FIELDS IN ENGLAND / WHAT IS THE NEW ILLUSION THAT YOU SPOKE OF? / CAN YOU GIVE US AN UPDATE ON HOW FAR AWAY WE ARE FROM THE POLE SHIFT? / I HAVE HEARD THAT THE EARTH WILL BE LESS HOSPITABLE AFTER THE SHIFT. IS THAT TRUE?

AUGUST 18, 1991

Waith session held at the national guild of hypnotist's convention in Nashua, NH / topic of session \sim levels of consciousness, altered states / on the earth plane is an

ELECTROMAGNETIC FIELD THAT ENCOMPASSES APPROXIMATELY TEN LEVELS OF CONSCIOUSNESS / THE HIGHER SELF IS THE TOP LEVEL OF THE TEN LEVELS ON CONSCIOUSNESS ~ THE KEY TO THE SOUL / THE TOOL OF REGRESSION IS A WAY THROUGH THESE LEVELS OF CONSCIOUSNESS / WHAT CAN BE LEARNED FROM THE PAST, AND HOW CAN WE RECTIFY THE MISTAKES? / WHY ARE WE AT ONE LEVEL AND YOU, THE ARCHANGEL, AT ANOTHER LEVEL? / THE EARTH PLANE IS A LEVEL OF CONSCIOUSNESS WITHIN THE UNIVERSAL CONSCIOUSNESS / WHY DID YOU CHOOSE CHERI TO COME THROUGH? / WHAT WILL HAPPEN TO THE EARTH IN A HUNDRED YEARS FROM NOW? / WILL THE HEALING PROFESSION OF HYPNOTHERAPISTS BE MORE ACCEPTED IN THE FUTURE? / WHAT LEVEL ARE YOU, AND HOW MANY LEVELS ARE THERE? / CAN YOU EXPLAIN WHAT STAR CHILD IS AND WHAT IS THEIR PURPOSE? / ARE CHILDREN INCARNATING IN MORE ADVANCED STATES DURING THIS TIME? / IS THERE A BETTER, MORE COMPLETE, PLANETARY SYSTEM FOR US TO STUDY? / CAN TELL US WHAT WILL HELP US RIGHT NOW TO BE MORE LOVING AND OPEN? / A QUESTION ABOUT ARCHANGELS AND THEIR AFFILIATION WITH ANY OF THE ORGANIZED RELIGIONS / A QUESTION ABOUT HOLOGRAPHIC HYPNOSIS / MANY OF MY CLIENTS ENCOUNTERED ARCHANGELS IN THEIR SESSION, YET I NEVER DO SEE THEM / YOU SPEAK OF THE NEW ILLUSION, AND I AM WONDERING WHAT IS THE END OF ILLUSION? / HOW LONG HAS THE EARTH BEEN IN EXISTENCE AND WAS IT CREATED? / WHAT IS THE PURPOSE FOR WHAT WE CALL MENTALLY ILL, LIKE SCHIZOPHRENIA, ON PLANET EARTH? / DO WE COLLECTIVELY, THE PLANTS AND EVERYTHING, FORM OUR OWN PLANET ON A DAILY BASIS? / WILL POLLUTION BRING ABOUT THE DESTRUCTION AND EVENTUAL EXTINCTION OF MAN? / CAN YOU DESCRIBE WHAT THE SOUL IS COMPOSED OF? / WILL YOU DESCRIBE THE NEW FAITH THAT IS TO BE CREATED? / CAN YOU TELL ME IF YOUR INFORMATION IS ACCURATE TO THE BEST OF YOUR KNOWLEDGE? / WILL YOU BE BACK ON THE EARTH PLANE?

SEPTEMBER 03, 1991

TOPIC ~ THE PLANET ATLANTIS TRAINING GROUND ~ ITS PURPOSE NOW, AND FOR THE NEW ILLUSION / IN THE PLANET ATLANTIS, DO THEY LIVE IN A SOCIAL ENVIRONMENT? / IN THE NEW STRUCTURES THAT WILL BE FORMED ON THIS PLANET, WILL THERE BE A GRID SYSTEM? / CAN PEOPLE SEE THE ATLANTEANS? I SEE GOLD FIGURES IN DIFFERENT POWERFUL GROUPS HANGING AROUND / A QUESTION FROM SOMEONE WHO WITNESSED A MANIFESTATION OF THE PLANET ATLANTIS / A DISCUSSION OF THE WHITE BROTHERHOOD / IS THERE A WAY THAT WE COULD MORE ELEGANTLY WORK WITH THESE ATLANTEANS? / TECHNIQUE THAT WORKS IN CONJUNCTION WITH THE CONNECTOR PLANET / HOW CAN WE FOCUS OUR ATTENTION TO STEP UP OUR VIBRATION? / A QUESTION ABOUT HOW THE ATLANTEANS HAD DIFFERENT COMPONENTS OF SHELTER, WITH WATER / WE HAVE REFLECTIONS NOW OF ATLANTIS ~ REFLECTIONS OF THIS ILLUSION IN THE NEXT ONE / WHAT COMPONENTS WILL BE TRANSFERRED TO THE NEW ILLUSION FROM THIS ONE?

OCTOBER 01, 1991

TOPIC ~ THE MINERAL KINGDOM, AND ALL THE ENERGIES THAT ARE A PART OF IT / THE MINERAL KINGDOM HAS AS ITS DIRECTIVE TO PROVIDE KNOWLEDGE THAT IS EASILY ACCESSIBLE / CRYSTALS ARE VULNERABLE TO THE DARK AND NEED TO BE REGULARLY ENERGIZED AND CLEANSED / CRYSTALS PRIMARY OBJECTIVES IS TO GIVE KNOWLEDGE AND TO HEAL / CRYSTALS HAVE TWIN FLAMES, SOUL MATES, ANGELICS ASSIGNED, AND GUIDES / THE MINERAL KINGDOM WILL ALSO BE GOING THROUGH THE CLEANSING, AS THE HUMAN KINGDOM / WHAT IS THE PRIMARY PURPOSE FOR A SOUL TO ENTER INTO ALL THE KINGDOMS TO RETURN TO THE ONE? / EVERYTHING YOU DO AFFECTS ALL OTHER ENERGIES, AND AT THE SAME TIME AFFECTS YOU / ARE ROCKS MADE BY THE EARTH ITSELF ~ HOW ARE ROCKS FORMED ~ ARE THEY INDIVIDUAL PIECES? / CAN ROCKS COMMUNICATE WITH YOU? / WOULD THOSE OF THE MINERAL KINGDOM HAVE THE SAME ABILITIES TO LEAD PARALLEL LIVES? / EXPERIENCING, DISCOVERING, AND BEING AWARE OF THE MINERAL KINGDOM, AND THEIR SERVICE / THE CONDITION OF A CRYSTAL PHYSICALLY GROWING IN A

SPECIFIC ENVIRONMENT / WHAT IS THE LIFE EXPECTANCY OF THOSE IN THE MINERAL KINGDOM? / THE PHENOMENON OF WALK-IN OCCURS WITHIN THE MINERAL KINGDOM

NOVEMBER 05, 1991

TOPIC ~ SPIRIT GUIDES / EVERY ENERGY THAT SEPARATES FROM THE ONE IS ASSIGNED AN ANGELIC FOR THE ENTIRE TIME / EVERYONE HAS A PROTECTIVE ANGELIC RESPONSIBLE AT ALL TIMES FOR YOUR PROTECTION / CALL UPON YOUR SPIRIT GUIDES TO COME TO YOU WHEN SEEKING ANSWERS FOR YOUR OWN GROWTH / SPIRIT GUIDES ARE ASSIGNED TO YOU IN A WAY THAT REFLECTS WHAT YOUR LESSONS ARE / ALL ARE WORKING AT VARYING LEVELS OF UNDERSTANDING CONNECTION WITH THEIR SPIRIT GUIDES / WOULD YOU TALK MORE ABOUT HAVING MORE THAN ONE GUIDE? / DO OUR GUIDES WORK IN SHIFTS, OR ARE THEY ALL AROUND US AT ONE TIME? / ON THE EARTH PLANE, ARE THERE SOME ENTITIES WHO ARE GUIDES FOR THOSE ON THE OTHER SIDE? / CAN ONE GUIDE BE ASSOCIATED TO MORE THAN ONE INCARNATED ENTITY? / HOW CAN WE BEST WORK WITH OUR GUIDES? / CAN YOUR GUIDES COMMUNICATE WITH YOU THROUGH THE USE OF COLOR? / CAN YOUR GUIDES COMMUNICATE WITH YOU THROUGH MUSIC AND SOUND? / ARE THERE DIFFERENT SPIRIT GUIDES FOR DIFFERENT PSYCHOLOGICAL OR EMOTIONAL CONDITIONS? / DOES THE WORSHIP OF GODS DURING OTHER TIMES, HAVE ANYTHING TO DO WITH SPIRIT GUIDES? / SETTING UP SCENARIOS ON THE EARTH PLANE THAT WOULD THEN ALLOW CERTAIN SITUATIONS TO OCCUR / IF I HAVE ACTED ON INFORMATION FROM MY GUIDES AND IT ALL WORKED OUT, HOW CAN THAT BE EXPLAINED TO ANOTHER WHO INQUIRES ABOUT IT? / WOULD YOU HELP ME UNDERSTAND WHAT KARMA IS IN RELATION WITH OUR GUIDES? / CAN A FORMER FAMILY MEMBER THAT IS PASSED ON BE A SPIRIT GUIDE TO ME? / WHAT ARE OUR GUIDES ALL SAYING IN GENERAL? DO THEY ENJOY THIS GROUPING? / AT WHAT POINT DO WE MAKE A CHOICE TO DO SOMETHING, LIKE BE A SPIRIT GUIDE? / DOES AN ANGELIC EVER MANIFEST BACK ON THE EARTH PLANE AGAIN? / IS PRECOGNITION WHEN A GUIDE GIVES YOU INFORMATION AHEAD OF TIME?

DECEMBER 03, 1991

A QUESTION CONCERNING KINGDOMS, LOGOS, RAYS AND COLOR ASSOCIATED WITH IT / WE HAVE FIVE KINGDOMS OPERATING AT THIS TIME. WILL THAT CHANGE AFTER THE SHIFT? / CHANGES TO THE HUMAN FORM IN THE NEW ILLUSION / THE PLANET ATLANTIS IS AN ENERGY PLANET WITHOUT A PHYSICAL BODY. CORRECT? / QUESTIONS AND DISCUSSION ABOUT WHAT IS CONSIDERED SAFE ZONES VERSUS UNSAFE AREAS / WHY DOES ANYONE LEAVE THE ONE, JUST TO GO BACK TO THE ONE? / WHAT HAPPENS IF WE STRAY FROM THE PATH THAT WE HAS PLANNED WITH OUR GUIDES BEFORE ENTRY

DECEMBER 31, 1991

ANNIVERSARY SESSION / WAITH: "FOR THE COMING YEAR ON THE PLANE, OUR DISCUSSIONS IN OPEN SESSION WILL BE DEVOTED EXCLUSIVELY TO THE EARTH PLANE EXPERIENCE AND THE CHANGING ILLUSION ABOUT TO OCCUR. THAT WILL BE WHAT WE WILL DISCUSS, AND THAT WILL BRING ABOUT VERY STRONG INCREASED AWARENESSES.

YEAR 1992 ~ THE EARTH PLANE CONNECTION

JANUARY 07, 1992

TOPIC OF THE YEAR ~ EARTH PLANE CONNECTION / A QUESTION OF WHAT IT IS LIKE TO COME OUT OF THE ONE AND DECIDE WHAT TO DO / WHEN YOU DECIDE ON ACCELERATED GROWTH, DO YOUR GUIDES CHANGE MORE FREQUENTLY? / AMONG THE MANY TRAINING GROUNDS, IS THIS THE ONLY GROUND IN WHICH HUMANS ARE FOUND? / THIS IS A TRAINING GROUND. WHAT ARE WE BEING TRAINED FOR? WHY HAVE WE COME HERE? / IN THE BEGINNING, WHY DID WE CHOOSE TO LEAVE THE ONE? / WHAT IF WE MADE A MISTAKE IN CHOOSING TO COME HERE? / DO YOU REMEMBER FROM TIME TO TIME WHAT YOU HAVE DONE? / A QUESTION ABOUT OUR FOCUSING ON THE CURRENT ILLUSION AND THE NEW ILLUSION ~ HOW TO ACT / EACH TIME WE COME OUT OF THE ONE, ARE WE THE SAME, OR A DIFFERENT, ENERGY?

FEBRUARY 04, 1992

TOPIC ~ THE EARTH PLANE CONNECTION, CONTINUED / THE EARTH PLANE IS ONE OF THOUSANDS OF TRAINING GROUNDS, AND MULTI-DIMENSIONAL / THE GESTATION PERIOD ~ MOVING THROUGH THE DIMENSIONS, OR ELECTROMAGNETIC FIELDS / SITUATIONS CAN OCCUR PREVENTING THE ENERGY FROM STAYING IN THE ENCASEMENT / THERE ARE MANY ON THE PLANE WHO HAVE THE ABILITY FOR INTERDIMENSIONAL TRAVEL / WAITH DESCRIBES CORE EARTH PLANE DIMENSIONS, AND THAT OF THE UNDERGROUND COMMUNITY / THE DIZZINESS THAT I FELT TODAY, WAS THAT RELATED TO THE ELECTROMAGNETIC FIELD ADJUSTMENTS? / ABOUT THE SHELTERS, WHAT IS GOING TO BE, IS JUST A MOVING INTO ANOTHER DIMENSION? / ABOUT TRAINING GROUNDS, DO YOU MEAN OTHER PLANETS OR OTHER SOLAR SYSTEMS? / QUESTION AND DISCUSSION ABOUT FEELING DEPLETED IN YOUR ELECTROMAGNETIC FIELD / WAITH EXPLAINS THE TERMS ELECTROMAGNETIC FIELD AND DIMENSION ARE USED INTERCHANGEABLY / WAITH DISCUSSES THE ISSUES OF ILLUSION ~ OF TIME, OF CONCRETENESS ~ OF THE NEW ILLUSION / THE DIFFICULTY OF SPEAKING IN LANGUAGE PERCEPTIONS, GEOGRAPHICALLY, AND UNIVERSALLY / THE ISSUE OF JUDGEMENT IN THINKING THAT EVERYONE SHOULD BELIEVE AS YOU DO / THE HUMAN ENCASEMENT IS NOT AT THE TOP OF THE FOOD CHAIN / IN THE NEW ILLUSION, WILL THE CONCRETE EARTH STILL APPEAR TO BE REVOLVING THE WAY IT DOES? / A DISCUSSION OF ACCELERATED GROWTH BY GOING TO DIFFERENT DIMENSIONS AND ILLUSIONS

MARCH 03, 1992

WAITH DISCUSSES THE NEW WEATHER PATTERNS ABOUT TO OCCUR WITH THE UPCOMING SPRING SEASON / THE EARTH PLANE CONNECTION, CONTINUED ~ ENCASEMENTS IN THE VARIOUS KINGDOMS / ALL ENERGY OUTSIDE OF THE ONE IS ENCASED ~ INTELLIGENCE, SOUL, MEMORY / CONNECTIONS OF THE VARIOUS ENCASEMENTS ON THE PLANE THAT MAKE UP THE KINGDOMS / CREATING YOUR OWN ENERGY CIRCLE, STARTING SMALL AND EXPANDING AS YOU LEARN AND INTEGRATE / CHOOSING YOUR ENERGY CIRCLE TO INTEGRATE WITH OTHER KINGDOMS / LEVELS OF AWARENESS WITHIN ENERGY CIRCLES ENCASED WITHIN ENERGY CIRCLES FROM OTHER KINGDOMS / THE ENERGY CIRCLE IS UNIQUE TO THE EARTH PLANE ~ OTHER TRAINING GROUNDS HAVE OTHER METHODS / EACH ENERGY CIRCLE HAS THE RESPONSIBILITY TO BE OF SERVICE TO OTHER ENERGY CIRCLES / THE BUILDING CIRCLES OF STRENGTH / WHAT IS MEMORY MADE OF ~ WHERE IS IT LOCATED IN THE BODY ~ MEMORY LOSS, BREAKDOWN / IN WORKING WITH THE SPINAL AREA TO HELP ENTITIES UNDERSTAND CERTAIN AILMENTS OR AFFLICTIONS / TRAUMA WITHIN YOUR ENERGY CIRCLES CAUSING DISASSOCIATION AND REASSOCIATION IN LEARNING LESSONS / HOW DO YOU BRING IN OTHER VARIOUS ENERGY KINGDOMS INTO YOUR ENERGY CIRCLE? / IS THERE A SET ORDER OF PROGRESSION INTO THE VARIOUS KINGDOMS WITHIN OUR CIRCLE? / ABOUT THE PREPLANNING OF THE ENERGY CIRCLE, AND WHAT HAPPENS IF THERE IS DISAGREEMENT / IS EACH PERSON ESSENTIALLY A COMMUNITY? IS THE ENERGY CIRCLE AND THE SOUL THE SAME THING? / WILL YOU DISCUSS THE WATER KINGDOM?

April 07, 1992

TOPIC ~ THE EARTH PLANE CONNECTION, CONTINUED / FARENA COMES IN WITH LIGHTHEARTEDNESS, HER POEM HARMONY, AND TECHNIQUES TO HELP SELF / FARENA GIVES THE GROUP A TECHNIQUE FOR MAKING A BASKET OF BEAUTY / FARENA GIVES A TECHNIQUE TO HELP RELIEVE BURDENS BY FLUFFYING YOUR AURA / FARENA DISCUSSES THE IMPORTANCE OF FINDING THE BALANCE BETWEEN FLUFFINESS AND SERIOUSNESS / DISCUSSION OF THE ENERGY CIRCLE AND COMPONENTS OF LIGHTNESS WITHIN EACH ENERGY GROUPING / DISCUSSION OF FOOD ~ MEANT TO BRING OUT THE LIGHTHEARTED ~ FOOD BRINGS ENTITIES TOGETHER / WHAT DO YOU MEAN WHEN YOU SAY LET GO? / A QUESTION ABOUT THE FLUCTUATION OF SERIOUSNESS AND LIGHTHEARTEDNESS ON THE PLANET / ARE OUR SPIRITUAL GUIDES HAVING MORE PROBLEMS TRYING TO HELP PEOPLE THAN THEY HAVE BEFORE? / DOES OUR SERIOUSNESS HAVE TO DO WITH OUR FEELINGS OF URGENCY ABOUT OUR SOUL'S MISSION? / WHEN WAS THE LAST TIME THAT EARTH WAS VERY LIGHT? WAS IT RECENTLY OR A LONG TIME AGO? / FARENA TALKS ABOUT HER RESPONSIBILITIES WITH THE GROUP ON COLOR AND HARMONY WITH MUSIC / A DISCUSSION OF THE EMOTION OF FEELING UNWORTHY / THE FEELING OF URGENCY TO BE GETTING THINGS DONE, AND NOT KNOWING WHAT TO DO / IF TIME IS NOT REAL, WHAT DIFFERENCE DOES IT MAKE WHETHER IT IS TIME OR NOT?

MAY 05, 1992

EARTH PLANE CONNECTION, CONTINUED ~ ALTERED STATE, KNOWN AS THE DREAM STATE / WAITH GIVES AN ADVANCED AWARENESS OF WHAT IS REFERRED TO AS ENERGY LAYERS / YOU HAVE ACCESS TO THOSE LAYERS OF PAST, PRESENT AND FUTURE RELATING TO YOUR OWN SOUL MEMORIES / IT TAKES A CERTAIN MEDITATIVE ABILITY ~ YOU CAN CONTROL YOUR DREAMS / BEFORE GOING INTO THE DREAM STATE, YOU SHOULD SURROUND YOURSELF WITH PROTECTIVE WHITE LIGHT / CONNECTING WITH YOUR HIGHER SELF AND THE ABILITY TO READ YOUR OWN ENERGY LAYERS / YOUR DREAMS ARE SPECIFIC TO YOUR PATH AND ONLY YOU CAN INTERPRET THEM / THE SOUL, IN CONJUNCTION WITH THE HIGHER SELF, CAN INDICATE THE BODY NEEDS REST, STAYING IN THE ENCASEMENT, OR INTERDIMENSIONAL TRAVEL / EXACTLY, JUST WHAT ARE LAYERS? / ASTRAL PROJECTION / CAN THE DREAM STATE JUST BE AN OVERACTIVE IMAGINATION? / RECURRING DREAMS / IS IT POSSIBLE TO INTERDIMENSIONAL TRAVEL WITH ANOTHER? / IS THE WEBBING AROUND THE ENERGY GROUP WHAT IS REFERRED TO AS THE AKASHIC RECORDS? / WHEN WE ARE IN THESE OTHER DIMENSIONS OR OTHER ENERGY LAYERS, DO WE HAVE BODIES? AND ARE THOSE BODIES ASLEEP WHEN WE ARE AWAKE HERE? / IS THERE ANY WAY YOU COULD TELL WHETHER A DREAM WAS CONCERNING A PAST OR A FUTURE?

MAY 13, 1992

THIS SESSION WAS HELD AT ASNUNTUCK COMMUNITY COLLEGE IN ENFIELD, CT / WOULD YOU ADDRESS SOME OF THE EARTH CHANGES COMING UP? / HAS THE EARTH SHIFTED ON ITS AXIS IN THE PAST? / COULD YOU COMMENT ON THE WORK OF SAI BABA? / I FEEL STRONGLY THAT THE SPACE BROTHERS ARE HERE NOW. WHAT IS THEIR PURPOSE FOR BEING HERE? / IS THE TILTING OF THE AXIS GOING TO OCCUR IN OUR LIFETIME? / WILL THERE BE EARTHQUAKE ACTIVITY IN CALIFORNIA OCCURRING WITHIN THE NEXT TWO TO THREE YEARS? / WOULD YOU COMMENT ON THE FACT THAT SOME PEOPLE ARE BUILDING UNDERGROUND SHELTERS? / WHAT DO YOU SEE AS CHANGES THAT MIGHT OCCUR IN THE GOVERNMENT IN THE NEXT FIVE YEARS? / HOW MAY WE AS INDIVIDUALS HELP THE GOOD FORCES COMING TO HELP US? / SHOULD I PAY THE MORTGAGE? SHOULD I DROP OUT OF SCHOOL? / WHEN WE CHOSE TO COME BACK, DID WE KNOW WHAT OUR FULL PATH WAS TO BE? / WHEN I GO TO A BOOKSTORE, AM I GUIDED TO PURCHASE A PARTICULAR BOOK, OR AM I DOING THIS? / SO, THERE IS NO MISTAKES IN THIS WORLD / IS IT COMMON IN THE SITUATION OF MARRIAGE AND CHILDREN THAT THERE ARE KARMIC LESSONS? / IN MAKING DECISIONS, HOW DO YOU KNOW IF IT IS FROM YOUR GUIDES, OR JUST A GUESS? / CAN YOU DESCRIBE SOME MEDITATION TECHNIQUES?

JUNE 02, 1992

EARTH PLANE CONNECTION, CONTINUED ~ MANIFESTATION / A TECHNIQUE IS GIVEN FOR LEARNING THE ABILITY TO MANIFEST / IS THIS TECHNIQUE TO KEEP US FOCUSED ON THE SOUL PATH, OR ABOUT THE ENERGY CENTERS? / THE ISSUE OF MANIFESTING EMOTIONS AND IMPOSITION UPON ANOTHER / MANIFESTATION IS A MENU ITEM THAT CAN BE SELECTED WHEN YOU COME ONTO THE EARTH PLANE / THERE IS NO RIGHT OR WRONG IN LESSON LEARNING, IT IS ONLY A MATTER OF

BALANCE / GROUP MANIFESTATION ISSUES ~ IT IS NOT A PARLOR GAME ~ MANIFESTATION IS AN INDIVIDUAL ISSUE / MANIFESTATION DOES NOT AUTOMATICALLY HAPPEN ~ OPPORTUNITIES ARE PRESENTED BY THE UNIVERSE / IN MANIFESTATION, IS IT BETTER TO BE GENERAL OR SPECIFIC? / IN MANIFESTATIONS, ARE WE WORKING WITH PHYSICAL LAWS AND CAUSE AND EFFECT? / AND DO MANIFESTATIONS ALSO MAKE THINGS DISAPPEAR? / IN THE MANIFESTING TECHNIQUE, IS THERE A NON ABUSIVE OBJECT THAT WE CAN PRACTICE WITH?

JUNE 16, 1992

FARENA STARTS THE SESSION WITH LIGHTHEARTEDNESS / YOUR CIRCLE OF LIGHT ~ LEARNING LESSONS AND FILLING IN YOUR CIRCLE WITH LIGHT / DO YOU GO FULL SPECTRUM FROM THE DARK SIDE TO THE LIGHT SIDE AND BACK TO CREATE THAT CIRCLE? / CAN ANYTHING EVER MAKE THAT CIRCLE, THAT SHELL, DISINTEGRATE AND BREAK? / COULD YOU DESCRIBE THE FILLING IN PROCESS IN TERMS OF EARTH PLANE OR SOUL LEVEL EXPERIENCES? / IN ONE'S QUEST FOR LEARNING A LESSON, HOW DO WE KNOW WHEN THE LESSON IS LEARNED? / DO MOST OF US AT LEAST HAVE THE FIRST CIRCLE COMPLETED? / WHAT PART DOES GUIDANCE HAVE TO DO WITH FILLING IN THE CIRCLE? / SO, WHEN YOU RESIST THAT GUIDANCE, WHAT IT DOES IS STOP YOU, IN EFFECT / DOESN'T THE SOUL ULTIMATELY WIN, THOUGH, WAITH? / WHEN SOMEONE IS RESISTING ON THE EARTH PLANE, ARE THEY STALLED OR REGRESSING? / A DISCUSSION OF THE ISSUE OF EGO / WHAT AND HOW IS THE WILL OF AN ENERGY ADAPTED TO THE ISSUE OF EGO AND THE SOUL? / WHAT ARE THE CONSEQUENCES OF ABUSE OF THE WILL IN AN INCARNATION? / JENJURA COMES IN TO EXPLAIN THE CONCEPT OF WILL AND EGO ~ WEBS OF LIFETIMES CRISSCROSSING / BUT HOW DO YOU GET TO AND DEAL WITH THE OTHER LIVES THAT ARE CONNECTED TO YOU? / THEN YOU CAN HEAL THE OTHER LIFETIME THAT IS STILL ATTACHED TO YOU AT THAT POINT? / WHAT HAPPENS WHEN YOUR CIRCLE IS FILLED?

JULY 07, 1992

TOPIC ~ LIGHTNESS OF SPIRIT / EVERYONE HAS THE GIFT OF AN ADDED COMPONENT OF LIGHTHEARTEDNESS IN THEIR SOUL MEMORIES / TECHNIQUE FOR CALLING UPON THE ENERGY OF LIGHTHEARTEDNESS / TRUE SPIRITUAL GROWTH IS TAKING THE SERIOUSNESS OUT OF SELF AND WORKING THROUGH ISSUES / WOULD YOU GO THROUGH THE STEPS AGAIN TO GUIDE US? / IS THERE A CRYSTAL THAT ONE CAN CARRY TO HELP THEM STAY LIGHTHEARTED? / WILL ANY PAIN OR ILLNESS BE HELPED BY THIS TECHNIQUE? / CAN YOU DO THIS TECHNIQUE ALSO WITH SOMEONE ELSE? AND HOW WOULD YOU DO THAT? / CAN THIS TECHNIQUE BE DONE TO HELP THOSE IN OTHER KINGDOMS WHO ARE UNABLE TO DO THIS? / CAN YOU DO THIS WITH JUST VISUALIZING WITHOUT DOING THE PHYSICAL AIRPLANE PART OF IT? / WAS THE EARTH PLANE SERIOUSNESS CREATED TO HELP US LEARN OUR LESSONS BETTER OR MORE QUICKLY? / HOW DOES THE DARKNESS PLAY INTO OUR SERIOUSNESS? / WOULD WEARING OR SURROUNDING YOURSELF WITH CERTAIN COLORS HELP WITH LIGHTHEARTEDNESS?

AUGUST 04, 1992

EARTH PLANE CONNECTION ~ ENERGY CENTERS, COMMONLY KNOWN AS CHAKRAS / A VISUAL DESCRIPTION OF THE ENERGY CENTERS AND THE VERY THIN CORDS / SOME CHANGES IN THE ENERGY CENTERS IN THE NEW ILLUSION / EACH OF THE ENERGY CENTERS PLAY A PART IN LESSONS AND BALANCING THAT WE GO THROUGH / DISCUSSION OF LESSONS AND BALANCING, EGO, BLOCKAGES IN THE ENERGY CENTERS / THE GOAL IS TO UNBLOCK THE ENERGY CENTERS / WHAT IS THE DIFFERENCE BETWEEN ONE'S SOUL AND ONE'S SPIRIT? / WHAT IS THE RELATION BETWEEN THE SPIRIT AND THE HIGHER SELF? / DOES WORKING ON PARTICULAR ISSUES RELATED TO AN ENERGY CENTER CAUSE EMOTIONAL OR PHYSICAL DISCOMFORT? / EACH TAKES ON A VERY SMALL PERCENTAGE IN THE LEARNING OF LESSONS THAT YOU GO TO WORK ON / IT IS A PERSONAL SITUATION FOR EACH INDIVIDUAL WHEN WORKING ON SPECIFIC ISSUES / WHAT CAN WE DO TO HELP CLEAR THE BLOCKAGES IN OUR ENERGY CENTERS? / DOES IT HELP TO USE CRYSTALS, COLOR, OR

SOUND, TO WORK ON AND OPEN YOUR ENERGY CENTERS? / WHY CAN'T WE JUST TAKE ON HIGHER PERCENTAGES TO RESOLVE ISSUES AND GET IT OVER WITH?

SEPTEMBER 01, 1992

EARTH PLANE CONNECTION, CONTINUED ~ PLAYTIME ON THE EARTH PLANE / A TECHNIQUE GAME TO HELP ONE, OR A GROUP, BECOME PLAYFUL / PLAY IS AN ENERGY ~ YOU MUST ALLOW PLAY TO BE A PART OF YOUR LIFE / LAUGH IS AN ENERGY / IS THERE ANY COLOR ASSOCIATED WITH THE VIBRATION OF LAUGHTER? / LAUGHING SARCASTICALLY AT SOMETHING, OR SOMEONE ~ LAUGHING IS LAUGHING / WAITH DISCUSSES THE ISSUE OF JUDGMENT AND THAT IT CAN HAVE A LIGHTHEARTED SIDE / GROUP BALANCING ~ DIFFERENCES IN SPECIFIC NATIONS AND THEIR ABILITIES TO LAUGH / WAITH DISCUSSES THE UPCOMING SESSION OF "STUPID QUESTIONS SESSION"

OCTOBER 06, 1992

EARTH PLANE CONNECTION, CONTINUED ~ UNDERSTANDING WHO YOU ARE / WAITH GIVES A DESCRIPTIVE OF THE SOUL, THE HIGHER SELF, AND THE CONSCIOUS SELF / EGO IS THE MANIFESTATION OF PERSONALITY ~ THE COMBINATION OF SOUL, HIGHER SELF AND CONSCIOUS / WHAT PURPOSE DOES THE SOUL HAVE IF IT ALREADY KNOWS THE ANSWER? / PUSHING THE ABORT BUTTON AND RETURNING TO THE ONE WITHOUT LEARNING ALL YOUR LESSONS / DOES THE HOLY SPIRIT DISCUSSED IN THE COURSE OF MIRACLES BASICALLY TALK TO THE HIGHER SELF? / WHEN AN ENERGY LEAVES THE ONE, IT TAKES WHAT THEY DETERMINE IS NECESSARY TO PLAY / DISCUSSION ABOUT COMMUNICATION ASPECTS OF THE ENERGY CIRCLE ~ WHEN AND HOW THAT OCCURS / HOW CAN WE UNDERSTAND YOUR DESCRIPTION OF THE ONE, AS IT SIMPLY IS? / A DISCUSSION OF THE GAME OF LESSON LEARNING / A DISCUSSION OF INTERACTIONS BETWEEN CONSCIOUS SELF, HIGHER SELF, AND SOUL

OCTOBER 11, 1992

IRREVERENCE AND LIGHTHEARTEDNESS ~ THE STUPID QUESTIONS SESSION

NOVEMBER 03, 1992

EARTH PLANE CONNECTION, CONTINUED ~ ENERGY DEPENDENCE / WAITH USES THE WORD DEPENDENCE AND ADDICTION AS THE SAME REFERENCE / ALL ADDICTIONS ARE CO-DEPENDENT ~ IT IS NECESSARY TO WORK THROUGH THE ISSUES / CO-DEPENDENCY IS NOT NEGATIVE ~ ENERGY ATTRACTS ENERGY IN ORDER TO WORK THROUGH ISSUES / EXAGGERATED ADDICTIONS AT THE TIME OF THE CLEANSING ~ ALCOHOL, OR MIND-ALTERING DRUGS / AS YOU WORK THROUGH YOUR ISSUES OF DEPENDENCY, BE CAREFUL OF THE ISSUE OF JUDGEMENT / SELF-SERVING IS AN ADDICTION / ALL ENERGY HAS CONSCIOUSNESS AND IS OF SERVICE ~ ALL SERVES EACH OTHER / CAN YOU OVERCOME CO-DEPENDENCY, AND RETEST IT, WITHOUT BECOMING CO-DEPENDENT AGAIN? / WHAT HAPPENS TO OUR LESSONS AFTER THE SHIFT? IS THERE A BREAK, OR NEW LESSONS TO LEARN? / OTHER KINGDOMS ARE IN THE SAME MODE OF DEPENDENCY AS THE HUMAN KINGDOM / ARE THERE ANY TECHNIQUES FOR BREAKING THE CO-DEPENDENCY SITUATIONS?

DECEMBER 01, 1992

THE JOY AND ENLIGHTENMENT OF THE CRYSTAL KINGDOM \sim Waith addresses crystals from those in attendance

DECEMBER 20, 1992

GATHERING FOR THE WINTER SOLSTICE / WAITH BEGINS DISCUSSION OF EARTH VIBRATION CHANGES OCCURRING, PAST, PRESENT, AND FUTURE / WAITH DISCUSSES THE STRENGTH OF PEACE AND CONTENTMENT THAT COMES FROM SOLITUDE / A DISCUSSION OF ASTROLOGICAL REFERENCE POINTS RELATING TO VIBRATION / THE LOWER LEVELS OF THE ENERGY CENTERS ~ NEEDING ATTENTION IN ORDER TO CONCENTRATE / WHAT ABOUT THE DIFFICULT SITUATIONS IN

OTHER COUNTRIES ~ REGARDING RACE AND STARVATION? / A QUESTION ABOUT THE RECENT DISCUSSION OF CO-DEPENDENCY AND SHAKING UP THE HIGHER SELF

DECEMBER 31, 1992

THE NEW YEAR'S EVE CELEBRATION, THE BALANCE OF SERIOUSNESS AND LIGHTHEARTEDNESS \sim THE BALANCE BETWEEN WORK AND PLAY

YEAR 1993 ~ PLAYTIME ON THE EARTH PLANE

JANUARY 05, 1993

PLAYTIME ON THE EARTH PLANE ~ FOUNDATION DISCUSSION / THE IMPORTANCE OF COLOR AND SOUND THAT YOU SURROUND YOURSELF WITH / WAITH TALKS ABOUT THE CONCEPT OF COLORS IN THE NEW ILLUSION / FOLLOW READING SESSION TO SESSION THIS YEAR WILL HELP WITH YOUR OWN ISSUES OF PLAY / CHANGING WEATHER PATTERNS ~ EARTH IS REALIGNING ITS OWN BALANCING OF SERIOUSNESS AND PLAYTIME / THE ISSUES OF JUDGEMENT WHERE PLAY AND WORK ARE CONCERNED / CERTAIN ENERGY CONNECTIONS ASTROLOGICALLY ARE SIGNIFICANT FOR BALANCING LIGHTNESS AND DARKNESS / DO GUIDES AND ANGELIC PROTECTORS HAVE THE SAME ISSUES WITH LIGHTNESS? / ALLOWING YOUR GUIDES TO BE OF SERVICE TO YOU IS PART OF THE LEARNING PROCESS / WHERE ARE THE GUIDES, AND THE PLAY, IN EVENTS LIKE IN SOMALIA WITH STARVATION ISSUES? / CAN WE ASK OUR GUIDES TO GIVE ASSISTANCE TO OTHER PEOPLE IN NEED? / THE POSSIBILITY OF SOMEONE ASKING FOR HELP AT A HIGHER LEVEL RATHER THAN CONSCIOUSLY / WHAT HAPPENS IF YOU READ YOURSELF WRONG AND IMPOSE UPON ANOTHER? / CAN YOU DREAM IN COLOR? AND IF SO, IS THAT A DREAM FROM YOUR GUIDES? / WHY IS THIS YEAR IMPORTANT TO LEARN THE BALANCE OF SERIOUSNESS AND LIGHTHEARTEDNESS? / VARIOUS QUESTIONS ABOUT WHAT IT WILL BE LIKE IN THE NEW ILLUSION / WHERE TO YOU GET YOUR WISDOM? WHAT IS IT LIKE WHERE YOU ARE? CAN ONE ACHIEVE THIS WISDOM?

FEBRUARY 02, 1993

PLAYTIME ON THE EARTH PLANE, CONTINUED / WEATHER CHANGES, AS THE NEW ILLUSION MOVES INTO PLACE / ADJUSTING YOUR OWN VIBRATION FOR THE NEW ILLUSION ENERGY / A VISUALIZATION TO HELP TO COOL THE ENERGY CENTERS DURING THE HEAT / ENERGY HAS A FLUIDITY ~ WATER HAS A FLUIDITY ~ CONSUMPTION OF WATER HELPS SOOTHE ENERGY / DISCUSSION OF THE CIRCLE OF ENERGY IN THE BODY CHANGING FROM COUNTERCLOCKWISE TO CLOCKWISE / IT IS IMPORTANT WHEN YOU MOVE FROM A SPACE, TO FILL IT WITH LIGHT AND LOVE / TECHNIQUE FOR SENDING LOVE AND LIGHT TO A SPACE YOU ARE MOVING FROM / WAITH ADDRESSES VARIOUS QUESTIONS REGARDING THE SHIFT

MAY 04, 1993

OPEN QUESTIONS SESSION ~ IN TERRA LUX NEW ENVIRONMENT / A DISCUSSION OF PLANET ALIGNMENTS, NOW AND AT THE TIME OF THE SHIFT / WAITH DISCUSSES SOME SPECIFICS REGARDING LOCATIONS REMAINING AFTER THE SHIFT / GROUP DEPARTURES, GROUP BALANCING, JUDGEMENTAL ISSUES / SPECIFIC EVENTS RELATING TO THE SHIFT ~ CHANGING WEATHER PATTERNS ~ LAND MASSES / ARE THE VIBRATIONAL RAYS OF THE SUN INCREASING AND BECOMING MORE DANGEROUS? / PERCENTAGE OF WATER AND LAND AFTER THE SHIFT ~ BRIEF DISCUSSION OF TRANSITIONAL KINGDOMS / DISCUSSION OF CROP CIRCLES ~ THE UNDERGROUND COMMUNITY ~ SOME LOCATIONS IDENTIFIED / AFTER THE SHIFT, WHERE WILL THE NORTH POLE BE LOCATED? OTHER LAND MASSES NOT REMAINING / APATITE, A NEWLY DISCOVERED STONE ~ IT IS PART OF THE NEW ILLUSION PLAYTIME ON THE EARTH PLANE, CONTINUED / DIFFERENCES BETWEEN SOME TRAINING GROUNDS REGARDING CONCRETE AND NONCONCRETE / DISCUSSION OF COLOR AND SOUND AS A PLAYTHING / A TECHNIQUE, VISUALIZING COLOR ~ TO LIGHTEN THE SPIRIT (NEXT SECTION WILL BE ONE FOR SOUND) / A TECHNIQUE, VISUALIZING SOUND ~ TO LIGHTEN THE SPIRIT / DISCUSSION OF THE DIMENSIONAL COEXISTENCE OF CONCRETE AND NONCONCRETE / WAITH ANSWERS VARIOUS QUESTION REGARDING THE TECHNIQUES GIVEN FOR COLOR AND SOUND / THE HEARING IMPAIRED HAVE THE ABILITY TO TUNE INTO THE FREQUENCY THAT IS ITS ENERGY

JUNE 13, 1993

THOSE IN THE COMPANY COME IN BRIEFLY TO GREET AND SPEAK OF THEIR MISSION / FRANCIS COMES IN WITH HIS GREETING / SUSAN COMES IN WITH HER GREETING / JENJURA COMES IN WITH HIS GREETING / BATHUSELA COMES IN WITH HER GREETING / JACQUES COMES IN WITH HIS GREETING / FARENA COMES IN WITH HER GREETING ~ SELF BEAUTY ~ HARMONY

JUNE 15, 1993

IDEAS ARE PRESENTED AND DISCUSSED FOR CONSIDERATION FOR SPECIAL TOPIC SESSIONS / I WOULD BE INTERESTED IN THE BIBLE STORY OF CREATION AND ADAM AND EVE / IN THE NEW TESTAMENT, WHAT JESUS ACTUALLY SAID AND DID, OR IF IT WAS AN INTERPRETATION / COULD YOU DISCUSS THE DEAD SEA SCROLLS? / WOULD YOU DISCUSS COSMOLOGY AT YOUR LEVEL? / WOULD YOU ADDRESS ISSUES AROUND EARTH HEALING AND OUR RELATIONSHIP WITH OTHER KINGDOMS? / I WOULD LIKE YOU TO GO DEEPER INTO THE TOPIC OF SOUL MEMORIES / WOULD YOU HAVE A DISCUSSION ON OPTIMUM MEDITATION TECHNIQUES? / WOULD YOU TALK ABOUT WAYS TO DEAL WITH ENERGY TRANSFERENCES? / WILL YOU BE TALKING ANY MORE ABOUT COLOR AND SOUND? / ABOUT THE MINERAL KINGDOM, SOME STAYING, SOME GOING, AND SOME TO HELP THE EARTH / ANOTHER TOPIC IS DIETING ~ WHAT MIGHT BE PREFERENTIAL, OR BETTER. FOR ONE THAN FOR ANOTHER / A BIG TOPIC RIGHT NOW IS THE SUBJECT OF GENES / HAS MANKIND PATTERNED OURSELVES TOO MUCH AFTER THE CREATOR WITH OUR INTENTIONS? / MAYBE A TOPIC COULD BE ABOUT AMELIUS' OTHER INCARNATIONS ON THE EARTH PLANE / A TOPIC OF HISTORICAL SITUATIONS, LIKE GEORGE WASHINGTON, MIGHT BE AN INTERESTING TOPIC / A LOOK INTO HISTORY IN THE TIME 600 B.C. WHEN BUDDHA AND CONFUCIUS CAME TO EARTH / WOULD YOU TALK ABOUT THE WRITINGS OF THE ENTITY PEACE PILGRIM?

JULY 06, 1993

SIGNIFICANT ENERGY TRANSFERENCE FOR THE VORTEX IN THE TERRA LUX AREA / ENERGY AND ITS SIGNIFICANCE TO THE COMING EARTH CHANGES / ENERGIES ON THE PATH TOWARD ENLIGHTENMENT ~ GOALS OF LIGHT ~ DRAWING ENERGY FROM OTHERS / FEELING DRAINED WHEN SOMEONE IS DRAWING ON YOUR LIGHT / WHAT IS WHITE LIGHT AND HOW TO YOU RECOGNIZE IT IN SOMEONE / INQUIRY ABOUT THE NAMELESS ONES, CHANNELLED BY FLO CALHOUN / THE WEATHER KINGDOM RELATES TO ENERGY CHANGES AND THE ENERGY VORTEX COMING IN / INQUIRY ABOUT PERCEPTIONS OF CONTRADICTIONS BETWEEN CHANNELLED MATERIAL, LIKE LAZARUS

JULY 20, 1993

WAITH OPENS THIS PUBLIC SESSION TO PERSONAL QUESTIONS / I WANT TO CHANNEL. WHEN WILL THIS HAPPEN FOR ME? / A JOB SITUATION AND KNOWING WHEN IT IS TIME TO LET GO AND MOVE ON / ABOUT STAGNATING AND NOT LETTING IT GO. IS THERE NO GROWTH IN JUST STAYING WHERE YOU ARE? / WAITH'S DIFFICULTIES IN TALKING OF TIME FRAMES WHEN ASKED OF EVENTS WHICH MIGHT OCCUR / I RECEIVED A MAGAZINE IN THE MALE CALLED THE LIGHT SOUND. IS THIS OF THE LIGHT? / REGARDING THE OTHER FOUR KINGDOMS, CAN YOU GIVE US INFORMATION ABOUT THOSE IN CHARGE? / QUESTION ABOUT ABOUT TRANSITIONAL KINGDOMS ~ A SUBJECT FORTHCOMING / WHEN I TALK TO OTHERS, I TEND TO QUESTION TOO MUCH. AM I GOING A LITTLE BIT TOO FAR LATELY? / A DISCUSSION OF SOMEONE'S DREAM ~ A PREMONITION

AUGUST 03, 1993

PLAYTIME ON THE EARTH PLANE, CONTINUED / THE ITEMS AND PERCENTAGES IN ONE'S TOY BOX FROM THE MENU OF LESSONS CHOSEN / VISUALIZING ONE OF YOUR TOY BOX MENU ITEMS AS A FAVORITE TOY ~ DEMONSTRATION / CAN ONE TAKE ON A HUNDRED PERCENT OF ANY ISSUE OUT OF YOUR TOY BOX IN ONE LIFETIME? / CAN TAKING ON TOO MANY ISSUES AT ONE TIME CAUSE MADNESS? / CAN SPECIFIC COLORS AND SOUND HELP YOU DEAL WITH YOUR TOYS? / DISCUSSION ON HOW YOUR TOYS INTERACT WITH EACH OTHER IN THE LONG RUN / WHY MUST WE HAVE CONFLICTS ON THE EARTH PLANE? / THE BOTTOM LINE ~ CONFLICTS ARE A POSITIVE ~ DO NOT TAKE YOURSELVES SERIOUSLY / THE APPEARANCE OF ONE BEING EXCELLENT IN WHAT THEY ARE DOING DOES NOT MEAN PERFECTION / WOULD YOU TALK ABOUT RESISTANCE OF LESSONS~ WANTING TO SHUT DOWN AND WITHDRAW?

AUGUST 17, 1993

A QUESTION IN REFERENCE TO THE POPE SPEAKING OF THE HOLY SPIRIT, THE MOTHER / MORE DETAIL WILL BE GIVEN TO DISCUSS CERTAIN COMPONENTS OF THE JESUS LIFE / A DISCUSSION OF THE IMPORTANCE IN THE EVOLUTION OF RELIGION AND SPIRITUAL THOUGHT / A QUESTION ABOUT THE DOMINANCE OF DIFFERENT GENDERS WITHIN THE KINGDOMS / HOW CAN WE TELL IF CONSUMPTION OF A SUBSTANCE IS OKAY FROM A POLARITY CHANGE SITUATION? / QUESTIONS TO JACQUES ON THE HERBS SUMA AND SCHIZANDRA / WAITH DISCUSSES CONSUMPTION OF DIFFERENT FOODS AND HERBS, AND THE ISSUE OF JUDGEMENT / WHAT IS A GOOD CLEANSING OF THE BODY ONE CAN GO THROUGH?

SEPTEMBER 07, 1993

PLAYTIME ON THE EARTH PLANE ~ THE TOY BOX OF LESSONS ONE HAS CHOSEN / IS IT POSSIBLE TO ELIMINATE A LESSON THAT WAS INITIALLY CHOSEN? / IT IS THROUGH MEDITATION THAT ONE CAN VIEW PROGRESS OF THEIR LESSONS GROWTH / ONE'S ABILITY TO RENEGOTIATE WHAT TOYS YOU HAVE IN YOUR TOY BOX / TOYS VERSUS GIFTS ~ YOU HAVE A MINIMUM OF ONE GIFT FROM YOUR ANGELIC PROTECTOR / CAN WE GO OVERBOARD IN WANTING TO LEARN A LESSON, IT THEN BECOMING A COMPULSION? / ARE ALL THESE DECISIONS MADE AT CONSCIOUS LEVEL, HIGHER SELF LEVEL, OR SOUL LEVEL? / CAN THE LESSONS IN YOUR TOY BOX BE TRADED IN?

SEPTEMBER 21, 1993

THE TOY BOX ~ A SYMBOL OF LESSONS YOU HAVE CHOSEN TO BRING ONTO THE EARTH PLANE / SOME EXAMPLES OF TOYS ONE HAS CHOSEN TO WORK ON / FRANCIS COMES IN AND SPEAKS OF LIGHTHEARTEDNESS AND JUDGEMENT / FARENA ENTERS IN WITH MESSAGES OF LIGHTHEARTEDNESS / FARENA PRESENTS A TECHNIQUE THAT ENABLES YOU TO GRADUALLY BECOME VERY LIGHTHEARTED AND TO SEE BEYOND THAT WHICH YOU ARE FOCUSED ON / WHERE IS THE POINT OF BALANCE BETWEEN SERIOUSNESS AND LIGHTHEARTEDNESS?

OCTOBER 05, 1993

IMPORTANCE OF LIGHTHEARTEDNESS, REGARDLESS OF THE PERCENTAGE WHICH YOU HAVE TAKEN ON / LIGHTHEARTEDNESS IS A PREREQUISITE TO DEPARTURE FROM YOUR SOJOURN ON THE EARTH PLANE / FARENA AND BARJAN HAVE A WHIMSICAL AND IRREVERENT PLAYTIME IN THIS SESSION / AS ONE BECOMES MORE UNCONDITIONAL IN LOVE, THE AVENUES ARE OPEN FOR LIGHTHEARTEDNESS / DO WALK-INS BRING DIFFERENT TOYS?

OCTOBER 19, 1993

TOPIC SESSION ~ MEDITATION, YOUR WAY / A VISUALIZATION TECHNIQUE TO FIND THE APPROPRIATE WAY FOR MEDITATION FOR SELF / MEDITATION IS A POWERFUL TOOL TO GAIN INFORMATION, PAINLESSLY / IS THERE A WAY TO ACCESS WHAT ONE HAS DONE IN MEDITATION? / WHAT IS THE DIFFERENCE BETWEEN FOCUSING AND OBSESSING? / MUSIC HELPS MEDITATION, DOESN'T IT? / CAN PEOPLE MEDITATE TOGETHER ON A PARTICULAR SUBJECT, AND CAN THEY TAKE A JOURNEY TOGETHER?

NOVEMBER 02, 1993

VISUALIZATION FOR THE TECHNIQUE TO KEEP YOU WARM / TOPIC OF SESSION ~ COLOR, IN ITS REGARD TO ENERGY ~ ALL COLOR IS ENERGY / WHEN YOU SEE COLOR, YOU SEE ENERGY ~ THE BLIND AND COLOR BLIND ARE ABLE TO VISUALIZE AND MAKE A CONNECTION BETWEEN COLOR AND ENERGY / THE RESPONSIBILITIES OF SELF TO BRING IN HARMONIOUS COLORS INTO YOUR INNER ENVIRONMENT / A QUESTION ON THE REPRODUCTION OF COLORS AND ENERGY / IS THE WAY WE SEE COLOR JUST DIFFERENT VIBRATIONS OF AN ENERGY? / ARE SCIENTISTS CORRECT WHEN THEY SAY ANIMALS DO NOT SEE COLORS THE WAY THAT HUMANS SEE? / ARE THERE IMPLICATIONS IN COLOR BLINDNESS FOR ONE WHO SEES DIFFERENTLY THAN THE CONSENSUS? / A QUESTION ABOUT THE DIFFERENT COLORS IN A PAINTING AND THE CREATION OF A NEW ENERGY / A BRIEF DISCUSSION OF THE BASIC CHARACTERISTICS OF COLOR AND WHAT COLOR MEANS IN ITS HARMONY / IT IS POSSIBLE TO HAVE LIFE WITHOUT SELF-CONSCIOUSNESS / ARE DIFFERENT REALMS, LIKE THE ANGELIC REALM, ASSOCIATED WITH A PARTICULAR COLOR? / RESPECT COLOR, KNOWING THAT IT IS THE PHYSICAL MANIFESTATION OF ENERGY, AND ENERGY IS LIFE

NOVEMBER 16, 1993

SOUL MEMORIES AND THE WAY IN WHICH THE SOUL MEMORIES CONTRIBUTE TO THE CURRENT LIFE / ISSUES WITH THE HIGHER SELF BECOMING CLOGGED FROM A SENSE OF EGO OF THE CONSCIOUS SELF / UNCLOGGING THE HIGHER SELF, THROUGH MEDITATION, AND A VISUALIZATION TO HELP YOU UNCLOG / WHY MUST WE CLEAN AND UNCLOG OUR HIGHER SELF SCREEN JUST TO GET IT CLOGGED AGAIN? / WHAT IS INVOLVED IN THE WALK-IN PROCESS OF THE HIGHER SELF SCREEN OF THE ONE LEAVING? / DOES THE HIGHER SELF OF THE EARTH GET CLOGGED, AND IF SO, HOW CAN WE HELP? / WHEN THE EARTH CLEANS ITS HIGHER SELF SCREEN, WILL THE PEOPLE ALSO BE ABLE TO CLEAN THEIRS? / REFERRING TO GIVING INTO SELF, ARE YOU TALKING ABOUT CONSCIOUS SELF GIVING INTO HIGHER SELF? / REGARDING SOUL MEMORIES, ARE WE ABLE ACCESS TO LIFETIMES SPENT IN OTHER KINGDOMS? / BEING JUDGEMENTAL IN OBSERVANCE OF OTHERS WHO SEEM TO BE AVOIDING THEIR LESSONS / UPCOMING CHANGES IN THE WEATHER CONDITIONS IN PREPARATION OF THE SHIFT

DECEMBER 07, 1993

TOPIC ~ QUESTIONS RELATING TO PLAYTIME ON THE EARTH PLANE / SOMEONE IS OBSESSED WITH THE EFFECTS ON THE ENVIRONMENT WHILE TRYING TO HAVE FUN / A DISCUSSION OF MALE AND FEMALE ISSUES REGARDING LIGHTHEARTEDNESS / RESPONSIBILITIES AND BALANCING WITHIN RELATIONSHIPS, VERSUS JUST WITHIN ONE'S OWN SELF / NOT HAVING ENOUGH TIME IN THE DAY TO DEVOTE TO ONE'S PRIORITIES / SCIENTIFIC ELABORATION ON THE GOLDEN RATIO, PREVIOUSLY DISCUSSED ~ (SE / QUESTION "WHAT IS THE GOLD MEAN", IN TRANSCRIPT DATED 06.04.1991) / WHY DID YOU CHOOSE THIS YEAR AS PLAYTIME? HOW DOES THAT FIT INTO YOUR LONG TERM PLANNING? / WAITH TALKS ABOUT ILLUSION / ARE THERE CERTAIN COLORS, SOUNDS, ANIMALS, OR STONES THAT ENHANCE OUR SEARCH FOR JOY?

DECEMBER 21, 1993

TOPIC ~ THE MINERAL KINGDOM ~ ITS PURPOSES AND ITS REASONS FOR SERVICE ~ WAITH DISCUSSES AND ENERGIZES INDIVIDUAL CRYSTALS

DECEMBER 31, 1993

A NEW ILLUSION UPDATE, AND SEEKING AND SENDING THE LIGHT WITHIN SELF AND OTHERS / ALL IN THE COMPANY COME IN WITH BLESSINGS AND SENDING LIGHT AND COMFORT TO THE EARTH / WHAT ARE THE HERBS THAT YOU USED? / WAITH GIVES A VISUALIZATION TO USE FOR PLANET EARTH'S HEALING / A QUESTION ABOUT TIME FRAMES FOR THE NEW ILLUSION AND CHANGES OCCURRING NOW

YEAR 1994 ~ WAITH TAKES OPEN QUESTIONS ON ANY TOPIC

FEBRUARY 01, 1994

HOW DO I KNOW IF I AM FLOWING WITH THE UNIVERSAL ENERGY? / DISCUSSION OF PERSPECTIVES FROM DIFFERENT ASTROLOGICAL SIGNS / SOMEONE QUESTIONS THE ISSUE OF THE KILLING OTHERS ~ AND THE FLOW OF THE UNIVERSE / A QUESTION ABOUT THE DOCTRINE OF PREDESTINATION VERSUS THAT OF FREE WILL / QUESTION AND DISCUSSION ABOUT EARTH CHANGES OCCURRING AS A RESULT OF THE CLEANING / A QUESTION REGARDING CURRENT ACTIVITIES WITHIN THE UNDERGROUND COMMUNITY / COMMUNICATION ABILITIES OF DOLPHINS AND WHALES ~ A DISCUSSION OF TRANSITIONAL KINGDOMS / A QUESTION OF WHETHER ONE CAN LEAVE THEIR BODY BEFORE AM IMPENDING DEATH / IT IS INCONSEQUENTIAL WHERE SOMEONE LIVES AS TO WHETHER THEY WILL STAY OR NOT AFTER THE SHIFT

February 15, 1994

ORGANIZED RELIGION / SYMBOLS USED IN THE CATHOLIC RELIGION ~ DISCUSSION OF CHRISTIANITY AND JESUS / A DISCUSSION OF THE HISTORY OF KILLING OTHERS WHO DO NOT FOLLOW ANOTHER'S RELIGION / LOVE AND HATE ARE NOT OPPOSITES OF EACH OTHER / CAN ONE COMBINE DIFFERENT THOUGHTS FROM DIFFERENT RELIGIONS? / IS THERE A WAY TO KNOW WHAT JESUS ACTUALLY SAID? / DISCUSSION OF POWERFUL BUILDINGS, LIKE THE SISTINE CHAPEL AND THE DOME IN COLOGNE / WHERE IS HEAVEN? ~ HEAVEN IS IN YOUR HEARTS. HEAVEN IS THE LOVE YOU HOLD FOR SELF / ARE THE FIVE WHO RUN THE UNIVERSE CURRENTLY ACTIVE ON THE EARTH PLANE? / DO OTHER CIVILIZATIONS IN OTHER GALAXIES HAVE THEIR OWN RELIGION / WHAT IS THE HOLY SPIRIT?

FEBRUARY 20, 1994

MEDITATION SEMINAR / WAITH LEADS THE GROUP WITH A FOCUSED AND GUIDED MEDITATION / WHAT IS A GOOD WAY TO RID OF BLOCKAGES IN MEDITATION? / HOW CAN ONE TELL IF THEY ARE IN DEEP MEDITATION AND RECEIVING ANSWERS OR JUST IMAGINING? / EGO IN THE MEDITATION PROCESS / HOW CAN I TELL IF THE INFORMATION I RECEIVE IS FROM EGO, CONSCIOUS SELF, HIGHER SELF, SOUL, OR DARK? / THERE ARE SO MANY DIFFERENT TYPES OF MEDITATION. WHICH ONE IS RIGHT FOR ME? / BREATHING TECHNIQUES AND POLARITY CHANGES / A THERAPIST ASKS HOW TO HELP SOMEONE WHO IS UNABLE TO VISUALIZE

MARCH 01, 1994

COULD YOU EXPLAIN ABOUT TALKING IN TONGUES? / IS THE TRANSITIONAL KINGDOM WHEN YOU ARE GOING INTO ANOTHER KINGDOM, AS WHALES AND DOLPHINS? / THE SPECTRUM OF TRANSITIONAL WEATHER CHANGES RELATING TO THE EARTH PLANE CLEANSING / DISCUSSION OF SAINTS / WHY DO ANGELS APPEAR TO US WITH WINGS? / WHAT ABOUT CHERUBS? / DISCUSSION OF ASTRAL TRAVEL AND ASTRAL PROJECTION ~ ONE OF THE MENU ITEMS CHOSEN FOR GROWTH / DO WE HAVE THE ABILITY TO CHANGE OUR LESSON PLAN FROM THE MENU? / ONE WHO FEELS PHYSICAL PAIN WITH THE WEATHER CHANGES / PRELIMINARY DISCUSSION OF PAIN ~ UPCOMING SPECIAL TOPIC SESSION OF HEALTH AND HEALING

MARCH 15, 1994

TOPIC ~ VARIOUS KINGDOMS THAT EXIST AND THE INTERRELATIONSHIP OF THOSE KINGDOMS / HOW DO WE COMMUNICATE EFFECTIVELY BETWEEN KINGDOMS? / QUESTION AND DISCUSSION ABOUT THE OTHER FOUR KINGDOMS ON EARTH / WHAT ARE SOME OF THE SUB-KINGDOMS WITHIN THE

AMELIUS KINGDOM? / IS IT NECESSARY TO HAVE EXPERIENCES ON OTHER PLANETS TO FULLY LEARN THE EARTH PLANE EXPERIENCE? / IS EVERYTHING THAT THE ASTRONOMERS CALL THE PHYSICAL UNIVERSE PART OF THE EARTH PLANE? / HOW DO WE EVALUATE WHETHER COMMUNICATION WE RECEIVE IS BENEVOLENT? / ARE THE PEOPLE THAT ARE TAKEN BY THE UFO PEOPLE, ARE THEY ALSO A DIFFERENT KINGDOM? / DO THE OTHER FOUR KINGDOMS SEND IN COMMUNICATORS WITHIN THEIR KINGDOM?

April 05, 1994

WHAT HAPPENS IN YOUR SPIRITUAL QUEST WHEN YOU RETURN TO THE ONE? / DOES THE ONE EVER ENTER A PHASE OF DORMANCY, AS IN SLEEPING, A DREAM? / VIEWING FROM THE ANGELIC REALM, IS THE MASS CONSCIOUSNESS MOVEMENT RAPID OR SLOW? / HOW QUICKLY WILL TECHNOLOGICAL ADVANCES OCCUR IN THE NEW ILLUSION? / A DISCUSSION OF INTERDIMENSIONAL TRAVEL ~ AWARENESS ~ TESTING ~ ABUSE / YOU CAN SPEED UP, AND SLOW DOWN TIME / CAN A SUB-KINGDOM BE AN ENERGY GROUP? / THE ISSUE OF PARLOR GAMES ~ MIRROR VISIONS AND MIRROR IMAGES / WAITH, WHY DO YOU COME TO US? WHAT IS YOUR MISSION?

APRIL 19, 1994

OPEN QUESTIONS REGARDING HEALTH AND HEALING / WHAT WOULD BE THE BEST FOODS FOR THIS TIME IN OUR EVOLUTION THAT WOULD BENEFIT US? / IS IT POSSIBLE THAT WE CAN HEAL OURSELVES, AND OTHERS, COMBINING OUR ENERGIES? / PREDISPOSITION VERSUS WHAT HAPPENS WHEN YOU ENTER INTO YOUR INCARNATION / WHAT CAN YOU SAY ABOUT THERAPEUTIC TOUCH? / THE USE AND VALUE OF CONVENTIONAL WESTERN MEDICINE AND SELF-HEALING / IS ALL PHYSICAL PAIN AND ILLNESS AND DISEASE ON THE EARTH PLANE RELATED TO LEARNING LESSONS? / HOW DOES IT AFFECT THE BODY IF YOU TRAVEL IN A VERY SHORT TIME OVER SEVERAL TIME ZONES? / A TECHNIQUE OF THE USE OF HERBS TO HELP THOSE FINDING DIFFICULTY IN TRAVEL

MAY 03, 1994

A DISCUSSION OF THE LIFE, AND LIFELINES, OF AMELIUS / WHAT IS THE DIFFERENCE BETWEEN SPIRITUAL DEVELOPMENT AND FAITH DEVELOPMENT? / A QUESTION OF ASSISTED SUICIDE / DISCUSSION OF MOVING FROM ONE ILLUSION TO THE NEXT ILLUSION / A QUESTION IF WAITH WOULD PERFORM PARLOR TRICKS ~ AND THE ISSUE OF EGO / A QUESTION OF ADVANCEMENT, OR REGRESSION, FROM ONE ILLUSION TO THE NEXT / COULD AMELIUS BE CONCEIVED AS THE GOD OF THE OLD TESTAMENT? / A QUESTION ABOUT THE SOLAR SYSTEM AND THE COMET PREDICTED TO HIT JUPITER / HAVE YOU SPOKEN OF MULTIDIMENSIONAL SELVES BEFORE? / THE MOONIES ~ INHABITANTS OF THE MOON ~ AND THE MOONIES ON THE EARTH PLANE / SPEAKING OF THE MOON ~ LIGHTHEARTEDNESS AND GIDDINESS TO END THIS SESSION

MAY 17, 1994

MAIN TOPIC OF THIS SESSION ~ SOUL MEMORIES / WHAT IS THE MAIN GOAL, OR COMMON THREAD, THROUGHOUT OUR INCARNATIONS? / EACH HELPS EACH OTHER IN INFORMAL WAYS ~ GUIDES HELP IN FORMAL WAYS / A GUIDE IS SIMPLY ANOTHER TRAINING GROUND ~ ANYONE CAN CHOOSE TO BE IN GUIDE SCHOOL / MULTIPLE BIRTHS ~ EACH ENERGY HAS ITS OWN SOUL ~ ISSUES OF GROUP BALANCING / A DISCUSSION OF THE ILLUSION AND CONCRETENESS OF TIME ~ PAST, PRESENT, AND FUTURE / IS IT ONLY ON THE EARTH PLANE THAT ONE HAS THE SOUL MEMORIES FROM THEIR EXPERIENCES? / WHAT WERE THE EMOTIONS WE HAD WHEN WE SIGNED UP FOR THE EARTH PLANE EXPERIENCE? / IF OUR SOUL MEMORIES DO NOT FORGET, THEN WHAT IS ACTUALLY HAPPENING WHEN WE FORGET? / DOES IT MATTER WHICH TRAINING GROUND YOU ENTER FIRST?

JUNE 07, 1994

DISEASES OR AFFLICTIONS THAT APPEAR TO BE NEW, OR TRANSFERRABLE ~ BALANCING ISSUES / IN THE ISSUE OF WHAT IS CALLED SIAMESE TWINS, WHY WOULD THEY BE IN THAT CONDITION? / WHY WAITH, AT TIMES, IS UNABLE TO GIVE OUT INFORMATION ABOUT SPECIFIC CONCERNS / WHEN

SOULS GO FROM KINGDOM TO DIFFERENT KINGDOMS IN THEIR SELECTED PATHS / THE SIGNIFICANCE OF THE NUMBER TWELVE, THE PYRAMIDS, AND TIMING OF THE SHIFT / THE SHIFT, THE UNDERGROUND COMMUNITY, OTHER DIMENSIONS, AND SHELTERS

JUNE 21, 1994

A GATHERING FOR THE EARTH BASKET / WAITH LEADS THE GROUP INTO AN ENERGY CIRCLE / MULTIPLE QUESTIONS RELATING TO THE EARTH'S HEALING, THE SHIFT, AND THE NEW ILLUSION

JULY 05, 1994

A DISCUSSION OF CROSS POLLINATION OF THE ANIMAL AND HUMAN KINGDOMS IN ATLANTIS / COULD YOU ELABORATE ON THE PLANET/STAR SIRIUS AND ITS INFLUENCE WITH AN ENERGY VORTEX? / THE EXAGGERATION OF THE BATTLES OF LIGHT AND DARK AT THE END OF AN ILLUSION / WILL THE ANTICHRIST SOON ANNOUNCE HIMSELF TO THE WORLD? / COULD YOU DISCUSS ASTROLOGICAL SIGNS AND PERSONAL POLARITIES? / A QUESTION ABOUT THE REALIGNMENT OF PLANETARY ENERGIES / DURING THIS UPCOMING CHANGE IN THE EARTH, CAN WE EXPECT ANY REEMERGENCE OF ATLANTIS? / OTHER SOURCES OF INFORMATION ~ COMMENTING ON THE CELESTINE PROPHECY / WILL ORGANIZED RELIGION CHANGE CLOSER TO THE SHIFT?

JULY 19, 1994

INTRODUCTORY SESSION ~ PANORAMIC PERCEPTION, OVERVIEW OF SELF / SEEING SELF FIRST IS A MANDATE FROM THE UNIVERSAL CONSCIOUSNESS / IDENTITIES ARE GIVEN AT THE VERY POINT WHEN YOU COME OUT OF THE UNIVERSAL CONSCIOUSNESS / WORKING THROUGH THE MENU ITEMS YOUR IDENTITY HAS ESTABLISHED AS APPROPRIATE FOR YOUR PATH / THE OVERVIEW OF SELF REQUIRES WORK ON YOUR PART ~ THE ANSWERS COMING FROM WITHIN SELF / AS YOU ACHIEVE KNOWLEDGE OF SELF, YOU ACHIEVE KNOWLEDGE OF THE UNIVERSAL SELF? / DISCUSSION OF AUTHORITY AND HIERARCHY IN SOCIETY IN RELATION OF THE UNIVERSAL SELF? / DISCUSSION OF AUTHORITY AND HIERARCHY IN SOCIETY IN RELATION TO UNDERSTANDING ONE'S SELF / THE STRUGGLE OF LEARNING TO FACE ONE'S SELF, AND THE ISSUES OF JUDGEMENT / WHAT SUGGESTIONS DO YOU HAVE FOR THOSE IN SUPERVISORY ROLES WHO MUST APPRAISE OTHERS? / HOW DO WE DEAL WITH AN ABUSIVE SUPERVISOR WHO HAS THE POWER TO JUDGE US? / FINDING A BALANCE ~ THE GOAL IS TO REACH EQUILIBRIUM

AUGUST 02, 1994

SENDING LIGHT TO THE EARTH TO HELP IN IT VIBRATIONAL CHANGES / CHANNELLED INFORMATION ABOUT THE RUPE RACES AND THE DEVELOPMENT OF THEIR SYSTEMS / WHAT HAPPENS WITH CIVILIZATION AFTER THE SHIFT? / A QUESTION REGARDING SAFE AREAS DURING THE SHIFT / A DISCUSSION OF EXTREMES OF WEATHER PATTERN CHANGES / DOES THE CONSCIOUS SELF, THE HIGHER SELF, OR THE SOUL, DECIDE WHETHER TO STAY AFTER THE SHIFT? / CONFLICTS OF EGO OF THE CONSCIOUS SELF AND WANTING TO BE IN CONTROL / DO TWIN FLAMES HAVE SEPARATE SOULS? / IF THE EARTH PLANE IS A PLAYGROUND, WHY WOULD WE WANT TO LEAVE IT? / WHY WE TAKE ON ILLNESS / IS THERE ANY OTHER INFORMATION YOU COULD GIVE ON HOW TO BEST PREPARE FOR THE SHIFT?

AUGUST 16, 1994

TOPIC OF SESSION ~ EARTH CHANGES / CAN YOU GIVE US THE DETAILS OF HOW THE VIBRATION CHANGE WITH JUPITER AFFECTS THE EARTH? / THE VIBRATIONAL REALIGNMENT OF THE PLANETS AND THE WEBBING EFFECT FOR THE OUTER ENERGY FIELD OF THE EARTH PLANE / ARE ANY OF THE ORBITS OF THE OTHER PLANETS GOING TO CHANGE, PHYSICAL ORBITS? / YOU REALIZE THAT WE WOULD HAVE TO REWRITE ALL THE ASTROLOGY BOOKS NOW / DIFFERENT CONFIGURATIONS RELATING TO THE SURROUNDING OF THE PLANET WITH THE SHIFTING / HOW MANY MOONS AND SUNS WILL THERE BE WITH THE EARTH AFTER THE SHIFT? / THE CONCEPT OF DIFFERENCES IN THE ENCASEMENTS AFTER THE SHIFT AND INTO THE NEW ILLUSION / WILL THERE BE A NEW PATTERN OF DAY AND NIGHT IN THE NEW ILLUSION? / WHAT ABOUT OUR EMOTIONAL CHANGES WITH THE RECENT VIBRATIONAL CHANGE? / WHAT WILL BE THE PROPORTIONS OF LAND AND WATER AFTER THE SHIFT? / WILL THE SHIFT BE VIOLENT OR GENTLE? / WHAT WILL HAPPEN AT THE TIME OF THE SHIFTING TO THOSE WHO CHOOSE NOT TO GO? / WILL SOME OF US BE ASSISTING IN THE TRANSITION OF THOSE WHO WILL BE DEPARTING? / ARE ANCIENT CULTURES A RESULT OF THE ATLANTEAN REFUGEES REVIVING SOME OF THEIR CULTURE? / WHAT SHOULD WE DO WITH ALL THIS INFORMATION YOU ARE GIVING US? / IS THERE ANYTHING WE CAN DO TO SURVIVE THE SHIFTING OF THE EARTH, SO THAT WE WILL SURVIVE? / WHAT PERCENTAGE OF THE SIX BILLION PEOPLE ON EARTH WILL SURVIVE? OR IS IT TO BE DETERMINED YET?

SEPTEMBER 06, 1994

DISSEMINATION OF INFORMATION FROM SPECIFIC MISSIONS OF PEOPLE / THE LEVEL OF PATIENCE IN ONE'S SELF, AND OTHERS / HOW DOES ONE BECOME MORE SPIRITUALLY AWARE? / WHEN, AT SOME LEVEL, WE DECIDE TO LEAVE THE EARTH PLANE, WHAT IS THAT BASED ON? / DID HUMAN ENCASEMENTS TRANSITION FROM SOME OTHER SOURCE? / INTERDIMENSIONAL TRAVEL SITUATIONS INVOLVING PAIN AND ONE'S DEPARTURE FROM THE PLANE / DURING THE SHIFT, WILL THERE BE VIOLENCE FROM THOSE WHO WON'T UNDERSTAND THIS? / WHEN WE DEPART THE EARTH PLANE, DOES THAT MEAN OUR MULTIDIMENSIONAL SELVES DO THE SAME? / THE ENERGY EXCHANGE PROGRAM ~ FROM WALK-INS / THE ENERGY EXCHANGE PROGRAM ~ FROM OTHER PLANETS THAT ARE PART OF THE EARTH PLANE / THE ENERGY EXCHANGE PROGRAM ~ FROM HIGHER SELF WALK-INS / ENERGY EXCHANGE IS SOMETHING THAT EVERYONE EXPERIENCES IN ONE WAY, OR ANOTHER

SEPTEMBER 20, 1994

THE WALKING OF YOUR OWN PATH ~ A TECHNIQUE TO HELP YOU IN THE SMOOTHING OUT OF YOUR PATH ~ A TECHNIQUE FOR ONE FEELING SCATTERED ~ A TECHNIQUE OF HOLDING YOUR TONGUE WHEN YOU ARE ABOUT TO SAY SOMETHING YOU DO NOT WANT TO ~ WHAT IF WE FEEL IT IS FUTILE TO EVEN BOTHER WITH A SITUATION ~ CAN YOU CHANGE A NORMAL SEQUENCE OF EVENTS, BY YOURSELF, OR OTHERS, BY YOU CHANGING YOUR ENVIRONMENT ~ THE ISSUE OF CONTROLLED DRUGS GOING INTO THE BODY ~ A TECHNIQUE TO USE IF YOU ARE FEELING AN ADDICTION TAKING MORE CONTROL OVER YOU THAN YOU WANT IT DO ~ BALANCING ISSUES FOR DRUG ADDICTIONS ~ WHAT ABOUT FASTING

October 04, 1994

WOULD YOU PLEASE ADDRESS MULTIPLE PERSONALITIES? / WHEN HIGHER SELF LEVELS COME IN, CAN THEY BE OF A DIFFERENT GENDER, SHARING THE SAME SOUL? ~ MALE/FEMALE ISSUES ~ CHANGING ONE'S PHYSICAL GENDER / CURRENT DRAMATIC EARTH CHANGES IN RELATION TO THE CLEANSING/THE SHIFT / WAITH EXPLAINS THE DIFFERENCES BETWEEN MINOR AND MAJOR CLEANSINGS, AND ILLUSION CHANGE / DID THE ATLANTEANS GO INTO SPACE, AND DID THEY ESTABLISH A COLONY? / HOW ARE WE SUPPOSED TO FIGURE OUT WHAT OUR INDIVIDUAL PURPOSE IS ON THIS PLANE? / DO WE HAVE ANY RESPONSIBILITIES TOWARD OTHERS IN OUR AWARENESSES?

OCTOBER 18, 1994

THE OTHERS IN THE COMPANY COME IN AND INTRODUCE THEMSELVES AND ANSWER QUESTIONS / FARENA COMES IN BRIEFLY WITH A GREETING / FRANCIS COMES IN WITH QUESTIONS REGARDING THE ANIMAL KINGDOM AND THE NEW ILLUSION / BATHUSELA COMES IN WITH CONVERSATION CONCERNING GENDER ISSUES NOW AND IN THE NEW ILLUSION / JENJURA COMES IN WITH GUIDANCE ON HOW ONE CAN FIND THEIR ANSWERS /SUSAN COMES IN WITH CONVERSATION ON GROUP BALANCING /JACQUES COMES IN AND DISCUSSES HIS MISSION WITHIN THE COMPANY OF SELF-HEALING

NOVEMBER 01, 1994

HOW DO YOU KNOW WHEN A RELATIONSHIP SHOULD BE OVER? / WHAT NEW TECHNOLOGIES WILL THERE BE AFTER THE SHIFT? / WHAT IS THE PURPOSE OF KNOWING ABOUT THE SHIFT TODAY? WHY ARE WE BEING TOLD? / A CONVERSATION ON THE TERRA LUX SAFE ZONE ~ VIBRATIONS OF ENTITIES, AND LAND MASSES / WHAT CAN YOU TELL US ABOUT WHAT WE REFER TO AS ALIENS?

NOVEMBER 15, 1994

TOPIC OF DISCUSSION ~ THE POINT OF ENTRY ~ YOUR REFERENCE OF ORIGIN OF GROWTH / UNDERSTANDING THE CONFIGURATION OF THE KNOWN PLANETS ~ ASTROLOGICAL CONFIGURATIONS / TECHNIQUE TO ENABLE YOU TO UNDERSTAND YOUR OWN PATH OF GROWTH, YOUR THREAD OF BEHAVIOR ~ FOLLOWED BY QUESTIONS AND RESPONSES TO THIS TECHNIQUE / WHEN AN ENTITY DEPARTS THE EARTH PLANE ~ THE GIFT OF COMPANIONSHIP FROM ANOTHER WHO DEPARTS AT THE SAME TIME, FOLLOWED BY QUESTIONS AND RESPONSES

DECEMBER 06, 1994

TOPIC OF DISCUSSION ~ EARTH CHANGES AND THE NEW ILLUSION / THE USE OF DIFFERENT TERMINOLOGIES USED FROM DIFFERENT SOURCES FOR EARTH CHANGES, REFERENCING THE ENERGY ENCIRCLEMENT OF THE PLANET EARTH / HOW LONG WILL THE FINAL STAGES FOR THE FINAL POLARITY SHIFT LAST? / THOSE GIVING EXACT TIMES, DATES, AND SPECIFIC LOCATIONS OF WATER AND LAND CONFIGURATIONS / SPECIFIC AREAS ALREADY DETERMINED TO NOT BE VIBRATIONALLY ATTUNED TO EARTH / PHYSICAL AND INTERDIMENSIONAL SHELTERS FOR THOSE WHO WILL BE STAYING FOR THE NEW ILLUSION / IN THE NEW ILLUSION, THERE WILL BE LAND DWELLERS, WATER DWELLERS, AND UNDERGROUND DWELLERS / IF GOING INTO A NEW DIMENSION, WILL THERE BE CONSCIOUSNESS OF WHAT IS HAPPENING? / THE TRANSFERENCE OF INFORMATION ABOUT THE OLD ILLUSION INTO THE NEW ILLUSION / THE POLE SHIFT ~ RECONFIGURATION OF THE ENERGY VORTEX / POLARITY CHANGES WITHIN THE HUMAN ENCASEMENT / AFTER THE ILLUSION ~ CHANGES IN ONE'S APPEARANCE, LONGEVITY, GENDER ORIENTATION, REPRODUCTION

DECEMBER 20, 1994

TOPIC OF DISCUSSION ~ EARTH PLANE AND THE NEW ILLUSION, CONTINUED / HOW IS IT DETERMINED WHERE THE LAND AND WATER WILL BE / CHANGING WEATHER PATTERNS IN RELATION TO ATLANTIS AND LEMURIA / BEING ABLE TO UNDERSTAND AND ADJUST TO EARTH CHANGES NOW AND AFTER THE SHIFT / A DISCUSSION OF JESUS, ORGANIZED RELIGION, AND MATERIALISM / WHAT WILL RELIGION BE LIKE AFTER THE SHIFT? / THE CALL TO BE OF SERVICE DURING MASS DEPARTURES, AND WILL THERE BE A MEMORY OF IT? / CAN YOU GIVE US MORE SPECIFICS ON WHAT TO EXPECT FOR EARTH CHANGES IN THE NEW YEAR?

DECEMBER 31, 1994

IN THIS ANNIVERSARY SESSION, THE FOCUS IS ON SENDING LIGHT TO EARTH / BATHUSELA ENTERS TO LIGHT THE GOLD CANDLE, AND SPEAKS BRIEFLY OF HER MISSION / JACQUES ENTERS TO LIGHT THE GOLD CANDLE, AND SPEAKS BRIEFLY OF HIS MISSION / SUSAN ENTERS TO LIGHT THE GOLD CANDLE, AND SPEAKS BRIEFLY OF HER MISSION / JENJURA ENTERS TO LIGHT THE GOLD CANDLE, AND SPEAKS BRIEFLY OF HIS MISSION / FRANCIS ENTERS TO LIGHT THE GOLD CANDLE, AND SPEAKS BRIEFLY OF HIS MISSION / FRANCIS ENTERS TO LIGHT THE GOLD CANDLE, AND SPEAKS BRIEFLY OF HIS MISSION / FARENA ENTERS TO LIGHT THE GOLD CANDLE, AND SPEAKS BRIEFLY OF HER MISSION / DOES THE EARTH HAVE A MALE AND FEMALE ENERGY THAT IT BALANCES, WITHIN ITSELF? / A QUESTION OF GENDER AS REPRESENTED BY THOSE IN THE COMPANY / THE TWELVE PIVOTAL POINTS ON EARTH ARE HARMONIOUSLY WORKING IN CONJUNCTION WITH EACH OTHER / HAS A VORTEX RECENTLY OPENED IN THIS TERRA LUX AREA? IS IT OPENING? / WAITH CHANNELS THE ENERGY OF AMELIUS WHO COMES IN AND BRIEFLY SPEAKS TO THE GROUP

JANUARY 03, 1995

TOPIC OF CONVERSATION ~ EARTH CHANGES AND THE NEW ILLUSION / QUESTION AND DISCUSSION REGARDING THE EARTH'S POLARITIES, NOW AND AFTER THE SHIFT / WOULD YOU TALK ABOUT HOW OUR BODIES MIGHT CHANGE FOR THE NEW ILLUSION, AND WATER LIVING? / BEING CAREFUL TO NOT GIVE DEFINITIVE DATES AND TIMES, FOR ENERGY MOVEMENT FLOWS / DISCUSSION OF THE TRAINING GROUND OF HUMANS LIVING IN THE WATER / ENVIRONMENTAL CHANGES ~ COLORS OF THE SKY AND WATER ~ TRAVELING AND PLAYING IN THE WATER / THIS IS HARMONIOUS OVERLAPPING OF DIFFERENT DIMENSIONS, VIBRATIONS, AND ENERGY IN HELPING TO SET UP THE NEW ILLUSION / IS THERE A SPECIAL TRAINING GROUND IN THE ANGELIC REALM TO HELP WITH NEW ILLUSIONS? / A QUESTION ABOUT ALIEN ABDUCTIONS / MUTATIONS OF HUMANS, PLANTS AND ANIMALS / DOES EVERY ENERGY PASS THROUGH A UNIVERSAL PORTAL WHEN THEY PASS OVER?

JANUARY 17, 1995

CONVERSATION REGARDING EARTH CHANGES AND THE NEW ILLUSION / WAITH EXPLAINS THE DIFFERENCES BETWEEN THE ATLANTIS ILLUSION CLEANSING AND THE ONE NOW / HOW LONG WILL THE ACTUAL SHIFT TAKE? MINUTES, WEEKS, MONTHS? / THE WEATHERMEN ARE NOTICING THE TREMENDOUS EXTREMES IN THE HOT AND COLD / WOULD YOU COMMENT ON ARMAGEDDON, THE FORCE OF IT, AND THE TIME? / WHAT IS THE RELATIONSHIP WITH THE MILLENNIUM COMING UP, AND THAT OF THE SHIFT? / THE TIMING OF THE ENTRY OF JESUS TWO THOUSAND YEARS AGO / DISCUSSION OF ABILITIES TO COMMUNICATE AT THE BEGINNING AND ENDING OF ILLUSION CHANGES / THE VIBRATIONAL WEBBING OF ILLUSIONS HAVE DISTINCT DIFFERENCES AND DISTINCT SIMILARITIES / WAITH TALKS OF THE LEMURIAN ILLUSION, THE ATLANTEAN ILLUSION, SIMILARITIES AND DIFFERENCES / DO YOU HAVE A NAME FOR THIS ILLUSION? AND FOR THE COMING ILLUSION? / I AM CURIOUS HOW SCIENTISTS CAME UP WITH THE IDEA OF EVOLUTION / DISCUSSION OF VIBRATIONAL WEBBING OF THE EARTH PLANE DIMENSION ~ THE WEB KINGDOM / HOW ARE WE ABLE TO HELP SUPPORT DURING THE TRANSITION TIMES? / DO THE WEBBING ENERGIES HAVE A MISSION THAT HAS OTHER TYPES OF LESSONS TO BE LEARNED? / WHAT ABOUT ABUSES IN THE FOOD KINGDOM, AND THE FOOD CHAIN, NOW AND IN THE NEW ILLUSION?

FEBRUARY 07, 1995

EARTH CHANGES AND THE NEW ILLUSION, CONTINUED / GIVING MUCH NEEDED LIGHT TO EARTH / WAITH GIVES A SIMPLE AND QUICK TECHNIQUE THAT YOU CAN USE TO CONNECT WITH THE PLANET / WHY IS WATER SUCH AN IMPORTANT PART IN THE UPCOMING EVENTS? / DO WE NEED TO BE SAVING FRESH WATER AND FOOD FOR MONTHS OR YEARS? / IS THE POPULATION INCREASING OR DECREASING? / THE VALIDITY OF CERTAIN HISTORICAL AND SCIENTIFIC DISCOVERIES / WHY ARE THERE DISCREPANCIES IN WHAT IS FOUND AND WHAT YOU SAY REALLY HAPPENED?

FEBRUARY 21, 1995

OPEN QUESTIONS REGARDING EARTH CHANGES / HOW ARE ILLUSIONS SET UP? WHO DOES IT? ARE THERE VARIATIONS OF EACH ILLUSION? / MANY ENTITIES ARE WORKING IN MANY DIFFERENT DIMENSIONS SIMULTANEOUSLY / HAVING VISIONS OF ANOTHER DIMENSION / IS THIS SHIFTING OF THE EARTH'S AXIS NECESSARY FOR THE NEW ILLUSION? / IS THE NEW ILLUSION ATTEMPTING TO BALANCE POCKETS OF LIGHT AND DARK ENERGY? / BEING OF SERVICE BY HELPING THOSE WHO WILL BE LEAVING AT THE TIME OF THE SHIFT / ANGELIC PROTECTORS ARE RESPONSIBLE TO WATCH OUT FOR THE PATH OF THE ONE THEY PROTECT / SOME EXAMPLES OF HELPING IN THE TRANSITION OF THOSE PASSING OVER ~ AND IN MASS DEPARTURES

MARCH 07, 1995

SENDING LIGHT TO THE EARTH, CONTINUED / HOW DO WE RECONCILE CONFLICTING INFORMATION COMING FROM SUPPOSEDLY HIGH SOURCES? / DIFFERENT INTERPRETATIONS OF INFORMATION

RECEIVED / DEFINING ONE'S TRUTH AND THE ISSUE OF ONE'S EGO / THE CIRCLE OF TEACHING AND LEARNING DOES NOT BEGIN, DOES NOT END. IT IS A CIRCLE / TEACHING AT DIFFERENT LEVELS OF UNDERSTANDING / WAITH DISCUSSES HOW HE IS LEARNING AT HIS LEVEL / CAN WE HELP AT THE PORTAL BY DEVELOPING A POOL OF LIGHT TO DRAW UPON? / ARE THERE SPECIFIC COLOR FREQUENCIES THAT WE COULD USE TO ASSIST SPECIFIC KINGDOMS?

MARCH 21, 1995

GIVING LIGHT TO THE EARTH ~ A CELEBRATION OF THE CHANGE OF SEASONS, TO SPRING ~ FARENA AND BARJAN GUIDE WITH A CELEBRATION OF MUSIC AND LIGHT TO THE EARTH

April 04, 1995

LIGHT ENERGIES IN ANOTHER DIMENSION OF THE EARTH PLANE ~ THE UNDERGROUND ENERGY / THE IMPORTANCE OF GIVING RESPECT TO ALL WHO ARE DIFFERENT FROM YOU ~ CHANGING ATTITUDES / CREATING NEGATIVE ENERGY CYCLES ~ AND BREAKING THEM / THE BATTLE LINES ARE DRAWN ~ DARK AND LIGHT WITHIN SELF ~ DEALING WITH ISSUES / EXAGGERATION OF THE SOCIAL, POLITICAL, BUSINESS, STRUCTURES AND THE DOMINO EFFECT / HAS THE IMMINENT EVENT THAT YOU TALKED ABOUT HAPPENED YET? / WAITH'S INFORMATION DISSEMINATION ~ AT A CERTAIN POINT, MUST BECOME MORE FORCEFUL / ARE YOU SAYING WE SHOULD DEVOTE MORE OF EARTH TIME TO OUR SELF-ENLIGHTENMENT? / IT TAKES AT LEAST TEN LIFETIMES TO GET ACCLIMATED ON THE EARTH PLANE / HOW DOES A LEAD DOMINO DEAL WITH SOME OF THE SERIOUS DISADVANTAGES TO THAT? / DOES BEING A LEADER INCLUDE RECOGNIZING THAT SOMETIMES NO ONE FOLLOWS? / THROUGHOUT OUR INCARNATIONS, CAN WE GO BACK AND FORTH BETWEEN BEING LEADER AND FOLLOWER?

APRIL 18, 1995

HAVING LIGHTHEARTEDNESS, LAUGHTER, AND JOY ~ IN YOUR LIVES, AND FOR PLANET EARTH / WAITH DEFINES JOY, FROM THE SPIRIT PERSPECTIVE / WAITH QUESTIONS CLASS MEMBERS ABOUT THEIR PERSPECTIVE OF FEELING JOY / THE IMPORTANCE OF LOOKING THROUGH THE EYES OF LIGHTHEARTEDNESS RATHER THAN SERIOUSNESS / UNDERSTANDING JOY AND WHAT IS APPROPRIATE FOR YOU AND WHAT IS NOT APPROPRIATE ~ THROUGH SADNESS, PAIN, FEAR, LACK OF CONTROL, ADDICTION OF FOOD, OR DEATH / JOY IN NOT BEING A VICTIM, BUT BECOMING THE TRIUMPHANT ENTITY / SOMEONE SHARED THEIR IDEA OF HOW TO HAVE MORE JOY IN THEIR LIFE / COMBATING THE ISSUE OF JOY WHILE HAVING EMOTIONS OF FEAR, LACK OF CONTROL, OR PAIN / WILL THERE BE MORE JOY IN THE NEW ILLUSION? / CAN FOOD LEND ITSELF TO BEING A GOOD FOCUS POINT FOR JOYOUSNESS? / AS GROUPS, IT IS OKAY TO LAUGH AT YOURSELF, BUT IT IS NOT OKAY TO LAUGH AT OR RIDICULE OTHERS

MAY 02, 1995

QUESTIONS AND DISCUSSION OF THE RECENT EVENT OF THE OKLAHOMA CITY BOMBING, 04.19.1995 / YOU SAID BODIES OF THOSE WHO DO NOT SAY AT THE TIME OF THE SHIFT WOULD BE DISSOLVED. IS THIS WHAT IS HAPPENING NOW IN CERTAIN CASES? / A BRIEF DISCUSSION OF THE UNDERGROUND COMMUNITY / DISCUSSION OF THE SIGNIFICANCE OF THE OKLAHOMA BOMBING OCCURRING IN THE HEARTLAND / SPECULATION BY THE MEDIA AS TO THE POSSIBLE REASONS FOR THIS EXPLOSION EVENT / CONFLICTING INFORMATION FROM VARIOUS SOURCES COMING THROUGH / HAVE OTHER KINGDOMS ON EARTH BEEN POLLUTING THE ENVIRONMENT BESIDES MAN? / WHAT IS THE NEXT BIG EVENT THAT WILL MANIFEST ON THE EARTH PLANE? / HAS THERE BEEN A GREAT DEAL OF HEALING IN OKLAHOMA AND THROUGHOUT? / HOW DOES ONE MAKE JUDGEMENT CALLS ON WHETHER TO HELP SOMEONE, OR NOT?

MAY 16, 1995

WAITH ANNOUNCES UPCOMING VIBRATIONAL CHANGES WITHIN MUSHIBA AND TERRA LUX / DUE TO UPCOMING VIBRATIONAL CHANGES, SUMMER SESSIONS WILL CEASE AND RESUME IN THE FALL /

BECAUSE OF THIS TRANSITION, WILL THERE BE MORE UPHEAVALS IN THE TERRA LUX AREA? / AFTER THE VIBRATIONAL CHANGES, WILL THE TERRA LUX COMMUNITY ROLE BE DIFFERENT? / GIVING LIGHT TO EARTH DURING THIS UPCOMING SUMMER BREAK / ABOUT THE UPCOMING CHANGES, WILL THIS SUMMER BE THE CALM BEFORE THE STORM? / CAN YOU SPEAK OF THE PHYSICAL CHANGES MUSHIBA WILL UNDERGO? / WAITH TALKS ABOUT FOODS APPROPRIATE FOR SOME, AND NOT OTHERS, AND LISTENING TO SELF / CAN ALTERNATIVE SYSTEMS BE PUT IN PLACE FOR THE NEW ILLUSION THAT WE CAN WORK ON NOW? / WAITH DISCUSSES THE COMPUTER KINGDOM ENERGY, AND THE ATLANTEAN TIMES OF ABUSES / ALL LITERATURE, EVERYTHING YOU HAVE, INCLUDING MUSIC, SCIENCE FICTION, IS CHANNELLED / COMMUNITY QUESTION ABOUT THE APPROPRIATENESS OF SOME BOOKS LEFT AT TERRA LUX

JUNE 20, 1995

FARENA AND BARJAN PERFORM A SUMMER MEDITATION TO CELEBRATE THE CHANGING SEASON / FOLLOWING THE MEDITATION, ALL GO OUTSIDE TO FIND AN ITEM TO PUT INTO THE EARTH BASKET

September 05, 1995

WAITH ANNOUNCES SOME CHANGES THAT HAVE BEEN MADE AFTER THE SUMMER RETREAT / UPCOMING TOPICS OF DISCUSSION WILL BE MEDITATION AND REACHING TO THE HIGHER SELF / DISCUSSION OF UPCOMING EARTH UPHEAVALS AND THE CALL TO BE OF SERVICE / WAITH ANNOUNCES SOME CHANGES WITHIN THE SPIRIT GROUP OF THE COMPANY / BOOPSIE, BATHUSELA'S REPLACEMENT, COMES IN TO SPEAK AND INTRODUCE HERSELF / TEETEE, SUSAN'S REPLACEMENT, COMES IN TO SPEAK AND INTRODUCE HERSELF / WE WILL, DURING THIS COMING YEAR, BE SHOWING YOU TECHNIQUES ON HOW TO LOOK AT YOUR OWN ENERGY FIELD, MANY KNOW THEM AS SEEING AURAS / SOME TEASERS FOR THE NEW ILLUSION ~ NEW COLORS ~ TREES WITH MINERAL KINGDOM MEMBERS HANGING FROM THEM / HELPING PEOPLE AFTER THE SHIFT ~ IS IT ON THE PHYSICAL PLANE OR THE SPIRITUAL REALM? / A QUESTION ABOUT WHAT IS REFERRED TO BY SOME AS THE THREE DAYS OF DARKNESS / A QUESTION ABOUT ALIENS

September 19, 1995

FARENA AND BARJAN PERFORM THE AUTUMN MUSIC MEDITATION CELEBRATION \sim THOSE IN THE GATHERING GO OUTSIDE TO FIND ITEMS TO CONTRIBUTE TO THE EARTH BASKET FOR THE SEASON CHANGE

OCTOBER 03, 1995

TOPIC OF DISCUSSION ~ INTERDIMENSIONAL COMMUNICATION / FOR MOST ON THE PLANE, THE EARTH PLANE IS THEIR ROOT DIMENSION ~ FOR SOME OTHERS, THEIR ROOT DIMENSION IS SOME OTHER DIMENSION / MANY FORMS OF INTERDIMENSIONAL COMMUNICATION ~ WITH HIGHER SELF, WITH SPIRIT GUIDES, FOCUSING IN MEDITATION, DAYDREAMING, BEING IN A CREATIVE PROCESS / DID O.J. DO IT? (THIS IS REFERENCE TO THE O.J. SIMPSON MURDER TRIAL) / HOW DO WE DETERMINE AN APPROPRIATE WAY TO BE COMPENSATED FOR OUR BASIC NEEDS SO WE CAN BE OF SERVICE? / TRUSTING IN THE SOUL AND THE UNIVERSE TO PROVIDE WHAT YOU NEED, NOT WHAT YOU WANT / DISCUSSION OF DIFFERENT TYPES OF INTERDIMENSIONAL COMMUNICATION WHICH ARE EXPERIENCED EVERY DAY, AND WAYS ONE CAN LEARN / DOES OUR HIGHER SELF HAVE MORE AWARENESS THAN GUIDANCE? OR IS IT VARIABLE? / CAN WE CONTACT OUR SOUL?

October 08, 1995

TOPIC OF SESSION ~ VIBRATIONAL CHANGES / THERE IS A VIBRATIONAL CHANGE WHEN LESSONS ARE LEARNED / THERE IS VIBRATIONAL CHANGE WHEN AN ENERGY BRINGS IN HIGHER LEVELS OF SELF / ANOTHER TYPE OF VIBRATIONAL ADJUSTMENT IS CONCERNING INTERDIMENSIONAL COMMUNICATION / ANOTHER TYPE OF VIBRATIONAL ADJUSTMENT RELATES TO INTERKINGDOM COMMUNICATION / THE VIBRATIONAL ADJUSTMENTS CURRENTLY OCCURRING RELATE TO A VERY SPECIFIC TYPE OF VIBRATIONAL CHANGE ~ THAT IS A CHANGE OF VENUE / ANOTHER TYPE OF VIBRATIONAL ADJUSTMENT RELATES TO THOSE WHO COMMUNICATE INTERDIMENSIONALLY BY ALLOWING AN ENERGY TO SPEAK THROUGH THEM / THE SUBJECT OF CROSS POLLINATION, AS IN THE ANIMAL/HUMAN FROM THE ATLANTEAN TIME / INFORMATION COMING FROM DIFFERENT SOURCES / A QUESTION OF EXTRATERRESTRIALS / DIFFERENT TERMINOLOGY USED BY OTHER SOURCES OF INFORMATION COMING THROUGH / IS THERE A SUPREME BEING WHO IS MONITORING THESE NONRELATED ENTITIES?

OCTOBER 17, 1995

OPEN QUESTIONS SESSION / CAN YOU TALK ABOUT AN ENTITY CALLED SANANDA? / DISCUSSION OF SPECIFIC AUDIENCES FOR INFORMATION COMING IN, INCLUDING WAITH'S / DISCUSSION OF PREJUDICES IN THIS ILLUSION ~ RACISM, SAME GENDER RELATIONSHIPS, ETC. / WHAT GROUPS IN THE NEW ILLUSION WILL BE THE HIGHEST BRUNT OF HATRED AND PREJUDICES? / A QUESTION OF REPRODUCING OF SPECIES IN THE NEW ILLUSION / REQUEST FOR MORE SPECIFICS REGARDING UPCOMING EVENTS HAPPENING BY END OF THIS YEAR / THERE ARE MANY FIRES CAUSING DESTRUCTION. WHY IS FIRE NOT A PART OF THIS FORMULA? / CLIMATE CHANGES AND NEW WEATHER PATTERNS / A QUESTION OF OCEAN WATER LEVELS DUE TO CLIMATE CHANGE

NOVEMBER 07, 1995

PRELIMINARY DISCUSSION OF TOPIC FOR THE COMING YEAR ~ MEDITATION, CONCEPT AND APPLICATION ~ SEARCH FOR SELF THROUGH MEDITATION ~ SELF-HEALING

NOVEMBER 21, 1995

OPEN QUESTION SESSION / CAN A SYNTHETIC CRYSTAL BE USED IN THE SAME WAY AS A NATURALLY GROWN CRYSTAL? / WHAT ARE SOME CHANGES IN THE USE AND CONFIGURATION OF CRYSTALS IN THE NEW ILLUSION? / DISCUSSION OF ENERGY CHANGES IN THE BODY, ENLIGHTENMENT, JUDGEMENT, AND ELITISM / UPCOMING SESSIONS ~ ADVANCED MODE FOR ISSUES OF SELF-HEALING AND FACILITATORS WHO ASSIST / DISCUSSION OF THE EFFECTS IN THE BODY OF POLARITY CHANGES OCCURRING / WILL THERE BE TIMES WHEN WE CAN EXPECT OUR WORK TO BE A LITTLE EASIER? / IS THERE A RIPPLE EFFECT IN THE LEAD ENERGIES AT THE TIME OF THE SHIFT? / WHY IS CHRISTIANITY SO HUNG UP ON THIS CONCEPT OF A SET HIERARCHY?

DECEMBER 05, 1995

DISCUSSION OF THE MINERAL KINGDOM, WITH STUART BENSON, OWNER OF STONE AGE / WAITH DIVULGES SOME NEW INFORMATION REGARDING THE MINERAL KINGDOM THAT PERTAINS TO ITS ROLE IN THE NEW ILLUSION / WAITH ADDRESSES CRYSTALS FROM THOSE IN THE GATHERING / STUART BENSON TALKS ABOUT CRYSTALS, ROCKS, AND MINERALS

DECEMBER 31, 1995

ANNIVERSARY CELEBRATION SESSION

YEAR 1996 ~ THE SEARCH FOR SELF ~ MEDITATION CONCEPTS AND TECHNIQUES

JANUARY 16, 1996

WAITH GIVES AN INTRODUCTION TO THE SESSIONS THAT WILL FOLLOW ~ FOR MEDITATION / WAITH FACILITATES A TECHNIQUE FOR MEDITATION, GOING INTO HIGHER LEVELS ~ FROM CONCRETE TO ABSTRACT, AND BACK ~ AND SAYING THAT THIS EXERCISE IS SOMETHING THAT YOU CAN UTILIZE YOURSELVES, AND WILL HELP RELIEVE STRESSFUL TIMES / WAITH TALKS ABOUT THE IMPORTANCE OF BALANCING BETWEEN CONCRETE AND ABSTRACT / WAITH TALKS OF BEING IN HARMONY WITHIN ONE'S OWN IMBALANCE / DOES IT MATTER HOW WE ARE ALIGNED WHEN WE SLEEP?

FEBRUARY 06, 1996

SEARCH FOR SELF CONTINUED ~ FIRST PRESENTATION OF MEDITATION CONCEPTS AND TECHNIQUES / JENJURA COMES IN AND TALKS OF HIS MISSION IN THE COMPANY / CONCRETE SELF IN RELATION TO THE HIGHER SELF AND THE SOUL / LIFELINES, THE WEBBING EFFECT, THE CONCRETE ROOTED SELF / HOW DOES JENJURA SEARCH OUT INFORMATION FROM HIS DIMENSION? / DISCUSSION OF THE ENERGY CIRCLE THAT WE ALL HAVE, A FAMILY OF ENERGY / WHAT ABOUT VIGILANCE AT ALL LEVELS OF ATTACKS FROM NEGATIVE ENERGIES WHEN OPENING UP? ~ LACK OF VIGILANCE WITHIN THE ENERGY FIELD CREATING WEAK SPOTS IN THE WEB / WHAT IS CONCRETE AND WHAT IS ABSTRACT? / IF I WANTED TO CONTACT MY HIGHER SELF IN MEDITATION, WOULD I BE SUCCESSFUL IN DOING SO, OR REACHING AN OUTPOST AT LEAST, IF I ASKED FOR THAT? / ARE THE TECHNIQUES THE SAME IF YOU WANT TO REACH THE HIGHER SELF VERSUS, SAY, A GUIDE?

FEBRUARY 20, 1996

SEARCH FOR SELF, CONTINUED ~ MEDITATION CONCEPTS AND TECHNIQUES / JENJURA GIVES A TECHNIQUE ~ TO HELP YOU GET THROUGH YOUR OWN WEBBING OF SELF

MARCH 05, 1996

THE STRETCHING AND PAIN OF PLANET EARTH DURING THE WEATHER EXTREMES / SEARCH FOR SELF, CONTINUED ~ MEDITATION CONCEPTS AND TECHNIQUES / THE CONCEPT OF COMMUNITY AND LIVING AND WORKING IN HARMONY WITH OTHER KINGDOMS ~ FRANCIS WILL FOLLOW UP WITH THIS DISCUSSION IN THE NEXT SESSION / THE HUMAN KINGDOM NEEDS THE ASSISTANCE OF MANY OTHER KINGDOMS IN ABLE TO FUNCTION / ALL KINGDOMS HAVE SUBKINGDOMS, WHICH HAS SUBKINGDOMS, INFINITE / THE CONCEPT OF COMMUNITY AND THE JOURNEY TO MORE CONSCIOUSLY CONNECT WITH OTHER KINGDOMS THAT ARE PART OF YOUR ENERGY CIRCLE / WHAT TURNS PEACE AND HARMONY WITHIN SOME KINGDOMS INTO HATRED WITHIN GROUPINGS? / DID WE EARN THE RIGHT TO BE HERE FOR THE BEGINNING OF THE NEW ILLUSION WHERE THERE IS NO DISHARMONY AT THE BEGINNING? / WAITH GIVES A MEDITATION TO HELP YOU CONNECT WITH THE KINGDOMS SURROUNDING YOU

MARCH 19, 1996

SEARCH FOR SELF, CONTINUED ~ MEDITATION CONCEPTS AND TECHNIQUES / QUESTION ABOUT UPCOMING WEATHER PATTERNS / WAITH GUIDES IN A MEDITATION TECHNIQUE TO GIVE LIGHT TO THE EARTH FOR THE SPRING EQUINOX / FRANCIS COMES IN AND SPEAKS ON THE COMMUNITY CONCEPT, AS DISCUSSED IN THE LAST GATHERING / FRANCIS GIVES A MEDITATION TECHNIQUE TO BE USED AS A REINFORCEMENT OF THE CONCEPTS GIVEN IN THE LAST SESSION REGARDING COMMUNITY / FRANCIS DISCUSSES THE ANIMAL KINGDOM'S ROLE IN CONCEPT OF COMMUNITY / DISCUSSION OF THE COMMUNITY OF SELF AND EVERY ENERGY THAT IS A PART OF YOUR VIBRATION / ENERGY IS ALL AROUND YOU ~ YOU ARE NEVER ALONE ~ THIS IS THE JOY OF COMMUNITY / QUESTIONS OF THE PERSONAL LIFE OF FRANCIS OF ASSISI / WAITH RETURNS AND TALKS OF CONNECTING WITH ENERGY MEMBERS IN YOUR ENVIRONMENT

April 02, 1996

SEARCH FOR SELF, CONTINUED ~ MEDITATION CONCEPTS AND TECHNIQUES / WAITH GIVES THE CONCEPT OF GROUP BALANCING / THE MANY DIFFERENT ASPECTS OF GROUP BALANCING IN THE HUMAN KINGDOM / GROUP HARMONY SITUATIONS WHEN THERE IS A FULL MOON, AND POLARITY CHANGES / THE CONTINUAL REDEFINING OF THE GROUP FOR BALANCING

APRIL 16, 1996

SEARCH FOR SELF, CONTINUED ~ MEDITATION CONCEPTS AND TECHNIQUES / TEETEE COMES IN TO DISCUSS HER MISSION AND GIVE A TECHNIQUE FOR GROUP BALANCING / TEETEE'S LIGHTHEARTED TECHNIQUE FOR GROUP BALANCING / WHEN WE ARE IN A GROUP AND DO NOT HAVE THIS KIND OF COOPERATION, WHERE DO WE BEGIN? / WHAT IS THE SIGNIFICANCE OF BREATHING IN THROUGH THE MOUTH AND OUT THROUGH THE NOSE? / WAITH RETURNS WITH MORE DISCUSSION OF GROUP BALANCING / IF IT IS TOO HEAVY TO SMILE IN A GROUP, IS IT OKAY TO JUST DISMISS YOURSELF FROM THE GROUP?

April 27, 1996

MEDITATION WEEKEND WORKSHOP ~ FINDING YOUR OWN ESSENCE ~ FINDING YOUR OWN COLOR ~ FINDING YOUR OWN SOUND / WAITH LEADS THE GROUP INTO A TIME OF RELAXATION / SPECIFIC PLANS FOR EVERYONE TO MEET UP WITH THEIR ANGELIC PROTECTOR / FARENA AND WAITH GIVE INSTRUCTIONS FOR THE FIRST ACTIVITY ~ MAKING YOUR OWN WINGS / AN ILLUSTRATION OF DIMENSIONAL GRIDS ~ THAT FLOWS FROM ONE POINT TO ANOTHER / FINDING THE POINT THAT YOU EXIST AS A CONNECTOR IN THE DIMENSIONAL GRID / ABILITY TO SPREAD YOUR ESSENCE THROUGHOUT YOUR DIMENSIONAL GRID ~ INTERDIMENSIONAL TRAVEL / CONNECTING WITH YOUR OWN ESSENCE ~VISUALIZING YOUR FAVORITE COLOR ~ FINDING YOUR OWN SOUND / YOUR OWN DIMENSIONAL GRID ~ SUPERIMPOSED UPON A LARGER DIMENSIONAL GRID, WHICH IS SUPERIMPOSED ON A LARGER GRID, AND ON AND ON / AN EXERCISE FOR HELPING ONE IN FINDING THEIR OWN ESSENCE / INSIGHTS GAINED FROM THE ACTIVITY OF DESIGNING ONE'S OWN ESSENCE / WAITH AND FARENA PRESENT AN ACTIVITY TO HELP PARTICIPANTS SENSE AN UNDERSTANDING ABOUT IMPOSING UPON ANOTHER / MEANING OF THE PHRASE "ETERNITY IS YOUNG" ~ CONCEPT OF HEAVEN AND HELL ~ THE DIMENSIONAL GRID ~ TAKING RESPONSIBILITIES FOR THE STORIES OF SELF / MORE DISCUSSION ON THE CONCEPT OF ETERNITY, AND WHERE IS HEAVEN AND WHERE IS HELL? / A GROUP BALANCING ILLUSTRATION ~ ENERGY INFUSION ~ WITH PERSONAL AGREEMENT FROM LIMERA / TEETEE'S TECHNIQUE IN GROUP BALANCING ~ HELPING LIMERA BECOME MORE GROUNDED AND TO BECOME MORE IN TOUCH WITH HER HIGHER SELF / THE NEXT ACTIVITY ~ DESIGNING YOUR OWN SOUND, A BEGINNING / WAITH GIVES THE FINAL ACTIVITY FOR THE PARTICIPANTS ~ WHAT TO DO NOW ~ ACCOUNTABILITY FOR WHAT YOU HAVE LEARNED

MAY 07, 1996

SEARCH FOR SELF, CONTINUED ~ MEDITATION CONCEPTS AND TECHNIQUES / A QUESTION OF HOW MANY ANGELS ARE THERE, EXACTLY? / JACQUES COMES IN AND DISCUSSES THE HEALING OF SELF / WHAT IS THE POINT IN ALL THIS IF WE ARE JUST GOING BACK TO THE ONE ANYWAY? / WHEN RETURNING BACK TO THE ONE, HOW LONG DO YOU USUALLY STAY THERE?

MAY 21, 1996

SEARCH FOR SELF, CONTINUED ~ MEDITATION CONCEPTS AND TECHNIQUES / JACQUES GIVES A TECHNIQUE FOR THE HEALING OF SELF, THE FORGIVENESS OF SELF / HOW DO WE FRAME THE QUESTIONS OF THE ISSUES WE WANT TO WORK ON FOR SELF? / HOW DO WE EASILY FIND OUR ISSUES?

September 03, 1996

OPEN QUESTIONS SESSION / WAITH TALKS ABOUT THE STUDY OF HIS INFORMATION BASE OVER THE LAST TEN YEARS AND TAKING RESPONSIBILITY FOR YOUR OWN PATH / WAITH TALKS ABOUT THE POLITICAL ENVIRONMENT IN PREPARATION FOR THE NEW ILLUSION / COMING OUT OF THE UNIVERSAL CONSCIOUSNESS, EVERY ENERGY FORM IS GIVEN AN EGO. IT IS NECESSARY / CAN YOU GIVE US MORE OF A DESCRIPTION OF WHAT ACTUALLY THE LIGHT IS, AND WHAT THE DARK IS?

September 17, 1996

SEARCH FOR SELF, CONTINUED ~ TECHNIQUES ON INTERDIMENSIONAL COMMUNICATION AND TRAVEL THROUGH MEDITATION / WAITH GUIDES THE GROUP WITH ONE OF THE TECHNIQUES FOR INTERDIMENSIONAL TRAVEL AND COMMUNICATION THROUGH MEDITATION ~ CRITICAL EMPHASIS IS GIVEN ON PROTECTION WITH THIS TECHNIQUE / WHAT HAPPENS TO YOUR BODY IF ONE OF THE FORCES OF DARK GRABS YOU? / WHAT DOES SOMETIMES THE DARKNESS LOOK LIKE?

OCTOBER 01, 1996

THE SEARCH FOR SELF THROUGH MEDITATION ~ HARMONY WITHIN SELF AND GENDER HARMONY / RELATIONSHIPS OF SAME GENDERS VERSUS RELATIONSHIPS OF OPPOSITE GENDERS / BOOPSIE COMES IN AND SPEAKS OF THE GENDER ISSUES RELATING TO MALE AND FEMALE / DOMINANT GENDERS ~ THE ISSUES OF GENDER DOMINANCE AND COMING IN AS THE OPPOSITE OF YOUR DOMINANT GENDER ~ REQUIRED LESSONS TO BE LEARNED / DOMINANT MALE AND FEMALE ~ AND RELATIONSHIPS WITH TWIN FLAMES OR SOUL MATES / WHAT ARE SOME OF THE SPECIFIC TASKS OF THE RESPECTIVE GENDERS? / BOOPSIE ANSWERS QUESTIONS ABOUT HER LIVES WHEN SHE WAS ON THE EARTH PLANE

OCTOBER 15, 1996

THE SEARCH FOR SELF THROUGH MEDITATION ~ HARMONY WITHIN SELF AND GENDER HARMONY, CONTINUED ~ BOOPSIE GUIDES THE GROUP WITH A MEDITATION TECHNIQUE FOR GENDER HARMONY

NOVEMBER 05, 1996

THE SEARCH FOR SELF THROUGH MEDITATION ~ FARENA PRESENTS THE CONCEPT OF LIGHTHEARTEDNESS ~ FARENA GUIDES THE GROUP WITH A MEDITATION TO FIND A PROP IN ANOTHER ENVIRONMENT WHICH GIVES YOU LIGHTHEARTEDNESS

NOVEMBER 19, 1996

THE SEARCH FOR SELF THROUGH MEDITATION ~ FARENA COMES IN, GIVING THE GROUP EXAGGERATED LIGHTHEARTEDNESS AND FLUFFINESS / FARENA GUIDES THE GROUP WITH A TECHNIQUE FOR LIGHTHEARTEDNESS ~ A MEDITATION THAT CAN BE USED INDIVIDUALLY OR IN A GROUP

DECEMBER 03, 1996

THE FINAL OFFICIAL PUBLIC SESSION ~ IMPORTANCE OF GIVING CLOSURE TO THIS ENERGY / COULD YOU LEND ANY INSIGHT INTO CLOSURE WITH RELATIONSHIPS, OR WHEN PEOPLE PASS ON? / A QUESTION FOR BOOPSIE: WHAT HAPPENS TO YOUR TWIN IF YOUR DOMINANT ENERGY CHANGES? / CAN THE APPROACHING SHIFT CAUSE US TO EXPERIENCE A LOT OF CHANGES IN MEMORY? / DISCUSSION OF THE PORTFOLIO OF ILLUSIONS ~ ENERGY VORTEXES ~ THE NEW ENERGY STRUCTURES / AN EXERCISE TO BRING CLOSURE TO THE ENERGY OF THE FINAL OFFICIAL PUBLIC SESSION

DECEMBER 31, 1996

THE TENTH ANNIVERSARY CELEBRATION ~ THE ENDING OF PHASE I AND THE BEGINNING OF PHASE II / WAITH GUIDES THE GROUP IN CLOSING OUT THE ENERGY OF THE FIRST PHASE AND OPENING THE ENERGY OF THE SECOND PHASE / WAITH TALKS OF THE PYRAMID SHAPE OF THIS ILLUSION, AND GIVES A DESCRIPTION OF THE NEW FLUIDITY OF ENERGY SHAPE FOR THE NEW ILLUSION / THE TEACHING OF THE NEW ENERGY FORCE FIELD ~ BY METAGERS AND OTHERS WHO HAVE BEEN TRAINED

1997 STARTS PHASE II OF WAITH'S DISSEMINATED STUDY INFORMATION

MARCH 20, 1997

SPECIAL TOPIC SESSION ~ THE CONCEPT OF THE TOY BOX OF LESSONS YOU HAVE PLANNED / WAITH GUIDES THE CLASS WITH A TOY BOX MEDITATION ~ THIS IS A TECHNIQUE THAT YOU CAN UTILIZE WHENEVER YOU WHAT TO BECOME MORE ACQUAINTED WITH YOUR TOY BOX / WAITH DESCRIBES THAT YOU CAN WILL YOUR TOY BOX WHEN YOU HAVE COMPLETED YOUR JOURNEY ON

THE EARTH PLANE / WHAT ABOUT INCOMPLETE LESSONS IN A LIFETIME. ARE THEY THEN CARRIED OVER TO THE NEXT? / WAITH DISCUSSES THE INTERCONNECTEDNESS OF THE TOYS IN YOUR TOY BOX / FOCUSES AND SUB-FOCUSES ON PARTICULAR TOYS ~ IT IS DEPENDENT ON EACH ENTITY

APRIL 12, 1997

SPECIAL TOPIC SESSION ~ THE FLOW OF YOUR OWN ENERGY / WAITH DISCUSSES WHAT TYPES OF STIMULI WORK WITH, AND AGAINST, YOUR ENERGY FIELD / TECHNIQUE FOR FINDING YOUR OWN POSITIVE STIMULI / CLASS DISCUSSION ABOUT THEIR EXPERIENCES OF FINDING THEIR POSITIVE STIMULI, AND QUESTIONS REGARDING THE TECHNIQUE IN GENERAL / TECHNIQUE FOR FINDING YOUR OWN NEGATIVE STIMULI / CLASS DISCUSSION ABOUT THEIR EXPERIENCES OF FINDING THEIR NEGATIVE STIMULI, AND QUESTIONS REGARDING THE TECHNIQUE IN GENERAL / GUIDED MEDITATION TO HELP YOU TO UNDERSTAND THE BALANCE BETWEEN THE POSITIVE AND THE NEGATIVE STIMULI TO YOUR OWN ENERGY FIELD / A QUESTION ABOUT POSITIVE AND NEGATIVE STIMULI AS IT RELATES TO TWIN FLAMES / IS IT AN IMPOSITION TO SEND LIGHT TO AN ENVIRONMENT WHICH SEEMS IN NEED? / IF YOU FEEL A FOCUSING OF NEGATIVE ENERGIES COMING TOWARD YOU, HOW IS SIT BEST HANDLED?

MAY 04, 1997

PATIENCE

September 28, 1997

INITIATOR LEVEL, INTRODUCTORY

October 26, 1997

THE SEARCH FOR SELF, THE WEBBING EFFECT, WORKSHOP

NOVEMBER 23, 1997

THE SEARCH FOR SELF, THE COMMUNITY OF SELF, WORKSHOP.

JANUARY 25, 1998

THE SEARCH FOR SELF, GROUP BALANCING, WORKSHOP

FEBRUARY 22, 1998

THE SEARCH FOR SELF, HEALING OF SELF, WORKSHOP

April 05, 1998

THE SEARCH FOR SELF, GENDER HARMONY, WORKSHOP

April 26, 1998

THE SEARCH FOR SELF, LIGHTHEARTEDNESS, WORKSHOP

MAY 17, 1998

THE SEARCH FOR SELF, CLOSURE CEREMONY

September 13, 1998

PRACTITIONER LEVEL, INTRODUCTION

October 04, 1998

PRACTITIONER LEVEL ~ THE WEBBING EFFECT, PART I

October 10, 1998

SPECIAL TOPIC SESSION ~ THE CALL TO BE OF SERVICE

October 18, 1998

PRACTITIONER LEVEL ~ THE WEBBING EFFECT, PART II

October 22, 1998

OPEN QUESTIONS ~ THE MASS CONSCIOUSNESS ~ THE SOOTHING OF SELF ~ MEDITATION ~ FINDING YOUR SOUND

October 31, 1998

SPECIAL TOPIC SESSION ~ HEALING THE EARTH, MEDITATION TECHNIQUE

NOVEMBER 21, 1998

SPECIAL TOPIC SESSION ~ ENERGY FLUIDITY WORKSHOP ~ PART I

JANUARY 17, 1999

MEDITATION YOUR WAY, PART I

JANUARY 24, 1999

MEDITATION YOUR WAY, PART II

JANUARY 29, 1999

OPEN QUESTIONS ~ DESCRIPTION OF THE THREE TYPES OF ANGELICS AND THEIR JOB DESCRIPTIONS ~ WHO IS AMELIUS ~ A BRIEF DISCUSSION OF THE CATHOLIC RELIGION AND SAINT FRANCIS

FEBRUARY 13, 1999

SPECIAL TOPIC SESSION ~ THE ANIMAL KINGDOM SYMPOSIUM ~ PART I

FEBRUARY 27, 1999

SPECIAL TOPIC SESSION ~ ANIMAL KINGDOM SYMPOSIUM ~ PART II

March 26, 1999

SPECIAL TOPIC SESSION ~ ENERGY FLUIDITY WORKSHOP ~ PART II

April 10, 1999

SPECIAL TOPIC SESSION ~ SPIRITUAL LEADERSHIP CONVOCATION, DAY ONE

April 11, 1999

SPECIAL TOPIC SESSION ~ SPIRITUAL LEADERSHIP CONVOCATION, DAY TWO

April 22, 1999

OPEN QUESTIONS ~ THE STOCK MARKET ~ THE SHIFT, AND THE NEW ILLUSION ~ MEDITATION, YOUR WAY

SEPTEMBER 23, 1999

OPEN QUESTIONS ~ GENDER HARMONY ~ THE NEW ILLUSION ~ THE PYRAMIDS AND THE BUILDERS IN THE NEW ILLUSION ~ DEVELOPING ONE'S OWN TRUTH

October 16, 1999

WEEKEND RETREAT ~ SPECIAL TOPIC SESSION ~ THE NEW ILLUSION

DECEMBER 31, 1999

THIRTEENTH ANNIVERSARY SESSION

FEBRUARY 17, 2000

THE NEW ILLUSION DISCUSSION

SEPTEMBER 10, 2000

WAITH DISCUSSES THE SPECTRUM OF LIGHT WITHIN SELF

SEPTEMBER 19, 2000

IMPOSING UPON ANOTHER ~ STAYING ON THE CHOSEN PATH ~ TESTING FROM THE UNIVERSE

October 05, 2000

SPECIAL TOPIC SESSION ~ GUIDELINES FOR GROWTH, AN ELABORATION

OCTOBER 17, 2000

DEVELOPING PATIENCE WITHIN SELF ~ A QUESTION ABOUT THE RECEPTIVE QUALITIES OF WATER ~ A DISCUSSION OF DREAMS

NOVEMBER 02, 2000

SPECIAL TOPIC SESSION ~ GUIDELINES FOR GROWTH, APPLICATION EXERCISES

NOVEMBER 21, 2000

REMEDY FOR TREATMENT OF A COLD SORE ~ A QUESTION ABOUT THE PRESIDENTIAL ELECTION AND WHO WILL LEAD IN THE NEW ILLUSION ~ EXAGGERATIONS OCCURRING AT THIS TIME ~ THE NEW ILLUSION ~ DNA ~ PAST AND PRESENT MEMORIES

DECEMBER 07, 2000

SPECIAL TOPIC SESSION ~ GUIDELINES FOR GROWTH, FEEDBACK ON APPLICATION EXERCISES

FEBRUARY 26, 2001

GENDER SELECTION ~ PERSONALITY ~ GAINING SELF-AWARENESS ~ FOCUSING (MEDITATION) ~ TRAINING GROUNDS ~ INTERDIMENSIONAL TRAVEL ~ DREAMS

APRIL 10, 2001

ENCASEMENT CONSCIOUSNESS ~ KINGDOMS ~ INTERCONNECTEDNESS OF ENERGY ~ THE ANGELICS

SEPTEMBER 12, 2001

ORIENTATION FOR THE CERTIFICATE FOR SELF AWARENESS

SEPTEMBER 13, 2001

WORLD TRADE CENTER ATTACK OF SEPTEMBER 11, 2001

SEPTEMBER 22, 2001

AUTUMNAL EQUINOX ~ CIRCLE OF LIGHT

OCTOBER 10, 2001

ENERGY CERTIFICATE ORIENTATION

NOVEMBER 03, 2001

EARTH CHANGES